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# The REGISTER

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## Elks Lodge hosts and honors First Responders at Cruise Night

By Amanda Munson  
 Staff Writer  
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LUDLOW – “Events like these remind us how strong our community truly is.” On July 1, the Elks Lodge wanted to host a series of special cruise nights at the weekly cruise nights, in hopes to recognize and honor different departments, groups, and people who support and work in the town all year round. Last Tuesday, the Elks invited the fire and police departments to come and show off their vehicles, like the classic red fire truck and the newest police cruiser.

Although the night ended shorter than expected due to the weather, the grill was still hot serving hamburgers, hot dogs, chili, and beer under the pavilion. The classic cars and trucks were met by curious onlookers whilst the first responders talked to the Elk’s volunteers about their unique vehicles. In attendance were Chief Valadas from the police department, Chief Pease from the fire department, Ms. Massachusetts Senior America 2025 Laura Hicks, Sgt. Jhon R. Wielblad of the police department, and many more.

When asked about why



Turley photos by Amanda Munson

Elks Lodge Paul Chrzan and Terry, Officer Blair, Lt. Dooley, Firefighter Thornton, Chief Pease, Chief Valadas, Ms. Massachusetts Senior Laura Hicks, Officer Martins, Sgt. Wielblad, Lt. Irwin, and Sgt. Cherry of the Hampden County Sheriff’s Department.

our first responders should be recognized, Hicks commented, “We want to support them for whatever they need and tell them that we’re there for them, and we are thankful for what they do.

Around 10 years ago, I started volunteering to sing the National Anthem to our veterans in the area and Ludlow has really used my talent for many events. I’m here to support them.”

Elks Lodge Paul Chrzan spoke about the first responder’s night, “We are here with the Ludlow Elks as part of their tribute to honor the first responders of our area, like the LPD and LFD,

EMTs, Hampden Sheriff’s Department, and more. We wanted to say thank you to them for all the service they get and give to us to protect

Please see **ELKS**, Page 5

## Ludlow Power Choice launches next month

By Amanda Munson  
 Staff Writer  
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LUDLOW – Beginning in August, the Ludlow Power Choice electricity program will go into effect, a group electricity buying program for residents and businesses. By using the purchasing power of the community, the program will have three new electricity supply choices, stable and consistent pricing, and the option to leave anytime with no fee or penalty.

Residents were auto enrolled in the lowest program price named the Ludlow Basic, with other options like Ludlow Greener with 80% from renewable sources and Ludlow 100% Green with 100% from renewable sources. The choice is up to the consumer. Ludlow Power Choice offers long-term prices, while Eversource’s prices change seasonally.

By selecting First Point Power as the town’s electricity supplier, Eversource remains Ludlow’s electric utility and will continue to

Please see **LUDLOW POWER CHOICE**, Page 5



Turley photo by Amanda Munson

Leo the Lion, Hailey, Amanda Sinland, Landon, and Bluey smile for the perfect photo.

## Lions Club holds free pancake breakfast, vision screenings

By Amanda Munson  
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LUDLOW – On June 29, the Ludlow Lions Club held a free pancake breakfast serving up pancakes and sausages, with a side of free kid’s vision screenings. With special appearances by Bluey (television animation series) and Leo the Lion mascots, the club was bustling with hungry guests ready to eat and participate their kid in vision screenings by the Blinq machine from Rebiion.

Co-Founders of Rebiion, Ophthalmologist-in-Chief and Professor of Ophthalmology David G. Hunter, with Chief Executive Officer Justin Shaka, founded the pediatric vision screening device Blinq that can detect amblyopia (lazy eye), strabismus (mis-

aligned eyes) and more. The history behind the connection of the Lions Club and their continuous support to the blind and visually impaired was in 1925. American Author, Political Activist, and Disability Rights Advocate Helen Keller addressed the Lions and challenged them to become ‘knights of the blind in the crusade against darkness’, leading them to service the blind and visually impaired. This became one of the most significant activities in the association and now, the Ludlow Lions are happy to offer the Blinq system free for the youth in the community for anyone who may be interested, contact the club by visiting the Ludlow Lions website. Kindly note that the Blinq system is a vision screening device, this does not substitute for a comprehensive

eye exam by a licensed eye care professional. Current and Next Year’s President of the Lions Club Joyce Riley has been involved and associated with the club for over 20 years, who described how she enjoyed seeing the growth of the club over the years and how she hopes the club draws in more active members. Talking in the back of the room with the smell of fresh pancakes, Riley spoke about the free event and how she hopes more of the community comes to check out the club.

“Part of our mission is community service and the pancake breakfast and using the Blinq machine is part of that. The Lions has a group called the Mass Lions Research Fund, the

Please see **PANCAKE BREAKFAST**, Page 6

## Tiano reflects on past school year

By Amanda Munson  
 Staff Writer  
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LUDLOW – On June 26, Superintendent Dr. Frank Tiano reviewed the past school year and his connection and relationship working with the School Committee. Sharing about his role and the challenges he faces, to how the schools performed in the first and second half of the year, to what he’s working on to make the following year better than the last, Tiano was ultimately proud of another successful school year.

Working for over 15 years in various superintendent roles, Tiano explained his

beginnings in town and the response from the community. “Overall, it’s been a very successful school year by a lot of measures. We just completed our second year of our strategic plan. When I first arrived, I did my entry plan and met everyone, and we put together a steering committee for our strategic plan. That set the groundwork for how the schools performed the last few years, and I am happy with the progress we’ve been making. We have our four major goals regarding staff and student wellness. Another is research-based instruction that provides support for kids, standard based curriculum, and our culture engagement. Those are our

big rocks in the decisions that we make, helping our students and staff in those areas to meet their needs. We have a good plan, we change it as needed, and we’re excited for the future.”

Referring to the School Committee meetings, Tiano explained that the members reviewed the summary of the previous school year and the district plan, with plans at the next School Committee meeting on July 22, having the principals in attendance to show the school’s improvement plans. Each school has their own improvement plans that align with the district’s goals.

Please see **TIANO**, Page 5

## Diabetes Awareness presentation

By Amanda Munson  
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LUDLOW – On June 30, the Public Health Nurse of Ludlow Angela Kramer hosted a diabetes awareness spotlight at the senior center that reviewed diabetes, key warning signs, the role of A1C testing, and the latest in medications. By exploring new technologies like continuous glucose monitors, how insurance impacts access, and steps for effective prevention and care, members of the center were able to have direct information from Kramer and ask specific questions to their individual needs.

Kramer reviewed and combined several topics like where to test on your body for your blood glucose levels, reminding members to listen to your body and journal what you’re eating and how you



Turley photos by Amanda Munson

Angela Kramer smiles proudly after a successful event that informed members on next steps and diabetes management.

feel afterwards, while also reviewing the important aspects of insulin like peak, time, and duration. The main area

that Kramer focused on was diet and lifestyle changes that weren’t all that drastic, just simple suggestions that may help those who have recently been diagnosed or in need of a change.

For diet, Kramer was asked by some members about food labels and what to look out for, while also being questioned on how to cut certain ingredients out altogether. The public health nurse and diabetic nurse educator recommended being mindful about what you’re putting in your body and reiterated the saying, ‘everything in moderation’, encouraging those to be creative with your cooking at home.

Additionally, Kramer reviewed healthier recipes, encouraged members to not skip meals to avoid spikes in their

Please see **DIABETES AWARENESS**, Page 6

# LUDLOW

## 3D Paper Fashion Art with Teen Bella sparks creativity



Ajax and Bella Ruiz working alongside each other at the 3D paper fashion art class, taught by Ruiz.

By Amanda Munson  
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LUDLOW – On June 27, the Hubbard Memorial Library held a 3D paper fashion art class led by Teen Volunteer Bella, who taught how to create high-fashion designs and 3D drawings of them using designer papers. Aimed for teens just like Bella, the library volunteer wanted to share the creativity, inspiration, and love for fashion with teen patrons and future classmates.

Talking with Art Class Teacher Bella Ruiz and Teen Library Volunteer Ajax, who both loved fashion, paper dolls, and collages; they talked all about their summers while approaching new schools in the fall, their favorite clubs and classes at the library, and why they consider the building their safe place. Ruiz will be joining the high school in the fall and Ajax will be joining the middle school, both who shared similar fears and worries regarding the new teachers they're going to be introduced to and who will be in their classrooms.

Located on the second floor of the library, the 3D art class was held at a big table with a bunch of patterned designed papers and examples of the unique craft from attendees. When talking with Ruiz and Ajax, both were simultaneously working on their crafts and happily sharing what they were adding to their paper designs.

Ajax moved into town over two years ago from Colorado and commented how respected they feel here, and Ruiz said middle school wasn't easy for her, feeling that going into high school will be a big transition and milestone for her.

"It's a big step. You get to meet new teachers and there will be older kids there, I'm used to being the oldest grade in the school. It's going to be weird seeing a bunch of older people there and I feel like the high school teachers will be stricter. For the art class, you draw a character on a piece of paper, and you don't draw the clothes, in-



Artwork made by Bella Ruiz; the first step is to draw the figure on the paper and then create the outfit with paper, shown here with the reflective silver paper.

stead you make them out of construction paper or printed paper. You size them to their body proportions, and you glue it on. It's 3D because you can add textures by bunching up the skirts, little bags or bows. You can give them shoes and basically do anything," said Ruiz.

"It doesn't have to be perfect, there's no definition of art," Ruiz said. "It's whatever you think it is and whatever you enjoy doing. I never went into this expecting it to be something that was going to be an activity, I just kind of did it during my volunteering when I was bored or wanted something to do. Ms. July saw my artwork and said it was cool and asked if I wanted to do a program for this. Knowing that I get to share this with other people so that other people can get interested or get into a hobby by they didn't know about, that's a nice thought to me. So, I agreed to do this program!"

Ajax said they found out about this last Wednesday when they were volunteering and became interested when July Siebecker showed Ruiz's artwork. "I've always been into fashion and as someone who likes anime and does cosplay a lot, you have to make your own outfits because a lot of people don't sell the outfits for the



With the 3D artwork, the skies the limit to the combination of outfits and designs.

specific characters, so you have to make it yourself. I want to be able to cosplay those characters to express my passion for that kind of art, so when I saw this fashion art I decided to join."

Ruiz shared that it wasn't always about fashion but more about the process of creating art. "I've always been interested in learning new ways to draw, learning new ways to create, and ways to express myself like drawing something on paper. I was also into paper dolls and dressing them up, having fun putting them together and then when I discovered collages when I was older, I liked drawing people and the fashion aspect. I can do this, and I have the will, I found a way."

When asked how library volunteering was going during the summertime, Ruiz added she feels good doing something for the community and how being a volunteer, there's an opportunity to make new friends and express something you may like doing. Ruiz and Ajax agreed that teens who may be interested in volunteering at the library should come and join because it's very rewarding.

For upcoming library events, visit the Hubbard Memorial Library website.



Submitted photo

Members of the Ludlow Community Center/Randall Boys & Girls Club in a group photo for the First Annual Jenn Aldworth Pickleball Tournament.

## Pickleball tournament held to honor Jenn Aldworth

LUDLOW—On Saturday, June 14, the Ludlow Community Center/Randall Boys & Girls Club hosted its first ever Jenn Aldworth Pickleball Tournament, honoring the legacy of former Club Kid and Club President/CEO Jenn Aldworth. "Jenn loves the Club and loves pickleball, so it made sense to combine these two passions!" said current Club President/CEO Josue Irizarry.

It was a spirited day with friendly competition, heart-breaking upsets, laughter, camaraderie and more. It was the perfect embodiment of how the Club creates community.

Not only was the tournament a fun day, but it was a successful fundraiser as well, netting over \$18,000 thanks to donations collected in honor of Jenn Aldworth and the tournament's major sponsor: Pioneer Valley Financial Group.

