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The REGISTER

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NEWSLINE

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IN SPORTS

Lions to host playoff game



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Retiring LHS faculty reflect on years of teaching

By Rebecca Wehner
 Staff Writer
 rwehner@turley.com

LUDLOW— This year, Ludlow High School will say goodbye to three teachers who have made a lasting impact on the school and its students— Martin Fanning, Hollington Lee and Diane Wright.

The three retirees-to-be have over 70 years of teaching experience combined, and now are ready to leave the halls of LHS.

Both Wright and Fanning grew up in Ludlow and raised their children here. Student Support Services teacher Wright graduated from LHS herself, as well as her three daughters, and now has five grandchildren attending school in town and continuing the legacy.

“I have been teaching here for 31 years, 19 of them at Ludlow High,” Wright said. “It is so rewarding to watch the students work hard and achieve their goals, and before you know it they’re seniors and graduating.”

“Time goes by so quickly that I have to enjoy every mo-



Martin Fanning

ment before it’s gone.”

Wright said she most looks forward to watching her students walk across the stage at graduation, and she will miss the administrative team at LHS after she leaves. Wright hopes to scrapbook more once she retires, as well as spend more time with her family and go on vacations together.

Fanning, who has taught Social Studies at LHS for 30 years, majored in History at UMass Amherst and found himself drawn to the prospect of teach-



Hollington Lee

ing after enjoying his experiences in the classroom. Fanning spent five years teaching at Lee High School prior to starting at LHS.

Fanning said that over the course of his teaching career, he aimed to create a space for open conversation between students. Fanning hoped that through his guidance, he could get students interested in civics and history and involved in their community.

“There are so many different personalities that come into



Diane Wright.

your classroom that if you keep an open mind, you can’t help but learn,” Fanning said. “Of course we have parameters in school and society, but within those parameters there is room for all of us to pursue a path of success and enjoyment.”

Fanning said he doesn’t have any specific plans for what he will do once he retires, but is ready to see what comes next.

Similarly to Fanning, science teacher Lee did not start teach-

Please see **TEACHERS**, Page 7

Revitalization Project aims to expand parking on East Street

By Marcelo Gusmao
 Staff Writer
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LUDLOW – The Revitalization Project is an effort by town officials and business owners from Ludlow, Springfield, and Wilbraham to bolster the town’s economy and address the needs of small businesses in the area.

The group has as many as 117 members, and is looking to revitalize East Street for local businesses.

“We’re trying to help to do an all-community effort, between police, fire, the Board of Selectmen, and businesses, to get people in here to fill up these empty spots,” said Robert Starzyk, Chairman of Ludlow Business Action.

Starzyk worked as a business consultant for decades, and came out of retirement in order to help the town’s administration to better meet local busi-

ness needs. Starzyk described the group as, “Trying to help people out and help small businesses get on their feet,” and described a meeting with Selectman Manuel Silva and Town Administrator Marc Strange where they discussed using town funds to revitalize East Street.

Strange was quoted as saying the Project is “still conceptual at this point.”

Though previous consultants have been called in to try to revitalize the area, Starzyk said that this current group will have a better idea of what the local businesses need, to better allocate taxpayer money.

According to Starzyk, the biggest challenge facing East Street businesses is parking.

“We gotta get parking, if we can get a parking lot that’s

Please see **REVITALIZATION PROJECT**, Page 7

Stakeholder meetings look at Library’s strategic plan

By Marcelo Gusmao
 Staff Writer
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LUDLOW – A stakeholder meeting was held at the Hubbard Memorial Library on Monday, to give town residents the opportunity to discuss the strengths and opportunities for the Library’s future.

As the Library examines its five-year strategic plan, it has scheduled stakeholder meetings to allow library professionals, patrons, and community members to attend and make their voices heard about the best service the Library can provide for the community.

“It’s a conversation about what the Library is doing well, and what they would like to see the Library do in the future,” said Reference Librarian Tracy Snow. “And maybe opportunities that the Library might currently be missing, to

better serve its constituents.” Part of the strategic plan involves talking to stakeholders, which the library identifies as “people and organizations that have a vested interest in the library and its services,” either because of use or cooperation.

“It’s a very important thing for public libraries to do,” said Head of Youth Services July Siebecker. “To have an idea of where they’re going, and to assess how the Library is doing and look for ways that we can respond to the needs of the community and make informed decisions about how to proceed in the future.”

In addition to the adult stakeholder meeting, the Library has also created a Teen Advisory Group to speak to the needs of the Children’s Department.

“I have invited a group of Please see **LIBRARY**, Page 11



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LUDLOW

Raw Texture opens on Center Street



Staff Photo by Marcelo Gusmao

By **Marcelo Gusmao**
Staff Writer
mgusmao@turley.com

LUDLOW – Raw Texture is a new salon that has opened up on Center Street.

Business owner Jamie Jacobs has been a hairstylist for over 25 years, with a cosmetology degree from Springfield Technical Community College. After working in a couple of smaller places, Jacobs worked at Puffer’s Salon and Day Spa in Westfield.

Raw Texture has four stations for hairdressers, as well as a couple of treatment rooms.

“I wanted to show a creative space for new hairstylists to learn and grow,” Jacobs said.

Jacobs grew up in town, and after living outside of Ludlow for a while, she decided she wanted to cut back on her commute to Westfield and do something for herself. She wanted to stay local, as well as to stay closer to her 8-year-old.

Raw Texture is a hair salon located at 193 Center St. They are open from 10 a.m. to 8 p.m. on Tuesday through Thursday, 10-2 p.m. on Friday, and 9 a.m. to 2 p.m. on Saturday.

They are closed on Sunday and Monday.

Send your stories and photos to register@turley.com

Where Register is Read



Submitted Photo

Miralva Gusmao reads the Ludlow Register on the border between Belgium and the Netherlands, in Baarle-Hertog.



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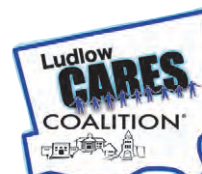
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Town commemorates Memorial Day with vigil, parade

LUDLOW — Ludlow will honor and remember its fallen in two events this weekend.

At 7 p.m. on Sunday, May 28., a Candlelight Vigil will be held at the Veterans Memorial at 15 East Street. During the vigil, a roll call of names of those who have been killed in service to our country will be read. A 21-gun salute will be followed by "Taps."

On Monday May 29, The Ludlow Memorial Day Parade will

kick off at the corner of Winsor and Worcester Street beginning at 10 a.m. and proceed to the Veterans Memorial, where a ceremony to follow.

The parade will follow this route:

From Winsor Street down to Warren Street-Left onto East Street-Right onto Hubbard Street-Right on Oak Street-Left on Howard Street to Maple Street-Left on Maple-down to Hubbard Street-Right on Hub-

bard-Left on Center Street to the Bridge (Ludlow Ave) Pass the reviewing stand. Only Marchers will be allowed to turn onto Chestnut Street. All Floats and Vehicles will continue and turn on Sewall Street.

The Veterans Services has a new website at ludlowveterans.us. Follow Veterans Service on social media:

Instagram: @ludlowveterans

Facebook: @ludlowvets

Twitter: @ludlowveterans

PET OF THE WEEK



CLEO

This is Jenny Casagranda's friend Cleo, who will be 2 in August. She loves to cuddle her humans, run fast, and twirl around for cookies! She is a charmer!

Watch the Memorial Day Parade from St. Elizabeth

LUDLOW -- On Memorial Day, Msgr. Gosselin and the people of St. Elizabeth Parish invite the community to watch the parade from church grounds on Hubbard St.

Coffee and breakfast pastries will be served for free. Attendees are encouraged to bring their own chairs.

Lunch will be offered also at the Pastoral Center at 12 p.m. All are invited to share a meal with the parish.

Volunteer needed to teach online skills

INDIAN ORCHARD — The Citizens Council is looking for someone who can volunteer their time to teach local senior citizens the basic skills they need to go online and navigate the Web.

Anyone interested can email indianorchardcitizenscouncil@gmail.com or call 413-209-8249 10 a.m. to 2 p.m. during the week.

Also at the IOCC, free bingo is offered for seniors 3-5:30 p.m. every Monday. Club OH! Is a free summer program for local kids. A free community dinner will be served at 5:30 p.m. on May 31 and sign up is underway for Farm Fresh, a free produce program.

For more information or to register for the camp, dinner or Farm Fresh, call 413-209-8249.

Ireland is calling you

Join the Healys from Oct. 17 to 26 and visit some of the nicest places in Ireland you will ever see.

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Contact Don Healy at healy-sirish.com, by phone at 413-427-8142 for a flyer, or contact Brian Mannix at 413-589-9654.



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Meredith-Springfield's Mel O'Leary honored by HCSO

LUDLOW — Meredith-Springfield Associates, Inc., a world-class plastics manufacturer, announced that President and CEO Mel O'Leary Jr. was honored recently for his two decades as a second-chance employer as part of the Hampden County Sheriff's Office's All-Inclusive Support Services.

