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The REGISTER

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NEWSLINE

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DATEBOOK

Ongoing

LUDLOW SENIOR CENTER 55 AND OVER CO-ED VOLLEYBALL LEAGUE: At East Street School on Tuesdays and Thursdays from 5:30-7:30 p.m. the cost to take part is \$5 per year.

SEE PAGE 12

Selectmen build bridges over Community Center field use



Turley's photo by Marcelo Gusmão

The field at the Ludlow Community Center, which was requested by both Ludlow Youth Soccer Association and the International Football Academy.

By Marcelo Gusmão
 Staff Writer

LUDLOW – The Ludlow Youth Soccer Association approached the Board of Selectmen to discuss the use of the field by the Ludlow Community Center and Randall's Boys & Girls Club.

The president of the Ludlow Youth Soccer Association (LYSA), Joe Anselmo, was

there to speak to the Board about the conflicts his organization has had over field usage. He mentioned that LYSA has been involved with the upkeep of several fields in town, including Veteran's Park, Baird Middle School, and Harris Brook, as well as formerly taking care of Chapin Street School's field, which is no longer in operation.

"We've always been allowed to use the Ludlow Boys & Girls

Club," Anselmo said. "This past season, in the spring, was the only time we did not use it, because we were asked to put up a stipend to pay for the field. We were under the impression that [it's] a town field."

Anselmo expressed concern that the Boys & Girls Club is lending out the field to groups from outside of town, and that this is impacting the town's youth who are associated with

LYSA, as they can't rely on time to play on the field.

"I would think that in-town leagues would take priority over anything coming from the outside," Selectman Bill Rosenblum said.

"Obviously, working together, not to have any bad blood against anybody," Rosenblum

Please see **YOUTH SOCCER**, Page 7

New little libraries celebrated with selfie contest



Submitted photo

Installing one of the four new little libraries are (from left) Ron Schneider Sr., Cara Schneider, Matthew Abert, Rebecca Caproni, Joe Caproni, Thomas Caproni, Bridget Schneider, Andrew Abert and Joey Caproni.

By Michael Harrison
 Correspondent

LUDLOW — Thanks to his love of reading, Deahglan Landers took home a bunch of new board games this week.

The 8-year-old, who enters the third grade at Harris Brook Elementary this school year, was the winner of the Little Library Photo Tour selfie contest sponsored by Hubbard Memorial Library and Friends of the Ludlow Public Library. To qual-

ify, contestants had to show the front desk at the library a selfie from each of the four new little libraries installed at East Street School, West/Cady Street Park, Electric Park and Whitney Park.

The winner of the prize pack of new games was selected in a random drawing.

"I feel like it was a great way to introduce the community to the little libraries," said Friends

Please see **LITTLE LIBRARIES**, Page 8



Submitted photo

Five generations of Claire's family, with Claire in the front row. From left: Great-granddaughter Amanda Alves, daughter Joyce Tidlund, granddaughter Deb Alves, great-granddaughter Emily Irving, and great-great Granddaughter Arizona Irving.

Birthday party held for a 104-year-old 'chocoholic'

By Marcelo Gusmão
 Staff Writer

LUDLOW – This past weekend, local resident Claire MacNeil turned 104 years old.

She was born on August 17, 1919, in Chicopee. Her father lived to be 97, and her granddaughter, Grace Alves,

surmised that "she has some good genes."

To commemorate Claire's 104th birthday, Alves said they will be flying kites from her son's address in Wilbraham as they have every year since

Please see **104TH BIRTHDAY**, Page 8

LUDLOW

BOS discusses rodent control plan, more

By Marcelo Gusmão
Staff Writer

LUDLOW – During a recent meeting, the Board of Selectmen appointed the Town Accountant, approved an inclusivity event at Memorial Park, and discussed remedies for the rat infestation with the Board of Health.

Rodent control plan

Resident Ann Van Aller approached the Selectmen to discuss concerns regarding the town's rat population, having previously approached the Board in June.

"I'm here because the rats are not getting better," Van Aller said, "the rats are getting worse. We're getting them every single day."

Board Chair James Gennette said the town has been cleaning up trash barrels along the Riverwalk and meeting with WestMass to determine whether the Mills project is involved with the uptick in rats in town.

Paulina Matusik, the town's health director, said that she has discussed this issue with parties from the state's Department of Public Health (DPH), who requested that the town do a rodent control plan. Matusik said she was meeting with the DPH to get more details on how to create a rodent control plan, and that the Board of Health will be involved in this process.

"The residents need to know that there's multiple different things going on," Matusik said.

She cited repeat correction orders for residents not cleaning up their address, as well as new construction on old buildings and climate change causing warmer winters, which has an impact on rat reproduction.

"The rodents' reproductive system shuts down when it's cold out in the winter months," Matusik explained. "Because the winters have been warmer, they've been able to produce another



Turley photo by Marcelo Gusmão

The Board of Selectmen expressed concerns over the number of traffic cones blocking holes on the sidewalk along East Street.

litter or two, which can contribute to the rodent population."

"There's multiple issues going on, and it's not just one," Matusik said. "I think doing the rodent control plan and figuring out our key hotspot areas and then putting more focus on that will help."

Color Ludlow with Love

Kelly De Gobbi appeared before the Board to request approval for the use of the gazebo in Memorial Park for an inclusivity event. The Board advised her to hold it on Saturday, September 16, instead of the original requested date so as not to conflict with Festa.

De Gobbi said she intends to turn this into an annual event, which will include snacks, live music, and face-painting, with talk of future events bringing in food trucks as well.

"I'm going to end up abstaining on this one for the same reason I abstained on the last one," Board Member Antonio Goncalves said, referring to the Brave Book Reading that was held at the same location. "I think in the future, we need to sit down and talk about these things that are going to happen down there. This last one didn't cost us a ton of money, but it's going to be about a \$4,000 bill."

"I don't have a problem with any of this, from the description of it," Selectman Derek DeBarge said. "Now, the description of it and what may happen could be two different things, as what happened in the [Brave Book Reading]."

"I'm all good," Selectman Manuel Silva said, "as long as you get to paint Mr. DeBarge's face and Mr. Goncalves's face."

"I probably won't be there," DeBarge said, "but if I am, sure; dunk tanks, face-paint, do whatever you want. Throw stuff at me, fine."

"If you want to keep this an annual thing, or if this group event is going to continue, then we may have to consider a different location to do this than the gazebo," DeBarge added. "If this is going to be some type of tit for tat between one group or another group and all of that, then we may have to start thinking about a 'free speech zone' so that the Board of Selectmen are taken out of this."

"The gazebo is not a place for groups to want to do this," DeBarge said. "To me this seems like retribution for another one, or tit for tat from one group to another, as there were plenty of comments on the last one and we don't want to get into that, no matter what the event is."

The Selectmen approved the event to be held from 10:30 a.m. – 1 p.m. on Sep. 16.

Town Accountant

Shawn Teece was recently appointed as the Town Accountant, to start on Tuesday, August 29. Teece previously worked as the Vice President of Finance for MassHire Holyoke Career Center, and has a personal tax preparation business.

"I have a Bachelor's and Master's in Accounting from Westfield State, and I've taken several government accounting courses," Teece said when asked why he chose to move from the private sector to local government.

Teece talked about applying to be the Director of Finance in Suffield a few years ago.

"It got down to me and one other person, and they ended up selecting the other person because they had experience with unions, and I didn't," Teece said.

Silva asked Teece about his tax preparation business and what he would do if it happened to grow to the point that it needed more of his time and energy to run.

"I have talked with my wife on this," Teece said, "we're expecting our very first child in March, so she would likely be staying home with that child, and then also working on the tax preparation business."

Teece told the Selectmen, "I have full intent of being here in the long-term, and if it did grow to that point where she would be going full-time."

Charter Commission update

Additionally, Town Administrator Marc Strange read the names of applicants to the Charter Commission who were interviewed by the Selectmen. The Selectmen announced that they were grateful to get a full list of applicants, thanks to a robocall system that solicited new applicants.

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It has been a pleasure taking care of your children. The days go by slow; but the years go by very fast, so, have a wonderful life!

10th annual Michael J Dias Foundation golf tournament set for Oct. 16

LUDLOW—The Michael J Dias Foundation announces its milestone 10th annual golf tournament fundraiser, scheduled to take place at the scenic Ludlow Country Club on Monday, Oct. 16. The golf tournament is sponsored by Luso Federal Credit Union. It promises a day of camaraderie, sport, and community support, all in the spirit of making a positive impact.

The Michael J Dias Foundation, renowned for its commitment to providing sober housing to individuals in recovery, has organized this remarkable event as a crucial fundraising effort to further its mission.

The tournament will kick off with registration commencing at 9 a.m., followed by a shotgun start at 10 a.m.

The cost per golfer is \$150, which includes greens fees, golf cart, a delectable lunch to refuel mid-game, and a buffet dinner to celebrate the day's successes.

Sponsorship opportunities are available for businesses and individuals eager to make a difference. Sponsors are an integral part of supporting the foundation's vital work, contributing to the well-being and recovery of those the foundation serves.

Registration for the 10th annual golf tournament and becoming a sponsor is easily accessible through the official registration portal: <https://bit.ly/MJDGOLF23>. For more information about the event, sponsorship opportunities, or the inspiring work of the Michael J Dias Foundation, please visit the foundation's official website at www.mdiasfoundation.org.

For inquiries and additional information, please feel free to contact Isabel Martins, who can be contacted via email at imartins@mdiasfoundation.org or by phone at 617-429-0541.

NEWS & FEATURES

As a paper of record, we attempt to cover all general news, personality profiles, and community features that we know about. This includes all selectmen and school committee meetings as well as spot planning board, board of health, finance, and other town meetings determined by the issue's relevance to our readers. There are the annual major community event features that we should always cover, but we are more than open to suggestions of other features to celebrate the fabric of our communities and their many interesting occupants. Our loyal advertisers provide funding for this paid staff coverage.

For more information on news or community features for The Ludlow Register, please email ludlowregister@turley.com.

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Kevin Pyzocha Jr. formerly of Ludlow caught this nice 3 lb. 7 oz. Smallmouth bass qualifying for a freshwater sporting award.

Catch of the day



Submitted photos
He also caught a sunfish that qualified for the award. He also shot his first turkey 20 lbs. 3 oz. on youth day. What a year so far!

No Registers at Big Y? Here's where you can find them

LUDLOW – If you're reading this article, then you've already found somewhere that you can get access to our paper, but here's a list of places where it can be picked up in town.

- Berkshire Bank, 433 Center St. (Big Y plaza)
- Cady Street Meat Market, 2 Cady St.
- Chapin East Convenience, 830 East St.
- Council on Aging Senior Center, 228 Center St.
- Cumberland Farms, 463 Center St.
- Cumberland Farms, 105 West St.
- Cumberland Farms, 320 East St.
- CVS, 451 Center St.
- Four Seasons Liquors, 320 East

- St. Health South Rehab Hospital, 222 State St.
- Hubbard Memorial Library, 24 Center St.
- Iron Duke Brewery, 100 State St.
- Keystone Commons, 460 West St.
- Ludlow Central Bakery, 270 East St.
- LUSO Credit Union, 599 East St.
- Meadowbrook Laundry, 265 Fuller St.
- Open Door Cafe, 247 Cady St.
- Oscar's Pizza, 973 East St.
- Our Town Variety, 209 Fuller St.
- Pizza Corner, 70 East St.
- Polish American Club, 355 East St.
- Pop 'n' Kork, 206 Holyoke St.

