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The REGISTER

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October 18, 2023 | Vol. 80, No 34

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NEWSLINE

Pet of the Week



SEE PAGE 2

HCC Halloween



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Hubbard Happenings

SEE PAGE 7

IN SPORTS

Ludlow boys notch 10-win mark



SEE PAGE 9

DATEBOOK

Upcoming events

THE LUDLOW LIONS AND SIXTEEN ACRES LIONS CLUB will sponsor a sock hop on Saturday, Oct. 21, at The Church of the Acres, 1383 Wilbraham Road., from 6 to 10 p.m.

SEE PAGE 16

Celebrate Ludlow at Memorial Park



Turley Publications photos by Marcelo Gusmao

Denise Zrakas, David Sady, Bruce Durand, Linda Collette, Michael White, Alesia Barbaro, Regin Stanek, and Tony Curto gathered at the 250th Committee's table. Turn to page 9 for more photos.

By Marcelo Gusmao
 Staff Writer
 mgusmao@turley.com

LUDLOW – This past weekend, town residents and community members gathered at Memorial Park to celebrate their town.

After a two-year hiatus, Celebrate Ludlow changed its location from the Fish and Game Club to Memorial Park last year.

“We thought it was a good time to change the time and location of the event to try and generate more foot traffic by making the event more visible for people going over the bridge in Springfield,” Committee Chair Laurie Smith said.

The festival ran from noon to 7 p.m., and featured rides, food and beverages, and live music was performed from the gazebo by the Livio Gravini Duo at 1 p.m., Acousticca at 3 p.m., and 7 Bridges Road, an Eagles tribute band, to close out the event.

There were also numerous booths with information about local town organizations, including the Veterans Affairs office, the Police Department, and the 250th Committee.

Celebrate Ludlow is made possible through collaboration with the town government, local committees, and donations.

To find out more about Celebrate Ludlow, visit their page on Facebook, or email questions to celebrateludlow@yahoo.com.



Melissa Paine painted the face of Emily, age 2, while her mother, Allie Casey, watched.

Grace Union Church welcomes Pastor Dorothy “Darcy” Borden

Borden is also the new pastor of The First Church in Ludlow

By Kristin Rivers
 Staff Writer
 krivers@turley.com

WILBRAHAM -- Grace Union Church on Chapel Street welcomed Pastor Dorothy “Darcy” Borden on Aug. 29 as their new pastor.

Borden is also the new pastor of The First Church in Ludlow, starting her role there on Aug. 28.

Borden explained she became a pastor when she was called at a young age to serve God and her faith.

“All my life I’ve tried to find ways to do that and it’s led me to ordained ministry. I’ve been ordained now for 15 years and I’ve been serving in churches

Please see **NEW PASTOR**, Page 10



Turley photo by Kristin Rivers

Pastor Dorothy “Darcy” Borden stands outside the main entrance of First Church in Ludlow. Borden began her service at the church on Aug. 28.

Officials update first days back to school

By Marcelo Gusmao
 Staff Writer
 mgusmao@turley.com

LUDLOW – Last week, the School Committee met to discuss routine matters, including viewing a presentation on overall student information, as well as approving a trip to Harvard for the high school.

Donation

Prior to discussing New Business, the committee heard public comments, and accepted a donation to Baird Middle School’s Student Activities fund.

“We received another donation from the Joseph and Anna C. Dias Foundation, to the Baird Middle School Travel Club in the amount of \$4,000,” Committee Chair Jeffrey Laing announced.

The donation was “to fund scholarships for students who meet eligibility criteria set forth by the Travel Club,” according to the documentation submitted to the committee. That criteria is listed as “participation for students in the LUSO in-school banking program who plan to travel as part of the Baird Travel Club.”

“They definitely do a lot for our schools,” Laing said, thanking the foundation on

Please see **SCHOOL COMMITTEE**, Page 10

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LUDLOW

Ludlow Fire and Police Department Annual Open House

LUDLOW -- The Fire and Police Departments will hold an Open House at the Safety Complex on Sunday, Oct. 22, from 1-4 p.m.

Representatives from the Health Department will also be present with information on Public Health and Emergency Preparedness.

The afternoon of fun and education will include a variety of demonstrations and displays.

From the Fire Department there will be:

- Vehicle Displays
- Thermal Imaging Cameras
- "Sparky" the Fire Dog
- Popcorn & Balloons
- Fire Prevention Jeopardy Game
- Escape Maze Learning Tool
- Jaws of Life Demonstration @ 2:00 PM
- Ice/Cold Water Rescue Display
- Tanker Truck Demonstration
- Fire Prevention Information

• Public Health and Emergency Preparedness

• DCR Forest Fire Staff and "Smokey Bear"

From the Police Department there will be:

- Vehicle Displays
- Special Response Team Display
- K9 Demo
- Dispatch Center
- Special Police Program
- School Resource Officer
- Detective Bureau / Internet & Fraud Prevention Information
- Patrol Division
- Ludlow CARES Coalition
- Michael Dias Foundation

Bring your camera, as there will be plenty of photo opportunities. The Open House will be held rain or shine.

For more information, please call the Fire Department at 583-8332 or the Police Department at 583-8305.

Polish Plate Dinner to be held Oct. 21

Mini Penny Sale to be held same day

on Oct. 21, 2023 from 11 a.m. to 5 p.m. For tickets at \$20 please call:

Maria Kowalski--413-222-6229 or Maria Bukowski- 413-427-9464.

INDIAN ORCHARD -- A Polish Plate Dinner (Kielbasa, Golabki, Pierogi (4), Kapusta, Bread) and Frozen Polish Food Sale will be held at Immaculate Conception Parish Hall 25 Parker St., Indian Orchard, Ma (Eat in or Take Out)

Also: on Saturday, Oct. 21, 2023, from 11 a.m. to 4 p.m., the Altar Servers will have a Mini Penny Sale with Door Prize of a Salt & Pepper Set from Poland (worth \$150) donated by Father Piotr. Prizes will be drawn at 4 p.m.



The Janis Santos Scholarship Fund is available for Head Start alumnae, past or current Head Start parents, or current staff, interested in pursuing a career in Early Childhood Education to help address the current workforce crisis.

Janis Santos Scholarship

This scholarship was created in recognition of Janis Santos and her tenure at HCS Head Start, Inc.

One \$2,000 scholarship will be awarded annually.

To Apply:
<https://hcsheadstart.org/janis-santos-scholarship>

Questions?
 email: JSScholarship@headstart.org
 Deadline October 31, 2023



PET OF THE WEEK



MORIA

Morla Richter is a Ouchita Map Turtle, and is 4.5 yrs old. Nancy Richter loves that every time she and her family walk by her tank, Morla waves at them and does a funny dance.

New York City Bus Trip set for Dec. 9

Come and spend Saturday, Dec. 9, for a day in NYC on a 36-passenger King-Gray coach bus and spend the day shopping, sightseeing or museum hopping. The roundtrip fare is \$77 and includes the driver's gratuity.

Participants will arrive at 6:45 am at Ludlow High School's parking lot at 500 Chapin St. for a prompt 7 a.m. departure. There will be one rest stop going to NYC and one coming home. The bus will drop passengers off in Times Square. Note: Departure from NYC

will be 6 p.m. from the New York Palace Hotel (formerly The Helmsley Palace) on 455 Madison Avenue at 50th Street.

Send check made to Gloria Fortunato, 52 Deer Run, Belchertown, Mass. 01007. In the notation section of the check, write your cell phone number. Deadline for seat reservation is Nov. 1 and a wait list will be kept. Once the bus is full, the wait list will be used to fill any sudden cancellations. Thank you, and we look forward to having you join us.



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The Michael J. Dias Foundation 10th Annual Golf Open was a HUGE success because of our many participants, sponsors, and supporters. Our thanks go out to all who made it possible. Especially...

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Legislation to protect children in State's custody introduced

LUDLOW — Sen. Jake Oliveira (Hampden, Hampshire & Worcester District) and Rep. Mike Finn (6th Hampden) are determined to make sure that tragedies like the death of 14-year-old autistic teen David Almond don't happen again.

In 2021, after David Almond died from starvation and neglect, his father was charged with second-degree murder. Then came the 107-page report from the Office of the Child Advocate that painted a bleak picture of David's suffering and the staggering errors made repeatedly, day after day, month after month, by the multiple state agencies involved in his care.

In direct response to David's death, what Oliveira describes as an "unacceptable systemic failure," he and Finn have filed legislation in the Senate and House to ensure children are safe while under the supervision of the State by expanding protections for children in the state's custody.

In the final week of September, Oliveira and Finn provided passionate testimony to the Joint Committee on Children, Families, and Persons with Disabilities, advocating for the committee to give the bills favorable reviews.

"When children are in the commonwealth's care, they must be

protected. With the tragic death of David Almond, we witnessed the systematic failure of many of our state agencies up and down our state government. From DCF to the district attorney's office through the school district. This is why Rep. Finn and I have spent the last year or so working together to file legislation to address these failures and challenges within our system by strengthening the protections available to us to ensure our children are safe," said Oliveira.

Oliveira went on to highlight the four areas of the State's laws that their joint legislation would strengthen. Including ensuring that the Office of the Child Advocate has the tools needed to protect children in the commonwealth's care, strengthening the data reporting for DCF who need to submit annual reports to the Legislature, establishing a bill of rights for children and their families in foster care systems, and by providing educational supports for children. Oliveira stressed the bill would build the gaps in communication between DCF, the school districts, and state agencies.

During his testimony, Representative Finn highlighted their thorough and deliberate response when drafting this legislation. "It took us

months to go through all of the findings that were in the OCA report. It took us months to work with the past administration at DCF and the findings of the past administration. It took us months to understand the recommendations of the OCA and to make sure that the prior (DCF) administration had implemented all those changes. And through all of that, we realized there were still some things that needed addressing, and that's what you'll see in this bill."

In October 2017, David and his three siblings were removed from their parent's custody because of allegations of neglect and physical abuse of the children, parental substance use, unsanitary conditions of the home, medical neglect of the children, and excessive absences from school. This was the fourth time that they were removed from the house for the pattern of abuse and neglect.

OCA could not determine why the termination of parental rights was not completed, as a termination appeared to be the appropriate legal action under the circumstances. Oliveira and Finn are now prepared to ensure that the oversights that contributed to the tragedy never happen again.

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and show to follow at 8pm
Tickets are Available
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for reservations and more information
or email: bpoe2448@aol.com

Spaghetti Dinner
WEDNESDAY, NOVEMBER 1ST
\$9 per person
5-7pm



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November 18, 2023
Ludlow Country Club
6:00-10:00pm
\$75 tickets

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October 21st & 22nd
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All Entries Must Be Submitted By Saturday, October 21st
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Cash Prizes By Category:
"Best" "Funniest" "Scariest" "Most Original"



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Meat pies are back, order now!

LUDLOW -- St. Elizabeth Parish is now taking orders, and pies will be available through Nov. 3 while supplies last. Each individual size pie is \$5. Place online orders at www.stelizabethludlow.org or by

calling the Rectory Monday through Friday from 8:30 a.m. to 4 p.m. at 583-3467.

Please pay in full at the time of pickup with cash or a check made out to St. Elizabeth Parish.



CELEBRATION CALENDAR UPCOMING EVENTS

Ludlowma250.org

OCTOBER 20TH DEADLINE

Halloween House Decorating Contest



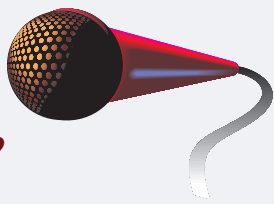
Open to all Ludlow residents. In partnership with The Register newspaper.

Send entries to mgusmao@turley.com labeled "Halloween Contest" by October 20th. Include name, address and phone number.

Winners will receive gift cards from our business sponsors: Randall's, The Villa Rose and PlayNow!

SATURDAY, OCTOBER 28

Ludlow Legends, "in their own minds"



Ludlow Country Club

Featuring a live show with 3 of Ludlow's own performers - Jimmy Mazz, Lisa Carter (as Cher!) and Joe Pereira. Includes buffet dinner by Creative Cuisine (Villa Rose). Tickets are \$60 each or a table of 8 for \$450. Call 413-374-5890 to purchase tickets.

FRIDAY, NOVEMBER 3 • 7PM

Thunderbirds Hockey Ludlow Night



Mass Mutual Center downtown Springfield

A portion of all tickets sold will be donated to the Ludlow 250th Committee. Call 413-417-2289, mention Ludlow 250th. Tickets are \$23 per person.

Ludlowma250.org

Sponsored by Turley Publications / The Register

Wilbraham United Church to sell pumpkins until Oct. 31

Fall Festival to occur on Oct. 21

WILBRAHAM -- The Wilbraham United Church will be selling pumpkins at their Pumpkin Patch daily from Oct. 15-31. Shoppers can pick their perfect pumpkins and take advantage of photo opportunities Monday through Saturday between 10 a.m. to 6 p.m. and on Sundays between noon and 7 p.m.

Pumpkin sales benefit the Wilbraham

United Church Steeple Repair fund. Cash or Credit Cards will be accepted. Donations to the Steeple Fund are also gratefully received!

On Saturday, Oct. 21, the church will hold an outdoor Fall Festival featuring the pumpkin sales as well as pumpkin painting activities, food trucks, a bake sale, arts and crafts vendors and more fall fun!

The festival begins at 10 a.m. and ends at 5 p.m.

Wilbraham United Church is located at 500 Main St. in Wilbraham.

Wilbraham library to host program on John Adams and Thomas Jefferson

WILBRAHAM -- The Wilbraham Public Library will host actor George Baker for his one-man-show "John Adams and Thomas Jefferson - Their Historic 50-Year Friendship" on Monday, Oct. 23 at 6 p.m. in the Brooks Room.

George Baker, as John Adams, will present his views of the nation, history and family life in a humorous and inspiring speech. He will be dressed in the clothes he would have worn as the Second President of the United States 1797-1801. Adams will describe how he

and Thomas Jefferson met in 1775 at the Continental Congress, how they worked on the Declaration of Independence, their comradeship as fellow ambassadors in England and France, the bitterness of the presidential elections of 1796 and 1800 and their famous reconciliation.

The program is free of charge and registration is suggested through the library's Event Calendar at www.wilbrahamlibrary.org, or by calling 596-6141. This program is funded by the Wilbraham Friends of the Library.

\$1 Million received for energy infrastructure

BOSTON— Sen. Edward J. Markey (D-Mass.), chair of the Senate Environment and Public Works Subcommittee on Clean Air, Climate, and Nuclear Safety, today celebrated an announcement from the Department of Energy that Massachusetts will receive nearly \$1 million in federal funding to develop clean energy infrastructure. This funding was awarded through the Energy Efficiency and Conservation Block grant program created through the Infrastructure Investment and Jobs Act.

