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Blood drive to be held in honor of Chase Michael Goncalves

By Amanda Munson
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LUDLOW – Occurring until Aug. 25, a blood drive will be held in honor of Chase Michael Goncalves who passed away in Aug. of last year from bacterial meningitis, he was about to turn seven months old. Through the American Red Cross, people can donate with the QR code above and can scan it at a donation center, contributing to the family's goal of 50 donors.

Chase's family consists of mom Lindsay Robillard, dad Mike Goncalves, and big brother Jack Goncalves who attended the blood drive as a family in honor of their sweet son. Speaking with



Submitted photo

The Goncalves, Robillard and Brodeur families who donated blood together in honor of Chase Michael Goncalves.

Please see **BLOOD DRIVE**, Page 5

Select Board appoints retired chief as special officer

By Amanda Munson
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LUDLOW – On Aug. 5, the Select Board had visitations from Police Chief Daniel Valadas and LPD Lt. Mike Brennan to announce the upcoming changes of the department, following the retirement of Valadas on Aug. 8. Chairperson Manuel Silva began announcing that Valadas now serves as a special police officer after Friday, with Valadas explaining that Aug. 8 at midnight is his final day serving as police chief of the town.

Brennan commented before the Select Board appointed Valadas to be a special police officer saying, "I see no reason why Chief Valadas wouldn't make an excellent special police officer. I make a motion that we appoint Daniel Valadas as a special police officer, effective Sat. Aug. 9," said mem-

ber Anthony Alves.

Silva followed by moving onto Brennan, appointing the past Lt. to the town's provisional police chief that's effective Aug. 9. "This is after our now police chief retired." Vice Chairperson William Rosenblum made a motion to appoint Lt. Brennan as the provisional police chief effective Aug. 9.

"I see no reason why Chief Valadas wouldn't make an excellent special police officer."

– LPD Lt. Mike Brennan

Silva commented, "I just want to say, first of all, that comes with a high recommendation from the ex-chief that we appoint you as the

Please see **SELECT BOARD**, Page 4

Senior Center Outreach Coordinator Debbie Johnson retires after 25+ years

By Amanda Munson
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LUDLOW – On Aug. 8, Outreach Coordinator Debbie Johnson of the Senior Center officially retired after serving the Ludlow community for over 25 years, who loved giving back to a place which grew into a family and a second home.

Growing up in town and attending the local schools, teaching preschool at Holyoke Chicopee Springfield Head Start, Johnson shared that she used to volunteer at the senior center on Saturday mornings and found herself never leaving.

"I got to know the director very well and he told me that this position (outreach coordinator) was opening up and I said let me try it! I got hired and it has become a lot bigger of a position than it was when I started off. It was brand new and the director wanted to make sure everybody knew about the center. If the seniors needed any kind of help, I would help them. And then from there it grew," said Johnson. "I have always



Turley photo by Amanda Munson

Debbie Johnson standing outside admiring her husband's garden, a surprise gift from the senior center that she said she'll always remember.

loved my job. I am going to miss the people constantly."

Johnson's goal became apparent during the interview, which was to help the seniors of Ludlow by assisting them with applications such as financial applications, food stamps, Mass Health, signing up for Medicare and social security, insurance help, and more. Johnson continued, "I've grown very close to a lot of the people that come here because they've been coming as long as I have, so it's going to be hard on Friday to leave, but it's been good. My parents were both

older when they had me so I've always been around older people, because of their friends growing up, I always loved the stories they told and I just like being around them. Both directors I've had let me grow the position the way I wanted to, do the things that I felt were important, and I appreciate that a lot. It's a family away from a family, especially the staff. We're a close knit staff and we'd help everybody and we help each other. When my parents visited in the summer, they used the senior center and again, it was in a way my home away from home. When you take a position at the local senior center, not only you get the position, but your husband or your wife gets it also."

Bill Johnson, Debbie's husband, has since passed on but his memory lives out on the patio of the center in 'Bill's Garden', which is pictured above. Bill, who was a car mechanic, was involved within the center just like Debbie, who was seen driv-

Please see **JOHNSON**, Page 5



Turley photos by Amanda Munson

Paul Chrzan, Larry White, and Josh Morin in front of the Western Mass Vietnam Veterans of America flag.

Veterans honored at Elks Cruise Nights

By Amanda Munson
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LUDLOW – On Tuesday, July 29, the Elks invited all veterans from Ludlow and surrounding areas to walk around and see the variety of unique cars, food and drink options, and to continue to support our troops. The Western Massa-

achusetts Vietnam Veterans of America Chapter 111 was set up with a table with pins, patches, and information inviting people to join and to continue to make sure we honor those who never returned.

Sitting down with Josh Morin who attends every week with his 95-year-old car, explained that the group is disbanding soon since to

be in this group originally, individuals had to be in Vietnam or had to be in service between 1959 to 1975.

"We are aging out, I've been part of this group for 35 years and it originally had 60 people, now we have four, five, maybe six people. The group is for Vietnam

Please see **VETERANS**, Page 7

Local author launches new fantasy novel

By Amanda Munson
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LUDLOW – On Aug. 6, Author and Teacher Lisette Martinez released her new fantasy novel "Born of Fire: The Phoenix Knight", a post-apocalyptic story. Based on the press release, the novel follows a haunted underground fighter named Roux that's thrust into an ancient war between light and darkness. Marked by prophecy and hunted by a tyrannical force, Roux must awaken the fire within him and become the final Phoenix Knight before the world's last hope is extinguished.

Learning more about the novel and the creative mind



Submitted photo

The fantasy novel titled Born of Fire: The Phoenix Knight by Lisette Martinez.

behind it all, Martinez began sharing how teaching,

Please see **AUTHOR**, Page 7

Community enjoys teddy bear picnic storytime

By Amanda Munson
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LUDLOW – On Aug. 5, the Hubbard Memorial Library held its own teddy bear picnic with Youth Services Librarian July Siebecker, who read aloud teddy bear themed books to the families and patrons on the shady lawn. Surrounded by picture books and picnic blankets, Siebecker read in a calming voice several books like the Corduroy by Don Freeman, in front of the children listening and quietly eating their lunch and snacks.

The beginning week brought warmer weather, but that didn't stop the families from enjoying their



Turley photo by Amanda Munson

Every kid brought their own teddy bear and stuffie from home to listen to the storytime with them.

time outside with each other, listening to stories that are available at the library whilst

meeting new patrons at the library. From grandparents to parents and guardians,

the kids were asked before the event to bring in their favorite teddy bear and stuffed animal, and have a day out of the house with them to listen to a teddy themed storytime.

Kids brought dinosaur stuffies and others brought their dressed-up teddy bears. Siebecker asked the kids throughout the stories for the children to hug their teddy bears and interact with them, bringing smiles to both adults and the kids.

The families were set up with blankets and beach chairs, relaxing and eating their lunch together. The calming environment was open for all families and children of all ages, a re-

Please see **TEDDY BEAR PICNIC**, Page 8

LUDLOW

Milagros “Terry” Rodriguez Wellness Center celebrates second anniversary

By Amanda Munson
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LUDLOW – On July 21, the Milagros “Terry” Rodriguez Wellness Center celebrated its second anniversary in Indian Orchard, an event dedicated to the special milestone with food, raffles, and service providers. Terry was described as working in the community for over 36 years and now the center in the past year listed their accomplishments and the continued work in the community.

The center had conducted 175 tests, have done a community breakfast initiative that fed over 300 people with education services, assisted four active users in recovery, one person from their chronic homeless population equipped with permanent housing, 15 people in the Residential Assistance for Families in Transition program to remain in stable housing and three were assisted in permanent housing, and 75 people equipped with a free phone.

Based on the NNCC (New North Citizens’ Council) website, their mission is to provide advocacy, public human services to preserve and support families resulting in the improvement of quality of



Alicia, Kristine, Nicole, Nailani, and Nicolas in front of the tribute of Terry.

life, with an emphasis on the multicultural community.

At the Milagros “Terry” Rodriguez Wellness Center, sitting down with the youngest daughter of Terry, Nicole Gonzalez spoke highly of the civil service embedded in her throughout her life and described her upbringing and how that translates into the work the center does daily. Milagros “Terry” Rodriguez passed away before she could see the wellness center in action, but her family and the people around her who she

impacted strive to keep her mission in helping others going every day.

When asked how this all began, Gonzalez spoke about her family and shared the most important message her mother lived by, to never judge anyone because you don’t know where they’re at in life. “Civil service is embedded in me and my sister Kristine’s blood, our father was the first Puerto Rican firefighter in Springfield, my mother was the first Hispanic female park commission

person. My mom instilled in us that if you could help, you help...and that’s it. And that’s just how we were raised. The center is a combination. My mom started the drop-in center in the North End where people could go and get tested or they could get into detox. But she was finding when she went after their detox, she was finding out that they were still out there. So, they weren’t able to get the resources that she thought she set them up for. She wanted a place where it was an end all

be all. You can get a detox, you can get the resources, you can get housing, you can get health service and that’s how it should be. You come out from the worst thing of your life, being down and being an addict, and you come out to nothing. What else are you going to do then go back to your old habits.”

Gonzalez went on to agree that detox is important, but the resources afterwards are just as critical, saying that if people don’t have anywhere to go every day, then they’re going to fall into the same habits.

Director of NNCC Milagros “Terry” Rodriguez Wellness Center Elizabeth Santos with Milagros “Terry” Rodriguez thought together of a spot that had everything. “It got to a point where my mom took the second job at Providence Hospital to follow them through detox because she felt that they weren’t getting the proper care that they should have been getting, and on top of that, she did it all on oxygen. My mom carried oxygen the last five years of her life and during COVID, my sister and I would fight with her to not go out there. You don’t need to be testing, let other people do that, and my mom was out there

testing. She had a lung disease, and she did not care, she had the mindset, ‘If I am not helping them get tested or helping them get COVID vaccines, who’s going to do it?’ She touched so many people, even to this day with her being gone for two years, I still have people come up to me and tell me how my mom saved their lives. She passed away a month before her center opened.”

When asked about what the first year felt having the wellness center opened officially, “Having her center be open, it was amazing! It was a place for my sister and I to come and know that our mom’s presence was there because this is what she’d love to do. A lot of the people that work here used to be addicts and they’re living proof that your life doesn’t have to end. And if we don’t have a resource here that they need, we’ll find someone that has the resource to make that connection. This place is a connector.”

The Milagros “Terry” Rodriguez Wellness Center is located at 284 Main St. Indian Orchard has a recovery box with Narcan, designed to reverse an opioid overdose, in the front of the building next to the front door.

Fundraiser Dine-In or Dine-Out with the Ludlow Memorial Day Parade

LUDLOW—Dine In/Dine Out with the Ludlow Memorial Day Parade Committee at the Villa Rose on Wednesday, Aug. 20 from 12 noon to 9 p.m. to raise funds for the upcoming 2026 Memorial Day Parade.

The Villa Rose will generously donate 20% of your dinner bill (not including alcohol) to the Parade Committee to help us make the Parade bigger with more entertainment and music, our Veterans deserve it.

Please tell your family and friends to join us on Wednesday, Aug. 20 at the Villa Rose located at 1428 Center Street, Route 21 for a delicious meal.

We thank Tony Taveres and the Villa Rose for supporting our Veterans.

Polish Food sale will be held on Aug. 23

INDIAN ORCHARD — DOZYNKI Celebration will be held at Immaculate Conception Church Hall, 25 Parker Street, Indian Orchard on August 23, 2025 from 2 p.m. to 6 p.m. with Polish Plate Dinner (4 Pierogi, Golabek, Kielbasa, Kapusta and Rye Bread) \$20 per plate, eat in or

soda available for purchase. No outside food or drink will be allowed.

Homemade baked goods will be available for purchase from the youth, tickets are available by calling Maria Kowalski at 413-222-6229, Irena Wurszt at 413-427-5846, or the parish office at 413-543-3627 opt. 4 Mon. and Tues. 9

a.m. to 2 p.m. Frozen Polish food will also be available Golabki (3) \$12, Kapusta (Large)\$10. Pierogi (Cabbage, Potato & cheese \$14, Sweet Cheese, Blueberries \$15)

There will NOT be a sale from 9 a.m. to 1 p.m. as previously published only from 2 p.m. to 6 p.m.



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Since 1950, the Ludlow Community Center/Randall Boys & Girls Club has been a safe place for youth to play, learn, and grow. Over the years, The Club has evolved and found new ways to support our community.

We now serve adults, preschoolers, teens, and more.

What hasn’t changed is our commitment to inspire and enable youth and adults to build better communities by providing life-enhancing experiences and programs through which they will realize their full potential as responsible and caring citizens.

We couldn’t do it without you.

48% raised!

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Air Hockey Table

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Ludlow Town Hall, Select Board’s Room

HOW TO APPLY
Submit a letter of interest to:
HRJobs@ludlow.ma.us
Visit ludlow.ma.us/vacancies for more information



Turley photos by Amanda Munson

The class was set up with paper, string, glue, and markers to create their own unique notebooks.

Homemade paper turns to notebooks at Hubbard Memorial

By Amanda Munson
Staff Writer
amunson@turley.com

LUDLOW – On July 29, part two of the paper-making series comes back to the Hubbard Memorial for a notebook making workshop, after the kids two weeks ago made their own paper from scratch. The calm, informative, and creative library workshop helped kids of all ages make and decorate their own notebook and cover to draw and write whatever they desire on the inside and out.

