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# The REGISTER

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Turley photos by Amanda Munson

Kevin Vestel of Membership, District Governor April Beston, Chief Valadas of the LPD, with Tony Sanches of Pioneer Valley Credit Union.

## Rotary Club recognizes Chief Valadas with 'Service Above Self' award

By Amanda Munson  
 Staff Writer  
 amunson@turley.com

LUDLOW – The Rotary Club of Ludlow, which met at Mill's Tavern & Grille last Wednesday, wanted to surprise Chief Valadas of the Ludlow Police Department with a special recognition before his retirement. Honoring him at their meeting, Valadas walked in thinking it was a regular introduction where he was asked to speak about the new member Joanna and background on his involve-

ment within the community. Upon entering the event space, Valadas was joined by a few members of the LPD, his family, and was very surprised to learn of the award given to him and the actual reasoning of him being in attendance. Valadas was described as having a lengthy and distinguished career, with many sharing the same sad feelings learning about his retirement from the LPD, everyone shared deep gratitude and

Please see **VALADAS**, Page 5



Chief Valadas and Kevin Vestel with the chief's award presented to him during the 'surprise' meeting.

## Board signs letter supporting commission expansion

By Amanda Munson  
 Staff Writer  
 amunson@turley.com

LUDLOW – The Ludlow Select Board has voted to support expanding the Board of Directors for the Springfield Water and Sewer Commission.

At its July 22 meeting, the board discussed signing a letter of support for the board expansion. Chairperson Manuel Silva began, "I had a long conversation with State Representative Aaron Saunders

and asked me if there was something that I'd be willing to support, and I said certainly. But now that it's here, I don't see any reason not to."

Vice Chairperson William Rosenblum commented that Saunders reached out to him as well, "This is something we discussed in prior meetings so I'm fully in support of it."

The Select Board signed and voted in favor of the sup-

Please see **LETTER**, Page 5

## Soccer field could be renamed for local contributor

By Amanda Munson  
 Staff Writer  
 amunson@turley.com

LUDLOW – The Select Board responded to a letter submitted by Vice Chairperson William Rosenblum, as a citizen, requesting to have the soccer field renamed as Antonio Tony Goncalves, in memory of the past Selectman.

Rosenblum began, "I took it on more as a citizen and as a friend to Tony, because he impacted my life very much. So, I reached out to Superintendent Dr. Tiano, and I notified the Select Board that I feel due to his contributions, not just as a selectman but his contributions over the

course of the business in 40 years to me, warrants a remembrance. His fundraising for Luso, Saint John the Baptist Golf Tournament for the school, the Night in Portugal Scholarship Committee, Ludlow Cares Coalition, the Planning Board, in 1984 he created the zoning bylaws for this town. Ideal Insurance and Realty, and even Pondview Manor over across from an Ideal Lane that was a development that he did with some other people in town. But probably even more so and why I said the soccer field is because of his affinity for soccer and his support for

Please see **SOCCER FIELD**, Page 5

## Select Board discusses Eversource delivery increased rates

By Amanda Munson  
 Staff Writer  
 amunson@turley.com

LUDLOW – On July 22, Eversource submitted a letter to the Select Board informing them about increased delivery rates from the DPU (Department of Public Utilities), who approved an approximate increase of 4% to 9% to rates for the delivery portion of the electric bills. Member James Gennette first commented saying, "This is horrible timing because of Ludlow Power Choice coming out, people are still having a hard time digesting that there's a difference

between your power supply (Ludlow Power Choice) and your delivery (Eversource); the power lines to your house. They are two separate things. This increase is Eversource, National Grid, all the delivery companies which are private, they're businesses, that are going up in their prices from four to nine percent in their rates of delivery. This has nothing to do with power choice. This is regulated by the state, that's what the DPU is, and all the other providers cannot go up in their increases without state approval. That's what this is, the state approved Eversource, National Grid, and all the com-

panies to go up these percentages on their delivery rate. It is not going to have any effect on your supply rate."

Vice Chairperson William Rosenblum commented suggesting residents visit the Eversource website and do a mock bill, where it states at the top 'Name of Supplier'. To clarify, the usage and the supplier is where residents can control that portion of the bill, everything below you don't control.

"We can reiterate this at every meeting that the Ludlow Power Choice is

Please see **SELECT BOARD**, Page 5

## Elks Lodge honors Polish American Veterans

By Amanda Munson  
 Staff Writer  
 amunson@turley.com

LUDLOW – On July 22, the weekly cruise nights at the Elks Lodge honored Polish American Veterans and Commander of the Polish American Veterans Paul Chrzan of the Elks spoke about the significance and importance of the night. After commenting about the great weather, the Elks had to host the cruise night, after a couple of weeks with bad weather, Chrzan continued.

"Tonight, the sponsor is the Polish American Veterans Club of Wilbraham, Indian Orchard, and Ludlow.



Turley photo by Amanda Munson

Commander of the Polish American Veterans Club Paul Chrzan of the Elks alongside Past President of the Ludlow Elks and Member of the PAV of Wilbraham Stanley Halgas.

Please see **VETERANS**, Page 6

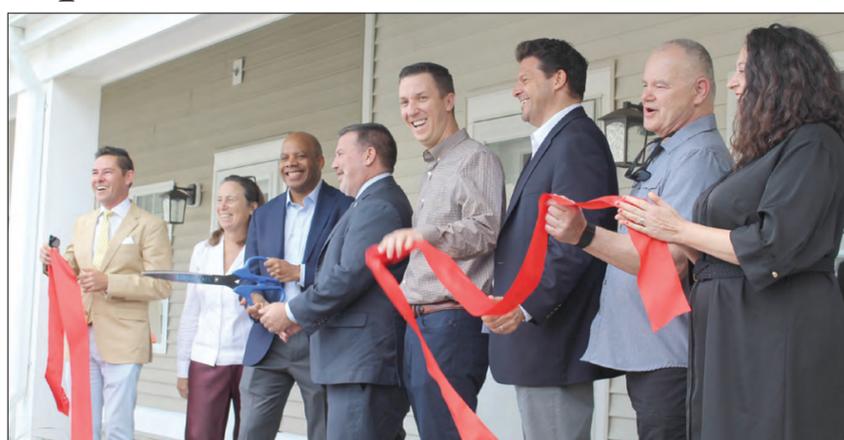
## Way Finders celebrates completion of Greenstead Grove with ribbon cutting

By Amanda Munson  
 Staff Writer  
 amunson@turley.com

LUDLOW – On July 18, Way Finders celebrated and cheered on the completion of Greenstead Grove apartments with a ribbon cutting, speeches and certification presentations, followed by select tours of the apartment units. Across the street from Harris Brook Elementary, Greenstead Grove located at 188 Fuller St. reflects Way Finders' push to increase affordable housing in suburban areas.

Way Finders worked with General Contractor Allegrone Companies and Dietz

& Company Architects on the townhouse-style apartments, including one, two, and three-bedroom apartments, with three apartments being fully accessible and three equipped for those with sensory (hearing and visual) impairments. The site has a total of 43 units, ample off-street parking, Way Finders' on-site property management and resident services separate on-site community building, and an affordable commitment mission to the community. Way Finders is a nonprofit community development corporation that builds and advocates for thriving communities by strengthening housing op-



Turley photo by Amanda Munson

The ribbon cutting with State Representative Aaron Saunders and Way Finders President and CEO Keith Fairey, alongside State Senator Jake Oliveira, Town Administrator Marc Strange, Select Board Member Anthony Alves and more.

tions, described as being the largest nonprofit housing developer in the region.

Greenstead Grove is unique since some apartments are financed with low-income housing tax credits with 16 apartments reserved for households at or below 30% area median income and 27 apartments reserved for households at or below 60% area median income. Way Finders President and CEO Keith Fairey began the event with a speech explaining the journey of the Greenstead Grove property to the guests and attendees.

Please see **WAY FINDERS**, Page 6

# LUDLOW

## Don't miss the 2025 summer concert series at the gazebo

By Amanda Munson  
Staff Writer  
amunson@turley.com

LUDLOW – Join in on the fun at the Mack Donnelly Gazebo, right next to the Hubbard Memorial Library, for the Ludlow Cultural Council summer concert series before it ends! For the 2025 summer, Chairperson of the Cultural Council Pam Hayes spoke about the council, her favorite experience being part of it, and the last couple of concerts before the school year begins. Being part of the cultural council for a year and a half, Hayes said the best part about it is the group of people that surround her.

“The best thing about it is we have a really great group of people that are on the council, and we all work really well together, we’re trying to keep things up to date like trying to get different bands to make things fun. We’ve had a pretty good turnout from our concerts so far this year. When I became aware of the concerts, it was mostly senior citizens but switching towards a different style like rock n’ roll, they’re still coming anyway. It didn’t seem to drive anybody away, it just seemed to add different types of people to the crowd. These concerts attract mostly Ludlow residents, but we do see out of town attendees too!”

Sharing that she was born and raised in town, a longtime resident, Hayes shared that when she was

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2025 SUMMER CONCERTS		
15 JUN	LONGING FOR AUTUMN BOS & TOS ROCK	FOOD TRUCKS THAI FOOD PLACE
22 JUN	CCG GROUP CLASSIC ROCK & ORIGINAL MUSIC	MADD EATZ
29 JUN	TOMINGRAM BAND ROCK AND ALTERNATIVE	RUSTIC FUSION
13 JUL	ACOUSTICCA AMERICANA, ROCK, COUNTRY & BLUES	MACKEN SLIDERS
20 JUL	KITCHEN JAM LIVE CLASSIC ROCK	MADD EATZ
27 JUL	UNION JACK BRITISH INVASION BAND	WANDERING WAFFLES
02 AUG SATURDAY 6PM	JESUS PAGAN SALSA ORCHESTRA	JVCATERING, LLC
10 AUG	SPF4 SURF ROCK	RUSTIC FUSION
17 AUG	LOBSTERZ FROM MARZ GRATEFUL DEAD COVER BAND	MADD EATZ
24 AUG	KINGDOM OF JONES ROCK, ALT., COUNTRY & BLUES	MADD EATZ
7 SEPT	LISA MARTIN FOLK ROCK, BLUES SINGER	FRY'D GUYS

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The 2025 summer concert series located right at the Mack Donnelly Gazebo.

growing up in the 70's she listened to rock n' roll. "I like music where you can recognize the songs to and where we set up at the concerts, seeing everyone in the crowd, people are bopping their heads and tapping their feet. Where the concerts are set up, it's comfortable and because it's the summer, the shade of the trees makes it nice. The lawn is gorgeous, the DPW does a great job keeping the area nice and there's enough easy parking. The best part about the lo-

cation is people could walk out of their buildings and come to the concert."

Hayes ended describing the upcoming Saturday concert that you don't want to miss. The only Saturday concert is Aug. 2 with a salsa orchestra named Jesus Pagan that plays Puerto Rican and salsa music, which will offer salsa dance lessons and catering before the concert at 6 p.m. It's recommended to come earlier if you are interested in the dance lessons.

## Ludlow firefighters extinguish two-alarm fire

LUDLOW — Chief Ryan Pease reports that the Ludlow Fire Department extinguished a two-alarm fire in the garage of a residential property on Saturday afternoon, preventing the flames from spreading into the rest of the Timberidge Road home.

On Saturday, July 26, at approximately 2:20 p.m., Ludlow Fire responded to a fire at 101 Timberidge Road home after dispatchers received a call from a neighbor reporting the blaze.

Upon arrival, crews found an active fire on the second floor of the garage attached to the home, before making a swift, aggressive interior attack, stopping the fire from

getting into the rest of the house.

The fire was brought under control in less than 25 minutes, resulting in no fire or smoke damage to the living areas of the residential property.

With no municipal water supply or fire hydrants in this section of Ludlow, firefighters drew water from tankers in order to put out the blaze.

Mutual aid was provided by the Belchertown and Westover Fire Departments. Station coverage was provided by the Chicopee Fire Department, while the Granby Fire Department responded to a medical emergency in Ludlow during the fire.

Ludlow Police assisted

at the scene, and Ludlow Central Dispatch provided communication and logistical support.

The cause of the fire remains under investigation by the Ludlow Fire Department and Massachusetts State Police assigned to the State Fire Marshal's Office.

"I'd like to commend our firefighters for a job well done in responding to this fire, keeping it from spreading from the garage into the main portion of the house," said Chief Ryan Pease. "Their efforts prevented much more significant damage, which very easily could have happened, if not for such a first-rate rapid response."

## Polish Food sale on Aug. 23

INDIAN ORCHARD — A DOZYNKI Celebration will be held at Immaculate Conception Church Hall,

25 Parker Street, Indian Orchard, MA, on August 23, 2025 from 2 to 6 p.m. with a Polish Plate Dinner.

Polish Plate Dinner (4 Pierogi, Golabek, Kielbasa, Kapusta and Rye Bread)

\$20 Per Plate---Eat in or Take Out.

Cash Bar-Wine and Beer, Water and Soda

No outside food or drink allowed.

Homemade Baked

Goods available for purchase from the Youth.

Tickets are available by calling: Maria Kowalski- 413-222-6229, Irena Wurszt-413-427-5846, Parish Office-413-543-3627 opt for Monday and Tuesday 0 a.m. to 2 p.m.

