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The REGISTER

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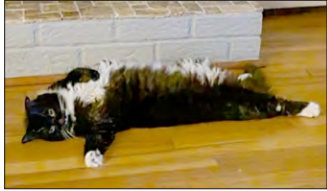
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NEWSLINE

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IN SPORTS

Three-peat for Ludlow boys soccer



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DATEBOOK

Upcoming events

FIRST CHURCH IN LUDLOW - Holiday Fair Friday Nov. 17 and Saturday Nov. 18 from 9 a.m. to 3 p.m. Santa's Workshop will offer unique hand-crafted items for holiday decorating and gifting.

SEE PAGE 14

Planning Board seeks proposals for Special Permit corridor on Center Street

By Marcelo Gusmão
Staff Writer
mgusmao@turley.com

LUDLOW – At last week’s meeting, the Planning Board discussed creating a zone that would require a Special Permit for businesses that seek to open on Center Street, in order to cut down on traffic.

“Without having the ability to have [...] special permit control over things, I think it’s getting too difficult to maintain any kind of standard of quality of life in that corridor,” said Ray

Phoenix, the Chair of the Planning Board.

Phoenix said the process would allow them to “look at traffic control, we can look at the number of curb cuts, we can look at hours of operation, at intensity of use, all that stuff. Then, if somebody’s business is not maintaining a certain level of safety in the neighborhood, we can revoke their special permit because they’re failing to meet those criteria.”

The proposed corridor would encompass Center Street from the Ludlow Avenue

bridge, all the way past Randall’s Farm, to approximately the location of Alegria Dance and Fitness and Apex Dental Associates.

Phoenix said that this concern was brought up when businesses have been built near the highway exit previously, but the Board was obligated to approve the business so long as they met the requirements for the site plan.

“We’ve been singing the same story for the last 20-something years, and it’s not getting any better,” Phoenix said.

Phoenix said that he has reached out to the town’s Building Inspector and Town Administrator to use their experience to suggest alternatives, but that the best option he has considered is to create a corridor that would require a special permit for any businesses built along the majority of Center Street.

The proposed Special Permit would allow the Planning Board to include criteria that would limit the impact a business has

Please see **PLANNING BOARD**, Page 8

Halloween Contest sheds a nice light on local creativity



Submitted photo

The 250th Committee presents a sign to the 1st Place winners at Edison Drive, (from left) Mary Beth Silva (as the Great Pumpkin), Cindy Saleh, Michael Cortina, Alesia Barroso, Ross and Chelle Dominique, Linda Collette, and Bruce Durand.

By Marcelo Gusmão
Staff Writer
mgusmao@turley.com

LUDLOW – The 250th Parade Committee is happy to announce the winners of this year’s Halloween decorating contest.

The 1st Place winner was Ross Dominique, Jr., at 74 Edison Drive. The 2nd Place winner was Kim Barrett, at 156 Simonds St., and the 3rd Place winner was Katey Provost at 124 Posner Cir.

The contest was made pos-

sible through a partnership between the 250th Committee and Turley Publications, who provided gift cards for the prizes.

“I’m on the 250th Parade Committee and a subcommittee of that is the House Decorating contest,” said Mary Beth Silva. “The two contests right now are the Halloween Contest, and we will be doing the Holiday Decorating Contest next month.”

Silva said that these events help people to get excited about the town’s 250th anni-

versary next year, and that the Committee hopes to make the contests even bigger and better by 2024.

The Committee members visited the addresses of each of the entries in order to judge them in person. Committee member David Sady said that he was happy he wasn’t involved in the judging process.

“It’s just a hard choice to make,” Sady said. “There were so many nice houses that were

Please see **HALLOWEEN**, Page 9

Daylight Savings Time

Professor Johnson wants to set the right standard

By Richard Murphy
Correspondent

The changeover from Daylight Savings Time is done, sort of.

As this is being written, one still sees the odd clock at the wrong hour, but we are back to Standard Time.

Except our bodies and minds are not yet perfectly aligned to it due to something called circadian rhythm. Circadian rhythm regulates daily body cycles.

The changeover to standard time from daylight savings time and vice versa will put our circadian rhythm out of sync.

Over a short time, most of us will adjust to whatever our clocks say. That does not mean it is a great idea.

Daylight Saving Time was and is a wrong idea and an example of one of humanity’s worst afflictions, overthinking.

It has some bad aspects according to Karin Johnson.

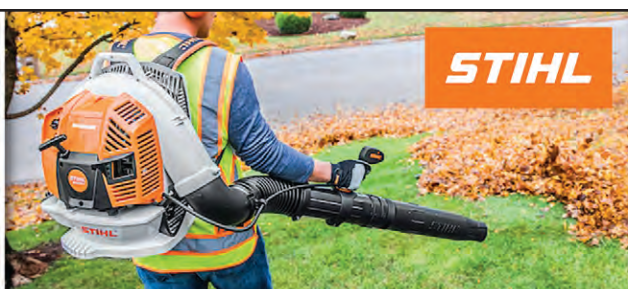
Johnson is a professor of neurology at the University of Massachusetts Chan Medical School-Baystate and medical director of the Baystate Health Regional Sleep Program.

Please see **DAYLIGHT SAVINGS**, Page 10

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LUDLOW

Cady Street Meats under new management

By Marcelo Gusmão
Staff Writer
mgusmao@turley.com

LUDLOW – The Cady Street Meat Market recently held a ribbon-cutting to celebrate its new management by Alex and Amelia Carvalho.

Though a meat market has been at the Cady Street location for a while, it was owned by Jose Matias before Alex Carvalho and his wife, Amelia, purchased it. Prior to buying the market, Carvalho worked in insurance for 21 years.

“The opportunity presented itself,” Carvalho said. “The place was for sale, and I’ve known Joe (Matias) forever. It wasn’t anything premeditated, but it was a great opportunity when it was presented to me and my wife, so I decided to make the decision and take the chance.”

Carvalho was born and raised in Ludlow, graduating from the High School before spending his only time away from the town when he attended the University of Hartford for four years.

“Eventually, I found my way back home, though,” Carvalho said.

After marrying Amelia Carvalho and giving birth to two daughters, aged 9 and 7 respectively, Carvalho was happy to talk about what it takes to run a meat market.

“There’s a lot that goes into it,” Carvalho said. “First and foremost is customer service. We’re still dealing with people on a regular basis, the retail aspect of it in terms of

orders.”

Cady Street Meats makes a variety of unique types of meat, including blood sausage, smoking their own choricos, making both spicy, and non-spicy varieties, as well as making their own farinheiras, which is a sausage made with pork meat and flour.

In addition to meats, the Cady Street Market also sells a variety of treats, such as chocolate mousse and rice pudding, or Portuguese favorites like pudim dorado and baba camelo.

Though his daughters are too young to work at the family business, Carvalho said his 9-year-old is already trying to help out.

“It’s been so cute,” Carvalho said, “she says ‘Dad, can I hop on the register?’ and I say, ‘Uh, sure.’ They love the price guns.”

Carvalho said that he’s very happy with the turn-out for the ribbon-cutting, which included State Representative Aaron Saunders and Senator Jake Oliveira.

“The building shares some history with my family as well,” Oliveira said, in a Facebook post congratulating the Carvalho family.

“It used to be the corner store where my grandmother, Lena, worked for nearly 20 years,” Oliveira said. “She only stopped working there to care for me when I was born.”

“The community’s been great already,” Carvalho said, “It’s great to have the support of the people, and hopefully we can continue to be a staple of this town for many more years to come.”



Submitted photo

In front of the corner store, (from left) State Representative Aaron Saunders, Amelia and Alex Carvalho with their two daughters, and Senator Jake Oliveira cut the ribbon to open the store.

Though the business does not have any specials or offers as of yet, Carvalho said that his wife has set up the Facebook page, and that any specials they have will be

posted there.

To learn more about the Carvalhos’ business, look up Cady Street Market on Facebook, or call them during business hours at 413-589-0072.