Of these funds, Boston will receive \$659,900 to create a Building Decarbonization Advisory Program, which will assist residents with enhancing energy efficiency, decarbonizing their homes, and complying with the City's standards.

Littleton will receive \$300,000 to col-

laborate with five local electric utilities, the Beneficial Electrification League, and the Northeast Public Power Association to launch a clean energy program. The program will help six Massachusetts municipal utilities transition to 100 percent clean energy while advancing their communities towards net-zero emissions by 2050.

"Massachusetts is the home of the American revolution, and we'll be the home of America's clean energy revolution," said Markey. "With nearly a million in federal funding, we are supporting Massachusetts families in upgrading and decarbonizing their homes - all while electrifying and transitioning our commonwealth to clean energy. Together, we can reduce carbon emissions to zero, protect environmental justice communities, and save our planet."

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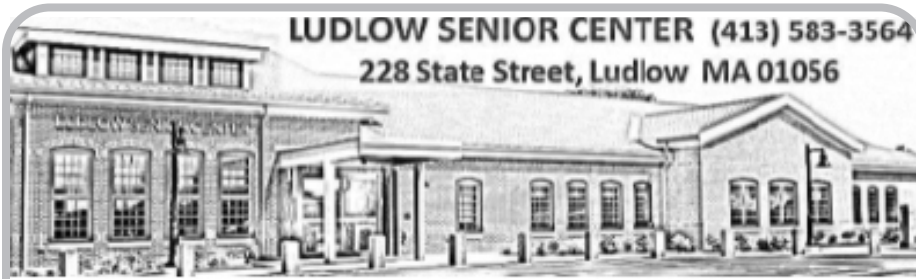
Wilbraham United Church Pumpkin Patch

Open Daily ~ October 15-31
Monday through Saturday 10-6 • Sunday 12-7
BUY YOUR PERFECT PUMPKIN!

Fall Festival

October 21st! 10-5
Food Trucks, Arts & Crafts Vendors, Pumpkin Painting & More!

WILBRAHAM UNITED CHURCH
500 Main Street, Wilbraham



LUDLOW SENIOR CENTER (413) 583-3564
228 State Street, Ludlow MA 01056

Welcome to the Ludlow Senior Center

LUDLOW— The calendar is packed with many events, activities, programs, and entertainment. Seniors are invited to have lunch in the Center's beautiful dining room for a hearty meal with coffee, tea, and dessert. Just call a day in advance at 413-583-3564 (call Friday for lunch on Monday).

The Center has added more programs including fitness, nutrition education, and art. There is something here for everyone aged 60-plus.

For full program and activity descriptions and for general information about what a senior center is and does go to: Ludlow.ma.us. Seniors can also "like" the Ludlow Senior Center on Facebook. A paper copy of the Senior Scene newsletter is available at the Center.

Activities Calendar:
Please register in advance for items with*

Thursday, Oct. 19
8:30 a.m. Foot Care*
9 a.m. Tai Chi
9:30 a.m. Dominos
10 a.m. Veteran's Agent*
10 a.m. Oct. Crafts w/Sunshine Village*
1 p.m. Mahjong
1 p.m. Writer's Block*
2:30 p.m. Active Yoga

Friday, Oct. 20
8:30 a.m. Fitness Advisor Personal Trainer*
8:45 a.m. Boomer Bootcamp*
10 a.m. Boomer Bootcamp*
10 a.m. Blood Pressure Checks
10:30 a.m. Trivia
1 p.m. Guidance by Li*
1 p.m. Ceramics
1 p.m. Magic Class
1 p.m. Healthy Bones & Balance Class*
2:15 p.m. Ageless Grace Brain Fitness*

Monday, Oct. 23
8:30 a.m. Foot Care*
9 a.m. Knitting
10 a.m. Boomer Bootcamp*
11 a.m. Lunch Bunch Lena's Place*
1 p.m. Scrabble
1:15 p.m. Pitch
2:30 p.m. Zumba Gold

Tuesday, Oct. 24
9 a.m. Quilting
9 a.m. Line Dancing
10 a.m. Cribbage
10 a.m. Mindful Meditation
10:30 a.m. Gentle Yoga
12:30 p.m. Blood Pressure Check
1 p.m. Western Dance Lessons

1:30 p.m. Bingo
5 p.m. Movie: Kandahar 2023
5:30 p.m. Volleyball at East Street School

Wednesday, Oct. 25
8 a.m. Gardening Club
8 a.m. Facials*
9 a.m. Ceramics
9 a.m. Zumba Gold
10 a.m. Opera
10:30 a.m. Healthy Bones & Balance Class*
1 p.m. Movie: Kandahar 2023
1 p.m. Health Bones & Balance Class*
1 p.m. TED Talk

Thursday, Oct. 26
9 a.m. Tai Chi
9:30 a.m. Dominos
10:30 a.m. Louis & Clark
12:30 Hearing Clinic*
1 p.m. Mahjong
2 p.m. Book Club: Paris by Edmond Rutherford
2:30 p.m. Active Yoga

PLEASE register for Ageless Grace, Guidance by Li, Fitness Advisor, Boomer Boot Camp, Veteran's Agent, Lunch & Learn, Hearing Clinic, Healthy Bones and Balance, Facials, The Writers Block, and Foot Care by calling 583-3564

Daily Events:
1. Café: Monday – Friday 8-11 a.m.
2. Exercise Room: Monday - Friday 8 a.m. – 3:30 p.m. Open until 6:30 p.m. on Tuesday
3. Walking Club: Monday – Friday 7 a.m. and 8 a.m., leaving from the parking lot.

Menu:
Thursday, Oct. 19: Birthday Lunch Salisbury Steak/Scalloped Pot/Green Beans
Friday, Oct. 20: Mac & Cheese/Stewed Tomatoes
Monday, Oct. 23: Meatloaf/Mashed Pot/Carrots
Tuesday, Oct. 24: Pasta Primavera/Roll
Wednesday, Oct. 25: BLT Grinder/Chips/Must-Go Soup
Thursday, Oct. 26: Chicken Patty Sandwich/Lettuce & Tom/French Fries Steak

Reserve a delicious \$2 lunch by calling a day ahead. Call Friday to reserve lunch on Monday.

For allergy concerns, call the Senior Center to ask about ingredients at 413-583-3564.

HCC Trunk or Treat event is Oct. 27



Submitted Photo

HCC's Halloween Trunk or Treat event will be on Oct. 27

HOLYOKE — Visitors to Holyoke Community College on Friday, Oct. 27, can expect to see ghosts, witches, and ghouls, along with an assortment of characters from their favorite children's movies, games, and TV shows as the college celebrates Halloween with its annual Trunk or Treat event.

Dozens of HCC departments, programs, and student clubs, as well as community groups and area businesses decorate vehicles every year for this event.

Trunk or Treat runs from 5 to 7 p.m. in Parking Lot M by the Bartley Center for Athletics and Recreation on the main HCC campus, 303 Homestead Ave.

Last year's trunk themes included crayons, rubber ducks, happy clowns, a witch's house, a haunted house, Jurassic Park, The Nightmare Before Christmas, Hungry Hungry Hippos, construction, Hocus Pocus, Paw Patrol, bones, Encanto, Star Wars, spooky fun prom, M&M's, Frozen, Ratatouille, Disney villains, Muppets, Mary Poppins, Spiderman and other Marvel superheroes, outer space, a

pumpkin patch, Alice in Wonderland, the Multiverse, and Ghostbusters.

Prizes are awarded to vehicle sponsors in various categories including best executed theme, scariest trunk, best costumes, and most original.

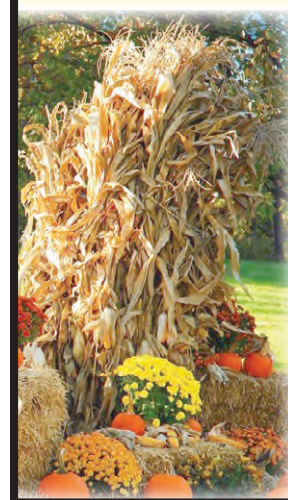
Each vehicle will be handing out free Halloween treats and also have non-food items for children with dietary restrictions.

Trunk or Treat at HCC started in 2017 as a safe, fun, and early alternative to traditional trick-or-treating on Halloween night. Rather than going door to door seeking Halloween treats, children go trunk to trunk to collect their candy, visiting cars decorated with seasonal themes and familiar stories and characters.

The event is free and open to the public and will be held outdoors, rain or shine. Children must be accompanied by an adult.

To sponsor a vehicle, please contact organizers Lindsey Pare at lpare@hcc.edu or Alexis Roach at aroach@hcc.edu. The deadline is Monday, Oct. 23.

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OPINION

GUEST COLUMN

Random Act of Kindness

This month's Random Act of Kindness article is a little different. First, it's a HUGE thank you to Turley Publications' now retired lead editor, Eileen Kennedy, for allowing me to pursue my vision. Then a further thank you to the editors of the Agawam Advertiser, the Chicopee Register, the Ludlow Register which includes Indian Orchard and the Wilbraham-Hampden Times. Some editors I've worked with for two years and others only one, but they have continued to share my monthly stories about the kindnesses you in these communities are doing.

In my opinion, this was Turley's Random Act of Kindness bestowed on me! Doing these stories, I have met some of the most incredible people that would never have crossed my path otherwise. During this time, it's often been suggested that I share my story so at my two-year anniversary I decided to do that.

When I first began visualizing these stories, I thought "Random" meant doing for strangers. I've since come to realize it's means offering an unexpected kind gesture to both strangers and those we know.

My desire to give back began when I was young and has continued throughout my life. Being able to share with or network people has always given me great pleasure and why I feel I've lived a 'rich' life, yet it has no financial value. Some things are priceless! I've found that giving of your time and energy are sometimes more valued than a monetary donation.

I volunteered for the Rays of Hope (the local breast cancer charity) for over 20 years wearing numerous hats and orchestrated many large events to benefit this charity. If you support a charity in any way, you are doing a Random Act of Kindness because what you offer helps so many.

I am also very proud of a social group (not romantically focused), for singles I created and facilitated as a volunteer for ten years called Just 'Cause. To this day over 20 years later, many of us continue with the lifetime friendships we made.

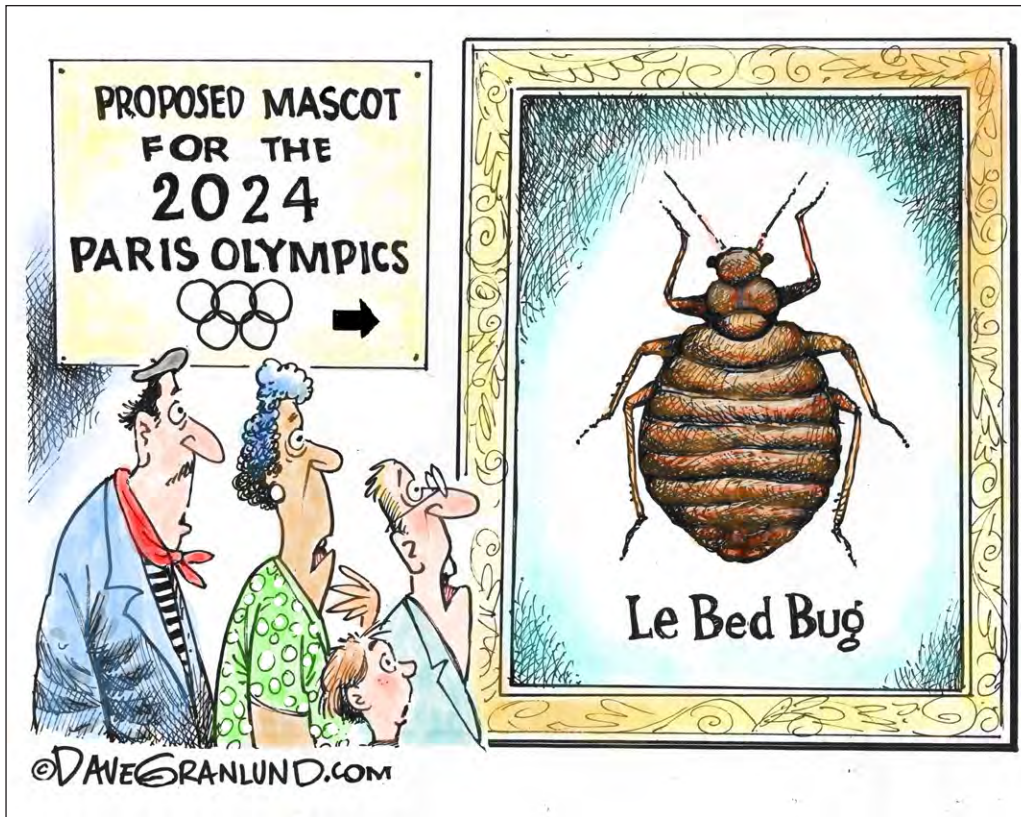
After retiring, I'm privileged and love working per diem at an Independent/Assisted Living facility. While at lunch with some residents, a young couple paid for the table's meals (amazing!), and that inspired me to create a monthly Random Act of Kindness basket. With its proceeds we in turn do various Random Acts of Kindness on behalf of the facility. I was so excited to be able to coordinate nine florists within the towns where I'm published, to donate over 700 flowers that the residents gave away to shoppers at two different malls. Such a united effort of Random Acts of Kindness, it created so many smiles!

Many years ago, I was the recipient of someone unexpectedly paying for my groceries. It was such a surprising experience and confirmed my belief there are truly many more kind and caring people than not. And so began my personal goal of doing Random Acts of Kindness for others. I've bought flowers and given them to strangers or those buy 1-get 1 sales, I've always managed to find someone who could use the second one. I've bought gift cards at a store I'm shopping and then given them to unsuspecting customers. I'm assuming these things made their day better, I know it did mine, just envisioning them enjoying that surprise.

I had a friend ask if I would help her sell her products at a Vendor Day and I readily agreed. It was a wonderful experience and at her suggestion I brought the monthly Random Act of Kindness basket with us. I loved a particular hand-made, hand-painted table ornament one of the vendors had done and was going to buy it for my next basket. When I went to purchase it he inquired if I was going to use it for a basket and when I admitted I was, he loved the concept of what we were doing and donated it! My friend also donated an item!

And the best though I didn't win, was the Salute to Heroes created by three local Hyundai dealerships; someone nominated me! I must say I was shocked and absolutely feel like I won just in the fact that someone thought I was worthy of such an honor. Congrats to comedian Jess Miller who has done some amazing work through her comedy shows to benefit various local charities!

I hope you all continue to extend niceties to one another because doing Random Acts of



GUEST COLUMN



LeConte's sparrow



On Friday, Oct. 6 Massachusetts Audubon Society reported a sighting of a LeConte's sparrow in Longmeadow.

The LeConte's sparrow is about five inches long and has a dark crown with a white central stripe. It also has reddish-brown streaks on a gray nape. The upper breast and flanks are buff colored.