"I would like to thank Josue and the Board of the Directors for the honor of naming their pickleball tournament after me," said Jenn Aldworth. "Ludlow needs Clubs Kids and Club Kids Need You! This call to action was answered by PV Financial Group, my friends, colleagues, sorority sisters, former Club Kids and fellow picklers by their participation, sponsorships and donations and I am truly grateful. Congratulations to Carolyn Muzzi who was the raffle winner of the pickleball handbag donated by designer Kent Stetson."

After a ceremonial first serve by PV Financial Group's Karen Nogueira, the tournament began, featuring 19 adult teams who played in a two-game elimination-style tournament from 9:00am until 2:30pm. "It was great to see the range of players," said Club Athletic & Fitness Director Matt Thompson. "Some players use our indoor or outdoor courts every week, some were completely new to the Club, and some were even new to the game! It was great to hear all the cheers from the spectators too. When you are an adult and you play sports, you don't often have fans watching you. It was great to see how supportive everyone was."

The winning team was the "Sweet and Sour" duo: Tracy Santana and Joe Marques who each received a large golden trophy. They narrowly defeated Tyler Bastos and Lee Dias, who ended up taking second place.

The Club is currently trying to raise \$75,000 in honor of its 75th Anniversary. Funds will be used for projects to enhance each core program area within the Club: Aquatics, Athletics, Fitness, Preschool, and School Age programs. "It was wonderful to have adults in the community come out to have fun together so they could truly see what the Club offers and how their donations are making an impact. Our whole community bene-

fits when youth, teens, and adults have a safe place to spend time, socialize, stay active, and learn new skills," said Irizarry. "The feedback from the tournament has been positive and we hope to do more activities like this in the future."

The next Club tournament on the calendar is the Sea Lions Open Swim Meet, which will be open to youth and adults of all ages on August 2. Learn more at [www.ludlowbgc.org](http://www.ludlowbgc.org). If you are interested in supporting the Club's 75th Anniversary make a donation at <https://auctria.events/LBGC75>.

### About the Ludlow Community Center/Randall Boys & Girls Club

The Ludlow Community Center/Randall Boys & Girls Club has been serving youth from Ludlow and the surrounding towns in Ludlow, MA for 75 years. While serving a dual role as a community center and a Boys & Girls Club, the Club's purpose is to promote good citizenship, healthy lifestyles, and to provide a place with facilities and equipment for educational and recreational activities and program for both youth and adults, year-round, in convenient and affordable ways. For more information about the Ludlow Community Center/Randall Boys & Girls Club, please visit our website [www.ludlowbgc.org](http://www.ludlowbgc.org) or call us at (413) 583-2072.

For more information visit: <https://www.facebook.com/ludlowbgc> or [www.ludlowbgc.org](http://www.ludlowbgc.org).

## Notice of school records to be destroyed

LUDLOW - Temporary school records for members of the Ludlow High School Class of 2018 will be destroyed on or about Dec. 31 unless claimed by individual former students, the district announced.

The temporary record consists of all information in the student record which is not contained in the transcript. Such information may include standardized test results, class rank, school sponsored

extracurricular activities, discipline records, immunization-health records and evaluations by teachers, counselors, and other school staff.

Persons wishing to claim their temporary school records may request them in writing and sent to: LHS Counseling Department, 500 Chapin Street Ludlow, MA 01056.

For more information, call 413-589-9001, ext. 2407.

## High School of Commerce holding 50th Class Reunion

SPRINGFIELD – The High School of Commerce Class of 75 is holding their 50th class reunion.

It will take place at the Storowton Tavern, West Springfield, MA, on Saturday August 30, at 6 p.m.

Contact Janet at [jan0826@comcast.net](mailto:jan0826@comcast.net) to learn more.

## Crafters are wanted for Nov. 8

LUDLOW—Crafters Wanted for the Rosary Sodality's Saint Nicholas Craft Fair and Raffle on Saturday, November 8, at Christ the King Church, 41 Warsaw

Avenue, Ludlow, from 9 a.m. to 3 p.m.

The cost is a non-refundable \$40.00 fee for an 8-ft table which will be provided by the church. To reserve a

table/s or for more information contact Debbie Martell at 413-547-8739 or Lorraine Bernier at 413-519-7658.

Light refreshments will be available.

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# Summer Kickoff Party supports Rick's Place



Becky, who is a friend of Steve Nagle's, was at the tie-dye station that offered t-shirts and bandanas free to craft with.



Rick's Place Executive Director Therese Ross and Rock-102 Steve Nagle were both pleased with the turnout of guests.

By Amanda Munson  
Staff Writer  
amunson@turley.com

WILBRAHAM/LUDLOW – On June 21, Steve Nagle and the Rock-102 crew kicked off their summer party for the second time at Vanished Valley in Ludlow to support Rick's Place in Wilbraham.

From food trucks to competitive raffles, tie-dye and rock painting booths, everyone who attended were all in support of Rick's Place, sharing his message to more communities.

Rick's Place is a nonprofit organization named in honor of Rick Thorpe, a beloved husband, father, brother and son, who died in Tower Two of the World Trade Center on September 11, 2001. In his memory, Rick's Place was opened as a not-for-profit to provide grief support to grieving children and their families.

Co-Host of the Bax and Nagle Show on Rock-102 and Board Member of Rick's Place Steve Nagle spoke about his connection within Rick's Place, why he originally joined the program, his job at Rock-102 radio show, and the second annual summer party visit to Vanished Valley. "My wife passed away April 13 of 2017 from esophageal cancer and Rick's place was recommended to us. About four months after my wife passed, we started participating in the programs and I can't say enough good things about Rick's Place and how they've helped us with the grieving process," Nagle



The Rock-102 radio station was set up under their tent signing people in, selling tickets, and sharing their rock music tastes.

said. "There's not a lot of services available for people, it's something that will inevitably happen to people, you're going to die but she was only forty-three years old. You don't really think about death that way at that age, you think about it well into your golden years. It's one of those things that people don't talk about, and I just want to keep raising awareness for what a great organization that Rick's Place is."

Starting the summer party with a barbeque party in 2018 and 2019, with the pandemic ending the party altogether a year later, Rock-102 stepped in and took over in organizing the entire party.

"I work for a great organization that was so nice and generous enough to donate all the time to make this great. It's nice to see the people in the community get involved. At Rock-102, we are all about



Jack and His Guitar played acoustic music for the event, whilst the guests of the fundraiser participated in the raffle.

the community, these are the people that listen to us and while we tell jokes every day, there's also the seriousness of it. Getting people involved whether we're doing the food pantry drive-in or doing something like this, we're always out and about," Nagle said. "Vanished Valley had the resources, and I always wanted to make this a kid's event. My wife was all about families and when we got married, we had our ceremony at Look Park and bought train and paddle boat tickets. Everybody had a good time and that's what she was all about. We only charged adults for today; kids were all free and there's plenty of free items that everybody has donated and I'm grateful for that."

Nagle's wife was described as a giving person who always cared about other people, who worked for many years at the Gandara Center in Western Massachusetts. Diag-

nosed in 2016 with stage four esophageal cancer, she passed away six months later.

Nagle lovingly described her as a very strong person who wanted to keep fighting.

"She loved her family so much. My two girls, who were only five and six at the time that she passed, now they are beautiful teenagers and keep me on my toes. Rick's Place is not therapy, but they have therapeutic aspects to their programming and whether you get anything out of that while you're there, it's not always like an immediate thing. I think in the beginning, I was like when are things going to get happier again? When do things change? It doesn't work that way and nothing works that way. You get the tools at one time for a project down the road and eventually you'll

Please see **RICK'S**, Page 6



Payton and Avelin were rock painting with paint markers, a free craft activity for all ages.

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# OPINION

## GUEST COLUMN



### A self-sown surprise

I was pleased to come home from vacation and see the changes in my work gardens over 10 days time. It was astounding to witness the growth that many of the plants put on!

One other thing I enjoyed seeing was a few “volunteers” that had popped up here and there. Celosia, portulaca and my favorite, the cleome, had germinated in bare spots in the garden.

While most of these plants did not fit in to the current year’s design and had to be removed, the cleome, better known as “spider flower,” popped up exactly where I would have wanted it. In a month or so I will have dome gorgeous flowers in the center of a bed, providing height right where I need it.

Spider flower goes by the scientific name *Cleome hasslerana*. Older cultivars such as “Helen Campbell” and the “Queen” series top off at an airy four or five feet tall, while the newer “Sparkler” hybrids are a bit shorter and bushier. Besides white, spider flower comes in pink, cherry and lavender.



It was given such a unique name because of the flower’s long, slender stamens that remind one of spider legs protruding from the plant. The stamens hold the eventual seed pods a distance away giving them even more “popping power” once ripe.

As a child, I was drawn to the seed pods of this peculiar plant – if you waited until they were “just right” and gave them a squeeze, the seeds would fly everywhere. What fun!

This attribute gives the plant tremendous “staying power” in the garden- in other words it pops up

everywhere the following season! This can be a very good thing if you enjoy having the cleome around as much as I do.

Because cleomes are flower producing powerhouses they sometimes become exhausted by mid-summer; their lower leaves yellow and flowers start to fade. I always thought that if they were dead headed like other, more common annuals were, maybe they would last longer into the season.

So, as an experiment I clipped the seed-pods close to the plant as soon as they began to form. Unfortunately, the overall form of the plant was altered- not for the better- and with little reward for my work. Then I began to search out what exactly cleomes need in order to thrive- perhaps if I met those requirements I’d have better luck.

I had always known that cleomes prefer full sun and well-drained soil. What I didn’t know was that they also like fertile soil and space away from one another. Regular doses of liquid feed are a must!

In the north, the cleome’s habit of self-sowing doesn’t become annoying, but in warmer areas it can become weedy. Clipping the seed-pods as mentioned above would “nip this problem in the bud.” Seedlings that develop from volunteers will likely be a blend color-wise of the plants you grew last year because they are cross-pollinated by insects.

I will have to wait and see what color my self-sown cleome seedlings end up being, but lucky for me the rest of the flowers in the garden bed are in pink and lavender shades and will blend perfectly the volunteers.

*Roberta McQuaid graduated from the Stockbridge School of Agriculture at the University of Massachusetts. For 33 years she has held the position of staff horticulturist at Old Sturbridge Village. She enjoys growing food as well as flowers. Have a question for her? Email it to pouimette@turley.com with “Gardening Question” in the subject line.*



## GUEST COLUMN

### Can I switch to a taxi driver job without hurting my Social Security?

Dear Rusty:

I opted to draw my Social Security retirement benefit early and work part time. The company I work for has decided to pull me from field work due to my age and health. Although they are great keeping me at 20 hours per week running for parts and doing office work, I’m not sure how much longer it will last. I’m thinking of taking a taxi driving job to keep my income enough to live on. The way it would work, I would lease the cab for some amount of dollars per day, set my own hours to work and collect anywhere from \$1.40 to \$4.00 per mile, depending on what type of fare. My question is: how does Social Security look at that type of employment? Would I be held to the 15 - 45 hours a month standard? I could nevton come close to making the \$1,200 to \$1,300 a month I need by working so little. Any advice is greatly appreciated.

Signed: Seeking Advice

Dear Seeking:

If you go ahead with your plan to lease a taxicab instead of continuing your current employment, you would, in effect, be considered “self-employed” and would submit your income tax return to the IRS accordingly. Social Security would get your earnings information as reported to the IRS and it would be your net earnings from self-employment after deducting all your business expenses that is reported to SSA by IRS.

There is, however, a special rule which would apply to you in your first calendar year of self-employment while collecting early Social Security benefits. Since, in your first year, some of your earnings would be as a part-



time employee paying SS FICA payroll taxes, Social Security would first look at your earnings as an employee to see if you exceeded the annual earnings limit (\$23,400 for 2025).

Then, upon starting your self-employment, Social Security would look at the hours you spent performing “substantial gainful activity” (e.g., driving your taxi) each month and, if you spent more than 45 hours per month in that capacity, you would not be considered “retired,” and thus, not eligible for Social Security in any month you exceeded that amount of hours.

If you earned less than the annual limit in total both as an employee and while self-employed, you would get benefits for all months of the year. But if you earn more than the annual limit, you will get no benefits for any month you exceeded 45 hours as a self-employed person. Again, this only applies during the first calendar year of self-employment - in the following year only your net earnings from self-employment would count toward the annual earnings limit.

