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The REGISTER

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NEWSLINE

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DATEBOOK

Upcoming events

POLISH PLATE DINNER: Plates of pierogi, golabki, kapusta, kielbasa and rye bread will be available to eat-in or for takeout 11 a.m. to 4 p.m. on Saturday, June 17, at Immaculate Conception Church Hall, 25 Parker Street in Indian Orchard.

SEE PAGE 17

Selectmen appoint new member to Golf Commission

By Marcelo Gusmao
 Staff Writer
 mgusmao@turley.com

LUDLOW – The Board of Selectmen appointed Arthur Panek to the Golf Commission at their meeting last Tuesday.

The Selectmen met with two candidates for the open position on the Golf Commission, and though members of the Board expressed that both candidates were equally qualified, they voted to appoint Panek.

Panek spoke of his history with golf in the area, as a junior caddy at the Country Club

between the ages of 13 and 17, working in a pro shop with Don Parsons, for whom he caddied the whole Connecticut circuit, and playing golf in the area.

“Being up there for about four years now and seeing how that place runs and watch how that golf course has progressed,” Panek said. “I just want to be a part of...trying to make it better for the town of Ludlow.”

The other candidate, James Tyburski, came from the auto body business, and described his plans for the Westover Golf Course.

“These guys do their jobs,” Tyburski said, “the groundskeepers, Billy and the clubhouse, they do their jobs great, but it’s the little things that I think need a little more attention to.”

Tyburski mentioned problems with people driving all over the course.

“We need a ranger there,” Tyburski said. “I’d volunteer my time to help do that. Being on the Commission would give me the authority to discipline.”

Tyburski mentioned that it would be expensive to hire a ranger year-round.

Selectman Antonio Gonçalves asked both candidates about the golf course’s decision to shut down tournaments.

“I don’t think these people need a break as a deal to shut down the golf course to the public, because the revenue from the public is what the course lives on more than these tournaments,” said Tyburski.

“I wouldn’t count out tournaments, because they can bring revenue in,” Panek said, “It makes a lot of money after, for the food and then the bar room, and everything like that.”

Lions Club Tag Sale raises money for community and eye care



Photo by Marcelo Gusmao

Dennis Fountain, Elaine Karalekas, Diane Walton, and Charlie Gravelin stand at their Tag Sale on East St. last Saturday.

By Marcelo Gusmao
 Staff Writer
 mgusmao@turley.com

LUDLOW – The Lions Club held a tag sale this past Saturday on East Street with the proceeds going to their many community-based efforts.

Dennis Fountain, a member of the Lions Club who manned the tag sale, said, “Anyone comes down to make a donation, there’s no prices or anything, it’s just whatever they feel comfortable with, and all that money goes into the general kitty to help other people.”

The Lions Club’s primary focus has been eye care since 1925, when Helen Keller approached the Lions, and according to Fountain, she asked the Club to be “Knights of the blind, on a crusade against darkness.”

Since then, the Club has always kept eye care at the forefront.

“No one is ever turned away if they need eye surgery, an eye exam, or eyeglasses,” Fountain said. “A lot of that stuff is right here in Ludlow, so that’s all local.”

The Club collects eyeglasses from drop boxes all over town, which is how they got the many sunglasses and reading glasses that were being sold at the tag sale. These glasses are cleaned, and their prescriptions are read by a machine before being given away, or sometimes donated to veterans.

“We have two machines to read the prescriptions,” Fountain described. “The prescriptions can’t stay in the U.S. anymore, they have to go overseas.”

Fountain said that he had as

many as 65,000 pairs of eyeglasses in his house that are being sorted, all of which were donated by residents at the local drop-boxes.

The Lions Club also has three scholarships, totaling \$42,000, that it awards to kids every year.

“One girl from Ludlow, we sent to diabetic camp up in North Oxford,” Fountain said, “She goes to a diabetes camp up there to learn how to take care of her medicine and keep things going on.”

Fountain described the Club helping people outside of eye care, such as in the event of a crisis like their house burning down.

“There was a gentleman who had a fire in his kitchen and he needed money for a new floor,” Fountain recalled,

Please see **LIONS CLUB**, Page 8

Police and Fire Chiefs advocate against Regional Dispatch

By Marcelo Gusmao
 Staff Writer
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LUDLOW – At their June 6 meeting, the Board of Selectmen heard arguments for and against partnering with a regional service to run dispatch for the police and fire departments.

Karen Hastings, executive director of WestComm Regional Dispatch, was invited to make a presentation on the benefits the town would have by joining the dispatch service, which would transfer dispatch duties from the Police and Fire Departments to WestComm’s regional center based out of Chicopee.

According to Hastings, WestComm offers resources beyond what the municipality offers, as one of the higher-paying agencies in the area. This ranges from competitive starting rates for staff, to more sophisticated technology and training in order to serve as a “live crime analysis center.”

“We have training for our dispatchers that is above and beyond the training that the state requires,” Hastings said, “if somebody calls in a suspicious person, you have to actually define what is suspicious about this person before we’re gonna just send an officer, and we’re gonna let the officer know what kind of information that we have with that so that they have an actual reason to make a stop.”

Police Chief Dan Valadas and Fire Chief Ryan Pease spoke to the Board against partnering with the service, though he mentioned that he was part

Please see **REGIONAL DISPATCH**, Page 8

LUDLOW

PET OF THE WEEK



BARON & BENTLEY

Baron and Bentley are brothers. They are five years old and live with Carolyn Kolodziej-Parker.

Ludlow High School Class of '75 Reunion

LUDLOW -- Denise Zrakas and Celeste Chenier searching for graduates of the Ludlow High School Class of 1975 to organize a 50th Class Reunion, which will take place in 2025.

"We Would love to reach out to as many class members as possible!"

Zrakas said. "We look forward to hearing from you."

If you were a student or know how to contact a member of that graduating class, please call Zrakas at 413-735-3751, or Chenier at 413-335-5696.

Heritage award nominee

Resident picked for annual Portuguese Heritage Award

BOSTON - State Senator Jake Oliveira (Hampden, Hampshire & Worcester District) has nominated Ludlow resident David Fernandes to be the district's recipient of the Portuguese Heritage Award, a news release states.

Each year, the Massachusetts Legislature and the Portuguese American Legislative Caucus invite the Commonwealth to celebrate Portuguese American history and culture at the Annual Heritage Day of Portugal. Each member selects a recipient from his or her district to receive the Heritage Award.

Fernandes is the vice president of retail at Polish National Credit Union and serves on the Executive Committee of the Gremio Lusitano Portuguese Club of Ludlow. He has also been a member of the Chicopee Portuguese American Club.

During his time at PNCU, the news release states, he has frequently organized celebrations to honor and recognize Portuguese culture. In April, Fernandes organized a luncheon honoring Freedom Day to teach employees and the community about the Carnation Revolution, bringing together co-workers, the faith community, business leaders and community members for a luncheon at the Lusitano Club.

"It was humbling to hear I was the recipient of the Portuguese-American Legislative Caucus Portuguese Heritage Award," Fernandes said.

"All my life, I've been influenced and surrounded by Portuguese culture, so to be receiving an award for my involvement in this community is truly an honor. It's



David Fernandes

very easy to feel passionate about something that has helped shape my life and is at the core of my being."

Fernandes also thanked Oliveira for the recognition and pledged to continue sharing more of Portuguese culture with the community. According to the release, Oliveira said the decision to pick Fernandes was an easy one.

"Dave is a dedicated community leader and advocate and has played a pivotal role in promoting Portuguese heritage and fostering cultural awareness within our community," he said.

"Through his unwavering commitment and passion, he has consistently worked towards preserving the rich traditions and values integral to Portuguese heritage. I'm proud to nominate Dave for his exceptional contributions and leadership in promoting Portuguese heritage. His dedication, vision, and efforts have made a mark on our community, fostering a greater understanding and appreciation of Portuguese culture."

Oliveira also spoke about the response from Dave's colleagues at PNCU.

"It's telling of who Dave is and the importance he has at the bank and within the community when you hear that PNCU has rented out a bus to take members of the branch to celebrate this with him," Oliveira said.

The Portuguese Heritage Award was scheduled to be presented to Fernandes and all the recipients in the Great Hall at the Statehouse on Beacon Hill on June 13.

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Register for the 35th Annual Boston Marathon Jimmy Fund Walk

BOSTON - Registration is now open for the 2023 Boston Marathon Jimmy Fund Walk presented by Hyundai. Scheduled for Sunday, October 1, funds raised from the Walk support all forms of adult and pediatric patient care and cancer research at one of the nation's premier cancer centers, Dana-Farber Cancer Institute.

The Jimmy Fund Walk is the only organized walk permitted on the famed Boston Marathon course, and participants have the flexibility to choose from four distance options:

5K walk, 10K walk, Half Marathon walk, or Marathon Walk. All registered walkers will receive a bib, medal, and a Jimmy Fund Walk T-shirt.

Register as an individual walker, team member, or start a team.

To register for the Walk or to support a walker, visit www.JimmyFundWalk.org

or call (866) 531-9255. Registrants can enter the promo code NEWS for \$5 off the registration fee.

Whatever route walkers choose, participants will be treated to 10 refueling stations as well as poster-sized photographs of patients displayed at each mile and half-mile marker as inspiration.

All four routes of the Jimmy Fund Walk will culminate at the Jimmy Fund Walk Finish Line. Due to construction in Copley Square, the Jimmy Fund Walk Finish Line location has been moved to the Fenway neighborhood for 2023. The finish line will include a celebration complete with food, music, and a speaking program.

If walkers wish to participate a bit closer to home, the Jimmy Fund Walk has flexible opportunities. Participants can also join the event virtually by walking their way from

wherever they are most comfortable-in their neighborhood, on a favorite hiking trail, or on a treadmill at home. Virtual programming and supporting materials will be available.

The 2023 Walk will be held during the Jimmy Fund's 75th anniversary year and will aim to raise \$9 million in the effort to prevent, treat, and defy cancer.

The Jimmy Fund Walk has raised more than \$167 million for Dana-Farber Cancer in its 34-year history, raising a record-breaking more than \$8.8 million in 2022.

Funds raised from the Walk support all forms of adult and pediatric patient care and cancer research at Dana-Farber Cancer Institute.

The Boston Athletic Association has supported the Jimmy Fund Walk since 1989, and Hyundai has been the presenting sponsor for more than 20 years.

Polish Plate Dinner to be held June 17

INDIAN ORCHARD - A Polish Plate Dinner (Pierogi, Golabki, Kapusta, Kielbasa, Rye Bread)

Eat in or Take out will be offered at Immaculate Conception Church Hall, 25 Parker St., Indi-

an Orchard on June 17 from 11 a.m. 4 p.m.

For tickets at \$20 each, please call: Maria Kowalski - 413-222-6229, Maria Bukowski - 413-427-9464 or Parish Rectory - 413-543-3627

Also available Frozen Polish Food (Pierogi, Golabki, Kapusta)

The Parish Youth Group is holding a tag sale on the Parish Grounds on Saturday, June 17 from 10 a.m. 2 p.m. All proceeds for Youth Activities.

Friends of Wilbraham Seniors to sponsor Arts and Craft Fair on June 17

LUDLOW - The Friends of Wilbraham Seniors will sponsor an Arts and Craft Fair at The Ludlow Elks Club on Saturday, June 17 from 10 a.m. to 3 p.m.

Over 30 artisans and craft-

ers with loads of gifts ideas like handmade cards, sewing projects, wreaths, jewelry, pottery soaps and much more. Plus over 25 raffles. You do not need to be present to win. Hot dogs, hamburgers and re-

freshments are available. The Ludlow Elks is located at 69 Chapin St. All proceeds to benefit the Friends Senior Assistance fund. For more information, contact Ann Marie Gaudette at 599-4803

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Vehicles of all types part of parking lot lesson

LUDLOW — For the second year in a row, the backfield of East Street School became a parking lot of learning when vehicles of all shapes, sizes and colors gave students an educational and fun hands-on experience that supported the transportation curriculum.

The second annual Transportation Day at East Street School drove home how vehicles can support people's jobs and taught the importance of safety when using and being around vehicles.

Students gathered excitedly on the field to explore dump trucks, police vehicles, boats, excavators, motocross bikes — and a plane.

As Kimberly Carver's preschool class gathered around the Ludlow DPW dump truck, student Emilia Scott was intrigued by something she saw under the truck and, pointing her finger, eagerly asked DPW Operator David Benoit, "What does this thing do?"

Benoit explained it was the salt spinner.

"This is how we release the salt from the back of the truck. The salt drops into it and spins the salt onto the roads," he said.

"The kids are very inquisitive," Benoit observed.

"They love exploring the truck, the cab and the back bed. I think they really enjoyed seeing it up close, and I enjoyed watching their excitement."

"They've seen the yellow DPW trucks from a distance, but it's different when you can experience one," Benoit said.

"A couple of the kids told us they see the trucks salting in the winter and thanked us for doing that."

Ludlow DPW Equipment Operator Kyle Tomas said it was "great being with the kids" and "loved their enthusiasm."

To Tomas, "It's all about the kids having fun while learning."

Luke Carbonneau, a former East Street School student, was invited to attend the event by his mother and kindergarten teacher Nicole Carbonneau.