It has an orang and buff orange face surrounding a gray ear patch. Other distinct features are a flat head and a short tail with fine streaking on the upper breast of juveniles.

This sparrow feeds on the ground and eats grass and weed seeds as well as insects. The female lays three to five light gray eggs with darker marks in a cup like nest of grasses placed on or just about the ground. They breed in Canada and winter in the Florida Gulf states.

To avoid danger, it often runs through grasses rather than flying over the grass. It may sing during the day and night. LeConte's sparrows inhabit marshes, wet meadows and weedy fields. Their song is a high-pitched buzz with accents at start and end like "tika-zzzzzz-tzt."

Other sightings

Other sightings for Oct. 6 reported to Massachusetts Audubon Society included a Townsend's warbler at Plum Island, a prothonotary warbler in Winchester and several reports of clay-colored sparrows.

Loon Preservation Committee

Loon Preservation Committee staff and volunteers in the month of September focused on a number of important post-season tasks including storing nest rafts on shore for the winter (over 140 rafts state-wide), pulling and storing the signs that were used to protect vulnerable loon families, rescuing loons in distress and beginning the process of quality checking the data collected during the summer months.

LPC staff rescued five loons in distress throughout the state during the month of September. Rescuing a loon is just the first step in getting it the help that it needs. They thank the veterinarians and rehabilitators who worked with us to evaluate and treat ailing loons: the wonderful veterinarians and staff at VCA Capital Area Veterinary Emergency and Specialty, Hopkinton Animal Hospital, and Meadow Pond Animal Hospital, who helped with x-rays, blood work and assessment of rescued loons; Dr. Mark Pokras, who consulted on all cases and provided valuable insight and suggestions for care; and Maria Colby of Wings of the Dawn Wildlife Rehabilitation, who housed, fed and provided daily care and treatment to all five loons rescued in September.

Sadly, LPC also continued to collect and necropsy dead loons throughout the state, nine total in September. While it is always sad to lose a loon, being able to determine the cause of death for individual loons allows LPC to collect valuable data on the challenges that the loon population is facing.

Feeders

I put out my suet feeder during the day and take it in before dusk so the bears don't take the suet and feeder. I have lost quite a few feeder that way. I have downy, hairy and red-bellied woodpeckers coming to the suet as well as white-breasted nuthatches and black-capped chickadees.

I also have a small tray feeder for meal worms and bird seed. I put a small amount of the meal worms and seed each day. The birds empty the feeder so the bears only find an empty tray.

People may report a bird sighting or bird related experience by calling me at 413-967-3505, leaving a message at extension 100, emailing mybackyard88@aol.com or edowner@turley.com or mailing to Barre Gazette, P.O. Box 448, Barre, MA 01005.

Kindness truly does make a wonderful difference in all our lives. It starts with us as individuals doing one thing at a time by spreading positivity! Be contagious in a good way!

I'd love to hear from you about your gestures or perhaps you'd like to tell me about someone you think should be recognized for the good things

they do. Please contact me at bdt514@aol.com or 413-788-7514, who knows, you might see your story in this column, 'Just 'Cause' you witnessed, did or received something nice being done. Next month I'll be telling your incredible Random Acts of Kindness stories again. Thank you for reading!.....Barb

The REGISTER

LETTERS TO THE EDITOR

Letters to the editor should be 250 words or less in length. No unsigned or anonymous opinions will be published. We require letter writers to include his or her town of residence and home telephone number. We must authenticate authorship prior to publication.

We reserve the right to edit or withhold any submissions deemed to be libelous or contain unsubstantiated allegations, personal attacks, defamation of character and offensive language.

All unknown or alleged facts and quotations offered by the author need to cite credible, unbiased sources.

Send letters to: The Register, 24 Water Street, Palmer, MA 01069 or email mharrison@turley.com. The deadline for submissions is Friday at noon.

SUBMISSIONS POLICY

Readers, local merchants, institutions, municipalities, non-profit groups, and civic organizations are strongly encouraged to send The Register your hometown news and photos. News items and press releases should be sent via email to mharrison@turley.com as an attachment AND pasted directly into the email message screen.

Please send photo captions identifying all subjects in your image(s) from left to right.

We need first and last name, hometown, title if applicable, and a brief description of what subjects are doing in the photo. Email uncorrected, raw, RGB color digital photos at highest resolution directly off your camera to mharrison@turley.com.

Publicity chairpersons are encouraged to send in news about upcoming fundraising or other calendar events at least three weeks before the event.

If you are having difficulty with a press release or need help, please call (413) 283-8393.

To send submissions by regular post, mail to: The Register, 24 Water Street, Palmer, MA 01069.

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What's Happening at Hubbard Memorial Library?

To register for programs or find out more information, visit hubbardlibrary.org, or call (413) 583-3408. Weather-related announcements for outdoor events will be made on the library's Facebook page the morning of the program.

Library Hours: M, W, F 9-5, TU, TH, 9-8, S 9-1. Closed Sundays and holidays.

FOR ALL AGES

Free Tech Help Call us at (413)583-3408x114 to book an hour long appointment. We can help you with your laptop, smartphone, or tablet. By appointment only, please no drop-ins.

Free Streaming Services Available! Use your Hubbard Memorial Library library card to access our streaming services, Hoopla & Kanopy. They're compatible with Android, Apple, Roku, AppleTV, Chromecast, and more. If you are a Ludlow resident with a Hubbard Memorial Library library card and the Libby app, you've already got access to Kanopy in the app! Hoopla provides movies, TV shows, music, eAudiobooks & eBooks, while Kanopy focuses on films, TV shows, and documentaries. Both have a version for kids. Why pay for a streaming service when you can get two for free with your library card?

FOR ADULTS

Gothic Ghost Tales by Candlelight, Thursday, October 19, 6:30-7:30 p.m. Some of the most imaginative and original writers in the 20th century have been women. In their ghost stories, they have probed the possibilities of other dimensions in time and human consciousness. They've mixed old fashioned ghosts and science fiction to create the modern ghost story. Highlighted in this presentation, will be stories, spanning from early 20th century to mid-century, from Rose MacCaulay, Agatha Christie, and Virginia Layefsky. This event is generously provided by the Ludlow Cultural Council and the Massachusetts Cultural Council. Please register.

Cooking In Seasons, Tuesday, October 24, 5:30-7:00 p.m. Do you like to cook? Do you know how? Do you want to learn? Learn to make dishes from foods available for the season and sample what is made! You will learn a variety of techniques on how to make seasonal foods for any occasion. This event is generously provided by the Ludlow Cultural Council and the Massachusetts Cultural Council. Please register.

FOR TEENS

Nintendo Switch Night, every other Tuesday (10/3, 10/17, 10/31), 6:00-8:00 p.m. Play Mario Kart, Smash Bros, or other Nintendo Switch games. Free pizza is generously donated by Domino's of Wilbraham. For 6th-12th graders, space is limited to 16 people, please register.

Anime Club, every Tuesday, 3:30-5:00 p.m. Meet each week to watch & talk about anime, eat snacks, & try out your cosplay. Please register.

The 'Fellowship of the Pages' Tween Graphic Novel Book Discussion Group, Every Thursday, 4:30-5:30 p.m. Meet each week to discuss graphic novels, eat snacks, play games, and make friends. This month the group is reading "Apple Crush" by Lucy Knisley, copies of which are available in the Youth Room. Please register.

Dungeons & Dragons High School Adventure Ensemble, Fridays 2:30-4:30 p.m. This group is for experienced high school players and has room for 2 new players this fall. Please register.

The Read Between the Lines YA Book Group discusses "The Wrath & The Dawn" by Renee Ahdieh, Friday October 6, 3:00-4:00 p.m. Book chat and snacks for ages 14 & up. Copies of each month's book are available in the Youth Room. Registration preferred.

FOR CHILDREN & TEENS

October Storywalk: The Little Old Lady Who Was Not Afraid Of Anything,

Come to the library grounds any time during the month of October to walk through Linda William's fun story "The Little Old Lady Who Was Not Afraid of Anything!"

Pokemon Club, Mondays 3:30-5:00 p.m. For 7 & up. Trading, dueling, & gaming on handhelds, phones, or Nintendo Switch. Please have your name on everything you bring to the club. Please register.

E.T the Extra-Terrestrial, Tuesday, October 10, 5:45-7:45 p.m. Rated PG. Popcorn and drinks sold by the Friends of the Library. In the program room.

Minecraft Club, Wednesdays, 3:00-4:45 p.m. Minecraft players of all skill levels can bring their own devices, or may use one of the library's eight computers to build, play & create. For upper elementary & up. Drop-in.

Roblox Club, Fridays 3:30-4:45 p.m. Meet new friends or play with old ones while playing Roblox; the library will help match kids up according to age and game types. For ages 8+.

Banned Books Scavenger Hunt, Thursday, October 5, 9:00 a.m.-8:00 p.m. October 1st-7th is National Banned Books Week, which fights censorship and celebrates the freedom to read. Search the Youth Room for books that have been censored, learn about some of the crazy reasons why, and win a prize!

FOR CHILDREN

Daily Drop-In Crafts, All ages. DIY crafts available in the Youth Room Daily. New craft each week.

3-5s: Storytime "All About Families" Beginning Monday October 2, weekly for six weeks except 10/9, 10:00 a.m.-11 a.m. A six week session about parents, siblings, grandparents and even pets! 30 minutes of stories, finger-plays, songs and games followed by a snack and craft. Please register.

Sing With Me, Tuesdays 10:30-11:00 a.m. For ages 0-5. Join Youth Services Librarian July for 30 minutes of favorite children's songs & movement. Outdoors and drop-in in good weather (please bring chairs or a blanket), indoors with an attendance limit when raining so please register. Weather announcements will be posted on our Facebook page the morning of the program.

2-3s: Storytime "All About Families". Beginning Wednesday October 4, weekly for six weeks, 10:00 a.m.-11 a.m. The fun, easy-going 45 minute storytime includes 15 minutes for free play, 15 minutes of stories, fingerplays & songs, and 15 minutes of craft and snack time. Please register.

You and Me in Music For Babies & Toddlers, Wednesdays in September, 11:30 a.m.-12:30 p.m. For 0-36 months. Join us for this dynamic program led by Music Therapist, Renee Coro of Harmonious Happenings. Sponsored by Pathways for Parents CFCE. Please register.

Lego Build Challenge, Wednesdays 12:00-5:00 p.m. Pull a Lego Build Challenge Card and try to build it with the library's Legos, or free build just for fun. All creations will be put on display in the Youth Room for the week. Drop-in.

October Grow, Play and Learn, Thursdays in September, 10:00-11:00 a.m. For ages 0-5. Come join us for stories, songs and skill building, led by Kelly Castor, Early Childhood Developmental specialist, who will guide caregivers in strengthening interactions with their children. Sponsored by Pathways for Parents. Please register.

Me, You & We, Fridays, September 15- October 20, 9:30 a.m. Ages 3-5. Playgroup to support 3-5 year olds and their caregivers in developing social-emotional skills. Sponsored by Pathways for Parents CFCE. Please register.

Healing Touch to hold Spiritual Ministry

HAMPDEN – On Wednesday evenings from 7-8 p.m., the Federated Community Church in Hampden is offering healing touch sessions. The group of people offering this to the public is trained and certified in energy work. It will be first come, first served and will have a free donation.

A chairlift is available. For more information, one can contact 413-566-3711 or hampdenfederated@gmail.com.

Are you having difficulty communicating with your partner, struggling with boundaries, and healthy relationships?

We invite you to join us Friday afternoons from 1-2:30 pm to explore these topics and more.

This group will be held in zoom, is educational, confidential, and free.

Please contact **Pat James 413-726-8661**.

Estate Planning



- Wills
- Power of Attorney
- Health Care Proxy
- Life Estates
- Declaration of Homestead

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Rocky Mountain HIGH!

By Julie Midura

Tom and I spent two weeks circling the state of Colorado last month, filling our days trodding through the wilderness and spending our nights sleeping in a rented van. And for perhaps the very first time, I was at a loss for words. Because how does one go about describing moments when there is a visceral connection between what your eyes are seeing and what your heart is feeling?

The landscape was profoundly beautiful, and mere words could never convey the depth and breadth of the majesty we witnessed. Glacial lakes infused with a shade of blue that is most often seen in a gemstone rather than in a basin of water. A blue that is more of a celebration than merely a color. Jagged, snow capped mountain peaks stretching to the heavens. Abundant wildlife encounters with elk, moose, bighorn sheep, coyote, fox, deer, pine marten and marmot.

For two weeks, we couldn't stop smiling... except for the day we climbed Mt. Elbert. Behind the summit smile was the worst physical suffering that I have ever endured.

Tom and I live in Ludlow, Massachusetts, which is approximately 360 feet above sea level. The highest mountain we've ever climbed is Mt. Washington in New Hampshire, which stands at 6,288 feet.

The elevation gain of 14,433-foot Mt. Elbert in Colorado is just a few hundred feet more than the elevation gain of Mt. Washington, and the terrain itself is no more challenging. But there's one enormous difference. Altitude.

At 12,000 feet above sea level, the reduced air pressure means that you're sucking in 30-40% LESS oxygen than you take in at sea level. Breathing increases and your heart pumps faster to deliver oxygen to your organs and ex-



Courtesy photos

On the summit of Mt. Elbert

tremities. The reduced oxygen affects everyone differently. Tom did fine. I did not.

We spent six days hiking in Colorado to acclimatize our bodies to the higher altitude before attempting to climb Mt. Elbert. As it turns out, six days wasn't enough.

Our hike begins at the North Mt. Elbert Trailhead at 5:15 on a chilly Thursday morning. The light from our headlamps illuminate the path below our feet for the first hour. By the time we break tree line at 7:30am, my heart is beating furiously. I slow down in an attempt to catch my breath and I tell Tom to take the lead, while I fall further and further behind.

The trail steepens. I can no longer breathe through my nose. I pant. Mouth open. Heaving breaths. In-out-in-out-in-



Lower Blue Lake in the San Juan Mountains

out. Too fast. I'm feeling lightheaded, as if there is a plastic bag over my head.

I stop, bend at the waist and rest my forehead on my trekking poles. I speak aloud, "Where is the oxygen?! I can't BREATHE!" Tom is too far ahead to hear. Every fiber of my being is telling me to turn back.

Instead, I start moving again. Thirty steps. Stop. Twenty steps. Stop. Ten steps. Stop. Over and over and over again. Tears come. "I can't do this!"

I'm fighting a war of my own making. Of my own choosing. A battle is raging between my heart and my head.

"God, please help me!"

"This is impossible!"

"Turn back!"

"PUSH ON!"

Desperation. Determination. Accept defeat. Pray. Beg. Rage.

It begins to snow. Hard white pellets. Fierce wind. Cold. I pull on more layers. Tom waits. I catch up. The summit is so close, yet seems impossibly far away.

