Classifieds:

A **TURLEY** PUBLICATION **I** www.turley.com

www.register.turley.com

### **NEWSLINE**

School Committee addresses policy updates

**SEE PAGE 3** 

### Pet of the Week



**SEE PAGE 4** 

### Library storytime



**SEE PAGE 5** 

### **IN SPORTS**

**Lions take A Division title** in PK's



**SEE PAGE 9** 

### **DATEBOOK**

### **Upcoming events**

MAGIC IN THE VALLEY: Internationally-renowned magicians promise to captivate audiences of all ages with mind-boggling illusions, comedic performances and awe-inspiring tricks at 7 p.m. Aug. 19, at the Polish American Citizens Club

**SEE PAGE 12** 

# **Brave Book Reading** protesters outnumber children

LUDLOW - Last Saturday's Brave Books Storytime ended up being a peaceful gathering, with protestors and attendees making their voices and differences heard without incident. The books read were published by Brave Books, including one by former actor Kirk Cameron, many with a religious theme.

The company's website describes the books as an alternative to the current progressive agenda dominating children's literature.

Grace Burek, who organized the book-reading, said it "went very well. The protestors remained very quiet and very respectful."

The counter-protest was

Please see **BOOK READING**,

Page 8



Submitted photo by David Sadv

Residents gathered in Memorial Park to watch the book reading.

Veterans Agent Eric Segundo, pictured by the table with coffee and donuts from Common Grounds Coffee.

# Ludlow opens its monthly Veterans Coffee Hour

By Marcelo Gusmão Staff Writer mgusmao@turley.com

LUDLOW - Last Thursday, the Veterans' Center held its first-ever Veterans Coffee Hour, providing "coffee, connection, camaraderie" to local veterans.

Veterans from all over the area were invited to come to the Center for breakfast and conversation with other veterans. Highlights included a visit from George Sokolowski, a 96-year-old veteran from Holyoke, and a representative from Veterans Legal Services, who answered questions of a

Donuts and coffee was provided by Common Grounds Coffee, the family-owned cafe on Boston Road in Wilbraham. Veterans Agent Eric Segundo thanked Common Grounds Coffee for sponsoring the

Segundo recently accepted an award for Outstanding Community Service on behalf of Sgt. Joshua D. Desforges

Please see **VETS COFFEE**,

Page 8

# Elks Lodge celebrates Ludlow's 250th anniversary with a car show



An estimated 200 cars came to the 250th Committee's Car Show at the Elks Lodge.

By Seth Chaffee Correspondent

LUDLOW - On Tuesday, Aug. 2, a car show took place at the Elks Lodge.

Linda Collette is the chairwoman for the town of Ludlow's 250th celebration committee. She said the purpose of the car show was to raise funds.

"We're trying to raise \$250,000 to put on events throughout the year of 2024," Colette said. "The town was incorporated on Feb. 28 of 1774."

The first event will take place in February of 2024, which will be followed by events such as town wide parades, picnics and a golf tournament.

This car show has been hap-

pening for years and along with the cars and bikes, people came for the food, which included

"There's probably about 200 cars and probably 40 to 50 bikes here tonight too," Colette said. The event was a free admission for anyone to involve their car in the show. The cars included Corvettes and Mustangs among other models.

As part of the show, a calendar raffle for the month of October was sold. There are 31 chances to win a prize of \$2,000 dollars, and it cost only \$20 to

While this event had a lot to offer to local residents and visitors, it wouldn't have been pos-

Please see **CAR SHOW**, Page 8



442 CENTER STREET, LUDLOW, MA

(413) 589-0991 | **PROPANE EXCHANGE** 

### YOUR GRILLING HEADQUARTERS

when you purchase a grill \$399 or more.





### **CELEBRATION CALENDAR**

UPCOMING SUMMER EVENTS

Ludlowma250.org



# "Dine for a Gause" at the Villa Rose

1428 Center St. Ludlow



Tony Tavares invites you and your family to dine at the Villa Rose where 20% of food purchases will be donated to the 250th events.

### **SATURDAY, SEPT. 9TH**

### **Golf Tournament Fundraiser**

4 Person Scramble Westover Municipal Golf Course

It's A Golf Par-Tee! Great fun, prizes, dinner, raffles & more.

Register your foursome or be a Sponsor. Visit our website Ludlowma250.org

Call Paul Chrzan for more information at 413-636-1527. Deadline for registration is September 5th.



# WEDNESDAY, SEPTEMBER 10TH An Evening of Irish Music

Featuring Billy Eagen

Concert starts at 5pm at the Mack Donnelly Gazebo
Bring your own chairs. This event is in partnership
with the Ludlow Cultural Council

### COMING THIS FALL

**SATURDAY, SEPTEMBER 30TH & SUNDAY, OCTOBER 1ST** 

Ludlow Cultural Council
Marketplace at
Veterans Memorial Park Gazebo

**SATURDAY, OCTOBER 14TH** 

# **Celebrate Ludlow!**

Lots of fun Autumn activities



**Sponsored by Turley Publications / The Register** 

# LUDLOW

# West Street Village seeks to raise rent

By Marcelo Gusmão Staff Writer mgusmao@turley.com

LUDLOW – The Mobile Home Rent Control Board met with the owner and residents of the West Street Village property to discuss a petition for a rent increase.

The increase would be \$354.33 per month for the residents of the mobile home complex. Tom Lennon, the manager and owner of the park, argued that the increase is in keeping with the cost of maintaining the property.

"What we're talking about tonight is math," said Lennon's representative. "None of those expenses are intermingled with this community as required by this Chapter 12."

Rent Control Board Chairman Antonio Goncalves fought to keep the meeting in line, and explained the landlord's request to the residents who attended.

"He's actually looked at it as a 15-year expense, and he's trying to collect one year's worth at a time, and he's willing to stretch it out," Goncalves said.

Among the expenses Lennon declared toward his cost were paving and fencing that was done around the property, as well as the costs of water, insurance, and plowing.

"That capital expense that we talked about, I didn't just randomly say 'I think I'll do this, I'll do this," Lennon said. "I came in and I brought the whole thing up. I got rid of drugs, and all kinds of things in the park."

"I cleaned a lot of stuff up. I didn't get paid for all that, I don't get a hug from anybody, I get it, I don't need one, but y'know what, money goes in," Lennon said.

"If we got rid of all that stuff you're

talking about, the fence, the paving, and all that stuff I'm talking about," Lennon said, "even if I said, (...) I'll eat (the cost), even if I said that, that's only knocking it down from \$526 to \$511."

Residents at the meeting reminded Lennon and the Board that some of them are living on Social Security, and would not be able to meet the cost of the raised rent.

"You kind of look at it blindly, and I don't mean that disrespectfully," Lennon said. "It's a business to bring it all up."

The residents expressed concerns about mattresses and large appliances like washing machines and refrigerators being dumped on the property, which Lennon said he did not include as part of his request.

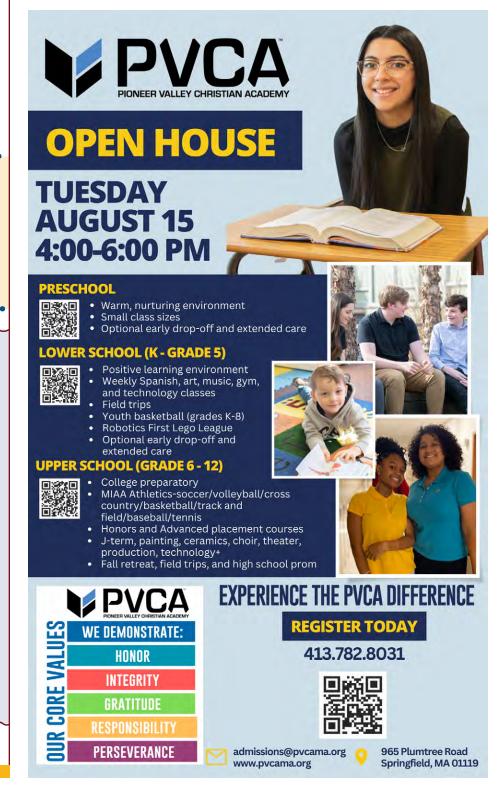
"The fine for illegally dumping a mattress is \$50, and it costs \$65 to get rid of it at a transfer station," Goncalves instructed the residents. "A few illegal dumps here and there, it's going to make a difference by the end of the year."

One of the residents, who identified herself as Ginger, asked who would be liable if a tree fell on her home so she could report it to her insurance.

"If there's a tree that you can identify as having an issue, and you notify the owner of the tree that there may be an issue there, the owner then becomes responsible if it falls," Goncalves said. "If it's a healthy tree and just happens to fall, it's on you."

Goncalves urged Ginger and the other residents to send any complaints about trees to Lennon.

The Board decided to wait to make the final after the rest of the Board members had a chance to look over the submitted information. They intend to close the matter in the next few weeks.



# School Committee addresses policy updates

By Marcelo Gusmão Staff Writer mgusmao@turley.com

LUDLOW - The School Committee met last week to go over routine policy changes and approve a new Special Education position.

As part of the meeting's normal business, School Committee member Ron Saloio volunteered to represent the School Committee on the Capital Improvement Planning Committee.

#### **Special Education**

The Committee heard a presentation about approving a Registered Behavior Technician position.

An RBT is a position dedicated to "supporting the behavioral needs and instructional needs for our students with autism," according to the district's Special Education Director Jean Fontaine.

School Committee Vice Chair Sarah Bowler advocated to approve the position despite the district's loss of teachers in recent years.

'You can't teach kids when you're not supporting them and their needs, and these kids are special needs kids who really need the extra support," Bowler said, "I know first-hand having a child and working with children who need that extra support in the classroom, so I think, though this might look like a 'we're not funding teacher-specific positions,' we're funding positions that help the teacher to be able to do their

The Committee voted unanimously to approve the Registered Behavior Technician position.

### **Policy updates**

The Aug. 1 meeting was held specifically to give the School Committee the opportunity to have not mention or apply to students'

a first and second reading of the updates to the school policy, in keeping with changes to the state's Title IX requirements.

"Per Mass General Law 71730H, we're required to make known to parents and families any rules, policies, and so forth, that have to do with (...) discipline," School Superintendent Frank Tiano

"We follow federal and state laws, regulations, and so forth, and as those change, policies need to change," Tiano explained. "Instead of leaving it up to three of the 15 different school committees, (the Massachusetts Association of School Committees), to which you folks belong, they do their due diligence. (...) So, just as you'd mentioned for some of these policies, some of them are simply wording and updating and so forth. At this time, the urgency was, where we only have one meeting, was to be able to have a first, (and )second reading, so that, should the Committee vote to approve these, that they would be in our handbook and ready to go."

General counsel for Ludlow Public Schools, Russel Dupre, said, "Really, the main reason for this is that Title IX changed."

"The main change is the investigation procedure," Dupre said. "If somebody makes a complaint, you have to follow a specific process to the timeline; there's all the rights of the student or the parents to require us to go through a certain process."

The vote to adopt the policy revisions will be held at the next School Committee meeting.

### **Gender identity**

Though the new policy does

gender identity, School Committee members did not miss the opportunity to ask, for the third meeting in a row, about ways to exclude and "out" students with gender identities that may not conform to their birth genders.

School Committee member Joao Dias recited some historical anecdotes of boys defeating professional women's sports players, and then asked how the policy would impact girls' sports. He then went on to ask more questions related to gender identity.

"What are the protections and responsibilities for teachers that do not want to further the 'lie' that is 'gender confusion'?" Dias asked. "Does a teacher need to address a student by their preferred pronoun? Does this include using plural pronouns for single students? What are the limits of what a student can claim their identity to be? And at what point are parents' rights to know acknowledged upon the students identifying - or never?"

Saloio also related the policy to girls' sports and gender identity.

"My only concern, also, is basically with the girls' sports," said Saloio. "The way it's worded, it seems like we're discriminative some biological male decides he wants to play on the girls' volleyball team or the girls' soccer team, are we required to make that (happen)?"

"I don't think this policy is really what's governing that," said Dupre. "That's governed by state law and MIIA, so those two - the state law and the governing body dictates that, so right now the answer is yes, that's what would happen, not because of this policy, per se, but that's the law of the land.

**SUPPORT OUR LOCAL FARMERS!** 

Local Field Grown TOMATOES! Red, Ripe, Delicious

Plum Tomatoes, Cherry & Grape Tomatoes Too!

Locally Grown **BUTTER & SUGAR** SWEET CORN

Picked Fresh Every Day!

Locally Grown **BLUEBERRIES** From Kosinski Farm In Westfield, MA

From Nearby Farms

Yellow & Zucchini Squash, **Eggplant, Green Peppers,** Cabbage & MORE

From Randall's Deli & Kitchen **BOARS HEAD DELI MEATS** 

BH Genoa or Hard Salami \$10.99/16

**BH Provolone Cheese** 

\$8.99/16

**Gourmet Sandwiches, Summer Salads, Entrees To Take Out! Cookies, Muffins And Desserts** 

Randall's Blueberry **Sour Cream Pie!** 



# Perennial Savings K EYED SUSAN

**Rudbeckia Goldstrum** 1 Gallon Pot **\$9.99** (Reg \$12.99) Late Summer Bloomer, Sun Loving,

Pollinator Favorite

"Out Of Bloom" **PERENNIALS** 

Ready To Plant

30% to 50% OFF Peony, Iris, Lupin, Lilies & MORE!