The award was presented by Hampden County Sheriff Nicholas Cocchi during the 24th Annual AISS graduation ceremony at The Cedars in Springfield.

The Ludlow-based manufacturer specializes in bottles and hollow technical articles manufactured through extrusion blow molding and injection stretch blow molding. Meredith-Springfield's customers include many well-known household brands.

"I sincerely appreciate this honor, but what's more important to me is the impact this program has on so many lives," O'Leary said.

"It doesn't just benefit ex-offenders, but also their families and communities. People make mistakes and giving them a chance to turn their lives around is very important to me. We're proud to have helped hundreds of formerly incarcerated people transition back into the community with gainful employment."

According to a news release, AISS helps formerly incarcerated people in all aspects of their lives as they move from incarceration into the community. In addition to educational and employment support, it offers a comprehensive range of services such as parenting groups, assistance accessing housing and food benefits, behavioral health and addiction re-



Submitted photos

Hampden County Sheriff's Office officials shown here (from left) are: AISS Director Madeline Fernandez, Employment Supervisor Davis Snow, Sheriff Colin Cassidy, Sheriff Nicholas Cocchi, Ed Kaplan, Re-Entry Assistant Cathleen Lakota and Re-Entry Assistant Larry Leak.

covery services and a variety of support groups.

In 2019, Cocchi opened AISS to anyone in the community in addition to the justice-involved population.

"Our community partners, like Meredith-Springfield Associates, Inc., are a crucial piece of the puzzle when it comes to empowering our formerly justice-involved people to create a life free from the elements that brought them to us in the first place," Cocchi said.

"Viable employment in an environment where management understands the human situation is one of the cornerstones of a successful path forward. We wouldn't have one of the lowest recidivism rates in the nation without people like Mel believing in us and the people we work to help."

O'Leary said that when the opportunity to become a second-chance employer was first presented to him 20 years ago, he had to be convinced-but he's glad he was.



Mel O'Leary, president and CEO of Meredith-Springfield Associates, Inc.

"We typically have a couple of people on each shift as part of the program," he said.

"Some are with us for six to eight months, but we've had others who have stayed with us for years and become valued members of our management team."

O'Leary has spoken about the success of the program at Meredith-Springfield with other business leaders who are considering becoming second-chance employers, both locally and in other states. He was also interviewed, along with one of his employees who was in the re-entry program, for a recent episode of The Hustler Files podcast on WHMP.

About Meredith-Springfield

An SQF-certified plastic extrusion and injection stretch blow molding manufacturing and engineering company in Ludlow, Meredith-Springfield has built a reputation for providing superior, high-quality finished products and a hassle-free experience to companies across the globe, including American Distilling Inc., B&G Foods, Inc., Chesebrough-Ponds, Chevron Oil, Clairol, Clorox, Elizabeth Arden, Gillette, Johnson & Johnson, Kraft, PepsiCo, and Reebok. To learn more, go to meredithspringfield.com.

Massachusetts Sen. Anne Gobi announced as Director of Rural Affairs

BOSTON - Gov. Maura Healey and Lt. Gov. Kim Driscoll announced today that Massachusetts Sen. Anne Gobi will join their administration as the new director of rural affairs in the executive office of economic development.

Gobi will start in her new role June 5. She will be tasked with conducting a review of all state grant opportunities, including the Community One Stop for Growth, to ensure that barriers for rural and small towns are mitigated and will host dedicated office hours for rural towns to receive technical assistance to identify and explore grant opportuni-

ties. She will also serve as a member of the Rural Policy Commission, which advocates for the vitality of rural communities as well as legislative and policy solutions that address rural needs.

"We are building an economy that benefits all communities, businesses, and people in Massachusetts, particularly those that are too often overlooked and underrepresented like rural and small towns," said Healey. "Senator Gobi's fierce advocacy of rural equity, agricultural and small businesses, and conservation initiatives makes her the ideal candidate to help our ru-

ral towns across the state succeed." "Senator Gobi brings to this new role deep knowledge of the challenges that rural and small-town economies face and decades of experience serving the people of our state," said Lieutenant Governor Kim Driscoll. "We are excited to welcome her to our administration and look forward to working with her to better reach rural communities and help them grow." "Massachusetts' rural and small towns have such an important role to play in our state's economy and I'm excited to have a true champion of these communi-

ties join Team Massachusetts," said Economic Development Secretary Yvonne Hao. "Senator Gobi has the knowledge, experience, and passion required to connect with the needs of rural towns and plug these municipalities into our state's many economic development resources." "I am thrilled to take on this important role and grateful to the Healey-Driscoll Administration for elevating our rural communities," said Gobi. "While I will miss the Legislature, I look forward to continuing to work for the needs of small towns throughout the Commonwealth as their advocate in state government."

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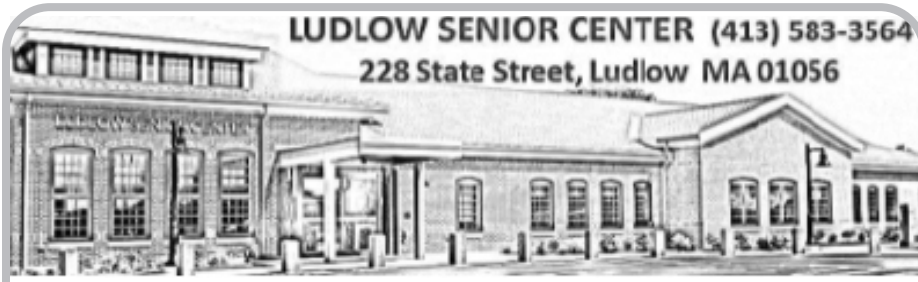
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Welcome to the Ludlow Senior Center

Our calendar is packed with many events, activities, programs, and entertainment.

You are invited to have lunch in the Center's beautiful dining room for a hearty meal with coffee, tea, and dessert. Just call a day in advance at 413-583-3564 (call Friday for lunch on Monday).

This summer, we will have corn-hole outside on the patio and will be adding three more fitness classes; two during the day and one during Tuesday evening hours.

For full program descriptions and upcoming activities, view the newsletter, "The Senior Scene," at Ludlow.ma.us and "like" the Ludlow Senior Center on Facebook.

A paper copy of "The Senior Scene" is available at the Center.

Activities Calendar:

Please register in advance for items with*

Thursday, May 25

- 8:30 a.m. Foot Care*
- 9 a.m. Tai Chi
- 9:30 a.m. Dominos
- 10:30 a.m. Tune Up Clinic by Louis & Clark
- 11 a.m. Lunch Bunch*
- 12:30 p.m. Billiards Round Robin
- 1 p.m. Mahjong
- 2 p.m. Book Club
- 2:30 p.m. Active Yoga

Friday, May 26

- 8:45 a.m. Boomer Bootcamp*
- 10 a.m. Boomer Bootcamp*
- 10 a.m. Blood Pressure
- 10:30 a.m. Trivia
- 1 p.m. Ceramics
- 1 p.m. Magic Class

Monday, May 29

Center Closed for Memorial Day

Tuesday, May 30

- 9 a.m. Quilting
- 9 a.m. Line Dancing
- 10 a.m. Cribbage
- 10:30 a.m. Gentle Yoga
- 12:30 p.m. Billiards Round Robin
- 12:30 p.m. Blood Pressure Check

- 1 p.m. Western Dance Lessons
- 1:30 p.m. Bingo
- 5 p.m. Movie: Love Sarah

Wednesday, May 31

- 8 a.m. Gardening Club
- 9 a.m. Ceramics
- 10 a.m. Zumba Gold
- 1 p.m. Movie: Love Sarah
- 1 p.m. Cornhole
- 1:30 p.m. Westover Presentation

Thursday, June 1

- 9 a.m. Tai Chi
- 9:30 a.m. Dominos
- 12:30 p.m. Billiards Round Robin
- 1 p.m. Mahjong
- 1 p.m. Foot Care*
- 2:30 p.m. Active Yoga

PLEASE register for Boomer Boot Camp, Veterans Agent, Lunch & Learn, Hearing Clinic and Foot Care by calling 583-3564

Daily Events:

- Café: Monday – Friday 8-11 a.m.
- Exercise Room: Monday - Friday 8 a.m. – 3:30 p.m. Open until 6:30 p.m. on Tuesdays.
- Billiards Room: Monday, Tuesday, Thursday 8 a.m. – 12:30 p.m.; Wednesday and Friday 8 a.m. – 3:30 p.m.
- Walking Club: Monday – Friday 7 and 8 a.m., leaving from the parking lot.

Menu:

- Thursday, May 25: Stuffed Pepper/ Butter Egg Noodles
 - Friday, May 26: BBQ Chicken Thigh/Corn/Potato Salad
 - Monday, May 29: Center Closed for Memorial Day
 - Tuesday, May 30: Stuffed Shells/Vegetable
 - Wednesday, May 31: Hamburg Chow Mein/Rice/Vegetable
 - Thursday, June 1: Garden Salad/ Popcorn Chicken/Breadstick
- Reserve a delicious \$2 lunch by calling a day ahead. Call Friday to reserve lunch on Monday.
- For allergy concerns, call the Senior Center to ask about ingredients at 413-583-3564.