In effect, SSA would use the hours-worked standard to see if you are truly retired or actually working. If the latter, they would withhold SS monthly benefits for any month you exceed 45 hours working while self-employed (up to and including December of your first calendar year of self-employment), and only if your total income (as an employee and while self-employed) exceeds the annual limit.

So, if your goal is to net

\$1,200 - \$1,300 per month as a self-employed taxi driver, that would be well within the limits of the annual earnings test (\$23,400 for 2025 but changes yearly). But there may, or may not, be a reduction in your Social Security benefits during your first year of self-employment, depending on when you start as self-employed. Note that SSA will ask about your work plans when you apply, and if you expect to stay under the annual limit (working part time in both capacities), you should get full SS benefits. Just be careful to stay under the annual earnings limit for those collecting early Social Security benefits. FYI, earnings from before your SS benefits started don’t count toward the earning limit.

Note, too, that your monthly Social Security benefit will be actuarially reduced according to how far in advance of your full retirement age you claim SS. Whenever SS benefits are claimed prior to one’s full retirement age, those benefits are permanently reduced.

The Association Mature Citizens Foundation and its staff are not affiliated with or endorsed by the Social Security Administration or any other governmental entity. This article is intended for information purposes and does not represent legal or financial guidance. It presents the opinions and interpretations of the Association Mature Citizens Foundation’s staff, trained and accredited by the National Social Security Association. To submit a question, visit [amacfoundation.org/programs/social-security-advisory](http://amacfoundation.org/programs/social-security-advisory) or email us at [ssadvisor@amacfoundation.org](mailto:ssadvisor@amacfoundation.org). Russell Gloor is a Social Security advisor for AMAC.

## The REGISTER

### LETTERS TO THE EDITOR

Letters to the editor should be 250 words or less in length. No unsigned or anonymous opinions will be published. We require letter writers to include his or her town of residence and home telephone number. We must authenticate authorship prior to publication.

We reserve the right to edit or withhold any submissions deemed to be libelous or contain unsubstantiated allegations, personal attacks, defamation of character and offensive language.

All unknown or alleged facts and quotations offered by the author need to cite credible, unbiased sources.

Send letters to: The Register, 24 Water Street, Palmer, MA 01069 or email [register@turley.com](mailto:register@turley.com). The deadline for submissions is Friday at noon.

### SUBMISSIONS POLICY

Readers, local merchants, institutions, municipalities, non-profit groups, and civic organizations are strongly encouraged to send The Register your hometown news and photos. News items and press releases should be sent via email to [mharrison@turley.com](mailto:mharrison@turley.com) as an attachment AND pasted directly into the email message screen.

Please send photo captions identifying all subjects in your image(s) from left to right. We need first and last name, hometown, title if applicable, and a brief description of what subjects are doing in the photo. Email uncorrected, raw, RGB color digital photos at highest resolution directly off your camera to [mharrison@turley.com](mailto:mharrison@turley.com).

Publicity chairpersons are encouraged to send in news about upcoming fundraising or other calendar events at least three weeks before the event.

If you are having difficulty with a press release or need help, please call (413) 283-8393.

To send submissions by regular post, mail to: The Register, 24 Water Street, Palmer, MA 01069.

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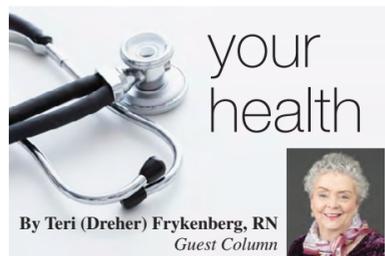
### ELECTION LETTERS POLICY

The Register welcomes readers to participate in this year’s election campaigns by writing letters to the editor for publication on these pages. Letters of up to 250 words from local residents endorsing candidates on the ballot or discussing campaign issues should be sent to The Register, care of Turley Publications, 24 Water St., Palmer, MA 01069, faxed to 413-289-1977 or emailed to [theregister@turley.com](mailto:theregister@turley.com). Please include a daytime telephone number for verification purposes (it will not be printed). Letters must be received by noon Monday to be considered for that Thursday’s newspaper. No attack letters will be printed. No letters written by candidates supporting their own candidacy will be printed. If the volume of letters received is larger than the space available in the newspaper, or if the letters become repetitive, the newspaper reserves the right to print a representative sample. No endorsement letters will be printed in the last edition before the election.

For more information, call the editor at 413-283-8393.

**Campaign news**  
As part of its election coverage, the newspaper plans to print stories about contested races for Congress, state Senate, state House, district attorney and Governor’s Council during the weeks leading up to the election, as well as a question-and-answer voters guide. In order to ensure fairness to all candidates, no political press releases will be printed, nor will reporters cover political rallies or fundraisers.

Candidates who wish to further publicize their candidacy, beliefs and events may contact advertising, 413-283-8393 about paid advertising in The Register.



By Teri (Dreher) Frykenberg, RN  
Guest Column

### Smoke Gets in Your Eyes

Climatologists are telling us that the central and eastern U.S. states are in for a long, hot and smoky summer because of raging wildfires in Canada, mainly in Manitoba, Saskatchewan and Ontario provinces.

“We can anticipate that these major smoke-emitting fires will continue to burn for an extended period,” says

Jeff Masters of Yale Climate Connections. “Furthermore, the long-range fire forecast calls for above-average fire risk over much of the forested areas of western Canada and the Western U.S. this summer, and we should anticipate frequent bouts of poor air quality from wildfire smoke across much of North America.”

It’s become a rite of spring. Massachusetts had already seen some smoky skies owing to wildfires in New Jersey. Now, forecasters are saying that the air quality index is likely to be quite unhealthy as smoke wafts in from up north.

In its 2025 State of the Air report, the American Lung Association estimates that 156 million Americans – nearly half of us – live where there are unhealthy levels of particle pollution (which includes smoke) and ozone.

According to the report, “Extreme heat, drought and wildfires are contributing to worsening levels of air pollution across much of the U.S., exposing a growing proportion of the population to ozone and particle pollution that put their health at risk.”

Here are four things to know about summer smoke

and how to protect yourself.

#### Wildfire smoke is dangerous to our health.

Wildfire smoke contains a menacing stew of gases and fine particles, some of which are so small they can penetrate the respiratory system, worsening symptoms of asthma, heart disease and various lung ailments.

It’s the fine particulate matter (known as PM2.5) that is most concerning because these particles are so tiny, about 1/20th the width of a human hair, they can enter the bloodstream and lungs. A study in 2024 by a group of university researchers found that exposure to PM2.5 was associated with increases in deaths from heart disease, chronic kidney disease, diabetes and other conditions.

#### Pay attention to AQI.

The Air Quality Index

(AQI) tells you how clean or polluted your air is and what the associated health effects may be. It ranges from green (0 to 50), safe for everyone, to dark red (301 to 500), which is unsafe for everyone.

An AQI over 150 is considered unhealthy for the general population. AQI over 101 can be unhealthy for sensitive groups and some with asthma and other conditions may feel unhealthy when the AQI is below 150. Children are particularly vulnerable to the effects of poor air quality due to their developing lungs and high activity levels.

The AQI in Western Massachusetts ranges from good to moderate, but it has been steadily increasing. Always check the AQI before heading outdoors, especially if

Please see **HEALTH**, Page 10

## What's Happening at Hubbard Memorial Library

To register for programs or find out more information, visit [ludlow.cwmars.org](http://ludlow.cwmars.org), or call (413) 583-3408. Weather-related announcements for outdoor events will be made on the library's Facebook page the morning of the program.

Library Hours: M, W, F 9-5, TU, TH, 9-8, S 9-1. Closed Sundays and holidays.

### FOR ALL AGES

**Social Services Drop-In, Wednesday, July 2, 11:00 a.m.** Come meet with our Social Worker for assistance with getting connected to food pantries and applying for food stamps, health insurance questions, referrals to treatment and support groups, supporting those with mental health concerns, free fentanyl test strips and condoms AND MORE! This program is made possible through the Mill Town Public Health Coalition.

**Friends of the Hubbard Memorial Library, third Thursday of the month, 6:00 p.m.** Get involved! Join the Friends of the Library for their monthly meeting and learn how you can help support the library.

### FOR ADULTS

**Becoming Darlene: The Story of Belchertown Patient #4952, Thursday, July 10, 6:00 p.m.** Come and hear the story of Darlene, the focus of Ed Orzechowski's new book. At the age of 7, Darlene was sent to the Belchertown State School among more than 1200 patients where she stayed until she was 17. Upon release, she had very little social skills, yet she persevered and created a life of her own. Hear this story of tragedy, humanity, and hope! Please register.

**Tuesday Movie Club: Jaws, Tuesday, July 15, 12:30 p.m.** *Jaws* (1975), directed by Steven Spielberg, is a thrilling summer classic about a small beach town terrorized by a giant great white shark. Police Chief Brody, a marine biologist, and grizzled shark hunter team up to stop the deadly predator. The film stars Richard Dreyfuss and Roy Scheider. Drop in or register!

**A Love Story Book Club Meeting (new!), first Tuesday of the month, 6:30 p.m.** Join us for the 1st meeting of our new book club! Every book chosen will represent themes of love & romance. Come pick up your copy of *Beach Read* by Emily Henry at the circulation desk.

**Mass Center for the Book Monthly Reading Challenge** Each month, you'll be challenged to read a book based on a chosen theme. Those who participate will be entered to win a free book! For more information and to sign up, please visit [massbook.org/readingchallenge](http://massbook.org/readingchallenge).

**Chair Volleyball for Seniors, every Thursday, 1:30 p.m.** Have some fun and join us for chair volleyball! No running or jumping required. Please sign up on our website or by calling the circulation desk at 413-

583-3408. Walk-ins are welcome.

**Who picked this book? Book Club Meeting, first Thursday of the month, 3:30 p.m.** Join us for this month's Who picked this book? Book Club meeting! You can pick up a copy of the book at the circulation desk.

**Happy Hour Book Club Meeting, last Thursday of the month, 6:30 p.m.** Join us for this month's Happy Hour Book Club meeting! You can pick up a copy of the book at the circulation desk.

### FOR TEENS

**Anime Club, every other Thursday, July 10 and 24, 3:30 to 5:00 p.m.** For middle and high schoolers. Watch and talk about Anime, eat snacks, try out your cosplay, and learn about Anime. Registration recommended.

**Paper Making for ages 13-17, Thursday, July 17, 5:30 to 7:30 p.m.** Learn how to make paper using a blender, mesh screen, and recycled materials. Please register.

**Book Binding for ages 13-17, Thursdays, July 31 and August 7, 5:30 to 7:30 p.m.** In the July session you will learn how to sew pages of handmade paper for the inside of your book. Please register. NOTE: You must attend both sessions to make your book.

**Read Between the Lines High School Book Discussion Group, last Friday of month, July 25, 3:00 to 4:00 p.m.** For ages 14-18. Fun, relaxed book discussion for high schoolers. The group picks the books. This month's book, *My Lady Jane*, by Cynthia Hand, Jodi Meadows, and Brodi Ashton is available in the Youth Room. Please register.

**Nintendo Switch Night for YAs, Tuesday, August 5, 6:00 to 8:00 p.m.** For middle and high schoolers. Play Mario Kart, Smash Bros, or other Switch games. Free pizza sponsored by the Friends of the Library! 16 person limit. Please register.

### FOR CHILDREN AND TEENS

**Bingo, Tuesday, July 15, 6:30 p.m.** For kids, families and teens. Play for a chance to win an awesome prize! Please register.

**Youth Crochet Club, every other Tuesday, July 15 and 29, 5:30 to 6:30 p.m.** For ages 10-17. For beginner to experienced crocheters; supplies provided or bring your own. Registration recommended.

**Make Icy Slime! Thursday, July 17, 1:00 p.m.** Ages 6 to 17. Kids' favorite concoction, made to look icy! Please register.