Instructor Samantha, who conducted the previous paper-making class, was at the library once again showing how simple it is to create a



Volunteer Becky Marker was helping this kid how to sew the homemade notebook.

notebook. If you're wondering how to make a notebook, this is what you need. Paper, yarn, a sewing needle, cover material, scissors and awl, ruler, and a pencil.

The kids started by measuring the size of their notebooks and folded the paper, matching the cover material to the size of the paper created, they were able to use a bone crease to make a flat and clean edge. By using a ruler to mark the dots for the holes needed to sew the notebook together, the awl was used to punch the holes out in the paper and with the help of the instructor and volunteers, the kids sewed the needle with the yarn creating the notebook.

After creating the note-

book, the kids were able to decorate them however they wanted, one attendee drew waves on her cover. Speaking with the parents and guardians waiting in the room, everyone had grand things to say about the library and the programming the staff put on.

One family shared that they traveled from West Springfield and another traveled from Sixteen Acres because they both loved the classes and kid programs for their kids.

The kids shared that they all loved making the paper and making the notebooks.

For more events like these, visit the library website.

Ludlow Boys & Girls Club hosts Sea Lions Open Swim Meet

LUDLOW—On Saturday, August 2, the Club hosted the Sea Lions Open Swim Meet. The meet featured nearly 40 swimmers competing in over a dozen events, including backstroke, breaststroke, butterfly and relays of varying lengths. Each participant was able to choose to compete in as many or as few individual races as they liked.

"It was great to see so many people in the pool. Typically, swim meet races and heats are grouped by age and stroke. In ours, we invited anyone of any age to compete based on their interest and their seed time. We had kids swimming against their parents. We had former coaches swimming against current coaches. It was really fun and unique," said meet organizer and Sea Lions Swim Coach Meagan Goncalves.

The Sea Lions Open Swim Meet was part of a series of tournaments and activities put on by the Ludlow Community Center/Randall Boys & Girls Club to honor the Club's 75th Anniversary. Between swimmer registration fees, community sponsorships from ACE

Chimney Sweeps and Teddy Bear Pools & Spas, donations, and sales, the meet raised nearly \$6,000.

Funds from the swim meet are being used to raise money for an aquatics scoreboard and timing equipment. "The Club does not currently have a scoreboard or any kind of timing equipment for our aquatics department," said Club President/CEO Josue Irizarry. "We know this equipment is important to keeping our program competitive and current. Our Sea Lions will benefit, but we will also be able to share these resources with the Ludlow High School Swim Team who uses the Club's pool, and other community groups who visit the Club. As the only indoor pool in town, we want to make sure it is accessible and usable to as many people as possible."

Teddy Bear Pools & Spas' owner Ted Hebert and his wife Barbara have been generous sponsors of the Ludlow Community Center/Randall Boys & Girls Club for over 10 years. Their sponsorship supports the Club's programs, but this year they increased

their donation to help fund the scoreboard and timing equipment project. Ted said, "I was excited to match any donations collected at the Swim Meet. The Club is doing great things for the community and we are happy to be a part of that. I started my business 50 years ago and am proud to be able to give back to communities that have supported me. We all need to work together to keep our communities strong."

The Club is currently trying to raise \$75,000 in honor of its 75th Anniversary. Funds will be used for projects to enhance each core program area within the Club: Aquatics, Athletics, Fitness, Preschool, and School Age programs. "This Swim Meet was a new event for us and was so much fun. I could never have organized it without the help of my coworkers and awesome volunteer Parent Board," said Coach Meagan Goncalves. "We all had a lot of fun putting it together and the fact that we raised so much money was just incredible. I'm so grateful to our community of swimmers and families for

rallying to support us."

The next Club tournament is an Adult Men's Basketball Tournament, in mid-October. Learn more at www.ludlow-bgc.org. If you are interested in supporting the Club's 75th Anniversary please make a donation at <https://auctria.events/LBGC75>.

About the Ludlow Community Center/Randall Boys & Girls Club

The Ludlow Community Center/Randall Boys & Girls Club has been serving youth from Ludlow and the surrounding towns in Ludlow, MA for 75 years. While serving a dual role as a community center and a Boys & Girls Club, the Club's purpose is to promote good citizenship, healthy lifestyles, and to provide a place with facilities and equipment for educational and recreational activities and program for both youth and adults, year-round, in convenient and affordable ways. For more information about the Ludlow Community Center/Randall Boys & Girls Club, please visit our website www.ludlowbgc.org or call us at (413) 583-2072.

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Registration Begins at 5:00 P.M.
To be sold on the Premises of
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SINGLE FAMILY HOMES	PARCEL ID	ASSESSED VALUE
32 ROOD STREET	17-13050-71-0	\$ 264,400
61 MASSACHUSETTS AVENUE	11B-9950-37-1	\$ 242,000
68 FAIRVIEW STREET	1C-5500-87-0	\$ 171,200
VACANT INDUSTRIAL LOT		
0 CENTER STREET	12C-3550-172-1	REMOVED FROM AUCTION
VACANT AGRICULTURAL LOTS		
0 CENTER STREET	39-3550-28-0	\$ 19,500
0 CENTER STREET	40-3550-87-0	\$ 19,100
0 CENTER STREET	33-3550-78A-1	\$ 119,200
0 CENTER STREET	33-3550-78B-0	\$ 92,500
VACANT RES-A/AGRICULTURAL LOT		
0 FULLER STREET	10-5850-6-0	\$ 84,400
VACANT RESIDENCE-A LOT		
0 CHAPIN STREET	27-3650-68C-0	\$ 8,100

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Happy 75th Anniversary

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Boar's Head
American Cheese.....\$6.99/lb
Boar's Head
Cracked Pepper Turkey \$12.99/lb
Boar's Head
Chipotle Gouda Cheese.....\$8.99/lb

Perennial of the Week
"Black Eyed Susan"
Rudbeckia
\$9.99 One Gallon Pot (Reg \$12.99)
Little Gold Star, American Gold Rush,
Native Fulgida Goldsturm Varieties
Sun Loving, Deer Resistant, Pollinator Friendly

August Is Family Fun Month
STAY-CATION PLANTING KITS
Venus Fly Trap Terrariums \$19.99
Kit Includes: Terrarium Bowl,
Venus Fly Trap Plant, Moss & Instructions
Air Plant Sculpture \$14.99
Kit Includes: Two Air Plants, Rock Base,
Sculpting Wire & Instructions

August Wines Of The Month
Noble Vines 337 Cabernet Sauvignon
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\$2.00 OFF Reg Price

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Town of Ludlow launches new website

LUDLOW—Town Administrator Marc Strange is pleased to announce the launch of the new Town of Ludlow website.

The updated website, <https://ludlow.ma.us/>, utilizes a user-friendly, modern design that grants visitors easy access to town information.

The homepage features a "Quick Links" section, where visitors can find information on Ludlow's bylaws, local government, emergency alerts and make online bill payments to the Town Collector and Fire Department. The homepage also updates routinely with lo-

cal news and upcoming town events.

Under the "Departments" tab, users can access websites for Ludlow's Police and Fire departments, as well as info and sites for many other Town departments, including Ludlow Public Schools and Hubbard Memorial Library.

Under the "Services" tab, visitors can find links to necessary forms, including requests for certificates and dog licensing information. Users can also access information and applications for permits.

Visitors can also find a link to the "Get Lost in Lud-

low" website, which aims to promote local businesses and town events.

The Town of Ludlow website updates frequently with news, events and important information. Users are encouraged to subscribe via email to receive alerts and updates from the Town.

Community members are also encouraged to follow Ludlow's social media accounts on X, Facebook and LinkedIn.

The website was designed by John Guilfoil Public Relations.

Vendor Craft Fair on Aug. 16

LUDLOW—First Church in Ludlow is excited to be hosting their first Vendor Craft Fair. You will not want to miss this event on Saturday, August 16 from 10 a.m. to 3 p.m. The rain date will be August 17. There will be a wide variety of vendors with very unique products to offer. Browse through the tents and tables to see wood crafts, jewelry, local published authors for both children and adults, mouthwatering treats, natural and organic products, art work, Handmade articles for all ages, paper creations, the Dollar Tent, food trucks and much more.

Added bonuses include a Chinese raffle with some fantastic prizes and a special door prize. The Hummingbird Fabric Shop and First Church Bookshop will be open for your browsing pleasure.

The Fair will be set up behind the church at 859 Center Street, Ludlow, MA. Ample parking, including handicap parking is available across the street with police guidance to the fair spots.

For additional information or questions, leave a message for Betsy at 413-433-1542 and she will get back to you as soon as possible.

Bereavement Support Group begins Sept. 9

LUDLOW—The next 6 week session of St. Elizabeth Parish, Ludlow, Bereavement Support Group will start on Tuesday, Sept. 9 from 6:30 to 7:30 p.m. This support group will meet for 6 consecutive Tuesday evenings at 6:30pm at the Pastoral Center, Zechariah room. For additional information please call Pat at 531-6997.

Crafters wanted for Nov. 8

LUDLOW—Crafters Wanted for the Rosary Sodality's Saint Nicholas Craft Fair and Raffle on Saturday, November 8, at Christ the King Church, 41 Warsaw Avenue, Ludlow, from 9 a.m. to 3 p.m.

The cost is a non-refundable \$40.00 fee for an 8-ft table which will be provided by the church. To reserve a table/s or for more information contact Debbie Martell at 413-547-8739 or Lorraine Bernier at 413-519-7658.

Light refreshments will be available.

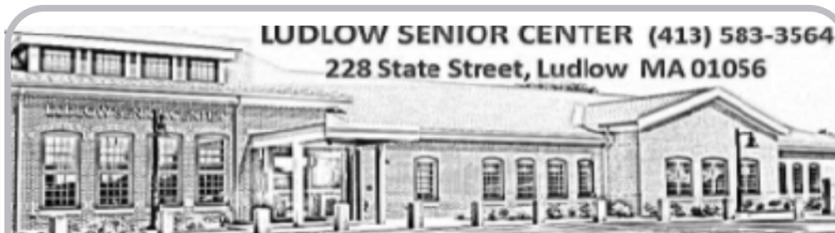
Matt York to perform songs of Willie Nelson at Wilbraham Library

WILBRAHAM—New England singer/songwriter Matt York will be at the Wilbraham Public Library on Monday, Aug. 18 at 6 p.m. to perform songs and tell stories about the great Willie Nelson.

York will focus on Willie's long and illustrious music career that has spanned over seven decades.

Weather permitting, this performance will take place outside of the library and attendees are encouraged to bring a chair. This event is sponsored by the Wilbraham Friends of the Library and is free and open to the public.

Registration is appreciated but not required. Sign up at wilbrahamlibrary.org, or call the library at 413-596-6141.



Welcome to the Ludlow Senior Center

Our calendar is packed with many fitness programs, entertainment, education sessions, and more! Reserve your lunch in the Center's beautiful dining room, complete with coffee, tea, and dessert, by calling a day in advance at 413-583-3564 (call on Friday for lunch on Monday).

For full program and activity descriptions, as well as general information about what a senior center is and does, please visit: Ludlow.ma.us. Seniors can also "like" the Ludlow Senior Center on Facebook. A paper copy of the Senior Scene newsletter is available at the Center.

Activities Calendar:
Please register in advance for items with*

Thursday, August 14
8:45 a.m. Foot Care Appointments*
9 a.m. Tai Chi
9:30 a.m. Dominos
10:15 a.m. Mindful Meditation*
10:30 a.m. Friends of the Center Mtg.
12:45 p.m. Mahjong
2:30 p.m. Active Yoga

Friday, August 15
8:45 a.m. Boomer Bootcamp*
9 a.m. Reiki by Appt.*
10 a.m. United Health Care Info. Table
10 a.m. Boomer Bootcamp*
10 a.m. Blood Pressure Checks
1 p.m. Guidance by Li Grief Support*
1 p.m. Ceramics
1 p.m. Healthy Bones & Balance*

Monday, August 18
9 a.m. Knitting
9:30 a.m. Boomer Bootcamp*
10 a.m. Computer Help Appts.*
10:30 a.m. Root Beer Floats
10:30 a.m. Rep. Saunders Office Hour
1 p.m. Scrabble
1:15 p.m. Pitch
2:30 p.m. Zumba Gold

Tuesday, August 19
9 a.m. Quilting
9 a.m. Line Dancing
10 a.m. Cribbage
10:30 a.m. Gentle Yoga
12:30 p.m. Blood Pressure Checks
1 p.m. Western Dance Class
1 p.m. Brown Bag Pick Up*
1:30 p.m. Bingo

4:30 p.m. Power Pump Exercise Class
4:30 p.m. Taco Tuesday
5 p.m. Movie: The Fire Inside (2024)

Wednesday, August 20
8 a.m. Garden Club
8:45 a.m. Zumba Gold
9 a.m. Ceramics
10:30 a.m. Healthy Bones & Balance*
12 p.m. Lunch & Learn- Brain Health*
1 p.m. Movie: The Fire Inside (2024)
1 p.m. Healthy Bones & Balance*
4:30 p.m. COA Board Meeting

Thursday, August 21
8:45 a.m. Foot Care Appointments*
9 a.m. Tai Chi
9:30 a.m. Dominos
10:15 a.m. Mindful Meditation*
12:45 p.m. Mahjong
2 p.m. Writers' Block
2:30 p.m. Active Yoga

*PLEASE register for Boomer Boot Camp, Healthy Bones & Balance, Foot Care, and other programs as noted by calling 583-3564

Daily Events:
Café: Monday – Friday 8-11 a.m.
Exercise Room: Monday - Friday 8 a.m. – 3:30 p.m. Open until 6:30 p.m. on Tuesday.
Walking Club: Monday – Friday 7 a.m. and 8 a.m., leaving from the parking lot.