Field Grown \$9.99 5 Stem Bunch

Fresh Cut Bouquets

\$12.99 Bunch

ALWAYS FRESH AT

631 CENTER ST., Route 21, Mass Tpke Exit 54

LUDLOW • 589-7071 • www.randallsfarm.net OPEN EVERY DAY 7AM – 8PM

Find us on facebook and You Tube

# **Ludlow VFW honored for Outstanding Community Service**

LUDLOW -- The Sgt. Joshua D. Desforges Post 3236 was selected as this year's Outstanding Community Service Post of the year.

During the 124th VFW National Convention, Post Commander Eric Segundo accepted the award on behalf of its post's over 130 members and Auxiliary.

Ludlow Post 3236 has made significant contributions and extraordinary community service

projects that had gone above and beyond what is expected. From hosting community service events. veterans in the classroom, honoring first responders and teachers, scholarships for students, participation in the VFW Day of Service (2nd year), and supporting the new town's Veterans Center, financially and in its volunteerism, the Ludlow Post emulates the national VFW motto of "No one does more for

veterans."

"We are honored to have been selected as this year's awardee," said Segundo, "our members and its auxiliary dedicated service shows in this award."

In addition to this designation, the Ludlow VFW Post will also receive a Street Sign to identified the post as a Community Service Post Awardee to be installed at the entrance into town.

**Accepting New Patients** 



DR. CHRIS LAVOIE **Family** Chiropractic

733 Chapin St., Ludlow • Since 1997 ~ FREE Telehealth Consultation ~ Call my cell: 413-222-6841



CENTER STREET **AUTO PARTS OF** CHICOPEE, INC.

We will pay you top dollar for your car AND we will pick it up! Call us for a price!

- Top-Of-The-Line Auto Salvaging Services
- First-Rate Used Auto Parts
- Top-Grade Auto Body Parts
- Sell Your Old or Used Car to Us "Serving all of Western Mass."

Money on the Spot for All Vehicles

centerstreetautoparts.com

651 Center St., Chicopee 413-733-2778



Parkside Early Learning Center 33 Norwood Street, Ludlow, MA 01056



Preschool programs for children 2.9 to 5 years old. Part & full day classes.

FOR MORE INFO CALL (413)788-6522

S Head Start, Inc.

www.hcsheadstart.org

## PET OF THE WEEK



This is Zuri. She is now four years old, but this was her baby picture.

### **Notice of Vacancy**

LUDLOW - The Board of Selectmen is seeking to fill three (3) vacancies on the Ludlow 250th Semi-Quincentennial Committee.

Those individuals with knowledge of social media and fundraising experience are encouraged to apply. The Committee is responsible for scheduling events leading up to and throughout the year of 2024. This includes being responsible for the donations, grants, fundraising and the expenditures of the costs incurred by the events.

Please send letters of interest to the Board of Selectmen at 488 Chapin Street, Ludlow, MA 01056 or by email at Selectmen@ludlow.ma.us by August 31, 2023.

James Gennette,

Chairman

Ludlow Board of Selectmen



# Jenn Aldworth awarded National Alliance Professional of the Year

BOSTON - Jenn Aldworth, of Ludlow, was recently chosen as the Boys & Girls Clubs of America's National Alliance Professional of the Year.

A Club kid since 1981, Aldworth has been the executive director of the MA Alliance of Boys & Girls Clubs since 2018. She has made significant contributions to the MA Alliance during her tenure including increasing funding, building strong relationships with Clubs, elected officials, Boys & Girls Club of America staff and Alliance Board members. However, her performance in 2022 has elevated what is possible for the MA Alliance and set it on a path for future success in years to come.

One of the most significant achievements in 2022 came after many years of working with the Department of Elementary and Secondary Education. It has been a goal of the Alliance to partner with DESE and through Aldworth's steadfast work and relationship building; she was able to secure a minimum of \$3 million for all MA Club through DESE's COVID relief funds. This is the first time in Club history that all Clubs have received funds through DESE in this manner, which has opened the door to continued discussion with the department for future funding and collaboration.

In addition to making Club history in Massachusetts, she built strong relationships with the legislature to secure a one-time appropriation of \$10 million for capital improvement projects and workforce development programs. This has provided the clubs the flexibility to submit funding requests to the Alliance, and receive funds needed to improve their physical plant and improve retention programs for staff.

Additionally, the Alliance was able to capitalize on a grant program, the Afterschool Out-of-School Time Rebound grant. The Alliance was awarded a total of \$4.5 million dollars over 2 years which will help Clubs strengthen the quality of services and improve social emotional learning outcomes as well.

In addition, the Alliance has increased its earmark by \$500,000 since 2018, and sustained the continuation of a 5-year BSAS grant program. The grant, for \$200,000 a year for five years, was secured during Aldworth's second year on the job. In 2022, the MA Alliance secured nearly \$20 million, the most in its 23-year history.

Her work does not stop at securing



Jenn Aldworth, of Ludlow, was recently awarded Boys & Girls Clubs of America's **National Alliance Professional of the Year.** 

funding, as she also manages the grants, organizes the two-day Youth of the Year event for Massachusetts, and secures additional private funding through partnerships with companies like 99 Restaurants and Comcast.

When asked about being named Alliance Professional of the Year, Aldworth said "I accept this recognition on behalf of all 40 Clubs in Massachusetts that I have the privilege of representing; their staffs are the ones impacting the lives of over 75,000 youth on a daily basis. It is because of the support of all of our partners, our Alliance Board, Ventry Associates, Back of the Napkin Consulting and our Legislature, we have been able to achieve so much and look forward to all of the work we still have ahead.'

Aldworth has revamped the MA Alliance Board and brought on members interested in seeing the success of the Alliance continue to move forward. She has continued to innovate how the MA Alliance is positioned through its use of data and messaging. While the funding by itself is impressive, it only scratches the surface of her recognition as a leader within the Alliance Director cohort and Boys & Girls Club movement.

# **Ludlow Lions hold food and back** to school drive Aug. 26

will be holding its annual Food and Back-to-school Drive, to benefit produce. the Community Survival Center, on canned goods, baby foods, fruit for their continued support.

LUDLOW- Ludlow Lions Club juice, cereal, soup and high protein items. The CSC can now accept fresh

Drop off locations are the Polish Saturday, Aug. 26, from 9 a.m. to 1 American Citizens Club and Burger King p.m. Some requested items are pea- across from Big Y. The Ludlow Lions nut butter and jelly, Mac and cheese, Club would like to thank the Community

### **Destruction of Special Education Records**

LUDLOW - Please be advised that services during the 2015-16 school year, the Special Education Records from the Ludlow High School Class of

2016, along with the records of students released from special education please contact the Special Education of-

will be destroyed the week of Sep. 5,

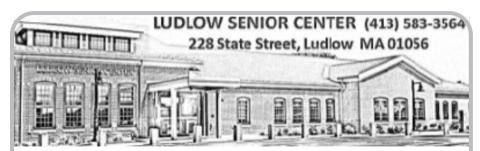
If you wish to obtain your records,

fice at 583-8372, extension 1216 prior to Friday, Sep. 1, in order to make arrangements for pick up. Please note that identification will be required at the time of record retriev-

Send your stories and photos to mgusmao@turley.com



ludlowselfstorage.com 291 Moody St., Ludlow, MA 413-800-6022



### Welcome to the Ludlow Senior Center

LUDLOW — The calendar is packed with many events, activities, programs, and entertainment. Senoirs are invited to have lunch in the Center's beautiful dining room for a hearty meal with coffee, tea, and dessert. Just call a day in advance at 413-583-3564 (call Friday for lunch on Monday).

For full program and activity descriptions and for general information about what a senior center is and does go to: Ludlow.ma.us, "like" the Ludlow Senior Center on Facebook. A paper copy of The Senior Scene is available at the Center.

### **Activities Calendar:**

Please register in advance for items with\*

### Thursday Aug. 10

8:30 a.m. Foot Care\*

9 a.m. Tai Chi

9:30 a.m. Dominos 10:30 a.m. Friends Meeting

10:30 a.m. Veterans Services

12:30 p.m. Billiards Round Robin

1 p.m. Mahjong

2:30 p.m. Active Yoga

Friday, Aug. 11

8:45 a.m. Boomer Bootcamp\*

10 am. Outdoor Cornhole

10 a.m. Boomer Bootcamp\*

10 a.m. Blood Pressure Checks

10:30 a.m. Trivia

1 p.m. Ceramics 1 p.m. Magic Class

1 p.m. Healthy Bones & Balance

### Class' Monday, Aug. 14

9 a.m. Knitting

10 a.m. Boomer Bootcamp\*

11 a.m. Lunch Bunch\* 12:30 p.m. Billiards Travel League

1 p.m. Scrabble 1:15 p.m. Pitch

2:30 p.m. Zumba Gold

Tuesday, Aug. 15

9 a.m. Quilting

9 a.m. Line Dancing

10 a.m. Cribbage

10:30 a.m. Gentle Yoga

12:30 p.m. Blood Pressure Check

1 p.m. Western Dance Lessons

1:30 p.m. Bingo

4:50 p.m. Movie: The Intern

5:30 p.m. Power Pump Fitness Class

### Wednesday, Aug. 16

8 a.m. Gardening Club

9 a.m. Ceramics

9 a.m. Zumba Gold

10:30 a.m. Healthy Bones & Balance Class\*

1 p.m. Belly Dancing Class

1:30 p.m. Charlie Lask Concert

4:30 p.m. COA Meeting

Thursday, Aug. 17

8:30 a.m. Foot Care\*

9 a.m. Tai Chi

9:30 a.m. Dominos

10 a.m. Sunshine Craft\* 12:30 p.m. Billiards Round Robin

1 p.m. Mahjong

2:30 p.m. Active Yoga

\*PLEASE register for Boomer Boot Camp, Veteran's Agent, Lunch Bunch, Power Pump, Healthy Bones and Balance, and Foot Care by calling 583-3564\*

### **Daily Events:**

Café: Monday – Friday 8-11 a.m. Exercise Room: Monday - Friday 8 a.m. - 3:30 p.m. Open until 6:30 p.m. on Tuesday

Billiards Room: Monday, Tuesday, Thursday 8 a.m. - 12:30 p.m.; Wednesday and Friday 8 a.m. - 3:30

Walking Club: Monday – Friday 7 and 8 a.m., leaving from parking lot.

Thursday, Aug. 10: Pasta Primavera/Garlic Bread

Friday, Aug. 11: Baked Salmon/ Wild Rice/Veggies

Monday, Aug. 14: Spaghetti & Meatballs/Small Salad

Tuesday, Aug. 15: Hot Dog/Beans/ Cole Slaw

Wednesday, Aug. 16: Cowboy Burger/French Fries/3 Bean Salad

Thursday, Aug. 17: Southwest Chicken Salad

Reserve a delicious \$2 lunch by calling a day ahead. Call Friday to reserve lunch on Monday.

For allergy concerns, call the Senior Center to ask about ingredients at

# Kids sing and dance at Library's **Blue-themed Storytime**

By Marcelo Gusmão Staff Writer mgusmao@turley.com

LUDLOW - The Hubbard Memorial Library held a storytime this Monday themed around the color 'blue' for the Color Me a Story storytime.

The library regularly holds storytimes for kids aged two to three, or from three to five. In addition to enjoying the story read by the library's Children's Department staff, these storytimes also involve singing, dancing, and other crafts and ac-

Siebecker read from a selection of books such as "The Proudest Blue" by Ibtihaj Muhammad and S.K. Aliand, and Bahram Rahman's "A Sky-Blue Bench." She said that the library's storytimes are always geared towards inclusivity, and welcomes children of all families and lifestyles to sign up and attend.

To sign up for a storytime, or any other club or event held by the library, visit hubbardlibrary.org.



Turley photos by Marcelo Gusmão

July Siebecker showed off the books that were slated for Monday's storytime.



July Siebecker led kids and parents in songs to celebrate the kids who were wearing blue.

July Siebecker reads about a blue truck to the captivated audience of three- to five-year-

olds



Kim's Quilts and Crafts of Belchertown

LONGARM SERVICE

413-362-9467

Masonry by Acacio
Chimneys, Walls and
Other Masonry Specialties

Cell: (413) 433-3238

Home: (413) 543-6773

AFFORDABLE DENTISTRY IS HERE! reventative & Restorative Care • Cosmetic & Implant De • State of the Art Laser Dentistry HOLYOKE DENTAL ASSOCIATES 610 South Street, Holyoke, MA (Convenient to 91 and 391) Call for Appointment Mon.-Fri. 413-533-8378

www.holyokedentalassociates.com Badri Z. Debian D.M.D. • John P. Griffin, D.D.S. Cara M. Seidel, D.M.D. Care Credit Financing Available and Most Credit Card, and Dental Plans Accepted

Are you having difficulty communicating with your partner, struggling with boundaries, and healthy relationships?

### We invite you to join us Friday afternoons from 1-2:30 pm to explore these topics and more.

This group will be held in zoom, is educational, confidential, and free.

Please contact Pat James 413-726-8661.

### Support the local businesses that support your local newspaper.

Let them know you saw their ad in the

> Ludlow Register

# LEGACY TITLE & ESCROW

### Providing real estate transactions and services, including:

Purchases, refinances, sales, home equity loans

tenant matters

Purchase and leasing of commercial property

Real estate nominee trusts

www.legacycounsellors.com

# Leasing and landlord-



Title research and correction

358 Sewall Street, Ludlow, MA | 413-527-0517 

### TAKING CARE OF BUSINESS!

Time To Get Your Septic Pumped, Call To **Book Now!** 



### WE ARE A LOCALLY OWNED AND OPERATED BUSINESS

Pumping • Installation • Title 5 Inspections • Perc Tests **SEWER PUMP REPAIRS • FULLY INSURED • FAMILY OWNED Evening & Weekend Appointments Available!** 

**Evening & Weekend** Appointments Available!

# OPINION

### **GUEST COLUMN**



### **Zucchini** and its many pests

The zucchini season started out with promise.