Submitted photos

Students with Dan Fugere, an arborist for G & G Tree Service.

He was there as a representative of his grandfather's company, M. Santos Excavation.

"My grandfather brought his excavator, and I brought my ATV," explained Carbonneau.

"The kids are having lots of fun climbing onto both machines."

Dan Fugere, an arborist for G & G Tree Service, located in Palmer, brought a company truck for students to explore and explained his job, including cutting down trees, trimming trees, and chipping to make mulch.

"I'm happy to share what I do with kids who might like to pursue any trade," Fugere said.

"It's nice that kids know about various career options and have the exposure at a young age. Personally, I loved this trade as a kid, and I still do."

John Carver, a motocross rider and husband of East Street Preschool teacher Kim Carver, said he was invited to the event by his wife and was enjoying the opportunity to expose students and staff to the sport he loves.

"The kids enjoyed the opportunity to

sit on the bike and pretend they were riding it," said Carver, who has been riding and competing for 38 years.

"They asked interesting questions, like how fast do I go," said Carver.

"And there also were teaching opportunities, like when I explained how you use your left leg when getting on the

bike. It's been fun!"

East Street Principal Thomas Welch summed up the day by stating, "Once again, this year, we reached out to the community, and the response was overwhelming. Having these volunteers bring their vehicles to our students allowed them to experience, in person, pages from books they read, lessons they learned, and worksheets they completed. It was another memorable event."

The East Street School community would like to thank East Street School first grade teacher Ericka Cadette for coordinating the event and all of the volunteers/businesses who donated their time and resources to make this day a success:

- Jeanie's Weenies Food Truck
- G and G Tree Service
- Ludlow Department of Public Works
- Westfield Technical Academy's Aviation program
- Sheriff's Department
- Ludlow Police Department
- Ludlow Fire Department
- Carver's Motocross bikes
- M. Santos Excavation
- Hot rods and Classic cars (Fred Patrie, Russell Tetreault, Tom Wilson, Principal Welch)
- Ludlow Elementary PTO



Students with Ludlow DPW Operator David Benoit and Kyle Tomas.



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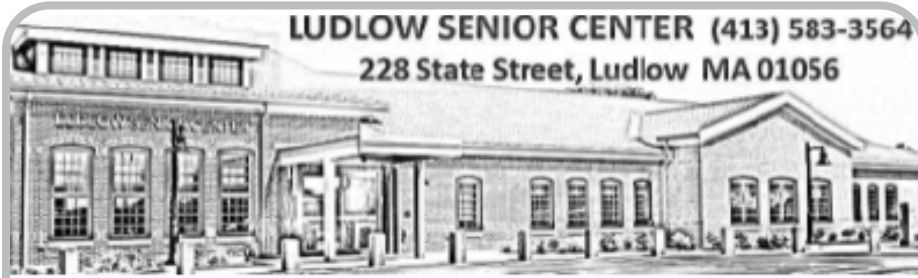
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For more information, or to submit people or milestone news for The Ludlow Register, please email ludlowregister@turley.com.

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LUDLOW SENIOR CENTER (413) 583-3564
228 State Street, Ludlow MA 01056

Welcome to the Ludlow Senior Center

Our calendar is packed with many events, activities, programs, and entertainment. You are invited to have lunch in the Center's beautiful dining room for a hearty meal with coffee, tea and dessert. Just call a day in advance at 413-583-3564 (call Friday for lunch on Monday).

This summer, we will have cornhole outside on the patio and will be adding three more fitness classes – two during the day and one during Tuesday evening hours.

For full program descriptions and upcoming activities, view the newsletter, "The Senior Scene," at Ludlow.ma.us and "like" the Ludlow Senior Center on Facebook. A paper copy of "The Senior Scene" is available at the Center.

Activities Calendar:
Please register in advance for items with*

Thursday, June 15

8:30 a.m. Foot Care*
9 a.m. Tai Chi
9:30 a.m. Dominos
10 a.m. Sunshine Craft & Painting
12:30 p.m. Billiards Round Robin
1 p.m. Mahjong
2:30 p.m. Active Yoga

Friday, June 16

8:45 a.m. Boomer Bootcamp*
10 a.m. Outdoor Cornhole
10 a.m. Boomer Bootcamp*
10 a.m. Blood Pressure Checks
10:30 a.m. Trivia
1 p.m. Ceramics
1 p.m. Magic Class
1 p.m. Guidance by Li*

Monday, June 19

Center Closed

Tuesday, June 20

No evening hours
9 a.m. Quilting
9 a.m. Line Dancing
10 a.m. Cribbage
10:30 a.m. Gentle Yoga
12:30 p.m. Blood pressure check
1 p.m. Brown Bag
1 p.m. Western dance lessons
1:30 p.m. Bingo

Wednesday, June 21

8 a.m. Gardening Club

9 a.m. Ceramics
9 a.m. Zumba Gold
10:30 a.m. Healthy Bones & Balance Class
1 p.m. Movie: "Missing"
1 p.m. Belly Dancing class
1 p.m. TED Talk
4:30 p.m. COA Board Meeting

Thursday, June 22

8:30 a.m. Foot Care*
9:30 a.m. Dominos
10 a.m. Vets Services*
12:30 p.m. Billiards Round Robin
1 p.m. Mahjong
1:30 p.m. Greg Maitcack Pastel Art Class*
2 p.m. Book Club: Lincoln Highway
2:30 p.m. Active Yoga

PLEASE register for Boomer Boot Camp, Veterans Agent, Lunch & Learn, Hearing Clinic, Power Pump, and Foot Care by calling 583-3564

Daily Events:

Café: Monday – Friday 8-11 a.m.
Exercise Room: Monday - Friday 8 a.m. – 3:30 p.m. Open until 6:30 p.m. on Tuesday (not on June 20).

Billiards Room: Monday, Tuesday, Thursday 8 a.m. – 12:30 p.m.; Wednesday and Friday 8 a.m. – 3:30 p.m.

Walking Club: Monday – Friday 7 and 8 a.m., leaving from the parking lot.

Menu:

Thursday, June 15: Pasta Primavera/ Salad
Friday, June 16: Father's Day Lunch: Meatloaf/Mashed Pot/Veg
Monday, June 19: Center Closed
Tuesday, June 20: Hot Dog/Beans/ Coleslaw
Wednesday, June 21: Spaghetti & Meatballs/Garlic Bread
Thursday, June 22: Birthday Lunch: Chicken Marsala/Rice/Broccoli

Reserve a delicious \$2 lunch by calling a day ahead. Call Friday to reserve lunch on Monday.

For allergy concerns, call the Senior Center to ask about ingredients at 413-583-3564.

Program aims to help domestic violence survivors keep their pets

EAST BROOKFIELD — Second Chance Animal Services, a leading animal welfare organization, recently announced the launch of Project Keep Me, a groundbreaking pilot program aimed at addressing the critical need for companion pet shelter resources for survivors of domestic violence.

According to a press release, this program will provide temporary housing for the beloved pets of domestic violence survivors, enabling pet owners to seek safe housing arrangements while ensuring the well-being of their animal companions.

The unfortunate reality in our area, Second Chance says in the release, is that emergency housing resources for survivors of domestic violence often cannot accommodate their companion animal.

"As a result, many victims find themselves trapped in dangerous living situations, afraid to leave their pets behind. Recognizing this pressing issue, Second Chance has developed Project Keep Me as a compassionate solution to help break this cycle of fear and abuse," the release states.

Project Keep Me will offer a safe haven for pets, including shelter, food, and medical care if needed, during the transitional period when their owners are seeking temporary safe housing arrangements. By alleviating the distressing choice between personal safety and the well-being of their cherished pets, this program aims to empower survivors to prioritize their own safety without compromising the welfare of their furry companions.

The pilot program operates under the belief that no one should have to sacrifice the security and love provided by their pets due to domestic violence. Through Project Keep Me, Second Chance Animal Services strives to create an environment where survivors can confidently seek assistance knowing that their pets will be sheltered and cared for, giving them the freedom to pursue the safety and support they deserve.

Second Chance's Project Keep Me will offer temporary boarding and care for up to 90 days for pets whose owners

are seeking support from domestic violence assistance programs. Upon successful transition to safe, permanent housing, survivors will be reunited with their pets. The emotional and psychological benefits of this reunion cannot be overstated, as the presence of a beloved animal companion has been proven to enhance healing and recovery for individuals who have experienced trauma.

"We are thrilled to launch the pilot of Project Keep Me," Second Chance CEO and Founder Sheryl Blancato said.

"We are offering the program on a limited basis at this time as we establish relationships with local domestic violence resource providers who ensure pet owners have the support they need. We are committed to removing the barriers that prevent individuals from seeking safety and support and firmly believe that everyone deserves a second chance, both survivors and their animal companions."

Blancato said the program has some limitations.

"We can't take in aggressive animals, and we have limited space at this time, but we are committed to helping as many as we can. We have already assisted several pet owners, but we are seeking additional funding so we can help more as the need arises."

Second Chance Animal Services invites the community, businesses, and philanthropic partners to support Project Keep Me through donations.

"Together, we can make a meaningful impact in the lives of domestic violence survivors and their pets, providing hope and safety when it is needed most," Blancato said.

For more information about Project Keep Me and how to help, visit secondchanceanimals.org/project-keep-me.

Need help?

If you or someone you know is experiencing domestic violence or abuse, there is help. Call SafeLink, a 24/7 Crisis Hotline at 877-785-2020, 877-521-2601 (TTY) or the National Domestic Violence Hotline at 24/7 Crisis Hotline: 800-799-7233.

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OPINION

GUEST COLUMN



Lots o' lettuce

The weather has been nothing less than unpredictable these last few weeks.

While there has been next to no rain at my locale, friends and family have talked about deluges and even quarter-sized hail blanketing their deck space. Temperatures for June seem bizarre, too.

If cold night temperatures weren't enough, a day of mercury bursting into the 80's will shock even well-watered plants. Before heat-lovers can adjust, it's back into the 50's and low 60's.

Strange indeed.

While it's too soon to say whether this year will be a bust or boom, I can say that my lettuce is doing wonderfully!

I started my lettuce indoors the first week of April, at the same time I sowed broccoli and kale seed. I saved little "plug" trays from a prior plant purchase and filled the tray with moist seed starting mix.

Lettuce seed needs light to germinate, so I pushed two or three seeds per cell into the soil to make contact but not so far as to have them get covered up. To keep the soil surface moist, I slid the whole tray into a clear plastic bag.

I left it in my laundry room in front of a window where it would get some afternoon sun and checked on it periodically, misting it a couple times a day. After about five days the seeds had sprouted.

It was a little challenging to keep them growing well indoors, but I did, and was able to move the tray outside on nice days where it could get some filtered sunlight.

On one such occasion I hit the end of the doorway with the tray, knocking a number of the cells loose! I re-filled the cells and transplanted what I could salvage and they adjusted fine.

About a month later, in early May, I planted the lettuce seedlings into the garden. Since I planned to grow the lettuce for leaves and not heads, I planted them fairly close to one another, just about six inches apart in a wide block about four feet long by two feet deep.

Every foot or so I interplanted a leek plant; leeks require a long growing season and will outlive the lettuce, but for now they make good companions.

I began harvesting the third week of May, and now, I can make a salad to feed an army. The bed is a beautiful blend of colors, textures and flavors.

Typically, I pick it right before I want to eat it, rinsing it in a sink of cool water before sending it through the salad spinner or blotting it dry with a paper towel.

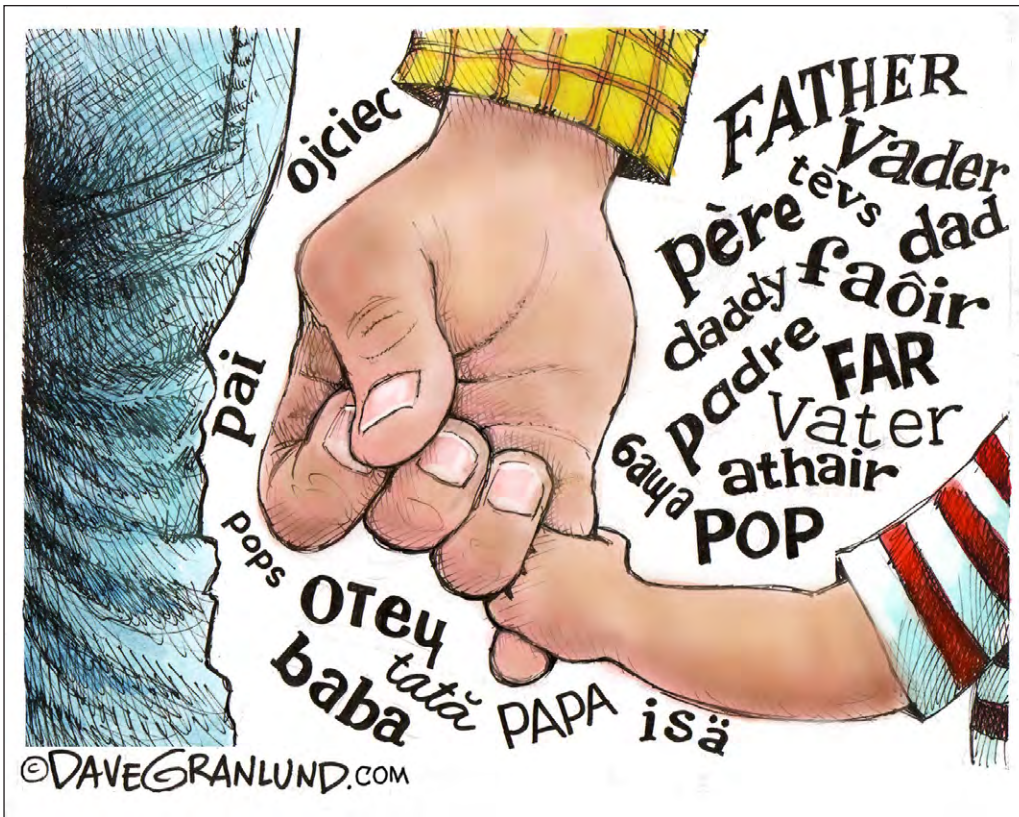
Lettuce is undemanding in the garden as long as you provide it with rich soil and a daily watering if nature does not provide. Some compost mixed into the top couple inches of soil will keep it well fed.