"You can do this!" Tom encourages. I feel broken. I have given everything I have and there is nothing left to give. My lungs have failed me. My heart has given



Upper Blue Lake, San Juan Mountains

up the fight. My head is aching.

My legs, however, keep propelling me forward. They are strong. Conditioned. Adapted to such climbs. They are not affected by the lack of oxygen. And they are all I have left to advance my body those final steps to the top.

After six merciless hours, we rise to meet the highest summit of the Rocky Mountains of North America, the highest point in the state of Colorado, and the second highest mountain in the contiguous United States.

But instead of feeling victorious, I collapse into Tom's embrace, sobbing uncontrollably as he gathers me in his arms and holds me tightly. I feel no triumph. No victory. No pride. I did not 'conquer' this mountain. I simply feel relief that the pain has ended.

When I finally have enough energy to look around at the greatness surrounding me, I only feel one thing... humbled to the very DEPTHS. OF. MY. SOUL.

See you in the wild places, my friends!

To see more of our hiking adventures, follow us on Instagram @morethanthe-mountain.

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CLUES ACROSS

- 1. A device to disengage without a key
- 5. Subdivision
- 8. Network of nerves
- 12. Lounge chair
- 14. Ocean
- 15. C. European river
- 16. Bowl-shaped cavity
- 18. ___ Caesar, comedian
- 19. Lyric poems
- 20. Tia's sister
- 21. A way to develop
- 22. Cows collectively
- 23. Areas close by
- 26. Slightly disreputable
- 30. Made a mistake
- 31. One who cites
- 32. Food stall: ___ pai dong
- 33. Narrow valley between hills
- 34. Members of people living mainly in the Congo

CLUES DOWN

- 39. More (Spanish)
- 42. Classroom implementations
- 44. Cognizant of
- 46. One who tells on others
- 47. Free from slavery
- 49. Thick piece of something
- 50. Containing two nitrogen atoms between carbon atoms
- 51. Removed entirely
- 56. Late rocker Turner
- 57. Appreciated
- 58. Observation expedition
- 59. Opposite of subtracts
- 60. Unit of work
- 61. Wreckage on the sea bed
- 62. Affirmative! (slang)
- 63. Witness
- 64. River in England

CLUES DOWN

- 1. A dissenting clique
- 2. Japanese city
- 3. Spiritual leader
- 4. Second letter of Greek alphabet
- 5. Musical term
- 6. Ruled over
- 7. Fortified wine
- 8. First year player
- 9. Moved in a circular way
- 10. Adolescents
- 11. Scottish or Irish Gaelic language
- 13. Someone who serves in the armed forces
- 17. Bring up
- 24. Factual written account (abbr.)
- 25. Having three sides
- 26. Annoy
- 27. Hustle
- 28. American WW2 leader

CLUES DOWN

- 29. Stale atmosphere
- 35. US Treasury
- 36. Sound unit
- 37. They ___
- 38. Soviet Socialist Republic
- 40. Places to play video games
- 41. Medical event
- 42. When you hope to arrive
- 43. Fixed prices
- 44. Popular Boston song
- 45. Valley in Indiana and Illinois
- 47. Omit when speaking
- 48. German explorer of the Congo Basin
- 49. Stick around
- 52. From a distance
- 53. Heroic tale
- 54. Amounts of time
- 55. Eat

ANSWERS ON PAGE 17



Dream Lake, Rocky Mountain National Park

Daikan Humane to host Whisker Wonderland

SPRINGFIELD— Dakin Humane Society will present Whisker Wonderland on Saturday, Nov. 4 from 10 a.m. to 3 p.m. at its location at 171 Union St. Admission is free, but donations will be welcomed.

The second-annual holiday craft event will include a variety of local artisans offering pet-centric crafts and gifts. Last year's first-ever Whisker Wonderland event attracted many pet lovers and craft enthusiasts across western Massachusetts and northern Connecticut, as well as holiday shoppers, and people seeking eco-friendly, locally-focused gift items.

In addition, Dakin's Home Again thrift shop will be open at that time to provide additional shopping options. There will be a raffle of donated gift

items to support animals at Dakin Humane Society, and Dakin's holiday merchandise will be for sale. The family-friendly event will also feature a bake sale with hot chocolate.

"Last year when we introduced Whisker Wonderland, it attracted nearly 300 people," said Dakin's Director of Development and Marketing, Stacey Price. "We got a lot of terrific feedback from shoppers about how they got some great gifts for the animal lovers in their life, which helped with their holiday shopping. This year we will have even more vendors offering unique gifts inspired by pets at Whisker Wonderland."

Sponsors for Whisker Wonderland include VCA Animal Hospitals, and Finck & Perras Insurance Agency, Inc.

Celebrate Ludlow



Turley Publications photos by Marcelo Gusmao
Nate Sarrasin played with a ribbon to entertain Bella, age 11.



Eric Segundo represented the Office of Veterans Affairs with a table.



Chuck Morris sold beer from Vanished Valley Brewing to Chris Dodd.



Acousticca performed live from the gazebo at Memorial Park.



Attendees watch the carousel that was put up for the festival.



Dave and Holly Vigneault worked a booth for Iron Duke Brewery.



Kids ride the Wavethunder II ride on the lawn in front of the library.



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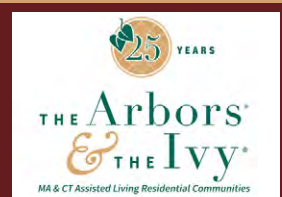
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For more information, visit arborsassistedliving.com

This Veteran discount program is effective March 1, 2020, may not be used in conjunction with any other programs offered by The Arbors Assisted Living Communities ("The Arbors") or The Ivy Assisted Living Communities ("The Ivy"), and supersedes all prior programs and offers. Participation in this Veteran discount program is limited to Veterans who are new residents of The Arbors and The Ivy communities and does not apply: to respite or short-stays; or to resident transfers within an Arbors or Ivy community (except for a transfer from a respite apartment to another apartment); or to surviving spouses of veterans; or to any former or current Arbors or Ivy residents. Offer is valid only when a Veteran presents their Military Discharge/DD214 form. The Veteran must meet current eligibility criteria for residency. The discount will only be given on a per apartment (not per person occupying the apartment) basis. The Arbors or The Ivy reserves the right to terminate, suspend or modify this Veteran discount program at any time without notice. *This offer is valid for market-rate apartments only.*



SCHOOL COMMITTEE from Page 1

behalf of the Committee.

Policy Updates

Laing named 18 policy updates that will be discussed at the next School Committee meeting, including updates to relations between the school and community and with parents, decision-making, media relations, advertisement, and relations with police and authorities.

"We did meet as a subcommittee last Tuesday," Laing said. "These were brought to our attention from the Superintendent, and we sat as a committee, ... and we were able to go through individually and view the recommendations."

The Policy Subcommittee's recommendations will be brought to the committee for discussion at the Oct. 24 meeting.

Student Activity Fund

The School Committee voted on approving the Student Activity Fund account for the Class of 2027, as is standard for each incoming school year.

"This is standard practice for our rising freshman class, to be able to create

that account for activities and so forth," Superintendent Frank Tiano. He said that the account is monitored by class advisors, the principal, the school's business manager, and the town treasurer.

The committee voted unanimously in favor of approving the account.

Student Information

Tiano, Dr. Erica Faginski-Stark and Director of Special Education Jean Fontaine made a presentation on the school's current status in terms of enrollment and demographics.

The presentation noted a slight uptick in enrollment, compared to previous years' downward trend. Enrollment has risen to 2,314 enrolled students, from last year's 2,271.

The presentation included information on student ethnicities, languages, disabilities, and income, including the percentage of students who are considered homeless, which has seen a 138% increase in the last five years.

"Our job is to try to keep education consistent and there for the students so that they have a stable environment and that they're able to access the curriculum and hopefully continue to have some

positive opportunities," Faginski-Stark said.

The presentation also noted how the schools are recovering after the pandemic and that student performance is making moderate progress toward recovery.

Faginski-Stark shared where the schools placed in national percentiles, with Harris Brook at 34%, Baird at 22%, and the High School at 52%.

Faginski-Stark also noted that, in accordance with trends across the state, the town's students recovery in mathematics is better than English, suggesting that it may have been easier to teach math virtually than English, especially for younger students.

MCAS

During the public comments section, Shannon Anderson announced the Massachusetts Teachers Association's campaign to remove the MCAS test as a graduation requirement.

"We are looking to get 150,000 signatures to put, on the upcoming November 2024 ballot, a referendum question that would ask for MCAS to be eliminated as a graduation requirement," Anderson said.

Anderson told the committee that there will be representatives at each of the school buildings to collect signatures outside of school hours.

Trip Approval

The committee heard a request for a school trip for high school students to attend Harvard's Model Congress. The trip is being organized by Education Association Co-Chair Shannon Anderson, and is scheduled for Feb. 22 to Feb. 25.

"We had a former student who graduated in 2020, and he is attending Harvard," Anderson said. "He reached back out to me, I'm his former teacher."

This trip is being offered at no cost to the students, with Harvard paying for transportation from the school. Anderson said that there are eight students who have expressed interest in attending.

"It's a great opportunity for our kids," Tiano said.

The committee voted unanimously to approve the trip.

The School Committee will have their next meeting on Tuesday, Oct. 24, with a Budget Subcommittee Meeting being held on Tuesday, Oct. 17.

NEW PASTOR from Page 1

for 24 years. It's just been the call of my life. I love helping people, so this is what I do," Borden said.

Borden previously served in churches in North Dakota, Pennsylvania, New York and Massachusetts, adding how attending seminary for ordination brought her back to Massachusetts.

Borden was drawn to First Church and Grace Union Church for the people, calling them warm, loving and caring.

"They do whatever they can to help others. I love their sense of purpose and what they try to do," Borden said. "They're just good people and I saw that from the get-go and I just thought 'I want

to be part of this.' If I'm able to be part of this I want to be a part of this."

Borden has also served two churches previously, saying "It's more of a chance to be of service" to others and her calling.

"It means a lot to me because I have done multiple-point charges before," Borden said. "It means each congregation has its own needs and things that are important to them and try to be there for all."

Borden shared what each church offers: for Wilbraham, Barn Sales every Friday from 9:30 a.m. - 12:30 p.m. and the Thrift Shop. For Ludlow, the Victorian Tea Room, Drive-Thru Food Collections the first Saturday of every month and the Hummingbird Shop.

"I'm a community member of Wilbraham but, also this is my church.

I don't live in Ludlow and this is my church. I consider both places my sacred home, so I want to get to know them and hopefully, they get to know me," Borden said.

Borden's goals include reintroducing the churches to the community, bringing more people in and getting to know the people and communities she's serving.

"There's nothing specific but just mostly getting to know the community both inside the church and outside the church and let them know that I'm there and our church is there," Borden said.

Borden added she will be working at Grace Union Church on Tuesdays and Thursdays and First Church on Mondays and Wednesdays, alternating Sunday services for each church.

"So I get to know the congregations, everything. They have in the past been

two separate services but they're trying, right now, to work together. I think that's wonderful," Borden said.

Borden emphasized the opportunity to connect with and serve both churches will help her get to know more people, both individually and as a community.

"It's nice. There's similarities probably which I'll find out and there's differences I'll probably find out, but at the core, their communities of faith and I'm here to serve them all," Borden said.

Borden wants both communities to know she's ready to hit the ground running to serve the churches, she and the congregation care and "we would love to welcome you here, to come visit and see what we're about."

"If I can help people get to know First Church in Ludlow and Grace Union Church in Wilbraham again or for the first time, then I know I've done something worthwhile," Borden said.



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The church welcome sign outside First Church in Ludlow with Pastor Dorothy "Darcy" Borden's name welcoming people to the church.



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Kolodziej wins 200th as boys notch 10-win mark

By Tim Peterson
Sports Correspondent

BELCHERTOWN— The Ludlow boys' varsity soccer team has won 10 or more games 13 times since 2008.

The Lions reached that milestone this season following a 2-0 road win against Smith Division rival Belchertown last Wednesday night. It was also the 200th career victory for head coach Greg Kolodziej.

"I really didn't have any idea that this was my 200th career win. A lot of the credit has to go to all of the players that I've coached over the years. I couldn't win any games without them," said Kolodziej following the road victory. "Winning my 200th game against a league rival is very cool. Belchertown has always been a first class soccer program."

Ludlow (10-0-2, 9-0-2) has posted a 22-0-2 regular season record and a 27-1-2 overall record since suffering a 1-0 loss to Belchertown (5-5-3, 3-4-3) at historic Lusitano Stadium on September 21, 2022.

The Lions also defeated the Orioles, 2-0, in the first meeting of this season at Lusitano Stadium.

"Not only is Ludlow the best team that we're going to face during the regular season, they're also one of the best boys' soccer teams in the entire state," said Zach Siano, who has won 73 games since replacing Tony Almeida as the Orioles boys' varsity soccer coach in 2018. "I've lost more games to Greg than I've won over the past six years. For him to reach 200 victories is a testament to his character and his commitment to his program. We might be members of the same league, but we're in different Divisions. I would love to see Ludlow win the Division 1 state title this year."

Kolodziej was an assistant soccer coach at his alma mater prior to replacing Tony Goncalves as the varsity coach in the fall 2008. The Lions won three state championship titles during Kolodziej's first five seasons at the helm. The most wins Ludlow has had in one season during the past 16 years was 20 in 2017. That season ended with a thrilling 1-0 overtime victory against Wellsley in the Division 1 state finals.

Since the new postseason tour-

Please see **BOYS SOCCER**, Page 12



Turley photos by David Henry www.sweetdogphotos.com

Thomas Quiterio tries to side-step a defender.



Lucas Alvan possesses the ball and looks to get around an opponent.



Cole Bamford chases down a loose ball.



Payton Dersarkisian goes for a throw-in.



Christien Casares plays the ball off his knee.

Girls volleyball takes loss to Comp

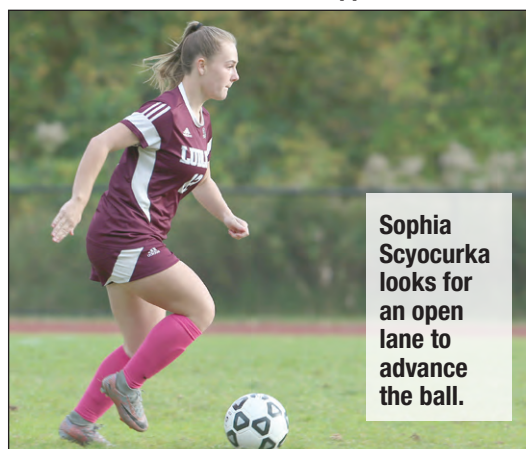
LUDLOW – Earlier this season, Ludlow girls volleyball was able to pick up a win over Chicopee Comp. But last Friday evening, the Colts returned the favor with a 3-1 decision.