I sowed my seeds early and covered the hills with Reemay (a light, polyester row cover) to keep out the striped cucumber beetle. From past experience I knew that young seedlings could be decimated by this pest.

Within a few days the seeds had popped. I thinned them to three per hill and continued to water.

Soon they grew too big for their covering, and I figured that at this point in the game they could withstand a little damage. Sure enough, striped cucumber beetles found the plants.

It was harder to sneak up on them during the day, but at night I was able to position a cup of soapy water under a leaf and "tap," sending them in for a swim. My plants endured a bit of leaf damage, but not much more than that.

Populations dropped off and I presumed that it would be smooth sailing from here to harvest. So I thought.

Along came the squash bug, a brownish gray insect about a half-inch long with a triangular top and an oval bottom. Many people confuse squash bugs with stink bugs because they do indeed stink!

Squash bugs have a taste for the foliage and fruit of the cucurbit family, whereas stink bugs don't. Entire plants can be killed if infestations are severe enough.

You'll notice yellow stippling on the leaves first, followed by wilting and browning; they head for the fruit last. Because I was on the look-out for the cucumber beetle I saw the adults before any damage ensued and sent them swimming as well, sometimes "two at a time."

If you miss the grownups, chances are you will have to scout for eggs. Usually they are laid in a "V" pattern on the undersides of the leaves.

They are hard to scrape off, so I crushed them between my two thumbnails. I must have also passed by a few eggs, so next I had to look for young squash bugs called nymphs.

If a bug could ever qualify for cute status, this one would with its one quarter inch light gray body, black legs and head. "Tapping" comes in handy here too - this time I brought a shallow cardboard box out into the garden, gave the leaf a good tap, and the whole team was cornered then dumped in a bath of soapy water.

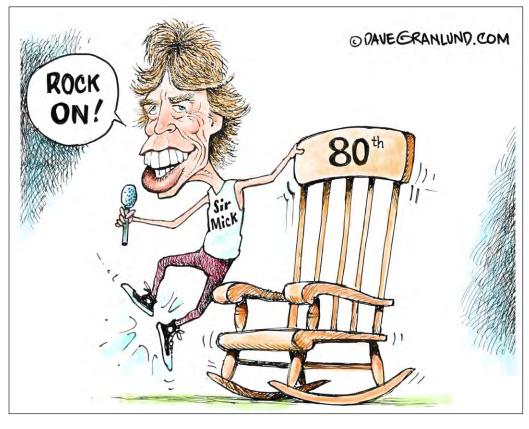
It's beginning to sound as if all I do is hang out in the garden all day catching bugs - not true. With only two hills of zucchini all this work took just a few seconds each morning and night.

At last, we harvested the first zucchini and summer squash, picked at about six inches. At that size the flesh is tender, and the seeds are barely evident. The cucumber beetle did not transmit a disease.

Nor did the squash bug kill the plant. But while I was busy looking under the leaves for obvious bugs, the squash vine borer was at work inside its stem.

One giveaway that you have it: a mushy, sawdust-like excrement appearing outside of small holes in the stems. Affected plants also have leaves that wilt despite being well watered.

I tried removing the white, wrinkled worms from the hollow stems by making a slit with a needle and removing the insect. I must have missed a few - a strong possibility considering the female moth lays two hun-



### **GUEST COLUMN**

### **HOLY COW! HISTORY:** Seven sisters and 37 feet of hair

The strange saga of the Sutherland Sisters

> By J. Mark Powell jmarkpowell.com

There's no delicate way to say this, so here goes. Your great-great-grandparents had a weird thing about hair.

The Victorians were obsessed with lovely locks. People have always admired a nice head of hair. But Victorians were bonkers for beautiful tresses.

They snipped strands of dead loved ones' hair for keepsakes. They put their locks inside lockets and photo cases for paramours and they made hair jewelry.

Seriously, it was a thing. They wove it into bracelets, brooches, watch fobs, and

Decades before the musical "Hair" took Broadway by storm, a musical group swept the country at the height of hair's heyday and, in turn, peddled a concoction that made a fortune. This is the story of seven sisters and their combined 37 feet of hair.

Life wasn't easy on the Sutherland family's turkey farm in Niagara County, New York, Fletcher Sutherland was like Pa Kettle, a lazy ne'er-do-well content to let everyone else do his work for him.

Daughters Sarah, Victoria, Isabella, Grace, Naomi, Dora, and Mary herded the birds barefoot and in dingy dresses. Smooth-talking Papa Sutherland preferred preaching and politicking and basically anything (apart from manual labor) that let him flap his jaw.

His daughters were so ashamed of their appearance they hid when company called, especially after their longsuffering mother died in 1867.

But one thing set the Sutherland sisters apart. Their remarkably long, lovely hair which grew to their waist and beyond. People raved about it.

Their mother had drenched their heads with a foul-smelling mixture she cooked up to make their hair luxuriously beautiful. It smelled so bad that kids wouldn't sit beside them in school.

When the mom passed away, the odious ointment went to the grave with her.

The girls (along with brother Charles) began playing musical instruments and singing. Their daddy, always looking for a chance to make a quick buck, booked them at churches.

Soon, the act became the talk of Upstate New York.

Musically, it was nothing special. The

kids weren't bad; they weren't great, either. But people weren't coming to hear their songs. Folks flocked to see their incredible hair.

Fletcher Sutherland knew a good thing when he saw it. He billed the sisters as "The Seven Wonders." (Brother Charlie was given the boot; there was no interest in an adolescent boy with average hair).

By December 1880 they reached Broadway where audiences gazed admiringly at the girls' combined total of 37 feet of hair.

The act began with the sisters sporting braids atop their heads. The highlight came when they turned their backs and unpinned it, unleashing a tidal wave of hair.

Caught in glowing gaslight, crowds gasped in amazement at the wondrous

Victoria fascinated showgoers the most with her seven feet of hair. Mary was the slacker with a mere three feet.

In 1884 they hit the big time: A sideshow with Barnum and Bailey's Circus, "The greatest show on Earth." P.T. Barnum promoted them as, "The seven most pleasing wonders of the world."

The sisters were different from their colleagues. They weren't viewed as "circus people" shunned by polite society.

They conducted themselves as dignified proper ladies. Though his girls were now bona fide celebrities, it still wasn't enough to satisfy their father's voracious greed.

So Fletcher Sutherland partnered with promoter Harry Bailey, distant cousin of the Bailey in Barnum and Bailey.

They resurrected Ma Bailey's hair ointment, changing the formula so it wasn't so disgusting smelling. Soon "The Seven Sutherland Sisters Hair Grower" was being sold.

They got a chemist to write, "I hereby certify that I found it free from all injurious substances ...and I cheerfully endorse it." In the days before the FDA, that was good enough for gullible consumers.

By 1884 the company had raked in \$90,00 in sales (about \$2.7 million today).

Sutherland was a wealthy man when he died in 1885. The sisters gradually got involved in the company and proved themselves shrewd businesswomen.

They expanded the product line to include brushes and other hair-related products, all marketed to upper-class women who could afford their extravagant prices. By 1890, their Hair Grower (also sold as "Hair Fertilizer") had sales of \$3 million (around \$97.6 million in 2022).

Please see **HOLY COW**, Page 14

**LETTERS TO THE EDITOR** 

Letters to the editor should be 250 words or less in length. No unsigned or anonymous opinions will be published. We require letter writers to include his or her town of residence must authenticate authorship prior to publication.

We reserve the right to edit or

withhold any submissions deemed to be libelous or contain unsubstantiated personal defamation of character and offensive

language.
All unknown or alleged facts and quotations offered by the author need to cite credible, unbiased sources. Send letters to: The Register,

24 Water Street, Palmer, MA 01069 or email mharrison@turley.com. The deadline for submissions is Friday at noon.

#### SUBMISSIONS POLICY

Readers, local merchants, institutions, municipalities, non-profit Readers, groups, and civic organizations are strongly encouraged to send The vour hometown news and should be sent via email to mharrison@ turley.com as an attachment AND pasted directly into the email message

identifying all subjects in your image(s) from left to right.

We need first and last name. hometown, title if applicable, and a brief description of what subjects are raw. RGB color digital photos at highest resolution directly off your camera to mharrison@turley.com.

Publicity chairpersons are encouraged to send in news about upcoming fundraising or other calendar events at least three weeks before the

If you are having difficulty with a press release or need help, please call (413) 283-8393.

To send submissions by regular post, mail to: The Register, 24 Water Street, Palmer, MA 01069.



**EDITORIAL** register@turley.com



**ASSISTANT EDITOR** Marcelo Gusmao mgusmao@turley.com



**ADVERTISING** SALES Jocelyn Walker valker@turlev.com



SPORTS EDITOR Greg Scibelli sports@turley.com



STAFF WRITER Dallas Gagnon daaanon@turley.com

The Register is published every Wednesday by Turley Publications, Inc., 24 Water St., Palmer, Mass. 01069. Telephone (413) 283-8393, Fax (413) 289-1977.



@ The Ludlow Register

WEB www.register.turley.com

PATRICK H. TURLEY

**KEITH TURLEY** President

DEANNA SLOAT Graphics Manager



www.turley.com

Turley Publications, Inc. cannot assume liability for the loss of photographs or other materials submitted for publication. Materials will not be returned except upon specific request when submitted.

Please see IN THE GARDEN, Page 14

# What's Happening at Hubbard Memorial Library?

To register for programs or find out more information, visit hubbard-library.org, or call (413) 583-3408. Weather-related announcements for outdoor events will be made on the library's Facebook page the morning of the program.

Library Hours: M, W, F 9-5, TU, TH, 9-8, S 9-1. Closed Sundays and holidays; closed on Saturdays for the summer starting 6/17.

### FOR ALL AGES

THE SUMMER READING PROGRAM IS HAPPENING, with programs for preschoolers, kids, teens and adults! Sign up to participate here: https://hubbardlibrary.beanstack.org/reader365

# Free Streaming Services Available!

Use your Hubbard Memorial Library library card to access our streaming services, Hoopla & Kanopy. They're compatible with Android, Apple, Roku, AppleTV, Chromecast, and more. If you are a Ludlow resident with a Hubbard Memorial Library library card and the Libby app, you've already got access to Kanopy in the app! Hoopla provides movies, TV shows, music, eAudiobooks & eBooks, while Kanopy focuses on films, TV shows, and documentaries. Both have a version for kids. Why pay for a streaming service when you can get two for free with your library card?

### FOR ADULTS

# Soap Making Workshop, Tuesday August 15, 6:30-7:30 p.m.

Make your own soap using a glycerin based soap, color, cosmetic glitter and a variety of scents! You'll learn the process of making soap and go home with your own creation. This is a workshop for adults, children will not be allowed to attend due to the manual dexterity needed to cut the soap. Sorry, no exceptions will be made. Please register

# The Happy Hour Book Club discusses "Small Things" by Claire Keegan, Thursday August 31, 6:30 p.m.

The "Happy Hour Book Club" meets the last Thursday of the month at 6:30 p.m.. New members are always welcome.

The "Who Picked This Book?" Book Club discusses "Here's to Us" by Elin Hildebrandt, Thursday September September 7, 3:30 p.m.

The "Who Picked This Book?" book club meets the first Thursday of the month at 3:30 p.m.. New members are always welcome.

### FOR TEENS

# Nintendo Switch Night, every 2nd & 4th Tuesday of the month during the summertime, 6-8 p.m.

Play Mario Kart, Smash Bros, or other Nintendo Switch games. Free pizza is generously donated by Domino's of Wilbraham. For 6th-12th graders, space is limited to 16 people, please register.

### Anime Club, every Tuesday, 3:30-5 p.m.

Meet each week to watch & talk about anime, eat snacks, & try out your cosplay. Please register.

# 3D DoodlePalooza, Wednesday August 16, 1:00-5:00 p.m.

We have two Mynt3D pens for older kids & teens that circulate in our collection, and we'll set them up in the Youth Room for an afternoon of doodling. Drop in and make some cool, 3-dimensional art! Drop in, no registration required.

# The 'Fellowship of the Pages' Tween Graphic Novel Book Discussion Group, Every Thursday, 4:30-5:30 p.m.

Meet each week to discuss graphic novels, eat snacks, play games, and make friends. This month the group is reading Alexis Castellano's "Isla to Island", copies of which are available in the Youth Room. Please register.

### Dungeons & Dragons High School Adventure Ensemble, Fridays 2:30-4:30 p.m.

This group for experienced high school players is currently full, but check back during the summer to see if there are openings.

### The Read Between the Lines YA Book Group discusses "The Inheritance Games" by Jennifer Barnes, Friday September 8, 3-4 p.m.

Book chat and snacks for ages 14 & up. Copies of each month's book are available in the Youth Room. Registration preferred.

### FOR CHILDREN & TEENS

A Visit From The Lupa Zoo! Monday August 14, 1:00 p.m. Lupa Zoo brings some of their favorite scaly, furry, creepy crawly & feathered residents right to the Library for a meet & greet. On the lawn, indoors if the weather is bad.

### Pokemon Club, Mondays 3:30-5

Trading, dueling, & gaming on handhelds, phones, or Nintendo Switch. Please have your name on everything you bring to the club. Please register.

# Shark Soap Making, Tuesday August 15, 5:00-6:00 p.m.

Each participant will make their own soapy creation using glycerin based soap and adding colors, glitter and scents. Strictly limited to children aged 8 and up and teens due to insurance reasons. A parent or guardian must be present for children under the age of 10. Please register.

# Minecraft Club, Wednesdays 3-4:45 p.m.

Minecraft players of all skill levels can bring their own devices, or may use one of the library's eight computers to build, play & create. For upper elementary & up. Drop-in.