- Pride Gas Station, 240 Center St.
 - Randall's Farm, 631 Center St.
 - Rocky's Hardware, 433 Center St. (Big Y plaza)
 - Shell Gas Station, 227 Center St.
 - Sunoco Gas, 433 Center St. (Big Y plaza)
 - TD Bank, 549 Center St.
 - Tony & Penny's, 18 Canterbury St.
 - Town Hall, 488 Chapin St.
 - Uncle Bob's, 967 East St.
 - Walgreens, 54 East St.
 - Westfield Bank, 477 Center St.
- This represents only some of the places where you can find your local Register in town. If you'd like a business to stock our paper, give them a call and ask them to subscribe to Turley Publications.

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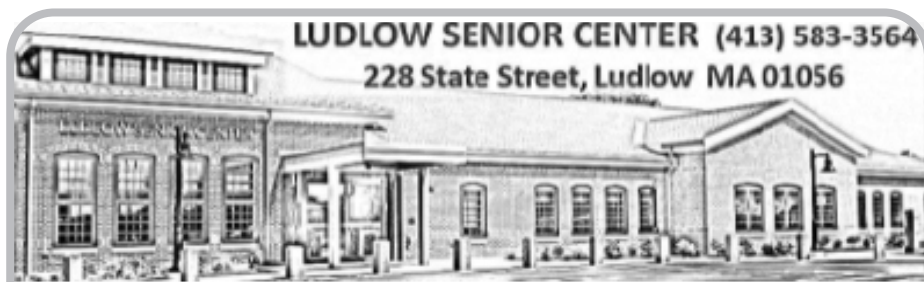
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Welcome to the Ludlow Senior Center

LUDLOW—The calendar is packed with many events, activities, programs, and entertainment. You are invited to have lunch in the Center's beautiful dining room for a hearty meal with coffee, tea, and dessert. Just call a day in advance at 413-583-3564 (call Friday for lunch on Monday).

Go to Ludlow.ma.us/212/Council-on-AgingLudlow-Senior-Center for more information about what a senior center is and does. You will also find the latest copy of The Senior Scene newsletter, our calendar, and menu.

Like the Ludlow Senior Center on Facebook. Find a paper copy of the Senior Scene waiting for you at the Center.

Activities Calendar:

Please register in advance for items with*

Thursday, August 24

- 8:30 a.m. Foot Care*
- 9 a.m. Tai Chi
- 9:30 a.m. Dominos
- 12:30 p.m. Billiards Round Robin
- 1 p.m. Mahjong
- 2 p.m. Book Club: Lincoln Highway
- 2:30 p.m. Active Yoga

Friday, August 25

- 8:45 a.m. Boomer Bootcamp*
- 10 a.m. Outdoor Cornhole
- 10 a.m. Boomer Bootcamp*
- 10 a.m. Blood Pressure Checks
- 1 p.m. Ceramics
- 1 p.m. Magic Class
- 1 p.m. Healthy Bones & Balance Class*
- 1:30 p.m. Forget-Me-Not Circle*

Monday, August 28

- 9 a.m. Knitting
- 10 a.m. Boomer Bootcamp*
- 10 a.m. Computer/Phone/iPad Help*
- 12:30 p.m. Billiards Travel League
- 1 p.m. Scrabble
- 1:15 p.m. Pitch
- 2:30 p.m. Zumba Gold

Tuesday, August 29

- 9 a.m. Quilting
- 9 a.m. Line Dancing
- 10 a.m. Cribbage
- 10:30 a.m. Gentle Yoga
- 12:30 p.m. Blood Pressure Check
- 12:30 p.m. Billiards Round Robin
- 1 p.m. Western Dance Lessons
- 1:30 p.m. Bingo

5 p.m. Movie: Book Club-The Next Chapter

5:30 p.m. Power Pump Fitness Class

Wednesday, August 30

- 8 a.m. Gardening Club
- 9 a.m. Ceramics
- 9 a.m. Zumba Gold
- 10:30 a.m. Healthy Bones & Balance Class*
- 1 p.m. Movie: Book Club-The Next Chapter
- 1 p.m. Belly Dancing

Thursday, August 31

- 8:30 a.m. Foot Care*
- 9 a.m. Tai Chi
- 9:30 a.m. Dominos
- 10 a.m. Sunshine Craft*
- 12:30 p.m. Billiards Round Robin
- 1 p.m. Mahjong
- 2:30 p.m. Active Yoga

PLEASE register for Boomer Boot Camp, Veteran's Agent, Lunch & Learn, Hearing Clinic, Power Pump, Healthy Bones and Balance, Art Class, Forget-Me-Not Circle, and Foot Care by calling 583-3564

Daily Events:

1. Café: Monday – Friday 8-11 a.m.
2. Exercise Room: Monday - Friday 8 a.m. – 3:30 p.m. Open until 6:30 p.m. on Tuesday
3. Billiards Room: Monday, Tuesday, Thursday 8 a.m. – 12:30 p.m.; Wednesday and Friday 8 a.m. – 3:30 p.m.
4. Walking Club: Monday – Friday 7 and 8 a.m., leaving from parking lot.

Menu:

- Thursday, August 24: Birthday Lunch! Baked Ham/Roasted Pot/Veggie
- Friday, August 25: Veggie Pizza/Power Salad
- Monday, August 28: Kielbasa/Lazy Pierogi
- Tuesday, August 29: Vegetarian Chili
- Wednesday, August 30: Shrimp Scampi/Linguini/Veggie
- Thursday, August 31: Open Faced BBQ Pulled Pork/ Pot. Salad/Veggie

Reserve a delicious \$2 lunch by calling a day ahead. Call Friday to reserve lunch on Monday.

For allergy concerns, call the Senior Center to ask about ingredients at 413-583-3564.

PET OF THE WEEK



THOR AND STORM

Six-year-old Thor and Storm are two brothers. These rescue kitties are the proud owners of Kathy and Michael Bleau, as well as their brothers Avery and Gabe.

Workshop13 hosts fifth annual Northeast Fine Arts Exhibition

Local Non-profit Cultural Arts and Learning Center seeks works of traditional realism by fine artists across the Northeast.

WARE – Workshop13 invites artists from throughout the northeastern US to participate in the fifth annual juried Northeast Fine Arts Exhibition. Works of traditional realism are welcomed in the following categories: Oil Painting, Watercolor, Sculpture, Drawing/ Graphics, Acrylic (includes casein & egg tempera, Pastel, and Mixed Media. Awards will be granted in multiple categories, with Best in Show receiving \$1,000. The deadline for entry is Aug. 23 by midnight.

This annual exhibition of traditional realism is held in the unique Grand Hall

gallery of Workshop13, a non-profit cultural arts and learning center located at 13 Church Street in Ware. The exhibition will be on display from Sept. 23 to Oct. 8 and can be visited on Fridays from 4-7 p.m. and Saturdays and Sundays from 1-4 p.m. The show will open with a reception from 1-4 p.m. on Sept. 23, with awards announced at 3 p.m.

The juror for the 5th annual NEFAE is Julie Beck. Beck is the Assistant Director of the Academy of Realist Art, Boston, as well as an instructor. Julie is currently working out of her personal studio at ARA Boston, where she is developing a body of work that explores the concepts of nostalgia, relationships, and identity. She has a wide range of painting subjects including still life paintings and animal/figurative works. Her work can be found in private collections throughout the US and internationally.

HCC offers free line cook training

HOLYOKE — The Holyoke Community College is offering free training classes in line cook skills offered through the Office of Workforce Development office. The free line cook training starts in September and is for anyone interested in developing new skills.

Classes will be held in person at the HCC MGM Culinary Arts Institute, 164 Race St. For more information about the programs, please visit hcc.edu. Class

times are as following:

- Line Cook a.m. Training Sept 18 to Oct 20, 2023
- Mon is from 9 a.m. to Noon
- Tues to Friday, 9 a.m. to 3:30 p.m.
- Line Cook p.m. Training Sept 18 to Nov 9, 2023
- Mon to Thursday, 5 p.m. to 9:30 p.m.
- Line Cook AM Training Oct 30 to Dec 8, 2023
- Mon is from 9 a.m. to Noon
- Tues to Friday, 9:00 am to 3:30 pm

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What's Happening at Hubbard Memorial Library?

To register for programs or find out more information, visit hubbardlibrary.org, or call (413) 583-3408. Weather-related announcements for outdoor events will be made on the library's Facebook page the morning of the program.

Library Hours: M, W, F 9-5, TU, TH, 9-8, S 9-1. Closed Sundays and holidays; closed on Saturdays for the summer starting 6/17.

FOR ALL AGES

THE SUMMER READING PROGRAM ENDS ON AUGUST 29TH! Record your progress and put your tickets in for raffles through the Beanstack website: <https://hubbardlibrary.beanstack.org/reader365>

The Grand prize raffle drawing is Tuesday August 29 at 2:30pm. Winners will be notified by phone.

Free Streaming Services Available! Use your Hubbard Memorial Library library card to access our streaming services, Hoopla & Kanopy. They're compatible with Android, Apple, Roku, AppleTV, Chromecast, and more. If you are a Ludlow resident with a Hubbard Memorial Library library card and the Libby app, you've already got access to Kanopy in the app! Hoopla provides movies, TV shows, music, eAudiobooks & eBooks, while Kanopy focuses on films, TV shows, and documentaries. Both have a version for kids. Why pay for a streaming service when you can get two for free with your library card?

FOR ADULTS

The Old Corsair, Tuesday August 29, 6:30 p.m. Meet with local author, Michael Destefano, and learn about his new book "The Old Corsair". Destefano's latest book is a political thriller following a naval intelligence officer.

The Happy Hour Book Club dis-

cusses "Small Things" by Claire Keegan, Thursday August 31, 6:30 p.m. The "Happy Hour Book Club" meets the last Thursday of the month at 6:30 p.m.. New members are always welcome.

The "Who Picked This Book?" Book Club discusses "Here's to Us" by Elin Hildebrandt, Thursday September 7, 3:30 p.m. The "Who Picked This Book?" book club meets the first Thursday of the month at 3:30 p.m.. New members are always welcome.

FOR TEENS

Diamond Painting Drop-in, Monday August 28, 10:00 a.m. - 5:00 p.m. Diamond painting is part paint-by-numbers, part mosaic, part bedazzling, and totally cool and fun. Drop in anytime between 10am-5pm to work on a beautiful picture to hang in the library.

Volunteer Pizza Party, Tuesday August 29, 1:00 p.m. A special thank-you party for all the young adults who have served as volunteers over the summer, with pizza, soda, ice cream [&] more. Volunteers, please RSVP by Tuesday morning.