Frozen Polish Food will also be available: Golabki (3) \$12, Kapusta (Large) \$10.

Pierogi (Cabbage, Potato & cheese \$14, Sweet Cheese, Blueberries \$15)

There will Not be a sale from 9 a.m. to 1 p.m. as previously published, only from 2 to 6 p.m.

## Crafters wanted for Nov. 8

LUDLOW — Crafters Wanted for the Rosary Sodality's Saint Nicholas Craft Fair and Raffle on Saturday, November 8, at Christ the King Church, 41 Warsaw Avenue, Ludlow, from 9 a.m. to 3 p.m.

The cost is a non-refundable \$40.00 fee for an 8-ft table which will be provided by the church. To reserve a table/s or for more information contact Debbie Martell at 413-547-8739 or Lorraine Bernier at 413-519-7658.

Light refreshments will be available.



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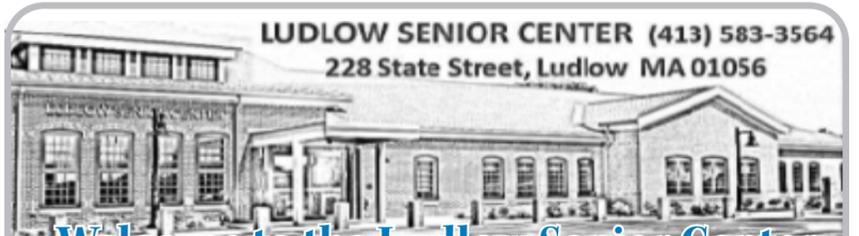
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## Welcome to the Ludlow Senior Center

Our calendar is packed with many fitness programs, entertainment, education sessions, and more! Reserve your lunch in the Center's beautiful dining room complete with coffee, tea, and dessert by calling a day in advance at 413-583-3564 (call Friday for lunch on Monday).

For full program and activity descriptions and general information about what a senior center is and does go to: Ludlow.ma.us. Seniors can also "like" the Ludlow Senior Center on Facebook. A paper copy of the Senior Scene newsletter is available at the Center.

### Activities Calendar:

Please register in advance for items with\*

### Thursday, July 31

- 8:45 a.m. Foot Care Appointments\*
- 9 a.m. Tai Chi
- 9:30 a.m. Dominos
- 10:15 a.m. Mindful Meditation\*
- 1 p.m. Mahjong
- 2:30 p.m. Active Yoga

### Friday, August 1

- 8:45 a.m. Boomer Bootcamp\*
- 9 a.m. Reiki by Appt.\*
- 10 a.m. Boomer Bootcamp\*
- 10 a.m. Blood Pressure Checks
- 10:30 a.m. Slow Strollers
- 1 p.m. Ceramics
- 1 p.m. Decorating
- 1 p.m. Healthy Bones & Balance\*

### Monday, August 4

- 9 a.m. Knitting
- 9:30 a.m. Boomer Bootcamp\*
- 10 a.m. Computer Help
- 10:30 a.m. Slow Strollers
- 1 p.m. Scrabble
- 1:15 p.m. Pitch
- 2:30 p.m. Zumba Gold

### Tuesday, August 5

- 9 a.m. Quilting
- 9 a.m. Line Dancing
- 10 a.m. Cribbage
- 10:30 a.m. Gentle Yoga
- 12:30 p.m. Blood Pressure Checks
- 1 p.m. Western Dance
- 1:30 p.m. Bingo

- 4:30 p.m. Power Pump Exercise Class
- 5 p.m. No Movie Tonight

### Wednesday, August 6

- 8 a.m. Garden Club
- 9 a.m. Ceramics
- 9 a.m. Jewelry
- 9 a.m. Zumba Gold
- 10:30 a.m. Healthy Bones & Balance\*
- 1 p.m. Movie: Parenthood
- 1 p.m. Healthy Bones & Balance\*
- 1 p.m. Fishing Club

### Thursday, August 7

- 8:45 a.m. Foot Care Appointments\*
- 9 a.m. Tai Chi
- 9:30 a.m. Dominos
- 10:15 a.m. Mindful Meditation\*
- 1 p.m. Mahjong
- 2 p.m. Writers Block
- 2:30 p.m. Active Yoga

\*PLEASE register for Boomer Boot Camp, Healthy Bones & Balance, Foot Care, and other programs as noted by calling 583-3564

### Daily Events:

- Café: Monday – Friday 8-11 a.m.
- Exercise Room: Monday - Friday 8 a.m. – 3:30 p.m. Open until 6:30 p.m. on Tuesday.
- Walking Club: Monday – Friday 7 a.m. and 8 a.m., leaving from the parking lot.

### Menu:

- Thursday, July 31: Stuffed Pork Chop/Scalloped Potatoes/Vegetables
- Friday, August 1: Baked Cod/Scalloped Potatoes/Veggies
- Monday, August 4: Eggplant Parm/Ziti/Garlic Bread
- Tuesday, August 5: Lazy Turkey Pot Pie
- Wednesday, August 6: Mac & Cheese/Stewed Tomatoes
- Thursday, August 7: Big Mac Sald

Reserve a delicious \$2 lunch by calling a day ahead. Call on Friday to reserve lunch on Monday.

For allergy concerns, call the Senior Center to ask about ingredients at 413-583-3564.

By Barb Turcotte



By Barb Turcotte

I'm often asked where I find the people I write about and I have to say, I'm always amazed when these remarkable people cross my path.

That's exactly how it was, a chance meeting with Jaime Beebe, the Founder of 'Reborns With Reasons'. We met leaving a memory facility, her walking out with a carriage of dolls that were so realistic, I expected a reaction from my cooing to them.

First I'd like to tell you a little bit about this incredible woman, Jaime. She became a young mom with her high school sweetheart but unfortunately their parenting readiness were at different levels. Ten years later they reconnected and are now a beautiful family not only with their son, but with two more children as well.

As a young mom with three children, it was pointless to go to work as childcare was so expensive, so she started a daycare in her home. She did this for approximately six years, affording her to be with her children while earning an income.

Some people by nature are givers and that definitely describes Jaime. After turning her volunteering with 'Reborns' into a business she still wanted to give back. So for the past two years she's volunteered fostering kittens and for four and half years, she's been a volunteer for Hospice, often bringing her 'Babies'

along for comfort care.

Jaime was intrigued when she saw her first 'Reborn' and bought it. She then randomly ventured into a memory care facility to see if they would be interested in her visiting the residents with her 'Baby'. The resident's immediate reactions were breathtaking as she watched them cuddle, sing and talk with the 'Baby'. The staff was in awe of their reactions and encouraged Jaime to come again, so she did on volunteer basis for five and half years. The staff, their eyes filled with tears as one of the residents exclaimed, "This is like Christmas!", because this resident had been non-verbal until this happened.

Unfortunately, though it filled Jaime's soul by volunteering, it became necessary for her to go to work. When she told one of the facilities she volunteered at she was going to have to find a 'real job', they told her, "You have a real job! What you're doing is making such an incredible difference, you have to turn this into a business and keep doing this wonderful work!"

Jaime was very skeptical; she did this for the love of the reactions of the residents. She couldn't imagine doing it oth-

er than volunteering, but if she did this as a business, it would not only help with family expenses, but she would be able to continue to see what a difference it was making for people with memory problems.

One of the resident's family members told her their dad wouldn't be interested in any of this. Yet when dad saw the 'Baby' he immediately embraced it and started talking to it gently. Telling it how beautiful it was and how it was going to grow up to be such a wonderful person. The family was shocked. What a wonderful thing for those children to witness, seeing their dad as he must have nurtured them when they were babies, of course a memory they'd have been much too young to remember.

Jaime has invested many dollars into this venture with dolls starting from \$300 to \$1,200 each, ranging from newborns to toddlers. As a business, she feels the quality of the 'Babies' is imperative and over time has invested in thirty-nine, so far. Though she charges now for her services, her real love is seeing the residents react. As she explained this, the way she glowed said it all, it's tru-

ly where her heart is and her calling.

She brought an auburn haired beauty, approximately the size of a two month old, with long eyelashes that rested on her cheeks as she slept. As I held her in the restaurant where we met, people began to "ooh", then when I told them it was a doll, they were in disbelief and had to touch her. One customer wanted to know more as his dad was dealing with Alzheimer's.

Jaime now has a regular routine encompassing ten facilities she brings her 'Babies' too. After each visit, the 'Babies' are washed thoroughly to make sure there are no germs left on them. They are all stripped, clothes washed and redressed which takes her about forty-five minutes to complete, depending on the amount of 'Babies' before they are ready for their next visits.

Jaime as I said, began this as a volunteer but has now created it into her business. If you would like more information, here's how to contact her: [rebornswithreasons@gmail.com](mailto:rebornswithreasons@gmail.com) or 860-559-9406.

If you'd like to share a Random Act of Kindness story or if this one has touched you, please contact me at [bd514@aol.com](mailto:bd514@aol.com) or 413-575-9385. Who knows, you might see your story, 'Just Cause' you witnessed, you did or maybe received something nice being done for you. See you soon with another Random Act of Kindness! ~ Barb

## Vendor Craft Fair on Aug. 16

LUDLOW—First Church in Ludlow is excited to be hosting their first Vendor Craft Fair. You will not want to miss this event on Saturday, August 16 from 10 a.m. to 3 p.m. The rain date will be August 17. There will be a wide variety of vendors with very unique products to offer. Browse through the tents and tables to see wood crafts, jewelry, local published authors for both children and adults, mouth-watering treats, natural and organic products, art work, Handmade articles for all ages, paper creations, the Dollar Tent, food trucks and much more.

Added bonuses include a Chinese raffle with some fantastic prizes and a special door prize. The Hummingbird Fabric Shop and First Church Bookshop will be open for your browsing pleasure.

The Fair will be set up behind the church at 859 Center Street, Ludlow, MA. Ample parking, including handicap parking is available across the street with police guidance to the fair spots.

For additional information or questions, leave a message for Betsy at 413-433-1542 and she will get back to you as soon as possible.

## Searching for LHS classmates for 50th reunion

LUDLOW—Ludlow High School class of 1975 missing classmates for the 50th class reunion

Virginia Lee BATTLE; Nancy Marie BOURDEAU Reed, Kenneth Paul Bousquet, Laura Marie BURDEN, Edward Charles Casey, Amelia L. DACOSTA, Patricia M. DAY, James Gabe Desrochers, Isabel A. DIAS, Donna Marie DION, Julieta Cornelius FERREIRA, Donald Greenleaf, Louise Evaline HERRICK Rose, Ava Sudan KALITA, Bruce R. MacDonald, Maria Elisa MARTINS, Nancy Ann MAYOU, Lloyd An-

thony Mendes, John Stephen Musiak, Geneva E. Newton, William Bruce Peebles, Nadia M. PONTE Medeiros, Virginia RAMALHETE, Cynda Mae RESCIA Rosenbaum, Johanne L. ROUSSEAU, Debbie Louise ROYCE Turcotte Luca, Gregory Rozkuszka, John Vernon Scheurich, Kathleen Farrell STOWE Snow, Carol SUGRUE, Julie SUGRUE, Cecilia V. VALET, Victor Veiga

If you have any contact information, please email Celeste CORBEIL Chenier at [arubaceleste50@yahoo.com](mailto:arubaceleste50@yahoo.com) or call 413-583-6041.

## Zonta Golf Tournament will be on September 6

BELCHERTOWN—Join Zonta for the 31st Annual Zonta Golf Tournament and help create a brighter future for women and girls in the community. On Saturday, Sept. 6, at Cold Spring Country Club in Belchertown, tee off is at 8:30 a.m.

Support for the causes Zonta works on is appreciated, more so this year than ever. All profits from this fundraiser are used for targeted support aimed at breaking down barriers and building a brighter future for women and girls, at a time when so many more

barriers are being erected.

Registration is open for the 31st annual Zonta Golf Tournament. Details are online at [www.zontaqv.org/golf](http://www.zontaqv.org/golf). Online registration is at [www.zontaqv.square.site](http://www.zontaqv.square.site). Sponsorships from local businesses are welcomed. Contact Mary

Knight at 413-323-4806 with any questions.

Whether you're a seasoned golfer or just looking for a fun day out, everyone is welcome. A round of golf, a delicious box lunch, and the chance to win amazing prizes for \$120.

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# OPINION

## GUEST COLUMN



### Male common yellowthroat



A Brimfield resident reported a common yellowthroat in his yard.

The common yellowthroat as its name implies has a yellow throat. It also has a long tail and round belly. The males have a black mask with a whitish line above, olive upper parts, yellow throat and yellow under its tail. Females are brownish olive above with a yellow throat and breast. They lack the distinct, black mask of the male.

Yellowthroats are small songbirds about 4 to 5 inches long. The males sing a “wichey-wichey-wichey” song. Both sexes give a full sounding “chuck” note. During migration, the yellowthroat is the most common warbler found in fields and along their edges.

These warblers live in open areas with thick, low vegetation ranging from marsh to grassland to pine forests. The females select a nest location, near or on the ground supported by sedge, reeds, cattails, briars and other low plants. Nests in marshy areas are usually higher off the ground where they are safer from flooding. Sometimes the nest has a roof like the ovenbird nests. They are one of the species that cowbirds lay their eggs in their nests.