Menu:
Thursday, August 14: Sweet & Sour Chicken/White Rice/Asian Veggie
Friday, August 15: Fruit Salad & Cottage Cheese Plate
Monday, August 18: Sloppy Joe/Power Salad
Tuesday, August 19: Southwest Salad w/Chicken
Wednesday, August 20: Lunch & Learn! Stuffed Pepper/Buttered Egg Noodles
Thursday, August 21: Birthday Lunch! Pot Roast/Mashed Pot/Veggies

Reserve a delicious \$2 lunch by calling a day ahead. Call on Friday to reserve lunch on Monday.

For allergy concerns, call the Senior Center to inquire about ingredients at 413-583-3564.

SELECT BOARD from Page 1
provisional chief."

Valadas added, "Outstanding police chief and a great person in civil service would definitely want you to do it

provisional. This is longer than me just taking a vacation. It's the right way to do it."

Alves thanked Brennan for visiting the Select Board and offered the time to speak, to which Brennan congratulated

Valadas on his upcoming retirement. "I've had the pleasure and privilege of serving with you. Your mentorship has meant more to me than you'll know. I appreciate you very much."



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BLOOD DRIVE from Page 1

Robillard about her journey through this sudden loss, her journey of grief, and the purpose of the blood drive, it was apparent how much of Chase's memory lives with her and her family every day. Chase passed away a year ago and Robillard shared that her future completely changed from what they were planning as a family.

"We have two sons, Jack is our oldest who's three and a half and Chase who we're doing the blood drive for. When I was pregnant with Chase, I found out I had placenta accreta which is where my placenta was growing abnormally through my uterus. So when I delivered him, I had to get a blood transfusion and a hysterectomy to control bleeding and that was part of the reason we wanted to do the blood drive. When Chase was sick, he also had to get a blood transfusion so that's the connection with the blood transfusions. Chase was our second and he was just the most perfect baby on Earth. When I had Chase, I remember saying this is the reason why people have ten kids, he is so easy. He loved to sleep and he was always happy, he had this fluffy blond hair on the top of his head and clear blue eyes, beautiful skin with no blemishes. He had this big



One of Lindsay Robillard's favorite photos of Chase Michael Gonçalves who had striking blue eyes.

gummy smile, he was always smiling and this big soft belly I used to kiss and the cutest feet. He just was obsessed with his big brother Jack, he was always looking for each other wherever they were," said Robillard.

From dance parties in the kitchen to experiencing their daily family routine, Robillard described having Chase as a dream come true and said he completed their family, sharing she was so grateful being the mom of her two boys.

"He was growing well and healthy as far as we knew and then we got COVID in July, after COVID he got a runny nose that wasn't going away and we kept bringing him to the pediatrician and was

told everything was okay. And then at the end of Aug. he came down with bacterial meningitis and unfortunately it was very devastating to his body and his brain. We lost Chase within 48 hours. Very unfair to him, he deserved a long life and I always thought he was the most beautiful soul, I imagined him as an older kid. He was always on my chest and so precious and I know his dad felt the same way, so this is almost one year since we lost him. I was thinking of nice things to do for somebody or everybody and I know Chase and I got blood transfusions and so I wanted to give back in that way."

The blood drive will run from Aug. 1 through the 25,

"But anytime someone can donate blood in Chase's memory would be important, especially in the summer there is a shortage in blood from the American Red Cross. They were grateful that I stated I wanted to do the blood drive and so people can go through the link or the QR code and pick a date, time, and location that works for them. It's a virtual event and they count how many people signed up through the link specifically in honor of Chase," said Robillard.

Robillard shared her favorite time with Chase was when they were together in the middle of the night, where the environment was quiet and nobody was around, it was mom and son time. "I remember thinking I loved being woken up by him and I knew he was my last child, but I think we just savored everything more. He would put his hand on my chest and Chase would always search for my hand and wait for it to be held as he nursed. In the mornings, I would put Chase on his piano mat where he would kick his legs and then I would drop Jack off at school and then it was time for me and Chase. I was lucky to have six months off at work so I literally spent six months with him. Every minute we were outside, he loved nature and he was able to go to Rhode Island for the Fourth

of July. Night with Chase was special too, there's something about getting them ready for a bath and snuggled into their pajamas, getting them safely in bed. Jack was the best big brother and just stood there and kissed him, sang to him, and our favorite song was *You are my sunshine*."

When Robillard and Mike Gonçalves lost Chase, she shared they both are still in shock and still in deep grief. For Robillard, grief is not something she shies away from and because she was so connected to him, the only way to go through this is to feel everything and express everything she could.

"Especially since I was a nursing mother and I felt that every cell in my body was searching for every cell in his body, my primary job was to keep this baby alive and my body couldn't understand where my baby was. Initially there was so much shock, your baby is not in their bed and I had a ton of support that I'm so grateful for. Both of our families have been so wonderful, my sister and my mom have been the most wonderful support to me and to us. We've been trying to love each other as much as we can. I am part of two grief groups, one is Empty Arms Bereavement Support which originated in Western Mass that supports early miscarriages,

termination for medical reasons, still birth, neonatal, and now infant and toddler loss; the whole gamete of loss in pregnancy and early childhood. They've been lifesaving."

Grief is now part of Robillard's daily routine, where she shared the struggles of coming out of the hospital after losing a child and not being shown the resources for grieving parents, mothers, fathers, and families. "You thought you would have your whole life with your child and then it's gone, but I would say people have been amazingly supportive."

The link for Chase's blood drive is: <https://rcblood.org/4i-2jK1e> and the QR code is available with this article. For more information on Empty Arms Bereavement Support, visit emptyarmsbereavement.org



The QR code that would be presented at the donation site to contribute to Chase Michael Gonçalves blood drive.

JOHNSON from Page 1

ing the vans, hanging out with the seniors, and fixing their cars when needed. When Bill passed away three and a half years ago, Debbie returned to her work and said it was like a big hug after a sudden loss.

"Everyone was all there for me, they knew what I had gone through and everything, so that's why I lasted all this time here. They've seen me go through a lot and they've always been there for me, the

staff and the seniors," commented Johnson.

When asked what she did before becoming the outreach coordinator, Johnson shared she worked as a home health aide and then went on to work as a preschool teacher at Head Start mentioned earlier. Further adding that she worked as an aide for many years and then took a side step into teaching, but eventually stepped right back into a job that felt right for her.

The outreach coordinator

job to Johnson was defined by her as keeping seniors in their house as long as they can comfortably and safely, stating that's what she wanted to do in this position and if seniors didn't have anyone local, she would try to help them attend the center for socialization and ensure they have the resources available for them.

In the senior center newsletter, Johnson was described as having a wealth of information, compassion and empathy, believing that everyone

should be treated with dignity, respect and independence. Johnson filled out thousands of applications, saw thousands of older adults, and answered a lot of calls and questions.

Johnson ended by saying this "It's time to take the next step in my life and start living for me, do the traveling I want to do and just sit back and enjoy the second half of my life."

For more information on the senior center, visit the website.



Turley photo by Amanda Munson

Bill Johnson's outdoor garden which states, "Who understood that the outdoors feeds the spirit." where Debbie shared that he loved the outdoors.

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OPINION

LETTER TO THE EDITOR

Take a look at our town

To the editor,

The Ludlow Planning Board, has successfully completed the East Street Revitalization renovations. It is a pleasure to drive down East Street to see new businesses and well maintained properties. The work required the labor of many people, and it is appreciated by all those who call Ludlow, home.

I ask that the current planning board members, local and state politicians, along with members of our community to consider a plan for the revitalization of the Center Street corridor, especially from the Ludlow Bridge up to the intersection of Center and Chapin Street. I invite you to count the number of buildings with empty businesses, boarded up buildings, poorly or unmain-

tained property, and trash on both sides of the road.

Haviland Pond, once a town beach, looks like an abandoned property. There are grass and weeds where sand once was. The fence has been damaged and unrepaired for over two years. The lifeguard chairs sit empty and rotting under the roof of the building on the property. The property across the street from Haviland Pond's boat ramp is vacant, poorly maintained and often has an empty vehicle advertising a business.

Ludlow is a proud town and should not now or ever allow its natural beauty to be taken for granted.

Betsy M. Marino
Ludlow

GUEST COLUMN



By Russell Gloor

Can my wife get her full spousal benefit at 62 or must she wait?

Dear Rusty:

I'm 64 and my wife is 62.

If my wife starts her own benefit now, she will get about \$700 on her own at 62. I will retire next year and claim Social Security when I am 65. SSA says my wife can draw \$1,100 under spousal benefits, so if she claims now will they give her spousal benefits of \$1,100 or does she need to wait until I claim at age 65 to get the \$1,100?

Signed: Trying to Understand

Dear Trying:

If your wife is now 62, then her Full Retirement Age for Social Security purposes is age 67 and if she claims any SS benefit before reaching her FRA, the amount will be reduced for early claiming. If your wife were to claim now (before you), she would get only her own SS retirement amount (the \$700 amount), and that would be a reduction of about 30% from what she would get if she waited until her FRA to claim.

Your wife cannot get a "spousal boost" (an additional amount as your spouse) until you claim your SS retirement benefit (at age 65?). And her benefit as your spouse at that time will also be reduced because she will not have yet reached her FRA. If your wife is already collecting her own SS retirement benefit when you later claim, she will be given her "spousal boost" to make her benefit equal what she is entitled to as your spouse. But her total monthly benefit as your spouse will also be reduced because it will be awarded before her FRA. The only way your wife can get her full spousal benefit from you is to wait until she is 67 to claim Social Security. If she claims any earlier, her monthly amount will be permanently reduced.

FYI, if you plan to claim at age 65, you should also be aware that your full retirement age (FRA) is also age 67 and claiming at age 65 will mean that you will get about 87% of the amount you would get if you waited until age 67 to claim. Again, these reductions are permanent, except

for normal Cost of Living Adjustments awarded annually thereafter.

Having said all of that, deciding when each of you should claim your Social Security benefit is a matter of financial need, while also considering your life expectancy. If your life expectancy is short and/or you need the money, then claiming early is likely the right decision. But if your life expectancy is longer and you don't urgently need the money, then you might both consider waiting longer to claim a higher monthly amount and get more in cumulative lifetime benefits.

Finally, please remember that whenever SS is claimed before full retirement age, Social Security has an annual earnings test which limits how much can be earned by working while collecting early SS benefits. The earnings limit for 2025 is \$23,400 and, if that is exceeded, SS will take back \$1 in benefits for every \$2 over the limit (they take back by withholding future SS payments). FYI, the earnings limit for those who claim SS early changes (increases a bit) yearly and goes away entirely once full retirement age is reached. So, if either or both of you are working, you should evaluate whether claiming your Social Security benefit early (before your respective FRA) is a prudent choice.

The Association Mature Citizens Foundation and its staff are not affiliated with or endorsed by the Social Security Administration or any other governmental entity. This article is intended for information purposes and does not represent legal or financial guidance. It presents the opinions and interpretations of the Association Mature Citizens Foundation's staff, trained and accredited by the National Social Security Association. To submit a question, visit amacfoundation.org/programs/social-security-advisory or email us at ssadviser@amacfoundation.org. Russell Gloor is a Social Security advisor for AMAC.



GUEST COLUMN



By Ellenor Downer

Cedar waxwing



My daughter, Paula and family enjoy watching a large flock of cedar waxwings by the bridge near Hardwick Pizza in Gilbertville. They also watch "tons" of bats leave the chimney of the old senior center each night at dusk. Some nights there must be about 50 of them. They fly out and then make big circles around the building while screeching. They do a great job of controlling the mosquitoes population.

The cedar waxwing is one of the few North American birds that specialize in eating fruit.

It can survive on fruit alone for several months. It is a silky smooth songbird with a black mask, tan head and breast, yellow belly and grayish brown under parts. The tail has a yellow band at the tip and some wing feathers

have waxy red tips, hence the name waxwing.

Adults perch on high, exposed perches where they are easily seen and heard. They also have a prominent crest. During courtship males and females pass a small fruit or other item back and forth. The cedar waxwing is medium sized and sleek. Their crest often lies flat and droops over the back of the head. Waxwings are social birds and often seen in flocks year round. They sit in fruiting trees swallowing berries whole or pluck them I mid-air with a brief fluttering hover. They also course over water for insects, "flying like slightly, clumsy swallows."

It takes the female about five to six days to build a nest. They occasionally take nesting materials from other birds nests.

Helping birds

A reader from South Hadley suggested I include a section about ways to help birds. She even provided several tips for future columns. In hot weather and during dry periods, it is important for birds to have a clean, cool source of water. Even something as simple as putting out a bird bath and water dishes and keeping the water clean

and cool during the summer heat will help birds.

Many people don't realize that birds get dehydrated and the bird baths help them keep cool but equally important, maintain the health of their feathers. A bird bath doesn't have to be fancy, even an old ceramic serving dish would work as long as the water isn't too deep. One reader, who sends emails quite frequently has a more elaborate system with a dripping water.

South Hadley birds

A South Hadley resident emailed she hears an owl in her neighborhood, but has never seen it. She reported seeing red tailed hawks and turkey vultures. When she sees road kill, she moves it to a safe spot away from traffic so that vultures don't get hit by cars.