Nintendo Switch Night, every other Tuesday (9/5 & 9/9), 6:00-8:00 p.m. Play Mario Kart, Smash Bros, or other Nintendo Switch games. Free pizza is generously donated by Domino's of Wilbraham. For 6th-12th graders, space is limited to 16 people, please register.

Anime Club, every Tuesday, 3:30-5:00 p.m. Meet each week to watch & talk about anime, eat snacks, & try out your cosplay. Please register.

The 'Fellowship of the Pages' Tween Graphic Novel Book Discussion Group, Every Thursday, 4:30-5:30 p.m. Meet each week to discuss graphic novels, eat snacks, play games, and

make friends. This month the group is reading Alice Osemon's "Heartstopper", copies of which are available in the Youth Room. Please register.

Dungeons & Dragons High School Adventure Ensemble, Fridays 2:30-4:30 p.m. This group is for experienced high school players and has room for 2 new players this fall. Please register.

The Read Between the Lines YA Book Group discusses "The Inheritance Games" by Jennifer Barnes, Friday September 8, 3:00-4:00 p.m. Book chat and snacks for ages 14 & up. Copies of each month's book are available in the Youth Room. Registration preferred.

FOR CHILDREN & TEENS

Pokemon Club, Mondays 3:30-5:00 p.m. Trading, dueling, & gaming on handhelds, phones, or Nintendo Switch. Please have your name on everything you bring to the club. Please register.

Interskate 91 Party!, Monday August 29, 6:00-8:00 p.m. This free party is open to everyone who participated in the summer reading program or who participated in any of the Youth Room events. You will receive free tickets when you finish the reading program or you can pick them up in the Youth Room anytime in August.

Minecraft Club, Wednesdays 3:00-4:45 p.m. Minecraft players of all skill levels can bring their own devices, or may use one of the library's eight computers to build, play & create. For upper elementary & up. Drop-in.

Roblox Club, Fridays 3:30-4:45 p.m. Meet new friends or play with old ones while playing Roblox; the library will help match kids up according to age and game types. For ages 8+.

FOR CHILDREN

Sing With Me, Tuesdays 10:30-11:00 a.m. Join Youth Services Librarian July for 30 minutes of favorite children's songs & movement. Outdoors and drop-in in good weather (please bring chairs or a blanket), indoors with an attendance limit when raining so please register. Weather announcements will be posted on our Facebook page the morning of the program.

You and Me in Music For Babies & Toddlers, Wednesdays in September, 11:30 a.m.-12:30 p.m. Join us for this dynamic program led by Music Therapist, Renee Coro of Harmonious Happenings. Sponsored by Pathways for Parents CFCE. Please register.

Lego Build Challenge, Wednesdays 12:00-5:00 p.m. Pull a Lego Build Challenge Card and try to build it with the library's Legos, or free build just for fun. All creations will be put on display in the Youth Room for the week. Drop-in.

Learning in Motion Playtime, Thursday August 24, 12:00-1:00 p.m. An active playtime for little ones 2-8 years old and their dads, grandpas, uncles, or other male-identifying (or non-binary) caregivers. This program gets kids moving, learning and having a ball. Sponsored by Pathways for Parents CFCE. Please register.

Scavenger Hunt "Kristin's Favorite Books!" Friday August 25, 9:00 a.m. - 5:00 p.m. Search the Youth Room to find out what Youth Room Assistant Kristin's favorite books are to win a prize. Drop-in.

Drop-In Outdoor Storytime, Fridays during the summer, 12:00-12:30 p.m. Best for ages 2-5, we meet on the library lawn. Will cancel due to bad weather, check Facebook for updates.

Dakin Humane Society rescues more than 40 cats/kittens from hoarding cases

SPRINGFIELD -- Dakin Humane Society has participated in rescue efforts involving two separate hoarding cases in the past week and has taken over 40 cats and kittens into its care. The felines are being medically and - in some cases - behaviorally evaluated, with several newborn kittens and mothers being placed in foster homes. Many are available for adoption, with more becoming available in the days and weeks ahead.

On Tuesday, Aug. 1, the organization traveled to a one-bedroom apartment in

Berkshire County that contained more than 80 cats and brought several felines back to provide care and place for adoption.

The following Saturday, Aug. 5, Dakin assisted a Hampden County animal control team with the intake of over 30 cats and kittens, several of them Siamese and Ragdoll breeds, and returned with 21 cats to treat and make available for adoption at Dakin.

According to Dakin's Executive Director Meg Talbert, "It's very unusual

that Dakin responded to two hoarding cases just days apart, but it's a vital part of our mission to answer the needs of our community. Cats that come from these circumstances tend to be very shy and are typically not confident or social around people for what may be just an initial period, or for their entire lives. They're perfectly happy to have a home with a cat companion or two. They're very special animals, and we're hoping that people will open their hearts and homes to them."

Talbert noted that the cats and kittens will be spayed or neutered prior to being made available for adoption.

Due to the large number of cats taken in between the two rescues, Dakin has created an online form to collect contact information and other data from prospective adopters of these felines. All Dakin pets available for adoption, including the cats and kittens recently rescued and ready to be rehomed, can be seen here. Several of the recently rescued cats have reduced adoption fees.

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Send your stories and photos to Marcelo.Gusmao@turley.com

OPINION

GUEST COLUMN



Orange-crowned warbler

I received an email this week from an Oakham resident, who saw a couple of warblers at Muddy Pond in Oakham. He said they were very vocal and “chirping.” He said at first he thought they were Tennessee warblers, but then he noticed more gray on their head and neck. They may have been orange-crowned warblers.

The orange-crowned warbler is about five inches long and looks similar to the Tennessee warbler. A distinguishing feature is the orange-crowned has yellow under tail coverts and the Tennessee, white.

Drab is a term used to describe the orange-crowned warbler and is best identified by its lack of field marks. The orange crown patch is seldom visible as these warblers flitter about in the trees. It has dull olive-green upper parts and pale olive-yellow underneath. In addition to the yellow under tail coverts it has faint streaking on the sides of the breast.

The female lays three to six cream colored eggs in a nest of bark strips and grasses, placed either on the ground or in a shrub. They eat insects and berries and inhabit dense thickets, forest edges and brushy fields. Their song is a high-pitched chipping trill, which trails off at the end. The call is a metallic “chet.”

Wild turkeys and poults

I had to stop to let a flock of three adult hens and over 12 poults cross a road recently. As they made their way across the road, I tried to get an accurate count. However, the young turkeys moved quickly and often went behind another poults or a hen. This was the second time I saw the flock in the same general area.

Loon census

On July 15, the Loon Preservation Committee of New Hampshire held their annual loon census. In their newsletter they said, “During the Loon Census, a total of 440 volunteers took to 121 lakes across New Hampshire to count loons. In total, they documented 431 adult loons, 56 loon chicks, and 2 immature loons. This census coverage represents roughly 1/3 of the lakes that LPC biologists monitor annually, and as such, our final population numbers for the season will likely be higher.”

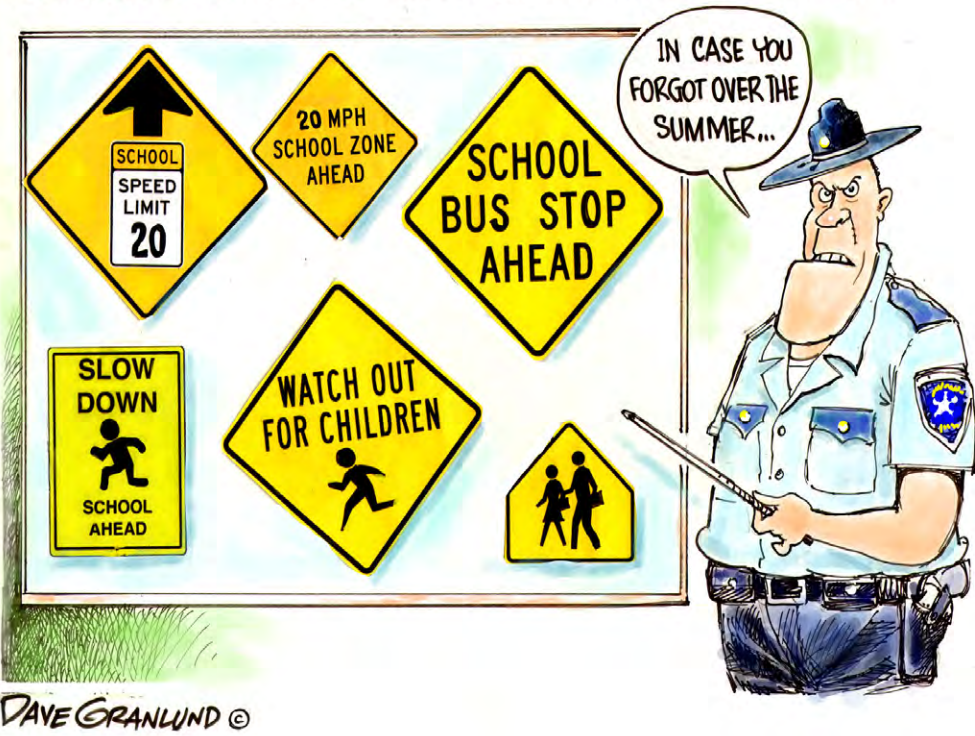
Loon fact

After the hatch of their first chick, adult loons often remove the membrane from the first hatched egg and any attached large pieces of eggshell from their nest. This behavior has been widely documented here in New Hampshire, both on LPC’s Live Loon Cams and by wildlife photographers, as well as by biologists in the field.

In a recent newsletter from LPC an article said, “The removal of eggshell fragments from loon nests may occur in part due to the asynchronous hatch of the two chicks. Until the second chick hatches, the loons brood their first chick on and around the nest. While they may take it into the water for brief swims or to feed it, the first chick ends

Please see **GARDEN**, Page 11

Back to School refresher course ... for drivers ...



GUEST COLUMN

The time we put a fort in the wrong place

We all make mistakes. To err is human, after all.

For example, flowers sometimes get inadvertently planted or fences built on the wrong side of the property line. It’s an imperfect world after all.

When armies and nations make such a faux pas, war can result. Fortunately, that didn’t happen with this week’s tale.

Although the story does begin with a war. Two of them, in fact.

We know Canada today as a mellow place, a country famous for its politeness and good manners (along with trying to stay warm half of the year). But that wasn’t always the case.

When the American colonies launched the Revolutionary War, our neighbor to the north stayed loyal to England.

Twice, (during the Revolution and again 37 years later during its sequel, the War of 1812) the U.S. invaded Canada. Twice, we had our fanny handed to us on a platter; and, as my Canadian friends in college were fond of gleefully pointing out, “We burned your White House, too!”

After narrowly surviving the War of 1812, President James Madison said it was time to seriously invest in defense spending. Since a fort had famously stopped the British fleet at Baltimore (giving us The Star-Spangled Banner in the process), the War Department set about building a string of fortifications along the Atlantic coast, many of which still stand today.