People may designate an area of dense or tangled low-growing grasses and other vegetation to attract common yellowthroats to their yards. Yellowthroats prefer larger yards of at least half an acre or more.

Photo of a phoebe nest

I received an email containing a photo of an Eastern phoebe nest filled with phoebe nestlings. Eastern phoebes nest near humans often selecting a spot over a door or in a shed.

### Wild turkeys

My grandson and I had to stop and wait for several hen turkeys with their poults to move them along a backroad in Barre. The largest hen led the way, walking down the middle of the road. Three other hens took up the rear with the poults walking all over the place. Some even stopped to explore the

edge of the road, but then ran to catch up. Finally, they headed into the grass and woods on the edge of the road.

### More Brimfield birds

The Brimfield resident said he has seen more birds in his yard since his last email. “Baltimore orioles

have been seen more often at the birdbath, probably because of the warm weather we have been having.” On a recent day he had a robin, three orioles, cardinals, a titmouse, a chipping sparrow, blue jays, catbirds and a common yellowthroat all stopped by the birdbath and a black and white warbler was seen in the yard.

He said he took down the bird feeders because of bears. “We had a bear make a daytime visit. It was not seen, but we discovered that it had cleaned out the feeding station. All the black oil sunflower seed, two suet cakes, a “log” of compressed seeds and fruit and suet pellets were all gone. Fortunately the bear didn’t damage anything or steal any of the feeders which they often do.”

His wife checks a town Facebook page and has seen many reports of bears in town and many of them are in the daytime so he figured it was time to take the feeders down. He still throws a seed mix around in several places like he always has and only put handfuls of black oil and whole peanuts in a small try hanging from a Shepard’s crook.

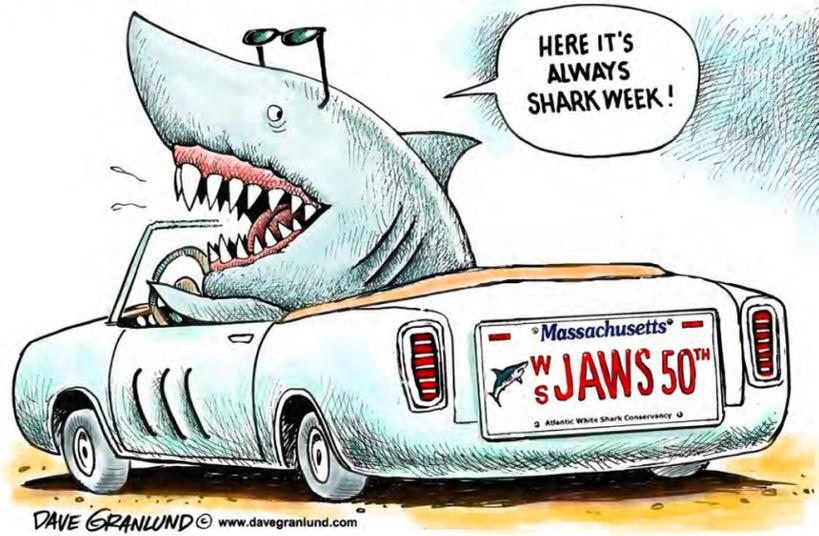
He said, “I’ve started to see young of the year around the yard. Several days ago two juveniles were following an adult male red-bellied woodpecker around, two juvenile Baltimore orioles were seen at the bird bath and I also saw a juvenile chipping sparrow take a bath.”

### Bobolinks

He said, “A few years back I took part in a citizen science project monitoring bobolinks at Moore State Park in Paxton. Because the Mass Department of Conservation and Recreation has failed to maintain two large fields at the park for the benefit of grassland species the bobolink population at the park has declined. Milkweed, multi flora rose, bindweed, crown vetch and other non-grass type vegetation is slowing invading the once grass

Please see **BACKYARD**, Page 6

## Massachusetts White Shark lic. plates ...



DAVE GRANLUND © www.davegranlund.com

## GUEST COLUMN

### Hiking the Pemi Loop at 60



By Julie Midura  
Guest Columnist

Last December, I got this harebrained idea to do something crazy for my birthday this June. It would be my way of proving to myself that 60 isn’t as old as it sounds in my head.

The Pemi Loop – called “the second hardest day hike in the United States” by Backpacker Magazine – is a 32-mile hike that encircles the largest wilderness area in the White Mountains of New Hampshire.

With 10 summits and 10,500 feet of elevation gain-along with technical climbs and descents-completing this rugged hike in one day would be the hardest endurance challenge



The Pemi Loop is known as the second hardest day hike in the U.S



Submitted Photos

### Julie Midura celebrated her 60th birthday on the Pemi Loop.

I had ever attempted. As such, it would require significant training.

But in January, just one month after the idea took hold, life took a turn when our 1-year-old granddaughter, Charlotte, was diagnosed with inoperable brain cancer. Three months later, in April, our middle daughter’s high risk pregnancy

with twins became more serious when both babies were diagnosed with heart issues.

The nail in the coffin came in May, when our 160-mile backpacking trip on the Appalachian Trail through New Jersey and New York – my one and final opportunity to train for the Pemi Loop – ended just six days in. Our youngest daughter had been rushed to the emergency room with a life-threatening pregnancy complication and was forced to deliver the baby five weeks early. (Mom and baby are now doing well.)

Over the last six months, our family has needed us, and my time has been better spent being there for the people I love, rather than spending my weekends training for an epic endurance hike.

So I shelved the idea of a solo, single-day Pemi Loop in favor of completing a ‘leisurely’ three-day Pemi Loop backpacking trip with my husband instead. After all, we wouldn’t really need to train for it...would we?

Please see **HIKING**, Page 9

## The REGISTER

### LETTERS TO THE EDITOR

Letters to the editor should be 250 words or less in length. No unsigned or anonymous opinions will be published. We require letter writers to include his or her town of residence and home telephone number. We must authenticate authorship prior to publication.

We reserve the right to edit or withhold any submissions deemed to be libelous or contain unsubstantiated allegations, personal attacks, defamation of character and offensive language.

All unknown or alleged facts and quotations offered by the author need to cite credible, unbiased sources.

Send letters to: The Register, 24 Water Street, Palmer, MA 01069 or email [theregister@turley.com](mailto:theregister@turley.com). The deadline for submissions is Friday at noon.

### SUBMISSIONS POLICY

Readers, local merchants, institutions, municipalities, non-profit groups, and civic organizations are strongly encouraged to send The Register your hometown news and photos. News items and press releases should be sent via email to [mharrison@turley.com](mailto:mharrison@turley.com) as an attachment AND pasted directly into the email message screen.

Please send photo captions identifying all subjects in your image(s) from left to right. We need first and last name, hometown, title if applicable, and a brief description of what subjects are doing in the photo. Email uncorrected, raw, RGB color digital photos at highest resolution directly off your camera to [mharrison@turley.com](mailto:mharrison@turley.com).

Publicity chairpersons are encouraged to send in news about upcoming fundraising or other calendar events at least three weeks before the event.

If you are having difficulty with a press release or need help, please call (413) 283-8393.

To send submissions by regular post, mail to: The Register, 24 Water Street, Palmer, MA 01069.

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### ELECTION LETTERS POLICY

The Register welcomes readers to participate in this year’s election campaigns by writing letters to the editor for publication on these pages. Letters of up to 250 words from local residents endorsing candidates on the ballot or discussing campaign issues should be sent to The Register, care of Turley Publications, 24 Water St., Palmer, MA 01069, faxed to 413-289-1977 or emailed to [theregister@turley.com](mailto:theregister@turley.com). Please include a daytime telephone number for verification purposes (it will not be printed). Letters must be received by noon Monday to be considered for that Thursday’s newspaper. No attack letters will be printed. No letters written by candidates supporting their own candidacy will be printed. If the volume of letters received is larger than the space available in the newspaper, or if the letters become repetitive, the newspaper reserves the right to print a representative sample. No endorsement letters will be printed in the last edition before the election.

For more information, call the editor at 413-283-8393.

**Campaign news**  
As part of its election coverage, the newspaper plans to print stories about contested races for Congress, state Senate, state House, district attorney and Governor’s Council during the weeks leading up to the election, as well as a question-and-answer voters guide. In order to ensure fairness to all candidates, no political press releases will be printed, nor will reporters cover political rallies or fundraisers.

Candidates who wish to further publicize their candidacy, beliefs and events may contact advertising, 413-283-8393 about paid advertising in The Register.

## I’m turning 70. When should I apply for Social Security?

Dear Rusty:

I have a very simple question: I will turn 70 on Sept. 20 and want to start my Social Security benefits in September.

What month should I file my claim? Have there been delays with the reductions in SSA staff? Thank you for your help.

Signed: Ready to Claim.

Dear Ready to Claim:

Social Security allows you to submit your application for benefits up to four months prior to the month you wish benefits to start (you will specify your desired benefit-start-month on the applica-

tion).

Thus, to have your benefits begin in September (the month you turn 70), you can submit your application as early as May 2025. That will give SS plenty of time to get your benefits started on time.

Remember, though, that SS pays benefits in the month following the month earned, so if you start benefits in September, you will receive your first SS payment in October on the third Wednesday.

And, since you will be turning 70 in September you



are entitled to full benefits effective from the first of that month. Congratulations on choosing a strategy, which maximizes your monthly payment. By claiming at age 70, your monthly SS benefit will be about 31% more than it would have been at your Full Retirement Age and you will get that higher monthly amount for the rest of your life.

Re your question about

possible delays, Social Security staff reductions have not included “front line” agents, those who handle applications, so the SS recent staff adjustments should not likely delay processing your application.

Although some back-office staffing turmoil currently exists at SSA, they have been moving more people to front-line positions to try to improve their service. Just be aware, however, that it normally takes the SSA about two to three months to process new applications, which is why they allow applications up to 4 months in advance.

You will specify the month you wish benefits to start on your application. In any case, although your application should be fine if you submit it this month, rest assured that they will pay you starting with the month you requested, even if they must do so retroactively.

FYI, people can apply for Social Security in person by making a telephone appointment to do so at 1-800-772-1213 or they can apply online at [www.ssa.gov/apply](http://www.ssa.gov/apply). To apply online, they need to have

Please see **SOCIAL SECURITY**, Page 6

# What's Happening at Hubbard Memorial Library

To register for programs or find out more information, visit [ludlow.cwmars.org](http://ludlow.cwmars.org), or call (413) 583-3408. Weather-related announcements for outdoor events will be made on the library's Facebook page the morning of the program.

Library Hours: M, W, F 9-5, TU, TH, 9-8, S 9-1. Closed Sundays and holidays.

## FOR ALL AGES

Social Services Drop-In, Wednesday, July 2, 11:00 a.m. Come meet with our Social Worker for assistance with getting connected to food pantries and applying for food stamps, health insurance questions, referrals to treatment and support groups, supporting those with mental health concerns, free fentanyl test strips and condoms AND MORE! This program is made possible through the Mill Town Public Health Coalition.

Friends of the Hubbard Memorial Library, third Thursday of the month, 6:00 p.m. Get involved! Join the Friends of the Library for their monthly meeting and learn how you can help support the library.

## FOR ADULTS

The O-Tones Indoor Concert, Tuesday, July 22, 6:00 p.m. Jam out with The O-Tones, a swing and motown band from Mass! They will melt your hearts and get your feet dancing! Their songs are well loved, coming from many different eras, just like the guests they play for. Sponsored by the Ludlow Cultural Council. Please register.

Reiki Sound Healing, Thursday, July 24, 6:00 p.m. Join us at the library for a calming and restorative reiki sound healing session led by local instructor Jonencia! This program combines the gentle energy of reiki with the soothing vibrations of sound to promote relaxation, stress relief, and overall well-being!

A Love Story Book Club Meeting (new!), first Tuesday of the month, 6:30 p.m. Join us for the 2nd meeting of our new book club! Every book chosen will represent themes of love & romance. Come pick up your copy of Summer of '69 by Elin Hilderbrand at the circulation desk.

Mass Center for the Book Monthly Reading Challenge Each month, you'll be challenged to read a book based on a chosen theme. Those who participate will be entered to win a free book! For more information and to sign up, please visit [massbook.org/readingchallenge](http://massbook.org/readingchallenge).

Chair Volleyball for Seniors, every Thursday, 1:30 p.m. Have some fun and join us for chair volleyball! No running or jumping required. Please sign up on our website or by calling the circulation desk at 413-583-3408. Walk-ins are welcome.

Who picked this book? Book Club Meeting, first Thursday of the month, 3:30 p.m. Join us for this month's Who

picked this book? Book Club meeting! You can pick up a copy of the book at the circulation desk.

Happy Hour Book Club Meeting, last Thursday of the month, 6:30 p.m. Join us for this month's Happy Hour Book Club meeting! You can pick up a copy of the book at the circulation desk.

## FOR TEENS

Anime Club, every other Thursday, July 24 and August 7, 3:30 to 5:00 p.m. For middle and high schoolers. Watch and talk about Anime, eat snacks, try out your cosplay, and learn about Anime. Registration recommended.