PET OF THE WEEK GIZMO



This is Gizmo. He enjoys trying to convince everyone that HE will win the Oscar for most dramatic.

Ludlow Night Thunderbirds



Submitted photo

Isaac and Mary Beth Silva watched the Springfield Thunderbirds win their game against the Belleville Senators.

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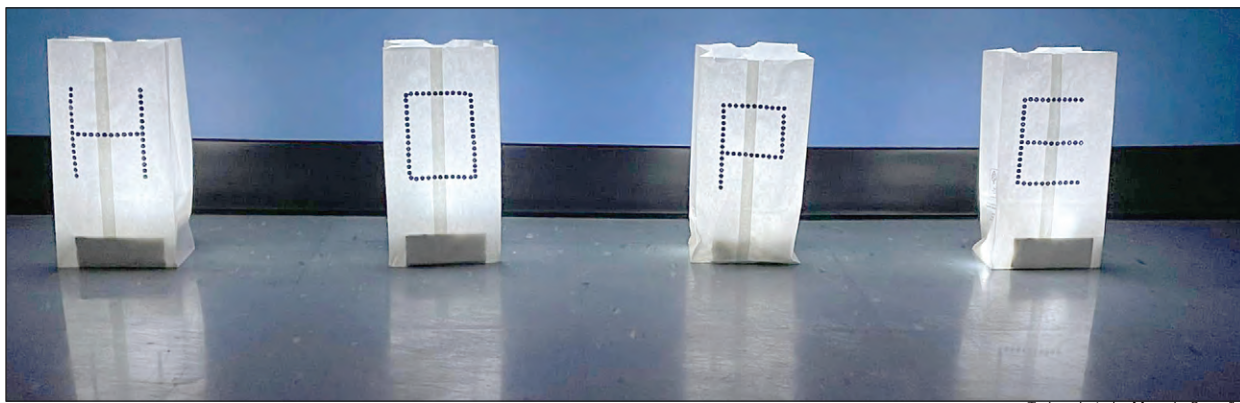


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Message of "hope" at Walk to Remember



Ben Bovee said that the Walk to Remember hopes to inspire people who are struggling or know someone who's struggling with addiction.



Alex Rohan played a solemn guitar as attendees looked for names they recognized at the event.

By Marcelo Gusmão
Staff Writer
mgusmao@turley.com

LUDLOW – This past Sunday, residents gathered at the Boys and Girls Club to hold a candlelit vigil in support of people struggling with drug addiction.

The Walk to Remember was arranged through collaboration between volunteers from the CARES

Coalition and the Michael J. Dias Foundation. Residents who attended the event created luminaries made of plain white paper bags, which were marked with the names of loved ones who had passed or were currently in recovery.

If you would like information on how to help someone recovering from substance abuse, you can contact Ludlow CARES by email at ludlow-cares@gmail.com.



Luminaries spelling out "Ludlow cares" were set up in the gymnasium to greet program attendees.

Small business legal clinic accepting applications

SPRINGFIELD— The Western New England University small business legal clinic is accepting applications from entrepreneurs and small business owners seeking legal assistance for the spring semester 2024. Under faculty supervision, law students assist clients with legal issues including choice of entity, employment policies, contract drafting, regulatory compliance, and intellectual property issues relating to trademark applications and copyright. This is a free service available to local businesses that might not have the resources to obtain such services.

The small business clinic has assisted more than 500 small businesses since it opened. "The Clinic

is a great resource for entrepreneurs who lack the finances to retain an attorney," explained Associate Clinical Professor of Law Robert Statchen. "By using the Clinic's services, businesses can avoid problems by getting legal issues addressed early and correctly. It also provides students with a great opportunity to get real world experience."

The Clinic requests small business owners to submit their applications by Jan. 1, 2024. Applications received after that date will be considered if additional resources are available. Students will begin providing services in mid-January. For more information, call the Legal Clinic at 413-782-1469 or email

Marie Fletcher, Clinical Programs Administrator at mfletcher@law.wne.edu.

The School of Law small business legal clinic was established to afford law students with an opportunity to provide practical consultation to entrepreneurs starting new and building existing small businesses in the community.

This initiative strengthens alliances within the community by using the resources of the University to foster new business development.

For more information or to complete an online application, visit <https://www1.wne.edu/law/centers/small-business-legal-clinic.cfm>.

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Frozen Polish Food Sale to occur Nov. 11 and 18

INDIAN ORCHARD – A Frozen Polish Food Sale (Pierogi, Golabki, Kaspusta) will be held at Immaculate Conception Church Hall at 25 Parker St., Indian Orchard, on Saturday, Nov. 11 from 9 a.m. to 1 p.m. and also on Saturday, Nov. 18, from 9 a.m. to 1 p.m. All are welcome to come and purchase.



CELEBRATION CALENDAR UPCOMING EVENTS Ludlowma250.org

SUNDAY, DECEMBER 3 • 7PM

Breakfast With Santa



2 Seatings:
8am-9:30am
10am-11:30am

Cost:
Children
2-12 years old
\$5 per person
Age 13 - Adult
\$7 per person

Location:

Harris Brook Elementary School
209 Fuller Street, Ludlow

Enjoy a pancake breakfast with Santa and his elves. There will be picture time with Santa, fun activities & a raffle basket fundraiser. For tickets contact Kathy at 413-589-7994

Christmas House Decorating Contest

To participate register your home address in the Christmas Contest on the Ludlow 250th website by December 8th.
www.ludlowma250.org

Judging for open class designs will take place December 10th-16th. 1st, 2nd, 3rd place winners will receive prizes. For more information call Cindy Saleh @ 413-210-2750



Open to all Ludlow residents

Ludlowma250.org

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Big Y donates to the Red Cross



Submitted Photo

Pictured Above (L to R) Jeff Trask - Red Cross Central and Western Regional Board, Suzanne Grillo - Red Cross regional philanthropy officer, Allison Mackay customer service manager and Steve Bishop produce / floral sales manager.

SPRINGFIELD— Big Y added to the collected donations from customers and employees from Aug. 21, to Sept. 6, through their traditional registers, online and myExpress check out for Hawaii Wildfire Relief. Community and employee donations along with additional support from Big Y resulted in a donation of \$75,000 which was donated to the American Red Cross network response to provide humanitarian relief to people affected by wildfires in Hawaii. According to President and CEO

Charles L. D'Amour, "We have all witnessed the heartbreaking effects of these wildfires in Hawaii. We are grateful to partner with the American Red Cross to provide some measure of support for these communities. Our thanks go out to our entire Big Y Family, including our customers and employees for joining us to support this important relief." Big Y, its customers and employees have a strong tradition of supporting those in need through the American Red Cross.

Youth aviation club enrolling now

WESTFIELD— Aviation Explorer Post and Club 1903 meet monthly all year at Westfield-Barnes Airport Conference Room. The program led by Heather MacInnes is beginning its second year of operation this month. Youth enrollment is now open for all youth ages 11-20.

Youth hear from speakers in all aspects of aviation as well as participate in hands on learning. Field trips to aviation businesses and attractions occur at least quarterly or more. Upcoming trips

include a trip to MedFlight Ambulance Service, a training weekend at H.A. Moses Reservation and a trip to Washington DC in April to visit aviation museums and attractions.

Aviation Exploring compliments other programs for youth that serve young people in aviation careers. Exploring is year-round, however, youth may participate based on their own availability.

For more information and to join go to Tinyurl.com/BAF-Explorers.