When temperatures rise, lettuce will bolt. Bolting simply means that the lettuce is going to seed. It will send up a main stalk that has little leaves on it, inevitably flowering at the end of the stalk.

The flowers are yellow, with seeds forming at the end of little pieces of fluff that help them to disperse in the breeze.

Sometimes lettuce will even self sow. I had a beauty come up in the middle of my mulched path this year and moved it to the wide bed.

To keep lettuce growing during the heat of summer gardeners get creative, often planting heat tolerant varieties and/or planting it in the shade of trellises of vines or under shade cloth.



GUEST COLUMN



How will working affect my first year's benefits?

Dear Rusty: I retired from working in January of this year and have since claimed Social Security. I didn't work at all in February or March, but I began a part time job in April. I'm very confused about how Social Security counts earnings for the first year. I don't know if I need to keep each month's earnings under \$1,770 or if they average it. Some of the literature I've found says each month must remain under \$1,770 or no benefit will be paid that month. Two people at the Social Security office told me that they'll just dock me \$1 for every \$2 I am over that, even in my first year. I also cannot find anything about when they count your income. Is it when it's earned or when it's paid? If I go over in a month because there are three pay periods, can they withhold the benefit for that month? I'm just so confused! Signed: Part Time Worker

Dear Part Time Worker: The Social Security earnings test during your first year collecting benefits before full retirement age is, indeed, somewhat confusing. The reason is because there are two methods, which Social Security may use during your first calendar year collecting early benefits, and they will use the one which results in the least financial impact to you.

To elaborate:

If you claim benefits mid-year before your full retirement age, for the remainder of that first year (starting in the month benefits begin and ending in December) you'll be subject to a monthly earnings limit (\$1,770 for 2023). If you exceed the monthly limit in any remaining month of that first calendar year, you won't be entitled to benefits for that month, so Social Security would (eventually) take back that month's benefit. That is, unless using the annual limit (\$21,240 for 2023) instead will result in a smaller penalty. If your total earnings for your first year collecting are over the annual limit (e.g., \$21,240 for

2023), the penalty would be \$1 for every \$2 over the annual limit and, if that is less than the penalty from using the monthly limit, they will assess the smaller penalty. In other words, Social Security will use the method, which is most beneficial to you when assessing a penalty for exceeding the earnings limit during your first calendar year collecting benefits. And just for clarity, the earnings limits are much higher and the penalty less during the year you attain Full Retirement Age.

Something else to be aware of: if you know in advance you will exceed the annual limit it would be best to inform Social Security in order to avoid an Overpayment Notice next year. If you don't, Social Security won't know about your 2023 earnings until you file your 2023 income taxes, so you'll get your 2023 monthly payments as usual. But when the IRS informs Social Security of your 2023 earnings later next year, Social Security will ask you to detail your monthly work earnings for 2023. If you have exceeded the limits, they will determine an overpayment amount and will ask you to either pay back what is owed in a lump sum or will withhold your benefits for enough months to recover what you owe for exceeding the 2023 earnings limit. Then, after you FRA, you'll get time credit for all months in which benefits were withheld, thus slightly increasing your monthly payment after your FRA.

Finally, it is when your income is earned that counts, not when it is paid. So, for example, if you worked in January 2023 and were paid for that work in February 2023, that is considered January income, which wouldn't count toward the February earnings limit.

This article is intended for information purposes only and does not represent legal or financial guidance. It presents the opinions and interpretations of the Association Mature American Citizens Foundation's staff, trained and accredited by the National Social Security Association. NSSA and the AMAC Foundation and its staff are not affiliated with or endorsed by the Social Security Administration or any other governmental entity. To submit a question, visit amacfoundation.org/programs/social-security-advisory or email us at ssadviser@amacfoundation.org.

Russell Gloor is a Social Security advisor for AMAC.

I am planning on planting a succession crop soon so that I'll have replacement plants on standby to tuck into the bed that my garlic will be harvested from. My husband enjoys a big salad every night and this will surely help our grocery bill.

If you have never tried growing lettuce, I encourage to you give it a whirl!

Roberta McQuaid graduated from the Stockbridge School of Agriculture at the University of Massachusetts. For 31 years she has held the position of staff horticulturist at Old Sturbridge Village. She enjoys growing food as well as flowers. Have a question for her? Email it to pouimette@turley.com with "Gardening Question" in the subject line.

The REGISTER

LETTERS TO THE EDITOR

Letters to the editor should be 250 words or less in length. No unsigned or anonymous opinions will be published. We require letter writers to include his or her town of residence and home telephone number. We must authenticate authorship prior to publication.

We reserve the right to edit or withhold any submissions deemed to be libelous or contain unsubstantiated allegations, personal attacks, defamation of character and offensive language.

All unknown or alleged facts and quotations offered by the author need to cite credible, unbiased sources.

Send letters to: The Register, 24 Water Street, Palmer, MA 01069 or email mharrison@turley.com. The deadline for submissions is Friday at noon.

SUBMISSIONS POLICY

Readers, local merchants, institutions, municipalities, non-profit groups, and civic organizations are strongly encouraged to send The Register your hometown news and photos. News items and press releases should be sent via email to mharrison@turley.com as an attachment AND pasted directly into the email message screen.

Please send photo captions identifying all subjects in your image(s) from left to right.

We need first and last name, hometown, title if applicable, and a brief description of what subjects are doing in the photo. Email uncorrected, raw, RGB color digital photos at highest resolution directly off your camera to mharrison@turley.com.

Publicity chairpersons are encouraged to send in news about upcoming fundraising or other calendar events at least three weeks before the event.

If you are having difficulty with a press release or need help, please call (413) 283-8393.

To send submissions by regular post, mail to: The Register, 24 Water Street, Palmer, MA 01069.

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What's Happening at Hubbard Memorial Library?

To register for programs or find out more information, visit hubbardlibrary.org, or call (413) 583-3408. Weather-related announcements for outdoor events will be made on the library's Facebook page the morning of the program.

Library Hours: M, W, F 9-5, TU, TH, 9-8, S 9-1. Closed Sundays and holidays; closed on Saturdays for the summer starting 6/17.

Closed on June 19th for federal Juneteenth holiday.

FOR ALL AGES

THE SUMMER READING PROGRAM STARTS ON FRIDAY JUNE 16th, with programs for pre-schoolers, kids, teens and adults! Sign up to participate here: <https://hubbardlibrary.beanstack.org/reader365>

Free Streaming Services Available! Use your Hubbard Memorial Library library card to access our streaming services, Hoopla & Kanopy. They're compatible with Android, Apple, Roku, AppleTV, Chromecast, and more. If you are a Ludlow resident with a Hubbard Memorial Library library card and the Libby app, you've already got access to Kanopy in the app! Hoopla provides movies, TV shows, music, eAudiobooks & eBooks, while Kanopy focuses on films, TV shows, and documentaries. Both have a version for kids. Why pay for a streaming service when you can get two for free with your library card?

FOR ADULTS

Photography Display June Month-Long Display

Stop in to view a display of photography by local resident Neil Martins in the library's display case, all month long. Would you like to display in our display case? Please contact the Circulation Desk at 583-3408 Ext. 0.

Beaded Suncatchers Craft, Tuesday June 20, 6-7:30 p.m.

Join us to craft one beaded suncatcher to take home. Please register on our website or by calling the Circulation Desk at 583-3408 Ext. 0. Space is limited, please remember to cancel

your seat if you will not be able to attend.

The Happy Hour Book Club discusses "The Hanging Judge" by Michael Ponsor, Thursday June 29, 6:30 p.m.

The "Happy Hour Book Club" meets the last Thursday of the month at 6:30 p.m.. New members are always welcome.

The "Who Picked This Book?" Book Club discusses "Hotel on the Corner of Bitter and Sweet" by Jamie Ford, Thursday July 6, 3:30 p.m.

The "Who Picked This Book?" book club meets the first Thursday of the month at 3:30 p.m.. New members are always welcome.

FOR TEENS

Young Adult Summer Volunteer Program

The Youth Room needs middle and high schoolers to work one hour a week shelving books, preparing crafts, keeping the room tidy, and helping with children's programming. If interested, apply by June 28th by contacting the Youth Room at hubbardyouthroom@gmail.org, or fill out this application form: <https://forms.gle/b1gkLtYuGCqJ7WYBA>

Nintendo Switch Night, every 2nd & 4th Tuesday of the month during the summertime, 6-8 p.m.

Play Mario Kart, Smash Bros, or other Nintendo Switch games. Free pizza is generously donated by Domino's of Wilbraham. For 6th-12th graders, space is limited to 16 people, please register.

Anime Club, every Tuesday, 3:30-5 p.m.

Meet each week to watch & talk about anime, eat snacks, & try out your cosplay. Please register.

Fellowship of the Pages: Tween Graphic Novel Book Discussion Group, Every Thursday, 4:30-5:30 p.m.

Meet each week to discuss graphic novels, eat snacks, play games, and make friends! This month: The Prince and the Dressmaker by Jen Wang. Please register.

Dungeons & Dragons High School Adventure Ensemble, Fridays 2:30-4:30 p.m.

This group for experienced high school players is currently full, but check back during the summer to see if there are openings.

"Read Between the Lines" YA Book Group, Friday June 9, 3-4 p.m.

Book chat and snacks for ages 14 & up. This month: Shatter Me by Tahereh Mafi, copies available in the Youth Room. Registration preferred.

Beaded Spiral Suncatchers, Tuesday June 20, 4-5:45 p.m.

Make a unique, colorful, beaded suncatcher with a prism on the bottom. For ages 10+ Please register.

FOR CHILDREN & TEENS

Father's Day Gift-Making, Friday June 16, 12-5 p.m.

Drop in to the Youth Room to make a Father's day fridge magnet, a pop-up heart card, & a "My dad is the king!" crown.

Summer Reading Kick-Off Party, Wednesday June 21, 1-3 p.m.

We kick off the Summer Reading Program with a party! There will be crafts, glitter tattoos, face painting, cookie decorating, balloon animals, lawn games, sprint art, and Boomer, the mascot for the Springfield Thunderbirds, will be there!

"Puss In Boots: The Last Wish" Outdoor Movie Night, Thursday June 22, 8:30-10:15 p.m.

Bring your lawn chairs or blankets to watch the latest movie in the Shrek series. Popcorn, drinks and snacks for sale to benefit the Friends of the Library. Bring little ones early to enjoy a free Puss In Boots activity packet. Rain date 6/29.

Roblox Club, Fridays 3:30-4:45 p.m.

Meet new friends or play with old ones while playing Roblox; the library will help match kids up according to age and game types. For ages 8+.

Minecraft Club, Saturday June 10, 11a.m.-12:45 p.m.; moves to Wednesdays 3-4:45 p.m. for the summer starting on June 14.

Minecraft players of all skill levels can bring their own devices, or may use one of the library's eight computers to build, play & create. For upper elementary & up. Drop-in.

Pokemon Club, Mondays 3:30-5 p.m.

Trading, dueling, & gaming on handhelds, phones, or Nintendo Switch. Please have your name on everything you bring to the club. Please register.

FOR CHILDREN

Sing With Me, Tuesdays 10:30-11 a.m.

Join Youth Services Librarian July for 30 minutes of favorite children's songs & movement! Outdoors and drop-in in good weather, indoors with an attendance limit when raining so please register. Weather announcements will be posted on our Facebook page the morning of the program.

"New Bs" Educational Baby Playgroup, Wednesdays in June, 10-11 a.m.

This group will offer developmental milestone information, ways to engage in floor time play, resources and opportunities to connect to other parents of children this age. Targeted for ages birth-15 months old. Sponsored by Pathways for Parents CFCE. Please register.

Lego Build Challenge, Wednesdays 12-5 p.m.

Pull a Lego Build Challenge Card and try to build it with the library's Legos, or free build just for fun! All creations will be put on display in the Youth Room for the week. Drop-in.

June Grow, Play & Learn, Thursdays 9-10 a.m.

Stories, songs and skill building led by early childhood development-trained leaders who will introduce pre-literacy curriculum in a fun, playful environment. Sponsored by Pathways for Parents CFCE. Please register.

ABC Scavenger Hunt, Friday June 9, 9 a.m.- 5 p.m.