Raffle Basket dropped off at Veterans Services Office



Submitted photos

Pictured with Eric Segundo (center) are Carmen Santos & Zaneta Graskakis from PNCU.

Ludlow High School Class of '75 Reunion

LUDLOW -- Denise Zrakas and Celeste Chenier searching for graduates of the Ludlow High School Class of 1975 to organize a 50th Class Reunion, which will take place in 2025.

"We Would love to reach out to as many class members as possible!" Zrakas said. "We look forward to hearing from you."

If you were a student or know how to contact a member of that graduating class, please call Zrakas at 413-735-3751, or Chenier at 413-335-5696.

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OPINION

LETTER TO THE EDITOR

Preserve quality education

I ain't got no reason why da town ain't givin mor monee to da schools. Dem educators needs help. I sure hope dat doze celectmens understand. Weez needs our kidds to learn somtin. In regards to those folks who were educated in a fully funded school system, I am confident that you understand the irony within this letter.

According to Clear Gov.com, the town of Ludlow spends \$17,530 per student. East Longmeadow \$22,913, Agawam \$19,338, Chicopee \$18,819 and Longmeadow \$18,407. If my figures are not spot on, the concept is Ludlow spends less.

Nelson Mandela said education is the most powerful weapon which you can use to change the world. Yet, the town of Ludlow has failed to make available to our children our future the best education that money can buy.

Preserve quality education.
Alexander Bal
Ludlow

Stand against censorship

We deserve a school committee that respects our students and staff as individuals and can commit to an unwavering support for public education. A public education, by the way, that serves all students from all backgrounds – the beautiful plurality of Ludlow.

We deserve a school committee that doesn't think for a second that book banning and anti-LGBTQ policies are appropriate, and a committee that certainly does not consider culture war politics part of their objectives as elected officials. We deserve a school committee that is focused on UNITING, not DIVIDING.

Mr. Dias recently proposed an extremely restrictive library policy that was written with the help of an anti-LGBTQ Christian Nationalist organization which is tied to two equally horrible anti-LGBTQ organizations that our town has been introduced to over the years by way of a few elected officials. This policy is rife with issues even without even having to mention that a Christian Nationalist organization is imposing this anti-American policy in a public school setting.

It is in violation of both the First Amendment and the National School Library Standards. Passage of this policy will diminish the reputation of Ludlow Public Schools and it will further divide this community.

We do NOT need Mr. Dias destroying the integrity of our school libraries. No one in the history of ever was on the right side of history by banning books.

Stand against censorship. Email the School Committee and demand they vote against the entirety of this proposed policy.

Kelly De Gobbi
Ludlow



GUEST COLUMN



The dialogue of democracy needs tending

There are so many things I worry about these days. Are we going to default on our debts? Can we adapt to the accumulating impact of climate change? How are we going to handle the dangers posed by China and Russia?

But bigger than all of those is this: Can we as a nation confront those challenges by arriving, together, at reasonable solutions? Or to put it another way, do we even know any more how to carry on a public dialogue about the issues we face and how to resolve them?

Because I worry – a lot – that we're losing our ability to engage in the reasoned dialogue that democracy demands of us. The evidence surrounds us: the hot-tempered dogmatism that's rampant on social media, the take-no-prisoners rhetoric of cable commentators, the shallow political debate carried on by everyone from pundits trying to gin up an audience to politicians who should know better, the widespread impatience with others' viewpoints, the shrill and even offensive language that permeates public debate – you know the problem as well as I do.

And it is a problem. If Americans lose faith that our democracy is up to the task of addressing our challenges because we're incapable of holding a discussion that isn't distorted by spin, misleading studies, grassroots manipulation, untrustworthy media and political leaders who wouldn't publicly recognize a fact if it smacked them in the forehead, then the travails of the last few years will seem like a cakewalk.

So, I have some suggestions. Because in the end, if we want the quality of public dialogue to improve, then it's up to us to improve it – and then let our political leaders know that we expect more than political posturing that produces inadequate solutions to difficult problems.

Living in a democracy takes work, and that applies to all of us, from voters who cast their ballot every few years to neighbors who roll up their sleeves and try to

improve their communities to elected officials whose job it is to decide the course of their town or state or country.

Here are basic principles we need to keep in mind:

Don't fear differences or dissent. They're inevitable, and they are vital to looking at challenges from all sides.

Advocacy and even conflict have their place in a democracy, but in the end, we resolve differences and break gridlock through discussion and deliberation.

Which means that the goal is not to highlight or inflame our political differences, but to resolve and reconcile them. The highest good should be to search for compromise, where everyone is at least a partial winner.

Remember that political differences may be stark, but that doesn't mean they're irreconcilable.

Focus on facts. They're the starting point for level headed debate and effective policy. As citizens, it's our job to find trustworthy sources of information, question our own biases, and discern when we're being misled; as politicians, to strive always to seek the truth about the facts.

View one another as neighbors, fellow community members or colleagues who all want the same thing: what's best for our country and for where we live. Find common ground and build trust from there.

It is always worth the time to understand others' viewpoints – and to talk. You may not just find common ground, but ways to improve your own ideas. And when you do search for commonalities, talk about common concerns first and differences second.

Focus on the common good.

Do not speculate on rivals' motivations or demonize them. Focus on their ideas – and see them as just as human as you are.

Sometimes drama can be effective, but always maintain civility and convey respect for people who think differently from you.

Finally, always keep in mind that you may be wrong. The world is complicated and solutions to its challenges are never perfect or straightforward.

Lee Hamilton is a Senior Advisor for the Indiana University Center on Representative Government; a Distinguished Scholar at the IU Hamilton Lugar School of Global and International Studies; and a Professor of Practice at the IU O'Neill School of Public and Environmental Affairs. He was a member of the U.S. House of Representatives for 34 years.

The REGISTER

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Letters to the editor should be 250 words or less in length. No unsigned or anonymous opinions will be published. We require letter writers to include his or her town of residence and home telephone number. We must authenticate authorship prior to publication.

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All unknown or alleged facts and quotations offered by the author need to cite credible, unbiased sources.

Send letters to: The Register, 24 Water Street, Palmer, MA 01069 or email mharrison@turley.com. The deadline for submissions is Friday at noon.

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Please send photo captions identifying all subjects in your image(s) from left to right.

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Violin virtuoso to perform at Keep Homestead

MONSON — Keep Homestead Museum, 35 Ely Road, presents Sarah The Fiddler in a free outdoor concert at 1:30 p.m. on Sunday, June 4, on the side lawn (weather permitting).

The program starts at 1:30 pm and is open to the public free of charge, though donations are always welcome. Shuttle service will be available from

Colonial Village at 12:30 pm and the parking lot at First Church on High Street from noon to 1 p.m. Bring a chair or blanket.

This event is funded by the Town of Monson's Regional Economic Development Organization Grant. For more information about the KHM, go to keephomesteadmuseum.org.

TEACHERS from Page 1

ing at LHS, but spent 22 years there once he began his position. After moving to Western Mass from Boston and teaching in Cambridge for four years, Lee taught at West Springfield High School for three years before finding his long-term career here in town.

"I've learned patience and flexibility through teaching at LHS," Lee said. "Students are so much more than a grade could ever represent, and kindness goes a long way when building relationships and

a classroom culture."

Lee said that some of his favorite parts of teaching involved helping students develop their study habits and preparing them for future college and career decisions. Upon retirement, Lee said he plans to travel more, build his photography and art skills, and binge his favorite shows on Netflix.

Wright, Fanning and Lee will continue teaching at LHS until the last day of school on June 14. Graduating students will get a chance to say goodbye at LHS graduation on June 1.

REVITALIZATION PROJECT

from Page 1

a good size, that will ensure (businesses stay) long-term," Starzyk said, "Without

if you're not gonna get anybody, we've already lost so many businesses."

"The only way to do that is not pretty signs, but to put in a parking lot," Starzyk said.

250th Celebration



Submitted photo

Carolyn Kolodziej-Parker, Jackie Kolodziej, Mark Papuga, and Darleen Kennedy at the Polish American Citizens Club

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IN THE CLASSROOM

Hurricane 'Hunter' Blows into Harris Brook for timely lesson



Major Dwight Manganaro speaks to third-grade students at Harris Brook Elementary about being a "hurricane hunter."

By Anne Marie Corrieri
Special Correspondent

LUDLOW — As third-grade students at Harris Brook Elementary School concluded their study of weather in science, they experienced an extra special lesson about extreme weather.

Ludlow native Major Dwight Manganaro, serving with the Air Force Reserve, was home for a family wedding and was invited to visit the students by his aunt — third-grade teacher Michele Manganaro-Thompson. She explained that she reached out to her nephew, a real-life "hurricane hunter," asking if he could do a virtual lesson with the students in her class about hurricanes.