Ludlow was down 2-0 in the match, but took it to extra volleys and won the third set 29-27 to force a fourth set. But the Colts were able to come back and get the win 25-17 and take the matchup.

Ludlow is just 2-13 this season. They also lost to Lee and Wahconah recently. The Lions will face West Springfield on Oct. 19 at 5:15 p.m.



Elizabeth Braz tries to beat her opponent to the ball.



Sophia Scyocurka looks for an open lane to advance the ball.

Lions draw with Longmeadow

LUDLOW – Last Wednesday night, Ludlow battled with Longmeadow to a 1-1 tie. It was the fifth tie of the season for the Lions. Ludlow followed that with a 5-0 win over

East Longmeadow, but lost 4-0 to South Hadley over the weekend. Ludlow is 2-6-5 and may need some help to qualify for the state tournament this season.



Turley photos by David Henry www.sweetdogphotos.com

Kacie Klimek punts the ball away.



Valentina Molinari goes low to take control of the ball.

T-Birds rebound to beat Bruins

SPRINGFIELD – The Springfield Thunderbirds (1-1-0-0) overcame a sub-par second period and battled their way to a 4-3 win over the Providence Bruins (0-1-0-1) on Sunday afternoon inside the MassMutual Center.

Vadim Zherenko got the nod in net for Springfield and picked up the win, stopping 38 shots on the afternoon. On the other end, Brandon Bussi got the start for Providence in the net, making 20 saves on 24 T-Birds attempts.

After a flurry of chances in the Providence zone about halfway through the first period, captain Matthew Peca got the T-Birds on the board first as he knocked a rebound home at the 7:48 mark. On a seemingly harmless play, Wyatt Kalynuk wristed a point shot toward Bussi, who appeared like he would squeeze it in the glove to get a whistle. Instead, the puck popped out of his trapper, and Springfield kept the puck in the zone the next half minute, culminat-

ing in the goal by Peca, which came as a sixth attacker was jumping on the ice following a delayed Providence penalty.

Peca's first goal of the season would be the only tally of the period, as the T-Birds marched back to their dressing room with a 1-0 lead. Nathan Walker picked up a point for a second straight day, getting credit for the primary helper, while Dylan Coghlan accrued his first point as a T-Bird with the secondary assist.

Providence had a golden opportunity to score five minutes into the second frame when Vincent Arseneau took advantage of a turnover and found teammate Joey Abate in the slot, but Abate's shot nailed the post and the score remained 1-0.

The T-Birds had a golden opportunity of their own to capitalize on with 7:28 to go in the second after Zachary Bolduc intercepted an errant pass, but Bolduc just missed on the glove side of Bussi as

the shot sailed over the crossbar.

John Farinacci finally got the P-Bruins on the board, hammering home a rebound past Zherenko on the power play, tying the game up at one apiece.

With just over a minute to play in the second, after an unforced giveaway in the defensive end by Springfield, the Bruins took advantage as Farinacci found Luke Toporowski for a one-timer in the slot, giving the P-Bruins a 2-1 lead going into the dressing room.

It didn't take long for the T-Birds to get even in the third, as Walker recorded his second goal of the season just nine seconds into the period to open up the scoring, with Adam Gaudette and Calle Rosen getting credit with the assists.

Just 4:19 later, Bolduc joined the scoring party on a 2-on-1 rush as he rifled home a shot past Bussi on the blocker side. The first-round pick's first career pro goal made it a 3-2 game.

Providence did not go away quietly

though, as Marc McLaughlin tipped in a Reilly Walsh point shot on a Bruins power play at the 13:21 mark, bringing the game to a 3-3 tie.

In need of another response, and with another delayed penalty situation, the top line delivered in the clutch. Finding a quiet area in the slot area, Gaudette snapped a perfect shot under the crossbar and recorded his first of the year and second point on the day, making it 4-3 with just 4:52 to go in the third.

Despite pulling their goalie and several dangerous scoring chances, Providence could not tie the score and the T-Birds escaped with their first victory of the year in thrilling fashion.

The T-Birds return to the MassMutual Center on Friday to complete their season-opening three-game homestand as they take on the Lehigh Valley Phantoms, with puck drop set for 7:05 p.m. at the Thunderdome.

Railers fall to Mariners in opener

AUBURN, ME – The Worcester Railers HC (0-1-0-0, 0pts) fell to the Maine Mariners (1-0-0-0, 2pts), on Friday night by the final score of 4-2 at Norway Savings Bank Arena. The Railers are at the Fidelity Bank Worcester Ice Center against the Maine Mariners on Saturday, October 14th at 7:05 p.m. EST.

Maine started the game with two quick goals in the first from Ethan Keppen (2-0-2) and Wyllum Deveaux (1-0-1) to grab a 2-0 lead through one period. Worcester got on the board in the second thanks to Zach White's tip in front to make it 2-1. The Railers and Mariners traded goals midway through the second, as Jimmy Lambert (1-1-2) for Maine put the Mariners up 3-1 just before Jake Pivonka (1-0-1) got the Railers back to within one. Keppen scored the only goal of the third, as Maine would go on to beat Worcester 4-2 on Friday night.

The Mariners poured on the offense in a hurry to open the first, scoring twice in the first 3:06 of the game. Ethan Keppen (1st) finished off a cross-ice passing sequence from Tyler Drevitch to beat Tikkanen far-side and make it 1-0 Mariners. Wyllum Deveaux similarly capped off an up-ice rush with a backdoor tap-in past Tikkanen off a feed from Reid Stefanson (1st) to make it 2-0 Mariners. Former Railer Jimmy Lambert was in the lineup for the Mariners and managed to record the secondary assist on Deveaux's

goal. Shots in the first favored Worcester 14-6.

Zach White (1st) got Worcester on the board early in the second with his first as a Railer. John Copeland unleashed a shoulder-high shot from the point that White redirected past Starrett to make it 2-1 Maine. Lambert (1st) recorded his second point of the night as he beat Tikkanen with 8:01 to go in the second, and put Maine back up by two, 3-1. Just 19 seconds later, Jake Pivonka (1st) got Worcester back to within one off assists from Riley Piercey and Ashton Calder. The second period came to an end at 3-2, with Worcester continuing to outshoot the Mariners 12-11. The Railers led in shots through two at 26-17.

Intensity & physicality escalated midway through the third period. Mike Higgins and Cole Dubinsky dropped the gloves in response to a check on Worcester's Artyom Kulakov, which left him slow to get up. Maine scored first in the third when Ethan Keppen (2nd) found the puck alone far side off a feed from Stefanson to beat Tikkanen and make it 4-2. Worcester went on the power play late in the game with 1:46 remaining as Connor Doherty was sent to the box two minutes for roughing. Kulakov then dropped the gloves with Doherty, with both players ejected for the rest of the game after the fight. Neither team would score to wrap up the third, as the Railers fell 4-2 to Maine to open the preseason.

BOYS SOCCER from Page 11

ment format began in 2021, Ludlow has won back-to-back Western Mass. Class A titles, but they've lost in the Division 1 elite 8 twice. The Lions lost a heartbreaker to Weymouth High School a year ago.

The Belchertown boys' soccer team might not have as many championship trophies as Ludlow does in their trophy case, but they do have a very strong tradition on the pitch.

The last time that the Orioles won a state title was in 2019. They defeated Medway, 1-0 in overtime in the Division 3 state finals. A year ago, the Orioles defeated South Hadley, 3-0, in the Western Mass. Class B finals before losing to Dedham, 2-1, in the Division 3 state semifinals.

"We play in a very difficult league, so we're battled tested every year," said Siano, who was selected as the small schools coach of the year in 2022. "We're hoping to make another run in this year's postseason tournament."

The Orioles faced the Lions on their home field without the services of three key starters.

Junior Joey Borelli suffered a season ending knee injury in the first meeting of the regular season against Ludlow. Junior Joe Yoon and senior Trevor Weiss also missed last Wednesday's match with injuries.

"We were missing three of our starting midfielder's," Siano said. "We're hoping to have Joe Yoon and Trevor Weiss back on the pitch very soon."

It took the Lions less than three minutes to take a 1-0 lead.

The scoring play began with senior Cole Bamford delivering a pass across the box to classmate Tommy Quiterio, who blasted a shot into the upper left corner of the net past Belchertown junior goalkeeper Jack Mandeville (6 saves). It was Quite-

rio's second goal of the season. He netted his first goal of the season in a 4-2 win at West Springfield in the middle of September.

"Our last regular season loss was to Belchertown last year, so it feels very good to come here and get another win against them," Quiterio said. "It also felt good to score an early goal. It was a special night with coach Kolodziej winning his 200th career game. He's a great soccer coach and we're hoping to win the state title for him this year."

The Lions, who have been struggling putting the ball into the net this season, scored another goal in the middle of the first half.

"We were able to score two goals in tonight's game, which is always a very good thing," Kolodziej said. "Our defense also posted another shutout."

Bamford also assisted on the Lions second goal, which was scored by senior Diogo Dos Santos. It was his first goal of the season.

"We just dug ourselves a hole in the first half," Siano said. "We did have some chances in the second half, but we couldn't find the twine."

Down at the other end of the field, Ludlow senior goalie Anthony Shea (5 saves) posted his eighth shutout of the regular season. Shea received plenty of support from his defense, which is led by junior Gavin Vala, junior Alvan Lucas, junior James Dias, and senior Christian Casares.

Five minutes into the second half, Belchertown sophomore Austin Raymer fired a shot on goal, but Shea made a diving save. The Orioles other second half shots were taken by senior Tanner Lockwood and junior Jack Bergeron.

The Lions posted a 2-0 home victory over East Longmeadow the following day.

The Orioles got a 1-0 win at Amherst last Friday.

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national **business** **WOMEN'S** week

How women professionals can make more time for family

Women wear many hats every day. That's especially true for women juggling families and careers. Chauffeur, negotiator, advocate, moderator, mom, wife, and employee are just some of the titles that apply to modern women.

Data from the U.S. Department of Labor and the U.S. Census Bureau indicate women represent nearly half of the United States workforce, but women still devote more time than men to housework and child care. While few are advocating for traditional gender roles of the past to be reinstated, a 2012 Pew Research survey found that very few adults (16 percent) indicated having a mother who works full-time is the "ideal situation" for the family. Nearly 42 percent said a mother who works part-time is ideal. Even among full-time working mothers, only about 20 percent said that having a full-time working mother is ideal for young children.

"Ideal" is not always practical, and since the Pew survey, the workforce has changed in many ways, particularly by the number of employers who have adopted family-friendly policies or pivoted to remote working during the COVID-19 pandemic. That means working moms have even greater leverage to find a balance that works for their unique situations. These tips can help women free up more time for what's most meaningful to them.

- **Employ time-saving strategies.** Embrace ways to save time during the day. Order groceries online during a lunch break and pick them up curbside after work. Pool resources with a neighbor to cover school transportation if busing is not provided. Schedule conference calls during commutes so they don't eat into the rest of the day.

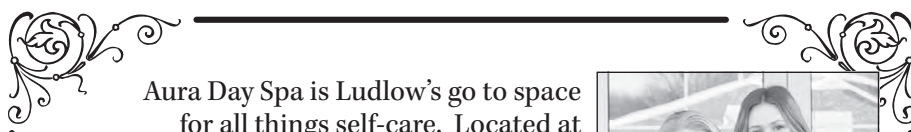
- **Define your priorities.** Think about what cannot be compromised or negotiated. Maybe that is being home at a particular time each day so the family enjoys dinner together. Get clear ideas of what you value most so you can build plans around those priorities.

- **Take vacation time.** Make it a point to use all vacation time, coordinating days off to coincide with family members' days off. Family vacations offer the best shots at uninterrupted, enjoyable time together. They should be ranked highly and scheduled early to ensure travel is possible.

- **Use technology to stay connected.** There are times when the family may not be able to gather in person. This became evident at the start of the pandemic, when social distancing and isolation became a cautionary tactic to prevent disease proliferation. If the kids are missing you or you are missing the kids at any time during the day, a video chat can be just what everyone needs to feel better.

- **Outsource housework and chores with smart ideas.** If the budget is there, hire a housekeeper to come in weekly to tame messes around the house. A "mom's helper" can be hired to come in and tend to certain needs. Family calendar apps can serve as personal assistants to keep track of family appointments. Clothing subscription boxes save time and provide a way to have carefully curated outfits shipped right to your home. A robot vacuum can tame dog fur on the rug while you are working in a home office. These ideas can free up additional time to spend with the family.

Working mothers can employ strategies to ensure ample time can be devoted to the ones they love.



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Born & raised in Ludlow to Portuguese immigrants, Evette has lived in Western Mass. for over 40 years. Evette graduated from Sacred Heart University with a BS in both Business Administration & Legal Administration and an AS in Paralegal Studies following graduation she returned home to excel in both retail management and as the "jack of all traits" for a locally owned construction company. Evette's work ethic coupled with her desire to be do different things brought her to become a certified interior designer & licensed realtor. She joined the Real Estate profession in 2009 as a part-time realtor and she has enjoyed building lasting relationships with her clients ever since. Her education, expertise, market knowledge and negotiating skills allow her to be a valuable asset to her clients and ensure a smooth transaction.



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Katie is a Wilbraham resident and the Co-Chair for the Wilbraham Council on Aging Board of Directors. Katie has dedicated her entire career to serving older adults and their loved ones across New England. She is the Director of Placement and Aging Services with Assisted Living Locators as well as a Certified Aging Life Care Manager with TUCKed In Eldercare.



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www.mcssalonllc.com

Salon Hours:
Tues.-Thurs.: 9am-4pm
Fri.: 10am-7pm
Sat.: 8am-4pm
Closed Sun. & Mon.

15% Off Hair Color SERVICES FOR NEW CLIENTS

Offer Good Thru 11/3/23

The Dance Studio

The Dance Studio, celebrating over 20 years of dance since 2000, is a large state of the art facility equipped with 2 large dance studios, sprung floors for injury prevention, a large waiting area, viewing windows and TV/WiFi access. All of its instructors are masters of their craft, having professional dance experience and B.F.A's, Masters & PhD's in dance, education and physical therapy.

Angela Vital-Martowski, artistic director of the studio, has an extensive resume.

She has danced with the Boston Ballet, Ballet South, American Repertory Ballet, Albany Berkshire Ballet, Pittsburgh Ballet and has auditioned with MTV, Disney and Universal Studios, just to name a few. Currently, she is also on the faculty at Springfield College in the dance department, where she has taught for the past 14 years. Vital-Martowski is a certified Early Childhood educator specializing in movement for preschool and toddler children. She opened the studio to serve a need for quality



dance education for the recreational dancer.

As the studio grew, more of the student body became serious dancers. Now in addition to the recreational dance classes, the studio now has a pre-professional program and a competition team. Many of their students have gone on to dance careers and to colleges like Emerson College, UMass Amherst and Lowell, Westfield State, Western New

England, Brown and Harvard. The studio's competitive team uses local competitions as performance venues for their students to get more stage time.