### Meet Spiderman In-Person, Thursday August 17, 7:00-7:45 p.m.

Come meet Spider-Man, live and in person! We'll also have Spider-Man crafts to do and books to check out. Bring your camera, and then stay for the 7:45pm movie, "Spider-Man Into the Spider-Verse."

### Movie: Into the Spider-Verse, Thursday August 17, 7:45 p.m.

Free movie night with popcorn, drinks and snacks sold to benefit the Friends of the Library. Due to changes in licensing agreements, this month's movie will be shown indoors.

### Watercolor Paint Day: All Ages, Friday August, 18, 9:00 a.m.-5:00 p.m.

Drop into the Youth Room and choose a variety of pictures to paint.

# Roblox Club, Fridays 3:30-4:45 p.m.

Meet new friends or play with old ones while playing Roblox; the library will help match kids up according to age and game types. For ages 8+.

### FOR CHILDREN

# "Color Me A Story" Storytime for 3-5 year olds, Mondays 10 a.m. to 11 a.m.

Little ones will enjoy stories, games and songs related to the colors of the rainbow, followed by a craft and snack. Please register.

### Sing With Me, Tuesdays 10:30-11 a.m.

Join Youth Services Librarian July for 30 minutes of favorite children's songs & movement. Outdoors and drop-in in good weather (please bring chairs or a blanket), indoors with an attendance limit when raining so please register. Weather announcements will be posted on our Facebook page the morning of the program.

### "Ready 4 K" Kindergarten-Readiness Series, Tuesdays 2:00-2:45 p.m.

Early Childhood Development specialist Kelly Castor will teach essential Kindergarten-readiness skills in this 3-part series of fun classes sponsored by Pathways for Parents. Please register.

(Note: The Wednesday morning storytime for 2-3 year olds will not meet on 8/9, but will return on 8/16.)

# Lego Build Challenge, Wednesdays 12-5 p.m.

Pull a Lego Build Challenge Card and try to build it with the library's Legos, or free build just for fun. All creations will be put on display in the Youth Room for the week. Drop-in.

# Soccer Scavenger Hunt, Thursday August 8, 9 a.m. - 5:00 p.m.

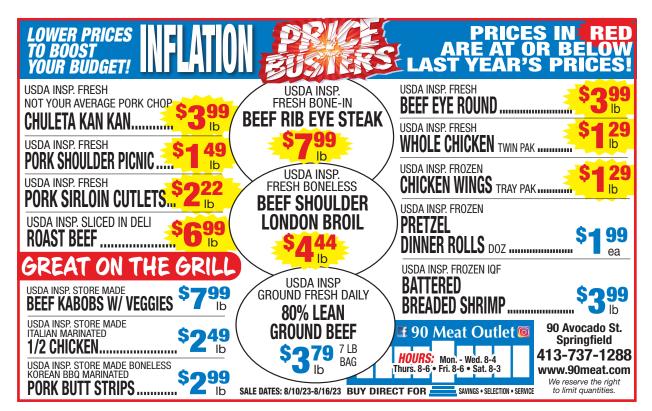
The FIFA Women's World Cup is happening this month! Celebrate Ludlow's favorite sport with a fun scavenger hunt to win a prize!

### Teddy Bear Picnic, Thursday August 17, 12:00 p.m.

Bring your favorite stuffed friend, a blanket, a picnic lunch, and join us on the library lawn for stories about teddy bears!

# Drop-In Outdoor Storytime, Fridays during the summer, 12:00-12:30 p.m.

Best for ages 2-5, we meet on the library lawn. Will cancel due to bad weather, check Facebook for updates.







We don't only work here, we live here too!

M A R T A
LAW OFFICES

(413) 610-1122 • Fax: (413) 610-1126
77 Winsor St., Suite 202, Ludlow pmarta@martalawoffices.com



Submitted photos by David Sady

The gazebo in Memorial Park was the site of the reading that drew protesters.

Derek DeBarge (right) defended the event to the Board of Selectmen.

### **BOOK READING** from Page 1

organized in part by resident Mia Alves, who described herself as "relieved" that the protest went as well as it did.

"I just added so many people, I couldn't tell who would actually go," Alves said. "It just turned out beautiful; everybody was so positive and friendly. This was the first time meeting each other, for a lot of us."

"Overall, we had about 40 people," said Burek, "They were all coming up to me and thanking me for holding the event."

Three books were read at the event; Burek approached Selectman Derek Debarge to read one of the books, "One Nation Under God," and her cousin Caroline Guillemette read "As You Grow" by Kirk Cameron. Resident Bella Soares also read "Saints Like Me" for the event, followed by music.

Though Burek said that the event was not meant as a religious event, the book reading opened and closed with prayers, with the opening prayer led by Ron Lemelin, and the closing prayer by Pastor Hank Bastos

"Then the final song happened to be from one of the protestors," Burek said. "She got up and sang 'Country Roads', that was kind of a cute way to end it."

According to Alves, residents were mobilized to create a counter-protest after seeing the event advertised on Facebook.

"I think it was re-shared on some of the Ludlow forums that I'm an administrator on," Alves said, "Alex Montagna started to put an event on Facebook about getting together to fight bigotry, and that's where a little bit of organization started to gather."

"I did my best to show them that I respected them for being there," Burek said about the protest.

"I felt strongly that it should be a peaceful event and not disruptive,



Music was played from the gazebo by School Committee member Ron Saloio (right).

because it's a children's event," Alves said. "I figured I would take the people who I knew have been concerned about this sort of extremist viewpoint that's been emerging on the School Committee, and put them all together in a group message. There were 37 people or so in that chat."

Burek said that she regretted tying the event to the See You at the Library event, as she felt that it gave residents the idea that the event would promote discrimination. Alves said that she read some of the books in preparation for the protest, and found that they were children's allegories written about politicized issues like gun rights and transgender identities.

"The books that Brave Books puts out, there's some of them that are very, very anti-LGBTQ," Burek said, adding that she wished she had chosen to name the event something else so as not to associate with the movement.

"I don't have anything against either side, there seems to be no middle ground," Burek said. "If you love God and country, then you hate LGBTQ is what it seems like to me, and that's just not the case."

Alves was concerned that event organizers misled the selectmen by claiming the event was not religious.

"When they went in front of Board of Selectmen, there was one selectman who was concerned that this was overtly religious, and they were assured there would be no preaching or anything at this event," Alves said. "One of our local town preachers, Hank Bastos, was sermonizing and preaching quite clearly at the event."

"I do think that this was misrepresented, it's not innocent and it's part of a larger agenda," Alves said.

"My takeaway is to put a little bit more into the planning," Burek said, lamenting that three weeks was not enough to put the event together. "If I did it again, I would definitely do it under a different title. It would not be in conjunction with Brave Books."

Burek said, "I would want to make sure that they know that if there were another reading, another storytime, everybody is welcome to attend; mommies and daddies, (as well as) mommies and mommies, and daddies and daddies."

# D. ANTER-

Frank Krzanik gave our reporter a piece of his mind at breakfast Thursday morning.

### **VETS COFFEE**

from Page 1

Post 3236. Among other things, the award honored the work done to establish this Veterans Center, building up the Veterans' food pantry, hosting community events, providing scholarships for students, and honoring first responders and teachers.

The next Veterans Coffee Hour will be held on Sep. 7 from 10 to 11 a.m.



Pictured enjoying a coffee together, (from left) Chuck McLean, Jhon Wielblad, Ray Anderson, and Tim Donnelly.



Pausing for a picture, (from left) Mike Del Viscio, Carol Barnard, Carol Swann, Bill Ewing, Bill Boulanger, and Norman Barnard interrupted their conversation.

### **CAR SHOW** from Page 1

sible without Paul Chrzan, who is the veterans chairman for the Elks Lodge.

According to Chrzan, this car show happens every Tuesday night, weather permitting. It has been, and will be, taking place from the first of May to the end of September.

"This is the 250th and we've got this (car show), we got one next year, we're going to do a super cruise next year and we're hoping to pack the place," Chrzan said. "The Elks have been gracious enough to support it and they're going to sponsor so it'll turn out great."

Chrzan will also be helping to organize a benefit golf tournament as one of several events to celebrate Ludlow's 250th anniversary. This tournament will take place on Sept. 9 at Westover Municipal Golf Course and will cost \$500 for a team.





Turley photos by Seth Chaffee

# PUBLIC NOTICE BAIL COMMISSIONERS NEEDED EASTERN HAMPSHIRE DISTRICT COURT JURISDICTION

The Massachusetts Trial Court hereby gives notice of the availability of one or more Bail Commissioner appointments for the Eastern Hampshire District Court located in Hampshire County.

A Bail Commissioner is appointed by the Massachusetts Trial Court to make release and bail determinations for persons arrested when courts are closed (overnights, weekends and holidays.)

**PLEASE NOTE:** This is an appointment only. No salary or benefits are included but fees may be collected from the person in custody at the time of release. The base fee is \$40.00.

Bail Commissioners are required to have reliable transportation in order to travel to the Eastern Hampshire District Court and the police departments located in Amherst, Belchertown, Granby, Hadley, Pelham, South Hadley and Ware. Proximity to the communities listed and familiarity with criminal law and procedures helpful.

If you are interested in being considered for appointment please contact:

CATHERINE M. COUGHLIN, ESQUIRE

STATE BAIL ADMINISTRATOR

EXECUTIVE OFFICE OF THE TRIAL COURT

tcbail@jud.state.ma.us

The appointing authorities do not discriminate against any applicant because of race, color, sex, age, national origin, religion, sexual orientation, gender identity and/or expression, status as a veteran, basis of disability or any other federal, state or local protected class.

# SPORTS

A TURLEY PUBLICATION | www.turley.com

SEND US YOUR SPORTS SUBMISSIONS

www.sports.turley.com

# Lions take A Division title in PK's

**By Tim Peterson** Sports Correspondent

LUDLOW — The Ludlow Ideal A boys' soccer team posted shutout victories against rival Belchertown in their previous two appearances in the Pioneer Valley Summer Soccer League A-Division finals.

Top-seeded Ludlow battled second-seeded West Springfield in this year's championship match and the outcome of the match was decided in a penalty shootout.

While four of the five Ludlow shooters put the ball into the net, goalie Anthony Shea made a couple of huge saves, as Ludlow took home the championship trophy for the third consecutive year with a 1-1 (4-3 PK's) win over West Side at historic Lusitano Stadium, last Saturday afternoon.

"This is my final game coaching in this summer league," said Ludlow summer league coach Anthony Quiterio, who shared the coaching duties with Jacob Wadas and Timmy Fitzgerald. "It has been a lot of fun coaching the seniors and the underclassmen. It was a great team effort in today's match and it's always very special winning the summer league championship title."

Ludlow has an impressive 9-2 record in the PVSSL finals since 2010.

After finishing the 2023 summer league regular sea-

Please see **LIONS**, Page 10



Turley photos by David Henry www.sweetdogphotos.com



The Ludlow A Boys Summer Soccer team took the PVSSL A Division Title in penalty kicks last Saturday.



Michael Mariani makes a quick pass.



Christien Casares maneuvers around a couple of opponents.

# PeoplesBank wrap up another title in TriCounty League

**By Tim Peterson** Sports Correspondent

CHICOPEE — Just like they've done during the past decade, PeoplesBank didn't have very much trouble capturing the 2023 Tri-County League championship title.

After posting an 8-0 victory over the second-seeded Chicopee Falls Tigers in game one at Legion Field in Palmer, top-seeded PeoplesBank swept the best of three series following a 15-1 win at Szot Park in Chicopee, last Thursday night.

"All of the players get along very well with each other on and off the field," said Peoples-Bank player/manager Joe Ferry. "The target on our backs gets bigger and bigger each year because everyone wants to beat us. Winning the championship title never gets old and the next one is always better than the last one."

PeoplesBank has now won 18 Tri-County League championship titles, including the past ten, since 1995.

Ferry was the starting leftfielder and he's been the Peo-



Turley photos by David Henry www.sweetdogphotos.com **Johnny Gegetskas slides safely home.** 

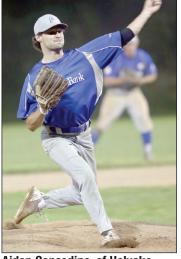
plesBank manager since 2019.

He dedicated the 2023 season to Tom Bouvier, who's from Ware. Bouvier retired a year ago.

"I would like to dedicate this season to Tom Bouvier," Ferry said. "Tom was our captain and our leadoff hitter."

Holyoke's Danny Gaines, who made just two regular season starts, was the winning pitcher in game two. The lefty didn't allow any runs on six base hits in 5 2/3 innings.

"I can't believe this is our tenth championship title in a row and I'm looking forward to playing for this team again next year," said Gaines, who issued two walks and didn't record any strikeouts. "We were able to take an early lead in tonight's game, which is always a very



Aiden Consedine, of Holyoke, delivers a pitch.

important thing. My teammates also made the plays behind me. We do have the best defense in the league."

Ferry and Gaines, along with second baseman Dave Clark, catcher Pete Hogan, and pitcher Andy Gaines, are the only PeoplesBank players who

Please see **TRICOUNTY**, Page 11

# West showcased in girls soccer

BOSTON – In last month's Bay State Games, the Western part of the state featured a girls soccer team showcased. Here is a look at how they fared in some of their matchups held July 6-9:

The West started out with a drubbing of the Northeast team 9-1.