He offered something even better by arranging the in-person visit to the school to meet with the entire third grade class in the cafeteria. Manganaro is stationed with the 53rd Weather Reconnaissance Squadron at Keesler AFB in Mississippi.

Manganaro presented a powerful, educational PowerPoint presentation that included several videos of actual flights inside the eye of a hurricane. He explained how this squadron started when one pilot "dared" another to fly into a hurricane.

In addition, he discussed the different roles of each crew member and how information is gathered and sent back to the National Hurricane Center. At the end of his presentation, he an-

swered several questions from very engaged and excited students.

And when students returned to their classrooms, the "Hurricane Hunter" had one final surprise for each student — special squadron stickers for all.

Major Manganaro with his aunt Michele Manganaro-Thompson, a third-grade teacher at Harris Brook.



Third graders at Harris Brook Elementary were studying the science of weather science and received some first-hand information on the subject from Air Force Reserve Major Dwight Manganaro, a native of Ludlow.

CAMPUS NOTES

Western New England University

Carlie Smith of Ludlow was welcomed into Beta Alpha Psi National Honor Society on April 20 at the Western New England University chapter's annual induction ceremony in the Rivers Auditorium.

Smith is working toward a BSBA in Accounting.

Beta Alpha Psi is an honorary organization for financial information students and professionals. The primary objective of Beta Alpha Psi is to encourage and give recognition to scholastic and professional excellence in the business information field, including accounting, finance and information systems; providing opportunities for self-development, service and association among members and practicing professionals; and encouraging a sense of ethical, social and public responsibility.

Adai Estrada of Ludlow was welcomed into Phi Lambda Sigma National Honor Society on April 27 at the Western New England University chapter's annual induction ceremony held at the Latitude restaurant.

Phi Lambda Sigma is an interna-

tional honor society that is dedicated to supporting pharmacy leadership commitment by recognizing leaders and fostering leadership development.

Southern New Hampshire University

Kristen Harrison of Ludlow has been named to Southern New Hampshire University's Winter 2023 President's List. The winter terms run from January to May.

Full-time undergraduate students who have earned a minimum grade-point average of 3.7 and above for the reporting term are named to the President's List. Full-time status is achieved by earning 12 credits over each 16-week term or paired eight-week terms grouped in fall, winter/spring and summer.

Holyoke Community College

Ludlow residents Carly Chambers and Katelynn Richard were among the Holyoke Community College students who were celebrated for earning honors and awards for their outstanding achievements during the 2022-2023 academic year.

Awardees were honored May 17 during a ceremony at the HCC Bartley Center for Athletics & Recreation.

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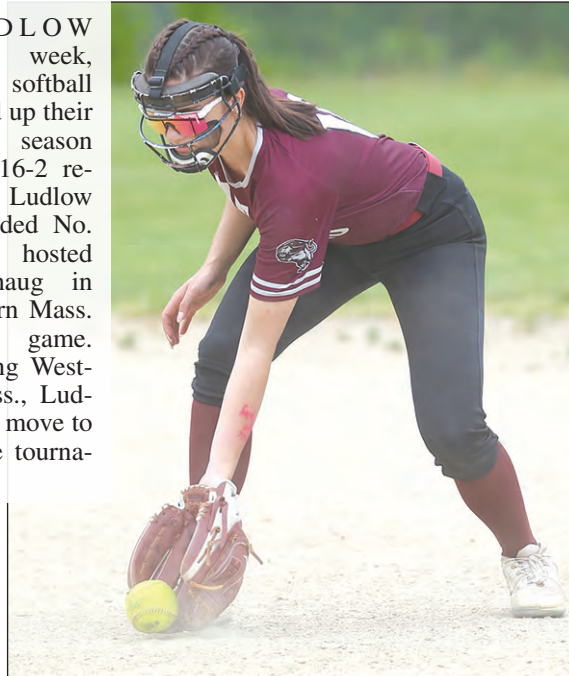
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Lions to host playoff game



Juliana Coelho sizes up a ground ball.

LUDLOW – Last week, Ludlow softball wrapped up their regular season with a 16-2 record. Ludlow was seeded No. 4 and hosted Minnechaug in a Western Mass. playoff game. Following Western Mass., Ludlow will move to the state tournament.



Rayah Landers backhands a grounder.

Photos by David Henry www.sweetdogphotos.com



Ariana Fitzpatrick fields a clean grounder.



Debora Rosado swings and connects for Ludlow.

Lions draw familiar tourney opponent

LUDLOW – Following a 3-2 win at Holyoke last Friday afternoon, Ludlow boys volleyball finished the regular season with an 11-8 record. The Lions have made the

state tournament and will clash with league rival Agawam in the semifinals of the Class B Western Mass. tournament on May 25 at 5 p.m. in Agawam.



Austin Moorhouse goes for a bump.



Tristan Moss with a set straight up.



Tommy Quiterio gets low for a return hit.

Photos by David Henry www.sweetdogphotos.com

Pioneers open regular campaign with win

By Tim Peterson
Sports Correspondent

LUDLOW— Alec Hughes scored ten goals for the UMass men's soccer team as a junior. The forward has netted almost half that many goals in the Western Mass. Pioneers first two regular season matches.

Hughes scored a pair of goals in the season opening shutout victory at the Boston Bolts on May 16. He added two more goals to his stat sheet in the home opener, as the Pioneers celebrated a 3-0 win over Pathfinder FC on a miserable, rainy night at Lusitano Stadium last Saturday.

"I had never played a match at this stadium before last week's friendly, so scoring two goals in the home opener is very special for me," said Hughes, who's from Glastonbury, Connecticut. "Despite the rain, we still had a very good crowd here tonight. I can't wait to see the atmosphere at this stadium on a nice night. I just want to do anything that I can to help me team win."



Goalie Gianluca Cerosimo kicks the ball away.

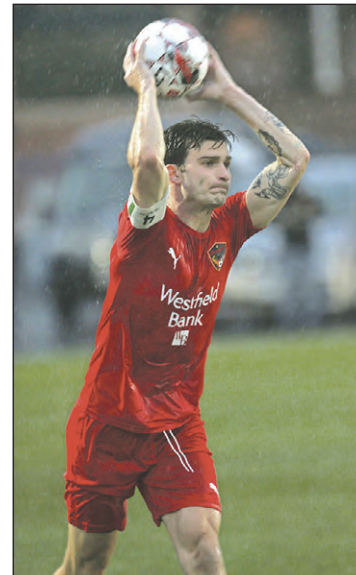
Photos by David Henry www.sweetdogphotos.com

Ben Brewster, who's the associate head coach of the UMass men's soccer team, recommended Hughes to Pioneers head coach Federico Molinari. Brewster, who's a former Pioneers player, also coaches the club's USL Academy boys' team.

"I was very impressed with

Alec when I watched him play for UMass last year," Molinari said. "He's a key player for us, but we need everyone to contribute in order to have a successful team."

Hughes, who played for Hartford City a year ago, thinks playing for the Pioneers will help him prepare for his senior



Nicholas Obberauch gets the throw-in.

season at UMass.

"We have several players from several different countries on this team," Hughes added. "It's also a little bit higher level than the Hartford team that I played for last summer."

The Pioneers, who are looking to qualify for the USL League Two playoffs for the



Rodrigo Saraiva de Castro sends a quick touch away.

fourth time since 2019, had several scoring chances during the first 45 minutes, but the contest was still scoreless at halftime.

"It was a little bit frustrating not scoring any goals during the first half," said Hughes, one of the first-year players listed on

Please see **PIONEERS**, Page 10

Hall of Fame Classic teams announced

SPRINGFIELD – The Naismith Basketball Hall of Fame announced the field of teams for the Basketball Hall of Fame Classic at the MassMutual Center on Saturday, Dec. 16. Florida Atlantic, whose 2022-23 season culminated in a Final Four berth, will join UMass, West Virginia, and St. Bonaventure in an exciting doubleheader.

Saturday, Dec. 16
UMass vs. West Virginia
Florida Atlantic vs. St. Bonaventure

“We are thrilled to welcome these four teams to Springfield in December for what is sure to be an exciting doubleheader,” said John L. Doleva, President and CEO of the Naismith Basketball Hall of Fame. “Since the City of Springfield is the birthplace of basketball, we look forward to providing a unique experience to the teams and their fans which will in-

clude a visit to the Hall of Fame.”

The Basketball Hall of Fame Classic is one event in the Hall of Fame’s series of collegiate events, which continues to grow in an effort to celebrate the game outside the museum walls. The Naismith Basketball Hall of Fame is proud to continue its relationship with LEARFIELD for sponsorship representation of its portfolio of collegiate events and Position Sports in an event operations, content and communications capacity.

Tickets for the 2023 Basketball Hall of Fame Classic will go on sale Friday, June 2 via massmutualcenter.com and the MassMutual Center Box Office. Game times and television broadcast details will be released at a later date. For more information, please visit hoophall.com.