Drop in anytime on Friday and search the Youth Room for missing letters of the alphabet to win a prize.

EARLY DEADLINES

In observance of July 4th,
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Grant to aid reentry of formerly incarcerated women

'Gender-diverse people' included

SPRINGFIELD – The Women’s Fund of Western Massachusetts recently awarded \$50,000 in grant funding to Community Legal Aid, a non-profit organization that provides free civil legal services to low-income and elderly residents of Central and Western Massachusetts, for their CORI/Reentry Unit and the development and support of a Reentry Coalition and Network.

According to a press release, his partnership will address the shared goals of mitigating the negative effects of incarceration, reducing justice system involvement, and optimizing reentry of formerly incarcerated women and gender-diverse people in the Greater Springfield area and Hampden County.

CLA’s Reentry Coalition and Network will include a broad range of organizations working to help formerly incarcerated individuals overcome barriers that

prevent them from reestablishing a stable life, the release states. Their recruitment will focus on women and gender-expansive people who either have criminal records or are formerly incarcerated and are involved with reentry work; medical providers who utilize a harm reduction model in their practice and services; educational programs that offer support and access to programming post-incarceration; employment support organizations; and housing advocates.

CLA began its CORI/Reentry work in 2016 to help formerly incarcerated individuals overcome barriers to safe and affordable housing, steady and fulfilling employment, and other opportunities to reintegrate into society, an essential first step to living stable and safe lives.

“We represent people facing the collateral consequences of the criminal court system,” said Alyssa Golden, senior supervising attorney of the CORI/Reentry Unit at CLA.

“We believe everyone should have the right to housing and steady income and

the opportunity to thrive as individuals, within families, and as part of communities.”

Women’s Fund CEO Donna Haghghat said, “We are humbled by our community partners who work to advance the lives of formerly incarcerated women and gender-diverse people in our region.”

“As a public foundation that invests in gender and racial equity, we wanted to invest in the lives of community members who are impacted by the negative effects of incarceration,” Haghghat, said.

“We’re grateful to be able to work with them to create greater change for reducing justice-system involvement.”

The Greater Springfield Women’s Economic Security Hub work is made possible with thanks to MassMutual Foundation, Berkshire Bank, Community Foundation of Western Massachusetts, the Massachusetts Community Empowerment and Reinvestment Program, the City of Springfield American Rescue Plan Act and MassMutual Women’s Leadership

Business Resource Group. To learn more about the ESH, visit mywomensfund.org/economic-security-hub/.

Want to know more?

Community Legal Aid provides free civil legal services to the low-income and elderly residents of the five counties of Western and Central Massachusetts (Berkshire, Franklin, Hampden, Hampshire, and Worcester) and maintains offices in Worcester, Fitchburg, Springfield, Northampton, and Pittsfield.

Community Legal Aid works to assure fairness for all in the justice system, protecting homes, livelihoods, health and families. For more information, visit communitylegal.org.

The Women’s Fund of Western Massachusetts fuels progress toward gender equity by funding the most promising solutions, collaborating with results-oriented partners, and by elevating the collective power of local women to take charge, and to lead with purpose. To learn more, visit mywomensfund.org.

LIONS CLUB from Page 1

“We just went out and bought the materials and built the floor, instead of just giving somebody a check.”

Fountain said that an added benefit to doing this was the opportunity to meet the person and talk to them.

The Club also works internationally, helping to fund research such as the development of a Blinq Machine, which Fountain described as a machine that is held up to a patient’s face, and in a few seconds, it deter-

mines what’s wrong with their eyes. A more recent push was to raise money for Ukraine, as well.

The tag sale was a success, with most of the early birds coming by in the early morning to dig through boxes, and traffic petering out by the afternoon.

“100% of all the money collected all goes back out to the public, we don’t keep anything,” Fountain said, “Nothing ever goes to administration costs, or anything like that, we have dues to cover that.”

REGIONAL DISPATCH from Page 1

of the 9-1-1 service early in its inception, when it was just a telephone.

“Basically you’re looking at a product that we have in Ludlow that’s irreplaceable, and can’t be replicated,” Valadas said.

Valadas and Pease described studies done over the last few years, citing a study done in 2015 by their predecessors, which originally led to the police and fire departments, as well as the Department of Public Works, to centralize its dispatch between the departments.

“Ludlow decided that we are going to be a self-sustaining, self-sufficient organization that provides the individual services...for the townspeople of Ludlow and its first responders through one entity,”

Pease said.

“I remember sitting many, many years ago with a gentleman from Maryland,” Valadas recalled, “and he was flabbergasted at the number of (Public Safety Answering Points) we have, and I told him, ‘If we can’t get a second dispatcher, a police officer sits there.’”


Valadas said the gentleman from Maryland said, “That’s so attentive. Everything is so local, it’s like you guys treat everything like little fiefdoms, like little castles.”

Valadas said that though it might not be the most cost-effective method of running dispatch, “For services, it’s the highest quality that you can get.”

No vote was made on the subject at the June 6 meeting, as the Selectmen moved to think on the subject and reconvene at a later date.

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- CLUES ACROSS**
- In a place to sleep
 - Chemical compound (abbr.)
 - A way to fish
 - Classic Linklater film “___ and Confused”
 - Legume
 - Indonesian island
 - Smooth, creamy substance
 - Arctic
 - Wood sorrels
 - Defied
 - Cattle
 - Tableland
 - Honorably retired and retaining one’s title
 - Repossession
 - Danced
 - Adult males
 - A type of section
 - Type of Japanese animation
 - Satisfaction
 - Fit
 - “Ain’t No Sunshine” singer
 - Failure
 - Israeli city
 - French river
 - Cavalry-sword
 - Nocturnal S. American rodent
 - Liquefied natural gas
 - Afflicted
 - Electronic counter-countermeasures
 - Popular HBO fantasy series (abbr.)
 - Spiritual leader of a Jewish congregation
 - Large body of water
 - ___kosh, near Lake Winnebago
 - Impudence
 - Rockers Better Than ___
 - Bambi is one
 - Highest parts of something
 - Correct behavior
 - Batty
 - Cyprinid fishes
 - Expression of sorrow or pity
 - Site of the famous Leaning Tower
 - American rocker Snider
 - W. African language
 - Symbol to mark for removal
 - ___ Squad
 - Resident
 - Federal savings bank
 - Paddle
 - Returned material authorization (abbr.)
 - One point south of due east
 - Winter melon
 - Last or greatest in an indefinitely large series
 - Spanish noble
 - Central European river
 - First responders
 - Spanish noble
 - Persons with absence of skin pigment
 - Defunct airline
 - Small island (British)
 - The extent of something from beginning to end
 - Capital of Bangladesh
 - Dutch cheese
 - Imitates
 - A contest of speed
 - Swiss river
 - Prejudice
 - Actor Idris
 - UNLV’s are Runnin’
 - Criticize
- CLUES DOWN**
- Payroll firm
 - Unit of transmission

Rep. Richard E. Neal highlights passage of the PACT Act

SPRINGFIELD- Rep. Richard E. Neal joined U.S. Department of Veterans Affairs officials, local veterans' service officers, and members of the western Massachusetts veteran community to highlight the PACT Act that was signed into law by President Joseph Biden on Aug. 10, 2022.

The PACT Act marks the largest expansion of veteran health care and benefits in generations, extending health coverage to more than 5 million veterans exposed to harmful chemicals from

burn pits, Agent Orange, and other toxic sources. In addition, the PACT Act adds more than twenty new conditions presumed to be service-connected due to various in-service toxic exposures and requires the VA to provide a toxic exposure screening to every Veteran enrolled in VA health care. The PACT Act also provides resources to the VA to help improve research, staff education, and treatment related to toxic exposures.

"When our service members return home, many of them are confronted with

a new set of challenges stemming from a service-connected disability or disease. For those struggling with complications resulting from toxic exposure, it has been difficult to treat not only due to the lack of coverage, but because unlike a physical disability, it is not something others can see. Now, with the PACT Act, we have finally delivered the care and treatment that these men and women deserve," said Neal.

With more than 27,000 new hires in the first six months of the fiscal year,

the highest hiring level in the history of the VA, coupled with additional funding and resources authorized by the PACT Act, veterans are promptly receiving treatment. As of May 21, nearly 600,000 PACT Act claims have been filed with the VA and more than 3.5 million veterans have received the VA's new toxic exposure screenings since President Biden signed the PACT Act into law.

Veterans can apply or learn more about the PACT Act by visiting VA.gov/PACT or by calling 1-800-MYVA411.

Expert grilling safety tips to help prevent accidents and injuries

SPRINGFIELD - There's nothing like a backyard barbecue on a beautiful summer day, but it's important to remember that grills can also cause serious damage and injuries if not used safely.

According to the National Fire Protection Association, U.S. fire departments respond to an average of 10,600 fires involving grills each year, and nearly 20,000 people seek medical care annually because of grill-related injuries, about half of which are burns.

The experts at Rocky's Ace Hardware stress the importance of grill safe-

ty, especially as we enter the most popular months for grilling.

"We are big fans of the grilling lifestyle, but it's only fun if it's safe," said Rocky's Ace Hardware President Rocco Falcone. "This starts with having a working fire extinguisher on hand every time you grill. Hopefully, you'll never need it, but you'll be glad it's there if you do. Remember, water doesn't work on a grease fire, so a nearby hose is not enough."

Falcone said ongoing grill maintenance is a key safety factor. He recommends doing a thorough grill inspection at the start of the season to look for rust,

cracks or damage to the fuel line and other parts.

A deep clean at the start of the season, and then regular cleaning after every use, is also advisable.

When it comes to the grates, Falcone advised cleaning them before and after each use. "There are a variety of tools designed for this, including wire brushes and scrapers," he said. "If you opt for a wire brush, be sure to inspect the grill carefully afterward to ensure none of the wire bristles remain on the grill, as they can be very harmful if they attach to food and are swallowed."

To prevent flare-ups, Falcone noted that best practices include trimming excess fat from meats, keeping the lid open when searing high-fat foods, leaving space on the grill to move food away from a flareup and avoiding grilling in windy areas.

When deciding grill placement choose a flat, open area at least 10 feet from the home or other structures.

"Never grill in your garage, even with the door open, or on a covered patio," Falcone said. "Also, never leave a grill unattended, and make sure children and pets stay at least 10 feet away."



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IN THE CLASSROOM

Registration open for HCC Summer Youth Programs

HOLYOKE — Registration is now open for Holyoke Community College's 2023 Summer Youth Programs.

Starting July 10 and running through Aug. 25, HCC will offer 17, week-long summer programs in person at HCC — and many more online — for youth aged 8 to 17 interested in everything from baking, cooking, wilderness survival and computers to YouTube and sports.

For more than 40 years, HCC has offered challenging, summer education activities for youth, providing early opportunities for students to experience a college environment guided and encouraged by experienced professionals, according to a press release.

HCC's 2023 on-campus summer youth programs run Monday through Friday for one week, some for a full day, 9 a.m. to 3 or 4 p.m., and others for a half day, either 9 a.m. to noon, or 1 to 4 p.m.

This summer marks the post-pandemic return of HCC's Summer Youth sports programs in soccer, baseball, and basketball, as well as the popular wilderness survival course, the release states.

"We are excited to be able to offer a more diverse and robust collection of youth programming this summer and look forward to continuing to grow our course catalog in years to come," said Arvard Lingham, coordinator of Non-Credit Programming and Kittredge Center Operations.

All in-person programs will be held on the main HCC campus, 303 Homestead Ave., except for cooking and bak-

ing classes, which are held at the HCC MGM Culinary Arts Institute, 164 Race Street in Holyoke:

July 10-14

Bake With Me (Ages 11-14). Students will learn the art of creating tasty baked goods, pastries, and confections, from traditional bread baking to beautiful showpieces, 9 a.m. to 4 p.m. (\$399).

Cooking with Chef Dino (Ages 9-12). Students will build knowledge, skills and confidence as they have fun learning to prepare dishes from around the globe, classic cooking techniques, kitchen etiquette, service and proper table manners, as well as safety and nutrition, 9 a.m. to 4 p.m. (\$399).

Into the Wild! Wilderness Survival (Ages 8-11). Explore fields, forests, and wildlife habitats while learning basic survival skills. Learn what to pack and how to track, read a compass, build shelter, fire, and much more. 9 a.m. to 4 p.m. (\$289).

July 17-21

Youth Baseball Clinic (Ages 8-17). This fun-filled, challenging program that emphasizes fundamental skills and baseball knowledge while building self-confidence and developing every player's ability to play more competitively. Instructor: Ryan Magni, 9 a.m. to 3 p.m. (\$179).

July 24-28

Youth Basketball Clinic (Ages 8-17). This fun-filled, challenging program emphasizes fundamental skills and basketball knowledge while building self-confidence and developing every player's ability to be more competitive. Clinic director: Chris Montemayor, 9 a.m. to 3 p.m. (\$179).

July 31-Aug. 4

Code Breakers, In Person (Ages 11-14). Learn the basics of coding languages like HTML, JavaScript, and CSS through a series of web projects and design challenges each day and be on your way to becoming the next tech star, 9 a.m. to noon or 1 to 4 p.m. (\$179).