Great blue heron at MacDonalds

Saturday night my daughter, Paula, took the girls to the McDonald's in Ware just as it was getting dark. A great blue heron flew into the parking lot from the river across the street and tried to unsuccessfully land on top of a lamp post. When it couldn't, it flew just a few feet over their heads into the swamp in the back of the parking lot.

People may report a bird sighting or bird related experience by calling me at 413-967-3505, leaving a message at extension 100, emailing mybackyard88@aol.com or edowner@turley.com or mailing to Barre Gazette, P.O. Box 448, Barre, MA 01005.

GUEST COLUMN

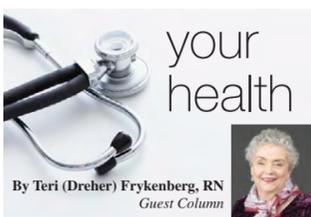
Mild or severe, headaches are just that

It's safe to say that pretty much everyone has experienced a headache at one time or another. A study in Denmark showed a lifetime prevalence in men of 93%, and for women it was 99%.

After all, your head has a lot going on: thinking, breathing, hearing, seeing. And it balances on top of the spinal column, which allows us to walk upright, but may create issues with the seven vertebrae that support it.

For most people, headaches are a minor annoyance, which can be addressed with a bit of over-the-counter pain reliever and maybe a nap. For some people, however, they are debilitating. It's these headaches that are the focus of National Migraine and Headache Awareness Month, which is observed each June.

According to Harvard Medical School, there are some 300 kinds of headaches, and causes are known for only about 10% of them. If you work too hard in the yard on a hot day, you may get a heat-related headache. If you're stressed at work, you may get a tension head-



By Teri (Dreher) Frykenberg, RN
Guest Column

ache. If your sinuses are infected, you'll likely get a sinus headawche. Hormonal fluctuation during menstruation can bring on headache. And let's not forget hangover headaches.

Children are affected by headache just like adults. Their symptoms may not be as severe or last as long, but it's still good to listen to them when they say, "Mommy, my head hurts."

When does a headache become debilitating, and when should you seek medical advice and treatment?

Migraine

These painful headaches derive their name from the Latin term hemicrania, meaning "half-head" because most migraines are felt on one side of the head. Somewhere between 10% and 15% of the adult population experiences migraine, and

they also afflict about 1% of adolescents.

People who have never had a migraine can't really appreciate the intensity of pain. It can make sufferers sensitive to light and cause nausea and vomiting. It can last for hours or days, and the pain may interfere with daily activities.

The reasons for migraine remain something of a mystery. It appears to be some combination of genetic predisposition and environmental factors aggravated by alcohol, hormones, stress, medications and even changes in the weather. You're seeing a lot of commercials for medications that prevent or treat migraines because it's a competitive market with a lot of potential customers: some 40 to 50 million in the U.S. alone.

If you experience a headache that seems to be a migraine, especially if it lasts longer than 72 hours, you should tell your health-care provider. It's helpful to keep a journal of the progression

Please see **YOUR HEALTH**,
Page 11

The REGISTER

LETTERS TO THE EDITOR

Letters to the editor should be 250 words or less in length. No unsigned or anonymous opinions will be published. We require letter writers to include his or her town of residence and home telephone number. We must authenticate authorship prior to publication.

We reserve the right to edit or withhold any submissions deemed to be libelous or contain unsubstantiated allegations, personal attacks, defamation of character and offensive language.

All unknown or alleged facts and quotations offered by the author need to cite credible, unbiased sources.

Send letters to: The Register, 24 Water Street, Palmer, MA 01069 or email theregister@turley.com. The deadline for submissions is Friday at noon.

SUBMISSIONS POLICY

Readers, local merchants, institutions, municipalities, non-profit groups, and civic organizations are strongly encouraged to send The Register your hometown news and photos. News items and press releases should be sent via email to mharrison@turley.com as an attachment AND pasted directly into the email message screen.

Please send photo captions identifying all subjects in your image(s) from left to right. We need first and last name, hometown, title if applicable, and a brief description of what subjects are doing in the photo. Email uncorrected, raw, RGB color digital photos at highest resolution directly off your camera to mharrison@turley.com.

Publicity chairpersons are encouraged to send in news about upcoming fundraising or other calendar events at least three weeks before the event.

If you are having difficulty with a press release or need help, please call (413) 283-8393.

To send submissions by regular post, mail to: The Register, 24 Water Street, Palmer, MA 01069.

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ELECTION LETTERS POLICY

The Register welcomes readers to participate in this year's election campaigns by writing letters to the editor for publication on these pages. Letters of up to 250 words from local residents endorsing candidates on the ballot or discussing campaign issues should be sent to The Register, care of Turley Publications, 24 Water St., Palmer, MA 01069, faxed to 413-289-1977 or emailed to theregister@turley.com. Please include a daytime telephone number for verification purposes (it will not be printed). Letters must be received by noon Monday to be considered for that Thursday's newspaper. No attack letters will be printed. No letters written by candidates supporting their own candidacy will be printed. If the volume of letters received is larger than the space available in the newspaper, or if the letters become repetitive, the newspaper reserves the right to print a representative sample. No endorsement letters will be printed in the last edition before the election.

For more information, call the editor at 413-283-8393.

Campaign news

As part of its election coverage, the newspaper plans to print stories about contested races for Congress, state Senate, state House, district attorney and Governor's Council during the weeks leading up to the election, as well as a question-and-answer voters guide. In order to ensure fairness to all candidates, no political press releases will be printed, nor will reporters cover political rallies or fundraisers.

Candidates who wish to further publicize their candidacy, beliefs and events may contact advertising, 413-283-8393 about paid advertising in The Register.

What's Happening

at Hubbard Memorial Library

To register for programs or find out more information, visit ludlow.cwmars.org, or call (413) 583-3408. Weather-related announcements for outdoor events will be made on the library's Facebook page the morning of the program.

Library Hours: M, W, F 9-5, TU, TH, 9-8, S 9-1. Closed Sundays and holidays.

FOR ALL AGES

Social Services Drop-In, Wednesday July 2, 11:00 a.m. Come meet with our Social Worker for assistance with getting connected to food pantries and applying for food stamps, health insurance questions, referrals to treatment and support groups, supporting those with mental health concerns, free fentanyl test strips and condoms AND MORE! This program is made possible through the Mill Town Public Health Coalition.

Friends of the Hubbard Memorial Library, third Thursday of the month, 6:00 p.m. Get involved! Join the Friends of the Library for their monthly meeting and learn how you can help support the library.

FOR ADULTS

Tuesday Movie Club - A Beautiful Day in the Neighborhood, Tuesday, August 19, 12:30 p.m. It's a heartfelt drama inspired by the real-life friendship between journalist Tom Junod and beloved TV icon Fred Rogers. Starring Tom Hanks and Matthew Rhys. Please register.

Bob Dylan and the Band, Thursday, August 21, 6:00 p.m. Music historian, percussionist, and Washington DC radio host Craig Harris will discuss his new book with rare recordings, a video montage, and intriguing stories to trace this still influential quintet! Please register.

Jim the Spoon Man, Thursday, August 28, 6:00 p.m. The Spoon Man is a published author and comedian (as seen on America's Got Talent) who offers a hilarious interactive program for all ages. With a totally clean act (no dirty silverware here!), the Spoon Man will leave a lasting impression after playing on YOU! Join us on the library lawn!

A Love Story Book Club Meeting (new!), first Tuesday of the month, 6:30 p.m. Join us for

the 3rd meeting of our new book club! Every book chosen will represent themes of love & romance. Come pick up your copy of Water for Elephants by Sara Gruen at the circulation desk.

Mass Center for the Book Monthly Reading Challenge Each month, you'll be challenged to read a book based on a chosen theme. Those who participate will be entered to win a free book! For more information and to sign up, please visit mass-book.org/readingchallenge.

Chair Volleyball for Seniors, every Thursday, 1:30 p.m. Have some fun and join us for chair volleyball! No running or jumping required. Please sign up on our website or by calling the circulation desk at 413-583-3408. Walk-ins are welcome.

Who picked this book? Book Club Meeting, first Thursday of the month, 3:30 p.m. Join us for this month's Who picked this book? Book Club meeting! You can pick up a copy of the book at the circulation desk.

Happy Hour Book Club Meeting, last Thursday of the month, 6:30 p.m. Join us for this month's Happy Hour Book Club meeting! You can pick up a copy of the book at the circulation desk.

FOR TEENS

Anime Club, every other Thursday, August 21 and September 4, 3:30 to 5:00 p.m. For middle and high schoolers. Watch and talk about Anime, eat snacks, try out your cosplay, and learn about Anime. Registration recommended.

Read Between the Lines High School Book Discussion Group, August 29, 3:00 to 4:00 p.m. For ages 14 -18. Fun, relaxed book discussion for high schoolers. This month the club is reading Kill Creatures by Rory Power; copies are available in the Youth Room. Please register.

FOR CHILDREN AND TEENS

Book Cover Collaging, Friday August 15, 1:00 to 5:00 p.m. All ages. Up-cycle picture book dust jackets and scrapbooking paper into amazing art. Drop-in.

Please see **HUBBARD** Page 10



The Elks honored all veterans at the cruise night and offered patches, hats, and pins from a variety of different branches of service.

VETERANS from Page 1

and Vietnam-era veterans, even if you didn't go to Vietnam but if you were in the military between those dates, you're welcome to join."

When asked what his favorite part of the cruise nights is, Morin shared the aspect of his car that the kids today are amazed by. "Showing off the rumble seat is my favorite part." Miss Massachusetts Senior America Laura Hicks joined for the Veterans Night and expressed her interest in continuing to support our veterans.

"I am here to support veterans because I don't want to forget and I don't want other people to forget. My uncle was Felix Pikul, part of the Pikul family of six brothers who went to war from World War II all the way up to the Korean War. All of them came back. My dear uncle just passed away recently, he

was the last one, and I don't want to forget. I always want to remember what he did for our family, for our country and I want to continue that for the other veterans who are here too."

Hicks continued, "I don't think the average American realizes how much the current military and retired military have supported our country, protected our country, provided safety for our country and we should always remember their lives. They are taking part of their lives to help to defend and protect us. For the cruise nights, when I see cars from when I was a kid, it warps me back remembering the time I was riding in that kind of vehicle. It's a walk down memory lane and speaking to the people who have such a passion for their vehicles, it's wonderful to have them express to me what they love."

The Elks Cruise Nights occur every Tuesday starting at 5 p.m.



Paul Chrzan with Miss Massachusetts Senior America Laura Hicks behind the veterans table.



Parking Crew Bob and Terry were happy to see people attending for the veterans special cruise night.

AUTHOR from Page 1

being a mom, and having a never-ending imagination as a kid led her to publish a book in one of her favorite bookstores. Growing up her whole life in Holyoke and living in her childhood home, Martinez commented that she has always loved Western Mass and doesn't see herself living anywhere else.

"I grew up with my parents who were educators and books have always been a very big part of our lives. You could come into our house and you'll see books in pretty much every room in the house. They were always kind of a magical thing to me, it was always something important because it's what I grew up with. As I was going through school, I loved these books but I couldn't access them the way my brother and my parents were. That was because later on, we learned that I had dyslexia (language-based learning disability) so I could read the words, but sometimes they might get jumbled or something went missing and I couldn't fully understand what I was reading. I ended up masking it for a little bit but once we knew, I became even more determined to read, now I know why I was having trouble and it was a

challenge for me."

Martinez continued sharing how grateful she is to her parents who pushed her even harder because they knew she could do more.

"That's when I kind of started my journey on not just being able to read, but then loving them even more and then one day, standing in line at the Odyssey Bookshop and thinking one day I want to see my name on that shelf. I also started my journey of becoming a teacher because the teachers in my life helped me so much in achieving these dreams. For a long time I focused on education,



Author and Teacher Lisette Martinez

I continued to go to school and got two masters, and I started teaching in Holyoke at the Holyoke Community Charter School."

Throughout this time of earning her masters, Martinez continued to write the novel and kept writing, until she finished and took a leap in the spur of the moment and sent it to a publisher. "If I kept thinking about the book, it probably would've just stayed on my laptop. I was always a dreamer as a kid and for this novel, I was imagining my favorite wrestler and wondered what if

she was going through something really difficult? How can I explore these feelings but in this big fantastical way that makes it help people understand the love of magic, but also make Roux feel realistic at the same time. His feelings might be in this big grand world, but these are feelings that we're all having. I found fantasies are a great way to explore that."

Born of Fire: The Phoenix Knight by Lisette Martinez is available on Amazon and Barnes & Noble. The Odyssey Bookshop located in South Hadley is carrying the book as well, "The little girl inside is so happy because now I see my name," said Martinez.

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The worst imaginable thing for any parent would be having to endure the loss of their child.

Mike Jan Kuzdzal was a stand-up guy by all accounts. If he hadn't been, his family would not have created a Foundation in his name nor would there be so many supporters for its cause. As his mother says on their Facebook page, "After his untimely passing we decided to start a non-profit Foundation so his 'giving spirit' could live on." The Foundation is just two years old but growing with the dedication of family and friends.

Joseph Hutchison III and Mike, though cousins were like brothers. Both grew up as only children with their divorced mom's. After Mike passed unexpectedly in March of 2023 at the age of 42, leaving a wife and three young daughters, Joe wanted to do something as a tribute in his honor. Mike had reached the level of General Manager at Bertera Metro and was always ready with a helping hand for others. Because of

this quality, the MJK Foundation was formed, committed to helping young people.