Blue Sox in need of host families

HOLYOKE – The Valley Blue Sox is still searching for a few host families for the 2023 season.

To be a host family, all you need is a private room for the player to stay in, food options, and access to a kitchen.

In return, 2023 volunteer host families will receive:

Free general admission to all Valley Blue Sox home and away games

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If you are interested in being a host family, please contact mattd@valleybluesox.com for more information.

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Turley Publications sports department has recently joined Instagram. You can find our account by searching “turleysports.” We will regularly feature samples of photos that you will see in our publications on a weekly basis. Please fol-

low and share with your friends and loved ones. We will be featuring photos from all 11 of our sports sections, but as always, you can see all the photos that appear by subscribing to your local paper or picking up a copy in your community.

Bonsignore gets the checkered flag at Riverhead

RIVERHEAD, N.Y. – A classic short-track battle between two of the veterans of the NASCAR Whelen Modified Tour ended with Justin Bonsignore’s 10th career Riverhead Raceway win on Sunday afternoon in the Buzz Chew 200. Bonsignore started from the top spot after scoring his 25th career pole in qualifying and ran second for much of the race, but was able to roll the outside lane by Ron Silk on a late restart to get back to Victory Lane.

Silk led much of the race – but a caution late stacked the field up and gave Bonsignore another shot. The two battled side-by-side, beating and banging during a short-track battle in New York. Off turn four, Bonsignore was sideways on the outside lane, but a caution flew for a multiple-car accident and Bonsignore was out front, holding the advantage for the final restart of the 200-lap race.

Bonsignore drove off turn four to the checkered flag. The victory places Bonsignore just one short of the Whelen Modified Tour wins record at Riverhead – 11 – held by Mike Ewanitsko. Bonsignore will have a chance to tie when the series returns to Riverhead on June 24.

The win was also Bonsignore’s 36th career – giving him



Submitted photo

Justin Bonsignore scored a modified win at Riverhead Raceway last weekend.

sole possession of fourth place on the all-time wins list on the Whelen Modified Tour. He now sits just seven wins short of Ted Christopher for the top-three.

“Ron and I have been beating the heck out of each other all year,” Bonsignore said. “The caution towards the end was good for us. You just have to keep yourself in these races and it fell our way today. It’s unbelievable to get number 10 at Riverhead. I can’t thank everyone on this team enough. It’s a cool way to get to Victory Lane. All of these are special. Tying Mike has been a goal of ours for a long time and to get this close

to the record is special. These races never get any easier to win.”

In just six days, Justin Bonsignore will return to the track with the next race on the NASCAR Whelen Modified Tour schedule – the Granite State Derby at Lee USA Speedway – on Saturday, May 27. For more information and tickets for the race, visit JDVProductions.com.

For more information on Justin Bonsignore and the Kenneth Massa Motorsports team, visit JustinBonsignore.com and follow his Athlete page on Facebook for the latest news and updates.

PIONEERS from Page 9

the Pioneers roster. “We had some good scoring opportunities, but we finally scored in the second half.”

A little more than ten minutes into the opening half, Western Mass. midfielder Khalid Rose sent a pass into the box from the right side. A shot attempt from Tomas Duben, who’s also a forward, was deflected away by Pathfinder FC goalkeeper Eirik Elvestad, who

made the diving save.

Hughes also had a couple of headers during the first twenty minutes, but they either sailed wide or were saved by Elvestad, who finished the match with a total of five saves.

Pathfinder FC, who played their first match of the season, are from the Poughkeepsie, New York area.

Down at the other end of the field, first-year Western Mass. starting goalie Gianluca Cersosimo didn’t see very much action on the rainy and windy night.

Cersosimo, who was a grad student on the L.I.U men’s soccer team last fall, made a kick save late in the first half. It wound up being his only save of the match.

Cersosimo received plenty of support from his defense, which was led by Rodrigo Saravia de Castro, Gabriel Pacheco, Jared Smith, and Nicholas Obberauch, who’s the Pioneers captain.

Connor Hicks, who helped the Monson boys’ varsity soccer team win two state titles and three Western Mass. titles during his memorable high school career, is another Pioneers defender. After sitting out the season opening match with an injury, Hicks entered last Saturday’s contest during the second half.

Another Monson resident listed on the Pioneers roster is Jonathan Murphy, who’ll be a junior

on the Boston College men’s soccer team in the fall. Frankie D’Agostino, who’s also a former Pioneers player, is the Eagles associate head coach.

Ten minutes into the second half, a shot attempt from Pioneers forward Augustine Boadi deflected off the far post.

Another shot by Hughes was saved by Elvestad.

The home team finally gave their faithful supporters something to cheer about during the 67th minute. Rose was tripped up in the box by a Pathfinder defender resulting in a penalty kick.

Hughes stepped up to the line and blasted a shot into the back of the net giving his team a 1-0 lead.

“I just booted the ball as hard as I could down the middle into the back of the net. It’s always a good feeling whenever you score a goal and your teammates are happy for you,” Hughes said. “I also made a P.K. at UMass last year at Central Connecticut.”

The Pioneers took a 2-0 lead six minutes later.

After receiving a pass from Rose, Boadi fired a low shot that skipped on the wet turf into the right corner of the net.

Rose, who’s one of the Pioneers elder statesmen, was also credited with the assist on the second goal scored by Hughes during the 77th minute.

“The rain made it very difficult to see, so it was nice to score those three goals in the second half,” Rose said. “We didn’t have very many fans here tonight, but you could still hear them on the field. It’s always an amazing feeling whenever we win a match at this stadium.”

The Pioneers are scheduled to play a couple of road matches before returning to the friendly confines of Lusitano Stadium to face Black Rock FC at 7 p.m. on June 3.

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HCC, Westfield State sign dual-degree nursing agreement

Concurrent program first of its kind in Massachusetts

HOLYOKE — Holyoke Community College and Westfield State University recently signed an agreement creating a new pathway for students to earn both an associate's degree and bachelor's degree in nursing by being simultaneously enrolled in both schools.

The concurrent enrollment program is the first of its kind in the commonwealth and designed to help address nursing shortages by increasing the number of students accepted into a bachelor of nursing degree program and allowing them to earn their degrees faster.

"I think that what we are able to accomplish here will be the standard in the future," Sharale Mathis, HCC vice president of Academic and Student Affairs, said during a signing ceremony today at HCC.

"Through this partnership, we will be able to feed that nursing pipeline and make sure we are putting forward the strongest educated workforce in nursing.

This kind of collaboration is needed between associate degree programs and university programs to help fill those critical vacancies in the workforce for baccalaureate prepared nurses."

The way it works is simple, she said: When students enroll at HCC for nursing, all they need to do is check a box on their application to indicate they are interested in the concurrent program with Westfield State.

"At that point, they're in," Mathis said.

"No additional application is needed for Westfield State."

During their first year at HCC, students will complete their general education courses and health science prerequisites; during their second and third years they will take classes both at HCC and Westfield State to complete their associate's degree in nursing. Then, as registered nurses, they will complete their fourth year at Westfield on the way to a bachelor's degree in nursing.

"I think this is the way of the future," Westfield State University President Linda Thompson said.

"We really have to look at ways that we educate young people without causing them to feel like they have a burden when they graduate."

According to a Massachusetts Health Policy Commission report, registered nurse vacancy rates in acute-care hospitals doubled from 6.4 percent in 2019 to 13.6 percent in 2022, and employment in nursing and residential care facilities has not recovered since the pandemic and remains below 2018 levels.

Thompson, herself a nurse, noted that she sits on the board for Baystate Health and understands firsthand the industry needs.

"We are not just desperate for nurses," Thompson said.

"We're desperate for every type of profession to work in the healthcare sec-

tor, so I do hope this is the first of many opportunities for us."

HCC President Christina Royal agreed.

"This truly is an impressive program," Royal said.

"We're so excited to be able to work together to create more ease of access for students. We know that sometimes just the transfer process alone can create extra hurdles for students. I have found in my experience working with Westfield State and President Thompson that Westfield is just as committed to access and equity as HCC, and looking for ways that we can help streamline the process for students and get them onto a full pathway so they can have a tremendous career is what this partnership is going to do."

LIBRARY from Page 1

teens that kind of represent a spectrum of the young adults who use the Library," Siebecker said.

This includes kids from the public school as well as kids that are homeschooled, across the ages of the teen spectrum, some who have volunteered at the Library, and some who attend programs or use library services.

"Many have been using the Library for all their lives, which makes their insights very valuable," Siebecker said.

Siebecker said that a survey will also be distributed online in order to reach youths and adolescents who don't use the Library, in order to ask them why.

"We're hoping through the use of that survey to find out if the reason that more youths don't use the Library is because they don't know about all the services and different types of items that are available here," Siebecker said. "Is it because they have trouble getting here, is it because of the hours, things like that."

"For instance, many kids would prefer to read using a Kindle or e-reader, and have no idea that they don't have to pay for the books," Siebecker said.