Youth Soccer Clinic (Ages 6-16). A comprehensive soccer clinic for young athletes taught by Rob Galazka, head coach of the HCC women's soccer team with assistance from top college soccer players, stressing basic and advanced skills with plenty of one-on-one instruction, 9 a.m. to 3 p.m. (\$179).

Aug. 7-11

Bake With Me (Ages 11-14), 9 a.m. to 4 p.m. (\$399).

Cooking with Chef Dino (advanced) (Ages 10-14). Learn what it's like to work in a busy, restaurant kitchen in a safe and successful fashion. Select rec-

ipes, plan menus and gain experience working every kitchen station: sauté, grill, fry, baking and more, 9 a.m. to 4 p.m. (\$399).

Minecraft Redstone Engineers, In Person (Ages 8-10). Take the next step beyond simply "playing" Minecraft and become a true Redstone engineer, 9 a.m. to 12 or 1 to 4 p.m. (\$179).

Youth Robotic STEM Week (Ages 12-16). A fun, educational way to learn about robotics and coding, designed for students of any skill level, 9 a.m. to 4 p.m. (\$289).

Aug. 14-18

YouTube Content Creators, In Person (Ages 11-14). Explore the variety of content and personalities that exist on YouTube and how to find your own niche, 9 a.m. to noon or 1 to 4 p.m. (\$179).

Aug. 21-25

ROBLOX Makers, In Person (Ages 8-10). Learn how to build 3D models and create an adventure in your ROBLOX world. Bring characters to life with unique animations you design, 9 a.m. to noon or 1 to 4 p.m. (\$179).

HCC also offers more than a dozen online, computer-oriented summer programs through Black Rocket.

To register, go to: hcc.edu/summer-youth.

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CAMPUS NOTES

American International College
The following local students were named to the Dean's List at American International College for the 2023 spring semester:
Nicole Audet of Ludlow, Timothy Battle of Indian Orchard, Kayla DeCaro of Ludlow, Samantha Dezalia of Ludlow, William Hall of Ludlow, Sophia Hess of Ludlow, Collin Laneiro of Ludlow, Paige Nemeth of Ludlow, Jocelyn Trajkovski of Ludlow, Colette Trembley of Ludlow and Kendyl Vermette of Ludlow.
Dean's List students attend full-time and have achieved a 3.3 to 4.0 GPA.

Rensselaer Polytechnic Institute
Owen Kelliher of Ludlow graduated with a BS in Aeronautical Engineering from Rensselaer Polytechnic Institute during commencement on May 20.

Western New England University
Emily Midwood of Ludlow has received the Honor Award for Social Work during the recent Western New England University College of Arts and Sciences Senior Awards Ceremony.

Given to the graduating senior social work major with the highest overall GPA, the award was presented by Katherine LaPlatney, professional educator of social work.
Midwood is working toward a BSW in Social Work.

University of Saint Joseph
Julia Anecchiarico of Ludlow earned Dean's List honors at the University of Saint Joseph for the 2023 spring semester. Anecchiarico is majoring in Nursing.
University of Saint Joseph undergraduate students were awarded this academic achievement for having earned a GPA of 3.50 or higher for the semester, with no grade lower than a "B."
"Students on the Dean's List exemplify academic excellence and their ability to achieve their goals. We are very proud of these students who join the network of accomplished USJ scholars competitively pursuing a range of studies from health sciences to criminal justice," said Provost Michelle Kalis, Ph.D.

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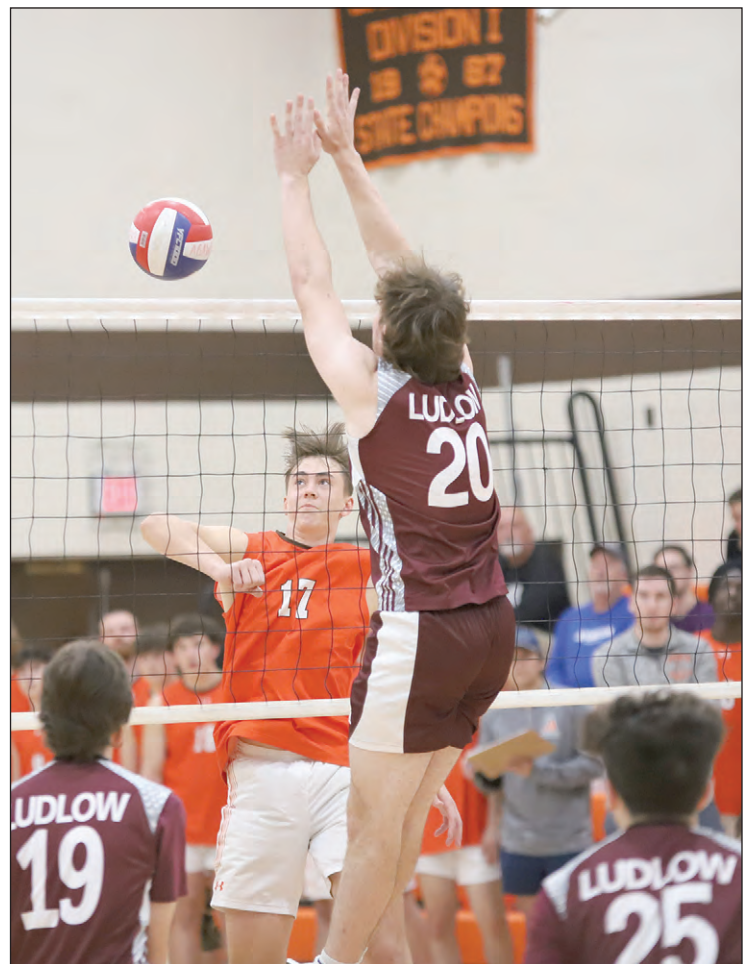
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Ludlow falls to Agawam in state tournament



Emre Karaarisan goes low to keep the ball in play.



Photos by Gregory A. Scibel



Tristan Moss bumps under the ball for a set.

By Tim Peterson
Sports Correspondent

AGAWAM— The Agawam boys volleyball team squeaked out a 3-2 victory over Needham High School in a state semifinal match played at Hudson High School on June 7, 2013. Five days later, the Brownies captured the state championship title for the first time in school history after defeating Milford High School, 3-1, at Babson College.

Kevin Pender, whose birthday is on June 7th, was an assistant volleyball coach in 2013. He's currently the Brownies head coach.

Just like he did ten years ago, Pender celebrated a post-season victory on his birthday.

The second seeded Brownies defeated North Division rival and 15th-seeded Ludlow, 3-0

(25-19, 25-17, 25-16) in a Division 2 round of 16 match held at Cliff Kibbe Gymnasium, last Wednesday afternoon.

"This is a very nice way to celebrate my birthday," Pender said. "My players have worked very hard this year and to be a part of their journey has been awesome."

The round of 16 match was the fourth meeting of the 2023 campaign between the North Division rivals. The Brownies (20-2) also won the other three matches in three sets.

"Beating the same team four times in one season is a very difficult thing to do," Pender added. "Ludlow is a very good volleyball team. We weren't really looking forward to playing them again in the state tournament."

Ludlow, who beat Agawam in last year's Western Mass.

Thomas Deroin attempts a block.

Class B finals, finished the 2023 season with a 12-10 overall record. The Lions had a 6-1 record following a 3-1 home win against Chicopee Comp on April 17. They went 6-9 in their final 15 matches.

"We've dealt with a couple of injuries this year, but it was still a very good season for

us," said first-year Ludlow head coach Nicole Kane "You just need to play your best to beat a very good team like Agawam. We made some costly mistakes in today's match. We're only losing one senior and I'm al-

Please see **BOYS VOLLEYBALL**, Page 13

Pioneers get another draw

By Tim Peterson
Sports Correspondent

LUDLOW—The last two Western Mass. Pioneers home matches have ended in draws. It's something that hasn't taken place at historic Lusitano Stadium since 2018.

Four days after playing a scoreless draw against Black Rock FC, the Pioneers had to settle for a 1-1 home tie versus the Boston Bolts, last Wednesday night.

"Another tie really doesn't help us very much," said Pioneers head coach Federico Molinari. "We've been having trouble putting the ball into the net during the past couple of games."

At the beginning of the 2018 regular season, the Pioneers posted back-to-back 1-1 home draws against the Boston Bolts and the GPS Portland Phoenix.

The Pioneers also played a road tie against the Seacoast United Phantoms and a home tie against the Westchester

Flames in back-to-back matches at the end of the 2018 regular season.

The good news is the Pioneers haven't lost a regular season match at Lusitano Stadium since June 22, 2018, when they suffered a 2-1 setback to Black Rock FC.

The Western Mass. squad had a 3-0-3 overall record after their first six matches of this season. Their other tie came in the first meeting of the regular season with the Phantoms, which took place away from the friendly confines of Lusitano Stadium on May 25.

The Pioneers posted a 3-0 road victory over the Bolts in the season opener on May 16.

Western Mass. was trailing 1-0 at halftime of last Wednesday's home contest.

The Bolts (0-3-3) took a 1-0 lead following a header by Harry Sankey, which was assisted by Tanner Barry, during the 21st minute.

The home team, who played



Photo by David Henry www.sweetdogphotos.com

Please see **PIONEERS**, Page 13 **Lucio Berron dribbles up the field.**

Athletes invited to participate in sports clinics

LUDLOW – Lions Pride Sports Clinics are back. Young inspiring athletes have the opportunity to participate in one or all of our exciting clinics. The 2023 lineup consists of, Soccer Session 1 from June 26 to 30, Soccer Session 2 from July 17 to July 21.

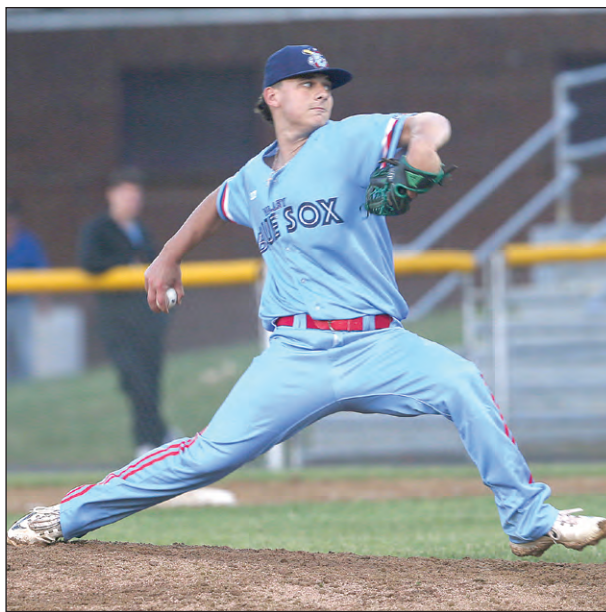
Athlete Prep strength and conditioning program from June 27 to Aug. 10, Basketball from July 10 to 14, High School and Beach Volleyball June 20 to Aug. 15, Volleyball Basics July to Aug. 16, and Wrestling July 10 to Aug. 16. All clinics are held on the campus of Ludlow High School and are geared toward the development of fundamental skills.

For more information log on to lionspridesc.wix.com/lpsc or contact Tim Brillo TBrillo1723@gmail.com. Registration is now online at <https://www.familyid.com/organizations/lions-den-sports-clinics>

Blue Sox open regular season



Matthew Garcia ranges to pick up the grounder.



Nick Callano winds and fires.



Miachel Zarrillo fires to first.

HOLYOKE – The Blue Sox dropped their final game of their four game homestand, losing to the Martha’s Vineyard Sharks by a score of 11-4 on Sunday afternoon. The Blue Sox tallied three hits on the day, and all their runs came in the third inning. The team fell to 2-3 on the season.

The Sharks scored 11 runs off of nine

hits, with Clemson’s Nathan Hall going 3-5 on the day with two triples. The Blue Sox allowed nine stolen bases and seven advancements on wild pitches or passed balls, and will hope to limit the traffic as they head on the road for their next game.

In one of the most peculiar innings of play so far this season, the Blue Sox

were able to score four runs while not tallying a hit the entire inning. The runs all came from walks and hit batters, allowing four runners to score thanks to the Blue Sox excellent plate discipline. Martha’s Vineyard walked eight batters today and hit two.

Matt Bergevin was able to produce quality at-bats in each of his plate ap-

pearances today, going 1-3 with two walks. With strong plate discipline Bergevin worked three consecutive at-bats to a full count.

EJ Kreutzmann stayed hot at the plate, going 1-5 with an RBI.

The Blue Sox opened the regular season on the road, then had four-games from Thursday to Sunday.

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Kelsey Gilrein
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Ludlow wrestling
NOAH SIMARD
Central Mass. D3 runner-up

Ludlow wrestling
LUCAS ALVAN
D3 state runner-up, Central Mass. D3 champion

Ludlow wrestling
SAMANTHA BERTINI
MIAA girls champion

Ludlow swimming
JOSEPH KEROACK
50 freestyle
Central/West runner-up

Ludlow swimming
ABIGAYLE GONCALVES
200 freestyle
Central/West champion

Ludlow swimming
FAITH KEROACK
50 freestyle
Central/West runner-up

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ATHLETICS



Rollins takes win in Late Model race

WINCHESTER, N.H. – Veteran wheelsman Geoff Rollins rocketed to victory Saturday at Monadnock Speedway, gobbling up the competition as he won the first round of the 2023 Teddy Bear Pools NHSTRA Late Model Triple Crown series at the storied high-banked speedplant.