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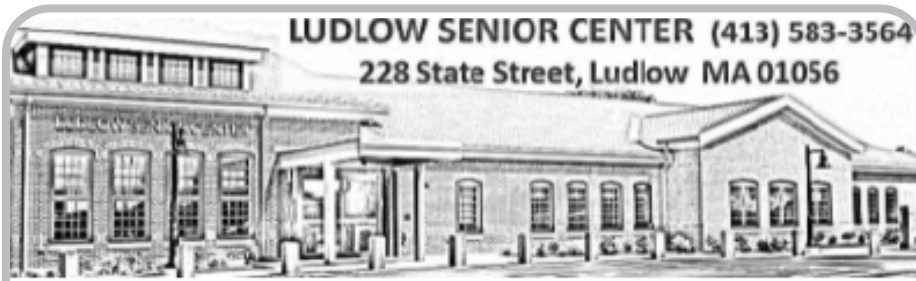
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Welcome to the Ludlow Senior Center

LUDLOW— The calendar is packed with many fitness programs, entertainment, education sessions, and more! Reserve a lunch in the Center's beautiful dining room complete with coffee, tea, and dessert by calling a day in advance at 413-583-3564 (call Friday for lunch on Monday).

For full program and activity descriptions and general information about what a senior center is and does go to: Ludlow.ma.us. Seniors can also "like" the Ludlow Senior Center on Facebook. A paper copy of the Senior Scene newsletter is available at the Center.

Activities Calendar:

Please register in advance for items with*

Thursday, Nov. 9

8:30 a.m. Foot Care*
9 a.m. Tai Chi
9:30 a.m. Dominos
10:30 a.m. Friends of the Center Meeting
10:30 a.m. Sen. Oliveira Office Hour
11 a.m. Veteran's Agent*
1 p.m. Mahjong
2:30 p.m. Active Yoga

Friday, Nov. 10

Center Closed for Veterans Day

Monday, Nov. 13

9 a.m. Knitting
9 a.m. Natick Mall Trip*
10 a.m. Boomer Bootcamp*
10 a.m. Computer Help/ Hubbard Mem. Library Resources*
1 p.m. Scrabble
1:15 p.m. Pitch
1:30 p.m. Watercolor Pencil Class*
2:30 p.m. Zumba Gold

Tuesday, Nov. 14

9 a.m. Quilting
9 a.m. Line Dancing
10 a.m. Cribbage
10 a.m. Mindful Meditation*
10:30 a.m. Gentle Yoga
12:30 p.m. Blood Pressure Check
1 p.m. Western Dance
1:30 p.m. Bingo
4:30 p.m. Creative Corner Crafting with Tammy*
5 p.m. Movie: Last Vegas (2013)

5:30 p.m. Power Pump Class*
5:30 p.m. Volleyball at East Street School

Wednesday, Nov. 15

9 a.m. Ceramics
9 a.m. Zumba Gold
9:30 a.m. Food Bank Presentation*
10:30 a.m. Healthy Bones & Balance Class*
1 p.m. Ted Talk
1 p.m. Movie: Last Vegas (2013)
4:30 p.m. COA Meeting

Thursday, Nov. 16

8:30 a.m. Foot Care*
9 a.m. Tai Chi
9:30 a.m. Dominos
10 a.m. Louis & Clark Tune-Up Clinic*
10 a.m. Sunshine Painting Class*
1 p.m. Mahjong
1 p.m. Writers Block*
2:30 p.m. Active Yoga

*PLEASE register for Boomer Boot Camp, Healthy Bones & Balance, Foot Care, and other programs as noted by calling 583-3564

Daily Events:

Café: Monday – Friday 8-11 a.m.
Exercise Room: Monday - Friday 8 a.m. – 3:30 p.m. Open until 6:30 p.m. on Tuesday
Walking Club: Monday – Friday 7 a.m. and 8 a.m., leaving from the parking lot.

Menu:

Thursday, Nov. 9: Veteran's Lunch! Chicken Parm/Pasta/Roll
Friday, Nov. 10: Center Closed
Monday, Nov. 13: Shephard's Pie/Biscuit
Tuesday, Nov. 14: Ham & Broccoli Casserole/Side Salad
Wednesday, Nov. 15: Beef Stroganoff/Egg Noodles/Veggies
Thursday, Nov. 16: Birthday Lunch! Baked Cod/Scalloped Pot/Mixed Veggies

Reserve a delicious \$2 lunch by calling a day ahead. Call Friday to reserve lunch on Monday.

For allergy concerns, call the Senior Center to ask about ingredients at 413-583-3564.

Oliveria welcomes area residents to Beacon Hill

BOSTON— To close out October on Beacon Hill, Senator Jake Oliveria (Hampden, Hampshire and Worcester District) welcomed two area residents to the State House for the Senate's 86th Annual Citizens Legislative Seminar.

During the seminar, interested citizens had the opportunity to be educated by those working at the State House on the functions of the Massachusetts State Legislature and then apply what they learned in a simulated Senate Session held in the Senate Chamber.

The Citizens' Legislative Seminar is part of the Massachusetts Senate's ongoing effort to educate residents about Government in Massachusetts and to increase civic engagement. For this installment, Oliveria nominated the Director of Humanities at Springfield Public Schools, Tom Rachele, and an Elms College student from Ludlow who is also currently working in his office as an intern, Emma Sawtelle.

During the seminar, Oliveria spoke to all 41 of the nominated attendees about the history of the State House as part of the speaker series. Still, he said the highlight for him was seeing the engagement and excitement of those involved.

"Seeing this year's Citizens dive into the seminar and really give it their all was amazing. It was a joy to see their passion and commitment to playing the role of Senators for the day, and I think it was a very rewarding experience for everyone involved," Oliveria said. "We do this twice a year

because it's a terrific opportunity for all of us to share in the excitement of the Legislature, experience the thrill of working in the Senate Chamber, and fight for what you believe in. Even if the fight is simulated. I'm already looking forward to the next seminar in the Spring." -said Oliveria.

Organized by the Senate Office of Education and Civic Engagement, which aims to better educate the public on the functions of the Massachusetts State Legislature. The Citizens Legislative Seminar was initially established in 1976 through a joint effort of the Massachusetts State Senate and the University of Massachusetts, Boston.

The highlight of the two-day program was the simulated legislative hearing and simulated Senate Session held in the Senate Chamber, where participants use what they have learned to actively experience the legislative process. During the legislative hearing, Senator Brandon Crighton served as the mock chair, and participants debated S2104: An Act to Expand the Bottle, followed by a simulated Senate Session to deliberate the same bill with Senate President Karen Spilka as the chair.

The simulated legislative debates were spirited but lighthearted. It featured many more smiles and laughs than you would see in an official formal session in the Massachusetts State Senate, but that's the point. Those interested in participating in the next Citizens Legislative Seminar are encouraged to contact their Senators to apply.

Saint Cecilia Women's Club November meeting

WILBRAHAM – The St. Cecilia Women's Club's November meeting takes place on Tuesday, Nov. 14 at 6 p.m. It's time to start thinking about your Holiday shopping and what bet-

ter way than with So Cool Gifts & Accessories with Ana Capela.

Ana will have lots of ideas for gifts and decorations to help make your season bright!

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OPINION

GUEST COLUMN



When should I retire and claim my Social Security benefits?

Dear Rusty: I am 64 years old and having difficulty working due to my arthritis, but I can continue part time as a podiatrist. I do not know the best way to determine when to retire. What is the formula or a way to determine which is a better choice?

Signed: Undecided

Dear Undecided

There is a difference between deciding when to retire from working and deciding when to claim your Social Security benefits. For the former, you should consult with a certified financial advisor, but I'll provide you with how Social Security fits into your personal circumstances. In deciding when to claim Social Security, you should look at your financial needs, your life expectancy, your work status and your marital status. There is no one formula right for everyone because everyone's circumstances are different, but here are some things to help decide what is right for you:

Social Security has an "earnings test" which applies to anyone who collects Social Security before reaching their Full Retirement Age. Your FRA is 66 years and 8 months and that is the point at which you get 100% of the SS benefit earned from a lifetime of working.

If you collect SS before your FRA and continue to work, there is a limit to how much you can earn without jeopardizing your benefits. For example, the earnings limit for 2023 is \$21,240 and, if that is exceeded, SS will take away benefits equal to \$1 for every \$2 you are over the limit. They "take away" benefits by withholding future payments until they recover the penalty for exceeding the limit. If your earnings are substantially over the limit, you will be ineligible to collect Social Security until either your earnings are less or you reach your FRA.