**Watercolor Painting Day, Friday, July 18, 9:00 to 5:00 p.m.** We'll break out our watercolor sets and provide a variety

Please see **HUBBARD HAPPENINGS**, Page 10

## Call for Walkers for the 37th Annual Jimmy Fund Walk presented by Hyundai

BOSTON — Registration is open for the 2025 Jimmy Fund Walk presented by Hyundai. Scheduled for Sunday, Oct. 5, funds raised from the Jimmy Fund Walk support all forms of adult and pediatric care and research at Dana-Farber Cancer Institute. The Jimmy Fund Walk will aim to raise \$9.5 million this year in the effort to prevent, treat, and defy cancer.

The Jimmy Fund Walk is the only organized walk per-

mitted to use the famed Boston Marathon® course, and participants have the flexibility to choose from four distance options:

5K walk: Starting at Dana-Farber's Longwood Medical Campus

10K walk: Starting in Newton

Half Marathon Walk: Starting in Wellesley

Marathon walk: Starting in Hopkinton

All along the route, walk-

ers will be motivated by poster-sized photographs of patients—Jimmy Fund Walk Heroes—that are the heart of the event and appear along the course as inspiration. Walkers will also be treated to refueling stations with refreshments throughout the course.

The event will conclude at the Jimmy Fund Walk Finish Line at Boston Common, by the corner of Charles and Beacon Streets. Finish line

activities will include a celebration with food, entertainment, and more. Walkers who prefer to participate virtually can complete their chosen distance from any location

Register as an individual walker, team member, or start a team. Take advantage of this unique opportunity and bring a group of your family, friends, or colleagues together against cancer. To register for the Walk (#Jim-

### ELKS from Page 1

us. It's just a way that we can say thank you from the area. We have Veterans night, VFW night, American Legion night, and more coming up."

Wielblad from the LPD added how grateful they felt for the recognition. "Thank you, Ludlow Elks Lodge Cruise Night appreciation, and thank you to the Ludlow Elks Club for hosting an incredible Cruise Night in honor of First Responders! We're grateful for the support shown to the Ludlow Police Department, Ludlow Fire Department, and the Hamp-



**Parking Crew Bob Monahan and Terry were excited to see the first responders' vehicles.**

den County Sheriff's Department. The event brought together community members, classic car enthusiasts,



**Sgt. Wielblad, Officer Martins, and Officer Blair in front of the newest police cruiser in the Ludlow police department.**

and first responders in a night of appreciation. Thank you to everyone who came out, showed support, and helped make the night so memora-

ble." For more information on the Elks Cruise Nights and weather updates, visit the Ludlow Elks Facebook.

### LUDLOW POWER CHOICE from Page 1

handle billing, address power outages, and deliver electricity without interruption. Residents were mailed a notice about the automatic enrollment model and some residents had concerns regarding that, but the automatic opt-in is a requirement by the state and residents have the option to opt-out at any time.

Please note, if you received the notice in the mail, it means your account is eligible for automatic enrollment in Ludlow Power Choice and the notice only applies to you if received it in the US mail. If you did not receive this notice in the mail, your account may not be eligible for automatic enrollment, but you can request enrollment.

To learn more about Ludlow Power Choice, visit [masspowerchoice.com](http://masspowerchoice.com). For direct questions regarding the incoming Ludlow Power Choice program, phone 1-888-203-6454 or email [support@LudlowPowerChoice.com](mailto:support@LudlowPowerChoice.com).

The Register will attend the public information sessions on July 9, 10 to 11 a.m. at the Senior Center and 6 to 7 p.m. at the Veterans Center, and residents can expect a full story in a future edition of the paper.

### TIANO from Page 1

"There's a ton of work to do as there always is, but we have the right people in place. I had the opportunity to hire several administrators over the last year plus, we've seen some good people, and I am really pleased with who we've hired. In our central office, we have our new business manager, our curriculum director, director in special education, as well as a new principal in East Street Elementary, and last year we had a new principal at Baird Middle School. The people that leave us, we are sorry that they are leaving," Tiano said.

Tiano continued with the budget and finances. "In terms of budgeting and our finance, two years ago we laid off 20 full time positions and I've done a lot of work over the last few years to be as transparent as possible. We needed to tighten up our processes and procedures, which I believe we've done over the past few years, we have a good handle on our money. That was a benefit since we just finished negotiating seven labor negotiations, bargaining agreements. That's been very time consuming this year, but we wanted to have our staff be compensated

well and be well respected, but at the same time ensuring we are on the same page. In that route, that was a very successful year."

When asked about communication within the schools and how parents and guardians can voice their comments and concerns, Tiano continued. "Over the past few years, we've updated our communication needs. For example, we just redid our website and now it's ADA compliant, it translates so it's accessible to all our folks. Same thing for our communication, we've gone through this program called ParentSquare that allows parents the choice of what language they receive the message in. Then, when the parent communicates back, it translates to English and so forth. Also, it's one-way communication and two-way communication, teachers can set up groups with parents and more. That's been on our mind and in terms of transportation, there was no action taken. Business Manager Mickey Buhl has been working on the transportation issues and working with our service provider. We had given the committee a heads up that we may recommend changing start times to help with the issue, but what we realized at our last meeting was

that we suggest they take no action because we need more information and timing. For any topic, I receive calls from parents all the time and I get back to them directly as well as committee members too."

Tiano commented that his relationship with the past and present School Committee has been good, saying that the communication both ways and their support has been helpful, highlighting that the committee focuses on the needs of kids. Tiano also added that disciplinary numbers are down, suspensions were down and feels good about those quantitative measures.

"Moving forward, our focus as a district is more on building coherence on the use of data and finding peer support for our students, where they can receive it on a regular education basis. Asking what we can do to help students that are struggling."

Tiano ended by sharing a brief message to the Ludlow community, "Thank you for continuing to support our efforts to provide our children with the best education that we can offer."

The Register will cover the next School Committee meeting on July 22.

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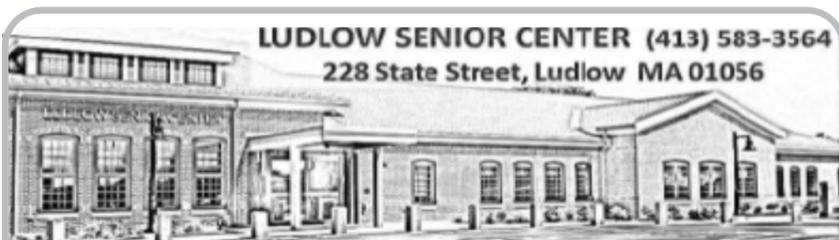
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**LUDLOW SENIOR CENTER (413) 583-3564**  
228 State Street, Ludlow MA 01056

## Welcome to the Ludlow Senior Center

Our calendar is packed with many fitness programs, entertainment, education sessions, and more! Reserve your lunch in the Center's beautiful dining room complete with coffee, tea, and dessert by calling a day in advance at 413-583-3564 (call Friday for lunch on Monday).

For full program and activity descriptions and general information about what a senior center is and does go to: Ludlow.ma.us. Seniors can also "like" the Ludlow Senior Center on Facebook. A paper copy of the Senior Scene newsletter is available at the Center.

### Activities Calendar:

Please register in advance for items with\*

#### Thursday, July 10

8:45 a.m. Foot Care Appointments\*  
9 a.m. Tai Chi  
9:30 a.m. Dominos  
10:15 a.m. Mindful Meditation\*  
10:30 a.m. Friends of the Center Meeting  
10:30 a.m. Senator Oliveira Office Hour  
1 p.m. Mahjong  
2 p.m. Writer's Block  
2:30 p.m. Active Yoga

#### Friday, July 11

8:45 a.m. Boomer Bootcamp\*  
9 a.m. Reiki by Appt.\*  
10 a.m. Boomer Bootcamp\*  
10 a.m. Blood Pressure Checks  
10:30 a.m. Slow Strollers  
10:30 a.m. Trivia  
1 p.m. Ceramics  
1 p.m. Decorating Committee Mtg.  
1 p.m. Healthy Bones & Balance\*

#### Monday, July 14

9 a.m. Knitting  
9:30 a.m. Boomer Bootcamp\*  
10 a.m. Computer Help\*  
10:30 a.m. Slow Strollers  
1 p.m. Scrabble  
1:15 p.m. Pitch  
1:30 p.m. Watercolor Pencil Class\*  
2:30 p.m. Zumba Gold

#### Tuesday, July 15

9 a.m. Quilting  
10 a.m. Cribbage  
10:30 a.m. Gentle Yoga  
12:30 p.m. Blood Pressure Checks  
1 p.m. Brown Bag Pick Up\*

1:30 p.m. Bingo  
4:30 p.m. Power Pump Exercise Class  
4:30-6 p.m. "Souper" Supper  
5 p.m. Movie: *The Great Outdoors* (1988)  
5 p.m. Trivia

#### Wednesday, July 16

8 a.m. Garden Club  
9 a.m. Ceramics  
9 a.m. Zumba Gold  
10:30 a.m. Healthy Bones & Balance\*  
10:30 a.m. Ice Cream & Sprinkles  
1 p.m. Movie: *The Great Outdoors* (1988)  
1 p.m. Healthy Bones & Balance\*  
4:30 p.m. COA Board Meeting

#### Thursday, July 17

8:45 a.m. Foot Care Appointments\*  
9 a.m. Tai Chi  
9:30 a.m. Dominos  
10:15 a.m. Mindful Meditation\*  
1 p.m. Mahjong  
2:30 p.m. Active Yoga

\*PLEASE register for Boomer Boot Camp, Healthy Bones & Balance, Foot Care, and other programs as noted by calling 583-3564

#### Daily Events:

Café: Monday – Friday 8-11 a.m.  
Exercise Room: Monday - Friday 8 a.m. – 3:30 p.m. Open until 6:30 p.m. on Tuesday.  
Walking Club: Monday – Friday 7 a.m. and 8 a.m., leaving from the parking lot.

#### Menu:

Thursday, July 10: Seafood Newberg/White Rice/Mixed Vegetable  
Friday, July 11: Roasted Veggie Pizza/Apple & Carrot Salad  
Monday, July 14: Turkey Waldorf Salad Plate/Roll  
Tuesday, July 15: Beef Stew/Corn Bread  
Wednesday, July 16: BLT Grinder/Chips/Pickle  
Thursday, July 17: Birthday Lunch! Cheese Lasagna Rolette/Side Salad/Garlic Knot

Reserve a delicious \$2 lunch by calling a day ahead. Call on Friday to reserve lunch on Monday.

For allergy concerns, call the Senior Center to ask about ingredients at 413-583-3564.

## PANCAKE BREAKFAST

from Page 3

funds raise money and make donations to, and they provide seed money for some research doctors in the Boston area. So, they can go on to get bigger grants and the reason we have this machine is that it initially started with seed money from the Lions Club. The doctors were then able to develop it enough to be able to get the federal grants for it. Being able to have it here and to do a free vision screening, it's a push on our community service projects."

Next to the raffle prize table full of baskets and gift cards, the mascots Bluey and Leo the Lion were busy taking photos with the families in attendance, where Bluey was the newest visitor to the beloved breakfast event. Riley added that they're always trying to find ways to attract more families and hopefully get more members, "I like seeing people come in and connect with each other, they get to sit and chat, participate in the raffles. The big part of it is more having people come in and have a good time."

The next event for the Ludlow Lions is the food drive in August that supports the Survival Center, for details and future events, visit the Ludlow Lions website for more.

### Joyce Riley with members and volunteers helping at the pancake breakfast.



Turley photos by Amanda Munson

The Ludlow Lions Club held a free pancake breakfast with surprise guests, Bluey and Leo the Lion.



Along with the pancake breakfast was free vision screenings for kids, testing out several different areas of concerns when it comes to kid's vision



## RICK'S

from Page 3

say, I went through the same experience as this other person in the group," Nagle said. "No matter what the matter of death is, the themes are all the same when it comes to grief. People grieve all the same and that's the great thing about the groups is that they can help each other."