The MJK Foundation's mission is to empower mentors with the knowledge, tools, and support necessary to effectively guide and nurture the mental health and wellness of adolescents.

Joe, who has been married to Lisa for thirteen years and together have two beautiful daughters, has dealt with his own hardships in life. With a lot of personal effort and good guidance, he's overcome much of these things. He was a Correctional Officer for thirteen years at the Hampden County Sheriff's Department and for the past eight years has worked at the Juvenile Detention Center working with youths aged twelve to twenty-one. He explained how much of a need there is helping kids turn their young lives around to go down the right pathway.

The goal of the Foundation is to first recognize, then train and certify anyone who deals with children such as youth coaches, teachers, af-



By Barb Turcotte

ter school programs, etc. The free workshops would entail a four-hour training that would then qualify the attendee a certificate stating they were a Certified Mental Health Instructor. The Foundation will pay the thirty-five-dollar fee for the applicants to become certified.

Joe is the President of this family Foundation and puts much of his time into its growth by planning various events. They just had a golf tournament with amazing success and two more events are planned in the near future. The first one will be at O'Brien's Corner on Saturday, September 13th from 5pm to 8pm called "Pints of

the Past". The other event will be held at Nathan Bill's on October 4th, the "MJK Foundation Garvey Law Music Fest" with three incredible musical attractions. Both establishments are located in Springfield.

Joe spent several years part-time bartending while in college and after at various places. But along with many of his cousins as well as an uncle, O'Brien's was where they did their stunts for years, it felt like Springfield's own 'Cheers'. It's going to be a different kind of 'Celebrity Bartending' event as you'll be served by many of the 'old-time bartenders' from the original O'Brien's Cor-

ner. Myself as a former bartender of O'Brien's Corner, am honored that I've been asked to help with "Pints from the Past." In fact, I'll be the 'OLD' bartender so make sure to say hi! All tips are being donated to the Foundation and of course all donations will be graciously accepted! If you can't attend the event but would like to contribute, please contact Joe on how to support this cause.

What a fun way to welcome the fall. We're going to have live music, food will be available to purchase and naturally what would a fundraiser be without a whole lotta raffles. We'll also have a TV with a continual loop of all kinds of pictures from the past that have been shared. You can enjoy a special tasty shot or delicious cocktail with the ingredients of course having the initials, MJK.

Such a tragedy and loss of this incredible young man, yet his family has turned his passing into something that will be doing Random Acts of Kindness for young people and their families for a

long time. The Foundation members may never know the amount of young people they have helped, but you can bet they are doing just that with their endeavors.

For more information on these events, how to get involved or to learn more about the mission of the MJK Foundation, you can contact Joe Hutchison, President, directly at 413-478-4592 or mjkmem-foundation@gmail.com. You can also follow them on Instagram or Facebook.

Hope to see you at O'Brien's Corner for this entertaining night while supporting a great cause! Don't forget to say hi!

If you'd like to share a Random Act of Kindness story or if this one has touched you, please contact me at bdt514@aol.com or 413-575-9385. Who knows, you might see your story, 'Just 'Cause' you witnessed, you did or maybe received something nice being done for you.

See you soon with another Random Act of Kindness! ~ Barb

Senator Oliveira announces historic Chapter 90 Funding increases for Western Massachusetts, prioritizing regional equity

BOSTON—Senator Jake Oliveira announced today that communities across his district will see unprecedented increases in state transportation funding with the passage of this year's Chapter 90 bond bill.

The legislation, approved by both the Senate and House, represents an important step forward in prioritizing not only municipal infrastructure across the State, but especially in rural regions, by ensuring that Western Massachusetts receives its fair share of infrastructure investment.

This year's bill authorizes \$300 million for the Chapter 90 Program, a 50 percent increase over past funding levels, which provides direct state aid for cities and towns to maintain and improve local roads and bridges. In addition, for the first time, \$100 million of the total will be distributed using a formula that more accurately reflects the road mileage maintained by rural communities, addressing inequities in the funding process.

Communities in Senator Oliveira's district will receive

the following allocations for FY26:

- Belchertown – \$1,373,752.85
- Chicopee – \$2,470,648.27
- East Longmeadow – \$1,147,885.68
- Granby – \$595,589.12
- Hampden – \$550,461.64
- Longmeadow – \$1,025,164.97
- Ludlow – \$1,394,952.36
- Palmer – \$957,407.76
- South Hadley – \$986,521.67
- Springfield – \$6,337,499.15
- Warren – \$632,644.52

Wilbraham – \$1,144,776.84
 "These are not just numbers in a budget. They represent safer school bus routes, rebuilt bridges, and smoother roads for our communities," said Senator Oliveira.

In addition to the Chapter 90 funding, the bill includes \$885 million in additional statewide infrastructure investments:

- \$200 million for culvert and small bridge replacement and modernization.
- \$500 million for MassDOT's lifecycle asset manage-

ment program to enable proactive repairs and maintenance.

\$185 million for congestion reduction and street safety improvements, benefiting communities of all sizes.

Senator Oliveira went on to reiterate how this year's bill represents a stronger commitment to equity in state infrastructure investment. "This approach recognizes that each community faces its own unique challenges, and meeting those needs requires targeted solutions," said Oliveira.

"I'm proud to have ad-

vocated for a funding formula that ensures places like Belchertown, Granby, Ludlow, Wilbraham, Longmeadow, and all twelve communities I represent get the resources they need to thrive. This year's Chapter 90 bill shows that when we say we're building a stronger Massachusetts, we truly mean all of Massachusetts, including Western Mass."

Having passed through both chambers of the Legislature, the legislation now heads to the Governor's desk for signature.

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4. Each completed delivery using the promo code **BIGE** between now and Sept. 9, 2025, will automatically earn you one (1) entry into the sweepstakes. Limit one entry via this method per person, per day.

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BlazeXpress "Big E Blaze to Win" Sweepstakes, PO Box 6403, Holyoke, MA 01041. Mail-in entries must be postmarked by Sept. 9, 2025, and received by September 10th, 2025. Limit one mail-in entry per person.

TEDDY BEAR PICNIC

from Page 1

minder that life sometimes can get too crazy, spending time with your loved ones at the library at a teddy bear picnic is the necessary reset that you may have needed.

Mark your calendars for Aug. 21 at 6 p.m. for Bob Dylan and The Band, which will feature a presentation of music and history with Author Craig Harris who wrote Last Waltz, with exclusive Bob Dylan recordings. On Aug. 28, The Spoon Man as seen on America's got Talent will be performing on the library lawn for a "spoonful" of fun. Visit the library website for more information.

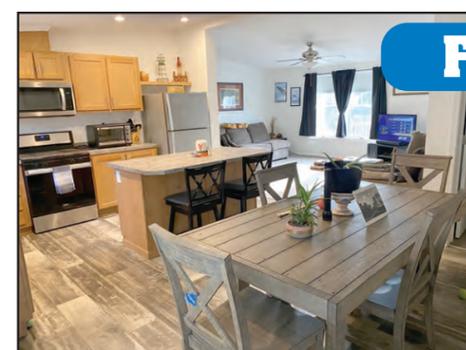


July Siebecker picked out several teddy bear themed stories that were special for the teddy bear picnic.



Turley photos by Amanda Munson

Onlookers were equipped with their own lunches, chairs, and blankets while happily listening to July Siebecker.



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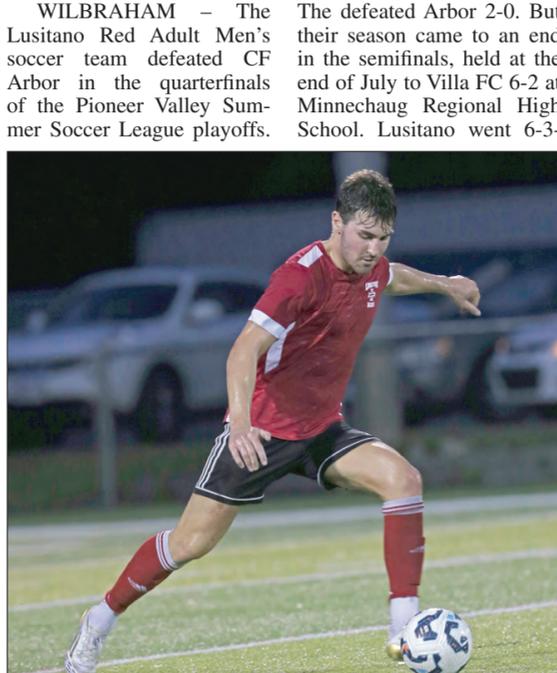
Lusitano Red's season ends in semifinals



Gianluca Cerosimo goes for the save.



Luke Afonso chases after the ball.



Joe Albano looks to clear the ball away.



Turley photos by David Henry www.sweetdogphotos.com
Ian Belles heads up the field.



Andrew Hibbert sends a pass away.

WILBRAHAM – The Lusitano Red Adult Men's soccer team defeated CF Arbor in the quarterfinals of the Pioneer Valley Summer Soccer League playoffs.

The defeated Arbor 2-0. But their season came to an end in the semifinals, held at the end of July to Villa FC 6-2 at Minnechaug Regional High School. Lusitano went 6-3-

1 on the season and tied for fifth place. They received the No. 7 seed through the tie-breaker process.



Submitted photo

The JLS U14 Champion Ludlow Millers. Pictured are: Head coach Brian Steigmeyer and assistant coaches David Ribeiro, Jody Toomey, Jeremy Hartbarger, and Tony Stevenson, along with players Cayden Burns, Nick Del Negro, Joey Toomey, Kellan Steigmeyer, Parker Stevenson, Mason Bartolucci, Rhett Ribeiro, Jake Tatro, Mason Shute, Jovani Acevedo, Mason Hartbarger, Jacoby Voyik, Xzevio Rivera, Blake Stevenson, and bat boy Caden Hartbarger.

Millers take second straight JLS title

LUDLOW – Ludlow Baseball's U14 JLS Team defeated the Western MA Invaders to win their second championship this past Saturday, July 12, at School Street Park in Agawam. The Ludlow Millers held the previously undefeated Western MA Invaders to three runs scored in the third inning, with the final score being 10-3 after seven innings.

During the regular season, the Ludlow Millers had a record of 8-4-1 which placed them at the third seed during the playoffs. Their journey to the championship

game began on Monday, July 7, where they defeated NextLvl Beast 8-6 to move on to the semi-finals game. The Ludlow Millers then went on to beat the second seed, West Side Wildcats, 9-7, punching their ticket to the U14 JLS championship game.

The Ludlow Millers coaching staff consists of head coach Brian Steigmeyer and assistant coaches David Ribeiro, Jody Toomey, Tony Stevenson, and Jeremy Hartbarger.

"The future of Ludlow Baseball is bright with the success of our U14 JLS team over the past two years, and

the strength of our younger teams," said Ribeiro.

The Ludlow Baseball Association would like to thank all of the parents, families, friends, and fans who rallied behind our athletes during the 2025 season. The association would also like to thank everyone who supported the players, especially the coaches, volunteers, and parents who made this season possible.

To learn more about Ludlow Baseball and how to get involved, visit ludlow-baseball.org or follow us on Facebook at Ludlow Baseball Association.

Lions great season comes to end

WILBRAHAM – In the opening round of the Spec Pond Summer Basketball League playoffs, Ludlow 7-8 boys was defeated by the Palme Blue Devils 29-27. Palmer was only one of two teams to beat Ludlow this season. The Lions went 8-2 in the regular season.



Jett Whitney tries shoot over an opponent.



Zach Jedrzyk takes the long jump shot.



Turley photos by David Henry www.sweetdogphotos.com
Nick Del Negro goes for the layup.



Peter Szweczyk takes a shot.



Mason Shute drives toward the hoop.

HoopHall announces enshrinement presenters

SPRINGFIELD – The Naismith Basketball Hall of Fame has announced the list of Hall of Famers who will present the Class of 2025 at the Enshrinement Ceremony on Saturday, Sept. 6, at Symphony Hall in Springfield, Massachusetts, the "Birthplace of Basketball." Over 50 Hall of Famers are expected to be in attendance for the ceremony.

Each member of the Class of 2025 was asked to select previously inducted Hall of Famers to serve as their presenter. The decision is made solely by the incoming Hall of Famers or, in the case of posthumous honor-

ees, by their family.

The 2008 USA Men's National Team will be presented by members of the team who have been previously inducted into the Hall of Fame.

The 2025 Hall of Fame Inductees and Presenters:

Carmelo Anthony - Allen Iverson (Class of 2016), Dwyane Wade ('23)

Micky Arison - Alonzo Mourning ('14), Pat Riley ('08), Dwyane Wade ('23)

Sue Bird - Geno Auriemma ('06), Swin Cash ('22)

Danny Crawford - Tim Hardaway ('22), Isiah Thomas ('00)

Billy Donovan - Maurice

Cheeks ('18), Rick Pitino ('13)

Sylvia Fowles - Katie Smith ('18), Lindsay Whalen ('22)

Dwight Howard - Patrick Ewing ('08), Robert Parish ('03), Dennis Rodman ('11), Dominique Wilkins ('06)

Maya Moore - Seimone Augustus ('24), Geno Auriemma ('06), Swin Cash ('22), Tamika Catchings ('20), Lindsay Whalen ('22)

2008 USA Men's National Team - Jim Boeheim ('05), Chris Bosh ('21), Jerry Colangelo ('04), Jason Kidd ('18), Mike Krzyzewski ('01), Dwyane Wade ('23)

Kendall wins Mini 40, Leary tops Mods, Saturday at Monadnock

WINCHESTER, N.H. – Defending track 604 Modified champion Tyler Leary wired the night's main event Saturday, blasting to his second win of the summer on the high banks of Monadnock Speedway.