Read Between the Lines High School Book Discussion Group, last Friday of month, July 25, 3:00 to 4:00 p.m. For ages 14 -18. Fun, relaxed book discussion for high schoolers. The group picks the books. This month's book, My Lady Jane, by Cynthia Hand, Jodi Meadows, and Brodi Ashton is available in the Youth Room. Please register.

Book Binding for ages 13-17, Thursdays, July 31 and August 7, 5:30 to 7:30 p.m. In the July session you will learn how to sew pages of handmade paper for the inside of your book. Please register. NOTE: You must attend both sessions to make your book.

Nintendo Switch Night for YAs, Tuesday, August 5, 6:00 to 8:00 p.m. For middle and high schoolers. Play Mario Kart, Smash Bros, or other Switch games. Free pizza sponsored by the Friends of the Library! 16 person limit. Please register.

## FOR CHILDREN AND TEENS

Tween Graphic Novel Book Group, Thursday, July 24, 5:00 to 5:45 p.m. For ages 9-13. Meet to discuss graphic novels, play games, and make crafts. This month the group is reading Dungeons & Dragons: Dungeon Club: Roll Call, by Molly Ostertag, which is available in the Youth Room. There will be snacks! Please register.

Balloon Olympics, Friday, July 25, 11:00 a.m. All ages. Goofy fun - our version of Summer Olympics! Please register.

Book Making for ages 8-12, Tuesday, July 29, 3:00 to 5:00 p.m. Use handmade paper and learn how to sew pages together to make your own book. Please register.

Youth Crochet Club, every other Tuesday, July 29, 5:30 to 6:30 p.m. For ages 10-17. For beginner to experienced crocheters; supplies provided or bring your own. Registration recommended.

Movie: The Wild Robot, Wednesday, July 30, 1:00 p.m. Rated PG. Enjoy free popcorn and drinks, and take home a Wild Robot activity packet after the show. Drop-in. Harry Potter Scaven-

Please see **HUBBARD**, Page 12



Kevin Vestel with new member of the Rotary Club Joanna.

## VALADAS from Page 1

respect for him and his commitment to the community he calls home.

Valadas spoke about his wife and family, his policing journey and becoming chief, and how thrilled he is for the future of the police department upon his departure. Valadas was presented with the 'Service Above Self' award in honor of his dedication and safety, unity and well-being

of the citizens of Ludlow. Kevin Vestel of Membership of the Rotary Club described the award to Valadas as through his steadfast leadership and compassionate service, who embodies the true spirit of ideals that the Rotarians hold in the club. Vestel commented saying Valadas is leaving a lasting impact on the town and the people in it and awarded Valadas the first ever recipient of the 'Service Above Self' award.



The Ludlow Rotary Club members standing up and applauding new member Joanna.



Vice President Isaac Santana, Chief Valadas, with Kevin Vestel of membership at the Rotary Club.

## LETTER from Page 1

port letter of H.2330. As stated on the ER5 website, this passage of legislation would reform the governance of the Springfield Water and Sewer Commission and ensure the surrounding communities it serves have a formal voice in its decisions. The legislation, H.2330, 'An Act of Relative to Regional Equity', filed by Representative Saunders would restructure the Commission's board of directors to reflect the regional nature of its operations. Although the Commission provides essential water and sewer services to more than 250,000 residents, including tens of thousands outside of Springfield, those neighboring communities currently have no representation in governance or rate-setting decisions.

For further explanation of H.2330 and this ongoing topic, please refer to the July 23 edition of The Register for an exclusive interview with Representative Saunders.

## SOCCER FIELD from Page 1

Rosenblum shared that for the 27 years he's been in town, every kid that goes through LYSA (Ludlow Youth Soccer Association) and the summer leagues is wearing a shirt, stating Ideal on the back. Rosenblum also shared that when the teams won state championships, Goncalves would buy the teams state championship jackets.

## SELECT BOARD from Page 1

an option for everyone, the 12.891 ¢/kWh is set in stone till Nov. of 2027," said Rosenblum. Gennette stated that Ludlow is around the 200th town to get a municipal power choice, "This is not new. Ludlow is behind

"I bet you just these things that I said here, I think that there are probably thousands of people in the town that one way or another Tony helped, that we don't know about. The reply that Dr. Tiano agreed on the impact that Tony had, and the reason why I sent it to him was because I wanted it to go to the school committee. I did speak with the Chairman and he's going to look into it. His board would have to vote on it and just to make sure if it's viable and

something I kind of took on. I just think the impact that he's had on this town and just the people in general deserve warrants, some kind of recognition." Chairperson Manuel Silva stated that it was a great idea and is in full support of Rosenblum, and Member Anthony Alves agreed. Rosenblum's request will be followed up with the school committee and Rosenblum will write a letter on behalf of the Select Board in support of this request.

the times by about 20 years, Power Choice has been in operation for around 30 years, the other 51 towns have their own municipal utility like Chicopee and Holyoke. And that leaves another a hundred towns that are under 5,000 residents or less, that's how far behind we are. I just want

everyone to know this is to stabilize the rate. The supply rate won't change but get ready for the delivery rate because that's state regulated." The Select Board clarified that Ludlow Power Choice is not a scam, and it won't change the quality of the electricity.



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68 FAIRVIEW STREET	1C-5500-87-0	\$ 171,200
VACANT INDUSTRIAL LOT		
0 CENTER STREET	12C-3550-172-1	\$ 303,600
VACANT AGRICULTURAL LOTS		
0 CENTER STREET	39-3550-28-0	\$ 19,500
0 CENTER STREET	40-3550-87-0	\$ 19,100
0 CENTER STREET	33-3550-78A-1	\$ 119,200
0 CENTER STREET	33-3550-78B-0	\$ 92,500
VACANT RES-A/AGRICULTURAL LOT		
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**VETERANS** from Page 1

We've been in existence 78 years, and we had our own post, but now we don't anymore. It was a World War II organization when that started and many of the members are no longer with us, but the ones that are left, we try to keep it going. One of the highlights that we do from the post is we have a scholarship fund which benefits the young high school and college kids in the area. We award four \$1,000 scholarships every year, we do this around Memorial Day and the biggest thing over the last 15 years is we have donated in the vicinity \$75,000 to the youth of this area. The scholarships come out in the spring, and you may be a recipient if you're a graduating senior or an incoming college freshman. We're thrilled



This truck was met with a lot of visitors curious to see more of the vehicle's details.

to do this!"

Under the pavilion with the crowd of people in line ordering food and drinks, Chrzan was set up with Past President of the Ludlow Elks and Member of the PAV of Wilbraham Stanley Halgas, offering a raffle that is part of

the scholarship with gift certificates, lottery tickets, and more.

When asked about why it was important for the club to support the youth and to continue to do so over the years, Chrzan commented on the importance of helping them



The cruise nights offer a variety of classic to modern vehicles every week.

get the education they want, while acknowledging the rising cost of education.

"This is some kind of effort that they can buy things that can help them out, like books or material that they don't have to worry about. If they win this scholarship,

it's worthwhile. And plus, they always remember the veteran. The veterans support the kids, the kids when they grow up will remember what the veterans meant to them. It's an honor and privilege to work with everyone at the Polish American Veterans

Club, they're supportive and it's a great rewarding experience to meet everyone in the area and throughout the state."

Cruise night at the Ludlow Elks occurs every Tuesday, for weather updates visit Facebook.

**WAY FINDERS** from Page 1

"We're now here for the part we've all been waiting for. The ribbon cutting for 43 homes, 43 places that people will build their lives from, 43 opportunities to contribute to the community, 43 opportunities to improve people's lives, 43 places where people will find solace and peace at the end of every day. I'm proud of the work that we've done to create this with many of you here today. We're celebrating the ongoing work contributing to meeting the needs of housing and in our communities throughout the region. This is about the need we have throughout the Commonwealth, as many of you have heard, the Commonwealth's housing challenge and housing crisis. For our Commonwealth, 222,000 units we need to really meet the needs and be able to kind of compete and grow as a Commonwealth. We have part of that here in Western Massachusetts and I'm glad to say today that these 43 homes will be contributing to that number and we hope to do more in communities like Ludlow across Western Massachusetts," said Fairey.

Project Manager Elliot Szalchetka and Senior Project Superintendent Rob Rosier from Allegrone Construction spoke about their experience working in construction, with both agreeing there's always something unexpected that pops out with every project they've been part of.

Szalchetka began, "There's a great crew and team on this project. My favorite part about this project is once you build one unit, it's a rinse and repeat process, which is why we became so efficient. The units are beautiful, it's very inclusive and to be able to have options for people is great."

Rosier added, "We just love to build and see things start from nothing and see the finished project. The biggest challenge is weather that



The back view of the Greenstead Grove apartment complex.

slows us down in a project. The project will be completed for us after the ribbon cutting in about a month. We started this project on May 1st of last year, so we are running on a 15-month construction schedule. The three-bedroom unit is beautiful and in general, all units have a half bathroom on the first floor and it's beautiful."

Under the tent in the parking lot of the apartment complex, the speakers included State Senator Jake Oliveira, State Representative Aaron Saunders, Massachusetts Housing Partnership Dana LeWinter, and Way Finders Board Jim Broderick. In attendance were Town Administrator Marc Strange and Select Board Member Anthony Alves.

Oliveira joined with Saunders and spoke about the project special to both Ludlow natives. "This project is special because we grew up less than half a mile down the road from here. The site right across the street that was referenced earlier, our brand-new Harris Brook Elementary School, that's where both Rep. Saunders and I went to school. It really goes to show a sense of community that Ludlow brings, Rep. Saunders and I loved growing up in this community. We love the people that



Allegrone Construction Project Manager Elliot Szalchetka and Senior Project Superintendent Rob Rosier in front of one of the open apartments ready for tours.

surround us, there is a true sense of bringing people together regardless of background, regardless of age, regardless of where you came from, that's what Ludlow brings to so many families. I'm so pleased to be here today. When Keith talks about that housing shortage that we have here in the Commonwealth, we need all hands on deck to tackle that issue. The fastest migration out of Massachusetts are 25- to 40-year-olds, and many of them families because they can't find affordable housing."

Saunders was introduced next saying, "My father was in social service and my

mother was an educator, and you think about that coming out of college, first job, buying a home, that's the opportunity that gave Jake and I the chance to stand here today. That's the opportunity that families today deserve here in Ludlow and across the Commonwealth, and it really is a challenge ahead of us. These 43 homes are a step in that direction."

On behalf of the Massachusetts House and Senate, Saunders and Oliveira congratulated Greenstead Grove and the Way Finders' project in recognition of the ribbon cutting, extending their best wishes with a citation



State Representative Aaron Saunders, Way Finders President and CEO Keith Fairey, and State Senator Jake Oliveira with a citation on behalf of the Massachusetts House and Senate.



At the ribbon cutting event, a couple of the apartments were open to tour with various layouts and accessible options.

from them and the respective leaders of the chambers. In conversation with Fairey after the ribbon cutting, the president and CEO shared his work journey within the affordable housing community development world for 30 years and what has changed in his line of work after the pandemic.

"We know housing is a need, our elected officials are talking about it and fighting for it at every level. That's what really changed, and people are recognizing the housing challenge before us, not only here in Western Massachusetts, but across the Commonwealth

and the country. We're seeing unprecedented action at the state level at the local level to make projects like this happen. We're in a different place than we were in this project that was initially conceived back in 2015. We try to be a good neighbor always, if their neighbor has a concern or a challenge, we try to adjust that effectively to meet their needs, to keep a peaceful and safe environment for our residents."

If interested in getting involved with Way Finders initiative of bringing housing work across the region, visit their website for more information. Volunteers are need-

**BACKYARD** from Page 4

fields. The first year I monitored the park there were 149 bobolinks seen in the largest field in August but unfortunately the numbers declined every subsequent year."

**Osprey**

This Brimfield resident

visits a pond in Warren often to check on an osprey nest. He said, "The osprey nest in Warren may have only produced one young this year. The nest has gotten bigger over the years so I hoping that there are more young in the nest that have been unseen because the nest is deeper

now."

People may report a bird sighting or bird related experience by calling me at 413-967-3505, leaving a message at extension 100, emailing mybackyard88@aol.com or edowner@turley.com or mailing to Barre Gazette, P.O. Box 448, Barre, MA 01005.

**SOCIAL SECURITY**

from Page 4

first created their "my Social Security" online account at [www.ssa.gov/myaccount](http://www.ssa.gov/myaccount). Here is a video which explains the online application process: [www.ssa.gov/hlp/video/iclaim\\_r01.htm](http://www.ssa.gov/hlp/video/iclaim_r01.htm).

The Association Mature

Citizens Foundation and its staff are not affiliated with or endorsed by the Social Security Administration or any other governmental entity. This article is intended for information purposes and does not represent legal or financial guidance. It presents the opinions and interpretations of the Association

Mature Citizens Foundation's staff, trained and accredited by the National Social Security Association To submit a question, visit [amacfoundation.org/programs/social-security/advisory](http://amacfoundation.org/programs/social-security/advisory) or email us at [ssadviser@amacfoundation.org](mailto:ssadviser@amacfoundation.org). Russell Gloor is a Social Security advisor for AMAC.