Executive Director at Rick's Place Therese Ross began at the nonprofit as program director and moved up into her current position, now belonging to the company in her ninth year. Working in the past in education, Ross shared that her husband died of cancer and was left with three kids attending high school and college.

"I recognized that there was not enough support for families after the death of someone significant and a position at Rick's Place opened as program director. Since then, I've just been really committed to the mission of supporting families and children after the death of an important person in their life," Ross said. "My husband's name was Damon Douglas and he himself was an educator, he was a classroom teacher for many years. He was an incredible athlete and outdoorsman, a remarkable father to our three kids, and his loss was significant in our lives. Learning that you don't get over a loss, you don't heal from it, you're lucky if you're able to integrate that loss into your life and like I'm trying to do something bigger for the community through my own loss experience."

Ross described that Rick's Place begins with families three months after the death.

"We work with kids ages five to 18 and their caregivers and they participate in peer support programs, nobody in our program is a counselor. It's all about the peer support piece, kids are with oth-

er kids who had the death of someone important in their life and they talk about their worries, things that are going well and not going well, and talk about the challenges. The adults are in an adult support group that's focused on how to parent a child who is grieving, while you yourself are grieving. Parenting is a hard job and parenting a child after a death is exponentially harder," Ross said.



The poster read, "Rick's Place is a safe, caring space where families can share their stories, lean on each other, and navigate the journey of loss together."

er kids who had the death of someone important in their life and they talk about their worries, things that are going well and not going well, and talk about the challenges. The adults are in an adult support group that's focused on how to parent a child who is grieving, while you yourself are grieving. Parenting is a hard job and parenting a child after a death is exponentially harder," Ross said.

Ross was thankful to Nagle for supporting the organization.

"It's a community building experience. This is a fabu-

lous collaboration; Steve willingly shares his story of loss, has a strong connection to Rick's Place, he and his kids participated, and he knows the isolation that comes for families after death. He wants our families to be and feel supported by the wider community," Ross said. "He connected with Vanished Valley, they've been so good to us, it's a real community and family-focused experience. We're feeling very fortunate."

Assistant General Manager Kara Dempster of Vanished Valley in Ludlow spoke about the brewery's second time hosting the Rick's Place fundraiser and the overall turnout on Saturday afternoon.

"This was our second time hosting the Rick's Place fundraiser and it was amazing. A great turnout from the community for such a great cause," Dempster said. "We booked it for next year as well! We want to thank everybody who came out to support, bought raffle tickets, and just came out to meet the staff from Rick's Place. It was a fantastic day and an amazing event."

All proceeds benefited Rick's Place, grief support programs for children, teens, and their families.

Rick's Place is also currently looking for volunteers.

To learn more about Rick's Place, visit ricksplace-ma.org/.

## DIABETES AWARENESS

from Page 1

blood sugar, and exercise daily. Kramer commented that doing anything is better than nothing but knowing your limits and being mindful is key.

At the end of the event, programs such as the File of Life program were reviewed, which is offered at the front desk of the senior center. The File of Life program contains your latest medical information, including allergens, medications, and important contact information all in one place for medical professionals in an emer-



Turley photos by Amanda Munson

Public Health Nurse Angela Kramer presented the diabetes awareness PowerPoint for the members of the senior center.

gency. Visit the diabetes.org website for further diabetes management information.

For future health related events, visit the town's website for more information.

## Real Estate Transactions



- Refinances
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- Purchase
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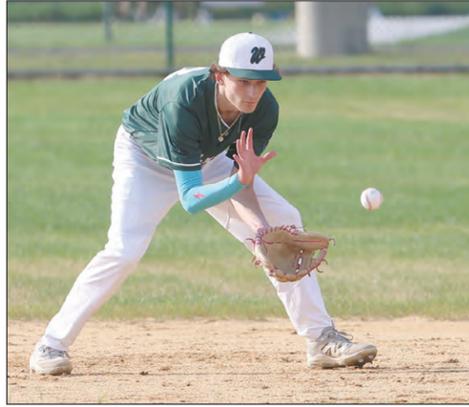
Peter Lagone fields a grounder.

## Falcons with more games to make up

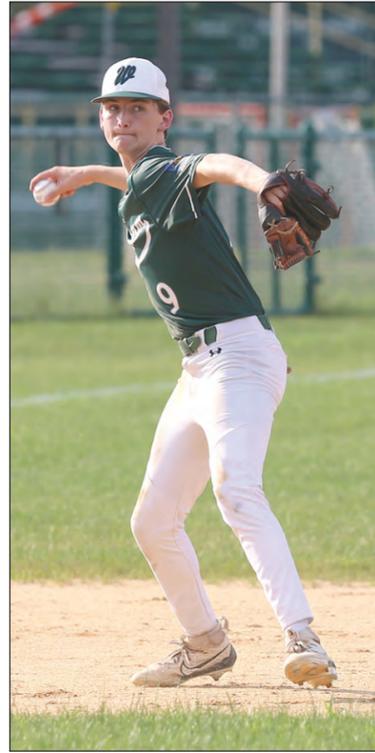
WILBRAHAM – The 6-4 Wilbraham Falcons American Legion baseball team has just a couple of weeks left in their regular season and are looking to finish up strong. Last week, the Falcons did get two games in, defeating Westfield by an 8-7 score. They would lose to Belchertown 9-7 on Wednesday, July 2 at Wilbraham. This season, Wilbraham is including players from Ludlow, which lost its Legion team last year.



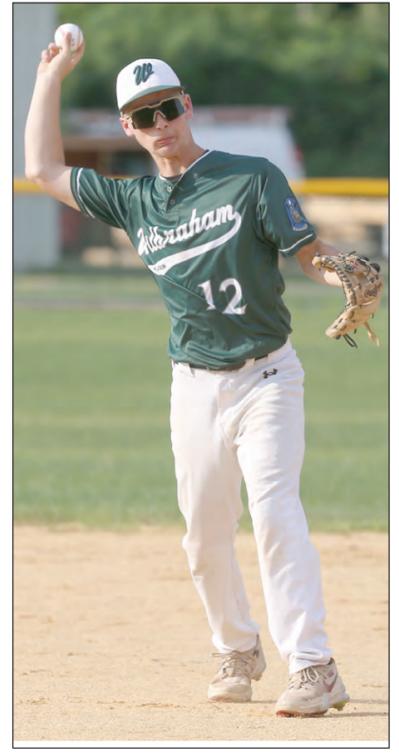
Garrett Piemonte hurls to the plate.



Luke Stejna, of Ludlow, fields the bouncing ball.



Mason Morace, of Ludlow, makes a throw to first.



Jake Santos throws to first.

Turley photos by David Henry www.sweetdogphotos.com

## White Lions win youth title



Submitted photo

Two weeks ago, the U-11 Ludlow White Lions defeated Ware 8-7 in the final game at Whitney Park to win the Western Mass Suburban Baseball League championship. Pictured are members of the team, Colton Rourke, Logan Kumeiga, Jack Germain, Andrew Topham, Grayson Higgins, Kole Wojcik, Mike Gianni, Dylan Marshall, Cooper Burek, Elijah Gallup. Coaches of the team are: Ben Lamothe, Ken Topham, Mike Gianni

## Pioneers punch playoff tickets with victory

By Tim Peterson  
Sports Correspondent

LUDLOW—After winning the USL D-3Pro League championship title in 1999, the Western Mass. Pioneers only qualified for the playoffs five times during the next 20 years.

Since joining USL League Two in 2019, the Pioneers have qualified for the playoffs each season.

The Pioneers clinched a berth in this year's playoffs following a 5-0 win over the Albany Rush before a large gathering at historic Lusitano Stadium, last Wednesday night.

"This is the sixth time in a row that we've made the playoffs," said Pioneers head coach Federico Molinari, who's been coaching the men's squad since 2012. "I think it's a very good accomplishment for the club. We need to win our last two regular season games to have a chance to finish in first place."

The Pioneers (9-1-2), who have finished in second place in the league standings during the past three years, are battling Vermont Green FC (9-0-2) for the top spot in the Northeast Division table.

"We accomplished one of our goals tonight by clinching a playoff berth," said Pioneers midfielder Augustine Boadi. "We're now trying to win the league title."

The Pioneers were scheduled to play a road match

against the New England FC on Monday night before closing out the regular season by hosting the boys from Vermont on Friday night.

The Vermont Green won the first meeting of this season between the two squads, 2-0, which took place in front of 2,500 enthusiastic soccer fans at Virtue Field located on the University of Vermont campus on June 17.

When Vermont made the three-hour trip south on Rte. 91 to Lusitano Stadium a year ago, they clinched a playoff berth with a 3-1 win over the Pioneers in the regular season finale. It was the Pioneers, who had already locked up a playoff berth, only home loss of the 2024 campaign.

Entering last Wednesday's match, Albany (2-9-1) had never defeated the Pioneers since they joined USL League Two in 2022.

The Pioneers, who defeated the Rush, 6-0, on May 19, put the second meeting out of reach by scoring four goals in the first half.

"Building a large first half lead allowed us to relax a little bit in the second half," Molinari said. "We played very well tonight."

The Rush have gone 0-7-1 since celebrating back-to-back victories against Black Rock and Boston City FC at the end of May. Any hopes they might've had about upsetting the Pioneers didn't last very long.

The home team took a 1-0

lead following a corner kick goal in the ninth minute.

Defender Gustavo Barbosa booted the ball into the box from the right corner. Then Boadi sent a pass to forward Jose Bustamante who tapped the ball into the net past Albany goalie James Joyce.

A little more than ten minutes later, Matt Cence, who's also a midfielder, delivered a crossing pass from the right wing into the box. Boadi finished off the play by scoring his first goal of the season.

"I've been on a goal drought for a long time," Boadi said. "I've been working very hard, and it feels very nice to finally score a couple of goals, especially in front of the home crowd. You can't ask for anything better than that."

Cence and Boadi hooked up again in the 24th minute. This time, Boadi blasted a shot into the upper right corner of the net.

While Cence and Boadi are teammates during the summer, they'll be opposing each other at the beginning of September.

Boadi, who's one of the Pioneers veteran players, is also a member of the men's soccer team at Bryant University, while Cence plays at UMass-Amherst.

Aidan Kelly, who's the Pioneers captain and defender,

Please see **PIONEERS**,

Page 8



Mila Dillard, of Chicopee, heads down the field.



Agawam's Hope Santaniello fights for possession of the ball.

## Mutiny closes out regular season

LUDLOW – The New England Mutiny, which gathers talent from all over the region to play its home matches at Ludlow's Lusitano Stadium, recently wrapped up its regular season, including an impromptu 12-0 win over the Worcester Fuel. The Mutiny's short season will lead them to the playoffs, which are likely to take place on the road this year. The Mutiny have hosted playoffs at Luistano in the past.



Maddy Theriault, a Palmer graduate, corral the ball.



Samantha Breton, of Chicopee, tries to fake out an opponent.



Avery Klingensmith, of Belchertown, tries to get a pass away.



Bella Santaniello, gets in the action for the Worcester Fuel during a recent matchup with the Mutiny.

Turley photos by David Henry www.sweetdogphotos.com

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Go to newspapers.turley.com/photo-request

## Polewarczyk grabs win at Hudson Speedway

HUDSON, N.H. - Joey Polewarczyk left no doubt Sunday night as to who holds the home track advantage at Hudson Speedway.

The Hudson, N.H., native and 2020 Granite State Pro Stock Series champion, led every lap en route to his second straight victory in the series' annual Gate City Classic 100.

Only a pre-race redraw could keep "Joey Pole" from starting on the pole, as the veteran clocked in fastest in time trials but redrew second. Two-time GSPSS champ Joey Doiron led the field to green, but Polewarczyk nosed out front before the field even reached turn one.

Polewarczyk and Doiron showed the way for the first nine laps, until Bobby Frappier nosed into the turn-three concrete to bring out the evening's first caution flag. On the restart, Polewarczyk reasserted himself out front, keeping Doiron at arm's length but setting a brisk pace around the high-banked quarter-mile.