On the same card, Julia Kendall, she of the famed Bernardston, Mass. Raymond racing family, roared to victory in a special 40-lap Mini Stock feature. Points leader Dylan Zullo won a thriller in the Super Streets, four-holer ace Gordon Farnum stormed to victory in the Pure Stocks, and 15-year-old Hunter Duquette won his fifth Young Guns event of the summer.

The New England Dwarf Car Series was in town, and Andrew Harmon had a huge night, dominating both ends of a 25-lap twinbill to earn two victory laps around the high banks, but also picking up a cool \$250 SERVRO bonus for sweeping the feature event pair.

Leary and Joey Jarvis sat up front as the Allstates Materials Group 604 Modifieds went into battle. Leary, whose earlier victory was scored on July 5, would never look back.

Veteran ace Todd Patnode, of Swanzey, who'd won a week earlier, blasted into second on lap nine and would then run the rest of the race in Leary's shadow, settling for his second strong outing in as many weeks as he tries to claw his way to the top of the 2025 leaderboard.

The best battle in this one was for third. Back from a pit side engine change a week earlier, Trevor Bleau was up to third early but soon had divisional points leader draped all over him. Robie, though, frantically trying high and low, could never find a path to the three spot, as Bleau joined Leary and Patnode in

trophy row. It is said that a full moon over a race track spells pure chaos. If that's true, what do you get with a half moon on a clear August night? On this one, you got three ultra-focused Twin State Truck Services Super Streets frantically dicing through a wall of noncooperative lapped cars, with a large crowd at the edge of its seats from green to checkers.

JD Stockwell got to the front first, with his buddy Zach Zilinski riding in his shadow. Top points man Dylan Zullo was quickly up to second and closing fast, and the sea of lappers was getting closer and closer.

Zilinski took the top spot in heavy traffic on lap eight, bringing Zullo with him. On lap 16, it was Zullo to the point, Stockwell following forward and looking for a path to the lead, but the final 14 laps would belong to Zullo, as the potent trio made its way to victory lane. Zullo hit the stripe four lengths quicker than Stockwell, with Zilinski in tow too, Wesley Stedt fourth. Hilary Renaud rounded the top five.

Hot shoe Louie Maher led early in the Fabian Fuels Mini Stock 40-lap main event, pulling away easily. Julia Kendall, blasting from row four, was up to second on lap six but still way behind Maher.

A lap-19 caution, though, brought both Kendall and high-flying John Fultz to Maher's bumper, with the trio then racing under a blanket until Fultz took the top spot on lap 28. Kendall wasn't done though, rocketing into the lead on lap 32 and then soaring off to win by a comfortable eight lengths. Tim Paquette impressed with a season-best third, just ahead of Cameron Sontag and

Mahe. Kyle Begos led early in the Brattleboro Towing and Recovery Pure Stock feature. Four-holer superstar Gordon Farnum - he of the double-digit-victory Mini Stock champ seasons - was on a mission though. Dirt tracking most of the way a week ago, Farnum had the Patnode ride dialed in perfectly Saturday. Taking charge on lap 13, Farnum sailed off to his first win of the season, five lengths ahead of Dominick Stafford, who rocketed from scratch on the starting grid after struggling woefully in his earlier heat race. Pure Stock points leader Kyle Kenny, victorious the night before at Claremont, finished at Stafford's bumper in third. In a post race inspection, fifth place finisher, Jimmy Zellman was penalized for a camber rule infraction.

Doug's Auto Body Young Gun top gun Hunter Duquette took the lead from Ella Grabowski on lap three of the youth division feature and dashed off to his fifth win of the summer. Maya Bell was strong in second, and Grabowski came home third. Andrew Harmon twice took the lead on lap three in the two New England Dwarf Car 25-lap features, and each time he rocketed off into a different time zone to win easily and pocket the \$250 SERVPRO bonus cash.

Top Dwarf Car points man Tom Harwood sent a scare through the stands during qualifying, when contact with another car launched him into a violent up-and-over multiple flip in turn one. Uninjured, he returned for the features aboard a loner but finished out of the money. Cody Hodgdon was second in each of the 25-lappers, and Chris Sullivan third.

Candlepin League News

By Ryan Drago
Staff Writer
rdrago@turley.com

Summer Edition

EAST BROOKFIELD – The Wednesday Mixed Summer League at Bogey Lanes has crowned a champion for the summer of 2025.

Although the league has one week left, Sophia's Raiders clinched first place the previous week and has a record of 76-28 after 13 weeks. Kristen's Squad are in second place with a record of 58-46. Close behind in third place is Gutter Dolls with a record of 57-47.

During week 13, Clock Barn bowled against the Gutter Fingers. In game one, Gutter Fingers won a close game by a score of 427-425. In game two, Gutter Fingers won again by a score of 442-416. In game three, Clock Barn won by a score of 410-407.

The final score was 1276-1251 in favor of Gutter Fingers, who have a record of 51-53 after 13 weeks. Clock

Barn is in ninth place with a record of 30-74.

Gutter Snipes bowled against No Shows during week 13. In game one, No Shows defeated Gutter Snipes by a score of 449-443. Pete Swistak of No Shows began the match with a 112. Marc Vinciulla of Gutter Snipes began the match with a 109.

In game two, Gutter Snipes won by a score of 466-444. Swistak bowled well with a 111 and Vinciulla did better in game two with a 125.

In game three, Gutter Snipes won the last game by a score of 440-435. Vinciulla bowled a 116 for a series of 350. Gutter Snipes won total pinfall by a final score of 1349-1328. The Gutter Snipes have a record of 50-54 and No Shows are 48-56.

Kristen's Squad bowled against Gutter Dolls in week 13. In game one, Kristen's Squad defeated Gutter Dolls by a score of 422-410. Bob Button of Kristen's Squad began the match with a 105.

In game two, Gutter

Dolls won by a score of 426-403. In game three, Kristen's Squad won the last game by a score of 449-439. Button ended the match with a 124 and a series of 322. The Gutter Dolls won total pinfall by one point, 1275-1274.

Sophia's Raiders bowled against the Rolling Stones. In game one, Rolling Stones and Sophia's Raiders tied at 439, resulting in both teams getting one point. In game two, Sophia's Raiders defeated Rolling Stones by a score of 459-444. Phil Clough of Sophia's Raiders bowled a 119 and his teammate Trever Kenneson also bowled a 119.

In game three, Rolling Stones defeated Sophia's Raiders by a score of 473-410. Brett Green of Rolling Stones ended the match with a 106. The final score was 1356-1308 in favor of Rolling Stones, who have a record of 49-55 after 13 weeks.

The league will conclude the first Wednesday in August and have a party night the following

HUBBARD from Page 7

End of Summer Reading Celebration with Ed Popielarczyk's Magic Show, Monday August 18, 10:00 a.m. All ages. Ludlow favorite Ed serves up magic and tons of laughs! Bring chairs or a blanket to sit on. Then stay at the end for the raffle drawing!

Summer Reading Grand Prize Raffle Drawing, Monday August 18, 11:00 a.m. We'll announce the winners of the adult and youth summer reading program raffles! Winners will also be notified by phone.

Paper Games Day, Monday August 18, all day. All ages. Mazes, connect-the-dots, word searches and more! Drop-in.

Wicked Trivia Night for YAs, Tuesday August 19, 6:30 p.m. For tweens & teens. If you're obsessed with the movie Wicked, show off your knowledge to win prizes! Please register.

Pokemon Club, every Wednesday through August 20, 3:30 to 4:45 p.m. For ages 8-14. Trading, dueling, and gaming on your own handhelds, phones, or Nintendo Switch. Please have your name on everything you bring to the club. Please register.

Movie: Dog Man and activity, Thursday August 21, 10:00 a.m. Rated PG. Enjoy free popcorn and drinks with the movie, then have fun with a Dog Man themed activity packet after. Drop-in.

Interskate 91 Party, Thursday August 21, 6:00 to 8:00 p.m. All ages. Free skating to celebrate the end of the Summer Reading Program. Pick up tickets from the Youth Room in August.

"Dog Days of Summer" Scavenger Hunt, Monday, August 25, all day. Search the Youth Room for dogs from your favorite books and win a prize if you find them all! Drop-in.

Youth Crochet Club, every other Tuesday, August 26 and September 9, 5:30 to 6:30 p.m. For ages 10-17. For beginner to experienced crocheters; supplies provided or bring your own. Registration recommended.

Jim the Spoon Man, Thursday, August 28, 6:00 p.m. All ages. A hilarious interactive musical treat for the whole family - bring camp chairs or a blanket. Drop-in.

Tween Graphic Novel Book Group, Thursday August 28, 5:00 to 5:45 p.m. For ages 9-13. Meet to discuss graphic novels, play games, and make crafts. This month the group is reading Dungeons & Dragons: Dungeon Club v.2: Time to Party, by Molly Ostertag, which is available in the Youth Room. There will be snacks! Please register.

Lego Build Challenge, every Wednesday, 9:00 a.m. to 5:00 p.m. Pull a Lego Build Challenge Card and try to build it with the library's Legos, or free build just for fun. All creations will be put on display in the Youth Room

for the week. Drop-in.

Friday Online Club, every Friday, 3:00 to 4:45 p.m. Play Roblox, Minecraft or other online group games at the library. Meet new friends or play with old ones. Feel free to use one of the library Minecraft accounts; please sign up for your own Roblox or other accounts. For grades 3-8. Please register.

FOR CHILDREN

A Visit From the Ludlow Fire Department, Thursday, August 14, 1:00 p.m. All ages. Meet real firefighters, learn about fire safety, take a tour of the fire truck, even spray water with the hose. Drop-in.

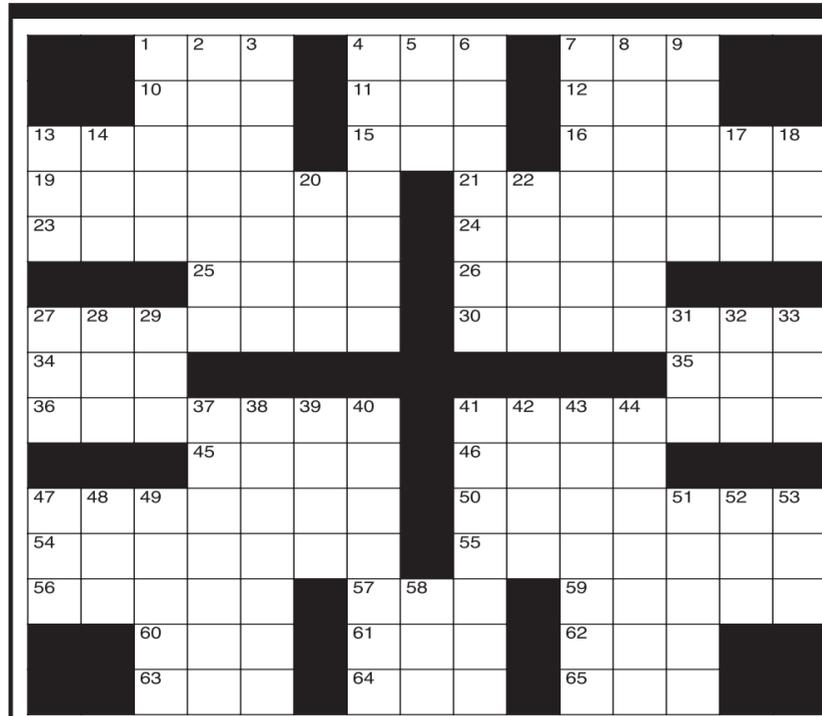
Read to a Poodle, Wednesday, August 20, 2:00 to 3:00 p.m. For beginning readers. Sign up to treat Brightspot therapy dog Quill and his trainer to 10 minutes of solo reading by you! Please register.

Pete the Cat Storytime, Thursday, August 28, 6:00 p.m. Ages 2 & up. Stories, songs, and games about our favorite cool cat, followed by a craft. Please register.

Sing With Me, every Tuesday, 10:30 to 11:00 a.m.

For 0-5s. Interactive, participatory music for children and their grown-ups with favorite children's songs. It takes place on the library lawn, but we move inside for bad weather. Drop-in.

Daily Drop-In Crafts, all ages. DIY crafts available in the Youth Room daily. New craft each week.



CLUES ACROSS

1. Auto manufacturer
4. The 23rd letter of the Greek alphabet
7. Two-year-old sheep
10. Member of indigenous people in Asia
11. Airborne (abbr.)
12. Actress de Armas
13. Not moving
15. Cool!
16. Plants of the arum family
19. Perceptible by touch
21. Rorschach test
23. Monetary units
24. Art
25. Cardinal number
26. Dueling sword
27. Hates
30. Fixed in one place
34. Pie ___ mode

35. Moved on foot
36. Passenger's spot on a motorcycle
41. A way through
45. "Rule, Britannia" composer
46. Leader
47. Flowing
50. Common greetings in Arabic countries
54. Solution for all difficulties
55. Soft clothing fabric
56. Building material
57. Sea bream
59. A way to cause to be swollen
60. One and only
61. Skin color
62. Wrath
63. Nevertheless
64. They ___
65. Sea eagle

CLUES DOWN

1. Policemen (French)
2. Toy dog
3. Inflamed colon disease
4. Muscular weaknesses
5. Helps little firms
6. References
7. Takes down
8. Facilitates
9. One-time empress of the Roman Empire
13. Engine additive
14. Chemistry solution
17. Written account
18. Consumed
20. Coming after all others
22. No (slang)
27. Government lawyers
28. Super Bowl winner Manning

29. Small amount
31. A way to save for your future
32. A way to travel behind
33. Midway between northeast and east
37. Head pain
38. Loud lawn insect
39. Actress Hathaway
40. Boat race
41. About fish
42. Nursemaid in India
43. Marketable
44. Tinier
47. Parts per billion (abbr.)
48. Paddle
49. Oneness
51. Bitter compound
52. Not around
53. Very fast airplane
58. Swiss river

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EARLY DEADLINES

In observance of LABOR DAY, there will be an **EARLY AD DEADLINE**

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Thursday, August 28

– Thank you!