Siebecker said, "We do reach a lot of the youth in Ludlow, but we always want to reach more." Pizza for the Teen Focus Group was donated by Domino's in Wilbraham.



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HUD Section 3, Hampden County residents who are minority, women, low to very low-income residents of those areas connected with the construction of The Ludlow #8 Redevelopment Project. To apply, scan the code below or send your resume to Diversity@Dellbrookjks.com.



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PUBLIC NOTICES

DEATH NOTICES

Dudek Jr., Raymond E,
Died May 17, 2023
Burial May 26, 2023

The Ludlow Register OBITUARY POLICY

Turley Publications offers two types of obituaries.

One is a free, brief **Death Notice** listing the name of deceased, date of death and funeral date and place.

The other is a **Paid Obituary**, costing \$120, which allows families to publish extended death notice information of their own choice and may include a photograph. **Death Notices & Paid Obituaries** should be submitted through a funeral home to: obits@turley.com.

Exceptions will be made only when the family provides a death certificate and must be pre-paid.

Please check the accuracy of your legal notice prior to submission (i.e., date, time, spelling). Also, be sure the requested publication date coincides with the purpose of the notice, or as the law demands. Thank you.

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Hampden Probate and Family Court
50 State Street
Springfield MA, 01103
Docket No. HD23P0934GD

In the matter of:
Michael Barton of: Ludlow, MA RESPONDENT
Alleged Incapacitated Person
CITATION GIVING NOTICE OF PETITION FOR APPOINTMENT OF GUARDIAN FOR INCAPACITATED PERSON PURSUANT TO G.L. c. 190B, §5-304

To the named Respondent and all other interested persons, a petition has been filed by **Dept Of Developmental Services of Springfield, MA** in the above captioned matter alleging that **Michael Barton** is in need of a Guardian and requesting that **Cheryl Van Gerven of Oxford, MA** (or some other suitable person) be appointed as Guardian to serve **Without Surety** on the bond.

The petition asks the court to determine that the Respondent is incapacitated, that the appointment of a Guardian is necessary, and that the proposed Guardian is appropriate. The petition is on file with this court and may contain a request for certain specific authority.

You have the right to object to this proceeding. If you wish to do so, you or your attorney must file a written appearance at this court on or before 10:00 A.M. on the return date of **06/05/2023**. This day is NOT a hearing date, but a deadline date by which you have to file the written appearance if you object to the petition. If you fail to file the written appearance by the return date, action may be taken in this matter without further notice to you. In addition to filing the written appearance, you or your attorney must file a written affidavit stating the specific facts and grounds of your objection within 30 days after the return date.

IMPORTANT NOTICE
The outcome of this proceeding may limit or completely take away the above-named person's right to make decisions about personal affairs or financial affairs or both. The above-named person has the right to ask for a lawyer. Anyone

may make this request on behalf of the above-named person. If the above-named person cannot afford a lawyer, one may be appointed at State expense.

WITNESS, Hon. **Barbara M. Hyland**, First Justice of this Court.
Date: May 05, 2023
Rosemary A. Saccomani
Register of Probate
05/24/2023

Commonwealth of Massachusetts
Probate and Family Court
Department
HAMPDEN ss
Docket No.
HD22P1472PM

To all persons interested in the estate of **Marion Kusek of Ludlow, in said County, person under conservatorship.**

A petition has been presented to said Court for license to sell at private sale - public auction - certain real estate of said **Marion Kusek** for her maintenance.

If you desire to object thereto you or your attorney should file a written appearance in said Court at 50 State Street, Springfield, MA before ten o'clock in the forenoon on the **5th day of June 2023**, the return day of this citation.

Witness, **BARBARA M. HYLAND**, Esquire, First Judge of said Court this 18th day of May 2023.

Rosemary A. Saccomani
Register
05/24/2023

Commonwealth of Massachusetts
The Trial Court
Hampden Probate and Family Court
50 State Street
Springfield, MA 01103
(413)748-7758
Docket No. HD23P1042EA

Estate of:
David Lord
Date of Death: 02/13/2023
CITATION ON PETITION FOR FORMAL ADJUDICATION

To all interested persons:
A Petition for **Formal Probate of Will with Appointment of Personal Representative** has been filed by **Karen A Abert of Indian Orchard, MA** requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition.

The Petitioner requests that: **Karen A Abert of Indian Orchard, MA** be appointed as Personal

Representative(s) of said estate to serve on the bond in **unsupervised administration.**

IMPORTANT NOTICE
You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: **10:00 a.m. on the return day of 06/16/2023.**

This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

UNSUPERVISED ADMINISTRATION UNDER THE MASSACHUSETTS UNIFORM PROBATE CODE (MUPC)

A **Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration.**

WITNESS, Hon. **Barbara M. Hyland**, First Justice of this Court.

Date: May 18, 2023
Rosemary A. Saccomani
Register of Probate
05/24/2023

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Hampden Division
Docket No. HD23P0973EA

Estate of:
Donna Marie McCarthy
Also Known As:
Donna Marie Bisi
Date of Death:
September 10, 2022
INFORMAL PROBATE PUBLICATION NOTICE

To all persons interested in the above captioned estate, by Petition of Petitioner **Kimberly Goldsmith of Ludlow, MA**

a Will has been admitted to informal probate.

Kimberly Goldsmith of Ludlow, MA has been informally appointed as the Personal Representative of the estate to serve without surety on the bond.

The estate is being administered under informal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative

and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure. A copy of the Petition and Will, if any, can be obtained from the Petitioner.
05/24/2023

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Hampden Probate and Family Court
50 State Street
Springfield MA, 01103
Docket No. HD10P1478GD

In the Interests of:
Michael Barton of: Ludlow, MA RESPONDENT
Incapacitated Person/
Protected Person
CITATION GIVING NOTICE OF PETITION FOR TERMINATION OF A GUARDIAN OF AN INCAPACITATED PERSON

To the named Respondent and all other interested persons, a petition has been filed by **Dept Of Developmental Services of Palmer, MA** in the above captioned matter requesting that the court: Terminate the Guardianship of the Respondent. The petition asks the court to make a determination that the Guardian and/or Conservator should be allowed to resign; or should be removed for good cause; or that the Guardianship and/or Conservatorship is no longer necessary and therefore should be terminated. The original petition is on file with the court.

You have the right to object to this proceeding. If you wish to do so, you or your attorney must file a written appearance at this court on or before 1000 AM. on the return date of **06/01/2023**. This day is NOT a hearing date, but a deadline date by which you have to file the written appearance if you object to the petition. If you fail to file the written appearance by the return date, action may be taken in this matter without further notice to you. In addition to filing the written appearance, you or your attorney must file a written affidavit stating the specific facts and grounds of your objection within 30 days after the return date.

IMPORTANT NOTICE

The outcome of this proceeding may limit or completely take away the above-named person's right to make decisions about personal affairs or financial affairs or both. The above-named person has the right to ask for a lawyer. Anyone may make this request on behalf of the above-named person. If the above-named person cannot afford a lawyer, one may be appointed at State expense.

WITNESS, Hon. **Barbara**

M. Hyland, First Justice of this Court.

Date: May 05, 2023
Rosemary A. Saccomani
Register of Probate
05/24/2023

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Hampden Probate and Family Court
50 State Street
Springfield, MA 01103
Docket No. HD23P0980GD

In the matter of:
Sean O'Brien Of: Ludlow, MA RESPONDENT
Alleged Incapacitated Person
CITATION GIVING NOTICE OF PETITION FOR APPOINTMENT OF GUARDIAN FOR INCAPACITATED PERSON PURSUANT TO G.L. c. 190B, §5-304

To the named Respondent and all other interested persons, a petition has been filed by **Dept Of Developmental Services of Springfield, MA** in the above captioned matter alleging that **Sean O'Brien** is in need of a Guardian and requesting that **Kaleigh Kennedy of Holyoke, MA** (or some other suitable person) be appointed as Guardian to serve **Without Surety** on the bond.

The petition asks the court to determine that the Respondent is incapacitated, that the appointment of a Guardian is necessary, and that the proposed Guardian is appropriate. The petition is on file with this court and may contain a request for certain specific authority.

You have the right to object to this proceeding. If you wish to do so, you or your attorney must file a written appearance at this court on or before 10:00 A.M. on the return date of **06/09/2023**. This day is NOT a hearing date, but a deadline date by which you have to file the written appearance if you object to the petition. If you fail to file the written appearance by the return date, action may be taken in this matter without further notice to you. In addition to filing the written appearance, you or your attorney must file a written affidavit stating the specific facts and grounds of your objection within 30 days after the return date.

IMPORTANT NOTICE

The outcome of this proceeding may limit or completely take away the above-named person's right to make decisions about personal affairs or financial affairs or both. The above-named person has the right to ask for a lawyer. Anyone may make this request on behalf of the above-named person. If the above-named person cannot afford a lawyer, one may be appointed at State expense.