While the two veterans held firm out front, former Hudson winner Angelo Belsito dived for third with re-

cent winner Evan Beaulieu and first-time starter Connor McDougal. Eddie MacDonald lingered in the distance, cracking the top five by halfway as he gave Belsito fits for fourth.

Polewarczyk and Doiron were well ahead of the pack when Cory Casagrande ran up on a slower car in heavy traffic, sending the car for a spin and drawing a yellow flag with 25 laps to go.

Once again, the lead duo took off from the field, but the battle for third heated up as "The Outlaw" cleared Belsito, then Beaulieu, to claw his way toward the podium. Belsito and Beaulieu quickly found their hands full with a charging Casagrande and Cole Robie, both trying to make up for lost time in the closing laps.

But not even Doiron could chase down Polewarczyk, who gapped Doiron by nearly half a second on the way to his fourth GSPSS win at his home track.

Doiron's runner-up result was his best-ever finish at Hudson, the track where he last finished a GSPSS race outside the top ten back in 2020.

MacDonald brought car owner Dale Drew's No. 50 home in third, with Beaulieu close on his heels in fourth. Robie finished fifth, giving the young hard charger three top-five runs to open the season.

Casagrande was sixth after an early exit one week ago at Speedway 95, while Belsito slipped all the way to seventh in the home stretch. Frankie Eldredge had his best GSPSS performance yet with an eighth-place finish, while McDougal and Josh St. Clair rounded out the top ten.

Polewarczyk's ninth GSPSS win elevates the 36-year-old to second on the series' all-time win list behind D.J. Shaw. His home-track mastery has played a big part; only once in five GSPSS appearances at Hudson has Polewarczyk not parked in the winner's circle.

The GSPSS teams have a week off to celebrate Independence Day before returning to action on Friday, July 11 at Claremont Motorsports Park, kicking off a four-week midsummer trek through New Hampshire.

## T-Birds bringing back Community Caravan

SPRINGFIELD - The Springfield Thunderbirds are proud to announce the return of the T-Birds Community Caravan, with support from MassMutual, marking the third annual summer tour designed to bring the excitement of Thunderbirds hockey to communities across the region.

This year's Caravan will include three stops throughout the Greater Springfield area during the summer months, continuing the initiative's mission to keep the T-Birds top-of-mind in the offseason while deepening the team's connection to local families and fans. This summer's Caravan dates are as follows:

•Saturday, July 19 - Sonny's Place, Somers, CT - 10 a.m. to 12 p.m.

•Saturday, August 9 - Amelia Park Ice Arena, Westfield - 10 a.m. to 1 p.m. \*

\*The Westfield Community Caravan will also feature the annual T-Birds Street Hockey Tournament on the outdoor deck hockey court at Amelia Park. The Street Hockey Tournament features teams of players ages 9-12.

To register your team, click here.

"After a fantastic continuation of the program last summer, we're thrilled to bring back the Caravan and keep building on its success," said Thunderbirds President Nathan Costa. "We're equally excited to welcome back MassMutual as a partner and thank them for embracing our mission of being champions in the community beyond the Thunderdome."

Each free-to-attend event will feature appearances by Thunderbirds mascot Boomer, team staff, and a lively mix of interactive games, street hockey, family-friendly activities, and local vendors. Fans can also enjoy delicious food options, with each Caravan date spotlighting a local nonprofit beneficiary, helping to raise awareness and support for impactful community organizations.

"We're delighted to support the Springfield Thunderbirds not only on the ice but also throughout the local community," said Dennis Duquette, head of community responsibility at MassMutual and president of the Mass-

Mutual Foundation. "Their caravan provides terrific activities for local kids and families, and we're proud to be a part of it."

The Springfield edition of the Caravan will be collecting donations benefiting The Gray House. Among the requested items are baby food, diapers and wipes, school supplies, and non-perishable food items. The Thunderbirds will also be hosting food drives at the July and August Caravan stops. The July Caravan at Sonny's Place will benefit the Enfield Food Shelf in Connecticut, while the August Caravan in Westfield will collect items for the Westfield Food Pantry.

Additional information for all Community Caravans will be released in the coming weeks via the Thunderbirds' website and social media channels.

For more information on upcoming events, including the Community Caravan, stay tuned to the T-Birds on social media @ThunderbirdsAHL, or visit the Community Tab on www.SpringfieldThunderbirds.com.

## Blue Sox edged by Danbury Westerners

HOLYOKE - On First Responders' Day at MacKenzie Stadium last Sunday, where members of the Holyoke Fire and Police Departments were honored, the Valley Blue Sox narrowly fell to the visiting Danbury Westerners 8-7.

The Westerners quickly jumped in front, as centerfielder Garrett Larsen launched a home run over the left field wall during the game's first at-bat.

The early offense set the tone for a game that showcased nine lead changes and ties.

Sunday's back-and-forth battle came to a head when Danbury extended their lead on a Grayson Sparr RBI double in the eighth inning. That run proved to be the difference, as Danbury edged out an 8-7 win.

"We're going to continue to stay on the offensive attack," said Blue Sox man-

ager Endy Morales.

"We're staying right there. I think mentality, we just got to continue to put good swings on balls. We played better defense today, so as long as we continue to stay forward and move forward, I think we'll be fine."

Valley tallied 11 hits in the loss. Nick Spaventa picked up three hits and two RBI in five appearances. Sebastian Mexico had a two hit performance, adding two RBI. Michael Elko added the other multi-hit outing for Valley, while Rees Kozar and Wyatt Hunt earned RBIs.

Danbury's Aidan Paradine went three for three with an RBI. Left fielder Michael Iannazzo produced two RBI from two hits, and Gavin Donohue collected two runs, a hit and an RBI from four plate appearances. Sparr and Larsen had two hits apiece.

Kenan Elarton started for Danbury and Andrew Koshy earned the win in relief. Harper McLendon was given the loss. Teo Spadaccini got credit for the save.

Valley falls to a record of 11-13. Danbury improves to a 9-13 record on the season.

After an off day tomorrow, the Blue Sox enter a stretch in which they will play six games over the course of five days.

"It's going to take everybody," said Morales. "This is why we have the wonderful resources of Adam Feit and the [training] facility, and taking advantage of the off days. We have all these resources so that we can withhold a stretch like that. It's going to take every single guy, not just to look ahead, but to attack the game that's right in front of us. I think we'll be just fine if we do that."

## Registration open for 3v3 soccer jamboree

BELCHERTOWN - The Third Annual Julia's 3v3 Soccer Jamboree is scheduled to be held at the State Street Fields in Belchertown on August 16th, 2025. The annual event is held in memory of 13-year-old Julia Haynes who passed away in March of 2023 following a battle with brain cancer. All of the funds the Jamboree raises benefit the Julia Haynes Scholarship Fund, which is a 501(c)(3) founded by four of

Julia's classmates.

The first two events hosted more than 60 teams, each year, in grades 3 through high school for the all-day event bracket which also featured food trucks, raffle and dunk tank.

Registration is open until July 20 and is \$100 per team for up to four players and includes an event t shirt. There is also a new bracket for class of 2022 - 2025 participants. There will again be

food trucks, a DJ and some fun activities for attendees including a raffle. Those interested in registering a team, becoming a volunteer, sponsor or donating to the raffle can get more details on the @julias3v3jamboree Instagram or Julia's 3v3 Soccer Jamboree Facebook pages or through Runsignup: <https://runsignup.com/Race/MA/Belchertown/Julias3v3SoccerJamboree>

### PIONEERS from Page 7

is also a member of the Minutemen men's soccer team

The two college soccer teams are scheduled to meet each other in a non-conference match in Amherst on September 6.

"It's always a lot of fun playing your summer teammates during the college soccer season," said Boadi, who would like to play for a professional soccer team after graduating from college next

year. "I'm hoping that we can win our game against UMass. We talk about it all the time and I'm really looking forward to that match."

Cence is a first-year member of the Western Mass. squad.

"I'm thankful for coach Molinari allowing me to join the team this year," Cence said. "It has been a great experience and the guys on the team are awesome."

Cence also assisted on the Pioneers' fourth goal, which

was scored by midfielder Robbie Lyons in the 34th minute.

The Pioneers had several more scoring chances during the second half.

Bustamante netted his second goal of the match during the 82nd minute. Defender Alejandro Carrillo was credited with the assist.

Goalie Alan Horrocks only had to make a couple of save in recording the Pioneers sixth shutout of the season.

# Send Us Your Community Autumn Events

**Turley Publications will print your Autumn event FREE OF CHARGE in our Autumn Fest Supplement which will be published September 10, 2025.**

**Total circulation of 85,000 which reaches over 200,000 readers in the Pioneer Valley.**

**Event Should Be Non-Profit & Open to the Public**

**FREE Calendar Listings Reaching over 200,000 Readers in the Pioneer Valley**

Event Name \_\_\_\_\_

Date/Time \_\_\_\_\_

Location \_\_\_\_\_

Description \_\_\_\_\_

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Cost \_\_\_\_\_

Contact name & phone number for more information \_\_\_\_\_

**MAIL YOUR LISTING INFORMATION TO: Turley Publications, Attn: Jamie Joslyn, 24 Water Street, Palmer, MA 01069 or email\* them to: [jamie@turley.com](mailto:jamie@turley.com)**

**\*Be sure to indicate "Autumn Event" in the subject line of your email.**

**Deadline for Calendar submissions is August 11.**

1	2	3	4		5	6	7		8	9	10	11	
12			13		14				15				
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59					60					61			
62					63						64		

**CLUES ACROSS**

1. 50 percent
5. Records electric currents
8. Charlize Theron flick "\_\_\_ Flux"
12. More frosty
14. Disfigure
15. Sky color
16. A thoroughfare in a town or city
18. Actress de Armas
19. Spend time in a relaxed way
20. California peak
21. Lodging option
22. Small amount of a thing
23. Expresses sorrow
26. Keeps an ear warm
30. Babies (Spanish)
31. A conceited and self-centered person
32. No seats available
33. Pouches

34. Hip joints
39. A place to bathe
42. Evading
44. Minute, one-celled unit
46. Losing one's hair
47. A country in W Africa
49. One point north of northeast
50. Pointed end of a pen
51. Extreme
56. Norse personification of old age
57. Doctors' group
58. Member of U.S. Navy
59. Mens' fashion accessories
60. A way to allow
61. Gloomy
62. Grads wear one
63. Between south and southeast
64. Jaguarundi cat

**CLUES DOWN**

1. Snakes do it
2. Hormone
3. The standard monetary unit of Turkey
4. Fixed charges
5. Electronic communication
6. Artilleries
7. "Strangers on a Train" actor Farley
8. Burning
9. Makes ecstatically happy
10. Greek liqueurs
11. Tropical Old World tree
13. Someone who takes vengeance
17. Style of cuisine
24. Select
25. Immunized against disease
26. Old world, new
27. Honorable title (Turkish)

28. Court case: \_\_\_ v. Wade
29. Supervises interstate commerce
35. Not divisible by two
36. Twelve
37. Commentator Coulter
38. Encourage
40. Plumbing fixtures
41. Early
42. One point north of due east
43. King of Thebes
44. Short-tailed martens
45. Impose a penalty on
47. Consort of Poseidon
48. A way to lessen
49. Brooklyn hoops team
52. Female of a horse
53. Do as one is told
54. A way to prepare meat
55. Unit of measurement

# IN THE CLASSROOM

## COLLEGE NEWS

### Elms College Spring 2025 Graduates

CHICOPEE - Elms College congratulates 279 students who graduated in Spring 2025.

Bianca Bonsu of Springfield

Andrew Caron, Justin Costa, Emma Cote, Maya Grywalski, Nicole McCarthy, Makenzie Nally, Adam Provost, Shayba Safi, and Austin Scott of Ludlow

Thea Vergara of Indian Orchard

Elms College is a co-educational Catholic college offering a liberal arts curriculum that prepares students holistically for a purposeful life in a diverse and interconnected world. Founded in 1928 by the Sisters of St. Joseph, Elms College has a tradition of educating reflective, principled and creative learners, who are rooted in faith, educated in mind, compassionate in heart, responsive to civic and social obligations, and capable of adjusting to change without compromising principle.