If you claim SS before your FRA your benefit amount will be permanently reduced. If, for example, you claim SS to start at age 65 your monthly benefit will be about 89% of what it would be at your FRA. That reduced benefit would not change thereafter except for Cost of Living Adjustments usually granted annually.

If Social Security will be a major part of your retirement income, then waiting to get a higher monthly benefit may be a prudent strategy for you. The longer you wait to claim the more your benefit will be.

Your SS benefit will continue to grow until you are 70 years old and at 70 your monthly benefit will be about 27% more than it would be at your FRA. Your maximum SS benefit will be attained at age 70 but waiting until age 70 to claim is only prudent if you anticipate a long life expectancy.

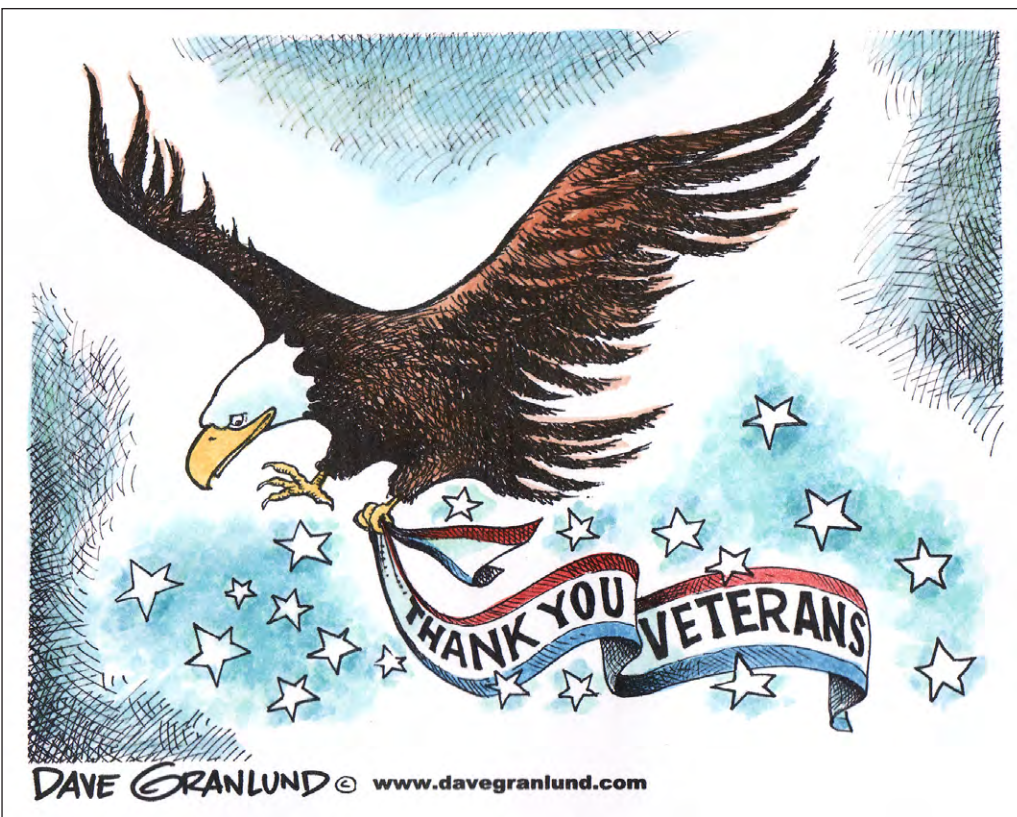
Life expectancy is a very important factor in deciding when to claim SS. If you claim at age 70 instead of at your FRA, you will need to live until you are about 83 to breakeven money wise. If you live even longer than that, then waiting until 70 will yield the highest monthly amount and the most in cumulative lifetime benefits. But if your anticipated life expectancy is less, claiming earlier may be a better choice.

If you are married and expect your wife to survive you, consider that the benefit your wife can get as your widow will be based on your SS benefit when you die, thus the longer you wait to claim the more your wife's benefit as your widow may be.

If you predecease your wife, her benefit will be based on the amount you were receiving at your death if that is more than her personally earned SS benefit.

So, as you can see, deciding when to claim Social Security is a decision to be made after carefully evaluating your personal circumstances as described above. I hope this provides what you need to make an informed decision, but if

Please see **SOCIAL SECURITY**, Page 16



GUEST COLUMN



Two ways to enjoy bulbs next spring

My spring bulbs are almost all in the ground.

That is saying a lot, considering at work I plant over 2,000 of them! Daffodils, tulips and hyacinth will all welcome visitors to the museum in April and May.

Bulb planting is a ritual that I have come to love. I think in part because the process assists Mother Nature in her efforts to usher in springtime and all of its glorious color!

Did you ever wonder why certain bulbs bloom in the spring? Once you understand the life cycle of specific bulbs you can succeed with bulbs outdoors as well as inside.

Most spring flowering bulbs are native to areas of the world where the fall and winter is cool, and rainfall is abundant. Summers are typically hot and dry.

During the summer bulbs lie dormant, but when temperatures drop and rain moistens the soil each fall, they are awakened and begin to grow new roots and mature their flower buds. Roughly three months later, as soil temperatures rise, bulbs send up foliage and flowers.

When spring rains cease and the soil dries out, bulbs are cued into dormancy once again - their foliage yellows and disappears and the bulbs wait out the arrival of fall to start the cycle all over again.

What this tells us is that we should plant our bulbs before the mercury dips too low. This will give them a chance to root.

Soil temperatures of 50-55 degrees are ideal. If the fall is dry, providing supplemental watering is also a good idea to encourage the rooting process...this year we don't have to worry about that.

What do roots do exactly? You know that they provide food and water to the bulb, but in addition, they anchor it into the soil - very necessary during the freeze/thaw cycles of winter and early spring.

We also learned that there are two times when the bulb is in active growth - when it is rooting, and again in the spring when it sends up its leaves and flower stem. Feeding during these periods is most effective.

I generally broadcast a small amount of organic, well-balanced granular fertilizer

into the garden, turn over the soil and plant my bulbs, usually in clumps of at least five bulbs, two-three times their width apart and the same for depth. If you are careful about marking where you've planted them, a top dressing of fertilizer can be added in early spring.

Likewise, you could also wait until you see the first stems poke through the ground and feed them.

I'm sure many gardeners never even thought about what flower bulbs did during the summer months. Now that we understand that they are dormant, merely waiting, we can plant them accordingly, away from spots that pool water and that stay as dry as possible.

Now that we understand a bulb's life cycle, how can we use it to ensure some indoor cheer?

Bulbs need anywhere from 11-20 weeks of chilling and a few more thereafter to bloom. This guide can be used: Crocus require 15 weeks of cold; hyacinth 11-14 weeks, daffodils 15-17 weeks and tulips 14-20 weeks (depending upon season of bloom).

Pick a date which you'd like the bulb to bloom and count backwards. Hypothetically if I want hyacinths to bloom in time for Valentine's Day, planting them within the next week or two would be right on target.

Bulbs can be planted quite close to one another in regular potting soil and your choice of pot. Clay is not recommended because it will dry out readily.

Water lightly to settle the soil, then place the container in a cold, dark location where temps fall between 38 and 45 degrees. One year I used an old refrigerator; another year the crawl space under our office.

I even tried placing pots of bulbs under the bottom steps of my bulk head. Each worked at maintaining low temps, but did have its own idiosyncrasies.

Keep bulbs away from fruit in storage- especially apples, whereby ethylene gas could disfigure the bulbs, and also be on the lookout for rodents looking for lunch.

Daffodils and hyacinth are usually unappetizing.

Check bulbs often, especially as the chilling period draws to a close. You will know the bulbs are close to being ready to move to a new location when sprouting occurs and roots are visible through the drainage holes; soon after, the top will start to grow as well.

After the top has put on an inch of growth, move it to a cool, bright location, about 50-55 degrees. Stems will elongate and flower buds will form after a few weeks.