The Bay State hot shoe was one of four drivers scoring his first win of the year Saturday on the high banks. Nate Wenzel, NHSTRA Modifieds, Louie Maher, Mini Stocks, and Michael Yeaton, Six Shooters, each earned his first victory lap of the summer, while Pure Stocker Chris Davis and Young Gun Adrian Smith both won for the second time.

Starting up front in the 50-lap main event after dominating his heat race, Rollins never looked back en route to running away with the \$1,000 top prize. Strongman Chris Buffone stayed with him the first ten laps but when Buffone suddenly dropped out on lap 11, it was all Rollins. Behind him, though, the competition was fierce for spots two through five.

With only one caution, on lap 47, slowing the rapid-fire event, gains were hard to come by as the sizzling field blasted through the fog. Kenny Thomp-



Submitted photo

Geoff Rollins got a victory at Monadnock Speedway last Saturday evening.

son claimed the duce at Buffone's demise, but had Tim Wenzel glued to his bumper.

Matt Sonnhalter, charging from row four, took second on lap 35, but Wenzel stayed just inches behind. With three to go, Rollins lost his half-lap lead, while the two top contenders set up for a furious finish. Sonnhalter's last-lap backchute dive netted him second, with

Wenzel, Thompson, and Hillary Renaud rounding out the potent top five.

Sophomore speedster Nate Wenzel led all the way in the NHSTRA Modified 40-lapper, keeping defending track champ Tyler Leary in his shadow to score his first victory of the summer. Brian Chapin edged Aaron Fellows for third, while JT Cloutier, spun on lap five, stormed back through the field to come

home fifth.

The crowd held its breath in this one, as the red waved on lap five when Kimmy Rivet's open-wheeler took a wild ride in turn two, landing on top of the backstretch wall. Something appeared to have broken in Cole Littlewood's car, sending him into Rivet and then into the wall, but both drivers fortunately walked away from the carnage.

Louie Maher made the move of the night on lap three of the Mini Stock feature to take the lead from Skyler Shippee and then hold strong to score his first win of the season in the caution-free 25-lapper. Shippee finished at his bumper, with Kevin Clayton strong in third.

Chris Davis held second-generation pilot Nolan McClay in his shadow for all 25 laps to win his second Pure Stock feature in a row. Reigning Claremont champ Chris Chambers was third, taking the checkers just ahead of Kodi Sabins and CJ Johnson.

Week one winner Steve Miller and son Steve Jr. brought the Six Shooters to the green but, if this one was supposed to be a Marvelous Millers show, Michael Yeaton hadn't read the script.

Please see **RACING**, Page 13

LUDLOW VOLLEYBALL

from Page 11

ready very excited about next year. I'm looking forward to working with these same kids again."

Braeden Schwartz is the only senior listed on the Lions roster. He didn't play in the round of 16 match.

After sweeping the two regular season matchups, Agawam advanced into the Western Mass. Class B finals with another 3-0 win over the Lions in the semifinals. The Brownies then captured the Western Mass. title for the seventh time since 2002 by defeating Minnechaug, 3-0, who's also a league rival.

Agawam and Westfield, who's the top-seeded team in the Division 2 state tournament, were co-champions of the North Division this spring. They split their regular season meetings. Agawam also lost a non-league contest, 3-1, to St. John's of Shrewsbury.

"All of the teams in our league qualified for this year's state tournament," Pender said. "It shows that we're putting our leagues together with the right teams. We're hoping to meet Westfield in the state finals."

The Brownies advanced into this year's state semifinal contest following a 3-0 home victory over seventh-seeded Greater New Bedford, last Friday.

The seniors listed on the Agawam boys' volleyball roster are Carson Asselin, Colin Jorgensen, Niko Nuzzollilli, Dan Fronchkevich, Nick Uschmann, Daniel



Cameron Dawson get a set over the net.

Yovenko, and Colin La.

A kill by junior Anthony Shea gave the Lions a 1-0 advantage in the opening set. It was the only time that the visitors held the lead in the entire match.

Back-to-back kills by Yovenko gave the home team a 2-1 lead.

Then Agawam built a 9-5 lead with the help of a 7-4 spurt.

Ludlow closed the gap to one point (9-8) with junior Austin Moorehouse handling the serving duties.

The Lions managed to stay within striking distance in the opening set, but another Yovenko kill sealed the deal for the home team.

Yovenko finished the round of 16



Michael Saloio sends the ball back to Agawam.

game-high 19 kills.

A block early in the second set by junior Thomas Deroin cut the Lions deficit to 10-9.

The Brownies responded with a 10-3 run with sophomore Joe Culhane and junior Ezekiel Nuguessan handling the serving duties for the home team.

A block by Yovenko gave his team a commanding 2-0 lead in the overall match.

The Brownies led the third set from start to finish.

"We just played Agawam volleyball in today's match," said Nuguessan, who only plays volleyball. "It was very important not to lose one set against them. Our

match with a

main goal is to play Westfield in the state finals."

Late in the final set, Agawam junior Emil Zhmaidziak suffered a right knee injury and had to be helped off the court. He didn't play in last Friday's round of eight home match against Greater New Bedford. Pender will not be returning as the Agawam boys' and girls' volleyball coach next year.

On his birthday, he was named as the new women's volleyball coach at Anna Maria College in Paxton.

Before heading to Central Mass., Pender is hoping to guide the Brownies boys' volleyball team to another state championship title.

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Photos by David Henry www.sweetdogphotos.com
Connor Hicks makes a throw-in.

PIONEERS from Page 11

much better during the second half, had several very good chances to put the ball into the net past Bolts goalie Nikola Antich.

Alec Hughes, Jared Smith, Lucio Berron, and Khalid Rose had shots on goals for the home team.

Augustine Boadi, who's a first-year member of the Western Mass. Pioneers squad, finally got the job done during the 84th minute.

Boadi, who'll be entering his sophomore season as a member of the Boston College men's soccer team in the fall, received a pass from Hughes before firing a shot off the post into the right corner of the net for the game tying the goal.

"It was the third goal that I've scored as a member of the Western Mass. Pioneers," said Boadi, who was born in Accra, Ghana. "I scored my first goal of the season in a home match against Pathfinder. The second one came at Boston City, which was a 10-1 win. Another tie wasn't the result that we really wanted in tonight's match, but it's one of those games we need to learn from."

Boadi also does a very good job in the classroom at Boston College. He was recently selected to the ACC All-Academic Team.

Prior to playing soccer for Boston College, Boadi attended Northfield Mount Hermon where he was named as the Massachusetts Gatorade Player of the Year as a senior.

Frankie D'Agostino, who's a former Pioneers player and is currently the associate head coach of the B.C. men's soccer team, recommended Boadi to Molinari.

"Frankie played a key role in getting me to play for the Pioneers this year," Boadi said. "Vermont and the Bolts also wanted me for them. Frankie told me about this team and stadium, so I decided to come here. It has been a lot of fun so far. This is a very special place and I'm hoping to come back here next year."

D'Agostino, who grew up in Longmeadow, had the chance to watch Boadi play a soccer match at Lusitano Stadium for the first time last Wednesday night.

It looked like the Pioneers would take a 2-1 lead with a stoppage time goal, but the referee never called it a goal.

"From my point of view, I thought the



Tomas Duben socks a corner kick away. shot by Andrew Serafino did go into the net," Boadi said. "It was either a goal or we should've been given a penalty kick because of a hand ball."

Molinari gave his thoughts about the no goal call.

"All of the players told me it was a goal," he said. "If it was a goal, it's disappointing that the referee didn't allow it, but there isn't anything we can do about it now. We now must win the rest of our games if we want the chance to make the playoffs."

Nicholas Oberrauch, who's the Pioneers captain, didn't play in the Pioneers home match against the Bolts because of an injury.

After playing a couple of road matches, the Pioneers will be returning home to battle rival Seacoast United at 7 p.m. on June 23.

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Turley Publications

NOTICE

ERRORS: Each advertiser is requested to check their advertisement the first time it appears. This paper will not be responsible for more than one corrected insertion, nor will be liable for any error in an advertisement to a greater extent than the cost of the space occupied by the item in the advertisement.

RACING from Page 12

WINCHESTER, N.H. — Veteran wheelsman Geoff Rollins rocketed to victory Saturday at Monadnock Speedway, gobbling up the competition as he won the first round of the 2023 Teddy Bear Pools NHSTRA Late Model Triple Crown series at the storied high-banked speedplant.

The Bay State hot shoe was one of four drivers scoring his first win of the year Saturday on the high banks. Nate Wenzel, NHSTRA Modifieds, Louie Maher, Mini Stocks, and Michael Yeaton, Six Shooters, each earned his first victory lap of the summer, while Pure Stocker Chris Davis and Young Gun Adrian Smith both won for the second time.

Starting up front in the 50-lap main event after dominating his heat race, Rollins never looked back en route to running away with the \$1,000 top prize. Strongman Chris Buffone stayed with him the first ten laps but when Buffone suddenly dropped out on lap 11, it was all Rollins. Behind him, though, the competition was fierce for spots two through five.

With only one caution, on lap 47, slowing the rapid-fire event, gains were hard to come by as the sizzling field blasted through the fog. Kenny Thompson claimed the duce at Buffone's de-

mise, but had Tim Wenzel glued to his bumper.

Matt Sonnhalter, charging from row four, took second on lap 35, but Wenzel stayed just inches behind. With three to go, Rollins lost his half-lap lead, while the two top contenders set up for a furious finish. Sonnhalter's last-lap backchute dive netted him second, with Wenzel, Thompson, and Hillary Renaud rounding out the potent top five.

Sophomore speedster Nate Wenzel led all the way in the NHSTRA Modified 40-lapper, keeping defending track champ Tyler Leary in his shadow to score his first victory of the summer. Brian Chapin edged Aaron Fellows for third, while JT Cloutier, spun on lap five, stormed back through the field to come home fifth.

The crowd held its breath in this one, as the red waved on lap five when Kimmy Rivet's open-wheeler took a wild ride in turn two, landing on top of the backstretch wall. Something appeared to have broken in Cole Littlewood's car, sending him into Rivet and then into the wall, but both drivers fortunately walked away from the carnage.

Louie Maher made the move of the night on lap three of the Mini Stock feature to take the lead from Skyler Shippee and then hold strong to score his first win of the season in the cau-

tion-free 25-lapper. Shippee finished at his bumper, with Kevin Clayton strong in third.

Chris Davis held second-generation pilot Nolan McClay in his shadow for all 25 laps to win his second Pure Stock feature in a row. Reigning Claremont champ Chris Chambers was third, taking the checkers just ahead of Kodi Sabins and CJ Johnson.

Week one winner Steve Miller and son Steve Jr. brought the Six Shooters to the green but, if this one was supposed to be a Marvelous Millers show, Michael Yeaton hadn't read the script. Yeaton took over on lap three and never looked back. Miller Jr. was strong in second, with Renegade Robert Shaw coming home third.

Markus O'Neil led the first eight laps of the Young Guns feature before giving way to event winner Adrian Smith. Owen Zilinski got up for second on lap 11 but couldn't reel in the speedy Smith, while O'Neil stayed strong to earn the third podium spot.

After a weekend off, Monadnock Speedway will return to action on Saturday, June 24, when it hosts the 50-lap Pure Stock Shoot Out. The NHSTRA Modifieds, Pro 4 Modifieds, Mini Stocks, and Young Guns, along with the NELCAR Legends and Bandaleros, will all be in action too.

Monadnock Speedway June 10

Unofficial Top Tens:

TEDDY BEAR POOLS TRIPLE CROWN LATE MODEL 50: Geoff Rollins, Matt Sonnhalter, Tim Wenzel, Rupert Thompson, Hillary Renaud, JD Stockwell, Erik Smith, Isabella Minchella, Gordon Farnum, Chris Castor.

NHSTRA MODIFIED: Nate Wenzel, Tyler Leary, Brian Chapin, Aaron Fellows, JT Cloutier, Cory Plummer, Joel Belanger, Eric Leclair, Adam LaPoint, Kevin Pittsinger.

MINI STOCK: Louie Maher, Skyler Shippee, Kevin Clayton, Cam Sontag, Erin Aiken, Jon Fultz, Chris Sontag, Robert Williams, Jake Puchalski, Pat Houle.

PURE STOCK: Chris Davis, Nolan McClay, Chris Chambers, Kodi Sabins, CJ Johnson, Colton Martin, Jimmy Zellman, Andrea St. Amour, Colton Hull, Ricky Melcher.

SIX SHOOTER: Mike Yeaton, Steve Miller Jr., Robert Shaw, Steve Miller Sr., Andrew Scott, Ethan Meyette, Mike Comtois, Zach Zilinski, Jacob Scott, Russell Mason.

YOUNG GUN: Adrian Smith, Owen Zilinski, Markus O'Neil, Madison Cousino, Addison Brooks, Cambri Hubbard, Kailyn Hubbard, Sofia Rego, Jordan Higbee.