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# SPORTS

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## Lions edge Brownies, head for playoffs

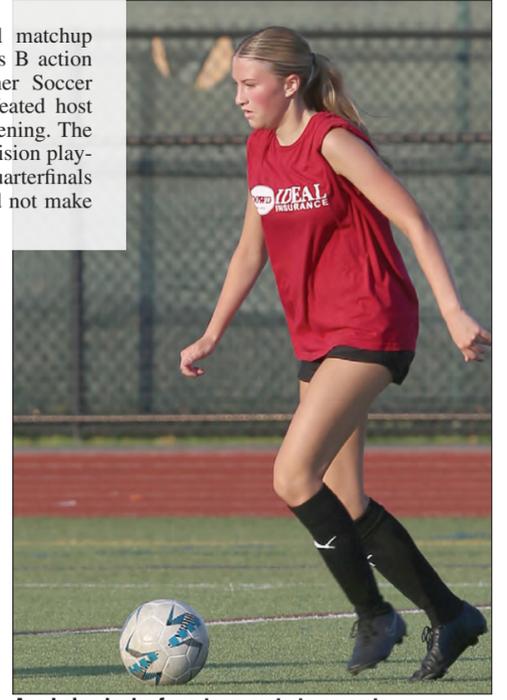


Stacy Barros goes for the header.



Siena Bahgat pursues the loose ball.

AGAWAM – In the final matchup of the regular season for Girls B action in the Pioneer Valley Summer Soccer League, the Ludlow girls defeated host Agawam 1-0 last Thursday evening. The Lions advanced into the B Division playoffs, facing Granby in the quarterfinals earlier this week. Agawam did not make the playoffs in the B Division.



Ava Laing looks for a teammate to pass to.



Eliana Williams uses her body to block her opponent from the ball.



Camille Pszeniczny sends away a free kick.



Aubrianna Stupak chases down a loose ball.

## Ludlow falls in shortened game

By Tim Peterson  
Sports Correspondent

LUDLOW—All of the A-Division boys' matches in the Pioneer Valley Summer Soccer League are usually 70 minutes long (35 minutes halves). The regular season finale between West Side and Ludlow boys' teams only lasted about 37 minutes.

Ludlow entered last Tuesday's home contest needing either a win or a tie to secure sole possession of second place in the league standings.

West Side, who needed a victory to leapfrog over Ludlow in the standings, held a 2-1 halftime advantage. It wound up being the final score of the match.

The match was halted a couple of minutes into the second half when Ludlow head coach Ian Premo was given two yellow cards resulting in a red card by referee Hector Santiago.

Premo began arguing with Santiago because he wouldn't allow him to check on one of his players who was hit in the head by the West Side goalie.

"I told the referee that I wanted to make a sub to check on one of my players," said Premo following the

Please see **SOCCER**, Page 8

## PeoplesBank advances to Tri-County finals

HOLYOKE – In a best-of-three games series, the PeoplesBank Tri-County baseball team swept Teddy Bear Pools in two games to advance to the league championship series. St. Joseph's won its series in three games, two games to one, to face PeoplesBank. That championship series was scheduled to begin earlier this week. PeoplesBank defeated Teddy Bear in both games by a final of 7-2.



Cam MacDonald sends the ball from third to first.



Rey Rivera gets the out at first for PeoplesBank.



Dave Clark flips a throw to first.



Alex Gochinski makes a throw to first for Teddy Bear Pools.



Brendan Fournier throws a pitch home.



Seth Allen steals second base.

Turley photos by David Henry www.sweetdogphotos.com

# SPORTS

## Ron Silk conquers Monadnock Speedway on Sunday

WINCHESTER, New Hampshire – After a series record eight different to open the year, Sunday's Cheshire County Clash 200 at Monadnock Speedway yielded the first repeat winner of the 2025 NASCAR Whelen Modified Tour season.

Ron Silk would be the one to snap the streak, earning his first Monadnock victory with the NASCAR Whelen Modified Tour in the process. The triumph did not come without drama for Silk, who collided with race leader Patrick Emerling in Turn 3 with 30 laps re-

maining, sending the latter for a spin.

Silk attributed the collision to two drivers going for the win. Although he was disappointed to see Emerling spin after the contact, Silk was more than satisfied to finally visit Victory Lane at Monadnock in his 15th appearance.

"We were racing pretty hard," Silk said. "I pulled out on the exit of Turn 2 and he didn't give me a lot of room, but I don't blame him. I feel like we both kind of got loose in and made some contact. I wish he could have held onto

it, but that's hard racing."

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Matt Hirschman celebrates after claiming the Whelen Short Track Cup for the second time during the Cheshire County Clash 200 for the NASCAR Whelen Modified Tour at Monadnock Speedway in Winchester, New Hampshire on July 20, 2025. (Photo: Jaiden Tripi/NASCAR) Bonsignore held on to finish second while Hirschman secured third, which enabled him to claim his second Whelen Short Track Cup. Hirschman endured an odys-

sey just to reach the top five, as a mistake in qualifying relegated him to 20th on the starting grid.

By utilizing strategy and persevering with a car not to his liking, Hirschman narrowly edged out his Mud Lane neighbor Austin Beers for the Whelen Short Track Cup and a \$3,500 bonus courtesy of JDV Productions.

"I did not think this was possible," Hirschman said. "I do think we gave it away last night, but we ended up with a third place finish with a car that felt like it was on six

or seven cylinders. My guys worked hard, nobody knows what the problem is, but it's nobody's fault. The Cup wouldn't have even been a contest if we finished remotely close to where we should have last night.

"I feel like I drove my rear end off today with what I had."

Anthony Nocella and Trevor Catalano made up the rest of the top five. Rounding out the top 10 at Monadnock were Joey Cipriano III, Luke Baldwin, Emerling, Beers and Tommy Catalano.

## Valley Blue Sox score win over Bristol

HOLYOKE – The Valley Blue Sox hosted the Bristol Blues in what was a phenomenal game. Bristol (25-17) scored two runs in the top of the second. Blues' Dean Oneill singled, which was then followed by a Thomas Ahlers single. The first baseman Trevor Hansen smacked a double into left to score Oneill and Ahlers. The Blues were in business up 2-0.

Valley (19-21) responded in the bottom of the fourth inning. Second baseman Sean Darnell singled into left for the Blue Sox's first hit of the night. An E4 by Bristol's Danny Infante allowed Michael Elko to advance to first. John LaFleur then came up to the plate. He doubled off the right field wall to score Darnell and advance Elko to third. Tim Ford hit a sac-fly to right, which scored

Elko and advanced LaFleur to third. Valley's Catcher, Hayden Perry singled, scoring LaFleur to give the Blue Sox the lead 3-2 after four innings.

The Blues found their offensive footing in the top of the fifth. Tyler Benick reached first on a walk. Blue Sox's Starting Pitcher Conor Wolf got replaced by Jake Andrews with one out in the inning. Andrews struck out the first batter he faced, that being Infante. Kristopher Giangreco walked to put another runner on base for Bristol. The three-hole hitter, Gianni Merlonghi, ripped a single into shallow right field, scoring Benick to tie the game at 3-3. Valley's relief pitcher Andrews, got out of the inning by striking out Oneill to limit the damage to one run.

In the bottom of the sixth the Blue Sox's First Base-

man Elko blasted a homer into right field as the crowd roared in cheers. Valley was now up 4-3 after the go ahead homer by Elko. Blue Sox Head Coach Endy Morales was hyped after the homer. "He's unbelievable. Off the field he's a high character guy and on the field he does all the little things right." Ford then lined a single in the gap into left but then got caught on a pickoff by Bristol's Pitcher Mason Glickman. The Blue Sox were not able to score more runs after the homerun but reclaimed the lead to end the inning. o more runs were scored and the game ended 4-3 in favor of Valley. Morales gave his thoughts on the game. "I thought we pitched really well. We got ahead of a bunch of hitters and that makes a big difference when you're getting ahead."

## Quabbin Valley Baseball set to host second over-28 fall league

Following up on the resounding success of its inaugural campaign, the Quabbin Valley Baseball League, an over-28 adult baseball league will hold its second Fall League this September and October.

Seeking to create a similar competition environment to its spring/summer league, Quabbin Valley, with contributions from the Valley Wheel Over-28 Baseball League, created a four-team fall league last year featuring the Braves, Dodgers, Cardinals, and Twins.

Those same four teams are set to return and each team tends to have openings on them. Additionally, the league is open to welcom-

ing more teams in to the league if it finds enough interest.

While the fall league schedule is still under construction, it will mostly feature Sunday morning games played with wood-bat only, which is customary for fall baseball. There could be some Saturday games added to the schedule depending on the completion of the spring/summer season as well as to makeup rain-outs, potentially. Games are nine-innings long and there is a small playoff and championship held at the end of the season. Last year's fall season was eight games and that is the goal for this year. Free and low-cost fields

are used as well as just one umpire in an effort to keep the costs lower for players. The cost to play will likely range from \$40 to \$60 for the eight-game schedule. Players from outside the Quabbin League may also pay a small fee for insurance as well.

An interest/registration form, will be forthcoming soon, but until then, to express interest in the league, you can email the coordinators of the league at either GScibelli22@yahoo.com or ikhandfield@gmail.com.

Scheduled and team placement for unaffiliated players will be finalized in mid-to-late August. Please join in the fun this fall.

REMEMBER TO SUPPORT YOUR LOCAL SPORTS TEAMS

### SOCCER from Page 1

match. "The referee wouldn't allow me to do that because the player was up and walking. Even if my player was walking, he could still have a concussion. I just want to keep my players safe. I've never been involved in a soccer game that ended early before."

Santiago decided to end the match about 30 minutes early because he was threatened by Premo.

Three Ludlow police officers arrived at the Ludlow Sports Complex and were able to settle things down before the situation got out of control.

"It's just turned into a bad situation," said West Side head coach Jim DiCiocco. "I wish that we were able to complete the second half, but a win against Ludlow is always a good thing. Both teams are very good, and we do enjoy playing each other. We'll probably face them

again in the playoffs."

Ludlow, who only had two subs in their home game against West Side, finished the regular season with an 8-2-1 record. They were scheduled to host Pope Francis in the A-Division quarterfinals. Premo was suspended for that match because of the red card.

If Ludlow was able to win the quarterfinal game, they would most likely face West Side (8-1-2) on the road in the semifinals.

"We have a bunch of talented players on this team, and we really don't care where we play," Premo said. "If everything lines up, we'll probably be playing West Side again in the playoffs next week."

Ludlow, who also entered the 2024 PVSSL playoffs as the third seed, wound up capturing the PVSSL A-Division championship title for the fourth consecutive year by defeating top-seeded Pittsfield, 3-1, at historic Lusitano Sta-

dium.

Ludlow, who beat West Side in a penalty shootout in the 2023 finals, has a 10-2 record in the PVSSL finals since 2010.

Last Tuesday's contest was scoreless until the middle of the first half.

The visitors took a 1-0 lead when Caleb Eickelberg put a rebound shot into the back of the net past Ludlow goalie Nick Dion.

The home team scored the tying goal following a free

kick about five minutes later.

Anthony Schuko booted the ball into the box where Gabe DiRosa, who's the captain of the Ludlow summer league team, fired past West Side goalie Mason Hamel.

Late in the opening half, Hamel made a save on a low shot attempt from Evan Dias keeping the game tied.

West Side's Samuel Pontes scored the go-ahead goal just before the first half ended.

## Send Us Your Community Autumn Events

**Turley Publications will print your Autumn event FREE OF CHARGE in our Autumn Fest Supplement which will be published September 10, 2025. Total circulation of 85,000 which reaches over 200,000 readers in the Pioneer Valley. Event Should Be Non-Profit & Open to the Public**

FREE Calendar Listings Reaching over 200,000 Readers in the Pioneer Valley

Event Name \_\_\_\_\_

Date/Time \_\_\_\_\_

Location \_\_\_\_\_

\_\_\_\_\_

Description \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Cost \_\_\_\_\_

Contact name & phone number for more information \_\_\_\_\_

**Deadline for Calendar submissions is August 11.**

**MAIL YOUR LISTING INFORMATION TO: Turley Publications, Attn: Jamie Joslyn, 24 Water Street, Palmer, MA 01069 or email\* them to: jamie@turley.com \*Be sure to indicate "Autumn Event" in the subject line of your email.**

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**CLUES ACROSS**

1. Popular potato snack
5. Guards the Pyramids
11. Furnish anew
14. Herb
15. Preoccupy the mind continually
18. The lowest adult male singing voice
19. NATO commander (abbr.)
21. A major division of geological time
23. New Zealand parrot
24. Notions
28. Lump in yarn
29. Indicates position
30. Lose hold of
32. Hindu honorific
33. Former OSS
35. Electronic data processing

36. Cost per mile
39. Snake-like fish
41. They start the alphabet
42. Taylor Swift's tour
44. Intermediate ecological stage
46. Scarlett's home
47. Of he
49. Ohio city
52. Breakfast item
56. An evening party
58. \_\_\_ Falls
60. Linked together
62. Mythological spirits
63. Small Eurasian deer

4. Bundy and Fenwick are two
5. Qualities of sound
6. One who gets paid
7. Expresses surprise
8. O.J. trial judge
9. Pointed ends of pens
10. Shield bugs genus
12. Container for shipping
13. Upper body parts
16. Closes tightly
17. Nigerian World Heritage Site
20. Volcanic island in Fiji
22. Commercial
25. - \_\_\_ denotes past
26. They \_\_\_
27. Confraternities
29. A way to gain a point
31. Parts per billion

- (abbr.)
34. Brew
36. Badgers group
37. Sailing boat
38. \_\_\_ Polo, explorer
40. Elder citizen (abbr.)
43. Frankish law code
45. Exclamation of surprise
48. Groan
50. It presses clothing
51. Do not allow
53. Gelatinous substance
54. Common Japanese surname
55. Present in nature
57. Electronic countermeasures
58. Last or greatest in an indefinitely large series
59. Commercials
61. News agency

**HIKING** from Page 4

The short answer, as we discovered last weekend, is "Yes, you did need to train for it, you fools!"