The studio offers over a dozen styles of dance classes for toddler through adult. The Dance Studio also offers Barre Fitness classes, dance and Pilates to achieve a long lean dancer's body.

In 2021, Vital-Martowski, with asst. director Paige Fortier-Boyle, took the foundations and principles of the studio's mission to expand to a second location and opened the doors of The Dance Studio of Windsor Locks, CT as co-directors.

The Dance Studio

Ongoing enrollment for all available classes until December 31st.

35 Post Office Park
Wilbraham, MA 01095
413.596.0121

www.thedancestudioofwilbraham.com

It's Never Too Late To Dance! Classes for ages 18 months - 108 years!

- Classes for toddlers - teens.
- Adult classes available in Broadway Jazz, Tap and Barre Fitness BBBC (Ballet Booty Boot Camp)
- \$10 drop in dance & fitness classes in the month of October



The Wilbraham Shops
2341 Boston Road, Wilbraham
413-599-1717

Tues.-Fri. 10am-5pm
Sat. 10am-4pm

Need us to stay open late, just call us!

www.scentedgardengifts.com

The Scented Garden Gift Shoppe in Wilbraham is proud to celebrate four years with new owner Sandy Polom. Over the past four years, the shop has expanded to include many new and exciting product lines, including trendy women's clothing and accessories, adorable baby outfits and toys, and unique gifts for all occasions. Sandy and staff pride themselves on offering a personalized shopping experience, and they are always willing to help you curate the perfect, meaningful gift—or to help you pick out something for yourself!

Sandy would like to extend an invitation to The Scented Garden's Holiday Open House weekend from Thursday, November 16th through Sunday, November 19th. Come get a head start on your holiday shopping, and meet with vendors who will be displaying their work. There will be special surprises and raffle prizes all weekend long. Follow them on Facebook @TheScented-



Owner Sandy Polom

Garden and on Instagram @Scented-GardenWilbraham for more updates.

You're Invited to our **Holiday Open House!**
Thursday, Nov. 16th-Sunday, Nov. 19th
Get an early start on your Holiday Shopping!

national **business** **WOMEN'S** week

A lifelong resident of Western Massachusetts, Jennifer McDiarmid has a deep knowledge and understanding of the area that is second to none, making her the perfect resource for your home buying and selling needs. Her commitment to ensuring a smooth and stress free process for her buyers and sellers truly sets her apart.

Jennifer's background in education makes her the perfect guide for anyone looking to enter the real estate market. Whether you're looking to purchase your first home, build your investment portfolio, or downsize your current home, she takes the time to guarantee that you will understand and be comfortable with every step from start to finish.

As a member of the Coldwell Banker family, Jen is a licensed Realtor in Massachusetts and Connecticut. She is a member of the Realtor Association of the Pioneer Valley, Massachusetts Association of Realtors, and the National Association of Realtors. She also holds membership with the Young Professionals of Springfield and the East of the River Five Town Chamber of Commerce. Jennifer also is an active member of the Western Massachusetts Track & Field Officials Association, serving on the Executive Board.

In her downtime, Jen enjoys running local road races, walking the neighborhood with her dog Ellie, and diving into a good book. Reach out to her today to see how Jen will Go the Extra Mile for You!



JENNIFER MCDIARMID
REALTOR® | Turnberg & Swallow Team
 Licensed in MA & CT

✉ hi@jenmcdrealtor.com
 ☎ 413.459.5548
 🌐 jenmcdrealtor.com

📷 📺 📱 📺 📺

REALTY COLDWELL BANKER

KINDERHOOK FLOWERS + GIFTS



I'm Brittney Procon, owner of Kinderhook Florals & Gifts. October 1st marked two years in business. Congrats to us! Kinderhook is killing it, with the support of my incredible husband and my amazing staff. While I've been doing my best to manage day to day store ops from home with a 14-month-old I'm proud of what has been accomplished! Our extremely talented team has knocked some serious event florals out of the park, traveling from New Paltz, NY to Plymouth, NH and a styled floral shoot in Richmond, VA. Who would have thought a little flower shop in Hampden did event florals all over the east coast? Probably nobody in Hampden...but we are right here in your backyard available for your special events.

As I reflect, I wonder... How many people have walked in and seen me changing Keller's diaper on the floor? How many times have we been the reason someone laughed after reading our coasters, towels, or cups (all made in the USA) when looking for the perfect gift or after a bad day? Is anyone else curious about Keller's record for breaking stuff in the store? Fun fact, he's 12-1 but he's cute and boosts morale. With his winning streak the Pats should pick him up.

If he doesn't get picked up by the Pats, Keller will be at our 'Kinderhook Turns Two' event on Saturday, October 28th, we hope you will be too! To celebrate our two-year anniversary a portion of all sales will benefit Wilbraham Childrens Museum (Keller loves their playground)! There is so much we have planned going into year three!

Join us for one of our workshops. I am so excited for our Thursday night sip and shop/floral arranging events throughout November and December, or a wreath workshop, visit our website for dates. Consider our events division for your upcoming wedding, special event or holiday arrangements. Brittney, Keller and her amazing team are here to help create your dream florals.



FLOWERS, GIFTS, WORKSHOPS

13 Allen Street, Hampden, MA • 413-566-1396

Hours: Tuesday 9am-2pm, Wednesday - Friday 10am-5pm
 Saturday & Sunday 9am-2pm, Monday by appointment



LAW OFFICES OF CARMINA FERNANDES

One Swan Avenue, Ludlow
(413) 583-2060

Attorney Carmina Fernandes, founded her law practice in 2004. She has always had a passion for diversity, justice, and entrepreneurship. In addition to her 19 years of legal experience, she's also an entrepreneur, landlord, and business owner, a wife, and a mother. As a result, she personally understands the business and the many needs of her clients. Attorney Fernandes has built a multi-faceted, trusted, and friendly boutique law firm that is focused on the single goal of helping clients solve their legal issues in a friendly, non-judgmental setting. She is a quick thinker known for an outside of the box approach. She is a trusted adviser to clients who seek sound legal guidance in an easy-to-understand non-legal language in such areas as Business, Real Estate, Wills & Trusts, Landlord/Tenant, Probate Law, Immigration, and International Law. Though rooted in Ludlow, the law firm has a national and international clientele, including but not limited to clients in Boston, Brazil and Portugal. Attorney Fernandes also works closely with the Portuguese and Brazilian consulates/embassies. This law firm really speaks your language, literally and figuratively, by offering services in English, Portuguese, Spanish, and French. This is important in this fast-moving, multi-jurisdictional world. Attorney Fernandes especially delights in breaking down and explaining the all-too-complex legal issues to her clients so that they walk away better educated and have a better understanding of their matter.

Attorney Fernandes has travelled the world and has met people from presidents and prime ministers to Rwandan genocide victims. She served on the UN Criminal Tribunal for Rwanda. She is also very involved in Politics and was a past member of the Ludlow Board of Selectmen where she even had the pleasure of serving as chair. She currently serves as a member of the Board of Directors and Treasurer of the Pink Way Foundation (she is also a cancer survivor so this organization is near and dear to her). She was past president and member of the Board of Directors of the ERC5 Chamber of Commerce, and a Board Member of the Ludlow Rotary Club and served on numerous committees including the Massachusetts Gaming Commission. Her experience enables her to understand the challenges and opportunities facing her clients and to think about the broader impact of legal decisions that all individuals face.

The law firm is open 9:00 am to 7:30 pm, Monday-Thursday and 9:00 am to 5:00 pm on Friday. Consultations can be done in person or virtually. Attorney Carmina Fernandes gives her clients the peace of mind that comes with knowing that they are being well-represented and protected. Attorney Fernandes is originally from Portugal but grew up in and has lived a good part of her life in the Town of Ludlow. She has also lived in New York City and Brazil, however her love continues to be for Ludlow. Schedule an appointment with her today.

NEPM - New England Promotional Marketing

Proudly serving WMass for over 30 years!



Amy Selvia Smith is a second generation owner of NEPM (New England Promotional Marketing,) a women owned and operated imprinted promotions company founded by her Mom, the late Kathy Selvia in 1989. NEPM is located in the original St. Cecelia's Church across from the former Wilbraham Police Station.

Amy partnered with her Mom in operating the company after she graduated from Assumption College in 2002 and became sole President in 2013 when Kathy passed away after a long battle with cancer. Amy continues to practice Kathy's philosophies; treat your employees and customers well and give back to the community. Their shared philosophy is that if you do all this you will have the support you need to succeed.

Amy is very active in the community through the Link to Libraries, Square One, DFS, Wilbraham / Hampden Schools PTO, YMCA and the American Cancer Society. Amy and her husband, Jeff, have two daughters, Paige who is ten years old and Reese who is seven. The family lives in Wilbraham.

BE MEMORABLE



New England Promotional Marketing

Branded Products & Apparel

Corporate Apparel Trade Shows

Business Cards Awards • Recognition Incentive Programs ...and much more!

Think you can't afford to advertise?

Can you really afford NOT to?

Promotional products have been proven effective in increasing sales and leads, generating goodwill and improving Marketing & ROI. A recent study of over 3000 business people reported that 60% of the participants did business with the advertiser AFTER receiving a promotional product from them. Call and speak to a member of our team today to find out how to put promotional products to work for you.

facebook.com/asi.nepm



15 Main St., Wilbraham, MA 01095 • 1-800-334-1260 • www.nepm.com

DATEBOOK

Do you have a local event or activity to publicize? Please send the information as either a Word doc or plain (no bold text or other formatting) email text (no PDFs, please and do not use all uppercase (i.e. UPPER CASE) by 5 p.m. Friday. At least two weeks prior to the event is encouraged. Send your community events to pressreleases@turley.com.

COMING SOON

ST. ELIZABETH is now taking orders and pies will be available Oct. 11 to Nov. 3 while supplies last. Each individual size pie is \$5.00. Place online orders at www.stelizabethludlow.org or by calling the Rectory Monday through Friday from 8:30 a.m. to 4:00 p.m. at 413-583-3467. Please pay in full at the time of pickup with cash or a check made out to St. Elizabeth Parish.

THE LUDLOW LIONS AND SIXTEEN ACRES LIONS CLUB will sponsor a sock hop on Saturday, Oct. 21, at The Church of the Acres, 1383 Wilbraham Road., from 6 to 10 p.m. Tickets are \$10 for adults and \$5.00 for children. \$25.00 for a family of 3 or more. Tickets include pizza, root beer floats, Kool-Aid, dessert and Classic Rock and Roll by DJ Dennis. Tickets may be purchased from any of the Clubs' members, or by calling 413-219-4994, 413-783-4929 or 754-900-ROAR (leave message). Advance ticket sales only. No walk-ins.

ONGOING

JIMMY FUND WALK: Registration is now open for the 2023 Boston Marathon Jimmy Fund Walk Scheduled for Sunday, Oct. 1. Proceeds from the event support all forms of adult and pediatric patient care and cancer research at one of the nation's premier cancer centers, Dana-Farber Cancer Institute. All four routes will culminate at the Jimmy Fund Walk Finish Line in the Fenway neighborhood. If walkers want to participate a bit closer to home, the Jimmy Fund Walk has flexible opportunities, including virtually. Register as an individual walker, team member or start a team at JimmyFundWalk.org or by calling 866-531-9255.

SENIOR BINGO: Hosted by the Indian Orchard Citizens Council 3:30-5 p.m. every Monday. Free to play with great prizes. For more information, call 413-209-8240.

THRIFT SHOP: Now open at St. Gregory Armenian Church, 135 Goodwin Street, Indian Orchard, 9:30 a.m.-12:30 p.m. every Saturday offering quality items at affordable prices. Gently-used clothing and accessories, household items, books, children's items, collectors' items and more are available. For more information, call the church office at 413-543-4763.

CHESS CLUB: Open to residents of all surrounding communities 5:30 p.m. every Tuesday at the Indian Orchard Cit-

izens Council, 117 Main St. For more information, contact the IOCC at 413- 209-8240 or indianorchardcitizenscouncil@gmail.com or stop in during operating hours. Follow the IOCC on Facebook and Instagram.

LUDLOW SENIOR CENTER 55 AND OVER CO-ED VOLLEYBALL LEAGUE: At East Street School on Tuesdays and Thursdays from 5:30-7:30 p.m. the cost to take part is \$5 per year. For more information contact Maria Ardolino, activities director at activity@ludlow.ma.us or call 413-583-3564.

AQUACISE AT THE CLUB: The Ludlow Community Center/Randall Boys & Girls Club, at 91 Claudias Way, continues to offer Aquacise throughout the week. Aquacise is a low-impact, full-body workout performed in the water to put less stress on your joints and muscles while building strength. Classes are open to all members with pool-inclusive memberships and do not require prior registration. Classes are held 8:30-9:15 a.m., Tuesdays, Wednesdays and Thursdays. For questions, call 413-583-2072, ext. 124.

SUPPORT FOR FAMILY MEMBERS: The Michael J. Dias Support Group meets 6-7:15 p.m. on the second and fourth Tuesday of the month at Our Lady of Fatima Parish Center. Education, resources, peer support, and hope for parents and family members coping with a loved one with a substance use disorder. Anyone needing help is welcome to attend. Masks are required and we will

be seated six feet apart. For more information, call Maureen at 413-563-6226.

H.O.P.E. RECOVERY GROUP: Having Our Pathways Encouraged meetings are for those who have experience with addictions, grief, anxiety and depression, (including anxiety and depression due to COVID-19) and for loved ones who might need help in their recovery. This group is also for those who can help lead others in their recovery by example. This meeting in no way replaces professional therapies. It is a time for sharing strength, encouragement and hope. No fees. Bring your own non-alcoholic beverage. Pre-packaged snacks are available. Small group structure based on basic Christian principles, concept, purposes and confidentiality. COVID-19 guidelines are observed. Masks required. 6:30-8 p.m. every Monday at Fellowship Hall in Faith Community Chapel, 485 East Street in Ludlow. Parking lot behind Chapel. Fellowship Hall entrance at back of Chapel. Seating is limited. To reserve yours, call 413- 519-4591.

QUABBIN VALLEY TWIRLERS If you missed the first lessons in the fall, now is the time to give yourself a gift of dancing enjoyment for the coming holiday time. Do you want some exercise, mental acuity, and lots of fun with great people? Try our national folk dance, square dancing with the Quabbin Valley Twirlers. They dance in Belchertown and Ludlow with Sunday and Wednesday evenings available. For more information, call Gloria or Fran at 413-467-3352.

BIBLE STUDY: A weekly Bible study led by Ludlow resident Hank Bastos takes place at 7 p.m. on Wednesdays at 485 East St., Ludlow. Call 413-348-6487 for more information.

SHARE YOUR SIGHT: Volunteer to read, shop or walk with a blind or vision impaired person in your community. Call the Massachusetts Association for the Blind and Visually Impaired at 1-888-613-2777 for details.