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PUBLIC NOTICES

**Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Hampden Probate and Family Court
50 State Street
Springfield, MA 01103
Docket No. HD25P1605GD
In the interests of
Jayden Miguel Cordeiro
of Ludlow, MA
Minor
NOTICE AND ORDER:
Petition for Appointment
of Guardian of a Minor
NOTICE TO ALL
INTERESTED PARTIES**

1. Hearing Date/Time:
A hearing on a Petition for Appointment of Guardian of a Minor filed on 08/04/2025 by Marcia Sofia Desroches of Somers, CT will be held 09/10/2025 08:30 AM Guardianship of Minor Hearing. Located: Hampden Probate & Family Court, 50 State Street, 4th Floor, Springfield, MA 01103.

2. Response to Petition: You may respond by filing a written response to the Petition or by appearing in person at the hearing. If you choose to file a written response, you need to:

File the original with the Court; and
Mail a copy to all interested parties at least five (5) business days before the hearing.

3. Counsel for the Minor:
The minor (or an adult on behalf of the minor) has the right to request that counsel be appointed for the minor.

4. Counsel for Parents: If you are a parent of the minor child who is the subject of this proceeding you have a right to be represented by an attorney. If you want an attorney and cannot afford to pay for one and if you give proof that you are indigent, an attorney will be assigned to you. Your request for an attorney should be made immediately by filling out the Application of Appointment of Counsel form. Submit the application form in person or by mail at the court location where your case is going to be heard.

5. Presence of the Minor at Hearing: A minor over age 14 has the right to be present at any hearing, unless the Court finds that it is not in the minor's best interests.

Date: August 4, 2025
Rosemary A. Saccomani
Register of Probate
08/13/2025

**Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Hampden Probate and Family Court
50 State Street
Springfield, MA 01103
Docket No. HD25P1540PM**

**In the matter of:
Theresa Patrie
Of: Ludlow, MA
RESPONDENT
(Person to be Protected/Minor)
CITATION GIVING
NOTICE OF PETITION
FOR APPOINTMENT OF
CONSERVATOR OR OTHER
PROTECTIVE ORDER
PURSUANT TO**

G.L. c. 190B, §5-304 & §5-405
To the named Respondent and all other interested persons, a petition has been filed by Kurt Verteramo of Ludlow, MA in the above captioned matter alleging that Theresa Patrie is in need of a Conservator or other protective order and requesting that Kurt Verteramo of Ludlow, MA (or some other suitable person) be appointed as Conservator to serve Without Surety on the bond.

The petition asks the court to determine that the Respondent is disabled, that a protective order or appointment of a Conservator is necessary, and that the proposed conservator is appropriate. The petition is on file with this court.

You have the right to object to this proceeding. If you wish to do so, you or your attorney must file a written appearance at this court on or before 10:00 A.M. on the return date of 08/25/2025. This day is NOT a hearing date,

but a deadline date by which you have to file the written appearance if you object to the petition. If you fail to file the written appearance by the return date, action may be taken in this matter without further notice to you. In addition to filing the written appearance, you or your attorney must file a written affidavit stating the specific facts and grounds of your objection within 30 days after the return date.

IMPORTANT NOTICE
The outcome of this proceeding may limit or completely take away the above-named person's right to make decisions about personal affairs or financial affairs or both. The above-named person has the right to ask for a lawyer. Anyone may make this request on behalf of the above-named person. If the above-named person cannot afford a lawyer, one may be appointed at State expense.

WITNESS, Hon. **Barbara M. Hyland**, First Justice of this Court.
Date: July 25, 2025

Rosemary A. Saccomani
Register of Probate
08/13/2025

**Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Hampden Probate and**

**Family Court
50 State Street
Springfield, MA 01103
Docket No.
HD25P1539GD
In the matter of:
Theresa Patrie
Of: Ludlow, MA
RESPONDENT
Alleged Incapacitated Person
CITATION GIVING NOTICE
OF PETITION FOR
APPOINTMENT OF
GUARDIAN FOR
INCAPACITATED PERSON
PURSUANT TO
G.L. c. 190B, §5-304**

To the named Respondent and all other interested persons, a petition has been filed by Kurt Verteramo of Ludlow, MA in the above captioned matter alleging that Theresa Patrie is in need of a Guardian and requesting that Kurt Verteramo of Ludlow, MA (or some other suitable person) be appointed as Guardian to serve Without Surety on the bond.

The petition asks the court to determine that the Respondent is incapacitated, that the appointment of a Guardian is necessary, and that the proposed Guardian is appropriate. The petition is on file with this court and may contain a request for certain specific authority.

You have the right to object to this proceeding. If you wish to do so, you or your attorney

must file a written appearance at this court on or before 10:00 a.m. on the return date of 08/25/2025. This day is NOT a hearing date, but a deadline date by which you have to file the written appearance if you object to the petition. If you fail to file the written appearance by the return date, action may be taken in this matter without further notice to you. In addition to filing the written appearance, you or your attorney must file a written affidavit stating the specific facts and grounds of your objection within 30 days after the return date.

IMPORTANT NOTICE
The outcome of this proceeding may limit or completely take away the above-named person's right to make decisions about personal affairs or financial affairs or both. The above-named person has the right to ask for a lawyer. Anyone may make this request on behalf of the above-named person. If the above-named person cannot afford a lawyer, one may be appointed at State expense.

WITNESS, Hon. **Barbara M. Hyland**, First Justice of this Court.
Date: July 25, 2025

Rosemary A. Saccomani
Register of Probate
08/13/2025

Explore the beauty of Lake Wallace with the Quabbin Photo Group on August 25

BELCHERTOWN—The Quabbin Photo Group (QPG) invites the public to an inspiring evening on Monday, August 25, at 7 p.m. at the Belchertown Recreation Department, 66 State Street in Belchertown that will feature retired Belchertown educator and environmental advocate Louise Levy.

Louise is well known in the community as one of the visionaries behind the creation of the Lake Wallace Recreational Area (www.belchertown.org/lakewallace), a scenic spot tucked away in the heart of Belchertown. During her career as an educator, she brought countless

students into the outdoors, using hands-on ecology lessons to help them connect with the natural world. Today, as a leader of the Friends of Lake Wallace, she continues to champion its environmental and educational importance.

At this special program, Louise will share her extensive knowledge of the lake—its history, its diverse plant and animal life, and why it's such a treasure for photographers and nature lovers alike. Following her talk, members of the Quabbin Photo Group will present a showcase of their favorite landscape and wildlife images taken at Lake

Wallace, revealing the area's beauty through the eyes of skilled local photographers.

Adding to the evening's appeal, the lake itself is located directly behind the meeting venue, giving attendees the opportunity to step outside and explore the area for themselves after the presentation.

Founded by renowned nature photographer Les Campbell, the Quabbin Photo Group was created to celebrate the natural beauty of the Quabbin Region. The group holds monthly meetings open to the public, offering educational programs, guest speakers, and oppor-

tunities for photographers of all levels to share their work. Membership helps support QPG's mission of fostering appreciation for the region's landscapes and wildlife.

This free event welcomes everyone, whether you're an experienced photographer, a casual nature enthusiast, or simply curious about one of Belchertown's hidden gems.

For more information about the program, contact Program Chair Ed Comeau at ecomeau@comeauphotography.com. To learn more about the Quabbin Photo Group, reach out to President Mark Lindhult at mlindhult@gmail.com.

YOUR HEALTH

from Page 6

of the headache: where it hurts, what preceded it (sometimes an aura), what you had been eating or drinking, what the weather was, what time of day it was, what particular stresses you were feeling, and how long the headache lasted. These factors will help your doctor diagnose your headache and offer treatment.

The incidence of migraine decreases a lot after menopause, but both women and men seem to experience fewer migraines as they age.

When to worry about a headache

Most headaches go away within a few hours or a day. But some are signs or precursors of serious conditions, including stroke, meningitis, concussion, extreme high blood pressure and aneurysm. Harvard Health says to seek treatment for these:

Headaches that first develop after age 50
A major change in the pattern of your headaches

An unusually severe headache

Pain that increases with coughing or movement

Headaches that get steadily worse

Changes in personality or mental function

Headaches accompanied by fever, stiff neck, confusion, decreased alertness or memory, or neurological symptoms such as visual disturbances, slurred speech, weakness, numbness, or seizures

Headaches accompanied by a painful red eye

Headaches accompanied by pain and tenderness near the temples

Headaches after a blow to the head

Headaches that come on abruptly, especially if they wake you up

Headaches in patients with cancer or impaired immune systems.

A word of caution: Yes, take aspirin, ibuprofen or acetaminophen to treat a minor headache (caffeine can help, too), but don't use them for too long. Overuse of ibuprofen (Motrin) and acetaminophen (Tylenol) is known to cause liver damage.

Finally, if your spouse or partner is a chronic headache sufferer, respect their need for a calming environment and rest. As migraine sufferer Lady Gaga once said, "People need to be more compassionate. Chronic pain is no joke. And it's every day waking up not knowing how you're going to feel."

Teri (Dreher) Frykenberg, is a registered nurse and board certified patient advocate and founder of www.NurseAdvocateEntrepreneur.com, which trains medical professionals to become successful private patient advocates. Teri offers a free phone consultation to Turley Newspaper readers as well as to nurses interested in becoming advocates. Reach her at Teri@NurseAdvocateEntrepreneur.com

Church DIRECTORY

THE CHURCH OF JESUS CHRIST OF LATTER DAY SAINTS

584 West St., Ludlow
413-583-8454
S Sunday services
Sacrament Meeting 10- 11 A.M.
Sunday school for adults,
Young single adults(18-30) and teens (11-18)
1st & 3rd Sunday of the month from 11-12 noon
Adult Religious/Marriage and Parenting for Women- 2nd & 4th Sunday of the month from 11-12 noon
Adult Religious/Marriage and Parenting for Men- 2nd and 4th Sunday of the month from 11-12 noon
Classes for Single Adults(18-30)
2nd & 4th Sunday of the month -11- 12 noon
Classes for Young Men(11-18)
2nd & 4th Sunday of the month 11-12 noon
Classes for Young Women (11-18)
2nd & 4th Sunday of the month - 11-12 noon
Children's classes: Sunday school & singing time every Sunday(3-10) 11- 12 noon
Nursery provided for ages 18 month- 3 yr

CHRIST THE KING CHURCH

41 Warsaw Ave., Ludlow
413-583-2630
Pastor Rev. Raymond A. Soltys
Saturday Vigil Masses – 5 p.m. and 6:30 p.m.
Sunday Masses – 7:30 a.m.; 8:45 a.m. (Polish); 10 a.m. and 11:15 a.m.
Sunday Evening Mass – 5:30 p.m.

IMMACULATE CONCEPTION CHURCH

25 Parker St, Indian Orchard,
413-543-3627
Very Rev. Piotr Calik
Office Hours: Monday, Tuesday, Wednesday, Thursday, 9 a.m. — 1 p.m.
CLOSED FRIDAY
MASS SCHEDULE
Monday 8:00am
Tuesday 8:00am
Wednesday No Mass
Thursday 6:00pm
Friday 6:00pm
Saturday 4:00pm
Sunday 8:30am (English) 10:15am (Polish)
Confessions: Saturday - 3:15-4 p.m.

ST. ELIZABETH PARISH

191 Hubbard St., Ludlow
413-583-3467
Pastor – Rev. Msgr. Homer P. Gosselin
In Residence – Rev. Norman Bolton
Deacons: Normand Grondin, Thomas Rickson, Keith Davies
Office Hours: Monday - Friday 8 a.m. - 4 p.m.
Visit our website at www.stelizabethludlow.org
Like us on Facebook Check out our Parish App
Wed., August 13 – Daily Mass – 7:30 a.m. (C), Adoration – 8 am (C)
Karen Audette Video Presentation – 9 am (JR)
Holy Mother Choir - 5:15 p.m. (C)
Thurs., August 14 – Daily Mass – 7:30 a.m. (C), Vigil of the Assumption of the Blessed Virgin Mary – 5:30 pm (C)
Fri., August 15 – Solemnity Mass – 8:30 a.m.(C), Solemnity Mass – 7 pm (C)
Sat., August 16 – Youth Ministry Training – 8 (FLBH), Confessions – 2:30 p.m. (C), Saturday Mass – 4 p.m. (C)
Sun., August 17 – Daily Masses at 7:30 a.m., 9:15 a.m., 11 a.m. and 5 p.m.(C), Take & Eat – 8 am (FLBH)
Mon., August 18 - Daily Mass – 7:30 a.m. (C)
Tues., August 19 – Daily Mass – 7:30 a.m. (C), Spaghetti Supper Meeting – 6 pm (ER), Confirmation Prep make-up – 6 pm (JR)

FIRST CHURCH IN LUDLOW

859 Center St. Ludlow
413-583-3339
Reverend Darcy Borden, Pastor
Office hours Monday & Wednesday 10 am to 2 pm
Available by appointment at other times
Sunday worship at 10 am alternating weekly with Grace Union Church, Wilbraham
Call or check Facebook or the website for the schedule of worship and events
Service live-streamed at 10 am on Facebook
<https://www.facebook.com/firstchurchludlow>
Website: www.ludlowfirst.com

ORCHARD COVENANT CHURCH

95 Berkshire Street
Indian Orchard, MA 01151
413-543-4204
Revs. Karen and Nick Munn, pastors
Sunday School for all ages, 9:45 a.m.
Worship in person, 11 a.m.
Or watch our livestream.
See our website for more information:
orchardcovenant.org.