Although our bodies most definitely took a beating, weary legs and several falls were a small price to pay for admission.

Because I have no desire to carefully preserve this now 60-year-old body. I prefer to use it up until there is nothing left. To wring out every last bit of my youth on adventures and experiences such as this.

You see, although our bodies most assuredly have

a shelf life, there are parts of us that will forever remain ageless. And I plan to carry the best parts of my younger self into my older years.

I plan to worry less about "acting my age" and spend more time celebrating it. I plan to scramble up steep rock ledges. Watch the sun rise and set from mountaintops. Sleep in the wilderness. Slow dance on summits. Kiss... even when someone is watching.

I plan to slide into the next decade, battered, bruised and bandaged, all while yelling, "Dang, what an amazing ride!"

So on our final day of the trip, I was disappointed to hear Tom say, "I hate to tell you this, but this will be my last Pemi Loop."

However, he said the same exact thing two years ago when we completed our fourth Pemi Loop. I'm secretly hoping that hiker amnesia kicks in again in two years when he turns 70. Because don't you agree that there's no better place to become a septuagenarian than on a walk around the largest wilderness area in New Hampshire?

See you in the wild places, my friends!

**Bi-Monthly Food Drive at First Church in Ludlow**

LUDLOW—Help fight food insecurity and support our neighbors.

On the first Saturday of each even month (February, April, June, August, October, December) at First Church in Ludlow on 859

Center St.

They will be collecting non-perishable foods from 10 a.m. to 1 p.m. please drive through the back parking lot.

We will take your donations out of your car &

bring them to the Community Survival Center to be distributed to those in need.

Bring all food items to drop off at our next Food Drive on August 2, 2025

**Local resident named to Simmons University 2025 Spring Dean's List**

BOSTON—The following local residents were named to the 2025 spring semester dean's list at Simmons University in Boston.

Fajr Muhammad from Indian Orchard

To qualify for dean's list status, undergraduate students must obtain a grade

point average of 3.5 or higher, based on 12 or more credit hours of work in classes using the letter grade system.



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# Call for Walkers for the 37th Annual Jimmy Fund Walk presented by Hyundai

BOSTON — Registration is open for the 2025 Jimmy Fund Walk presented by Hyundai. Scheduled for Sunday, Oct. 5, funds raised from the Jimmy Fund Walk support all forms of adult and pediatric care and research at Dana-Farber Cancer Institute. The Jimmy Fund Walk will aim to raise \$9.5 million this year in the effort to prevent, treat, and defy cancer.

The Jimmy Fund Walk is the only organized walk permitted to use the famed Boston Marathon® course, and participants have the flexibility to choose from four distance options:

5K walk: Starting at Dana-Farber's Longwood Medical Campus

10K walk: Starting in Newton

Half Marathon Walk: Starting in Wellesley

Marathon walk: Starting in Hopkinton

All along the route, walkers will be motivated by poster-sized photographs of patients—Jimmy Fund Walk Heroes—that are the heart of the event

and appear along the course as inspiration. Walkers will also be treated to refueling stations with refreshments throughout the course.

The event will conclude at the Jimmy Fund Walk Finish Line at Boston Common, by the corner of Charles and Beacon Streets. Finish line activities will include a celebration with food, entertainment, and more. Walkers who prefer to participate virtually can complete their chosen distance from any location

Register as an individual walker, team member, or start a team. Take advantage of this unique opportunity and bring a group of your family, friends, or colleagues together against cancer. To register for the Walk (#JimmyFundWalk) or to support a walker, visit [www.JimmyFundWalk.org](http://www.JimmyFundWalk.org) or call 866-531-9255. Registrants can enter the promo code NEWS for \$5 off the registration fee. All registered walkers will receive a bib, medal, and a Jimmy Fund Walk T-shirt.

You can also sign up to volunteer on Walk Day.

### About the Jimmy Fund

The Jimmy Fund, established in Boston in 1948, is comprised of community-based fundraising events and other programs that, solely and directly, benefit Dana-Farber Cancer Institute's lifesaving mission to provide compassionate patient care and groundbreaking cancer research for children and adults. The Jimmy Fund is an official charity of the Boston Red Sox, the Massachusetts Chiefs of Police Association, the Pan-Mass Challenge, and the Variety Children's Charity of New England. Since 1948, the generosity of millions of people has helped Dana-Farber save countless lives and reduce the burden of cancer for patients and families worldwide. Follow the Jimmy Fund on Facebook, X, and Instagram: @TheJimmyFund.

### About Dana-Farber Cancer Institute

Dana-Farber Cancer Institute is one of the world's

leading centers of cancer research and treatment. Dana-Farber's mission is to reduce the burden of cancer through scientific inquiry, clinical care, education, community engagement, and advocacy. Dana-Farber is a federally designated Comprehensive Cancer Center and a teaching affiliate of Harvard Medical School.

Dana-Farber provides the latest treatments in cancer for adults through Dana-Farber Brigham Cancer Center and for children through Dana-Farber/Boston Children's Cancer and Blood Disorders Center. Dana-Farber is the only hospital nationwide with a top 5 U.S. News & World Report Best Cancer Hospital ranking in both adult and pediatric care.

As a global leader in oncology, Dana-Farber is dedicated to a unique and equal balance between cancer research and care, translating the results of discovery into new treatments for patients locally and around the world, offering more than 1,100 clinical trials.

# Uniting the Community in Prayer, The Holy Rosary

LUDLOW—Join the parishes of Ludlow and Indian Orchard to pray the rosary together as a community in honor of Our Lady of Fatima.

Manny Pedro, an aspirant in the Diaconate Formation Program within the Diocese, is organizing a rosary service gathering our community together, praying the rosary as we are asked to by Our Blessed Mother.

We will gather and pray one decade in each parish's respective language at Our Lady of Fatima at the outside shrine. Should it rain, we will

pray inside the church.

The parishes included are Christ the King and Immaculate Conception in Polish, St. Elizabeth in English, St. Peter and St. Paul in Ukrainian, and Our Lady of Fatima in Portuguese.

We look forward to having you join us in this beautiful community rosary service dedicated to Our Lady of Fatima during the periods of her apparition.

The Holy Rosary will be Sunday, Sept. 14 at 3 p.m. at Our Lady of Fatima Parish at 438 Winsor St. in Ludlow.

### HUBBARD from Page 5

ger Hunt and Celebration, Thursday, July 31, 9:00 a.m. to 8:00 p.m. Celebrate Harry's birthday! Find all the Harry Potter pictures in the Youth Room to win a prize, plus enjoy other wizarding-themed crafts and activities. Drop-in.

Canvas Tote Painting for Tweens & Teens, Monday, August 4, 3:30 p.m. For ages 10-17. Use stamps, stencils and fabric paint to design your own bag. Please register.

Sidewalk Chalk Art, Wednesday, August 13, all day. All ages. We invite the community to create art on our sidewalks to express your appreciation for books and the library. Drop in.

Wicked Trivia Night for YAs, Tuesday, August 19, 6:30 p.m. For tweens & teens. If you're obsessed with the movie Wicked, show off your knowledge to win prizes! Please register.

Pokemon Club, every Wednesday through August 20, 3:30 to 4:45 p.m. For ages 8-14. Trading, dueling, and gaming on your own handhelds, phones, or Nintendo Switch. Please have your name on everything you bring to the club. Please register.

Lego Build Challenge, every Wednesday, 9:00 a.m. to 5:00 p.m. Pull a Lego Build Challenge Card and try to build it with the library's Legos, or free build just for fun. All creations will be put on display in the Youth Room for the week. Drop-in.

Friday Online Club, every Friday, 3:00 to 4:45 p.m. Play Roblox, Minecraft or other online group games at the library. Meet new friends or play with old ones. Feel free to use one of the library Minecraft accounts: please sign up for your own Roblox

or other accounts. For grades 3-8. Please register.

### FOR CHILDREN

Summer Grow, Play and Learn Playgroup, Thursdays through August 14, 9:30 to 10:30 a.m. For ages 0-5. Playgroup led by Early Childhood Development specialists. Sponsored by Pathways for Parents CFCE. Please register.

Toe Jam Puppet Band, Friday, August 1, 10:45 a.m. All ages. Our favorite band is back again serving up a toe-tapping, finger-snapping good time, with lots of singing, dancing, audience participation and laughter. Drop in.

Teddy Bear Picnic, Tuesday, August 5, 12:30 p.m. Ages 2-8. Join us for a teddy bear picnic! Bring your stuffie & a picnic lunch. Drop in. (Inside if raining.)

Read to a Poodle, Wednesdays, August 6 and 20, 2:00 to 3:00 p.m. For beginning readers. Sign up to treat Brightspot therapy dog Quill and his trainer to 10 minutes of solo reading by you! Please register.

Fairy Houses, Friday, August 8, 11:30 a.m. Ages 4-10. Hear a book about fairy houses and then make your own version right out on the lawn! Rain date 8/18. Please register.

Sing With Me, every Tuesday, 10:30 to 11:00 a.m. (not 7/29 or 8/12) For 0-5s. Interactive, participatory music for children and their grown-ups with favorite children's songs. It takes place on the library lawn, but we move inside for bad weather. Drop-in.

Daily Drop-In Crafts, all ages. DIY crafts available in the Youth Room daily. New craft each week.

# Extreme Heat and Medications

## Caution and Care During Periods of Intense Heat

PIONEER VALLEY — As temperatures continue to rise across the region, MiraVista Behavioral Health Center is reminding community residents who may be taking medication to support their mental health to be extra cautious in summer heat.

According to MiraVista Behavioral Health Center Medical Director, Dr. Kenneth Richmond, "Increased temperatures can affect the impact of medications.

It is important for anyone on medications, including those which may be prescribed for a mental health condition, to talk with their health care provider about how extreme temperatures and exposure to sun may change how they feel, cause certain side effects and what they can do during periods of increasingly hot weather to be safe."

According to the Centers for Disease Control and Prevention (CDC), more than



Dr. Kenneth Richmond

1,200 people in the United States die from extreme heat every year, with individuals who take medications that affect thermoregulation among those at higher risk.

Dr. Richmond added, "Many people don't realize that the medications they take to support their mental health may also impact how their body manages heat. Be informed, take precautions, and know the warning signs of heat-related stress such as dizziness, confusion, ex-

cessive sweating, blurry vision or skin rashes."

The CDC has made an Extreme Heat guide available to visitors on its website with tips on staying cool, staying hydrated, identifying individual risk factors and knowing the symptoms associated with overheating and when to seek medical care. Their guide can be found at [https://www.cdc.gov/heat-health/about/index.html?CDC\\_AA\\_refVal=https%3A%2F%2Fwww.cdc.gov%2Fextreme-heat%2Fabout%2Findex.html](https://www.cdc.gov/heat-health/about/index.html?CDC_AA_refVal=https%3A%2F%2Fwww.cdc.gov%2Fextreme-heat%2Fabout%2Findex.html) or on the MiraVista website at [www.miravistabhc.org](http://www.miravistabhc.org)

# Church DIRECTORY

### THE CHURCH OF JESUS CHRIST OF LATTER DAY SAINTS

584 West St., Ludlow  
413-583-8454  
S Sunday services  
Sacrament Meeting 10- 11 A.M.  
Sunday school for adults,  
Young single adults( 18-30) and teens ( 11-18 )  
1st & 3rd Sunday of the month from 11-12 noon  
Adult Religious/Marriage and Parenting for Women- 2nd & 4th Sunday of the month from 11-12 noon  
Adult Religious/Marriage and Parenting for Men- 2nd and 4th Sunday of the month from 11-12 noon  
Classes for Single Adults(18-30) 2nd & 4th Sunday of the month 11-12 noon  
Classes for Young Men (11-18) 2nd & 4th Sunday of the month 11-12 noon  
Classes for Young Women ( 11-18) 2nd & 4th Sunday of the month - 11-12 noon  
Children's classes: Sunday school & singing time every Sunday( 3-10 ) 11- 12 noon  
Nursery provided for ages 18 month- 3 yr

### CHRIST THE KING CHURCH

41 Warsaw Ave., Ludlow  
413-583-2630  
Pastor Rev. Raymond A. Soltys  
Saturday Vigil Masses - 5 p.m. and 6:30 p.m.  
Sunday Masses - 7:30 a.m.; 8:45 a.m. (Polish); 10 a.m. and 11:15 a.m.  
Sunday Evening Mass - 5:30 p.m.