When in flower, keep the plants cool to

Please see **GARDEN**, Page 16

The REGISTER

LETTERS TO THE EDITOR

Letters to the editor should be 250 words or less in length. No unsigned or anonymous opinions will be published. We require letter writers to include his or her town of residence and home telephone number. We must authenticate authorship prior to publication.

We reserve the right to edit or withhold any submissions deemed to be libelous or contain unsubstantiated allegations, personal attacks, defamation of character and offensive language.

All unknown or alleged facts and quotations offered by the author need to cite credible, unbiased sources.

Send letters to: The Register, 24 Water Street, Palmer, MA 01069 or email mharrison@turley.com. The deadline for submissions is Friday at noon.

SUBMISSIONS POLICY

Readers, local merchants, institutions, municipalities, non-profit groups, and civic organizations are strongly encouraged to send The Register your hometown news and photos. News items and press releases should be sent via email to mharrison@turley.com as an attachment AND pasted directly into the email message screen.

Please send photo captions identifying all subjects in your image(s) from left to right.

We need first and last name, hometown, title if applicable, and a brief description of what subjects are doing in the photo. Email uncorrected, raw, RGB color digital photos at highest resolution directly off your camera to mharrison@turley.com.

Publicity chairpersons are encouraged to send in news about upcoming fundraising or other calendar events at least three weeks before the event.

If you are having difficulty with a press release or need help, please call (413) 283-8393.

To send submissions by regular post, mail to: The Register, 24 Water Street, Palmer, MA 01069.

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What's Happening at Hubbard Memorial Library?

To register for programs or find out more information, visit hubbardlibrary.org, or call (413) 583-3408. Weather-related announcements for outdoor events will be made on the library's Facebook page the morning of the program.

Library Hours: M, W, F 9-5, TU, TH, 9-8, S 9-1. Closed Sundays and holidays.

FOR ALL AGES

Free Tech Help Call us at (413)583-3408x114 to book an hour long appointment. We can help you with your laptop, smartphone, or tablet. By appointment only, please no drop-ins.

Free Streaming Services Available! Use your Hubbard Memorial Library library card to access our streaming services, Hoopla & Kanopy. They're compatible with Android, Apple, Roku, AppleTV, Chromecast, and more. If you are a Ludlow resident with a Hubbard Memorial Library library card and the Libby app, you've already got access to Kanopy in the app! Hoopla provides movies, TV shows, music, eAudiobooks & eBooks, while Kanopy focuses on films, TV shows, and documentaries. Both have a version for kids. Why pay for a streaming service when you can get two for free with your library card?

FOR ADULTS

Diamond Painting- Keychains, Monday, November 6, 10-11 a.m.

This month's diamond painting will be keychains! Join us the first Monday of the month for a morning craft with Morgan. For questions call the circulation desk at 413-583-3408. Drop-in guests are welcome, while supplies last. Please register

NextGen Careers presented by MRC, Tuesday, November 7, 6:30-7:30 p.m.

NextGen Careers is in the business of possibility at the Massachusetts Rehabilitation Commission (MRC). NextGen Careers is the new initiative to help young adults (ages 18-30) to explore the world of work. NextGen-ers learn to advocate for themselves, gain confidence, and fast track their job journey. Next step is yours! Learn more at mass.gov/nextgen-careers.

New Englanders at the Little Bighorn, Tuesday, November 21, 6:30-7:30 p.m.

Join us for a historical talk with Dennis

Picard. Did you know not all the men with General Custer were cowboys or veteran soldiers of the Civil War? Some members of the 7th cavalry were recruited in places like Boston and Providence. Some lived right here in the Connecticut River Valley. Come hear their stories! Please register.

FOR TEENS

Nintendo Switch Night, every other Tuesday (11/14, 11/28), 6:00-8:00 p.m.

Play Mario Kart, Smash Bros, or other Nintendo Switch games. For 6th-12th graders, space is limited to 16 people, please register.

Anime Club, every Tuesday, 3:30-5:00 p.m. Meet each week to watch & talk about anime, eat snacks, & try out your cosplay. Please register.

Beaded Holiday Earrings for Teens, Thursday 11/16, 3:30-5:00 p.m. Design and make 3 pairs of hand-crafted, holiday-themed earrings, for yourself or to give as gifts. Please register.

The 'Fellowship of the Pages' Tween Graphic Novel Book Discussion Group, Every Thursday, 4:30-5:30 p.m. Meet each week to discuss graphic novels, eat snacks, play games, and make friends. This month the group is reading "Apple Crush" by Lucy Knisley, copies of which are available in the Youth Room. Please register.

Dungeons & Dragons High School Adventure Ensemble, Fridays 2:30-4:30 p.m.

This group is for experienced high school players and has room for 1 more player this fall. Please register.

The Read Between the Lines YA Book Group discusses "The Wrath & The Dawn" by Renee Ahdieh, Friday November 4th, 3:00-4:00 p.m.

Book chat and snacks for ages 14 & up. Copies of each month's book are available in the Youth Room. Registration preferred.

FOR CHILDREN & TEENS

Thanksgiving Food Drive, October 30-November 21.

The Youth Room is collecting Thanksgiving-dinner food to donate to the Survival Center. Bring in Thanksgiving food for our collection box, and your child

or teen can pick out a brand new free book to keep.

Pokemon Club, Mondays 3:30-5:00 p.m.

For 7 & up. Trading, dueling, & gaming on handhelds, phones, or Nintendo Switch. Please have your name on everything you bring to the club. Please register.

Minecraft Club, Wednesdays, 3:00-4:45 p.m.

Minecraft players of all skill levels can bring their own devices, or may use one of the library's eight computers to build, play & create. For upper elementary & up. Drop-in.

"Snack Attack" for 15-36 month olds, Wednesday 11/8, 4:00-4:45 p.m. This group will provide an opportunity for children and families to connect over building healthy relationships with food choices. Work on incorporating and introducing items from the 5 food groups while enjoying and creating a healthy snack together. Participants will focus on sensory exploration with the foods created, and listen to an interactive book while eating the creations. Nut and dairy free foods will be offered. Sponsored by Pathways for Parents. Please register.

Story Art for 4-6 year olds, Wednesday 11/15, 4:00-4:45 p.m. This group will support learners of ages 4-6 and their families in a multisensory format. Participants will hear a storybook and then do hands-on creative activities, using art as a way to encourage more successful learning. Sponsored by Pathways for Parents. Please register.

Massachusetts Children's Book Award Book Group for 4th-6th Grade, Thursday November 9th, 5:45pm - 6:30pm. 4th-6th graders across the state are the ones to decide who wins this award after reading at least 5 of the nominated books. Meet with Youth Services Librarian July each month for 45 fun minutes to discuss, decide, play games, and share snacks. Everyone who has read at least 5 of the books by April 15th will cast their vote, celebrate with an ice cream party, and be featured in an article in the Register! Please register.

Roblox Club, Fridays 3:30-4:45 p.m.

Meet new friends or play with old ones while playing Roblox; the library will help match kids up according to age and game types. For ages 8+.

FOR CHILDREN

Daily Drop-In Crafts, All ages. DIY crafts available in the Youth Room Daily. New craft each week.

Storytime for 3-5s "All About Families", Mondays 10:00 a.m.-11 a.m. A six week session about parents, siblings, grandparents and even pets! 30 minutes of stories, finger-plays, songs and games followed by a snack and craft. Ends 11/20. Please register.

Thanksgiving Scavenger Hunt, Tuesday November 21, 9:00 a.m.-8:00 p.m.

For all ages. Search the Youth Room for famous veterans, learn about their lives, & win a prize! Drop-in.

Sing With Me, Tuesdays 10:30-11:00 a.m.

For ages 0-5. Join Youth Services Librarian July for 30 minutes of favorite children's songs & movement. Drop-in.

Storytime for 2-3s "All About Families", Wednesdays 10:00 a.m.-11 a.m.