In a dominant display of attacking prowess, West's forwards Hannah Murphy (Monson, Monson HS), Gianna Sakowski (Springfield, Minnechaug Regional HS), and Lauren Marianski (South Hadley. South Hadley HS) each notched two goals, alongside contributions from midfielder Danica Dorozynski (Chicopee, Chicopee Comprehensive HS) and defender Makenna Kennedy (West Springfield, West Springfield HS), securing an emphatic 9-1 victory. Northeast's midfielder Siena Hesbach (May-

Please see **BAYSTATE GIRLS**,

Page 11

# Twins grab final playoff spot with win, A's take first

WILBRAHAM - Last week, the Twins of the Valley Wheel Over-28 Baseball League edged out the Angels for the final playoff spot thanks to two consecutive wins to finish off the regu-

The Twins would defeat the Angels last Sunday 6-4 in a very close contest, but then moved in win-or-go-home makeup game against the Tigers last Wednesday night at Spec Pond in Wilbraham.

The Tigers were already in the playoffs, but the Twins needed a win to finish a game ahead of the Angels. A loss would have tied the Twins with the Angels, and the Angels would have made the playoffs through the tiebreaker.

The Tigers, which showed a much-improved offense this season, did jump out to a six-run lead early in the game, but not wanting to use too much pitching with a playoff game looming, the Twins were able to come back and tie the score 7-7 in the fifth inning. In the sixth, the wheels would come undone for the Tigers, as the Twins simply started mashing the ball, batting around nearly twice as they plated the 15 runs needed for the game to end via the mercy-rule for a 22-7 Twins win.

The Athletics would defeat the Tigers last Sunday, July 30, and then followed that with a 23-12 win over the Cubs to finish the regular season 10-5 and win the top see in the playoffs.

Both the A's and Cubs had also made the playoffs and the game was simply for the opportunity to finish in first place and gain the top seed.

The playoffs began Sunday, Aug. 6 with the Twins and Cubs facing off while the Tigers and A's met in the other semifinal. Results from those games were not available as of press time. The championship game is set for this Sunday, Aug. 13 at 3 p.m. at Spec Pond in Wilbraham.

# T-Birds caravan event moved

SPRINGFIELD - The Springfield Thunderbirds today announced that the first installment of the T-Birds Community Caravan presented by Dunkin' has been postponed to Saturday, Aug. 12 due to potential inclement weather this weekend. The T-Birds Community Caravan will still make a total of three stops in the Springfield area throughout the summer

Saturday, Aug.12 - Szot Park (Chicopee), 4:00 to 6:00 p.m.

Saturday, Aug. 19 - Amelia Ice Are-

na (Westfield), 9:00 a.m. to 1:00 p.m. in conjunction with the T-Birds Street **Hockey Tournament** 

Public skating from 10:50 to 11:50

Saturday, Sept. 9 - Forest Park & Cyr Arena (Springfield), 1:00 to 3:00

Each event will feature an appearance from Thunderbirds mascot Boomer and team staff, as well as a wide variety of activities and vendors, including a Dunkin' Taste Truck, street hockey activities, and various food options.

# **Granite Series headed for Maine**



Submitted photo

There will be another race at Speedway 95 in Maine this weekend.

WALPOLE, N.H. - Granite State Pro Stock Series officials announced today that Coastal Auto Parts will sponsor the upcoming Coastal Auto Parts 100 at Speedway 95 on Saturday, August 19. In what will be the second stop of the season for the series to the Maine oval, drivers will be chasing the championship as the season begins to wind down.

The Speedway 95 event will be one of the final three on the schedule for the season, with only events at Star Speedway and Lancaster Motorplex to follow to crown the 2023 champion.

Coastal Auto Parts, in business for many years, has built a great business by focusing on superior customer service, through deep inventory, quality people and building meaningful relationships with their customers. They are a family business, deeply rooted in the Ellsworth, Maine, community. From a single store in 1981, Coastal Auto Parts has 29 stores today and more than 270 employees. They have truly transitioned to the next

The event at Speedway 95 on August 19 will also include the R&R Street Stock Series and the Cage Runners. A

full schedule for the day will be available

"We support racing in the state of Maine for many reasons," Michael Boles of Coastal Auto Parts said. "These people are customers for us, both on the track and in the stands. They work really hard to be able to do what they love and we want to help provide them a place to play. We are always excited to go to the track. Hopefully this event will continue to help grow racing in the Bangor area and the state of Maine."

"Partnering with Coastal Auto Parts for this event is great for our series," Mike Parks, President of the Granite State Pro Stock Series, said. "We're happy to have them working with us for what will be another great event. Speedway 95 produces some fantastic Pro Stock racing and we're excited to get back there for another race later this

For more information on Coastal Auto Parts, visit capnapa.com. For more information on the Granite State Pro Stock Series, visit gspss.net and follow the series on social media for the latest news and updates.

### **LIONS** from Page 9

son with an 8-0-3 record, Ludlow advanced into the finals following a 2-0 home victory against Pope Francis in the quarterfinals, and a 4-2 home win over fourth-seeded Longmeadow in the semifinals.

For his outstanding performance during the shootout, Shea received the MVP award following the championship

"I didn't play very well in our last game, so winning the MVP award in the championship game is very special to me," said Shea, who's entering his senior season of high school. "I really didn't make any saves in today's game until the shootout.'

Coach Quiterio gave his thoughts about Shea.

"I've been watching Anthony develop as a soccer player since he was a little kid. He's one of the best goalkeepers in Western Mass," he said. "He always works very hard and is a great kid. He's very coachable. He really deserved the MVP Award."

The other players listed on the Ludlow Ideal A boy's roster are Adam Connors, Aidan McDonnell, Caden Vilinskis, Christen Casares, Chris Goncalves, Cole Bamford, Daniel Pires, Darren Zaldivar,



Turley photo by David Henry www.sweetdogphotos.com

### Luke Slatton sends a pass away.

Enzo Botta, Ethan Love, Gabriel DiRosa, Gavin Vala, Griffin McCarthy, James Dias, Jonathan Goncalves, Lucas Alvan, Luke Slatton, Mathais Fitzgerald, Matt Ganhao, McCarthy Owen, Michael Mariani, Nathan Tracy, Owen Wurszt, Samuel Pontes, Diogo Dos Santos, Thomas Quiterio, and Thomas Wadas.

Wadas, who's one of Ludlow's leading players, wasn't at the championship match because he was attending a soccer camp at Syracuse University.

After a scoreless first half, Ludlow took a 1-0 lead six minutes into the second half on a header by Fitzgerald following a scramble in the box.

According to coach Quiterio, Fitzgerald most likely suffered a broken nose on

'Mathais isn't afraid of the ball, and he might've broken his nose in today's game," coach Quiterio said. "He mainly

> plays defense for us, so he has only

scored a couple of goals during the summer league season."

West Side (7-3-1 regular season record) scored the equalizer seven minutes later following a goal by Michael Dunn.

The score would remain tied for the final 22 minutes of regulation and the two ten-minute overtime periods.

Botta, who received the championship trophy following the match, began the shootout by firing a low shot into the right corner of the net.

"It feels very good to win another summer league title," Botta said. "Winning this one was a lot harder than the last two. We're looking forward to the high school season now.'

Bamford, Wurst, and Quiterio also made their penalty kicks for Ludlow.

With Ludlow holding a 3-2 advantage in the shootout, Shea made a diving one-handed save.

He then made another diving save on a shot attempt by Thomas Nicholson, which sealed the deal for his team.

"We felt very confident after Anothony made his first save of the shootout," coach Quiterio said. "After he made his second save, it was nice to see the whole team celebrate with him.

Longtime Ludlow boys varsity coach Greg Kolodziey, who suffered a heart attack last December, is healthy again. He attended the A-Division finals and spoke with many of his former soccer players. Kolodziey is looking forward to the start of the fall season on Aug. 21.





# **OBITUARIES**

# Deborah Ann (Sullivan) Clark, 69

LUDLOW - Deborah Ann (Sullivan) Clark, 69, of Ludlow, passed away peacefully on July 30, 2023 with her loving family by her side.

She was born in Ludlow to Maurice and Beverly (Barnard) Sullivan and was a graduate of Cathedral High

School. Deborah was the wife of 50 years to Charles "Butch" Clark, Jr., until his passing in 2022.

While staying at home to raise their three daughters, Deborah would often take them with her to sell Avon and frequent craft shows. She was very devoted to her family and will also be remembered for being like a mother to everyone in her life.

More recently, she worked for many years at the former Bay-state/Columbia Gas Co. from where she retired, and in her spare time, she was an active member of the 16 Acres Lions Club, an avid shopper, and loved the beach. The day before she passed, she was given the beautiful gift of being able to go to the beach one last time with her family.

Deborah leaves her loving daughters Jennifer Maki, of Ohio,



Danielle Clark and fiance Darwin Dawkins, of Ludlow, and Cassandra Clark, of Enfield; her beloved grandchildren AJ Goodale and wife Hannah, Jaiden Oyague, Corinne Maki, Xathiel Rosado, Giselle Brown, great-grandson Bay-

lor Goodale; and also leaves many loving nieces, nephews, extended family members, and dear friends. She was predeceased by her sisters Cheryl L'Heureaux and Maureen Pafumi. Deborah's family wishes to extend a special thank you to the doctors, nurses, and staff of 5th floor south wing, ICU, and palliative care unit at Baystate Medical Center. Visiting hours for Deborah are on Friday, August 11th from 5:00-7:00pm in Ludlow Funeral Home. Family and friends may then gather on Saturday, August 12 in the funeral home beginning at 11:00am with a celebration of life service to be held at 12:00pm. Burial will be held privately at the convenience of the family. In lieu of flowers, donations may be made in her memory to any animal shelter or rescue center to honor Deborah's love animals

### Elisa Serra, 87

LUDLOW - Elisa Serra, 87, of Ludlow, passed away peacefully at home, surrounded by her loving family on August 1, 2023. Elisa retired from Sunshine Art Studios where she worked for many years. She enjoyed dining out and spending time with her

family and also loved to travel to Portugal and visit all her friends and family. She was born on February 7, 1936 in Lisbon Portugal to the late Antonio and Deolinda Dias, and immigrated to the United States in 1977 where she has resided in Ludlow for 46 years.

Elisa leaves behind her loving husband Raul Serra of 69 years. She leaves behind her nieces Isabel Fava (goddaughter) and husband Alexandre of North Port, Fl., Maria Moran of Ludlow, and Branca of New Hampshire. Her nephews Agostinho Dias and wife Maria of Ludlow, Carlos Porfirio of Indian Orchard, Jose Clemente and wife Linda of Portugal, and Jorge Gomes of Portugal. She leaves behind her great- nieces and nephews Angelina Fragoso and husband Donny, Cristina Pedro



(goddaughter) and husband Mark, Nancy (goddaughter) Tenney and husband Chris, Mark Moran (godson) and wife Angel, Daniel Dias and wife Rebecca, Christopher Dias, Lisa Dias, Timothy Porfirio, and Vicente Porfirio, Michael

Dougherty, Jonathan Dougherty, Pedro Gomes and wife Ana, Rui Gomes and wife Lena, and Kimberly Clemente. She also leaves behind many great-great nephews and nieces who she adored, especially Gavin and Logan Pedro who she cared for many years.

Sadly she was predeceased by her brother Raul Dias, sisters Margarida Ramos and Maria Pórfiro, also her sister-in-law Aurora Dias and brothers-in-law Augusto Porfirio, Raul Ramos, and great nephews Michael R. Dias and Jose Clemente Jr.

Funeral services for Elisa will be held on Tuesday, August 8th. Visiting hours are from 9:15-10:15 in Ludlow Funeral Home with Liturgy of Christian Burial at 11:00am in Our Lady of Fatima Parish followed by burial in Island Pond Cemetery.

# DEATH NOTICES

Clark (Sullivan), Deborah Ann Died July 30, 2023 Funeral August 12, 2023

Serra, Elisa Died August 1, 2023 Funeral August 8, 2023

# The Ludlow Register OBITUARY

**POLICY** 

Turley Publications offers two types of

obituaries.

One is a free, brief **Death Notice** listing
the name of deceased,
date of death and
funeral date and place.

The other is a **Paid Obituary**, costing
\$225, which allows
families to publish
extended death notice
information of their
own choice and may
include a photograph.

# Death Notices & Paid Obituaries

should be submitted through a funeral home to: obits@turley.com.

Exceptions will be made only when the family provides a death certificate and must be pre-paid.

### **TRICOUNTY** from Page 9

have been members of the last ten championship teams.

"We do have a great group of baseball players and we own this league now," Ferry said. "We just fill in the holes every year."

While the PeoplesBank players were celebrating another championship title outside of the first base dugout, the mood was a little bit different on the other side of the field following the game

"I'm glad that we made it to the finals, but we just didn't play very well in the past two games," said Tigers player/manager Sean Bourgeoise. "I'll be moving to New Jersey soon, so this was my final Tri-County League baseball game. I'm hope this team can win the championship title next year."

Bourgeoise, who started in left field, would like Mike Truff to replace him as the Tigers manager next year.

PeoplesBank scored an unearned run in the second inning.

Centerfielder Seth Allen (2-for-4) blasted a leadoff double down the left field line against righthander Ryan Magni. The next batter struck out before shortstop Sam Allen drew a walk. Then Hogan bounced into a fielder's choice play. Seth Allen advanced to third on the play before scoring the game's first run on a throwing error by the shortstop.

An RBI line-drive single to



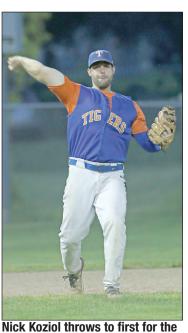
Sam Allen slings a throw to first.

center by designated hitter Johnny Gegetskas gave PeoplesBank a 2-0 advantage with one-out in the third inning. Then Seth Allen blasted a triple to left field against Magni scoring two more runs.