### IMMACULATE CONCEPTION CHURCH

25 Parker St, Indian Orchard,  
413-543-3627  
Very Rev. Piotr Calik  
Office Hours: Monday, Tuesday, Wednesday, Thursday, 9 a.m. —1 p.m.  
CLOSED FRIDAY  
MASS SCHEDULE  
Monday 8:00am  
Tuesday 8:00am  
Wednesday No Mass  
Thursday 6:00pm  
Friday 6:00pm  
Saturday 4:00pm  
Sunday 8:30am (English) 10:15am ( Polish)  
Confessions: Saturday - 3:15-4 p.m.

### ST. ELIZABETH PARISH

191 Hubbard St., Ludlow  
413-583-3467  
Pastor - Rev. Msgr. Homer P. Gosselin  
In Residence - Rev. Norman Bolton  
Deacons: Normand Grondin, Thomas Rickson, Keith Davies  
Office Hours: Monday - Friday 8 a.m. - 4 p.m.  
Visit our website at [www.stelizabethludlow.org](http://www.stelizabethludlow.org)  
Like us on Facebook Check out our Parish App  
Wed., July 30 - Daily Mass - 7:30 a.m. (C), Holy Mother Choir - 5:15 p.m. (C)  
Thurs., July 31 - Daily Mass -7:30 a.m. (C), Adoration - 6:30 p.m. (C),  
Fri., August 1 - Daily Mass - 7:30 a.m.(C)  
Sat., August 2 - Confessions - 2:30 p.m. (C), Turkey Dinner - 10:00 a.m. (FLBH), Saturday Mass - 4:00 p.m. (C)  
Sun., August 3 - Daily Masses at 7:30 a.m., 9:15 a.m., 11:00 a.m. and 5:00 p.m.(C),  
Mon., August 4 - Daily Mass - 7:30 a.m. (C)  
Tues., August 5 - Daily Mass - 7:30 a.m. (C), Spaghetti Supper Meeting - 6:00 p.m. (E)

### OUR LADY OF FATIMA PARISH

438 Winsor St., Ludlow  
413-583-2312  
Father Pedro DeOliveira  
Office hours: Monday - Thursday 9:00 a.m. to 5:00 p.m., closed 1:00 p.m.-2:00 p.m.  
Sunday Masses - 9 a.m. (Portuguese); 11 a.m. (English)  
Monday and Wednesday Morning Masses - 8:30 a.m. (Portuguese)  
Tuesday and Friday Masses - 5:30 p.m. (Portuguese)  
Saturday Vigil Mass - 4 p.m. (English)  
First Saturday of the Month - 8:30 a.m.  
For more information, visit [ourladyoffatimaparish.org](http://ourladyoffatimaparish.org).

### FIRST CHURCH IN LUDLOW

859 Center St. Ludlow  
413-583-3339  
Reverend Darcy Borden, Pastor  
Office hours Monday & Wednesday 10 am to 2 pm  
Available by appointment at other times  
Sunday worship at 10 am alternating weekly with Grace Union Church, Wilbraham  
Call or check Facebook or the website for the schedule of worship and events  
Service live-streamed at 10 am on Facebook <https://www.facebook.com/firstchurchludlow>  
Website: [www.ludlowfirst.com](http://www.ludlowfirst.com)

### ORCHARD COVENANT CHURCH

95 Berkshire Street  
Indian Orchard, MA 01151  
413-543-4204  
Revs. Karen and Nick Munn, pastors  
Sunday School for all ages, 9:45 a.m.  
Worship in person, 11 a.m.  
Or watch our livestream.  
See our website for more information: [orchardcovenant.org](http://orchardcovenant.org).

### FAITH COMMUNITY CHAPEL

A Church of the Nazarene  
485 East Street, Ludlow  
(413) 583-7875  
Email: [FCCPastorLisa@gmail.com](mailto:FCCPastorLisa@gmail.com)  
Lead Pastor: Rev. Lisa Morrison  
Associate Pastor: Gary Coombs  
Sunday Morning Discipleship Groups meet at 9:45am  
Worship service meets at 11am  
OTHER MEETINGS  
Tuesdays: Zoom Bible Study 7pm  
Fridays: After School Club for Children 5pm  
AA Group 7pm

### STS. PETER AND PAUL UKRAINIAN CATHOLIC CHURCH

45 Newbury St.  
Ludlow, MA 01056  
Phone: 413-583-2140  
Pastor: Father Andriy Krip  
Liturgy schedule:  
Wednesday 9 a.m., Friday 9 a.m.  
Rosary for Peace in Ukraine on Wednesday at 6 p.m.



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24 Water Street  
Palmer, MA 01069  
Email: [jamie@turley.com](mailto:jamie@turley.com)

## A month into Summer, let's not forget about Adolescent Mental Health

By Shelley Zimmerman, MPA, MHM, BSN, RN  
Hospital Administrator,  
MiraVista Behavioral  
Health Center

It's been a month since school let out for the summer. The daily grind of early alarms and packed lunches has been replaced by late mornings, camps, part-time jobs, and plenty of screen time. For many teens, summer brings a welcome break. But for others, especially those facing emotional or mental health challenges, these unstructured weeks can be anything but carefree.

We talk often about "learning loss" during summer break. But what about the loss of structure, connection, and routine that schools provide? For adolescents, these aren't just conveniences, they're lifelines. Teachers, counselors, and trusted adults offer stability, and their absence over the

summer can leave vulnerable youth feeling isolated and unsupported.

Recent national data highlights what many parents and providers already know: youth mental health is in crisis. According to the CDC, more than 40% of high school students report persistent feelings of sadness or hopelessness. And anxiety and depression diagnoses among adolescents have risen sharply in the past decade, with anxiety increasing by more than 60% and depression by nearly 45%.

At MiraVista Behavioral Health Center, we see the effects of this seasonal gap firsthand—and we're here to help fill it.

"We want families to know that help is available—and accessible," says Shelley Zimmerman, Hospital Administrator at MiraVista. "Our direct admission process allows ado-

lescents in need of inpatient mental health care to be admitted without the delays and stress of an emergency department visit. It's a more compassionate, streamlined approach to care."

Our adolescent inpatient program, serving youth ages 13 and older, remains fully open and active throughout the summer months. Because we know that mental health doesn't take a break—and neither do we.

Parents, caregivers, pediatricians, and community leaders: If you know a young person who's struggling emotionally, please don't wait. Early support can make all the difference.

To learn more about our services or to refer a teen for care, visit [www.miravistabhc.care](http://www.miravistabhc.care).

Mental health matters in every season. A month into summer, it's worth remembering: when school is out, support must stay in.

## Representative Puppolo announces Chapter 90 Funding for local infrastructure improvements

SPRINGFIELD—State Representative Angelo J. Puppolo Jr. is pleased to announce the allocation of Chapter 90 funding aimed at enhancing local infrastructure throughout the community. This funding is essential for maintaining and improving roads, bridges, and other critical transportation infrastructure.

"Investing in our local infrastructure is vital for the safety and well-being of our residents," said Rep. Puppolo. "Chapter 90 fund-

ing allows us to address necessary repairs and improvements, ensuring that our roads and bridges are safe and reliable for everyone."

The bill outlines the amounts that will be given to municipalities to repair local roads and bridges across the state, with \$200 million being distributed by utilizing traditional fund distribution formulas and \$100 million being distributed solely based on road mileage in an effort to sup-

port rural communities. Additionally, the bill also incorporates \$885 million in borrowing to support other infrastructure initiatives across the state.

The announcement of this funding comes at a crucial time as many municipalities are facing increasing demands for infrastructure maintenance and upgrades. Rep. Puppolo remains committed to advocating for additional resources to support local needs.

# OBITUARIES

## Julia C. Szczepanek

Julia C Szczepanek, 86, passed away peacefully on July 11, 2025 after a long illness. Born in Pennsylvania to the late Julian and Feliksa (Mruczkowski) Ciurzycki, she was the youngest of five children and her family moved to Westfield when she was very young. Julie was a life-long area resident and a communicant of Immaculate Conception Church. She worked for various manufacturing companies, including the former Westinghouse and Steiger's Department Store, where she worked in the warehouse office for 14 years and retired from Tyco Medical Products in 2004. Julie loved cooking and baking for her beloved husband and family. She also enjoyed sewing and watching her Law & Order shows,



but her greatest joy was being with her family, especially her grandchildren Hunter and Jessyca.

She was predeceased by her beloved husband, Edward, her parents and four siblings.

Julie leaves her daughter Deanna Bingham and son-in-law Reginald of Ludlow; two grandchildren, Hunter and Jessyca Bingham, and several extended family members.

Visitation for Julia will be held on Tuesday, Aug. 5 from 5 to 6:30 p.m. at Ludlow Funeral Home concluding with a Celebration of Life Service beginning at 6:30 p.m. Burial will be held privately at the convenience of her family and in lieu of flowers, donations may be made in Julia's memory to St. Jude Children's Research Hospital

## DEATH NOTICES

**Julia C Szczepanek**  
Died July 11, 2025  
Services  
August 5, 2025  
Ludlow Funeral Home

**Edward F. O'Neil, Jr.**  
Died July 2, 2025  
Kapinos-Mazur  
Funeral Home

## The Ludlow Register OBITUARY POLICY

Turley Publications offers two types of obituaries.

One is a free, brief **Death Notice** listing the name of deceased, date of death and funeral date and place.

The other is a **Paid Obituary**, costing \$275, which allows families to publish extended death notice information of their own choice and may include a photograph. **Death Notices & Paid Obituaries** should be submitted through a funeral home to: [obits@turley.com](mailto:obits@turley.com).

*Exceptions will be made only when the family provides a death certificate and must be pre-paid.*

## Edward F. O'Neil, Jr.

Edward Francis O'Neil, Jr. of Ludlow, MA, son of Edward F. O'Neil, Sr and Agnes M O'Neil (Bymes) passed away on July 2, 2025. Ed was a proud veteran of the United States Marine Corps.

Ed also served his community as a member of the Ludlow Police Department until his retirement. He is survived by his sons, Patrick J. O'Neil and his spouse Janet of Ludlow, MA and

their 2 children, Lauren and Shannon and their 3 grandchildren, Michael E. O'Neil and his spouse Michele of Vero Beach, FL and their 2 children, Michael Jr. and Kathryn, and their 4 grandchildren. Ed was predeceased by his wife Margaret, his parents and his sister Patricia A. Fitzpatrick of Michigan.

At Ed's wishes, there will be no calling hours, and burial will be at the convenience of the family.

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## NOTICE

ERRORS: Each advertiser is requested to check their advertisement the first time it appears. This paper will not be responsible for more than one corrected insertion, nor will be liable for any error in an advertisement to a greater extent than the cost of the space occupied by the item in the advertisement.

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# PUBLIC NOTICES

**LUDLOW PLANNING BOARD LEGAL NOTICE SPECIAL PERMIT SITE PLAN**

The Ludlow Planning Board will hold a public hearing in accordance with the Order of Remand issued by the Hampden County Superior Court in Ludlow Town Hall, Selectmen's Conference Room on **Thursday, August 14, 2025 at 7:30 p.m.** on the application of JLL Real Estate, LLC for the property located at **590-596 (0) Center Street, Ludlow, MA (Assessors' Map 16B, Parcels 116 & 116A)** for the purpose of: **redevelopment of site into a self-storage facility in an Agricultural Moderate Density Overlay District.**

If for any reason this hearing is cancelled, it will be rescheduled to Thursday, August 28, 2025.

Raymond Phoenix  
Chairman

07/30, 08/06/2025

**LUDLOW PLANNING BOARD LEGAL NOTICE SPECIAL PERMIT ESTATE LOT**

The Ludlow Planning Board will hold a public hearing in Ludlow Town Hall, Selectmen's Conference Room on **Thursday, August 14, 2025, at 7:15 p.m.** on the application of Mary & Andrew Nocrasz for the property located at **0 Lyon Street Ludlow, MA (Assessors' Map 19, Parcel 17)** for: **estate lot.**

If for any reason this hearing is cancelled, it will be rescheduled to Thursday, August 28, 2025.

Raymond Phoenix, Chairman  
07/30, 08/06/2025

**NOTICE OF PLANNING BOARD HEARING Relative to PROPOSED ZONING BYLAW AMENDMENTS Pursuant to G.L. c. 40A, § 5 LEGAL NOTICE ZONING BYLAW**

The Planning Board of the Town of Ludlow will hold a public hearing to discuss proposed amendments to the town's zoning bylaws. The public hearing will be held as follows:

Place: Ludlow Town Hall, Select Board's Conference Room, 3rd floor

Date: Thursday, August 14, 2025

Time: 8:05 PM  
Applicant: Planning Board  
Location: 488 Chapin Street, Ludlow, MA

The subject matter of the proposed amendment is as indicated below. The complete text and maps relative to the proposed amendments are available for inspection during regular business hours in the Planning Board Office and Town Clerk's Office.