The fun, easy-going 45 minute storytime includes 15 minutes for free play, 15 minutes of stories, fingerplays & songs, and 15 minutes of craft and snack time. Ends 11/15. Please register.

Lego Build Challenge, Wednesdays 12:00-5:00 p.m.

Pull a Lego Build Challenge Card and try to build it with the library's Legos, or free build just for fun. All creations will be put on display in the Youth Room for the week. Drop-in.

Veteran Heroes Scavenger Hunt, Thursday November 9, 9:00 a.m.-8:00 p.m. For all ages. Celebrate Veterans Day by searching the Youth Room for famous veterans, learn about their lives, & win a prize! Drop-in.

November Grow, Play and Learn, Thursdays in September, 10:00-11:00 a.m. For ages 0-5. Come join us for stories, songs and skill building, led by Kelly Castor, Early Childhood Developmental specialist, who will guide caregivers in strengthening interactions with their children. Sponsored by Pathways for Parents. Please register. Registration for the November group is also open.

Senator advocates to make daylight savings permanent

WASHINGTON, D.C. – Senator Edward J. Markey (D-Massachusetts) released a statement recently on making daylight saving time permanent and ending the antiquated practice of changing the clocks twice a year.

Markey, along with Senator Marco Rubio (R-Florida), is an original sponsor of the Sunshine Protection Act, which unanimously passed the Senate in March 2022 but was never brought up for a vote in the House.

"When we 'fall back' and lose the extra hour of daylight saving time on Sunday, we are sacrificing energy savings, crime reduction and economic benefits for darkness," Markey said. "Over the years, I've fought and won to extend daylight saving time-adding two months' worth of sun to the American people's calendar, which saves the same amount of electricity as used by over 100,000 households for an entire year. It's past time for Congress to take up the Sunshine Protection Act and make daylight saving time permanent to keep the sun

shining."

Studies show that making DST permanent would have positive impacts on public health, the economy, and climate change. Representative Vern Buchanan (Florida-16) introduced companion legislation in the House.

As part of the Energy Policy Act in 2005, then-Representatives Markey and Fred Upton (Michigan-06) amended the Uniform Time Act of 1966,

extending the duration of DST in the spring by changing its start date from the first Sunday in April to the second Sunday in March, and in the fall by changing its end date from the last Sunday in October to the first Sunday in November.

In 1985, then-Representative Markey also partnered with Representative Carlos Moorhead (California-27) to extend DST by three weeks.

Are you having difficulty communicating with your partner, struggling with boundaries, and healthy relationships?

We invite you to join us Friday afternoons from 1-2:30 pm to explore these topics and more.

This group will be held in zoom, is educational, confidential, and free.

Please contact **Pat James 413-726-8661**.

Madhukar R Medipally, DMD

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**APPLICATIONS FOR THE TOWN OF LUDLOW
2024 Senior Citizen Property Abatement Program will be available
in the Board of Selectmen's office beginning November 1, 2023.**

Residents must be at least 62 years of age, own their home for a minimum of 10 years and complete 50 hours (based on the State Minimum Wage as outlined in the Town Bylaws) of volunteer service to the Town anytime between February 1, 2024 and November 30, 2024.
*Applications may be picked up
Monday, Wednesday & Thursday 8:00 am to 4:30 pm,
Tuesday 8:00 am to 5:30 pm or Friday 8:00 am to 12:00 pm.*
and are also available to download on the town website at www.ludlow.ma.us.
All applications must be returned by December 29, 2023; no applications will be accepted after that date.
Please contact the Board of Selectmen's office at 583-5600, ext. 1202 with any questions.

Senator Oliveira and Representative Saunders announce One Stop for Growth Grant Awards

LUDLOW – State Senator Jake Oliveira (Hampden, Hampshire & Worcester District) and State Representative Aaron Saunders (7th Hampden District) announced on Thursday that Ludlow has been awarded two One Stop for Growth Grant Awards for the Fiscal Year 2024—the grants total of 805,500 dollars of funding headed to Ludlow for various needs and projects.

The grants both fall under the Underutilized Properties criteria of the One Stop for Growth Grant Awards and include \$500,000 for the Ludlow Mills Clock Tower renovation and \$300,500 for capital improvements to Historic Stockhouse #119.

Oliveira was thrilled to see the grant funding headed back to Western Mass and credited the hard work of everyone involved in securing the much-needed funds. “This incredible amount of mon-

ey headed to Ludlow is not only a testament to the talented individuals working hard to write for and apply for these grants but also acknowledges the success Ludlow has already had with previous funds. One of the major criteria for winning these highly competitive grants is having already demonstrated the ability to make the most of the money. It doesn’t take long to see Ludlow is doing just that and is on the rise and headed in the right direction.”

Representative Saunders noted the strong partnership among the legislature, administration, town, and non-profits. “This funding is a result of hard work and working together. When I took office, one of my top priorities was to fight to make funding available to our talented local partners working to improve our community. Today’s announcement is another example of that

collective work coming to fruition.” –said Saunders.

The Community One Stop for Growth is the Executive Office of Economic Development’s streamlined application process for communities and other eligible entities seeking to access various economic development grant programs. The portal has 12 different state grant programs that fund economic development projects related to community capacity building, planning and zoning, site preparation, building construction, and infrastructure. The popular MassWorks program is the most extensive grant program in the One Stop portfolio.

The Underutilized Property grant funds will enable the restoration of the dilapidated and non-operational iconic Ludlow Clock Tower at Mill 8. The scope of the Clock Tower restoration

was excluded from the redevelopment of the Mill 8 development budget due to cost constraints. The scope of the restoration will include abatement, sandblasting, select demolition, interior and exterior facade repair, roofing repair, structural stabilization, MEP replacement, fire protection, LED lighting panels, and clock repair.

Capital improvements to Stockhouse #119 will provide a prototype for the adaptive reuse of the historic warehouses at the Ludlow Mills into modern, high-tech office space. A portion of this 6,000-square-foot building was converted to 2-story offices and associated commercial amenities but was not built to code and remains structurally unsound and unsafe. Grant funds are requested for demolition and renovations to redevelop the space for a denser, more economically viable use.

Friends’ Holiday Bazaar is Nov. 18

WILBRAHAM -- Kick off the holidays by joining The Friends of Wilbraham Seniors for a fun filled day! Come to their 14th annual Holiday Bazaar to be held on Saturday, Nov. 18, 2023, at St. Cecilia Church, 42 Main St, Wilbraham, MA from 9 a.m. to 3 p.m.

This bazaar is a full day of shopping with over 25 exhibitors, offering handmade soaps, greeting cards, Christmas ornaments, doggie goodies, and more! Their famous huge Raffle offers many chances to bring home a lovely gift basket or other gifts. Stay for lunch as the folks at Loomis Lake-

side at Reeds Landing-Springfield cook up Meatball Grinders or pick a sweet treat from our Bake Sale of muffins, cookies and more – and hot coffee will be available too!

But, best of all SANTA CLAUS will be riding into town at 11 a.m. and will stay ‘til 2 p.m. for visits with children of all ages who can get their picture taken, and all children receive a FREE GIFT! This year’s event proceeds will support Recognition Programs of Friends Volunteers.

For more information, call AnnMarie at 413-599-4803.

PLANNING BOARD from Page 1

on traffic along Center Street.

Though Phoenix was open to the idea of limiting this corridor to the section of Center Street past the underpass, Board Member Chris Coelho was in favor of extending this corridor all the way to the bridge to Indian Orchard.

“There’s a lot of old buildings on that strip of road [...] that might have, at this point, been through their usable lifespan, and a developer on a road like that might be economically feasible to knock some of those older buildings down and start anew,” Coelho said.

“I think if we’re going to make this corridor, we should make it extra broad, rather than not broad enough, in my opinion,” Coelho said.

The Board discussed whether the businesses already along Center Street would be grandfathered in, and Phoenix said they would be.

“Any property that would be falling under this corridor currently existing, are they gonna be pre-existing non-conforming?” asked Joshua Carpenter. “What are they going to fall under if they don’t have a special permit?”