WITNESS, Hon. **Barbara M. Hyland**, First Justice of this Court.

Date: May 11, 2023
Rosemary A. Saccomani
Register of Probate
05/24/2023

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DATEBOOK

DATEBOOK

Do you have a local event or activity to publicize? Please send the information as either a Word doc or plain (no bold text or other formatting) email text (no PDFs, please and do not use all uppercase (i.e. UPPER CASE) by 5 p.m. Friday. At least two weeks prior to the event is encouraged. Send your community events to mgusmao@turley.com.

THIS WEEK

NIGHT OUT: Villa Rose Restaurant at 1428 Center Street in Ludlow is donating 20% of the proceeds for dine-in or take-out orders from noon to 9 p.m. on Wednesday, May 24, to the Michael J Dias Foundation, which offers programs to those in recovery. For more information, call Karen at 413-304-0715 or call Villa Rose directly at 413-547-6667 for all takeout orders.

THE BUDDY HOLLY STORY: The life story of one of the most influential pioneers of 1950s rock and roll comes to the Majestic Theater in West Springfield with the return of "Buddy: The Buddy Holly Story" through May 28. Ticket prices range from \$31 to \$37 and can be obtained at the box office or by calling 413-747-7797 10 a.m. to 5 p.m. Monday-Friday and 10 a.m. to 1 p.m. Saturdays. For more, go to majestictheater.com.

COMING SOON

ONLINE RAFFLE: The Lions are celebrating 80 years of service to those less fortunate locally and globally with a new online raffle. Go to tinyurl.com/3eb56e8y to view the baskets that are being raffled off. If a basket catches your eye, you just

want to take a chance in the 50/50 raffle or just want to make a donation, the drawing is June 8. The Ludlow Lions Club wants everyone to know members appreciate the public's support and that the Lions core mission is community service.

GOLF TOURNEY FOR PETS: Second Chance Animal Services' 11th annual Charity Golf Tournament will be held at Cold Spring Country Club on Monday, July 24. The event offers golfers a great golf outing on a world-class course and will benefit programs assisting the underserved at Second Chance Community Veterinary Hospitals in the region. Individuals and foursomes are welcome. Second Chance encourages golfers to purchase tickets early. Check in will be 9 a.m. and the tournament will commence with a shotgun start at 10 a.m. Registration and information on sponsorships and item donations can be found at secondchanceanimals.org/events/golf/.

ONGOING

SENIOR BINGO: Hosted by the Indian Orchard Citizens Council 3:30-5 p.m. every Monday. Free to play with great prizes. For more information, call 413-209-8240.

THRIFT SHOP: Now open at St. Gregory Armenian Church, 135 Goodwin Street, Indian Orchard, 9:30 a.m.-12:30 p.m. every Saturday offering quality items at affordable prices. Gently used clothing and accessories, household items, books, children's items, collectors' items and more. For more information, call the church office at 413-543-4763.

CHESS CLUB: Open to residents of all surrounding communities 5:30 p.m. every Tuesday at

the Indian Orchard Citizens Council, 117 Main St. For more information, contact the IOCC at 413-209-8240 or indianorchardcitizenscouncil@gmail.com or stop in during operating hours. Follow the IOCC on Facebook and Instagram.

LUDLOW SENIOR CENTER 55 AND OVER CO-ED VOLLEYBALL LEAGUE: At East Street School on Tuesdays and Thursdays from 5:30-7:30 p.m. the cost to take part is \$5 per year. For more information contact Maria Ardolino, activities director at activity@ludlow.ma.us or call 413-583-3564.

AQUACISE AT THE CLUB: The Ludlow Community Center/Randall Boys & Girls Club at 91 Claudias Way continues to offer Aquacise throughout the week. Aquacise is a low-impact, full-body workout performed in the water to put less stress on your joints and muscles while building strength. Classes are open to all members with pool-inclusive memberships and do not require prior registration. Classes are held 8:30-9:15 a.m., Tuesdays, Wednesdays and Thursdays. For questions, call 413-583-2072, ext. 124.

SUPPORT FOR FAMILY MEMBERS: The Michael J. Dias Support Group meets 6-7:15 p.m. on the second and fourth Tuesday of the month at Our Lady of Fatima Parish Center. Education, resources, peer support, and hope for parents and family members coping with a loved one with a substance use disorder. Anyone needing help is welcome to attend. Masks are required and we will be seated six feet apart. For more information, call Maureen at 413-563-6226.

H.O.P.E. RECOVERY GROUP: Having Our Pathways Encouraged meetings are for those who have experience with addictions, grief, anxiety

and depression, (including anxiety and depression due to COVID-19) and for loved ones who might need help in their recovery. This group is also for those who can help lead others in their recovery by example. This meeting in no way replaces professional therapies. It is a time for sharing strength, encouragement and hope. No fees. Bring your own non-alcoholic beverage. Pre-packaged snacks are available. Small group structure based on basic Christian principles, concept, purposes and confidentiality. COVID-19 guidelines are observed. Masks required. 6:30-8 p.m. every Monday at Fellowship Hall in Faith Community Chapel, 485 East Street in Ludlow. Parking lot behind Chapel. Fellowship Hall entrance at back of Chapel. Seating is limited. To reserve yours, call 413-519-4591.

QUABBIN VALLEY TWIRLERS If you missed the first lessons in the fall, now is the time to give yourself a gift of dancing enjoyment for the coming holiday time. Do you want some exercise, mental acuity, and lots of fun with great people? Try our national folk dance, square dancing with the Quabbin Valley Twirlers. They dance in Belchertown and Ludlow with Sunday and Wednesday evenings available. For more information, call Gloria or Fran at 413-467-3352.

BIBLE STUDY: A weekly Bible study led by Ludlow resident Hank Bastos takes place at 7 p.m. on Wednesdays at 485 East St., Ludlow. Call 413-348-6487 for more information.

SHARE YOUR SIGHT: Volunteer to read, shop or walk with a blind or vision impaired person in your community. Call the Massachusetts Association for the Blind and Visually Impaired at 1-888-613-2777 for details.

Church DIRECTORY

FAITH COMMUNITY CHAPEL A Church of the Nazarene

485 East St. Ludlow, MA 01056 413-583-7875
Email: faithcommunitychapel8@gmail.com
faith-communitychapel.org
Lead Pastor: Reverend Lisa Morrison
Associate Pastor: Gary Coombs

Sunday Services:
Discipline Groups 9:45 a.m. WorshipService11 a.m.
and Facebook Live Stream
OTHER PROGRAMS

MONDAYS at 6:30 p.m. H.O.P.E. Meeting Recovery meetings for those with addictions, anxiety, and grief SMC. Call 413-519-4591

TUESDAYS at 7 p.m. ZOOM Bible Study WEDNESDAYS at 7 p.m. Ludlow Christian Fellowship Meeting Hank Bastos, Leader, 413-348-6487

SMC and Facebook Live Stream ludlowfellowship.org

FRIDAYS Children's After School Club (pre K through teens) 5-6:30 p.m.

Church Fellowship Hall

SATURDAYS at 10 a.m. Ecumenical Prayer Meeting

THE CHURCH OF JESUS CHRIST OF LATTER DAY SAINTS

584 West St., Ludlow
413-583-8454

S Sunday services

Sacrament Meeting 10- 11 A.M.

Sunday school for adults, Young single adults(18-30) and teens (11-18) - 1st & 3rd Sunday of the month from 11-12 noon

Adult Religious/Marriage and Parenting for Women- 2nd & 4th Sunday of the month from 11-12 noon

Adult Religious/Marriage and Parenting for Men- 2nd and 4th Sunday of the month from 11-12 noon

Classes for Single Adults(18-30)- 2nd & 4th Sunday of the month -11- 12 noon

Classes for Young Men(11-18)- 2nd & 4th Sunday of the month 11-12 noon

Classes for Young Women (11-18)- 2nd & 4th Sunday of the month - 11-12 noon

Children's classes: Sunday school & singing time every Sunday(3-10) 11- 12 noon

Nursery providedfor ages 18 month- 3 yr

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Pastor Rev. Raymond A. Soltys

Saturday Vigil Masses - 5 p.m. and 6:30 p.m.

Sunday Masses - 7:30 a.m.; 8:45 a.m. (Polish);

10 a.m. and 11:15 a.m.

Sunday Evening Mass - 5:30 p.m.