Proposed zoning revisions to include the following: Replace all references of "Board of Selectmen" or "Selectmen" to "Select Board" throughout the entirety of the Zoning Bylaw.

Raymond Phoenix, Chairman  
07/30, 08/06/2025

**LUDLOW CONSERVATION COMMISSION LEGAL NOTICE**

The Ludlow Conservation

Commission has scheduled a Public Meeting under W.P.A. (M.G.L. Ch. 131, § 40) in Ludlow Town Hall, 3rd floor, Selectmen's Conference Room, for **Wednesday, August 6, 2025, at 6:45 p.m.** for the **Request for Determination of Applicability** application of Arden Associates LLC, for the property located at **Lot 52F Moore Street (Assessors' Map 33, Parcel 52F).** The subject of the meeting is: seeking confirmation of wetland delineation and permission to access and conduct soil testing.

If for any reason this meeting is cancelled, it will be rescheduled to Wednesday, September 3, 2025.

Angela Tierney, Chair  
07/30/2025

**LUDLOW PLANNING BOARD LEGAL NOTICE SPECIAL PERMIT HOME OCCUPATION**

The Ludlow Planning Board will hold a public hearing in Ludlow Town Hall, Selectmen's Conference Room on **Thursday, August 14, 2025, at 7:00 p.m.** on the application of Ryan Dorcas of **350 West Street, Unit 26 Ludlow, MA (Assessors' Map 3, Parcel 86)** for: **hair braiding salon.**

If for any reason this hearing is cancelled, it will be rescheduled to August 28, 2025.

Raymond Phoenix, Chairman  
07/30, 08/06/2025

**LUDLOW CONSERVATION COMMISSION LEGAL NOTICE**

The Ludlow Conservation Commission has scheduled a Public Meeting under W.P.A. (M.G.L. Ch. 131, § 40) in Ludlow Town Hall, 3rd floor, Selectmen's Conference Room, for **Wednesday, August 6, 2025, at 7:05 p.m.** for the **Request for Determination of Applicability** application of Scot & Michelle Padgett, for the property located at **558 Alden Street (Assessors' Map 40, Parcel 14A).** The subject of the meeting is: replace existing failed septic system.

If for any reason this meeting is cancelled, it will be rescheduled to Wednesday, September 3, 2025.

Angela Tierney, Chair  
07/30/2025

**Commonwealth of Massachusetts The Trial Court Probate and Family Court Hampden Probate and Family Court 50 State Street Springfield, MA 01103**

**Docket No. HD25P1476GD**  
In the interests of **Marcello Chotain of Ludlow, MA**

**Minor NOTICE AND ORDER: Petition for Appointment of Guardian of a Minor NOTICE TO ALL INTERESTED PARTIES**

**1. Hearing Date/Time:** A hearing on a Petition for Appointment of Guardian of a Minor filed on **07/16/2025** by **Yazmin Rivera of Ludlow, MA**  
**Melvin Santana of Ludlow, MA**

will be held **08/13/2025 08:30 AM Guardianship of Minor Hearing In Person.** Located: **Hampden Probate & Family Court, 50 State Street, 4th Floor, Springfield, MA, 01103.**

**2. Response to Petition:** You may respond by filing a written response to the Petition or by appearing in person at the hearing. If you choose to file a written response, you need to:

File the original with the Court; and

Mail a copy to all interested parties at least five (5) business days before the hearing.

**3. Counsel for the Minor:** The minor (or an adult on behalf of the minor) has the right to request that counsel be appointed for the minor.

**4. Counsel for Parents:** If you are a parent of the minor child who is the subject of this proceeding you have a right to be represented by an attorney. If you want an attorney and cannot afford to pay for one and if you give proof that you are indigent, an attorney will be assigned to you. Your request for an attorney should be made immediately by filling out the Application of Appointment of Counsel form. Submit the application form in person or by mail at the court location where your case is going to be heard.

**5. Presence of the Minor at Hearing:** A minor over age 14 has the right to be present at any hearing, unless the Court finds that it is not in the minor's best interests.

Date: July 16, 2025  
**Rosemary A. Saccomani**  
Register of Probate  
07/30/2025

**Ludlow Public Schools Destruction of Special Education Records**

Please be advised that the SPECIAL EDUCATION RECORDS from the Ludlow High School Class of 2018, along with the records of students released from special education services during the **2017-2018** school year, will be destroyed the week of **August 4, 2025.** If you wish to obtain your records, **please contact the Special Education office at 583-8372, ext 1216 prior to Friday, August 1, 2025,** in order to make arrangements for pick up. Please note that identification will be required at the time of record retrieval.

07/09, 07/16, 07/23, 07/30/2025

**LUDLOW CONSERVATION COMMISSION LEGAL NOTICE**

The Ludlow Conservation Commission will hold a Public Hearing under W.P.A. (M.G.L. Ch. 131, § 40) and Town of Ludlow Bylaws, Chapter XV, in Ludlow Town Hall, 3rd floor, Selectmen's Conference Room, on **Wednesday, August 6, 2025, at 6:30 p.m.** on the **Notice of Intent** application of Laura Ernst, National Grid, for the property located at **Existing Electric Transmission ROW (Assessors' Map 41, Parcels 29, 35, 41).** The subject of the hearing is: replace wood structures and Optical Ground Wire along the existing 301 transmission line.

If for any reason this hearing is cancelled, it will be resched-

uled to Wednesday, September 3, 2025.

Angela Tierney, Chair  
07/30/2025

**Commonwealth of Massachusetts The Trial Court Probate and Family Court Hampden Probate and Family Court 50 State Street Springfield, MA 01103**

**(413)748-7758**

**Docket No. HD25P1515EA**

**Estate of: Daniel Lee Ferry Date of Death: 05/02/2025 CITATION ON PETITION FOR FORMAL ADJUDICATION**

To all interested persons:

A Petition for **Formal Probate of Will with Appointment of Personal Representative** has been filed by **Susan Lorraine Bahr of Underhill, VT** requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition.

The Petitioner requests that: **Susan Lorraine Bahr of Underhill, VT** be appointed as Personal Representative(s) of said estate to serve **Without Surety** on the bond in **unsupervised administration.**

**IMPORTANT NOTICE**

**You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: 10:00 a.m. on the return day of 08/20/2025. This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.**

**UNSUPERVISED ADMINISTRATION UNDER THE MASSACHUSETTS UNIFORM PROBATE CODE (MUPC)**  
A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration.

WITNESS, Hon. **Barbara M Hyland**, First Justice of this Court.  
Date: July 23, 2025  
**Rosemary A Saccomani**  
Register of Probate  
07/30/2025

**Commonwealth of Massachusetts The Trial Court Probate and Family Court Hampden Division Docket No. HD25P1142EA**

**Estate of: Stephen P. Mastalerz Also Known As: Stephen Mastalerz, Stephen Peter Mastalerz Date of Death: February 4, 2025 INFORMAL PROBATE PUBLICATION NOTICE**

To all persons interested in the above captioned estate, by Petition of Petitioner **Alicia C. Clark of Lexington, SC**

a Will has been admitted to informal probate.

**Alicia C. Clark of Lexington, SC**

has been informally appointed as the Personal Representative of the estate to serve **without surety** on the bond.

The estate is being administered under informal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure. A copy of the Petition and Will, if any, can be obtained from the Petitioner.  
07/30/2025

**NOTICE OF PLANNING BOARD HEARING Relative to PROPOSED ZONING BYLAW AMENDMENTS Pursuant to G.L. c. 40A, § 5 LEGAL NOTICE ZONING BYLAW**

The Planning Board of the Town of Ludlow will hold a public hearing to discuss proposed amendments to the town's zoning bylaws. The public hearing will be held as follows:

Place: Ludlow Town Hall, Select Board's Conference Room, 3rd fl.

Date: Thursday, August 14, 2025  
Time: 8:00 PM

Applicant: Planning Board  
Location: 488 Chapin Street, Ludlow, MA

The subject matter of the proposed amendment is as indicated below. The complete text and maps relative to the proposed amendments are available for inspection during regular business hours in the Planning Board Office and Town Clerk's Office.

Proposed zoning revisions to include the following: SECTION III: GENERAL USE REGULATIONS. SECTION 3.22 TABLE 1 LUDLOW TABLE OF PRINCIPAL USES. Remove Accessory Apartment and replace with Accessory Dwelling Units (ADU) allowed through Site Plan Approval from the Planning Board (SPA) in RA-1, RA, RB, A, AMD zoning districts. Add Accessory Dwelling Units over 900 SQ FT, and Additional Accessory Dwelling Units allowed through Special Permit and Site

Plan Approval from the Planning Board in RA-1, RA, RB, A, AMD zoning districts.

Raymond Phoenix, Chairman  
07/30, 08/06/2025

**NOTICE OF PLANNING BOARD HEARING Relative to PROPOSED AMENDMENTS TO SUBDIVISION RULES AND REGULATIONS Pursuant to G.L. c. 41, §81Q LEGAL NOTICE SUBDIVISION RULES AND REGULATIONS**

The Planning Board of the Town of Ludlow will hold a public hearing to discuss proposed amendments to the town's subdivision rules and regulations. The public hearing will be held as follows:

Place: Ludlow Town Hall, Select Board's Conference Room, 3rd floor

Date: Thursday, August 14, 2025

Time: 8:10 PM  
Applicant: Planning Board  
Location: 488 Chapin Street, Ludlow, MA

The subject matter of the proposed amendment is as indicated below. The complete text relative to the proposed amendments is available for inspection during regular business hours in the Planning Board Office and Town Clerk's Office.

Proposed revisions to the Subdivision Rules and Regulations include the following: Replacing all references of "Board of Selectmen" or "Selectmen" to "Select Board".

Raymond Phoenix, Chairman  
07/30, 08/06/2025

**Commonwealth of Massachusetts The Trial Court Probate and Family Court Hampden Division Docket No. HD24P2064EA**

**Estate of: Maria Celicina Varandas Date of Death: 05/28/2024 INFORMAL PROBATE PUBLICATION NOTICE**

To all persons interested in the above captioned estate, by Petition of Petitioner **Paul M. Varandas of Ludlow, MA.**

**Paul M. Varandas of Ludlow, MA**

has been informally appointed as the Personal Representative of the estate to serve **without surety** on the bond.

The estate is being administered under informal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration.

Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure. A copy of the Petition and Will, if any, can be obtained from the Petitioner.  
07/30/2025

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**TOWN OF WORTHINGTON HIGHWAY POSITION OPENING**

The Town of Worthington is soliciting letters of interest and resumes from qualified candidates for a **full-time Equipment Operator/General Laborer** position within the Highway Department. Valid MA CDL operator, Hydraulic Hoister's licenses and OSHA-10 certification is preferred.

More in-depth information can be found on the Town's website: **www.worthington-ma.us**

Questions will be answered by the Highway Superintendent at 64 Huntington Road Monday – Friday, 7 AM to 3 PM; the telephone number is 413-238-5830 or send letter of interest, resume and three (3) references with relevant contact information to **highway@worthington-ma.us** and **sboard@worthington-ma.us**. This posting will remain pertinent until the position is filled. *The Town of Worthington is an Equal Opportunity Employer.*

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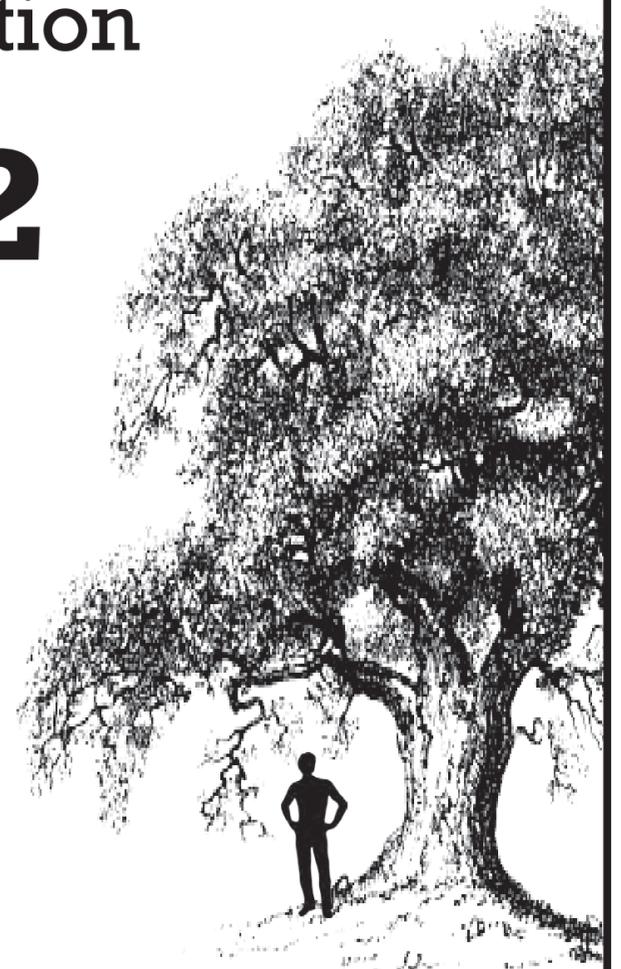
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