Bourgeoise thinks Magni is one of the top pitchers in the TCL, but he hasn't had very much success against Peoples-Bank.

"We've beaten Magni in a number of big games over the years," Ferry said. "At least six of our nine batters have faced him at least 30 times. We know what he throws."

The Tigers had just one base



Nick Koziol throws to first for the Tigers.

hit during the first three innings before they loaded the bases in the fourth.

With one-out, Right fielder Tom Burzynski hit a flyball just out of the reach of PeoplesBank right fielder Breon Parker Jr., who attempted to make a diving catch. Catcher Nick Kreuzer followed with a single and shortstop Shane Denault walked. Gaines retired the next two batters on a pop-up and flyout ending the threat.

Magni kept PeoplesBank off the scoreboard for the next two innings before allowing four runs in the top of the sixth inning.

Hogan, who had a leadoff sin-

gle, scored on Ferry's triple to right field. Ferry also scored on a throwing error. Their other two runs crossed the plate on a double by Clark (3-for-5) and a single by first baseman Kyle Platner, who led the way offensively with four hits and a walk.

PeoplesBank scored seven more runs in their final at-bats against a couple of relief pitchers.

The Tigers finally got on the scoreboard in the bottom of the seventh inning against Gegetskas, who replaced Gaines on the mound. Burzynski reached first base on a fielder's choice play which scored pinch hitter Josh DeSouza, who singled leading off the frame.

Had there been a game three of the series, righthander Zach Handzel, who graduated from Palmer High School, would've been the starting pitcher for PeoplesBank.

"It just feels awesome to win another championship title," said Handzel, who has been wearing a PeoplesBank uniform for the past six years. "Danny threw a gem tonight and Jimmy Flahive pitched very well in game one. We do have a very strong pitching staff. I'm hoping that we can win another title next year."

Before taking a team picture at home plate, Ferry received the championship trophy from first year Tri-County League President Michael Kennedy, who's a former PeoplesBank player.

### **NOTICE**

ERRORS: Each advertiser is requested to check their advertisement the first time it appears. This paper will not be responsible for more than one corrected insertion, nor will be liable for any error in an advertisement to a greater extent than the cost of the space occupied by the item in the advertisement.

### Support the local businesses that support your local newspaper.

Let them know you saw their ad in the

Ludlow Register

### **BAYSTATE GIRLS**

from Page 9

nard, Maynard HS) scored the consolation goal, with an assist from midfielder Phoebe Whitcomb (Newburyport, Newburyport HS).

The West would lose one game in the showcase and would play for the bronze medal, defeating Central Mass. 3-2.

In the bronze medal game,

Central and West battled fiercely in a close match. Central's forward Bianca Facchetti (Londmeadow, Minnechaug Regional HS) opened the scoring with an assist from forward Kalli White (Granby, Granby HS), holding the lead at halftime. However, West fought back in the second half, as forward Gianna Sakowski (Springfield, Minnechaug Regional HS) netted a goal off a corner kick. Central responded with a goal of

their own from forward Sydney Reed (West Springfield, West Springfield HS), assisted by midfielder Sabina Mackechnie (East Longmeadow, East Longmeadow HS). With tensions high, West

was awarded a penalty kick, which Marjans-ki converted confidently. In the final moments of

the match, West midfielder Allison Fleury (South Hadley, South Hadley HS) sealed the victory with an assist from Marjanski, leading West to a thrilling comeback win.

MEMORIALS
haluchsmemorials.com

Cemetery Memorials + Markers Granite Benches Religious Statuary + Outdoor Display

RAY HALUCH INC. — 1014 Center St | Ludlow, MA | 583-6508 |

# DATEBOOK

### **DATEBOOK**

Do you have a local event or activity to publicize? Please send the information as either a Word doc or plain (no bold text or other formatting) email text (no PDFs, please and do not use all uppercase (i.e. UPPER CASE) by 5 p.m. Friday. At least two weeks prior to the event is encouraged. Send your community events to mgusmao@turley.com.

### **COMING SOON**

MAGIC IN THE VALLEY: Internationally-renowned magicians promise to captivate audiences of all ages with mind-boggling illusions, comedic performances and awe-inspiring tricks at 7 p.m. Aug. 19, at the Polish American Citizens Club at 355 East Street in Ludlow Doors open at 6:30 p.m. Tickets are \$30 for adults and \$15 for children 12 and under. Email tdgmagic@gmail. com or call 413-533-7653.

LUDLOW LIONS CLUB will be hosting its annual food and back to school drive on Aug. 26 from 1-9. Drop off locations are the Polish American Citizens Club and the Burger King by the Big Y.

### **ONGOING**

FARM FRESH: Come to the Indian Orchard Citizens Council 3-5 p.m. every Wednesday all summer and early fall for free fruit and vegetables. Registration is required. For more information, call 413-209-8240.

JIMMY FUND WALK: Registration is now open for the 2023 Boston Marathon Jimmy Fund Walk

Scheduled for Sunday, Oct. 1. Proceeds from the event support all forms of adult and pediatric patient care and cancer research at one of the nation's premier cancer centers, Dana-Farber Cancer Institute. All four routes will culminate at the Jimmy Fund Walk Finish Line in the Fenway neighborhood. If walkers want to participate a bit closer to home, the Jimmy Fund Walk has flexible opportunities, including virtually. Register as an individual walker, team member or start a team at JimmyFundWalk.org or by calling 866-531-9255.

SENIOR BINGO: Hosted by the Indian Orchard Citizens Council 3:30-5 p.m. every Monday. Free to play with great prizes. For more information, call 413-209-8240.

THRIFT SHOP: Now open at St. Gregory Armenian Church, 135 Goodwin Street, Indian Orchard, 9:30 a.m.-12:30 p.m. every Saturday offering quality items at affordable prices. Gently- used clothing and accessories, household items, books, children's items, collectors' items and more are available. For more information, call the church office at 413-543-4763.

CHESS CLUB: Open to residents of all surrounding communities 5:30 p.m. every Tuesday at the Indian Orchard Citizens Council, 117 Main St. For more information, contact the IOCC at 413- 209-8240 or indianorchardcitizenscouncil@gmail.com or stop in during operating hours. Follow the IOCC on Facebook and Instagram.

LUDLOW SENIOR CENTER 55 AND OVER CO-ED VOLLEYBALL LEAGUE: At East Street School on Tuesdays and Thursdays from 5:30-7:30 p.m. the cost to take part is \$5 per year. For more information contact Maria Ardolino.

activities director at activity@ludlow.ma.us or call 413-583-3564.

AQUACISE AT THE CLUB: The Ludlow Community Center/Randall Boys & Girls Club, at 91 Claudias Way, continues to offer Aquacise throughout the week. Aquacise is a low-impact, full-body workout performed in the water to put less stress on your joints and muscles while building strength. Classes are open to all members with pool-inclusive memberships and do not require prior registration. Classes are held 8:30-9:15 a.m., Tuesdays, Wednesdays and Thursdays. For questions, call 413-583-2072, ext. 124.

SUPPORT FOR FAMILY MEMBERS: The Michael J. Dias Support Group meets 6-7:15 p.m. on the second and fourth Tuesday of the month at Our Lady of Fatima Parish Center. Education, resources, peer support, and hope for parents and family members coping with a loved one with a substance use disorder. Anyone needing help is welcome to attend. Masks are required and we will be seated six feet apart. For more information, call Maureen at 413-563-6226.

H.O.P.E. RECOVERY GROUP: Having Our Pathways Encouraged meetings are for those who have experience with addictions, grief, anxiety and depression, (including anxiety and depression due to COVID-19) and for loved ones who might need help in their recovery. This group is also for those who can help lead others in their recovery by example. This meeting in no way replaces professional therapies. It is a time for sharing strength, encouragement and hope. No fees. Bring your own non-alcoholic beverage. Pre-packaged snacks are available. Small group structure based on basic Christian principles, concept, purposes

and confidentiality. COVID-19 guidelines are observed. Masks required. 6:30-8 p.m. every Monday at Fellowship Hall in Faith Community Chapel, 485 East Street in Ludlow. Parking lot behind Chapel. Fellowship Hall entrance at back of Chapel. Seating is limited. To reserve yours, call 413-519-4591.

QUABBIN VALLEY TWIRLERS If you missed the first lessons in the fall, now is the time to give yourself a gift of dancing enjoyment for the coming holiday time. Do you want some exercise, mental acuity, and lots of fun with great people? Try our national folk dance, square dancing with the Quabbin Valley Twirlers. They dance in Belchertown and Ludlow with Sunday and Wednesday evenings available. For more information, call Gloria or Fran at 413-467-3352.

BIBLE STUDY: A weekly Bible study led by Ludlow resident Hank Bastos takes place at 7 p.m. on Wednesdays at 485 East St., Ludlow. Call 413-348-6487 for more information.

SHARE YOUR SIGHT: Volunteer to read, shop or walk with a blind or vision impaired person in your community. Call the Massachusetts Association for the Blind and Visually Impaired at 1-888-613-2777 for details.

### **UPCOMING TRIPS**

NASHVILLE AND THE SMOKEY MOUNTAIN CHRISTMAS: Enjoy the Grand Ole Opry and the Country Music Hall of Fame, plus the show and extravagant holiday decorations of Dollywood, the Gaylord Opryland Resort, Gatlinburg and Biltmore, the Vanderbilt Mansion in Asheville, N.C., Nov. 29-Dec. 6. Contact Jim Martin at jamesImartin47@gmail.com or 413-583-6339.

# Church DIRECTORY

FAITH COMMUNITY CHAPEL
A Church of the Nazarene
485 East St. Ludlow, MA 01056 413-583-7875
Email: faithcommunitychapel8@gmail.com
faith- communitychapel.org
Lead Pastor: Reverend Lisa Morrison
Associate Pastor: Gary Coombs

Sunday Services:
Discipline Groups 9:45 a.m. WorshipService11 a.m.
and Facebook Live Stream
OTHER PROGRAMS

MONDAYS at 6:30 p.m. H.O.P.E. Meeting Recovery meetings for those with addictions, anxiety, and grief SMC. Call 413-519-4591

TUESDAYS at 7 p.m. ZOOM Bible Study WEDNESDAYS at 7 p.m. Ludlow Christian Fellowship Meeting Hank Bastos, Leader, 413-348-6487

SMC and Facebook Live Stream ludlowfellowship.org
FRIDAYS Children's After School Club
(pre K through teens) 5-6:30 p.m.
Church Fellowship HB

SATURDAYS at 10 a.m. Ecumenical Prayer Meeting

THE CHURCH OF JESUS CHRIST

OF LATTER DAY SAINTS 584 West St., Ludlow 413-583-8454 S Sunday services

Sacrament Meeting 10- 11 A.M.
Sunday school for adults, Young single adults( 18-30) and teens (11-18)- 1st & 3rd Sunday of the month from 11-12 noon

Adult Religious/Marriage and Parenting for Women-2nd & 4th Sunday of the month from 11-12 noon Adult Religious/Marriage and Parenting for Men- 2nd and 4th Sunday of the month from 11-12 noon Classes for Single Adults(18-30)- 2nd & 4th Sunday of the month -11- 12 noon

of the month -11- 12 noon Classes for Young Men( 11-18)- 2nd & 4th Sunday of the month 11-12 noon

of the month 11-12 noon
Classes for Young Women (11-18)- 2nd & 4th Sunday
of the month - 11-12 noon
Children's classes: Sunday school & singing time
every Sunday(3-10) 11- 12 noon
Nursery providedfor ages 18 month- 3 yr

CHRIST THE KING CHURCH 41 Warsaw Ave., Ludlow 413-583-2630

Pastor Rev. Raymond A. Soltys

Saturday Vigil Masses – 5 p.m. and 6:30 p.m. Sunday Masses – 7:30 a.m.; 8:45 a.m. (Polish); 10 a.m. and 11:15 a.m. Sunday Evening Mass – 5:30 p.m.

> ST. ELIZABETH PARISH 191 Hubbard St., Ludlow 413-583-3467

Pastor – Rev. Msgr. Homer P. Gosselin In Residence – Rev. Norman Bolton Deacons: Normand Grondin, Thomas Rickson, Keith Davies

Office Hours: Monday – Friday 8 a.m.-4 p.m. stelizabethludlow.org

Like us on Facebook Follow us on Instagram
Check out our Parish App

Wednesday, August 9, - Daily Mass - 7:30 a.m. (C), Holy Mother Choir - 5:15 p.m. (C), Eucharistic Revival - 6:30 p.m. (JR)

Thursday, August 10, - Daily Mass - 7:30 a.m. (C) Friday, August 11, - Daily Mass - 7:30 a.m. (C) Saturday, August 12, - Confessions - 2:30 p.m. (C), Mass - 4 p.m. (C), Knights of Columbus - 5 p.m. (FLBH)

Sunday, - August 13, - Mass - 7:30 a.m. (C), Mass - 9:15 a.m. (C), Mass - 11 a.m. (C), Mass - 5 p.m. (C)

Monday, August 14, - Daily Mass - 7:30 a.m. (C), Bible Study - 6 p.m. (ZR) Tuesday, August 15, - Daily Mass - 7:30 a.m. (C),

Friends of St. Elizabeth - 10 a.m. (ZR)

IMMACULATE CONCEPTION CHURCH 25 Parker St, Indian Orchard, 413-543-3627

Very Rev. Piotr Calik Office Hours: Monday, Tuesday, Wednesday, Thursday, 9 a.m. —1 p.m. CLOSED FRIDAY

MASS SCHEDULE Saturday Vigil Mass: 4:15 p.m. Sunday Mass; 8:45 a.m. (English), 10 a.m. (Polish)

Weekday Mass: Monday, Tuesday, Wednesday, Thursday – 7:45 a.m. (English)
First Friday Mass: 5:30 p.m. (Polish/English)
First Saturday Mass: 9 a.m. (Polish/English)
Confessions: Saturday - 3:15–4 p.m.