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June 22nd 23rd & 24th

Rides Games Food & Drink Entertainment Beer & Wine

Thursday 5:00 -10:00

Friday 5:00 - 10:00

Saturday 3:00 - 8:00

At Memorial Field On South Street

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birth announcements | **engagement** announcements | **wedding** announcements

www.turley.com

Seminar on tardive dyskinesia offered online next week

The National Alliance on Mental Illness MetroWest will conduct a free virtual education seminar on tardive dyskinesia – known simply as TD – at 7 p.m. on June 21.

Individuals who have an SMI diagnosis or have a family member with an SMI diagnosis could find this information valuable.

Some people living with a mental health condition may experience tardive dyskinesia, an involuntary movement disorder associated with prolonged use of certain mental health medicines (antipsychotics) that are used to

treat bipolar disorder, clinical depression, schizophrenia and schizoaffective disorder (SMI- Serious Mental Illness).

Other prescription medicines used to treat upset stomach, nausea and vomiting may also cause TD, which can impact patients socially, emotionally, and physically. Approximately 600,000 people in the U.S. may be affected by TD. Nearly 70% of Americans with TD are undiagnosed. In general, 80% of people taking antipsychotics are at low risk, and 20% are at high risk. 60-70% of cases are mild, 20-30% of cas-

es are moderate, and 3% are severe. TD can be treated and managed.

At the seminar, Dr. Robert Karr, M.D., will present an overview of TD and conduct a question-and-answer session. Karr is currently the associate medical director of Advocates, Inc. Dr. Karr graduated from the Lewis Katz School of Medicine at Temple University in 1981 and practices both forensic psychiatry and general psychiatry. He has over 34 years of experience.

Registration is required at tinyurl.com/25xmnuve.

Baystate Wing Hospital welcomes two new volunteers

Others welcome to help

PALMER — Two new volunteers, Carole DeWolf and Luv Kataria, have recently joined the Baystate Wing Hospital team.

According to a news release, DeWolf, a retired nurse who will be volunteering in the Medical/Surgical Unit, is looking to give back to her community. Kataria, who is entering his senior year in college and is planning to apply to medical school, is interested in every area of hospital medicine. Kataria will be volunteering in the Emergency Room.

“Volunteers are extraordinary people who want to contribute to the greater good of things,” said Marie Saunders, manager of Volunteer Services for Baystate Health.

“We have several opportunities open for individuals to share their talents and skills to support and assist our staff in creating wonderful experiences for our patients.”

Volunteers are currently being sought to fill positions in various departments, including greeters, patient-care areas and the gift shop. Duties will vary depending on the assigned department. Volunteers are assigned to a department/area according to their interests and the needs of the hospital.

“During their service at Baystate Wing Hospital, we want to ensure that all of our volunteers are doing something that they enjoy,” Saunders said.

The Volunteer Services program is open to anyone who is interested in giving back to their community. All potential volunteers must be age 16 or older and complete a volunteer application, submit to and pass a background check and meet all vaccination requirements.

The program is an ideal opportunity for seniors and young adults who wish to volunteer in a healthcare setting. Volunteers will receive training and support. Those who need it can receive credit for school. All can expect to grow personally through service to others.

For more information or to fill out an application online, visit baystatehealth.org/about-us/volunteer or call Tanya Dorman, volunteer coordinator for Baystate Wing Hospital, at 413-370-5295.

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DATEBOOK

Do you have a local event or activity to publicize? Please send the information as either a Word doc or plain (no bold text or other formatting) email text (no PDFs, please and do not use all uppercase (i.e. UPPER CASE) by 5 p.m. Friday. At least two weeks prior to the event is encouraged. Send your community events to migusmao@turley.com.

THIS WEEK

FARM FRESH: Come to the Indian Orchard Citizens Council 3-5 p.m. on June 14 for free fruit and vegetables. Registration is required. For more information, call 413-209-8240.

ST ELIZABETH PARISH, Ludlow, is now accepting applications for the St Nick's Christmas Bazaar on Saturday, November 18th. Tables are \$40 each (8' table). To request an application or additional information, please call Pat at 413 531-6997

POLISH PLATE DINNER: Plates of pierogi, golabki, kapusta, kielbasa and rye bread will be available to eat-in or for takeout 11 a.m. to 4 p.m. on Saturday, June 17, at Immaculate Conception Church Hall, 25 Parker Street in Indian Orchard. Tickets are \$20 each. Frozen pierogi, golabki and kapusta will also be for sale. For tickets and more information, call Maria Kowalski at 413-222-6229, Maria Bukowski at 413-427-9464 or the Parish Rectory at 413-543-3627.

TAG SALE: Immaculate Conception's Parish Youth Group is raising money for youth activities 10 a.m. to 2 p.m. June 17 on the parish grounds. Everyone is welcome.

CELEBRATE RIVERS MONTH: Join the Chicopee Rivers Watershed Council for a paddle from the upper Chicopee at 9 a.m. on June 17. Watch for eagles and explore islands and scenery along the river for the 7-miles, 2.5-hour outing. RSVP at chicopeewatershed@gmail.com. Interested in the haiku and picture contest? Find details at tinyurl.com/ujwh6fb9.

CAR SHOW: The West Springfield American Legion Post 207, 83 Park Avenue, hosts a car show 11 a.m. to 2 p.m. on Saturday, June 17. All makes and models are welcome! There will be Food, beverages, entertainment, raffles, prizes and activities for kids. Entry is \$10 per car. Vendors are invited and should email ItsWestSpringfield@gmail.com or call 413-279-4567. Rain date Sunday, June 18.

FATHER'S DAY PICNIC: St. Gregory Armenian Apostolic Church at 135 Goodwin Street in Indian Orchard, will hold its annual Father's Day Picnic from noon to 5 p.m. on Sunday, June 18, on the church grounds. Visitors are invited to enjoy many favorite Armenian dinners, including shish kebab and rice pilaf. Baked goods will also be available for purchase. The picnic will also feature a raffle, Armenian music and dancing, and outdoor activities. Admission and parking are free. For more information, call the Church office at 543-4763.

NEXT WEEK

STRAWBERRY SUPPER: Come to First Church in Ludlow for take-out dinners that include ham, baked beans, potato salad, coleslaw, roll and a strawberry dessert, for \$16 4:30-5:30 p.m. Saturday, June 24. Reservations required by calling Annat 413-547-8720.

COMING SOON

GOLF TOURNEY FOR PETS: Second Chance Animal Services' 11th annual Charity Golf Tournament will be held at Cold Spring Country Club on Monday, July 24. The event offers golfers a great golf outing on a world-class course and will benefit programs assisting the underserved at Second Chance Community Veterinary Hospitals in the region. Individuals and foursomes are welcome. Second Chance encourages golfers to purchase tickets early. Check in will be 9 a.m. and the tournament will commence with a shotgun start at 10 a.m. Registration and information on sponsorships and item donations can be found at secondchanceanimals.org/events/golf/.

ONGOING

JIMMY FUND WALK: Registration is now open for the 2023 Boston Marathon Jimmy Fund Walk Scheduled for Sunday, Oct. 1. Proceeds from the event support all forms of adult and pediatric patient care and cancer research at one of the nation's premier cancer centers, Dana-Farber Cancer Institute. All four routes will culminate at the Jimmy Fund Walk Finish Line in the Fenway neighborhood. If walkers want to participate a bit closer to home, the Jimmy Fund Walk has flexible opportunities, including virtually. Register as an individual walker, team member or start a team at JimmyFundWalk.org or by calling 866-531-9255.

SENIOR BINGO: Hosted by the Indian Orchard Citizens Council 3:30-5 p.m. every Monday. Free to play with great prizes. For more information, call 413-209-8240.

THRIFT SHOP: Now open at St. Gregory Armenian Church, 135 Goodwin Street, Indian Orchard, 9:30 a.m.-12:30 p.m. every Saturday offering quality items at affordable prices. Gently used clothing and accessories, household items, books, children's items, collectors' items and more. For more information, call the church office at 413-543-4763.

CHESS CLUB: Open to residents of all surrounding communities 5:30 p.m. every Tuesday at the Indian Orchard Citizens Council, 117 Main St. For more information, contact the IOCC at 413-209-8240 or indianorchardcitizenscouncil@gmail.com or stop in during operating hours. Follow the IOCC on Facebook and Instagram.

LUDLOW SENIOR CENTER 55 AND OVER CO-ED VOLLEYBALL LEAGUE: At East Street School on

Tuesdays and Thursdays from 5:30-7:30 p.m. the cost to take part is \$5 per year. For more information contact Maria Ardolino, activities director at activity@ludlow.ma.us or call 413-583-3564.

AQUACISE AT THE CLUB: The Ludlow Community Center/Randall Boys & Girls Club at 91 Claudias Way continues to offer Aquacise throughout the week. Aquacise is a low-impact, full-body workout performed in the water to put less stress on your joints and muscles while building strength. Classes are open to all members with pool-inclusive memberships and do not require prior registration. Classes are held 8:30-9:15 a.m., Tuesdays, Wednesdays and Thursdays. For questions, call 413-583-2072, ext. 124.

SUPPORT FOR FAMILY MEMBERS: The Michael J. Dias Support Group meets 6-7:15 p.m. on the second and fourth Tuesday of the month at Our Lady of Fatima Parish Center. Education, resources, peer support, and hope for parents and family members coping with a loved one with a substance use disorder. Anyone needing help is welcome to attend. Masks are required and we will be seated six feet apart. For more information, call Maureen at 413-563-6226.

H.O.P.E. RECOVERY GROUP: Having Our Pathways Encouraged meetings are for those who have experience with addictions, grief, anxiety and depression, (including anxiety and depression due to COVID-19) and for loved ones who might need help in their recovery. This group is also for those who can help lead others in their recovery by example. This meeting in no way replaces professional therapies. It is a time for sharing strength, encouragement and hope. No fees. Bring your own non-alcoholic beverage. Pre-packaged snacks are available. Small group structure based on basic Christian principles,

concept, purposes and confidentiality. COVID-19 guidelines are observed. Masks required. 6:30-8 p.m. every Monday at Fellowship Hall in Faith Community Chapel, 485 East Street in Ludlow. Parking lot behind Chapel. Fellowship Hall entrance at back of Chapel. Seating is limited. To reserve yours, call 413- 519-4591.

QUABBIN VALLEY TWIRLERS If you missed the first lessons in the fall, now is the time to give yourself a gift of dancing enjoyment for the coming holiday time. Do you want some exercise, mental acuity, and lots of fun with great people? Try our national folk dance, square dancing with the Quabbin Valley Twirlers. They dance in Belchertown and Ludlow with Sunday and Wednesday evenings available. For more information, call Gloria or Fran at 413-467-3352.

BIBLE STUDY: A weekly Bible study led by Ludlow resident Hank Bastos takes place at 7 p.m. on Wednesdays at 485 East St., Ludlow. Call 413-348-6487 for more information.

SHARE YOUR SIGHT: Volunteer to read, shop or walk with a blind or vision impaired person in your community. Call the Massachusetts Association for the Blind and Visually Impaired at 1-888-613-2777 for details.

UPCOMING TRIPS

Nashville and a Smokey Mountain. Christmas: Enjoy the Grand Ole Opry and the Country Music Hall of Fame, plus the show and extravagant holiday decorations of Dollywood,

the Gaylord Opryland Resort, Gatlinburg and Biltmore, the Vanderbilt Mansion in Asheville, N.C., Nov. 29-Dec. 6. Contact Jim Martin at jamesmartin47@gmail.com or 413-583-6339.

Church DIRECTORY

FAITH COMMUNITY CHAPEL
A Church of the Nazarene
485 East St. Ludlow, MA 01056 413-583-7875
Email: faithcommunitychapel8@gmail.com
faith-communitychapel.org
Lead Pastor: Reverend Lisa Morrison
Associate Pastor: Gary Coombs
Sunday Services:
Discipline Groups 9:45 a.m. WorshipService11 a.m. and Facebook Live Stream
OTHER PROGRAMS
MONDAYS at 6:30 p.m. H.O.P.E. Meeting Recovery meetings for those with addictions, anxiety, and grief SMC. Call 413-519-4591
TUESDAYS at 7 p.m. ZOOM Bible Study WEDNESDAYS at 7 p.m. Ludlow Christian Fellowship Meeting Hank Bastos, Leader, 413-348-6487
SMC and Facebook Live Stream ludlowfellowship.org
FRIDAYS Children's After School Club (pre K through teens) 5-6:30 p.m.
Church Fellowship Hall
SATURDAYS at 10 a.m. Ecumenical Prayer Meeting

THE CHURCH OF JESUS CHRIST OF LATTER DAY SAINTS
584 West St., Ludlow
413-583-8454
S Sunday services
Sacrament Meeting 10- 11 A.M.
Sunday school for adults, Young single adults(18-30) and teens (11-18) - 1st & 3rd Sunday of the month from 11-12 noon
Adult Religious/Marriage and Parenting for Women- 2nd & 4th Sunday of the month from 11-12 noon
Adult Religious/Marriage and Parenting for Men- 2nd and 4th Sunday of the month from 11-12 noon
Classes for Single Adults(18-30)- 2nd & 4th Sunday of the month -11- 12 noon
Classes for Young Men(11-18)- 2nd & 4th Sunday of the month 11-12 noon
Classes for Young Women (11-18)- 2nd & 4th Sunday of the month - 11-12 noon
Children's classes: Sunday school & singing time every Sunday(3-10) 11- 12 noon
Nursery providedfor ages 18 month- 3 yr

CHRIST THE KING CHURCH
41 Warsaw Ave., Ludlow
413-583-2630
Pastor Rev. Raymond A. Soltys
Saturday Vigil Masses - 5 p.m. and 6:30 p.m.
Sunday Masses - 7:30 a.m.; 8:45 a.m. (Polish); 10 a.m. and 11:15 a.m.
Sunday Evening Mass - 5:30 p.m.