An imposing fort was planned to protect America from Canada as well. Money was authorized to build an eight-sided fortification with 30 foot stone walls and armed with 125 powerful cannons.

It would be built in New York state on the northern end of Lake Champlain within sight of the border. Twice during both wars, the British had used that waterway to launch their own invasions of our country.

Once the new fort was in place, no warship could get past it.

So, the Army set to work building the new fortress in 1816. Dozens of workmen and soldiers, overseen by the Corps of Engineers, commenced the mighty task.

It was so important; President James Madison even inspected the site in 1817.

Things were progressing nicely. Dozens of acres of woods had been cleared and the massive stone walls were going up.

Then it happened. A clerk in Washington discovered a mistake.

A bad mistake. A make-your-face-turn-red and hang-your-head-in-shame mistake.

The survey that had been used to select the new fort’s site was wrong. Way wrong.

It mistakenly placed the international border three-quarters of a mile to the south. Meaning the fort intended to protect us from Canada was being built – in Canada!

President Madison was mortified. He ordered construction to stop, told the Army to immediately withdraw, then apologized profusely to the Canadians, who shrugged it off with a “these things happen” response.

Washington had spent \$175,000 (about \$3.5 million today) on the project. Now it was all wasted in a textbook example of a government boondoggle.

With the Army gone, local residents took stone and other materials for use in their houses, buildings and barns. In a few years, the site was picked clean.

No trace of it now exists.

The fort had never been officially named. Americans and Canadians alike eventually called the place exactly what it was: Fort Blunder.

Twenty years later, the Army built another fortification nearby. Called Fort Montgomery, it was smaller and less imposing than the original.

By then U.S.-Canadian relations were warming significantly.

In 1909 it was abandoned. Today it sits empty on the shores of Lake Champlain, a decaying relic from a bygone era.

But one thing was certain: when the Army began building Fort Montgomery, you can bet they made darn sure they went to work on the right side of the border that time!

Holy Cow! History is written by novelist, former TV journalist and diehard history buff J. Mark Powell.



The REGISTER

LETTERS TO THE EDITOR

Letters to the editor should be 250 words or less in length. No unsigned or anonymous opinions will be published. We require letter writers to include his or her town of residence and home telephone number. We must authenticate authorship prior to publication.

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All unknown or alleged facts and quotations offered by the author need to cite credible, unbiased sources.

Send letters to: The Register, 24 Water Street, Palmer, MA 01069 or email mharrison@turley.com. The deadline for submissions is Friday at noon.

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Please send photo captions identifying all subjects in your image(s) from left to right.

We need first and last name, hometown, title if applicable, and a brief description of what subjects are doing in the photo. Email uncorrected, raw, RGB color digital photos at highest resolution directly off your camera to mharrison@turley.com.

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IN THE CLASSROOM

Springfield Technical High School every class reunion



Submitted photo

Standing in front of Tech High on Elliot Street, committee members for the September 23 Every Class Tech Reunion (L to R) Mike Borecki '72, Dawn Duncan '71, Matt Villamaino '67, Paul Montefusco '69, Joan Learned '56, Walter LaBrood '47, and Margaret McCormick '74.

SPRINGFIELD— The spirit and camaraderie of Springfield's Tech High School is alive and well as they gear up for another exciting reunion on Saturday Sept. 23 at the Elks Lodge, #61 at 440 Tiffany St. from 3 to 8 p.m. The reunion is open to all tech classes.

An outside barbecue will be held rain or shine under the lodge's pavilion and will include hot dogs, hamburgers, pulled pork, salads, vegan options, dessert and more. Cash bar. Free parking and handicap accessible.

A fun-filled afternoon will include DJ and dancing, cornhole and bocce games, raffles and time to reminisce with friends

over the years and make new friends as well.

According to committee chair Mike Borecki, "Tech High was a great school and many lifelong friendships were forged back then. It's our dream for everyone to have fun and to keep the Tech Spirit tradition alive for many years to come."

Seating is limited and tickets are \$25 each. All are on a first come, first served basis. Open seating. For tickets call Mike Borecki '72 at 413-351-6572, Margaret McCormick '74 at 413-531-4763, Dawn Duncan '71 413-896-3930, or Matt Villamaino '67 at 413-896-2206.

BBB Tip: Back to school shopping for tech supplies

Technology has become a permanent fixture of the education experience. After the crash course in educational technology that was the 2020 school year, teachers and students are increasingly confident in using technology for learning. Though its role in the classroom will continue to evolve, a precedent has been set - technology is now a critical component of education.

Market research firm Deloitte details how educational shifts influence consumer shopping habits, "Digital learning tools are replacing traditional school supplies, driving tech sales up 37% YoY." As families begin to invest in reliable technology, BBB® advises shoppers to beware of scammers who could spoil their hopes for academic success.

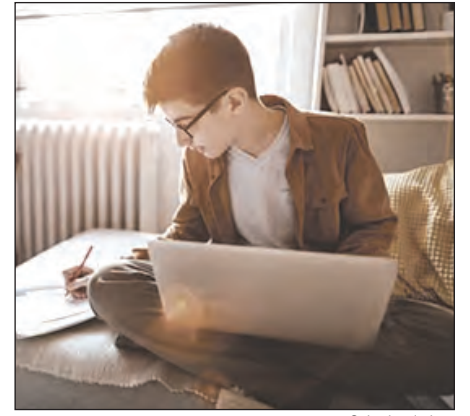
Data shows that consumers are planning to make more technology purchases and use digital technology to make those purchases. Deloitte research indicates that nearly half of consumers want to shop online for technology purchases. Consumers say quality and price are the top two factors driving their purchase decisions.

However, shortages of essential supplies like computer chips may limit the options available to shoppers. These trends put consumers in a risky position - needing products but can't find them from trustworthy sellers. In times like these, scams are increasingly likely.

Scammers may target shoppers with phony deals, enticing ads, and attractive but fake websites. Savvy online shopping is necessary to ensure you don't fall prey to a scam.

BBB offers these tips for buying tech products ahead of the new school year:

- Shop with familiar retailers. Laptops, tablets, or other tech accessories can be a significant investment. Shop with businesses you know and trust to ensure you get a quality product and good customer service.
- Don't buy from impostors. Fraud-



Submitted photo

sters may use the name, logo, and other characteristics of brands they trust. Closely examine the website to verify they are who they are.

- Approach low prices with caution. Low prices and short-term sales could signal you've encountered a scam. If the price seems too good to be true, it probably is.

- Some companies rarely offer sales. Do more research if a company that rarely discounts products offers a huge sale. The products may be used or refurbished, or it could be a fake website.

- Know what you're shopping for. Set a budget, identify what capabilities will benefit your student, and compare your options. Then, shop around for a reliable seller. Researching the best product for your needs will help you avoid scams and buyer's remorse.

- Ensure you know who the seller is. Some big box retailers allow third-party sellers to list items on their sites, and those items can be hard to distinguish from the rest. Read all the fine print to ensure you're comfortable with the seller.

- Finish your shopping early. Supply shortages are possible, especially as many consumers begin shopping for the same products. Do your shopping now to avoid paying higher prices or falling victim to a scam.

YOUTH SOCCER from Page 1

added. "Just work out the times and the schedules, and that should be done with the Athletic Director at the Boys & Girls Club."

Members of the International Football Academy, who had requested use of the Community Center's fields, were also present at the meeting, and said that they have no intention of competing with LYSA, but only to offer soccer opportunities for kids who are out of the age range for LYSA.

"I was a coach for a very long time with Ludlow Youth Soccer, and it's always been a contentious thing with fields," Selectman Manuel Silva said.

Silva was sympathetic to LYSA's competition for good fields in town.

"We just don't have the resources to find fields, get some more fields," Silva said. "Hopefully with Vets Park going, we might be able to fix that up a little bit...it is a problem with getting field time."

Selectman Derek DeBarge was also familiar with Anselmo's difficulties

getting field time, but supported the Boys & Girls Club using the field to generate revenue.

"As a baseball coach, I have to fight with plenty of other teams for the fields that we have," DeBarge said. "I know the Boys & Girls Club is in the business of making money, because they need to make money, and the donations have been, I know, less and less through COVID."

DeBarge said that with better communication, LYSA would be able to coordinate with the Boys & Girls Club and any groups they may loan the field out to.

"I'd like to see everybody be able to use [the field], especially the ones that are paying for it, to generate the money," DeBarge said. "I definitely understand what you're saying too, Joe. We want to be there for our teams, our home teams, and our children."

"I think every-

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body can do that if they communicate well, and most importantly, the Club needs to make money," DeBarge said. "With the renovations that they're doing back there, with the new field, the new [baseball] diamonds, the bathrooms, the concessions, the pickleball, the basketball, all of that, that's a \$400-450,000 upgrade there."

DeBarge hypothesized that there will only be more requests to use the field as it gets developed, but said that with proper communication, "I'm in favor of everyone using it."

Selectman Tony Goncalves clarified

the times when other groups would be using the field, and Town Administrator Marc Strange asked that Anselmo amend the request form so that the Club would give LYSA priority on specific days, rather than the whole season.

The Board of Selectmen voted unanimously to approve the request by LYSA, excluding Mondays when IFA will need the Community Center field, "with the caveat that both organizations will communicate with each other, should changes need to be made," DeBarge said.

Are you having difficulty communicating with your partner, struggling with boundaries, and healthy relationships?

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Submitted photos

Claire with her cake, "104 and still blooming!"

104TH BIRTHDAY from Page 1

Claire turned 100.

"We said if something ever happened to Gram, we'll fly kites on her birthday," Alves said.

Claire was married on June 1, 1940, and gave birth to two children. Her family lived most of their lives in Springfield before retiring and moving to East Longmeadow.

"About seven years ago, Claire broke her hip. She had been living in Wilbraham and needed some extra hands, so we moved her in with us, to Ludlow," said Alves, who Claire lives with to this day.

Despite being wheelchair-bound, Alves said that Claire "rolls around my

house like it's nobody's business."

In attendance at Claire's birthday party were at least 40 people, including her brother. Aside from a cousin who lives in Georgia, the party drew children, grandchildren, and great-grandchildren.

"She's very funny, because she's the proper lady," Alves said, saying that Claire reacted to the birthday party by saying, "oh, not a party for me!"

Alves and her mother, Joyce Tidlund, Claire's daughter, said that Claire used to work "odd jobs".

"She worked when she wanted to, and walked off the job when she wanted to," Alves said.

She worked security for the Forbes & Wallace department store in Spring-



Claire blowing out her candles with her son Lawrence MacNeil and daughter Joyce Tidlund.

field, while it was open, and also worked for an answering service for a dentist. "That was about it," said Tidlund, "my dad was a carpenter, and he did well for our family, so mom just worked when she got bored. She wasn't really looking for the finances of it."

Claire loves to play cribbage, and is a big fan of old musicals, like "Singing in the Rain."

According to her family, her favorite movie is "White Christmas," which she can recite by heart in time with the stars.