### Elms College announces Dean's List

CHICOPEE—The College of Our Lady of the Elms has named the following students to the dean's list for the spring 2025 semester. Congratulations to all the students who are named to the list including:

Triska-Tushanna Bature, Andrew Caron, Justin Costa, Emma Cote, Madissy Dowland, Hannah Haley, Ava Kochanowicz, Gianna Santucci, Austin Scott, Savannah Switzer, and Malynnda Torres of Ludlow.

Jeylah Branch and Thea Vergara of Indian Orchard

Brian Vo of Springfield

Elms College is a co-educational Catholic college offering a liberal arts curriculum that prepares students holistically for a purposeful life in a diverse and interconnected world. Founded in 1928 by the Sisters of St. Joseph, Elms College has a tradition of educating reflective, principled and creative learners, who are rooted in faith, educated in mind, compassionate in heart, responsive to civic and social obligations, and capable of adjusting to change without compromising principle.

### American International College students named to Spring 2025 Dean's List

SPRINGFIELD—American International College (AIC) in Springfield, MA, is proud to announce that 468 students have earned a place on the Dean's List for the spring 2025 semester. These full-time students have attained GPAs ranging from 3.3 to 4.0. AIC applauds the dedication and achievements of these enterprising students.

Stephany Anshah of Springfield

Nicole Audet, Elizabeth Braz, Jocelyn Figueroa, Kylie Howard, Lexi Mena Santucci, and Kendyl Vermette of Ludlow.

Aryanna Cosme, Brianna Evans, and Alaysia Jenkins Graham of Indian Orchard.

Founded in 1885, American International College (AIC) is a private, co-educational, doctoral granting institution located in Springfield,

Massachusetts, comprising the School of Business, Arts and Sciences, the School of Education, and the School of Health Sciences. AIC supports and advances education, diversity, and opportunity for its students and the community.

### Evan Libby has achieved Dean's List honors

DUDLEY—Evan Libby of Ludlow, has achieved Dean's List honors for the spring 2025 semester at Nichols College. Dean's List recognizes those students who achieve high grades during a single semester. To be included on the Dean's List, a student must have a minimum grade point average of 3.5 for at least 12 undergraduate credit-hours and must have received no grades below B during the semester.

### American International College celebrates 2025 Graduates

SPRINGFIELD—American International College (AIC) held its 140th Commencement Ceremony on May 4, 2025, at the Mass-Mutual Center in Springfield, honoring the graduates in the Class of 2025.

Amie Parnes, senior political correspondent for The Hill covering national politics, delivered the Commencement address to undergraduate, graduate, and doctoral recipients. In recognition of her distinguished contributions to political journalism and her commitment to fostering public understanding of national affairs through rigorous and insightful reporting, Parnes was awarded an honorary Doctor of Humane Letters from American International College.

AIC extends its congratulations to the Class of 2025 and wishes all graduates continued success in their future endeavors.

Timothy Battle of Indian Orchard with a Bachelor of Science in Business Administration in Economics and Finance

Collin Laneiro of Ludlow with a Bachelor of Science in Health Science

Kendyl Vermette of Ludlow with a Bachelor of Science in Psychology

Stephany Anshah of Springfield with a Bachelor of Science in Nursing in Nursing

Kylie Howard of Ludlow with a Bachelor of Science in Nursing in Nursing

Katlin Mowry of Ludlow with a Master of Arts in Clinical Mental Health Counseling

Christina Quiterio of Ludlow with a Master of Education in Elementary Education - Professional License

### Elizabeth Pereira earns Emerson College Dean's List Honors for Spring 2025 Semester

BOSTON—Elizabeth Pereira of Ludlow, earned Dean's List honors for the spring semester at Emerson College. Pereira is majoring in Political Communication and is a member of the Class of 2025.

The requirement to make the Dean's List is a grade point average of 3.7 or higher for that semester.

# Ludlow High School Term 4 Honor Roll

## HIGH HONORS

### CLASS OF 2025

Ariana A. Adrien, Ena A. Amoakohene, Ema M. Arriaga, Ava R. Augusto, Nicholas A. Baillie, Caliana J. Blackburn, Kelsie M. Blazejowski, Eren Boluk, Peyton R. Brennan, Madeline G. Brown, David M. Buckley, Mia Bulatewicz, Santiago R. Cadete, Delores A. Calvao, Mia A. Carvalho, Anabella A. Castro, Esther S. Coelho, Taylor B. Colberg, Lucas A. Costa, Rayanna Y. Craven, Isabel K. Cruz, Caitlyn R. Day, Kate S. Del Negro, Ela S. Dias, James J. Dias, Jessica L. Dosreis, Sophia E. Dynak, Linda Hilary B. Faria, Jack E. Favata, Savannah M. Ferrabelo, Carly C. Ferreira, Calleigh J. Foley, Lucas A. Franco, Andre C. Freitas, Sonny C. Freitas, Ava L. Gabriello, Matthew R. Ganhao, Ryan C. Gomes, Ryan J. Goodwin, Thomas C. Graham, Nathan J. Gravelin, Samantha M. Grimaldi, Layla A. Higgins, Mia P. Hurtado, Michael B. Kelley, Joseph A. Keroack, Aleksa J. Kochanek, Madison A. Koske, Gabriel H. LaPlante, Eva M. Lasky, Alexis J. Leab, Eris L. Learned, Ashton M. Leary, Katharina Lipori, Eli J. Lipson, Audrey C. Magalhaes, Jayla A. Martin, Griffin D. McCarthy, Davanee L. McHale, Gabriella I. Meireles, Vincent N. Mole, Belen A. Molinari, Hunter S. Monette, Ashlyn P. Moquin, Mary C. Morris, Ava M. Moutinho, Isabella R. Murphy-Rodriguez, Ryanna-Kelly V. Musambai, Sean R. Nascimento, Jason T. Nilson, Kelsey M. Ouellette, Ava J. Peczkka, Noah J. Pedro, Gabriella R. Pereira, Anthony T. Portelada, Ariana L. Quaglia, Vincent C. Ribeiro, Lucas A. Ricardi, Alex G. Rodrigues, Kyle D. Rodrigues, Alexander E. Roy, Cameron J. Salvador, Jade V. Schaefer-Cunha, Bridget C. Schneider, Brianna O. Scibelli, Sophia I. Scydooruka, Nathan T. St. Cyr, Delaney R. Stebbins, Sofia M. Szumski, Madison C. Tereso, Abigail R. Toomey, Alexis A. Urban-Sunter, Gavin L. Vala, Samantha T. Vazquez, Thomas J. Wadas, Logan F. Walsh, Michele A. Winslow, Aleksander J. Wojcik, Owen G. Wurszt, Cooper W. Zukowski

### CLASS OF 2026

Sophia M. Alvaro, Emilia M. Alves, Madeline R. Andrews, Katherine M. Anselmo, Noah A. Bahgat, Juliana M. Bartolucci,

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Please contact **Pat James 413-726-8661.**

# PUBLIC NOTICES

## Ludlow Public Schools Destruction of

**Special Education Records**  
Please be advised that the SPECIAL EDUCATION RECORDS from the Ludlow High School Class of 2018, along with the records of students released from special education services during the 2017-2018 school year, will be destroyed the week

of August 4, 2025. If you wish to obtain your records, please contact the Special Education office at 583-8372, ext 1216 prior to Friday, August 1, 2025, in order to make arrangements for pick up. Please note that identification will be required at the time of record retrieval.  
07/09, 07/16, 07/23, 07/30/2025

## LUDLOW PLANNING BOARD LEGAL NOTICE SITE SKETCH

The Ludlow Planning Board will hold a public hearing in Ludlow Town Hall, Selectmen's Conference Room on **Thursday, July 24, 2025, at 7:30 p.m.** on the application of Thomas & Jenna Alimberti, for the property

located at **345 Holyoke Street, Ludlow, MA (Assessors' Map 11B, Parcel 9)** for the purpose of: **school of dance.**

If for any reason this hearing is cancelled, it will be rescheduled to Thursday, August 14, 2025.  
Raymond Phoenix, Chairman  
07/09, 07/16/2025

## HUBBARD HAPPENINGS

from Page 5

ety of pictures to paint on. Drop-in.

**Nature Sunprints, Tuesday, July 22, 2:00 p.m.** For ages 5-17. Turn items from nature into art with photo-sensitive paper. Please register.

**Tween Graphic Novel Book Group, Thursday, July 24, 5:00 to 5:45 p.m.** For ages 9-13. Meet to discuss graphic novels, play games, and make crafts. This month the group is reading Dungeons & Dragons: Dungeon Club: Roll Call, by Molly Ostertag, which is available in the Youth Room. There will be snacks! Please register.

**Balloon Olympics, Friday, July 25, 11:00 a.m.** All ages. Goofy fun - our version of Summer Olympics! Please register.

**Book Making for ages 8-12, Tuesday, July 29, 3:00 to 5:00 p.m.** Use handmade paper and learn how to sew pages together to make your own book. Please register.

**Movie: The Wild Robot, Wednesday, July 30, 1:00 p.m.** Rated PG. Enjoy free popcorn and drinks, and take home a Wild Robot activity packet after the show. Drop-in.

**Harry Potter Scavenger Hunt and Celebration, Thursday, July 31, 9:00 a.m. to 8:00 p.m.** Celebrate Harry's birthday! Find all the Harry Potter pictures in the Youth Room to win a prize, plus enjoy other wizarding-themed crafts and activities. Drop-in.

**Pokemon Club, every Wednesday through August 20, 3:30 to 4:45 p.m.** For ages 8-14. Trading, dueling, and gaming on your own handhelds, phones, or Nintendo Switch. Please have your name on everything you bring to the club. Please register.

**Lego Build Challenge, every Wednesday, 9:00 a.m. to 5:00 p.m.** Pull a Lego Build Challenge Card and try to build it with the library's Legos, or free build just for fun. All creations will be put on display in the Youth Room for the week. Drop-in.

**Friday Online Club, every Friday, 3:30 to 4:45 p.m.** Play Roblox, Minecraft or other online group games at the library. Meet new friends or play with old ones. Feel free to use one of the library Minecraft accounts: please sign up for your own Roblox or other accounts. For grades 3-8. Please register.

**FOR CHILDREN  
Storytime Session for**

**2-3s: Color Our World, Wednesdays, through August 6, 10:00 a.m.** Six weeks of stories, songs, and games about colors, tailored for 2-3 year olds, with free play at the start and a craft and snack at the end. Please register.

**Tanglewood Marionettes Puppet Show: The Fairy Circus, Thursday, July 10, 10:30 a.m.** Suitable for preK-8 years. The library is thrilled to welcome this award winning, nationally known company, thanks to a grant from the Ludlow Cultural Council. See the masters of this art form! Please register.

**Shaving Cream Paper Marbling, Thursday, July 10, 2:00 p.m.** Ages 5-10. Shaving cream, food coloring, and a little science turns plain paper into a swirling work of art! We'll go outside if the weather is nice. Please register.

**Movie and Craft: Charlotte's Web, Friday, July 11, 10:00 to 11:30 a.m.** Rated G. Celebrate the birthday of E.B. White, author of Charlotte's Web and other beloved children's classics, and stay after to make a craft inspired by the movie. Drop-in.

**Paper Making Workshop for ages 8-12, Tuesday, July 15, 3:00 to 5:00 p.m.** Learn how to make paper using a blender, mesh

screen, and recycled materials. Please register.

**Summer Grow, Play and Learn Playgroup, Thursdays, July 17 through August 14, 9:30 to 10:30 a.m.** For ages 0-5. Playgroup led by Early Childhood Development specialists. Sponsored by Pathways for Parents CFCE. Please register.

**Construction Vehicles Scavenger Hunt, Monday, July 21, all day.** All ages. Find all the truck and digger pictures around the Youth Room to win a prize! Drop in.

**Sing With Me, every Tuesday, 10:30 to 11:00 a.m.** (not 7/29 or 8/12) For 0-5s. Interactive, participatory music for children and their grown-ups with favorite children's songs. It takes place on the library lawn, but we move inside for bad weather. Drop-in.