STS. PETER AND PAUL UKRAINIAN CATHOLIC CHURCH

45 Newbury St. Ludlow, MA 01056 Phone: 413-583-2140 Pastor: Father Andriy Krip

Liturgy schedule: Wednesday 9 a.m., Friday 9 a.m. Rosary for Peace in Ukraine on Wednesday at 6 p.m.

OUR LADY OF FATIMA PARISH 438 Winsor St., Ludlow 413-583-2312

Father Pedro DeOlivera
Office hours: Monday - Thursday 9:00 a.m. to 5:00 p.m., closed 1:00 p.m.-2:00 p.m.

Sunday Masses – 9 a.m. (Portuguese); 11 a.m. (English) Monday and Wednesday Morning Masses – 8:30 a.m. (Portuguese) Tuesday and Friday Masses – 5:30 p.m. (Portuguese)

Saturday Vigil Mass – 4 p.m. (English)
First Saturday of the Month – 8:30 a.m.
For more information, visit
ourladyoffatimaparish.org.

FIRST CHURCH IN LUDLOW 859 Center St. Ludlow, MA 01056 413-583-3339 Reverend Donald Fenestre-Marek, Pastor

Sunday Services 9 am Website: www.ludlowfirst.com Facebook: www.facebook.com/firstchurchludlow/

> ORCHARD COVENANT CHURCH 95 Berkshire Street Indian Orchard, MA 01151 413-543-4204

Revs. Karen and Nick Munn, pastors
Sunday School for all ages, 9:45 a.m.
Worship in person, 11 a.m.
Or watch our livestream.
See our website for more information:
orchardcovenant.org.

# Pope Francis Prepatory School 2022-2023 Second Semester Honor Roll

LUDLOW — HIGH HONORS – Students must have at least a 4.0 GPA. Grade 10: Nicholas Ciesla, Gabriella Fialho and Sarah Tatro.

Grade 11: Carmelia Pascale and Marco Vita.

Grade 12: Thomas Caproni, Julia Dennis, Benjamin Hamel, Benjamin LaCroix and Leana Vale.

HONORS - Students must have at least a 3.5 GPA. Grade 9 Sophie Bauduccio and Derrick Tran.

### Open House at Academy Hall in Hampden

HAMPDEN – The Hampden Historical Society will host an open house on Aug. 19 at 616 Main Street from noon to 5 p.m. in conjunction with four other museums in Wilbraham, East Longmeadow, Longmeadow & Somers. The open house is sponsored by Pioneer Valley History Network. Questions: call (413) 566-8447.

### Monson Polish Club holds Line Dance Class

MONSON -- Have you wanted to try line dancing but can't find a beginner class in the area? Line dancing is fun, great exercise, social and you don't need a partner!

Come, drop in and join us for Beginner Line Dance classes at the Polish American Club, 7 Bliss St. in Monson on Thursday evenings from 6:30-8 p.m. Classes are located upstairs from the bar. Classes are \$8. Contact: Rose Sullivan, Instructor at 413-682-4120 for more information on classes.

# **PUBLIC NOTICES**

#### **Town of Ludlow Invitation to Bid 2023-012 Ludlow High School Track** & Field Improvement Project

The Town of Ludlow is seeking sealed bids for improvements to the Ludlow High School Track & Field. Work includes furnishing of all labor, materials, and equipment necessary to replace the existing track and field with a 77,000-sf synthetic turf football soccer field. Associated improvements include replacement of existing sports lighting, renovations to the adjacent natural grass baseball field & stormwater improvements. Bids will be received by the Ludlow Board of Selectman, Ludlow Town Hall, 488 Chapin Street, Third Floor Ludlow, MA 01056 until 10:00 AM on 9/8/23. A site visit is scheduled for 10:00 AM on 8/18/23 at the Ludlow High School Field Complex Entrance located at 500 Chapin Street, Ludlow, MA. Documents will be available by email request after 10:00 AM on 8/9/23 at: david. heber@mottmac.com The Town of Ludlow reserves the right to reject any and or all 08/09/2023

#### LUDLOW CONSERVATION COMMISSION LEGAL NOTICE

The Ludlow Conservation Commission has scheduled a Public Meeting under W.P.A. (M.G.L. Ch. 131, §

40) in Ludlow Town Hall, 1st floor, Hearing Room 1 for Wednesday, August 16, 2023, at 6:30 p.m. on the Request for Determination of Applicability application of Michael Banville, for the property located at Lot 4 Miller St, Map 25, Parcel 48 A. The subject of the meeting is: Single family home with septic and public water.

Angela Tierney Chairperson

08/09/2023

#### **LUDLOW** PLANNING BOARD LEGAL NOTICE SITE PLAN

The Ludlow Planning Board will hold a public hearing in Ludlow Town Hall, Selectmen's Conference Room on Thursday, August 24, 2023 at 8:15 p.m. on the application of The Retreat of Boston LLC for the property located at 14 Chestnut Place, 3rd Floor, Ludlow, MA (Assessors' Map 13C, Parcel **54 and Map 14B, Parcel 9)** for the purpose of: Add short term residential detoxification / medical services to existing medical building.

If for any reason this hearing is cancelled, it will be rescheduled to Thursday, September 14, 2023.

Raymond Phoenix Chairman 08/09, 8/16//2023

**LUDLOW** 

CONSERVATION COMMISSION LEGAL NOTICE

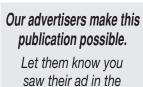
The Ludlow Conservation Commission will hold a Public Hearing under W.P.A. (M.G.L. Ch. 131, § 40) and Town of Ludlow Bylaws, Chapter XV in Ludlow Town Hall, 1st floor, Hearing Room #1 on Wednesday, August 16, 2023 at 6:45 p.m. on the Notice of Intent Application of Pauldin Inc. for the property located at 148 Carmelinas Circle Ludlow, MA (Assessors Map 26, Parcel 9D) The subject of the hearing is: Parking lot improvements.

Angela Tierney Chair

08/09/2023

Please check the accuracy of your legal notice prior to submission (i.e., date, time, spelling). Also, be sure the requested publication date coincides with the purpose of the notice, or as the law demands. Thank you.





TurleyPublications

**Ludlow Register** 





Live · Laugh · Love Dance with us!

Call 283-8393

to advertise

your business here

# Baystate Health CEO Mark A. Keroack announces plans to retire

SPRINGFIELD— Mark A. Keroack, MD, MPH, today announced his plans to retire as Baystate Health CEO in July 2024 after 10 years of leadership as CEO of the region's primary health system. The Board of Trustees will launch a national search for his successor.

"It has been and continues to be the privilege of a lifetime to serve as CEO of Baystate Health and partner with the amazing people who provide such outstanding care to our communities," said Keroack. "While I look forward to spending the next chapter of my life with my family, I plan to be fully engaged in both day-to-day leadership and our strategic efforts to address the challenging dynamics in healthcare to-day in a way that prioritizes the health needs of our communities and contin-

ues our role as an employer of choice."

Keroack joined Baystate Health in 2011 as chief physician executive and President of Baystate Medical Practices and was appointed to the CEO role in 2014. He has had a long career in both medicine and health administration, serving in leadership roles at UMass Memorial Medical Group and the University Health System Consortium. A specialist in infectious diseases, Keroack was a leading voice during the COVID-19 pandemic, offering clear, fact-based public health information and partnering with public health officials to address the crisis.

"Baystate Health plays a unique role as a major employer, community asset, and safety net for our most vulnerable community members and their health needs. Mark leads with a focus on mission; even though the financial environment has been challenging, his decisions always prioritize local health needs," said Harriet DeVerry, Board Chair. "While Mark's strengths, vision and commitment to the community will not be easy to replace, the Board recognizes this transition as an important opportunity to plan for the future needs of Baystate Health and the patients, families, and communities at the heart of our mission."

The Board has established a search committee and identified a search firm to assist us in conducting a nation-wide search for a new CEO. It is expected to take several months to a year to identify a candidate and finalize the next CEO. During this period, Keroack will continue in all aspects of the CEO role.

# Wilbraham Hiking Club invites you to complete its survey

WILBRAHAM -- The Wilbraham Hiking Club is continuing its weekly hikes throughout the summer. August hikes are now posted. Both Wilbraham residents and non-residents are welcome to check out the hikes and register at wilbrahamrec.com. As always, all hikes are free. The club hopes you will help it refine its hiking options by completing this short nine-question survey: https://docs.google.com/forms/d/e/1FAIpQLSc1B64p9x9ZkRB2IOu-zA\_m9ROttFGEDEfssmST2N-HW4c63h1Q/viewform?usp=sf\_link

For more information about the survey, or if you are interested in leading hikes for the WHC, please write to wilbrahamhiking@gmail.com.

### **IN THE GARDEN** from Page 6

the plant.

dred individual eggs at the plant's base!

The eggs hatch into larva that tunnel into the stems, eventually killing

As ridiculous as it sounds, wrapping a shiny barrier such as aluminum foil around the plant's base does seem to deter the red bodied, transparent-leaved moth from her egg-laying endeavors.

My dead plants were carried off to the trash, not the compost pile, and I will turn over the soil in both fall and spring to kill any pupae that may be overwintering. Rotating your crops can also help.

Some gardeners wash down their stems daily to dislodge and kill the

eggs. Others make a late sowing only; supposedly after July Fourth or so egg laying ceases.

I made a second sowing a couple weeks back. If the borers don't get these, the frost likely will, but I am crossing my fingers that an Indian Summer may mean more zucchini for our household, because what we had certainly wasn't enough!

Roberta McQuaid graduated from the Stockbridge School of Agriculture at the University of Massachusetts. For 31 years she has held the position of staff horticulturist at Old Sturbridge Village. She enjoys growing food as well as flowers. Have a question for her? Email it to pouimette@turley.com with "Gardening Question" in the subject line.

### **HOLY COW** from Page 6

The sisters married, started families, and became eccentrics. They lived together in a gaudy 14-room mansion built on the family farm.

Despite their facade of Victorian respectability, behind closed doors, they would have been "The Real Housewives of Cambria, New York." There was alcoholism, complicated extramarital affairs, and even whispers about witchcraft—enough fodder for a tabloid.

Naomi died suddenly in 1893 before turning 40, dramatically shaking the surviving sisters.

They toured on and off with Barnum until 1907. But the 20th century's arrival saw Americans' fascination with hair rapidly fading.

Sales of their products plunged as extravagant living caught up with them.

Desperate for cash, the last three sisters went to Hollywood in 1919 on a trip so disastrous that not only did a movie deal fall through but Dora was killed in a car crash. Things only got worse from there.

The mansion was sold in 1931 (burning in 1938); the hair business went belly-up in 1936; Mary died in an insane asylum in 1939; and when Grace, the final sister, passed away in 1946 at age 92 she was dirt poor.

In the end, the Sutherland Sisters wound up right back where they had started.

Holy Cow! History is written by novelist, former TV journalist and diehard history buff J. Mark Powell.

# Send Us Your Autumn Event Information

Turley Publications will print your Autumn event FREE OF CHARGE in our Autumn Fest Supplement which will be published September 13, 2023.

Total circulation of 85,000 reaching over 200,000 readers in the Pioneer Valley.

Deadline for Calendar submissions is August 16.

Comm	unity
Autumn	<b>Events</b>

Event Should Be Non-Profit & Open to the Public

FREE Calendar Listings Reaching over 200,000 Readers in the Pioneer Valley

Event Name				
Date/Time				
Location				
Description				
Cost				
Contact name & phone number for more information				

**MAIL YOUR LISTING INFORMATION TO:** 

Turley Publications, Attn: Jamie Joslyn, 24 Water Street, Palmer, MA 01069

or email\* them to: jamie@turley.com

\*Be sure to indicate "Autumn Event" in the subject line of your email.

# Classifieds

12 WEEKLY NEWSPAPERS ■ SERVING 50 LOCAL COMMUNITIES

A **TURLEY** PUBLICATION **I** www.turley.com

COMMUNITY MARKETPLACE

Call us at 413.283.8393

### FOR SALE

### **FIREWOOD**

#### **FIREWOOD**

Fresh cut & split \$200.00 Seasoned cut & split \$300.00 All hardwood. Tree length available \*Also have seasoned softwood for outdoor boilers (Cheap). Quality & vol-

umes guaranteed!! New England

Forest Products (413)477-0083

!!!!!FRESH CUT!!!!! Over a cord guaranteed. Cut, Split, Prompt delivery. Call D & D Cordwood (413)348-4326.

MORE HEAT LESS WOOD. Central Boiler Classic Edge HDX Outdoor Wood Furnace. EPA Certified. Titanium Stainless Steel. 26% Tax Credit. Call (508)882-0178

### WANTED

### **WANTED TO BUY**

ANTIQUES AND OLD STUFF WANTED BUYING Bottles, Crocks, Jugs, Pottery, Costume Jewelry, Toys, Games, coins, sterling, Glassware, Silver-plated items, watches, Musical instruments, typewriters, sewing machines, tools, radios, clocks, lanterns, lamps, kitchenware, cookware, knives, military, automotive, fire department, masonic, license plates, beer-cans, barware, books, oil cans, advertising tins, hunting, fishing, signs, and more Donald Roy (860) 874-8396

### **JUNK REMOVAL**

# A Call We Haul FAST REMOVAL

Junk, Appliance, Cleanouts. We load it & take it.