“If they come in and they’re doing something, then they’d need to come into compliance with the current bylaw,” Phoenix said.

The Board also discussed businesses that are only partially on Center Street, determining that businesses 100 feet from the street in question would fall under the overlay.

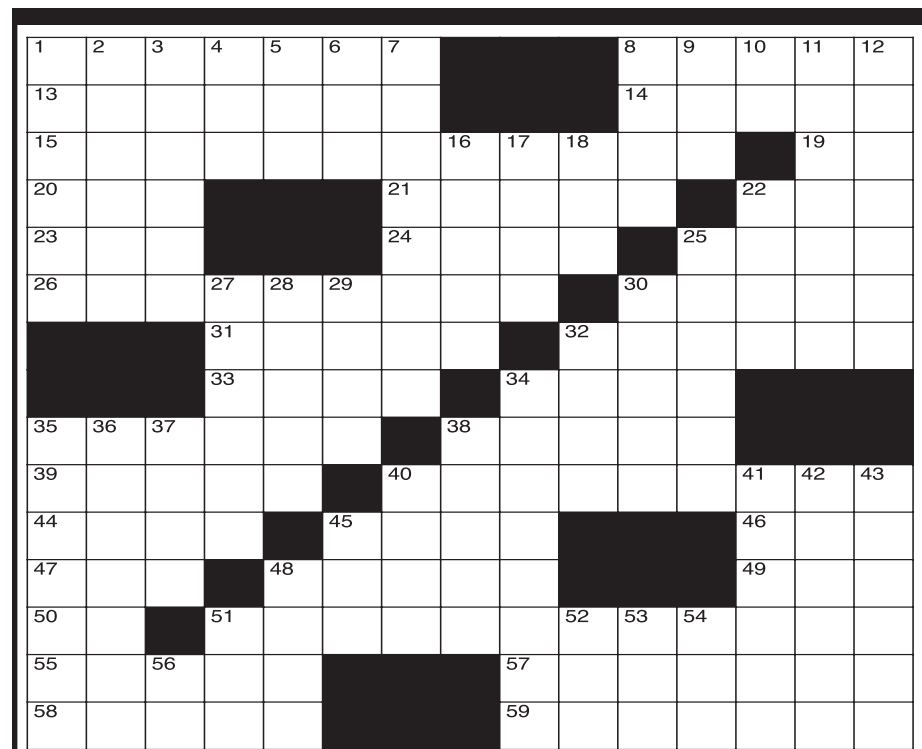
“I wish that we had this in place going back as far as when Friendly’s got combined with the lot next to it, if not further, all the way back to Dunkin’ Donuts,” Phoenix said.

“I’d like to think, given that we’re talking about this now and it’s October, that we’ll be able to bring this for May Town Meeting,” Phoenix said, adding that he would “like to try and stay active on this as best we can, but that might slip away from us with the holidays between now and then, too. I definitely want to make sure that we keep on top of it as best we can, with everybody’s schedules.”

It was decided that the first step of this process would be to gather information on which businesses in Center Street already have Special Permits for things like drive through windows, and to create a minimum of three options based on businesses’ proximity to Center Street.

The Board voted to seek three separate proposals that would explore different options for this corridor.

The Board also voted that they will not meet on Nov. 23 or Dec. 28, due to the holidays.



CLUES ACROSS

- 1. Happen again
- 8. Large flightless birds
- 13. A type of account
- 14. Beyond what is natural
- 15. Beloved comfort food
- 19. Rural delivery
- 20. Belonging to us
- 21. Typical
- 22. Pie ___ mode
- 23. Returned material authorization (abbr.)
- 24. Not us
- 25. Discharge
- 26. Made empty
- 30. Fishing net
- 31. Fast-moving, harmless snake
- 32. Analyzed into its parts
- 33. In a way, chilled
- 34. Hindu queen

- 35. Circles around the sun
- 38. Used for emphasis
- 39. Reactive structures
- 40. Recommendations
- 44. Feel intense anger
- 45. Puke
- 46. Rural Northern Ireland community
- 47. Naturally occurring solid material
- 48. British watch brand
- 49. Toddler
- 50. Integrated circuit
- 51. Being revered
- 55. “Pets” you can grow
- 57. Continual
- 58. Puts together in time
- 59. Houses temporarily

CLUES DOWN

- 1. Vital public document
- 2. Disinter
- 3. Musical performances
- 4. After B
- 5. Every body has one (abbr.)
- 6. Utilize
- 7. In a way, disproved
- 8. Fisherman’s tool
- 9. Of she
- 10. Trauma center
- 11. Commercial flyer
- 12. Administered medicine to calm
- 16. Popular R&B performer
- 17. Regretted
- 18. Leg (slang)
- 22. “Night Train” author
- 25. More supernatural
- 27. Baltimore ball-player
- 28. Shoe parts
- 29. Scores perfectly
- 30. More lucid
- 32. Trim by cutting
- 34. Disreputable people
- 35. Dramatic behaviors
- 36. Disorder
- 37. Private box in a theater
- 38. More dried-up
- 40. Raw
- 41. In operation
- 42. Pillager
- 43. Butterflies with brown wings
- 45. Disallow
- 48. Own up
- 51. Hungarian city
- 52. A way to condemn
- 53. Tax collector
- 54. Lease
- 56. Not out

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The 250th Committee presents a sign to the 2nd Place winners at Simonds St, (from left) Mary Beth Silva (as the Great Pumpkin), Alesia Barroso, Michael Cortina, Scott and Dakota Barrett, Bruce Durand, Linda Collette, and Cindy Saleh.



The 250th Committee presents a sign to the 3rd Place winners at Posner Circle, (from left) Mary Beth Silva (as the Great Pumpkin), Michael Cortina, Cindy Saleh, Alesia Barroso, Katey and David Provost, Linda Colette, and Bruce Durand.



Skeletons chill out at "Shipwreck Cove" at the Barretts' house on Simonds St.



The Barretts set up skeletons at a table, with a sign that named it "Mr. Bones BBQ Brawl."

Halloween Decorating Contest



At night, red lights illuminate Mr. Bones's BBQ Brawl.



The decorations in front of the Provosts' house on Posner Circle were lit up with purple and green lights.



The fog wasn't enough to obscure the giant skeletons in front of the Provosts' home.



The Barretts' house was set up with a variety of skeletons in an all-bones restaurant.

HALLOWEEN from Page 1

decorated, and I just like to be liked by everybody, so I don't like to make decisions like that."

"The people that won deserved it, though," Sady added. "I thought that the right winners were chosen."

"They got the highest points out of all the entries in different categories – for example, most creative, or scariest," Silva said. "The points were from zero to five."

On the day of the contest, a group of Committee members that included Silva, Alesia Barroso, Bruce Durand, and Committee Chair Linda Collette, went to the houses of the winners to present them with a sign to put in front of their house, and a gift bag with prizes.

"They are wonderful people to work with," Silva said about the 250th Committee. "I really enjoyed jumping in the car with them and going from house to house, I had a blast."

"It really was a great time, I've met so many fantastic people," Sady said. "I get to meet so many nice people from Ludlow, and I never thought that it would turn out the way it has. I'm really so happy that I joined the committee when I did, I couldn't be happier."

The response to the contest has been great, according to the 250th Committee members. Sady said that the entrants said they had never had so many people visit their houses until they entered the contest.

"I loved going from house to house of the entries and looking at all their displays and creativity," Silva said. "The most fun part about it was that we got to walk all over their property, which you otherwise wouldn't be able to do or you'd be considered trespassing. Also meeting some of the contestants, they were very eager to tell us how they created it, and that Halloween was one of their favorite times of the year. Just generally talking to them, that's got to be my favorite part of the whole thing."

"Now that the word's out, countless people have contacted me for addresses before we posted them up on the Ludlow 250th website," Sady said. "Everybody wanted to go see these houses, even after the judging was done. People are still showing up after the winners were announced."