Church DIRECTORY

FAITH COMMUNITY CHAPEL
A Church of the Nazarene
485 East St. Ludlow, MA 01056 413-583-7875
Email: faithcommunitychapel@gmail.com
faith-communitychapel.org
Lead Pastor: Reverend Lisa Morrison
Associate Pastor: Gary Coombs
Sunday Services:
Discipline Groups 9:45 a.m. WorshipService11 a.m. and Facebook Live Stream
OTHER PROGRAMS
MONDAYS at 6:30 p.m. H.O.P.E. Meeting Recovery meetings for those with addictions, anxiety, and grief SMC. Call 413-519-4591
TUESDAYS at 7 p.m. ZOOM Bible Study WEDNESDAYS at 7 p.m. Ludlow Christian Fellowship Meeting Hank Bastos, Leader, 413-348-6487
SMC and Facebook Live Stream ludlowfellowship.org
FRIDAYS Children's After School Club (pre K through teens) 5-6:30 p.m. Church Fellowship Hall
SATURDAYS at 10 a.m. Ecumenical Prayer Meeting

THE CHURCH OF JESUS CHRIST OF LATTER DAY SAINTS
584 West St., Ludlow
413-583-8454
S Sunday services
Sacrament Meeting 10- 11 A.M.
Sunday school for adults, Young single adults(18-30) and teens (11-18) - 1st & 3rd Sunday of the month from 11-12 noon
Adult Religious/Marriage and Parenting for Women- 2nd & 4th Sunday of the month from 11-12 noon
Adult Religious/Marriage and Parenting for Men- 2nd and 4th Sunday of the month from 11-12 noon
Classes for Single Adults(18-30)- 2nd & 4th Sunday of the month -11- 12 noon
Classes for Young Men(11-18)- 2nd & 4th Sunday of the month 11-12 noon
Classes for Young Women (11-18)- 2nd & 4th Sunday of the month - 11-12 noon
Children's classes: Sunday school & singing time every Sunday(3-10) 11- 12 noon
Nursery providedfor ages 18 month- 3 yr

CHRIST THE KING CHURCH
41 Warsaw Ave., Ludlow
413-583-2630
Pastor Rev. Raymond A. Soltys
Saturday Vigil Masses - 5 p.m. and 6:30 p.m.
Sunday Masses - 7:30 a.m.; 8:45 a.m. (Polish); 10 a.m. and 11:15 a.m.
Sunday Evening Mass - 5:30 p.m.

ST. ELIZABETH PARISH
191 Hubbard St., Ludlow
413-583-3467
Pastor - Rev. Msgr. Homer P. Gosselin
In Residence - Rev. Norman Bolton
Deacons: Normand Grondin, Thomas Rickson, Keith Davies
Office Hours: Monday - Friday 8 a.m.-4 p.m. stelizabethludlow.org
Like us on Facebook Follow us on Instagram
Check out our Parish App
Wednesday, Oct. 18, - Daily Mass - 7:30 a.m. (C), Youth Group - 3:30 p.m. (ER), Holy Mother Choir - 5:15 p.m. (C), Confirmation Class - 5:30 p.m. (ER), High School Pizza & Prayer - 6:30 p.m. (ER), Meat pie orders - 8:30 a.m. - 4p.m.
Thursday, Oct. 19, - Daily Mass - 7:30 a.m. (C), Meat pie Orders - 8:30 a.m. - 4p.m.
Friday, Oct. 20, - Daily Mass - 7:30 a.m. (C), Meat pie orders - 8:30 a.m. - 4p.m.
Saturday, Oct. 21, - Confessions - 2:30 p.m. (C), Mass - 4 p.m. (C)
Sunday, - Oct. 22, - Mass - 7:30 a.m. (C), Mass - 9:15 a.m. (C), Mass - 11 a.m. (C), Mass - 5 p.m. (C), Take & Eat - 8 a.m. (FLBH & K), Confirmation Class - 8 a.m. (ER), Faith Formation - 10:15 a.m.
Monday, October 23, - Daily Mass - 7:30 a.m. (C), Faith Formation - 6 p.m. (ER), Bible Study - 6 p.m. (ER)
Meat pie orders - 8:30 a.m. - 4p.m.
Tuesday, Oct. 24, - Daily Mass - 7:30 a.m. (C), St. Rita Choir - 6:30 p.m. (C), Scouts Troop Committee - 7 p.m. (ER), Meat pie orders - 8:30 a.m. - 4p.m.

IMMACULATE CONCEPTION CHURCH
25 Parker St. Indian Orchard,
413-543-3627
Very Rev. Piotr Calik
Office Hours: Monday, Tuesday, Wednesday, Thursday, 9 a.m. - 1 p.m.
CLOSED FRIDAY
MASS SCHEDULE
Saturday Vigil Mass: 4:15 p.m.
Sunday Mass: 8:45 a.m. (English), 10 a.m. (Polish)
Weekday Mass: Monday, Tuesday, Wednesday, Thursday - 7:45 a.m. (English)
First Friday Mass: 5:30 p.m. (Polish/English)
First Saturday Mass: 9 a.m. (Polish/English)
Confessions: Saturday - 3:15-4 p.m.

STS. PETER AND PAUL UKRAINIAN CATHOLIC CHURCH
45 Newbury St. Ludlow, MA 01056
Phone: 413-583-2140
Pastor: Father Andriy Krip
Liturgy schedule:
Wednesday 9 a.m., Friday 9 a.m.
Rosary for Peace in Ukraine on Wednesday at 6 p.m.

OUR LADY OF FATIMA PARISH
438 Winsor St., Ludlow
413-583-2312
Father Pedro DeOlivera
Office hours: Monday - Thursday 9:00 a.m. to 5:00 p.m., closed 1:00 p.m.-2:00 p.m.
Sunday Masses - 9 a.m. (Portuguese); 11 a.m. (English)
Monday and Wednesday Morning Masses - 8:30 a.m. (Portuguese)
Tuesday and Friday Masses - 5:30 p.m. (Portuguese)
Saturday Vigil Mass - 4 p.m. (English)
First Saturday of the Month - 8:30 a.m.
For more information, visit ourladyoffatimaparish.org.

FIRST CHURCH IN LUDLOW
859 Center St., Ludlow
413-583-3339
Reverend Dorothy Borden, Pastor
Office hours Monday & Wednesday 9 am -3 pm
Sunday worship service 10 am
website: www.ludlowfirst.com or
Facebook: www.facebook.com/firstchurchludlow/
for complete schedule and events

ORCHARD COVENANT CHURCH
95 Berkshire Street
Indian Orchard, MA 01151
413-543-4204
Revs. Karen and Nick Munn, pastors
Sunday School for all ages, 9:45 a.m.
Worship in person, 11 a.m.
Or watch our livestream.
See our website for more information: orchardcovenant.org.

Saint Cecilia Parish Women's Club to hold RUMMAGE SALE Nov. 3

WILBRAHAM -- The Saint Cecilia Parish Women's Club is holding its annual RUMMAGE SALE in the Parish Center, 42 Main St., Wilbraham, on Friday, Nov. 3, 9 a.m. until 2 p.m. and Saturday, Nov. 4, 8:30 a.m. until noon. (Saturday is Bag Day!)

Gently used clothing for men, women, and children, toys, puzzles, household items, curtains, towels, sheets, and other linens, jewelry, scarves, purses and much more will be sold at very reasonable prices.

Healing Touch Spiritual Ministry

HAMPDEN - On Wednesday evenings from 7-8 p.m., the Federated Community Church in Hampden is offering healing touch sessions. The group of people offering this to the public is trained and certified in energy work.

It will be first come, first served and will have a free donation.

A chairlift is available. For more information, one can contact 413-566-3711 or hampdenfederated@gmail.com.

PLEASE REMEMBER TO RECYCLE THIS NEWSPAPER

PUBLIC NOTICES

MORTGAGEE'S SALE OF REAL ESTATE

By virtue and in execution of the Power of Sale contained in a certain mortgage given by Vicas Properties Investments, LLC, a California limited liability company, to Latitude Capital, LLC, a Delaware limited liability company, dated October 25, 2022 and recorded with the Hampden County Registry of Deeds in Book 24784, Page 342, as affected by an Assignment of Mortgage from Latitude Capital, LLC, a Delaware limited liability company, dated August 1, 2018, dated October 25, 2022 and being recorded with the Hampden County Registry of Deeds in Book 24789, Page 492 of which mortgage the undersigned is the present holder, by assignment, for breach of the conditions of said mortgage and for the purpose of foreclosing the same will be sold at Public Auction on **November 14, 2023 at 12:00 p.m.** at 1385 Lyon Street, Ludlow MA all and singular the premises described in said mortgage,

To wit:
The land with all the buildings and improvements thereon, situated at 1385 Lyon Street, Town of Ludlow, Hampden County, Commonwealth of Massachusetts, said premises being further described as follows:

A certain lot of land in Ludlow, Hampden County, Massachusetts, with all the building thereon lot number 1 on a plan belonging to Chester Kielbasa Trustee, The Lyons Street Trust, dated 9-29-2022, prepared by RLA, Westfield, MA, registered land surveyor, scale 1"= 100'. Plan is recorded in Hampden County Registry of Deeds as Plan 396, Page 75.

Containing 40,001 square feet according to said plan.

Subject to a proposal 10' wide driveway easement as shown on Plan 396.

For title see Deed recorded prior hereto.

In the event of an error in this publication, the description of the premises contained in said mortgage shall control.

Premises to be sold and conveyed subject to and with the benefit of all rights, rights of way, restrictions, easements, covenants, liens or claims in the nature of liens, improvements, public assessments, any and all unpaid taxes, tax titles, tax liens, water and sewer liens and any other municipal assessments or liens or existing encumbrances of record which are in force and are applicable, having priority over said mortgage, whether or not reference to such restrictions, easements, improvements, liens or encumbrances is made in the deed.

Terms of sale: A deposit of Ten Thousand Dollars (\$10,000.00) by certified or bank check will be required to be paid by the purchaser at the time and place of sale.

The balance is to be paid by certified or bank check at Hadlock Law Offices P.C. within thirty (30) days from the date of sale. Deed will be provided to purchaser for recording upon receipt in full of the purchase price. In the event of an error in this publication, the description of the

premises contained in said mortgage shall control.

Other terms, if any, to be announced at the sale.

Latitude Capital, LLC, Trustee
Latitude Capital Lending Trust
Present holder of said mortgage.

By Its Attorneys,
Hadlock Law Offices P.C.
111 Speen Street, Suite 300
Framingham, MA 01701
10/11, 10/18, 10/25/2023

**Commonwealth of Massachusetts
The Trial Court
Hampden Probate and Family Court
50 State Street
Springfield, MA 01103
(413)748-7758**

**Docket No. HD23P2069EA
Estate of:
Helen T. Winiewski
Date of Death: 07/25/2023
CITATION ON
PETITION FOR
FORMAL
ADJUDICATION**

To all interested persons:
A Petition for **Formal Adjudication of Intestacy and Appointment of Personal Representative** has been filed by **Daven Winiewski of Ludlow, MA** requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition.

The Petitioner requests that: **Daven Winiewski of Ludlow, MA** be appointed as Personal Representative(s) of said estate to serve **Without Surety** on the bond in **unsupervised administration.**

IMPORTANT NOTICE
You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: 10:00 a.m. on the return day of 11/03/2023.

This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

UNSUPERVISED ADMINISTRATION UNDER THE MASSACHUSETTS UNIFORM PROBATE CODE (MUPC)

A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration.

WITNESS, Hon. **Barbara M Hyland**, First Justice of this Court.

Date: October 10, 2023
Rosemary A. Saccomani
Register of Probate
10/18/2023

See More Legals on Page18

OBITUARIES

Frank Evaristo, 74

LUDLOW - Frank Evaristo, 74, a lifelong resident of Ludlow, died October 11, 2023 at the Life Care Center of Wilbraham. Born in Ludlow on Nov. 20, 1948, he was the son of the late Frank Evaristo, Sr. and Frances "Chica" (Gomes) Evaristo.



Frank was a graduate of Ludlow High School, and was also a Boy Scout. He worked for the Town of

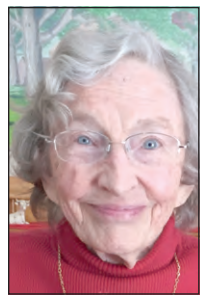
Ludlow Highway Department for 38 years until he retired. He was an avid ten-pin bowler.

He is survived by his sister, Judith Anne Evaristo of Ludlow and he was the brother of the late Anthony Evaristo.

Funeral Services will be held privately by his family. Nowak Funeral & Cremation Services of Springfield is assisting Frank's family with all funeral arrangements. www.nowak-funeral.com. Contributions in Frank's memory to Christ The King Church, 41 Warsaw Ave., Ludlow, MA, 01056, would be appreciated.

Ann LeDuc Irvine, 92

LUDLOW - Ann LeDuc Irvine, 92, of Ludlow, former Chapin Street School Nurse, passed away quietly on Friday, October 13, 2023.



Born to Stanley and Margaret LeDuc in Northampton, the family relocated when Ann was 5, to Chesterfield, Mass., after the flood of 1936. Ann and her brother Dave were raised on a farm, and Ann utterly loved country life.

Ann knew early that she wished to become a nurse. She attended Springfield Hospital Nurses Training School and one of her first orders of business was to get the school to change its name to Springfield Hospital School for Nurses, since in her view, you trained dogs, you educated nurses! As a Registered Nurse, Ann worked and taught in the operating room at what is now Baystate Medical Center, loved the intensity of surgery and nursing care, and loved helping deliver babies.

She fell in love with and married Ludlow insurance man and public servant, David Irvine. She enjoyed many friendships and was given five engagement and wedding showers! Ann and Dave raised three children in Ludlow, and valued family time and good friendships above everything. The family had a weekend cabin in Chesterfield where they would mow hay, go canoeing, swim, scrape paint and relax, with no phone to disturb their time there.

Ann went back to school at the Elms College and added a degree in Social Work to her B.A. in nursing. She worked various jobs as a substitute nurse in the Ludlow schools, and as a licensed social worker in Springfield, West Springfield and Holyoke. Late in her career she was the nurse at Chapin

Street Elementary School for 13 years, known affectionately as "Nurse Ann."

An over seven-decade communicant of Saint Cecilia parish in Wilbraham, Ann served for years on the altar society, laundering linens and celebrants albs used in Masses, as well as freshening up and caring for the flowers for services. In later years Ann participated in their Spiritual Growth Group.

Ann's beloved husband Dave preceded her in death in 2014, and she leaves three children: son Peter (Laurie) Irvine of Vinton, Virginia; two granddaughters: Kaitlin Irvine of Philadelphia, and Rebecca Irvine of Barboursville, Virginia. Son William (Mary-Lu) Irvine of Springfield, Mass.; and daughter Mary Irvine (Jim Ustasiewski) of Juneau, Alaska. She also leaves nephew Raymond (Gail) LeDuc of Easthampton, Mass., niece Charlene LeDuc of Rutland, Vermont, and niece Priscilla LeDuc (Bob Asher) of Northampton, Mass.