ST. ELIZABETH PARISH
191 Hubbard St., Ludlow
413-583-3467
Pastor - Rev. Msgr. Homer P. Gosselin
In Residence - Rev. Norman Bolton
Deacons: Normand Grondin, Thomas Rickson, Keith Davies
Office Hours: Monday - Friday 8 a.m.-4 p.m.
stelizabethludlow.org
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Check out our Parish App
Wednesday, June 14, - Daily Mass - 7:30 a.m. (C), Holy Mother Choir - 5:15 p.m. (C), Scouts - 6:30 p.m. (ER), Ministers of Holy Communion Training - 7 p.m. (C)
Thursday, June 15, - Daily Mass - 7:30 a.m. (C), Friday, June 16, - Daily Mass - 7:30 a.m. (C)
Saturday, June 17, - Confessions - 2:30 p.m. (C), Mass - 4 p.m. (C)
Sunday, - June 18, - Mass - 7:30 a.m. (C), Mass - 9:15 a.m. (C), Mass - 11 a.m. (C), Mass - 5 p.m. (C), Take & Eat - 8 a.m. (FLBH & K)
Monday, June 19, - Daily Mass - 7:30 a.m. (C)
Tuesday, June 20, - Daily Mass - 7:30 a.m. (C), Friends of St. Elizabeth - 10 a.m. (ZR), St. Rita Choir - 6:30 p.m. (C), Pastoral Council - 6:30 (JR), Eucharistic Revival Gathering - 6:30 p.m. (FLBH)

IMMACULATE CONCEPTION CHURCH
25 Parker St, Indian Orchard,
413-543-3627
Very Rev. Piotr Calik
Office Hours: Monday, Tuesday, Wednesday, Thursday, 9 a.m. - 1 p.m.
CLOSED FRIDAY
MASS SCHEDULE
Saturday Vigil Mass: 4:15 p.m.
Sunday Mass; 8:45 a.m. (English), 10 a.m. (Polish)
Weekday Mass: Monday, Tuesday, Wednesday, Thursday - 7:45 a.m. (English)
First Friday Mass: 5:30 p.m. (Polish/English)
First Saturday Mass: 9 a.m. (Polish/English)
Confessions: Saturday - 3:15-4 p.m.

OUR LADY OF FATIMA PARISH
438 Winsor St., Ludlow
413-583-2312
Father Vitor Oliveira
Office hours: Monday - Thursday 9:00 a.m. to 5:00 p.m., closed 1:00 p.m.-2:00 p.m.
Sunday Masses - 9 a.m. (Portuguese); 11 a.m. (English)
Monday and Wednesday Morning Masses - 8:30 a.m. (Portuguese)
Tuesday and Friday Masses - 5:30 p.m. (Portuguese)
Saturday Vigil Mass - 4 p.m. (English)
First Saturday of the Month - 8:30 a.m.
For more information, visit ourladyoffatimaparish.org.

FIRST CHURCH IN LUDLOW
859 Center St.
Ludlow, MA 01056
413-583-3339
Reverend Donald Fenestre-Marek, Pastor
Sunday Services 9 am
Website: www.ludlowfirst.com
Facebook: www.facebook.com/firstchurchludlow/

ORCHARD COVENANT CHURCH
95 Berkshire Street
Indian Orchard, MA 01151
413-543-4204
Revs. Karen and Nick Munn, pastors
Sunday School for all ages, 9:45 a.m.
Worship in person, 11 a.m.
Or watch our livestream.
See our website for more information: orchardcovenant.org.

STS. PETER AND PAUL UKRAINIAN CATHOLIC CHURCH
45 Newbury St.
Ludlow, MA 01056
Phone: 413-583-2140
Pastor: Father Andriy Krip
Liturgy schedule:
Wednesday 9 a.m., Friday 9 a.m.
Rosary for Peace in Ukraine on Wednesday at 6 p.m.

OPPORTUNITY

newspaper correspondent

Turley Publications seeks **Experienced Writers/Journalists** to produce news and/or feature stories of local interest for various towns and cities.

- **Must be dependable, professional and able to meet strict deadlines**
- **Salary based on a flat rate by story and photo**

Send writing samples with resume to



Eileen Kennedy, Executive Editor
24 Water St., Palmer, MA 01069
or email directly to
ekennedy@turley.com

Community Newspaper EDITOR WANTED

Turley Publications is looking for a “hands on” energetic candidate who loves telling stories to be the editor for two weekly publications. This position will include managing and coaching a small news staff that will provide the community with a great local newspaper.

The editor will need to cover local government and events while representing the newspaper at public venues.

The successful candidate will have strong community journalism skills and is also expected to gather news and write stories for the two papers as well as for other occasional companywide publications.

This is a job for a self-starter who has a vision for growing and connecting with our valued readers, and who thoroughly enjoys community journalism.

This full-time position with flexible schedule is based in our Palmer office at 24 Water St., this is not a remote position.

Qualifications should include:

- Bachelor's degree or equivalent experience
- Willingness to mentor a staff writer and correspondents
- Editing experience and ability to write clean copy in a fast-paced, deadline-driven environment
- Proficiency in Associated Press style
- Management experience and/or experience managing content for a print publication.

Please send resume and writing examples to:

Eileen Kennedy, Executive Editor
24 Water St., Palmer, MA 01069
or email directly to
ekennedy@turley.com

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PUBLIC NOTICES

LUDLOW CONSERVATION COMMISSION LEGAL NOTICE

The Ludlow Conservation Commission will hold a Public Hearing under W.P.A. (M.G.L. Ch. 131, § 40) and Town of Ludlow Bylaws, Chapter XV in Ludlow Town Hall, 1st floor, Hearing Room #1 on **Wednesday, June 21, 2023 at 7:00 p.m.** on the **Notice of Intent Application** of WestMass Area Development Corp. for the property located at **100 State Street, Ludlow, MA** (Assessors Map 14B, Parcel 130) The subject of the hearing is: **Parking lot construction.**

Angela Tierney
Chair

06/14/2023

LUDLOW PLANNING BOARD LEGAL NOTICE SPECIAL PERMIT SITE PLAN

The Ludlow Planning Board will hold a CONTINUED Public Hearing in accordance with the Remand Order issued by the Hampden County Superior Court in Ludlow Town Hall, Selectmen's Conference Room on **Thursday, June 22, 2023 at 7:20 p.m.** on the application of JLL Real Estate, LLC for the property located at **590-596 (0) Center Street, Ludlow, MA** (Assessors' Map 16B, Parcels 116 & 116A) for the purpose of: **redevelopment of site into a self-storage facility in an Agricultural Moderate Density Overlay District.**

If for any reason this hearing is cancelled, it will be rescheduled to Thursday, July 13, 2023.

Raymond Phoenix
Chairman

06/07, 06/14/2023

LUDLOW PLANNING BOARD LEGAL NOTICE DEFINITIVE SUBDIVISION

The Ludlow Planning Board will hold a public hearing in Ludlow Town Hall, Selectmen's Conference Room on **Thursday, June 22, 2023 at 8:00 p.m.** on the application of Jeffrey Daley, Westmass Area Development Corporation for Definitive Subdivision located at 0 State Street, Ludlow, MA (Assessors' Map 14C, Parcel 106) for the subdivision of the undeveloped portion of the Ludlow Mills Phase IV site for commercial and industrial development. An 1,800 linear foot (+/-) roadway with utilities will be constructed to service four building lots on the site.

If for any reason this hearing is cancelled, it will be rescheduled to Thursday, July 13, 2023.

Raymond Phoenix
Chairman

06/07, 06/14/2023

LUDLOW PLANNING BOARD LEGAL NOTICE SPECIAL PERMIT HOME OCCUPATION

The Ludlow Planning Board will hold a CONTINUED Public Hearing in Ludlow Town Hall, Selectmen's Conference Room on **Thursday, June 22, 2023 at 7:00 p.m.** on the application of Charlene L. Cavanaugh of **55 Stevens Street Ludlow, MA** (Assessors' Map 15D, Parcel 74) for: **conversion of single garage to hair/nail salon.**

If for any reason this hearing is cancelled, it will be rescheduled to Thursday, July 13, 2023.

Raymond Phoenix
Chairman

06/07, 06/14/2023

Ludlow Conservation Commission LEGAL NOTICE

The Ludlow Conservation Commission will hold a Public Hearing under W.P.A. (M.G.L. Ch. 131, § 40) and Town of Ludlow Bylaws, Chapter XV in Ludlow Town Hall, 1st floor, Hearing Room #1 on **Wednesday, June 21, 2023 at 6:30 p.m.** on the **Notice of Intent Application**

of Nick Assarian for the property located at **73 Gaudreau Ave., Ludlow, MA** (Assessors Map 11A, Parcel 135) The subject of the hearing is: **Addition to home.**

Angela Tierney,
Chair

06/14/2023

Commonwealth of Massachusetts The Trial Court Hampden Probate and Family Court 50 State Street Springfield, MA 01103 (413)748-7758 Docket No. HD23C0170CA

In the matter of: Kirsti Sarah Isokungas CITATION ON PETITION TO CHANGE NAME

A **Petition to Change Name of Adult** has been filed by **Kirsti Sarah Isokungas of Ludlow, MA** requesting that the court enter a Decree changing their name to:

Leo Tapio Isokungas IMPORTANT NOTICE

Any person may appear for purposes of objecting to the petition by filing an appearance at: **Hampden Probate and Family Court before 10:00 a.m. on the return day of 07/07/2023.**

This is NOT a hearing date, but a deadline by which you must file a written appearance if you object to this proceeding.

WITNESS, Hon. **Barbara M Hyland**, First Justice of this Court.

Date: June 09, 2023

Rosemary A Saccomani
Register of Probate

06/14/2023

LUDLOW CONSERVATION COMMISSION LEGAL NOTICE

The Ludlow Conservation Commission will hold a Public Hearing under W.P.A. (M.G.L. Ch. 131, § 40) and Town of Ludlow Bylaws, Chapter XV in Ludlow Town Hall, 1st floor, Hearing Room #1 on **Wednesday, June 21, 2023 at 6:45 p.m.** on the **Notice of Intent Application of Town Pond Management Committee** for the property located at **Harris Pond and Haviland Pond, Ludlow, MA** (Assessors Map 11B and Map 16A) The subject of the hearing is: **Ecological**

Please check the accuracy of your legal notice prior to submission (i.e., date, time, spelling). Also, be sure the requested publication date coincides with the purpose of the notice, or as the law demands. Thank you.

restoration and treatment project.

Angela Tierney,
Chair

06/14/2023

COMMONWEALTH OF MASSACHUSETTS THE TRIAL COURT HAMPDEN, Div. Probate & Family Court Dept. HD23E00021PP

To Debbie Nolan of Ludlow, in the County of Hampden and to all other persons interested.

A petition has been presented to said Court by Michael LeBoeuf of Ware, and Donna LeBoeuf of Belchertown, of Hampshire County, representing that they hold as tenants in common in an undivided part or share of land lying in Ludlow, in the County of Hampden, setting forth that they desire that all of said land may be sold at private sale or public auction for not less than Two Hundred Thousand (\$200,000.00) Dollars, and praying that partition may be made of all the land aforesaid according to law, and to that end that a commissioner be appointed to make such partition and be ordered to make sale and conveyance of all, or any part of said land which the Court finds cannot be advantageously divided either at private sale or public auction, and be ordered to distribute the net proceeds thereof after full adjudication of the equitable claims contained in said petition and supplemental memorandum filed with the Court.

If you desire to object thereto, you or your attorney, should file a written appearance in said Court at Springfield before ten o'clock in the forenoon on the **eleventh day of July 2023**, the return day of this citation.

Witness, **BARBARA M. HYLAND**, Esquire, First Justice of said Court, this 10th day of May 2023.

Rosemary A. Saccomani,
Register

06/14, 06/21, 06/28/2023

LUDLOW PLANNING BOARD LEGAL NOTICE SPECIAL PERMIT HOME OCCUPATION

The Ludlow Planning Board will hold a CONTINUED Public Hearing in Ludlow Town Hall, Selectmen's Conference Room on **Thursday, June 22, 2023 at 7:10 p.m.** on the application of Lenna Andre of **137 Vienna Avenue Ludlow, MA** (Assessors' Map 11A, Parcel 168) for: **office for cleaning service business.**

If for any reason this hearing is cancelled, it will be rescheduled to Thursday, July 13, 2023.

Raymond Phoenix
Chairman

06/07, 06/14/2023

JOB OPENING

STAFF WRITER

Turley Publications, based in Palmer, is seeking a storyteller who is curious about everything, and who understands how town government works to join our team of weekly reporters.

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- Proficiency in Associated Press style

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Eileen Kennedy, Executive Editor
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