ST. ELIZABETH PARISH 191 Hubbard St., Ludlow 413-583-3467

Pastor - Rev. Msgr. Homer P. Gossein
In Residence - Rev. Norman Bolton
Deacons: Normand Grondin, Thomas Rickson,
Keith Davies

Office Hours: Monday - Friday 8 a.m.-4 p.m.
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Wednesday, May 24, - Daily Mass - 7:30 a.m. (C), Bible Study - 10 a.m. (JR), Holy Mother Choir Rehearsal - 5:15 p.m. (C), Eucharistic Revival Gathering - 6:30 p.m. (JR)

Thursday, May 25, - Daily Mass - 7:30 a.m. (C), Eucharistic Adoration - 6:30 p.m. (C)

Friday, May 26, - Daily Mass - 7:30 a.m. (C)

Saturday, May 27, - Confessions - 2:30 p.m. (C), Mass - 4 p.m. (C)

Sunday, -May 28, - Mass - 7:30 a.m. (C), Mass - 9:15 a.m. (C), Mass - 11 a.m. (C), Mass - 5 p.m. (C), Take & Eat - 8 a.m. (FLBH & K)

Monday, May 29, - Daily Mass - 7:30 a.m. (C)

Tuesday, May 30, - Daily Mass - 7:30 a.m. (C), St. Rita Choir - 6:30 p.m. (C)

IMMACULATE CONCEPTION CHURCH 25 Parker St, Indian Orchard, 413-543-3627

Very Rev. Piotr Calik

Office Hours: Monday, Tuesday, Wednesday,
Thursday, 9 a.m. - 1 p.m.

CLOSED FRIDAY

MASS SCHEDULE

Saturday Vigil Mass: 4:15 p.m.

Sunday Mass: 8:45 a.m. (English), 10 a.m. (Polish)

Weekday Mass: Monday, Tuesday, Wednesday, Thursday - 7:45 a.m. (English)

First Friday Mass: 5:30 p.m. (Polish/English)

First Saturday Mass: 9 a.m. (Polish/English)

Confessions: Saturday - 3:15-4 p.m.

OUR LADY OF FATIMA PARISH 438 Winsor St., Ludlow 413-583-2312

Father Vitor Oliveira

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Sunday Masses - 9 a.m. (Portuguese);

11 a.m. (English)

Monday and Wednesday Morning

Masses - 8:30 a.m. (Portuguese)

Tuesday and Friday Masses - 5:30 p.m. (Portuguese)

Saturday Vigil Mass - 4 p.m. (English)

First Saturday of the Month - 8:30 a.m.

For more information, visit

ourladyoffatimaparish.org.

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Ludlow, MA 01056

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Indian Orchard, MA 01151

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Worship in person, 11 a.m.

Or watch our livestream.

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orchardcovenant.org.

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45 Newbury St.

Ludlow, MA 01056

Phone: 413-583-2140

Pastor: Father Andriy Krip

Liturgy schedule:

Wednesday 9 a.m., Friday 9 a.m.

Rosary for Peace in Ukraine

on Wednesday at 6 p.m.

'Buddy Holly Story' returns to the Majestic stage

WEST SPRINGFIELD — The life story of one of the most influential pioneers of 1950s rock and roll returns to the Majestic Theater with "Buddy: The Buddy Holly Story" and runs through May 28.

The rock musical by Alan James was the first play presented when the Majestic re-opened to the public in 1997 and it became an immediate crowd-pleaser.

The play follows the musical path of the young man from Lubbock, Texas, who created some of rock's first big hits, including "That'll Be the Day," "Rave On," "Oh Boy," and "Peggy Sue," among others featured in the show. Holly led the way in writing and producing his own songs as well as playing all the instruments with his band, The Crickets.

Cast members include Dan Whelton, Caleb Koval, Shaun O'Keefe, Tina Sparkle, Josh Karam, Jacob Nichols, Chelsea Nectow, Josh Mason, Steve Henderson and Brad Shepard. Producing Director Danny Eaton will direct the play, and Sue Dziura is associate producing director.

Music Director is Mitch Chakour and Stephen Petit is production stage manager. Set Director/Technical Director is Josiah Durham and Dawn McKay is costume designer.

Dan Rist is lighting designer and sound design is being handled by Doug Wallace.

According to Eaton, "The demand for another presentation of Buddy has never subsided. Over the years our audience members have kept requesting that we present the show again, and we figured it would be a great addition to our 25th anniversary season at the Majestic. The show is timeless, the songs are brilliant, and the story of Buddy Holly, one of the most talented and endearing figures in early rock and roll, has touched audiences around the world."

Ticket prices range from \$31 to \$37 and are available at the box office or by calling 413-747-7797 10 a.m. to 5 p.m. Monday-Friday and 10 a.m. to 1 p.m. on Saturdays. For more information, go to majestictheater.com.

Doctors looking at poor sleep in relation to risk

SPRINGFIELD – Not getting enough sleep? Feeling tired and devoid of energy as a result?

According to a recent press release from Baystate Health, that may not be all you have to worry about. There are various epidemiologic studies associating stroke with poor sleep, the latest being a study published in the April 5, 2023, edition of the journal "Neurology" which associates poor sleep with stroke risk.

The study author, Christine McCarthy of the University of Galway in Ireland, noted having five of the following sleep symptoms could raise your risk of stroke: snoring, snorting, tossing and turning, napping for a long time during the day, waking up during the night and sleeping too little – or even too much.

Baystate Health neurologist Dr. Karin Johnson, medical director of Baystate Health Regional

Sleep Program and Sleep Section chair of the American Academy of Neurology, who has conducted her own sleep research, agrees with the findings that have also been identified in previous research, according to the release.

The sleep specialist said when patients see her for possible sleep disorders, she explains to them that the dangers of not getting enough sleep or poor-quality sleep can lead to not only stroke, but many chronic health problems such as high blood pressure, diabetes, heart disease, kidney disease, obesity, and depression.

"When it comes to sleep and stroke risk, too little, too much sleep, or poor quality sleep from disorders like obstructive sleep apnea are all factors," Johnson said.

The most common type of stroke occurs when blood vessels to the brain are blocked.

Poor sleep increases risk factors for stroke including obesity, high blood pressure, high cholesterol, inflammation and diabetes and increases the chance of blood clots forming. Poor sleep also affects the clearance of toxins from our brain through the glymphatic system, which is also associated with Alzheimer dementia.

In her own research dating back to 2010 in the Journal of Clinical Sleep Medicine, Dr. Johnson's data showed that obstructive sleep apnea is found in 72% of all stroke patients, including those with mini-strokes, otherwise known as transient ischemic attacks, which can be a warning of a larger stroke to come.

During sleep a person's airways narrow, which in patients with OSA leads to blocked or disrupted airflow to the lungs. This can cause drops in oxygen levels

or sleep disruptions throughout the night that can raise our heart rate and blood pressure and cause inflammation. Other studies have shown that even after adjusting for other risk factors, people with OSA have about double the risk of having a stroke.

Treatments for OSA include using a machine that delivers air pressure through a mask to keep your upper airway passages open, as well as other air pressure devices and special oral appliances available from some dentists. Baystate also offers a new alternative to CPAP that works inside your body while you sleep. Called Inspire, the implantable device when turned on each night with a remote opens your airway, allowing you to breathe normally and sleep peacefully.

Johnson noted that adults who sleep less than seven hours per night are more likely to have

a stroke, but the risk increases as average sleep time shortens. Making sure to prioritize sleep and allow enough time to get the right amount of sleep before you need to get up in the morning is important. Some people want to sleep longer, but just can't due to insomnia.

For those with racing thoughts, cognitive behavioral therapy for insomnia can be very helpful. Middle of the night awakenings may be due to OSA or another untreated sleep disorder.

A 2019 study in the journal Neurology also found that sleeping nine or more hours each night had a 23% higher risk of stroke than those sleeping less than eight hours each night. Stroke risk was 25% higher among those who took midday naps for at least 90 minutes compared with those napping for less than 30 minutes.

This is likely because sleeping too much often is a sign of an untreated sleep disorder like OSA.

May is National Stroke Awareness Month and a time to consider your many risks for strokes, including sleep problems, which have been the subject of increasing concern among neurologists. A stroke, also known as transient ischemic attack or cerebrovascular accident, happens when blood flow to the brain is blocked, preventing the brain from getting oxygen and nutrients from the blood needed to keep brain cells alive.

Johnson and the American Academy of Sleep Medicine offer the following additional tips on how to get a good night's sleep:

Avoid nicotine, alcohol, food or drinks that contain caffeine, and any medicine that has a stimulant prior to bedtime.

Follow a consistent bedtime routine.

Establish a relaxing setting at bedtime.

Avoid any rigorous exercise within two hours of your bedtime.

Make your bedroom quiet, dark and a little bit cool.

Don't watch the clock at night, but use an alarm to help wake you up.

Get up at the same time every morning.

Avoid electronics and bright lights in the evening.

According to the article "Sleep and Stroke" published in the May 2, 2019, issue of the journal "Stroke," despite estimates of greater than 50% prevalence of sleep disorders after stroke, only about 6% of stroke survivors are offered formal sleep testing and an estimated 2% complete such testing in the three-month post-stroke period. Johnson noted the importance of sleep health was endorsed by the American Heart Association who in 2022 added sleep health as one of Life's Essential 8 to prevent stroke and heart disease along with nutrition, exercise, smoking cessation, blood pressure, cholesterol and glucose control and weight loss.

Because poor sleep affects all these other pillars of health, sleep is really the "bed"-rock.

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