Claire used to be a very avid knitter, and made afghan knits for each of her seven grandchildren, along with her 12 great-grandchildren and her one great-great-granddaughter.

"My mother is a chocoholic. She loves chocolate," Tidlund said, adding that she was proud to say that chocolate remains her mother's only vice. "She never smoked, never drank."

"I never had any regrets," Claire said, adding, "life certainly hasn't been easy all the time."



Claire, all dressed up for her birthday.

"Just lead a good life. I've been lucky and I'm happy," she added. "Just do what you want and live the way you like...and eat chocolate! Everything chocolate!"

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CLUES ACROSS

- 1. Russian painter
- 6. Very fast jet
- 9. Philippine municipality
- 13. Intestinal
- 14. Small freshwater fish
- 15. Algerian coastal city
- 16. Vomit
- 17. Famed astronomer
- 18. Ghanaian currency
- 19. Improved the condition of
- 21. Int'l association of interpreters
- 22. Infections
- 23. Dish made with lentils
- 24. Thou
- 25. Former CIA
- 28. Unit used to compare power levels
- 29. Members of Pueblo people
- 31. Myanmar monetary units
- 33. Polished
- 36. Signed a contract

- 38. Nothing
- 39. Once-ubiquitous department store
- 41. Neural structures
- 44. Thick piece of something
- 45. Slang for trucks with trailers
- 46. Longing
- 48. Senior officer
- 49. Levels of frequency
- 51. Bird's beak
- 52. Move rapidly downwards
- 54. Koran chapters
- 56. Stretches out
- 60. Top of the human body
- 61. A Chinese temple and Indian town are two
- 62. Fertility god
- 63. Sea eagle
- 64. Dry
- 65. Zodiac sign
- 66. "Horizon Call of the Mountain" character
- 67. Have the ability to
- 68. Take somewhere

CLUES DOWN

- 1. "Iron Man" actress Leslie
- 2. Wings
- 3. Adjust the spacing
- 4. They're usually locked
- 5. Atomic #43
- 6. Wise individuals
- 7. Horse mackerel
- 8. Pearl Jam's debut album
- 9. Confines
- 10. Colorless crystalline compound
- 11. Unsatisfactorily
- 12. Plant of the parsley family
- 14. Determines time
- 17. Causes the birth of
- 20. Small ornament on a watch chain
- 21. Richly decorated cloth tapestry
- 23. Vito Corleone was one
- 25. Igbo musical instrument
- 26. Put in harmony
- 27. Japanese alcoholic drinks
- 29. Tinseltown
- 30. Closes tightly
- 32. Songs sung to one's lover
- 34. One thousandth of an inch
- 35. Small drink of whiskey
- 37. Political divisions in ancient Greece
- 40. Helps little firms
- 42. Baby's eating accessory
- 43. Very long periods of time
- 47. Small block of wood
- 49. Town in Surrey, England
- 50. Enquiry
- 52. Murdered
- 53. Bura-...: Chadic language
- 55. Crater on Mars
- 56. Mammal genus
- 57. Sock
- 58. Make
- 59. Stony waste matter
- 61. Partner to cheese
- 65. Pound

LITTLE LIBRARIES from Page 1

Vice President Kelly De Gobbi.

"A lot of people commented on the variety of books available and the quality of the boxes," she said.

The little libraries were crafted and installed by Thomas Caproni for his Troop 180 Eagle Scout project. Caproni, 18, graduated in June from Pope Francis Preparatory School and begins his freshman year this week at Tufts University, where he plans to major in engineering.

"I loved going to the library as a kid and reading new books and I've seen little libraries in other towns," Caproni said.

"I was lucky enough to have parents who would drive me there often as a kid, so having these boxes near where people live helps out kids who aren't as fortunate."

Whatever career paths are ahead for Caproni, Friends President Peter Ouimette said he already shows project management skills.

"He did a great job organizing and following through on all aspects of the project, from seeking funding from us and others, as well as meeting multiple times with town officials," Ouimette said.

"His approach, organization, methodology and follow through when approaching all manner of private and public officials was very impressive, never mind the actual work of creating and installing these little libraries, all of which came out great. They are well made with very polished finishes."

Getting approval to install the boxes, including coordinating with DigSafe for the four locations, added about a month to the project. Caproni said he had to learn as went along and lean on his dad and other mentors. His troop helped, too.

"Cutting all the wood took a little under a month and most of the painting and assembly for three of the boxes was done in one day when I led my troop," he said.

"I didn't know much about wood-



Turley Photo by Michael Harrison

The little library Thomas Caproni installed at East Street School.

working from the start and I learned a lot from my dad, Mr. Gravelin and my Scoutmaster, Mr. Simard, when they helped me with the cutting. My dad also helped me finish the assembly over the winter."

He also had corporate sponsorship. "Most of the materials were donated from the East Springfield Home Depot," Caproni said.

"They were very helpful in getting that all figured out," he said.

"I'd also really like to thank my mom, who supported me from the start of this," Caproni said, while acknowledging others he wants to share in the credit:

"Mr. Brodeur, who was my Eagle project advisor; Mr. Schneider, who really helped me out when my drill was too big for one of the steps; Alli DeLong and Peter Ouimette, who were the presidents of the Friends of the Ludlow Public Library while I was working on this, and Kristin Santos, who works at the library and helped me with getting all of the books for the boxes," Caproni said.

SPORTS

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Lighting compete at Spec



Turley photos by David Henry www.sweetdogphotos.com

Sloane Kapusta wrestles to keep the ball.

LUDLOW – The summer has concluded for the Ludlow Lightning, a 7-8 girls basketball team that competed in the Spec Pond Summer Basketball League. The Lightning had a tough season, but did compete in the playoffs, losing to Enfield in the opening round 26-5 on Aug. 6.



Kiyah Price makes her way down the court.



Kenzie Tripp attempts the steal.



Fiona Leandro makes a pass ahead of pressure.

St. John's captures men's title



Turley photo by David Henry www.sweetdogphotos.com

Aiden Cashingino takes a shot.

By **Tim Peterson**
Sports Correspondent

LUDLOW—Aiden Casinghino was a senior captain of the Tantasqua Regional boys varsity soccer team in 2018. Braylon Casinghino was a senior captain of the Warriors soccer team a year ago.

The brothers had never been teammates on the same soccer team until this summer.

The duo helped the top-seeded St. John Heating & Cooling celebrate an exciting 2-1 victory over the second-seeded Villa FC in the men's championship match of the prestigious Pioneer Valley Summer Soccer League held at historic Lusitano Stadium in Ludlow, last Saturday night.

"Because I'm a few years older than my brother, we never played on the same soccer team in high school," said Aiden Casinghino, who also played soccer

at Springfield College. "Winning the men's championship title is fantastic, especially having the opportunity to play on the same soccer team with Braylon. We fought very hard for the entire 80 minutes."

St. John Heating & Cooling (10-1 regular season record), who was previously known as Griffin's Café, lost to the Lusitano Red, 1-0, in last year's finals. They also captured the men's title in 2016 and 2019.

"We've been able to win the summer league title every three years. There wasn't a summer league season in 2020 because of COVID," said St. John Heating & Cooling co-coach Jon Remillard, who's from Palmer. "We have some younger guys on this year's team who worked very hard. It feels great to win another title."

Please see **MEN'S SOCCER**
Page 11

Fall leagues get update by PVIAC

By **Gregory A. Scibelli**
gscibelli@turley.com

The fall preseason has started this week, and with it, alignments for fall leagues have been updated. Full realignment typically takes place every four years, but has happened more frequently due to the pandemic and the introduction of the new state tournament.

In Western Massachusetts, due the geographic diversity throughout the region, the Pioneer Valley Interscholastic Athletic Association makes leagues based on the competitiveness of a school in a given sport, sometimes regardless of what division they play in at the state level for tournament.

For example, in the updat-

ed Kurty-Fielding Division for girls soccer, South Hadley, a Division 4 and smaller school, is in a crowded league with larger schools like Agawam, Wahconah, Chicopee Comprehensive, and Pittsfield.

The Central League features one of the top teams in Western Mass. once again. Monson is a part of the league, along now with Palmer, which has had a couple of very successful leagues. Chicopee, Southwick, and Granby are also a part of the league, along with larger schools in Amherst and Northampton. Northampton was defeated by Monson in an independent game last year.

Please see **FALL LEAGUES**
Page 10

Justin Bonsignore rolls to 13th Career Thompson win

THOMPSON, CT – Justin Bonsignore hadn't won at Thompson Speedway Motorsports Park since 2019, but Wednesday night, he reminded everyone on the NASCAR Whelen Modified Tour why he leads all active drivers with wins at the oval.

Bonsignore's Kenneth Massa Motorsports team sent him off pit road first after a pit stop around halfway, then Bonsignore held off the charges of Doug Coby, then Ron Silk through multiple restarts to score his 13th career Thompson win. The victory tied Bonsignore for second all-time in Thompson wins

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Submitted photo

Justin Bonsignore picked up his first Thompson Speedway in four years last week.

Blue Sox season ends in opening round

HOLYOKE – Earlier this month, the Valley Blue Sox won their division and went after the New England Collegiate Baseball League championship. The Blue Sox won back-to-back titles in 2017 and 2018, but have not gotten back there since.

Unfortunately, history would repeat as the Blue Sox were defeated by the Bristol Blues two games to one in a best-of-three series.

The Valley Blue Sox season has come to an end after falling to the Bristol Blues 10-3. After winning the first game of the quarterfinals series, the Blue Sox were shutout in game two and defeated in game three at home, allowing Bristol to advance to the semifinals.

The Blues piled on the scoring early, putting up six runs in the first three innings. An RBI groundout in the first, a throwing error and RBI single in the second, and a sacrifice fly and RBI single in the third allowed the Blues to take the lead 6-0.

Dillon Ryan started the game for the Blue Sox, pitching three innings allowing six runs and striking out two batters.

Joe Dooley took over for Ryan in the top of the fourth, pitching four innings allowing four runs with one strikeout.

Bristol added a run in the top of fifth following an RBI double, another in the



Michael Zarillo prepares to catch a ball on a steal attempt.

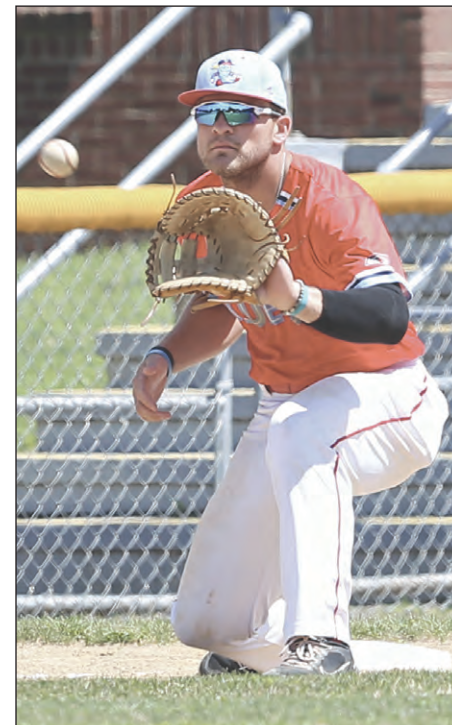
sixth off an RBI double, and two more in the seventh after a sacrifice fly and RBI groundout to go up 10-0.