413-531-1936

Amount of charge:

### **JUNK REMOVAL**

#### ARA JUNK FURNITURE REMOVAL

Full house cleanouts, attics, basements, garages, pools, hot tubs, sheds, decks. Same day service. 8am-9pm. Credit cards accepted. Free estimates on phone.

Call Pete 413-433-0356.

### **SERVICES**



#### 2\*\*\*\*\*A & B HOUSEHOLD REMOVAL SERVICE\*\*\*\*\*\*

Cellars, attics, garages cleaned, yard debris. Barns & sheds demolished. Swimming pools removed. Cheaper than dumpster fees and we do all the work. Lowest rates. Fully insured. (413)283-6512, cell (413)222-8868.

**BILODEAU AND SON ROOFING.** Established 1976. New re-roofs and repairs. Gutter cleanings and repairs. Licensed/ insured. Call **(413)967**-

CHAIR SEAT WEAVING & refinishing - cane, fiber rush & splint - Classroom instructor, 20+ years experience. Call Walt at (413)289-6670 for estimate.

**DRYWALL AND CEILINGS,** plaster repair. Drywall hanging. Taping & complete finishing. All ceiling textures. Fully insured. Jason at Great Walls. **(413)563-0487** 

### **CLASSIFIED DEADLINES**

QUABBIN & SUBURBAN
FRIDAY AT NOON
HILLTOWNS
MONDAY AT NOON

MAIL TO: Classifieds, 24 Water St., Palmer, MA 01069

or call: 413-283-8393

### XXXXXX

### HOME IMPROVEMENT

### HANDYMAN SERVICES

ANY AND ALL HANDYMAN SER-VICES - JUST CALL, TEXT OR EMAIL !!!! 413-282-8181 \*\*Willing to travel all areas of Western MA

Western Mass Home Repair Offering all repairs, services, construction and consultation \*\* Licensed and Insured!

Call - Text - Email with any questions We are here to help!

> westernmasshome repair@gmail.com 413-282-8181

HOME IMPROVEMENTS. RE-MODELING Kitchens, baths. Ceramic tile, windows, painting, wallpapering, siding, decks. Insurance work. Fully insured. Free estimates. (413)246-2783 Ron.

HOME REPAIR & REMODELING for all your interior & exterior needs. Carpentry, woodworking, porches, patios, windows, doors, painting, drywall, siding, landscaping, clean-outs. Competitive pricing, References. Please call Brendan (413)687-5552

### **LANDSCAPING**

#### A+ ROZELL'S LANDSCAPING & BOBCAT SERVICE

Excavator Services
Overgrown property?
Extreme Brush Cutting!
Shrub, Stump, Tree Removal
Lawn/Arborvite Installed
Loam, Stone, Mulch, Sand
Storm Clean-up
Small Demolition/ Junk Removal

Insured

Josh Rozell 413-636-5957

### **SERVICES**

\*\*ALL SEASON\*\* Specializing in shrub trimming, pruning, design, deliveries, loader, backhoe, insured. Professional. Please call Bob (413)537-5789 (413)538-7954.

MATT GUERTIN LANDSCAPING Serving Wilbraham & Ludlow

Weekly mowing and yard maintenance Landscape installation and restoration Hedge trimming, pruning, and mulching. Schedule fall lawn overseeding and repair

Call or text **413-266-9975**Insured - Commercial and Residential

**S&S LANDSCAPING**Residential and Commercial

Yard clean ups, lawn mowing, lawn repair, fertilizing, mulch, stone, hedge trimming, planting. Free estimates, Fully licensed and insured.

You'll like us mower **413-240-1992** 

### **MASONRY**

# STOP WET BASEMENTS

ABC MASONRY & BASEMENT WATERPROOFING

All brick, block, stone, concrete. Hatchway doors, basement windows, chimneys rebuilt & repaired, foundations repaired, basement waterproofing systems, sump pumps. BBB+ rating. Free estimates. Lic #14790. Call **(413)569-1611**, **(413)374-5377** 

### **PAINTING**

WE DO LLC Painting interior, exterior and drywall repair. We treat your home like our own homes. Fully licensed and insured. Call WE DO today for a free estimate ask for Mac (413)344-6883

QUABBIN & SUBURBAN - FRIDAY AT NOON

### **SERVICES**

**PLUMBING** 

**GREG LAFOUNTAIN PLUMBING** & **HEATING** Lic #19196 Repairs & Replacement of fixtures, water heater installations, steam/HW boiler replacement. Kitchen & Bath remodeling. 30 years experience. Fully insured. \$10 Gift Card With Work Performed. Call Greg (413)592-1505

### RUBBISH REMOVAL

BOB ROBILLARD'S RUBBISH REMOVAL Attics, Cellars, Garages cleaned, Pools/Hot Tubs Removed. Family owned/operated since 1950 (413)537-5090

### TREE WORK

**DL & G TREE SERVICE-** Everything from tree pruning, tree removal, stump grinding, storm damage and brush chipping. Honest and Dependable. Fully insured. Now offering Senior Citizen and Veteran discount. Call today for free estimate **(413)478-4212** 

### **TUNE-UPS**

SNOWBLOWER & LAWNMOWER TUNE UP & REPAIR

A &M TUNE-UPS

Push Lawnmowers, Riding Mowers
and Small Engine Repair.
Work done at your home.

Call Mike (413) 348-7967

Find archives of this local newspaper at www.newspapers.turley.com

### **SERVICES**

### STUMP GRINDING

**DL & G STUMP GRINDING** Grinding stumps of all sizes, insured & certified. Senior discounts. Call Dave **413-478-4212** 



SAW STUMP GRINDING
Call for a Free Estimate, Veteran
Owned, Fully Insured
413-213-5470

### **AUTO**

### **MOTORCYCLES**

HARLEY DAVIDSON FXSTC 91 SOFTTAIL, BLUE, DIAMOND CUT HEADS 46,000 Original miles, many extras including stock parts, new carburetor, always garaged \$4,500.00 call Mike (413) 547-8755



### PETS

AKC REGISTERED BEAGLE
PUPPIES EXCELLENT BLOODLINES- DOZENS OF FIELD CHAMPIONS BEHIND BOTH PARENTSFULLY VACCINATED/ VETERINARY
HEALTH RECORDS \$600 Championbeagles413@gmail.com
PHONE- (413) 224-8897

### **REAL ESTATE**

### **FOR RENT**



ALL REAL ESTATE advertised herein is subject to the Federal Fair Housing Act, which makes it illegal to advertise "any preference, limitation, or discrimination because of race, color, religion, sex, handicap, familial status, or national origin, or intention to make any such preference, limitation, or discrimination." We will not knowingly accept any advertising for real estate which is in violation of the law. All persons are hereby informed that all

### FOR RENT

dwellings advertised are available on

an equal opportunity basis.



All real estate advertising in this newspaper is subject to the Federal Fair Housing Act of 1968, which makes it illegal to advertise any preference, limitation or discrimination based on race, color, religion, sex, handicap, familial status (number of children and or pregnancy), national origin, ancestry, age, marital status, or any intention to make any such preference, limitation or discrimination.

This newspaper will not knowingly accept

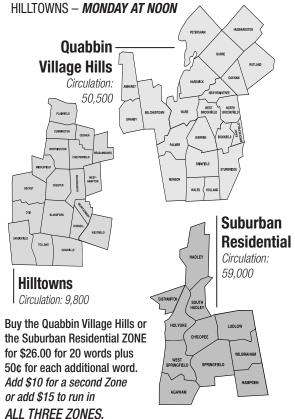
any advertising for real estate that is in violation of the law. Our readers are hereby informed that all dwellings advertising in this newspaper are available on an equal opportunity basis. To complain about discrimination call The Department of Housing and Urban Development "HUD" toll-free at 1-800-669-9777. For the N.E. area, call HUD at 617-565-5308. The toll free number for the hearing impaired is 1-800-927-9275.

# FILL OUT AND MAIL THIS MONEY MAKER

**DEADLINES:** 

CATEGORY: 2 5 6 7 11 12 13 14 15 16 17 18 19 20 21 22 23 Base Price \$27.00 24 Base Price \$26.50 Base Pric \$27.5 Base Price \$28.00 25 Base Price \$29.50 28 Base Price \$28.50 26 Base Price \$29.00 27 Base Price \$30.00 29 Base Price \$30.50 30 31 Base Price \$31.50 32 Base Price \$31.00 33 Base Price 34 \$32.50 Base Price \$33.50 Base Price \$33.00 35 37 Base Price \$34.50 Base Price 40 Base Price \$35.00 39 Base Price \$36.00

Name:			Phone	:	
			State:	Zip:	
	s:			eek rate = \$	
			·	☐ Check#	
Card #:			Exp. Date	CVV	



· IIIIILL	ZUIVLO.		
	First ZONE base price		Includes — additional words
	Add a second ZONE	\$10.00	Run mv ad in the
	Add a third ZONE	\$ <b>5.00</b>	following ZONE(s):
	Subtotal		
	x Number of Weeks		Suburban
	TOTAL Enclosed		Hilltowns

### **OUR CLASSIFIEDS REACH 50 COMMUNITIES EVERY WEEK!**

Date:

# Plan your child's back-to-school physical and immunizations

SPRINGFIELD— Well-child visits to the pediatrician, especially before going back to school each year, are intricately linked to being properly vaccinated.

Since the American Academy of Pediatrics recommends yearly well visits for children starting at age 3 through 18, scheduling a back-to-school physical each year is a good way to meet that goal, according to Dr. Amy Pelletier of Baystate General Pediatrics, Baystate Children's Hospital. Babies begin well-child visits several days after birth and continue these visits several times per year until they reach age 3.

Well-visits are an important opportunity to make sure all vaccinations are up-to-date.

"Children who are not vaccinated on schedule are at risk of getting sick and

**OUR OWN CORN!** 

of spreading illnesses to others who are not protected. Vaccines are given on a schedule for the number one reason of protecting children from preventable disease. Experts designed the schedule so that children get protection when they need it, and the doses are timed so the vaccine itself can have the best effect. Vaccines are mandatory for schools to maintain high vaccination coverage and low rates of vaccine-preventable diseases," said Pelletier.

"Many kids and adolescents missed recommended immunizations and wellness visits at the height of COVID-19. As healthcare professionals we are encouraging parents and guardians, if they haven't already, to get their children back on track for annual vaccinations and wellness exams. It's not too late to get back on track," Pelletier added.

Vaccines work by training the immune system to recognize and fight viruses or bacteria. They develop immunity by imitating infections. Vaccinations have been protecting children and adults from diseases including smallpox, measles, mumps, rubella (German measles), and chickenpox for a very long time. The reason some people aren't familiar with those illnesses is because of vaccines and their effectiveness.

Pelletier noted not only does not being vaccinated affect the child, but it can also put others at risk, as well. When enough of the community is vaccinated, it makes disease less likely to spread.

Concerning babies, they are very vulnerable to disease, which is why they are given vaccines early in life.

"If the vaccine schedule is spread out or if babies miss well-child visits and do not receive vaccines on schedule, it will take longer for babies and children to be protected from diseases,"

Mass.gov offers a special page, "Preparing To Return To School," that offers full Massachusetts school immunization requirements as well as other helpful tips on physical exams, preschool vision screenings, lead screenings, and children with special health care needs. Visit the page at:

https://www.mass.gov/service-details/preparing-for-return-to-school.

If your child is due, or overdue, for a well-child visit or vaccines, visit www. baystatehealth.org/services/pediatrics to make an appointment for their school physical.

# Dickinson Farms & Greenhouse

PICK YOUR OWN TOMATOES BY THE BASKET!
8-4 at the Farmstand on Route 202. Call for more information.
Our Own Radishes, Leaf Lettuce, Pickles, Scallions, Squashes,
Yellow & Green Beans, Leaks, Carrots, Corn, Tomatoes & Blueberries
Local Vendors: Gourmet Oils, Fresh Baked Goods, Kettle Corn, French Meat Pies,
Turkey Pies, Gibble Potato Chips, Fresh Polish Foods, Belchertown Maple Syrup,
Variety of Local Maple Products, Caramel Corn Nuggets,

Cream Pies, Ice Cream Products & Soup Mixes
Route 202, 309 East State St., Granby
413-467-3794

Potted
Ornamental
Grasses &
Bacil
Mon.-Sat. 8am-7pm, Sun. 8am-6pm
Family Owned & Operated

Most Major Credit Cards Accepted ◆ Sorry No Checks Gift Certificates Available ◆ Now Accepting EBT In Store

Send your stories and photod to mgusmao@turley.com

# Freedom Credit Union raises \$1,400 in support of Griffin's Friends

SPRINGFIELD — Throughout the month of June, Freedom Credit Union collected cash donations at its branches throughout western Massachusetts to benefit Griffin's Friends, a volunteer-led group dedicated to providing relief and support to children with cancer and their families, raising a total of \$1,400.

"Over the years, Griffin's Friends has earned a special place in our hearts because of the passion its volunteers have for preserving the memory of Griffin Kelleher through generous acts of kindness," said Freedom Credit Union President Glenn Welch. "There is a kind of magic in honoring the spirit of a child by providing joyful experiences that impact children and families on such a personal level, and at a

time when they are needed most."

Griffin's Friends was founded in 1994 in Springfield and is named for Griffin D. Kelleher who passed away from cancer when he was 14 months old. This group is his legacy, uniquely supporting children in treatment for cancer and their families by providing small acts of joy.

Examples of the types of experiences offered by Griffin's Friends include trips to stage performances and sporting events; in-hospital and outpatient entertainment; massage therapy; and activities such as art, computers and games. To contribute, visit griffinsfriends.com;100 percent of the funds donated go to the Griffin's Friends Children's Cancer Fund at Baystate Health Foundation, Inc.