OUR LADY OF FATIMA PARISH

438 Winsor St., Ludlow
413-583-2312
Father Pedro DeOliveira
Office hours: Monday - Thursday 9:00 a.m. to 5:00 p.m., closed 1:00 p.m.-2:00 p.m.
Sunday Masses – 9 a.m. (Portuguese); 11 a.m. (English)
Monday and Wednesday Morning Masses – 8:30 a.m. (Portuguese)
Tuesday and Friday Masses – 5:30 p.m. (Portuguese)
Saturday Vigil Mass – 4 p.m. (English)
First Saturday of the Month – 8:30 a.m.
For more information, visit ourladyoffatimaparish.org.

FAITH COMMUNITY CHAPEL

A Church of the Nazarene
485 East Street, Ludlow
(413) 583-7875
Email: FCCPastorLisa@gmail.com
Lead Pastor: Rev. Lisa Morrison
Associate Pastor: Gary Coombs
Sunday Morning Discipleship Groups meet at 9:45am
Worship service meets at 11am
OTHER MEETINGS
Tuesdays: Zoom Bible Study 7pm
Fridays: After School Club for Children 5pm
AA Group 7pm

STS. PETER AND PAUL UKRAINIAN CATHOLIC CHURCH

45 Newbury St.
Ludlow, MA 01056
Phone: 413-583-2140
Pastor: Father Andriy Krip
Liturgy schedule:
Wednesday 9 a.m., Friday 9 a.m.
Rosary for Peace in Ukraine on Wednesday at 6 p.m.



Are you having difficulty communicating with your partner, struggling with boundaries, and healthy relationships?

We invite you to join us Friday afternoons from 1-2:30 pm to explore these topics and more.

This group will be held in zoom, is educational, confidential, and free.

Please contact Pat James 413-726-8661.

EARLY DEADLINES

In observance of LABOR DAY,
PUBLIC NOTICES
EARLY AD DEADLINE
Place your public notice
no later than NOON

Thursday, August 28

– Thank you!

Second Chance joins the ASPCA's Rescue Effect Campaign, asks local community to adopt or foster animals in need

Second year of The Rescue Effect brings together shelters and rescues nationwide to place more animals into loving homes and reduce the length of time animals are spending in shelters

EAST BROOKFIELD—Second Chance Animal Services today announced that it will join animal shelters and rescues across the country to

participate in the ASPCA's Rescue Effect campaign to raise awareness about the importance of pet adoption and place more animals into loving homes. As part of this effort, on August 7th, adoption fees will be sponsored on dogs eight-months-old and older and cats two-years-old and older thanks to the ASPCA's Rescue Effect.

Most shelters across the

country are full with nearly six million dogs and cats entering shelters and rescues in 2024, and animals, especially dogs, are often staying longer in care before being adopted. Choosing to adopt helps the animal you take home and supports many more by freeing up space and resources. Animal shelters have pets of all sizes, ages and an array of wonderful personalities, and if

you aren't able to adopt, temporarily fostering also helps free up space for other animals in need.

"We're honored to be part of the Rescue Effect," said Lindsay Doray, Chief Development Officer at Second Chance Animal Services. "This initiative comes at a critical time when so many pets are waiting longer for homes. We hope to give more

pets the second chance they deserve and make room to help even more animals in need."

Launched this month and continuing through October, The Rescue Effect is the ASPCA's national campaign dedicated to helping organizations increase adoptions and engage the public. This year, the ASPCA is providing \$2 million in grants to cover adoption

fees and support operations at many participating shelters and rescue groups across the country with some holding fee-waived adoption events.

For more information about Second Chance and to see all the pets waiting for a home, visit secondchanceanimals.org/. To learn more about the ASPCA's Rescue Effect campaign at ASPCA.org/TheRescueEffect.

HCC culinary arts instructor honored for community outreach

HOLYOKE - Chef Tracy Carter, a culinary arts instructor at Holyoke Community College, was recognized recently for community outreach by two national culinary arts organizations.

In June, Carter, a Chicopee resident and chair of the HCC culinary arts program, received the 2025 Community Outreach Award from the Auguste Escoffier School of Culinary Arts and the Center for the Advancement of Foodservice Education (CAFÉ). The national award recognizes a culinary/hospitality program or individual making a positive impact in their community via outreach programs such as food banks, recycling efforts, skill development for the disadvantaged and other services.

As culinary program chair, Carter has committed herself to building bridges between

the college and community groups on wellness campaigns. This year, the HCC culinary program partnered with the Western New England University College of Pharmacy and Health Sciences to develop an adaptive cooking series designed for people with disabilities and their caregivers. The goal of the class is for participants to gain confidence in the kitchen, develop essential life skills, and foster a sense of independence and joy around food. The program is entirely hands-on, complete with accessible tools, modified recipes, and supportive instruction to meet diverse needs.

"For me, this award is a reflection of the amazing work happening every day in our kitchens at HCC," said Carter. "It means a great deal to be recognized nationally, not just as an individual, but

as a representative of a program that truly values community, inclusion, and student success."

Carter says she believes food can break down barriers and bring people together.

"This program exemplifies that belief in action - merging culinary education with therapeutic outcomes to serve those who are often overlooked," she said.

Carter is a graduate of the International Culinary Schools at the Art Institute in Los Angeles. She grew up in Springfield and joined the HCC teaching staff in 2018 after living for several years in New York City, where she worked as a freelance food stylist and culinary producer at the Food Network on shows such as "Chopped," preparing the baskets of ingredients for the cooks involved in the on-air competi-

tions, and working alongside famous chefs like Bobby Flay.

The award provides a \$1,000 prize and commemorative plaque. Additionally, Carter received a complimentary registration to attend CAFÉ's 2025 Leadership Conference in Pittsburgh, where the award was presented.

"This recognition reinforces that we're on the right path, and it energizes us to keep growing, innovating, and building a culinary community where everyone belongs," Carter said.

With campuses in Austin, Texas, and Boulder, Colorado, the Auguste Escoffier School of Culinary Arts is the largest culinary school brand in the United States. Based in Annapolis, Maryland, CAFÉ's mission is to link culinary educators with the foodservice industry.

Rocky's Ace Hardware offers discounted Big E Tickets

Presale runs through September 10 at select locations ahead of one of the nation's largest fairs

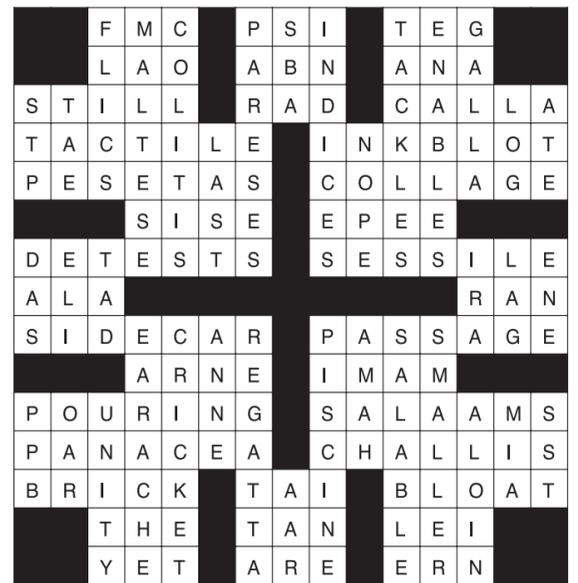
SPRINGFIELD — Rocky's Ace Hardware, one of the country's largest family-owned Ace Hardware dealers with 50 locations in nine states, is thrilled to announce the return of its Big E ticket presale. Starting Friday, August 1 through Tuesday, September 10, customers can purchase one-day tickets to The Big E at special discounted prices at select Rocky's locations: \$16 for adults and \$10 for children.

Beginning September 11,

tickets will still be available at participating stores, but at regular pricing.

"The Big E is a New England tradition, and we're proud to be a part of the excitement year after year," said Rocco Falcone, president of Rocky's Ace Hardware. "From sponsoring the fan-favorite Big Slide, to making it easier for families to get their tickets in advance, we love helping our community make the most of this incredible event."

Participating Locations: Agawam, East Longmeadow, Holden, Ludlow, Northborough, Palmer, South Hadley, Springfield, Westfield, Worcester, Stamford, CT and Vernon, CT.



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TAG SALE: AUG. 16TH, 9 a.m.-3 p.m. 162 Breckenridge St., Palmer.

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The Town of North Brookfield is looking for a **PART-TIME OUTREACH COORDINATOR** for the Senior Center. Please submit a resume with a letter of interest to the **Selectmen's Office, 215 Main St., North Brookfield, MA 01535**, or by email to selectmen@northbrookfield.net.

Town of Blandford

Town of Blandford is hiring a **PART-TIME ADMINISTRATIVE ASSISTANT** to the Assessors. Duties include administrative support for daily operations of the Assessors' office. Pay: \$18-\$20/hr, based on experience. Communication, customer service, organizational, and tech skills required. Send cover letter and resume to: dhopson@townofblandford.com.

HELP WANTED

EXECUTIVE DIRECTOR, WILBRAHAM HOUSING AUTHORITY

The Wilbraham Housing Authority seeks highly qualified applicants for the position of Executive Director. Responsibilities include the administration of 69 Chapter 667 Elderly housing units and 9 Chapter 705 Family housing units. The Executive Director reports to a five-member Board of Commissioners. Work schedule shall be a minimum of 22 hours per week during normal business hours, flexible as needed. The estimated salary range \$46,177.00 To \$54,326.00 is based on the Executive Office of Housing & Livable Communities' Executive Director Salary Schedule. The ideal candidate must have two years' experience in a housing, community development, public administration or a closely related field. Knowledge of the principles and practices of housing management, finances and maintenance systems in public or private housing. Excellent written and verbal communication skills required. Willingness to work with people of various socio-economic backgrounds. Must be bondable. Certification as a Public Housing Manager from an approved organization desired, and may be substituted as a property manager or similar classification by a nationally recognized housing or real estate organization such as an EOHLC-approved Massachusetts Public Housing Administrator Certification Program or HUD. Two-year full time post-secondary education in a related field may substitute for up to one year of experience. Applications will be accepted until 12pm, August 29, 2025. Please submit cover letter, resume and contact information for 3 references to: **Mr. Peter Manolakis, Chairman Executive Director Search Committee, Wilbraham Housing Authority, 88 Stony Hill Road, Wilbraham, MA 01095. Contact: Peter Manolakis (413) 519-8195** Wilbraham Housing Authority is an Equal Opportunity Employer

Town of Blandford is seeking a fulltime **ASSISTANT TREASURER/COLLECTOR.** Pay range \$29.50-\$37.50/hour. Please visit our website for full job description. Submit resume to **Administrator@townofblandford.com**

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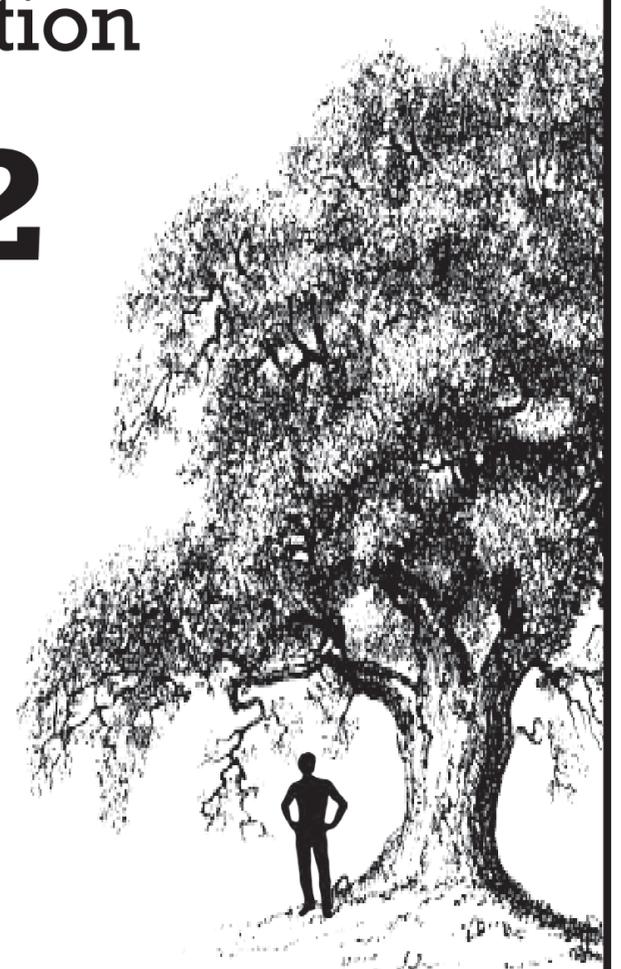
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