The Blue Sox put a run on the board in the bottom of the seventh after Jeff Pierantoni hit an RBI single to score Matt

Bergevin.

Brendan Yagesh relieved Dooley in the top of the eighth, pitching a scoreless frame with three strikeouts.

Valley added two more runs in the bottom of the eighth following an RBI



Matthew Bergevin gets the out at first.

single from Michael Zarillo to score CJ Willis and Bergevin.

2023 All-Star Michael Weidinger got the ninth for the Blue Sox, striking out two batters during his clean inning.

NECBL announces all-league selections

SOUTH HADLEY - The New England Collegiate Baseball League (NECBL) is proud to announce the 2023 All-NECBL teams. The honors were voted on by all 13 on-field managers of NECBL franchises. Only regular season statistics and performances were taken into consideration during the selection process.

The list includes 47 players across three teams: the All-NECBL First Team, the All-NECBL Second Team and the All-NECBL Honorable Mention Team. Each is composed of one player at each non-outfield position (C, 1B, 2B, SS,

3B), three outfielders, one designated hitter, three starting pitchers, two relief pitchers and one closer. In the case of ties, some positions may include additional honorees.

Making the second team was Valley Blue Sox DH A.J. Guerrero.

Guerrero led the Blue Sox in hits (42), RBIs (23), finished second in runs (21), third in batting average (.298) and led the league in doubles (11) in 141 at-bats. His best performance of the season came on July 26 when he went 2-for-3 with two doubles, two RBIs and two runs scored, leading Valley to an 8-3 victory.

FALL LEAGUES from Page 9

Ware joins the Pioneer North League and will now meet twice this year with Easthampton, St. Mary's, Frontier, Mahar, and even Holyoke.

Holyoke was dropped from the Central League after a couple of disappointing years.

The top league in the region is the Coombs League, and features Minnechaug, Belchertown, East Longmeadow, Longmeadow, Ludlow, West Springfield, and Westfield.

In boys soccer, there are not a lot of big changes, though the Churchill League, which features Agawam, Westfield, and Pope Francis, and Pittsfield, will add Hampshire Regional and Mt. Greylock of Williamstown.

Dropped the Holley League is Chicopee Comprehensive. Chicopee, Holyoke, and Monson are also a part of that league along with SICS and Northampton. South Hadley will be

part of the Moriarty League, and will once again matchup with Frontier, Easthampton, and Mahar. Southwick and Lenox will also be in the league this year.

Granby is part of the Schmid League this year, and Ware is a crowded Bi-County League that features eight teams.

Pathfinder, which now co-ops with Palmer, is in the Tri-County League again this year.

Football leagues did not see any major changes. The AA still features the same six teams, including Minnechaug and Holyoke. Agawam is part of the Suburban South, and South Hadley, Ludlow, and Chicopee are in the Suburban North again this season.

Belchertown will compete in the Intercounty South, and Palmer and Ware are part of the Intercounty North along with Greenfield, Mahar, Athol, and Franklin Tech. Pathfinder remains in the Tri-County.

T-Birds announce signings

SPRINGFIELD - The Springfield Thunderbirds announced today that they have signed forwards Mitchell Hoelscher and Steven Jandric, as well as defenseman Austin Osmanski, to one-year AHL contracts for the 2023-24 season.

Hoelscher, 23, skated in 57 games with the Thunderbirds in 2022-23, tallying 16 points (9g+7a). The Waterloo, Ont. native earned a call-up to Springfield after beginning the season with nine points (1g+8a) in just six games with the ECHL's Indy Fuel. He was originally a sixth-round pick by the New Jersey Devils in the 2018 NHL Draft.

Jandric, 25, began his 2022-23 rookie season with the ECHL's Worcester

Railers, where he posted 19 points (8g+11a) in 20 games. In 31 games with Springfield, he added eight points (2g+6a). A native of Prince George, B.C., Jandric skated collegiately for five seasons, accumulating 114 points (35g+79a) in 161 NCAA games with the University of Alaska-Fairbanks (2017-20), the University of Denver (2020-21), and Merrimack College (2021-22).

Osmanski, 25, saw 30 games of action last season in Springfield, posting six points (1g+5a), 28 penalty minutes, and a +1 rating. A native of Buffalo, N.Y., the 6-foot-4, 215-pound defenseman was selected by his ho

RACING from Page 9

with Ted Christopher, only trailing Mike Stefanik, with 15.

The victory was also Bonsignore's third of the 2023 season (Riverhead, Loudon) and his 10th top-five finish in 11 races this season.

"After we won seven out of eight here, then the runs we started having were a bit frustrating for us," Bonsignore said of Thompson. "The car was re-

ally good. We missed it a little bit, too tight on the first set of tires, but on the second set, it fired off so well. This is a really big confidence booster. This is my favorite track – and to bounce back like this and to lead half the race... it was a total team effort to win this one."

Bonsignore and the Kenneth Massa Motorsports team will be heading to Langley Speedway in Virginia for the next NASCAR Whelen Modified Tour race on Saturday, Aug. 26.

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St. John's took home the PVSSL Men's Championship this year.

MEN'S SOCCER from Page 9

Remillard shared the coaching duties with Jaime Prickett, who lives in South Hadley.

Following this year's championship match, Aiden Casinghino received the MVP award.



Turley photos by David Henry www.sweetdogphotos.com

Nick Bellak sends a pass away.

"Winning the championship game means a little bit more to me than receiving the MVP award," he said. "The MVP award should go to the entire team because everyone has worked very hard this summer. The championship cup trophy is the only one that matters."

While Aiden Casinghino is a midfielder, his younger brother was the St. John Heating & Cooling starting goalie.

Braylon Casinghino will be a goalie for the Western New England University men's soccer team in the fall. He was in the spotlight throughout the entire second half of the championship match.

"It has been a lot of fun playing on the same soccer team with Aiden," Braylon Casinghino said. "Watching him receive the M.V.P. award was awesome. He just put us on our backs and got the job done. We came out firing on all cylinders in tonight's game."

The Western New England University men's soccer coach is Devin O'Neill. His two sons, Sean and Shay are listed on the St. John Heating & Cooling roster, but they didn't play in the championship match. The O'Neill's were outstanding soccer players at Belchertown High School.

Aiden and Braylon Casinghino, who live in Brimfield, are really looking forward to being teammates with their younger brother, Cole, next summer.

Cole Casinghino is entering his senior season as a member of the Tantasqua boys' varsity soccer team, which is coached by Matt Guertin.

"We're hoping Cole will be joining our summer league soccer team next year," said Aiden Casinghino, who has

been playing in the PVSSL for the past five years. "It has been a lot of fun playing in this soccer league.

At the start of the summer league season, Braylon Casinghino replaced Mark Tiffany, who's also from Belchertown, as the St. John Heating & Cooling starting goalie.

Villa FC (9-0-2 regular season record) posted a 4-0 shutout victory over St. John Heating & Cooling at the beginning of the summer league regular season.

"I only missed two games during the regular season and our loss against Villa was one of them," Braylon Casinghino said. "I think it would've been a little bit different outcome if I had been there."

Troy and Matt Remillard were also key members of the St. John Heating & Cooling soccer team.

All three of the Remillard's were outstanding soccer players at Palmer High School.

It didn't take St. John Heating & Cooling very long to score a goal in the finals.

During the fifth minute of the opening half, Byron Peabody, who also graduated from Palmer High School, fired a rebound shot into the lower left corner of the net past Villa goalie Mike Tranghese, who played soccer at Monson High School, giving St. John Heating & Cooling a 1-0 lead.

Ten minutes later, they took a 2-0 lead following a goal by Jed Theilman, who's from Amherst. Aiden Casinghino was credited with the assist.

Villa FC cut the deficit in half following a goal by Deandrae Brown, which was assisted by Anthony Basile.

Brown played college soccer at UConn a couple of years ago.

Villa FC had six corner kicks and several other scoring chances during the second half, but Braylon Casinghino managed to hold onto the one goal lead for St. John Heating & Cooling.

"Braylon is a tall goalie," said Jon Remillard, who has been playing in the adult soccer league since 2010. "The players on the opposing team are afraid of him and I'm very glad that he was a member of our team this summer. I hope he has a good year at Western New England. He's a very good goalie. We do have several brothers playing for our team this year, which made it a lot of fun."



Jed Theilman settles a ball.

Baystate Health & Health New England to Host Community Benefits Forums

Advancing community health through assessment and community action

SPRINGFIELD -- Baystate Health and Health New England are hosting their first series of in-person Community Benefit Forums in partnership with their Community Benefits Advisory Councils.

Recognizing that the health of communities is critical to the individuals who live there and the vitality of the region as a whole, nonprofit hospitals across the country conduct Community Health Needs Assessments every three years. The forums are the next step in the CHNA process. They follow Baystate's CHNA team conducting health needs assessments by engaging some 500 people in the communities served by the health system to better understand the challenges and forces at work throughout the region.

"It was a resource intensive process but yielded critical qualitative data that will help us prioritize needs and identify new and build on existing strategies to address some of the needs identified. Ultimately, we're looking to ensure the services and resources we offer, as well as the investments we make with our limited resources, are meeting the needs of the communities we serve. Further, the specificity of the qualitative data allows us to tailor strategies for each of the communities we serve rather than apply a one-size-fits-all approach," said Annamarie Golden, director of Community Relations and Community Benefits at Baystate Health.

The forums, designed to share CHNA findings with the community, include:

Baystate Franklin Medical Center & HNE – Aug. 23, 1-3 p.m., at the John W. Olver Transit Center, 12 Olive St., Greenfield

Baystate Noble Hospital & HNE - Aug. 24, 1-3 p.m., at Westfield State University's Scanlon Hall

Baystate Medical Center & HNE, Sept. 26, 1-3 p.m., at Educare Springfield, 100 Hickory St., Springfield

Previously the Baystate Wing Hospital and HNE forum took place in July at the Palmer Public Library.

Each forum will include a presentation from Baystate and HNE executive leadership, the Public Health Institute of Western MA, and local voices advancing community health.

"The forums will provide multiple opportunities for those attending to connect with community organizations to learn more about local health and wellness efforts, receive key Baystate Health and Health New England specific updates, and to learn about CHNA outcomes and trends with an emphasis on youth mental health," said Golden.

Registration for each forum is required by visiting:

Baystate Franklin Medical Center

<https://www.eventbrite.com/e/669468748047?aff=oddtcreator>

Baystate Noble Hospital

<https://www.eventbrite.com/e/669480904407?aff=oddtcreator>

Baystate Medical Center

<https://www.eventbrite.com/e/669488386787?aff=oddtcreator>

Participants are welcome to attend any of the forums, although attending the one for the hospital community closest to where you live, work or feel most connected is encouraged.

GARDEN from Page 6

up spending a lot of time on the nest while the family waits for the hatch of the second chick."