**Read to a Poodle, Wednesdays, July 23 and August 6, 2:00 to 3:00 p.m.** For beginning readers. Sign up to treat Brightspot therapy dog Quill and his trainer to 10 minutes of solo reading by you! Please register.

**Daily Drop-In Crafts, all ages.** DIY crafts available in the Youth Room daily. New craft each week.

## YOUR HEALTH

from Page 4

there's smoke in the air.

**Masks help.**  
The masks we wear to stave off the COVID virus also work against the fine particulates in wildfire smoke. An N95 mask blocks 95% of PM2.5, and an N90 blocks 90%. Other common masks, like KN95 and FFP2, are equivalent to the N95 standard. Even a disposable surgical mask is better than nothing.

A mask should seal around your nose and mouth, while still leaving room for breathing. With another summer spike in COVID expected, make sure you have masks on hand in adult and kid sizes.

## Don't let your indoor environment make it worse.

While you're staying indoors as much as possible during periods of high smoke concentration, make your indoor environment safe, too.

Close doors and windows. Use your air conditioning and make sure it's set to recirculate indoor air, not draw from outside.

You can also get inexpensive portable air clean-

ers with HEPA filters, or upgrade the filter in your HVAC system to MERV 13, which filters allergens and mold in addition to particles. There are higher MERV ratings, but they're generally not recommended for residential use.

Avoid activities that worsen indoor air quality, such as smoking, using wood-burning stoves or burning candles.

Last year, Canadian wildfires persisted until November, so we have a long way to go. Keep yourself and your loved ones out of harm's way by keeping an eye on the AQI, staying inside when it's unhealthy, and keeping masks in your home and car.

Teri(Dreher) Frykenberg, is a registered nurse and board certified patient advocate and founder of [www.NurseAdvocateEntrepreneur.com](http://www.NurseAdvocateEntrepreneur.com), which trains medical professionals to become successful private patient advocates. Teri offers a free phone consultation to Turley Newspaper readers as well as to nurses interested in becoming advocates. Reach her at [Teri@NurseAdvocateEntrepreneur.com](mailto:Teri@NurseAdvocateEntrepreneur.com)

## JIMMY FUND

from Page 5

myFundWalk) or to support a walker, visit [www.JimmyFundWalk.org](http://www.JimmyFundWalk.org) or call 866-531-9255. Registrants can enter the promo code NEWS for \$5 off the registration fee. All registered walkers will receive a bib, medal, and a Jimmy Fund Walk T-shirt. You can also sign up to volunteer on Walk Day.

## About the Jimmy Fund

The Jimmy Fund, established in Boston in 1948, is comprised of community-based fundraising events and other programs that, solely and directly, benefit Dana-Farber Cancer Institute's lifesaving mission to provide compassionate patient care and groundbreaking cancer research for children and adults. The Jimmy Fund is an official charity of the Boston Red Sox, the Massachusetts Chiefs of Police Association, the Pan-Mass Challenge, and the Variety Children's Charity of New England. Since 1948, the generosity of millions of people has helped Dana-Farber save countless lives and reduce the burden of cancer for patients and families worldwide. Follow the Jimmy Fund on Face-

book, X, and Instagram: @TheJimmyFund.

About Dana-Farber Cancer Institute

Dana-Farber Cancer Institute is one of the world's leading centers of cancer research and treatment. Dana-Farber's mission is to reduce the burden of cancer through scientific inquiry, clinical care, education, community engagement, and advocacy. Dana-Farber is a federally designated Comprehensive Cancer Center and a teaching affiliate of Harvard Medical School.

Dana-Farber provides the latest treatments in cancer for adults through Dana-Farber Brigham Cancer Center and for children through Dana-Farber/Boston Children's Cancer and Blood Disorders Center. Dana-Farber is the only hospital nationwide with a top 5 U.S. News & World Report Best Cancer Hospital ranking in both adult and pediatric care.

As a global leader in oncology, Dana-Farber is dedicated to a unique and equal balance between cancer research and care, translating the results of discovery into new treatments for patients locally and around the world, offering more than 1,100 clinical trials.

# Church DIRECTORY

## THE CHURCH OF JESUS CHRIST OF LATTER DAY SAINTS

584 West St., Ludlow  
413-583-8454  
S Sunday services  
Sacrament Meeting 10- 11 A.M.  
Sunday school for adults,  
Young single adults( 18-30) and teens ( 11-18 )  
1st & 3rd Sunday of  
the month from 11-12 noon  
Adult Religious/Marriage and Parenting  
for Women- 2nd & 4th Sunday of the month  
from 11-12 noon  
Adult Religious/Marriage and Parenting  
for Men- 2nd and 4th Sunday of the month  
from 11-12 noon  
Classes for Single Adults(18-30)  
2nd & 4th Sunday  
of the month -11- 12 noon  
Classes for Young Men( 11-18 )  
2nd & 4th Sunday  
of the month 11-12 noon  
Classes for Young Women ( 11-18 )  
2nd & 4th Sunday of the month - 11-12 noon  
Children's classes: Sunday school & singing time  
every Sunday( 3-10 ) 11- 12 noon  
Nursery provided for ages 18 month- 3 yr

## CHRIST THE KING CHURCH

41 Warsaw Ave., Ludlow  
413-583-2630  
Pastor Rev. Raymond A. Soltys  
Saturday Vigil Masses - 5 p.m. and 6:30 p.m.  
Sunday Masses - 7:30 a.m.; 8:45 a.m. (Polish);  
10 a.m. and 11:15 a.m.  
Sunday Evening Mass - 5:30 p.m.

## IMMACULATE CONCEPTION CHURCH

25 Parker St, Indian Orchard,  
413-543-3627  
Very Rev. Piotr Calik  
Office Hours: Monday, Tuesday, Wednesday,  
Thursday, 9 a.m. - 1 p.m.  
CLOSED FRIDAY  
MASS SCHEDULE  
Monday 8:00am  
Tuesday 8:00am  
Wednesday No Mass  
Thursday 6:00pm  
Friday 6:00pm  
Saturday 4:00pm  
Sunday 8:30am (English) 10:15am ( Polish )  
Confessions: Saturday - 3:15-4 p.m.

## ST. ELIZABETH PARISH

191 Hubbard St., Ludlow  
413-583-3467  
Pastor - Rev. Msgr. Homer P. Gosselin  
In Residence - Rev. Norman Bolton  
Deacons: Normand Groudin, Thomas Rickson,  
Keith Davies  
Office Hours: Monday - Friday 8 a.m. - 4 p.m.  
Visit our website at [www.stelizabethludlow.org](http://www.stelizabethludlow.org)  
Like us on Facebook Check out our Parish App  
Wed., July 9 - Daily Mass - 7:30 a.m. (C)  
, 8:00 a.m. Adoration (C),  
Holy Mother Choir - 5:15 p.m. (C)  
Thurs., July 10 - Daily Mass -7:30 a.m. (C)  
Fri., July 11 - Daily Mass - 7:30 a.m.(C)  
Sat., July 12 - Confessions - 2:30 p.m. (C),  
Saturday Mass - 4:00 p.m. (C)  
Sun., July 13 - Daily Masses at 7:30 a.m.,  
9:15 a.m., 11:00 a.m. and 5:00 p.m.(C)  
Mon., July 14 - Daily Mass - 7:30 a.m. (C),  
6:30 p.m. Steubenville East Mtg. (JR)  
Tues., July 15 - Mass - 7:30 a.m. (C)

## OUR LADY OF FATIMA PARISH

438 Winsor St., Ludlow  
413-583-2312  
Father Pedro DeOlivera  
Office hours: Monday - Thursday 9:00 a.m.  
to 5:00 p.m., closed 1:00 p.m.-2:00 p.m.  
Sunday Masses - 9 a.m. (Portuguese);  
11 a.m. (English)  
Monday and Wednesday Morning  
Masses - 8:30 a.m. (Portuguese)  
Tuesday and Friday Masses - 5:30 p.m.  
(Portuguese)  
Saturday Vigil Mass - 4 p.m. (English)  
First Saturday of the Month - 8:30 a.m.  
For more information, visit  
[ourladyoffatimaparish.org](http://ourladyoffatimaparish.org).

## FIRST CHURCH IN LUDLOW

859 Center St. Ludlow  
413-583-3339  
Reverend Darcy Borden, Pastor  
Office hours Monday & Wednesday 10 am to 2 pm  
Available by appointment at other times  
Sunday worship at 10 am alternating weekly with  
Grace Union Church, Wilbraham  
Call or check Facebook or the website for the  
schedule of worship and events  
Service live-streamed at 10 am on Facebook  
<https://www.facebook.com/firstchurchludlow>  
Website: [www.ludlowfirst.com](http://www.ludlowfirst.com)

## ORCHARD COVENANT CHURCH

95 Berkshire Street  
Indian Orchard, MA 01151  
413-543-4204  
Revs. Karen and Nick Munn, pastors  
Sunday School for all ages, 9:45 a.m.  
Worship in person, 11 a.m.  
Or watch our livestream.  
See our website for more information:  
[orchardcovenant.org](http://orchardcovenant.org).

## FAITH COMMUNITY CHAPEL

A Church of the Nazarene  
485 East Street, Ludlow  
(413) 583-7875  
Email: [FCCPastorLisa@gmail.com](mailto:FCCPastorLisa@gmail.com)  
Lead Pastor: Rev. Lisa Morrison  
Associate Pastor: Gary Coombs  
Sunday Morning Discipleship Groups  
meet at 9:45am  
Worship service meets at 11am  
OTHER MEETINGS  
Tuesdays: Zoom Bible Study 7pm  
Fridays: After School Club for Children 5pm  
AA Group 7pm

## STS. PETER AND PAUL UKRAIMAN CATHOLIC CHURCH

45 Newbury St.  
Ludlow, MA 01056  
Phone: 413-583-2140  
Pastor: Father Andriy Krip  
Liturgy schedule:  
Wednesday 9 a.m., Friday 9 a.m.  
Rosary for Peace in Ukraine  
on Wednesday at 6 p.m.



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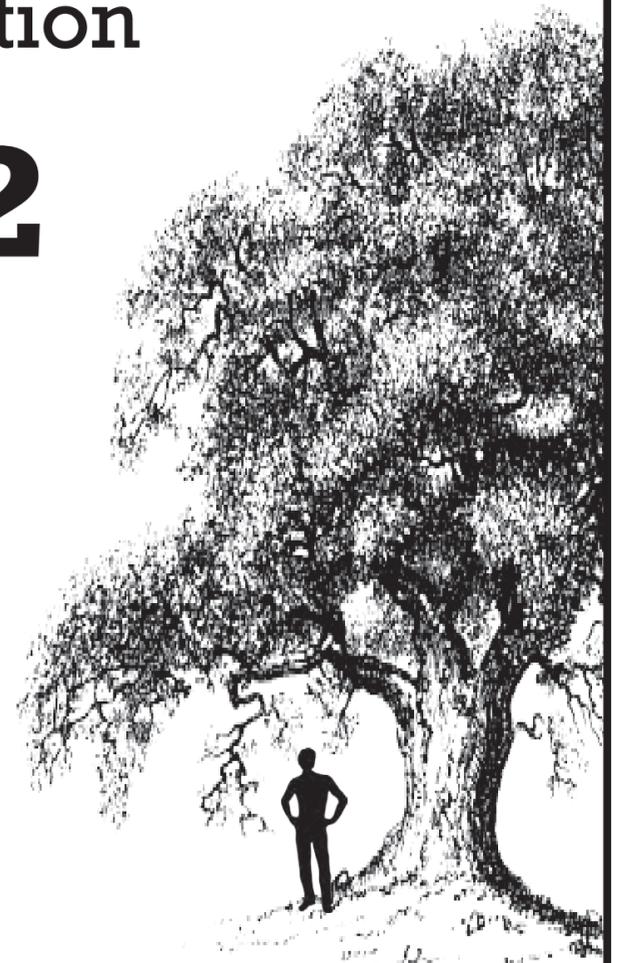
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