Ann appreciated the work done by and also donated to dozens of charities. In nursing school, she heard a talk given by a Maryknoll priest and donated to them ever since. Close to her heart in later years was Crudem.org - a relief organization focused on humanitarian aid to Haiti. The Boys and Girls Club of Ludlow was also a favorite. In lieu of flowers, please make a donation to these charities or a charity of your choice.

Visiting hours for Ann will be held on Tuesday October, 17th from 4:30-6:30pm at Ludlow Funeral Home. Funeral services are on Wednesday, October 18th. Family and friends may gather directly at Saint Cecilia Parish, in Wilbraham, at 11:00am for a service officiated by Sister Mary McCue followed by procession to Island Pond Cemetery for burial. Ann's family has preceded these services with a private Liturgy of Christian Burial at Saint Cecilia Parish.

DEATH NOTICES

Frank Evaristo
Died
October 11, 2023
Services are private
Nowak Funeral Home

Ann LeDuc Irvine, 92
Died
October 13, 2023
Services
October 18, 2023
Ludlow Funeral Home

The Ludlow Register OBITUARY POLICY

Turley Publications offers two types of obituaries.

One is a free, brief **Death Notice** listing the name of deceased, date of death and funeral date and place.

The other is a **Paid Obituary**, costing \$225, which allows families to publish extended death notice information of their own choice and may include a photograph.

Death Notices & Paid Obituaries should be submitted through a funeral home to: obits@turley.com.

Exceptions will be made only when the family provides a death certificate and must be pre-paid.

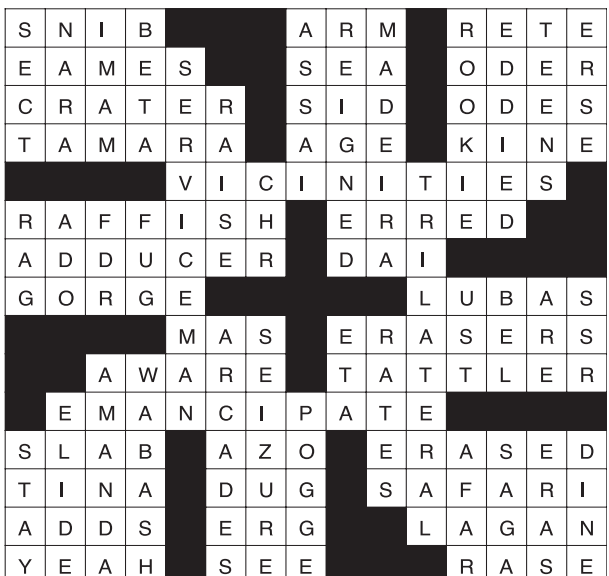
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PUBLIC NOTICES ARE NOW ONLINE

- 1 Email all notices to notices@turley.com
- 2 Access archives and digital tear sheets by newspaper title.
- 3 Find a quick link to the state of Massachusetts' public notice web site to search all notices in Massachusetts newspapers.

Public notice deadlines are Mondays at noon, Fridays noon for Monday holidays.

visit www.publicnotices.turley.com

PUBLIC NOTICES

**LUDLOW
PLANNING BOARD
LEGAL NOTICE
SPECIAL PERMIT /
HOME OCCUPATION**

The Ludlow Planning Board will hold a public hearing in Ludlow Town Hall, Selectmen's Conference Room on **Thursday, October 26, 2023 at 7:00 p.m.** on the application of Heather Chateauf of **89 Grimard Street Ludlow, MA** (Assessors' Map 1C, Parcel 134) for: **mental health counseling via telehealth.**

If for any reason this hearing is cancelled, it will be rescheduled to Thursday, November 9, 2023.

Raymond Phoenix
Chairman

10/11, 10/18/2023

**LUDLOW
PLANNING BOARD
LEGAL NOTICE
SITE PLAN**

The Ludlow Planning

Board will hold a public hearing in Ludlow Town Hall, Selectmen's Conference Room on **Thursday, October 26, 2023 at 7:10 p.m.** on the application of Jeremy Valentin for the property located at **346-348 West Avenue, Ludlow, MA** (Assessors' Map 12C, Parcel 158) for the purpose of: **update site plan for change in business use.**

If for any reason this hearing is cancelled, it will be rescheduled to Thursday, November 9, 2023.

Raymond Phoenix
Chairman

10/11, 10/18/2023

**Notice of Public Meeting
EPA Brownfields Cleanup
Grant Application
for ACM and Hazardous
Materials Removal /
Remediation**

**Ludlow Mills, Ludlow,
Massachusetts**
Applicant: Westmass Area

Development Corporation
Westmass Area Development Corporation (Westmass) is applying for a FY2024 US EPA Brownfield Cleanup Grant for Asbestos and Hazardous Materials Abatement at two sites at the Ludlow Mills. A Public Meeting to solicit and accept public input, as well as review the proposed cleanup project and grant application, is scheduled to be held remotely **via Zoom at 4:00 PM on Wednesday, November 1, 2023.**

Anyone wishing to participate shall, as soon as reasonably possible prior to the meeting, provide notice to Sarah la Cour, VP of Operations at (413)386-3124 Monday-Friday 8:30AM to 4:30AM or by email at s.lacour@westmassdevelopment.com. Those giving such notice will be provided a link to the meeting. At the start of the meeting, the Westmass

representative shall announce those persons participating remotely and the information will be recorded in the meeting minutes. Anyone from the public is invited and welcome to attend. In addition to the draft grant application, a draft Analysis of Brownfields Cleanup Alternatives (ABCA) for each site will be available, by request, for review and comment.

Westmass will accept comments on the US EPA FY2024 Brownfield Cleanup Grant application and proposed cleanup project prior to the scheduled submittal of the grant application on November 13, 2023. Comments should be submitted in writing to Sarah la Cour, Westmass Area Development Corporation, One Monarch Place, Suite 1120, Springfield, MA 01144 or via email at the address above.

10/18, 10/25/2023

**Commonwealth of
Massachusetts
The Trial Court
50 State Street
Springfield, MA 01103
Probate and Family Court
Docket No. HD12P1214GD**

**In the interests of
Leaniz M Negrón-Ortiz
of Indian Orchard, MA
Minor**
**NOTICE AND ORDER:
Petition for Resignation
or Petition for Removal of
Guardianship of a Minor**
**NOTICE TO ALL
INTERESTED PARTIES**

1. Hearing Date/Time:
A hearing on a Petition to Resign as Guardian of a Minor or Petition for Removal of Guardian of a Minor filed by **Ida Narvaez** on **09/05/2023 p.m.** will be held **11/14/2023 08:30 AM Motion.** Located **4th Floor 50 State Street Springfield, MA 01103**

2. Response to Petition:
You may respond by filing

a written response to the Petition or by appearing in person at the hearing. If you choose to file a written response, you need to: File the original with the Court; and

Mail a copy to all interested parties at least five (5) business days before the hearing.

3. Counsel for the Minor: The minor (or an adult on behalf of the minor) has the right to request that counsel be appointed for the hearing.

4. Presence of the Minor at Hearing: A minor over age 14 has the right to be present at any hearing, unless the Court finds that it is not in the minor's best interests.
Date: October 10, 2023

Rosemary A. Saccomani
Register of Probate
10/18/2023

**Commonwealth of
Massachusetts
The Trial Court
Hampden Probate and
Family Court
50 State Street
Springfield, MA 01103
Docket No. HD23P1614GD**

**In the interests of
Leanis Marie Negrón Ortiz
of Indian Orchard, MA
Minor**
**NOTICE AND ORDER:
Petition for Appointment
of Guardian of a Minor**
**NOTICE TO ALL
INTERESTED PARTIES**

1. Hearing Date/Time:
A hearing on a Petition for Appointment of Guardian of a Minor filed on **07/27/2023** by

Ida Narvaez of Indian Orchard, MA
Angel R Negrón of Indian Orchard, MA
will be held **11/14/2023 08:30 AM Guardianship of Minor Hearing.** Located: **4th Floor 50 State Street Springfield, MA 01103**

2. Response to Petition:
You may respond by filing a written response to the Petition or by appearing in person at the hearing. If you choose to file a written response, you need to: File the original with the Court; and

Mail a copy to all interested parties at least five (5) business days before the hearing.

3. Counsel for the Minor: The minor (or an adult on behalf of the minor) has the right to request that counsel be appointed for the hearing.

4. Counsel for Parents: If you are a parent of the minor child who is the subject of this proceeding you have a right to be represented by an attorney. If you want an attorney and cannot afford to pay for one and if you give proof that you are indigent, an attorney will be assigned to you. Your request for an attorney should be made immediately by filling out the Application of Appointment of Counsel form. Submit the application form in person or by mail at the court location where your case is going to be heard.

5. Presence of the Minor at Hearing: A minor over age 14 has the right to be present at any hearing, unless the Court finds that it is not in the minor's best interests.
Date: October 10, 2023

Rosemary A. Saccomani
Register of Probate
10/18/2023

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www.turley.com

Questions answered by a Baystate Health breast surgeon

SPRINGFIELD— Should you have a mastectomy or lumpectomy? That's a question that can only best be answered in consultation with your breast cancer team. There are many questions to ask your doctor, here a just a few along with some general answers from Dr. Jesse Casaubon of Baystate Surgical Oncology and Breast Specialists.

Q: What is a mastectomy, what are the pros and cons of mastectomy and what can be expected after surgery such as restrictions, recovery time, and more?

A: A mastectomy is a procedure that removes all of the breast tissue and is typically compared to lumpectomy which involves removal of the infected area only but leaves the remainder of the breast tissue intact.

There are many pros and cons but the important thing to note is that for breast cancer, either option is effective, assuming that the patient is a candidate for lumpectomy (for example some women have cancer that has spread throughout multiple areas of the breast and require mastectomy/are not candidates for lesser surgery). By effective I mean that the survival between the two is exactly the same. There is a slightly lower risk of having the cancer come back when someone chooses mastectomy, however, if they choose lumpectomy and the can-

cer returns, it typically recurs within the breast and the patient would then be a candidate for mastectomy which is likely why the survival is the same between the two. Unfortunately, mastectomy is a much larger procedure that is associated with a higher risk of bleeding and infection. It also will permanently change how the chest feels and looks.

Q: What are the different types of mastectomies?

A: There are different types of mastectomies. The most basic mastectomy is called a total mastectomy and involves removing the breast and most of the overlying skin so that the chest wall looks flat afterward. Other variations of the mastectomy involve leaving skin, or sometimes even leaving the nipple and areola so that a plastic surgeon can perform reconstruction or rebuilding of the breast

Q: Will I be a candidate for breast reconstruction?

A: Many women are candidates for breast reconstruction though it is important to note what things make reconstruction riskier such as uncontrolled diabetes and smoking. Only the plastic surgeon can decide after discussing with you.

Q: What is a lumpectomy and what are the pros and cons of lumpectomy and what can be expected after surgery such

as restrictions and recovery?

A: Lumpectomy is typically a less intensive/invasive procedure and the recovery is quicker. Everybody is different but usually within a week or so people are feeling close to normal. It is important to recognize that it takes a long time to get completely back to normal with any procedure. Mastectomy takes longer typically, often we will tell people it will be weeks until they are feeling almost like normal.

Q: Are there different types of lumpectomies?

A: Yes. It is typically just related to how much tissue needs to be removed compared to how much is being left behind and what will need to be done to the tissue that is being left behind so that it looks good.

Q: What will my breast look like after a lumpectomy?

A: Your breast should look relatively similar after lumpectomy to what it did before lumpectomy.

Q: What are the determinants you consider when suggesting one over the other?

A: We typically recommend that women who are candidates for lumpectomy undergo the procedure instead of mastectomy given the survival is the same and the procedure itself is much

better tolerated. It is important to note that there are studies looking at quality of life after these 2 surgeries and that it is almost always better (quality of life after surgery is almost always higher) for patients who are able to preserve their breast.

Q: Depending upon the procedure I choose, will I need additional treatment?

A: One of the main downsides of lumpectomy is that often, radiation is recommended which will help decrease the chance of the cancer coming back in the breast. This is one of the reasons why many women elect to remove the breast entirely.

Q: Will I need to have chemotherapy or hormonal therapy?

A: The decision for chemotherapy or hormone therapy is not often related to which surgery you pick and more related to which type of cancer, and how aggressive that type is. The lymph nodes are often sampled during these procedures to understand if the cancer has spread and this will often influence these additional treatment recommendations as well.

For more information on breast cancer surgery at Baystate Health visit: <https://www.baystatehealth.org/services/cancer/treatment/surgery/breast-surgery>.

Annual craft fair to be held Nov. 15

EAST LONGMEADOW— St Mark's Church, 1 Porter Road, will hold its annual Art and Craft Fair on Saturday, Nov. 15 from 9 a.m. to 3 p.m.

There will be a wide range of artists and crafters offering items ranging from hand knit sweaters to hand-turned wooden bowls and birdhouses, from homemade jam to ceramics and

glassworks.

The Art and Craft Fair also offers a 'Cookie Walk' and an eclectic raffle of donated handmade items that benefits St. Mark's Church.

The kitchen offers breakfast and lunch items such as homemade soups, chili and loaded baked potato for sale. Rain or shine. Free parking and admission. All are welcome.

Hampden's Fall Fest scheduled for Oct. 21 at TWB

HAMPDEN -- Hampden's Fall Fest on Saturday, Oct. 21 with a rain date of Sunday, Oct. 22 held at Thornton W. Burgess School grounds at 85 Wilbraham Road, Hampden.

The Festival begins at noon and will encompass a large craft fair, trunk or treating, Minnechaug Regional High School band and "Thriller" dance. There will be a S'mores pit and chili competition from our towns Fire and Police Departments. Plenty of food and food trucks with music and finally our fireworks display.

You can visit our Facebook page for more information, activities and times at "Hampden Fall Fest". We are seeking volunteers for small shifts and carved pumpkins for our illumination. Contact Laura with any questions at leqsalerno@gmail.com.


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Hampden Garden Club celebrates 92nd year with guest speaker Ginny Blake

HAMPDEN – The Hampden Garden Club is celebrating its 92nd year by hosting guest speaker/member Ginny Blake to present "The Tulip: Not Just Another Pretty Face".




Learn the fascinating history of this beloved spring bulb as well as view the many stunning varieties in bloom at the Keukenhof in Holland at the height of the tulip season.

The presentation will occur Oct. 19 at 7 p.m. at Academy Hall at 625 Main St., Hampden. The guest fee is \$5. Please contact Lil Fedora at 566-1137 with any questions. Thank you!



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Sunday, October 22, 10 a.m.

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