The article continued, "Loon eggs and newly-hatched loon chicks are brown in color, and as such, they blend in with their surroundings on the nest. The egg membrane and the inside of eggshells, in contrast, are a creamy white color. That makes them much more conspicuous and, if left on the nest, could increase the

chance of nest predation. Therefore, it is believed that in removing egg membranes and large eggshell pieces from the nest, adult loons may be protecting their chick and the second egg from being easily noticed by predators."

People may report a bird sighting or bird related experience by calling me at 413-967-3505, leaving a message at extension 100, emailing mybackyard88@aol.com or edowner@turley.com or mailing to Barre Gazette, P.O. Box 448, Barre, MA 01005.

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The Ludlow Register
OBITUARY POLICY

Turley Publications offers two types of obituaries.

One is a free, brief **Death Notice** listing the name of deceased, date of death and funeral date and place.

The other is a **Paid Obituary**, costing \$225, which allows families to publish extended death notice information of their own choice and may include a photograph. **Death Notices & Paid Obituaries** should be submitted through a funeral home to: obits@turley.com.

Exceptions will be made only when the family provides a death certificate and must be pre-paid.

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DATEBOOK

Do you have a local event or activity to publicize? Please send the information as either a Word doc or plain (no bold text or other formatting) email text (no PDFs, please and do not use all uppercase (i.e. UPPER CASE) by 5 p.m. Friday. At least two weeks prior to the event is encouraged. Send your community events to mgusmao@turley.com.

COMING SOON

Ludlow Lions Club will be hosting its annual food and back to school drive on Aug. 26 from 1-9. Drop off locations are the Polish American Citizens Club and the Burger King by the Big Y.

ONGOING

FARM FRESH: Come to the Indian Orchard Citizens Council 3-5 p.m. every Wednesday all summer and early fall for free fruit and vegetables. Registration is required. For more information, call 413-209-8240.

JIMMY FUND WALK: Registration is now open for the 2023 Boston Marathon Jimmy Fund Walk Scheduled for Sunday, Oct. 1. Proceeds from the event support all forms of adult and pediatric patient care and cancer research at one of the nation's premier cancer centers, Dana-Farber Cancer Institute. All four routes will culminate at the Jimmy Fund Walk Finish Line in the Fenway neighborhood. If walkers want to participate a bit closer to home, the Jimmy Fund Walk has flexible opportunities, including virtually. Reg-

ister as an individual walker, team member or start a team at JimmyFundWalk.org or by calling 866-531-9255.

SENIOR BINGO: Hosted by the Indian Orchard Citizens Council 3:30-5 p.m. every Monday. Free to play with great prizes. For more information, call 413-209-8240.

THRIFT SHOP: Now open at St. Gregory Armenian Church, 135 Goodwin Street, Indian Orchard, 9:30 a.m.-12:30 p.m. every Saturday offering quality items at affordable prices. Gently-used clothing and accessories, household items, books, children's items, collectors' items and more are available. For more information, call the church office at 413-543-4763.

CHESS CLUB: Open to residents of all surrounding communities 5:30 p.m. every Tuesday at the Indian Orchard Citizens Council, 117 Main St. For more information, contact the IOCC at 413-209-8240 or indianorchardcitizenscouncil@gmail.com or stop in during operating hours. Follow the IOCC on Facebook and Instagram.

LUDLOW SENIOR CENTER 55 AND OVER CO-ED VOLLEYBALL LEAGUE: At East Street School on Tuesdays and Thursdays from 5:30-7:30 p.m. the cost to take part is \$5 per year. For more information contact Maria Ardolino, activities director at activity@ludlow.ma.us or call 413-583-3564.

AQUACISE AT THE CLUB: The Ludlow Community Center/Randall Boys & Girls Club, at 91 Claudias Way, continues to offer Aquacise throughout the week. Aquacise is a low-impact, full-body workout performed in the water to put

less stress on your joints and muscles while building strength. Classes are open to all members with pool-inclusive memberships and do not require prior registration. Classes are held 8:30-9:15 a.m., Tuesdays, Wednesdays and Thursdays. For questions, call 413-583-2072, ext. 124.

SUPPORT FOR FAMILY MEMBERS: The Michael J. Dias Support Group meets 6-7:15 p.m. on the second and fourth Tuesday of the month at Our Lady of Fatima Parish Center. Education, resources, peer support, and hope for parents and family members coping with a loved one with a substance use disorder. Anyone needing help is welcome to attend. Masks are required and we will be seated six feet apart. For more information, call Maureen at 413-563-6226.

H.O.P.E. RECOVERY GROUP: Having Our Pathways Encouraged meetings are for those who have experience with addictions, grief, anxiety and depression, (including anxiety and depression due to COVID-19) and for loved ones who might need help in their recovery. This group is also for those who can help lead others in their recovery by example. This meeting in no way replaces professional therapies. It is a time for sharing strength, encouragement and hope. No fees. Bring your own non-alcoholic beverage. Pre-packaged snacks are available. Small group structure based on basic Christian principles, concept, purposes and confidentiality. COVID-19 guidelines are observed. Masks required. 6:30-8 p.m. every Monday at Fellowship Hall in Faith Community Chapel, 485 East Street in Ludlow. Parking lot behind Chapel. Fellowship Hall entrance at back of Chapel.

Seating is limited. To reserve yours, call 413-519-4591.

QUABBIN VALLEY TWIRLERS If you missed the first lessons in the fall, now is the time to give yourself a gift of dancing enjoyment for the coming holiday time. Do you want some exercise, mental acuity, and lots of fun with great people? Try our national folk dance, square dancing with the Quabbin Valley Twirlers. They dance in Belchertown and Ludlow with Sunday and Wednesday evenings available. For more information, call Gloria or Fran at 413-467-3352.

BIBLE STUDY: A weekly Bible study led by Ludlow resident Hank Bastos takes place at 7 p.m. on Wednesdays at 485 East St., Ludlow. Call 413-348-6487 for more information.

SHARE YOUR SIGHT: Volunteer to read, shop or walk with a blind or vision impaired person in your community. Call the Massachusetts Association for the Blind and Visually Impaired at 1-888-613-2777 for details.

UPCOMING TRIPS

NATIONAL PARKS OF AMERICA (SEPT. 12-23, 2024) – Grand Canyon, Bryce Canyon, Zion, Grand Teton, Yellowstone and Mount Rushmore. Also, Lake Powell, Sedona, Salt Lake City, Jackson Hole, Crazy Horse Memorial, Bighorn Mountains and much more. Includes 16 meals, air, accommodations, sightseeing, all transfers. Preview meeting, Sep. 13, 6 p.m., SJB Pastoral Center, 201 Hubbard St, Ludlow. Contact Jim Martin at (413) 583-6339 or jamesmartin47@gmail.com.

The Wilbraham Friends of the Library Annual Art Exhibit Call to Artists

WILBRAHAM -- The Wilbraham Friends of the Library will present their Annual Art Exhibit, taking place at the Brooks Room of the Wilbraham Public Library from Oct. 2 to Oct. 29 with a reception for artists, Friends and the public, Saturday, Oct. 14 from 11 a.m. to 1 p.m. Artists will be able to sell additional unframed pieces at the reception. The library is located at 25 Crane Park Drive, Wilbraham.

The show is open for various art media, and Chairman Mary Bandouvers is now welcoming artist's applications. Respond early at wplartshow@gmail.com to insure your spot. Entry deadline is September 22.

The event is free and open to the public. This show is always popular and many of the artists will have pieces for sale.

The show is sponsored by the Wilbraham Friends of the Library which was established in 1973. The Friends of the Library fund programs for children, teens, and adults, as well as the library's popular Museum Pass program, furnishings, and other library equipment.

For more information, contact the Friends at friends@wilbrahamlibrary.org.

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TUESDAYS at 7 p.m. ZOOM Bible Study WEDNESDAYS at 7 p.m. Ludlow Christian Fellowship Meeting Hank Bastos, Leader, 413-348-6487
SMC and Facebook Live Stream ludlowfellowship.org
FRIDAYS Children's After School Club (pre K through teens) 5-6:30 p.m.
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Wednesday, August 23, - Daily Mass - 7:30 a.m. (C), Holy Mother Choir - 5:15 p.m. (C), Youth Ministry - 6 p.m. (JR),
Thursday, August 24, - Daily Mass - 7:30 a.m. (C)
Friday, August 25, - Daily Mass - 7:30 a.m. (C)
Saturday, August 26, - Confessions - 2:30 p.m. (C), Mass - 4 p.m. (C)
Sunday, - August 27, - Mass - 7:30 a.m. (C), Mass - 9:15 a.m. (C), Mass - 11 a.m. (C), Mass - 5 p.m. (C), Take & Eat - 8 a.m. (FLBH)
Monday, August 28, - Daily Mass - 7:30 a.m. (C), Bible Study - 6 p.m. (ZR), Youth Ministry - 6:30 p.m. (JR)
Tuesday, August 29, - Daily Mass - 7:30 a.m. (C)

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Sunday Mass: 8:45 a.m. (English), 10 a.m. (Polish)
Weekday Mass: Monday, Tuesday, Wednesday, Thursday – 7:45 a.m. (English)
First Friday Mass: 5:30 p.m. (Polish/English)
First Saturday Mass: 9 a.m. (Polish/English)
Confessions: Saturday - 3:15–4 p.m.

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Monday and Wednesday Morning Masses – 8:30 a.m. (Portuguese)
Tuesday and Friday Masses – 5:30 p.m. (Portuguese)
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BBB Scam Alert: Six scams for college students to avoid

College students must spend money on tuition payments and school supplies to prepare for the new year. However, scammers are taking this opportunity to try to steal some of that money through various schemes and scams.

One tactic used to get student's personal information is a phishing email that claims to be from the school's "Financial Department." Messages via text or email may appear, instructing the student to click on a link provided in the email and log in with a student username and password. Don't do it; doing so could give the username, password, or other personal information to scammers while possibly downloading malware onto the device.

Whether you are starting school away from home or have young students who may be vulnerable to such scams, BBB recommends watching out for these financial scams before heading into the new semester.

•Fake credit cards - Offers to apply for the first credit card are tempting to

many students. Not only could this create credit problems down the road due to unchecked spending, but some deals could be phony offers designed to access personal information. Research the offers from the credit card flyers and the banking institutions before applying. Review the BBB tip on credit card scams.

•Too good to be true apartments - It's hard not to jump on a convenient apartment so close to campus, especially if it advertises affordable rent. It's tempting to hand over credit card information online to lock in a great spot, but it's always worth seeing the apartment in person before a money transfer. This also applies to Craigslist and social media ads appearing to be from other students looking for roommates. Read more about rental scams.

•ID theft - It's a good idea to start practicing healthy money habits, and one such habit is regularly checking your credit report for unusual activity and possible ID fraud. The official



government website to do this for free is annualcreditreport.com. Read BBB's article on How to know if someone stole your identity.

•Scholarship and grant scams - Be wary of phone calls from companies guaranteeing they can help reduce loan payments or offer a hefty grant. Searching the company's name online could bring up scam alerts or negative reviews from other consumers. Read reviews and complaints about the company at BBB.org and contact the school's financial

aid office for advice and help regarding financing your education. Scholarship scams can affect college students even after graduation; read our tips on scholarship scams.

•Online shopping scams - Online purchase scams can be especially effective when set up through social media platforms and apps. BBB has tips for smart shopping online and a page dedicated to online shopping tips and scam alerts.

•Awareness of current scams - As tech-savvy as current college students can be, a surprising number of scams reported to BBB's ScamTracker are from students who learned their lesson too late. Use BBB's Scam Tips to learn the latest scam trends and read local reports of specific incidents.

Read 9 ways for students to avoid ID theft on campus.

Contact your local BBB if you are unsure of something that could possibly be a scam, and report scams to BBB Scam Tracker.

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PUBLIC NOTICES

LUDLOW ZONING BOARD OF APPEALS LEGAL NOTICE

The Ludlow Zoning Board of Appeals will hold a public hearing in the Ludlow Town Hall, 488 Chapin Street, Selectmen's Conference Room on **Thursday, September 7, 2023 at 6:00 p.m.** on the application of **Liza Larose** for the property located at **632 Moore Street, Ludlow MA (Assessors' Map 33, Parcel 48, Zoning: Agricultural)** The subject of the hearing is a special permit for a proposed 744 square foot detached garage to be located on the property which would exceed the maximum percentage of square footage allowed for an accessory structure. The applicant is seeking relief from the Town of Ludlow Zoning Bylaw under Section 3.3.1.

Manny Lopes, Chairman
08/23, 08/30/2023

Commonwealth of Massachusetts The Trial Court Hampden Probate and Family Court 50 State Street Springfield, MA 01103 (413)748-7758 Docket No. HD23P1738EA Estate of: Maria Helena Fernandes Also known as: Maria H Fernandes Date of Death: 07/09/2022 CITATION ON PETITION FOR FORMAL ADJUDICATION

To all interested persons: A Petition for xFormal Probate of Will with Appointment of Personal Representative has been filed by **Carlos A.C Fernandes of Ludlow, MA** requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition.

The Petitioner requests that: **Carlos A.C Fernandes of Ludlow, MA** be appointed as Personal Representative(s) of said estate to serve **without surety** on the bond in **unsupervised administration**.
IMPORTANT NOTICE

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: **10:00 a.m. on the return day of 09/15/2023.**

This is **NOT** a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

UNSUPERVISED ADMINISTRATION UNDER THE MASSACHUSETTS UNIFORM PROBATE CODE (MUPC)

A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration.

WITNESS, Hon. **Barbara M Hyland**, First Justice of this Court.

Date: August 17, 2023
Rosemary A. Saccomani
Register of Probate
08/23/2023

Commonwealth of Massachusetts The Trial Court Hampden Probate and Family Court 50 State Street Springfield, MA 01103 (413)748-7758 Docket No. HD21P1630EA Estate of: **Judith D. Miarecki** Date of Death: 07/02/2021 CITATION ON

PETITION FOR FORMAL ADJUDICATION

To all interested persons: A Petition for S/A - Formal Adjudication of Intestacy has been filed by **James Miarecki of Feeding Hills, MA** requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition.

IMPORTANT NOTICE You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: **10:00 a.m. on the return day of 09/13/2023.**

This is **NOT** a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

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A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration.

WITNESS, Hon. **Barbara M Hyland**, First Justice of this Court.

Date: August 16, 2023
Rosemary A. Saccomani
Register of Probate
08/23/2023

Making breastfeeding or pumping work for you

August is National Breastfeeding Month

SPRINGFIELD -- It's a positive message that the community needs to hear: there are many benefits of breastfeeding for mother and baby, and there is support available to help you, even if you are a working parent.

August is the 13th Annual National Breastfeeding Month, sponsored by the U.S. Breastfeeding Committee, which celebrates mothers and lactating parents and works to protect, promote, and support breastfeeding and human milk feeding.

"In the past, breastfeeding was considered a lifestyle choice. But, as we've gained more knowledge over the years, we now realize that breastfeeding is medically important for the adequate health of an infant at birth and beyond," said **Kimberly Congden, RN, MSN, IBCLC**, program manager, Lactation Services and Parent Education at Baystate Medical Center.

The benefits of breastfeeding – considered the "gold standard" in infant nutrition – are many. Human milk is uniquely suited for infants, is easy to digest and contains many components that babies need in the early months of life. It protects infants from risks such as diarrhea, ear infections, upper respiratory infection, and other illnesses such as diabetes. Children who have been breastfed have less risk of becoming overweight or obese, even as adults, and breastfeeding has been shown to lower the risk of SIDS (sudden infant death syndrome).

According to Congden, the benefits to both children and their mothers are many. "We consider colostrum, mother's first milk, as a baby's first immunization.

It boosts the immune system and protects the gut from many infections. Because breastfeeding benefits a baby's health, they are sick less and require fewer visits to the doctor, saving costs on medical care. Breastfeeding moms also have a lower risk of developing postpartum depression, as well as reproductive cancers later in life," said Congden.

The "gold standard" in infant nutrition is six months of exclusive mother's milk.

According to the American Academy of Pediatrics, breast milk alone is sufficient to support optimal growth and development for approximately the first 6 months after birth. For these very young infants, the AAP says that water, juice, and other foods are generally unnecessary.

Even when babies enjoy discovering new tastes and textures, solid foods should not replace breastfeeding, but merely complement breast milk as the infant's main source of nutrients throughout the first year. Beyond one year, as the variety and volume of solid foods gradually increase, breast milk remains an ideal addition to the child's diet. The AAP concurs with the World Health Organization and recommends that breastfeeding continue for at least 2 years, and thereafter for as long as mother and baby desire.

Working can be considered a barrier to continuing on with breastfeeding, but laws are in place to protect mothers desiring to express milk in the workplace. According to the Institute for the Advancement of Breastfeeding & Lactation Education, mothers should start by letting their employer know of their pumping or breastfeeding needs before going back to work. If the employer doesn't have a lactation program, share with the employer the laws that protect expression of milk in the workplace (PUMP for nursing mother's act.). Try to plan your pumping schedule before you go back to work and practice offering your baby a bottle, as it may take time for your nursing baby to accept a new way of feeding when you are not there to breastfeed.

Baystate Lactation Services is available for any questions, including when planning ahead for return to work. There is an advice line to any lactating parent regardless the age of the child and outpatient lactation services for assistance with breastfeeding or pumping at 413-794-5312.

To help prepare for childbirth and the possibility of breastfeeding, Baystate's Parent Education Department offers support classes prior to birth. At the Prenatal Breastfeeding Class, parents receive information on breastfeeding, including helpful tips and techniques. The Baby's Home! Now What? class is offered after baby is born and provides continued support, including information about returning to work, pumping techniques, and storage of breast milk. There is also a virtual Breastfeeding Questions & Answers Hour hosted on Zoom by a Baystate lactation consultant every Wednesday from 1-2 p.m. for any lactating parent. For more information, visit: <https://www.baystatehealth.org/Services/obgyn/support/Parent-Groups>.

For more information on Baystate Health, or to register for any of the above programs, visit baystatehealth.org/breastfeeding.

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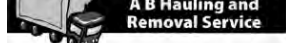
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Circulation: 50,500

Suburban Residential
Circulation: 59,000

Hilltowns
Circulation: 9,800

Buy the Quabbin Village Hills or the Suburban Residential ZONE for \$26.00 for 20 words plus 50¢ for each additional word.
Add \$10 for a second Zone or add \$15 to run in ALL THREE ZONES.

First ZONE base price _____ Includes additional words
Add a second ZONE **\$10.00**
Add a third ZONE **\$5.00**
Subtotal _____
x Number of Weeks _____
TOTAL Enclosed _____

Run my ad in the following ZONE(s):
 Quabbin
 Suburban
 Hilltowns

OUR CLASSIFIEDS REACH 50 COMMUNITIES EVERY WEEK!

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**REG \$999
\$749**



**REG \$999
\$749**

Profile

GE PROFILE 5.4 CU FT WASHER WITH SMART WASH TECHNOLOGY AND FLEX DISPENSE MODEL# PTW700BSTWS
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**REG \$1049
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GE APPLIANCES

GE 4.8 CU FT FRONT LOAD WASHER WITH ULTRA FRESH VENT SYSTEM WITH ODOR BLOCK MODEL# GFWS50SNWW
GE 7.8 CU FT FRONT LOAD ELECTRIC DRYER WITH SENSOR DRY AND SANITIZE CYCLE MODEL# GFD55ESSNWW

**REG \$2899
\$2399**



Profile

GE PROFILE 4.8 CU FT ULTRAFAST WASHER/DRYER COMBO WITH VENTLESS HEAT PUMP TECHNOLOGY MODEL# PF097HSPVDS

**REG \$1799
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GE APPLIANCES

GE 25 CU FT FAMILY SIZE SIDE BY SIDE REFRIGERATOR WITH ICE AND WATER DISPENSER MODEL# GSS25GYPFS

**REG \$2099
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GE APPLIANCES

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GE APPLIANCES

GE 5.3 CU FT ELECTRIC CONVECTION RANGE WITH AIR-FRY MODEL# JB735SPSS REG \$1099



GE APPLIANCES

GE 5.0 CU FT GAS CONVECTION RANGE WITH AIR-FRY MODEL# JGB735SPSS REG \$1199

**YOUR CHOICE ELECTRIC OR GAS
NOW \$1099**



GE APPLIANCES

GE 6.6 TOTAL CU FT ELECTRIC DOUBLE OVEN CONVECTION RANGE WITH AIR-FRY MODEL# JBS86SPSS REG \$1549



GE APPLIANCES

GE 6.8 TOTAL CU FT GAS DOUBLE OVEN CONVECTION RANGE WITH AIR-FRY MODEL# JGBS86SPSS REG \$1699

**REG \$729
\$429**



GE APPLIANCES

GE TOP CONTROL DISHWASHER WITH SANITIZE CYCLE AND DRY BOOST MODEL# GDT550PYRFS

**REG \$999
\$629**



GE APPLIANCES

GE TOP CONTROL POCKET HANDLE DISHWASHER WITH STAINLESS INTERIOR WITH 3RD RACK MODEL# GDP670SYVFS

**REG \$1149
\$799**



Profile

GE PROFILE TOP CONTROL POCKET HANDLE DISHWASHER WITH STAINLESS INTERIOR AND 3RD RACK MODEL# PDP715SYVFS

**REG \$2399
\$1499**



GE APPLIANCES

GE 27 CU FT FRENCH DOOR REFRIGERATOR IN FINGERPRINT RESISTANT STAINLESS FINISH MODEL# GNE27JYMF5

**REG \$3299
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GE APPLIANCES

GE ENERGY STAR 27.7 FULL SIZE FRENCH DOOR REFRIGERATOR WITH EXTERNAL ICE AND WATER DISPENSER MODEL# GFE28GYNFS

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8/24-9/13**

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