"It really was a great thing, I just could never get sick of putting Ludlow in a better light," Sady said. "It's a great town, and whatever I can do to put Ludlow in a good light, I'm most certainly going to do it."

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Skoler Abbott Receives Empowering Women Award

SPRINGFIELD— Skoler, Abbott & Presser, P.C., a leading labor and employment law firm serving employers in the greater Springfield area, has been named to Massachusetts Lawyers Weekly's inaugural Empowering Women list.

The award recognizes Skoler Abbott for its strong commitment to hiring and promoting women, providing mentoring and opportunities for professional advancement to women attorneys, and establishing programs and policies to help women attorneys thrive professionally. Skoler Ab-

bott was the only law firm in Western Massachusetts to receive this honor. "Skoler Abbott is committed to providing female attorneys with the time, mentorship and support to promote their success within the firm, to become recognized leaders in the legal profession, and to build meaningful relationships within the community," said Attorney Erica Flores, a partner at the firm. "Three of our five partners are female, all of whom were promoted from within. Our female attorneys have been recognized with a variety of awards, includ-

ing Massachusetts Lawyers Weekly's Top Women of Law. We are incredibly proud of our women attorneys and staff, and we will continue to make the empowerment of women a high priority." Ludlow native Marylou Fabbo is the firm's senior female partner. Fabbo was born in Ludlow, is a graduate of Ludlow High School, and has been with Skoler Abbott for almost 30 years. Founded in 1964, Skoler Abbott is a boutique firm that exclusively practices labor and employment law and represents only the interests of management.

The firm's practice areas include all aspects of labor and employment law, including traditional labor law, contract negotiations, union avoidance, and arbitrations; employment litigation in state and federal courts and before administrative agencies; employment counseling, policy review and training; compliance with state and federal employment statutes and a wide range of other areas of the law related to the workplace and the management of employees.

DAYLIGHT SAVINGS from Page 1

She is co-chair of the Coalition for Permanent Standard Time, and also vice-president of the nonprofit, nonpartisan Save Standard Time. Johnson is creator and host of its educational video series The Science of Clock Change.

In an Oct. 25 news article Johnson made the point that not just the change-over, but Daylight Savings Time itself is more than just a few restless nights:

"Every year more scientific data is uncovering the hidden harms of Daylight Saving Time. Most people think it is just the clock change that is harmful (it is), but they do not realize the greater harms of living with delayed clocks throughout Daylight Saving Time, which increase

the risk of cancer, heart disease, diabetes, depression, suicide, fatal motor vehicle crashes, and decreased workplace productivity and academic achievement. These impacts are disproportionately felt by teenagers, night owls, and workers and parents who have to wake up by 8 a.m. (worse for those with earlier start times), more often minorities and those with lower socio-economic status."

Proposals for taking up Daylight Savings Time go back well over a hundred years. Mostly they were associated with an economic benefit, Germany and Austria took it on for a military advantage during World War I.

It certainly caught on here and is almost universally observed.

Will that change now that it is known

that health can be impacted by the practice?

Johnson seems to hope so from her article. She mentions a bill submitted by State Rep. Angelo Puppolo of Springfield and State Senator Patrick O'Connor of Weymouth.

The bill, submitted by Puppolo, and O'Connor, would allow Massachusetts to adopt permanent Standard Time.

It seems a worthy idea, but even if it passes, unless bordering states take it up, it will have to wait for implementation according to the professor, "Wary of economic and transportation impacts due to misalignment with border states, many time bills, including the Massachusetts bill, link implementation to similar bills in other

states."

Still, it's a start, and should you wish to see it pass, contacting your rep or senator may be in order.

Going in a completely opposite direction, however, are Florida Republican Senator Marco Rubio and Massachusetts Democratic Senator Ed Markey.

Rubio and Markey support the Sunshine Protection Act that proposes permanent daylight savings time.

One is tempted to say the two are trying to give bipartisanship a bad name, but of course, they claim all kinds of improvements as well. The Rubio bill's benefits would be mostly economic.

Evidence seems more on Johnson's side.




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Snow plow naming contest now happening

BOSTON -The Massachusetts Department of Transportation is announcing the second annual, "Name A Snowplow," contest for statewide elementary school students in Massachusetts. The contest seeks to solicit names for 12 vehicles. MassDOT snowplows that will be in service for the upcoming 2023/2024 winter season.

Applications for the Snowplow Naming Contest are due by 5 p.m. on Friday, Dec. 1, and can be submitted by using an online portal: <https://www.mass.gov/forms/name-a-snowplow-contest-submission>. There is no limit to the number

of applications that can be submitted per school. The contest winners will be invited to participate in a scheduled snowplow unveiling event.

The purpose of the contest is to celebrate the snow and ice season and to help recognize the hard work and dedication shown by public works employees and contractors during the winter season. Winning applicants will be announced by Dec. 22.

"This contest is a great way to celebrate the winter season in New England, encourage the creativity of our young people, and to thank all the dedicated

members of our crews who keep our roads and bridges cleared during severe weather," said Acting Transportation Secretary and CEO Monica Tibbits-Nutt. "We truly appreciate all the people who work on the front lines regardless of the weather in all sectors of the economy and this is one gesture of thanks."


A selection panel composed of MassDOT employees will choose two elementary school classroom winners that are located within each of the six Highway Division districts. The winning submissions will be evaluated based on two grade-level categories: kindergar-

ten through fourth grade; and fifth grade through eighth grade.

During the first snowplow naming contest last winter, the winning names were: Flurry Fighter, Luke Snowwalker, Plower Ranger, Sherlock Snowmes, Snowdrop, Arctic Beast, Sled Zeppelin, Snow day No Way, Blizzard Wizard, Snow Big Deal, Snow Time to Lose, and Blizzard of Oz. These names which were placed on the sides of plow trucks a year ago remain on those vehicles.


For more information on the contest, please visit: <https://www.mass.gov/name-a-snowplow-contest-2023-24>.





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Three-peat for Ludlow boys soccer

By Tim Peterson
Sports Correspondent

HOLYOKE—Since the new playoff format began in the fall of 2021, the Ludlow boys' varsity soccer team hasn't lost a match in the Western Mass. Class A tournament.

The top-seeded Lions took home the championship plaque for the third consecutive year following a 2-1 victory over second-seeded West Springfield in this year's Class A finals held at the Roberts Sports Complex, which is located on the Holyoke High School campus, last Wednesday night.

"I'm very happy for these kids. They played very well in tonight's game," said Ludlow head coach Greg Kolodziej. "They've worked very hard all year long and they were looking forward to the three-peat."

It's the first time the Lions (17-1-2) have won three Western Mass. titles in a row since winning it five years in a row between 2007-2011.

The 2007 season was the final year of Tony Goncalves coaching career.

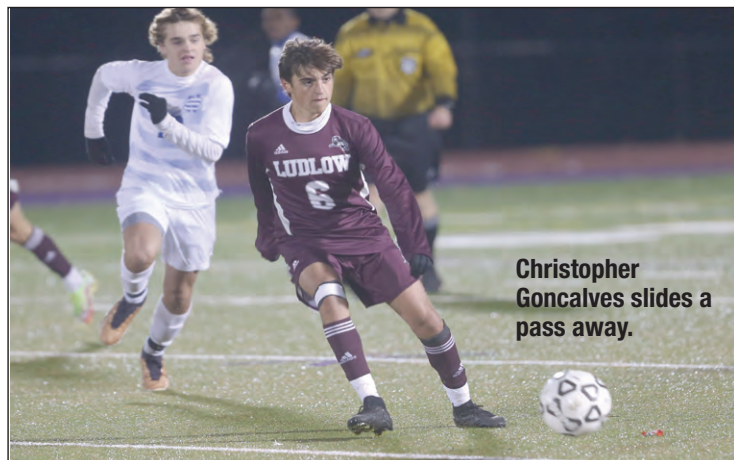
Kolodziej, who was previ-

Please see **SOCCER**, Page 13

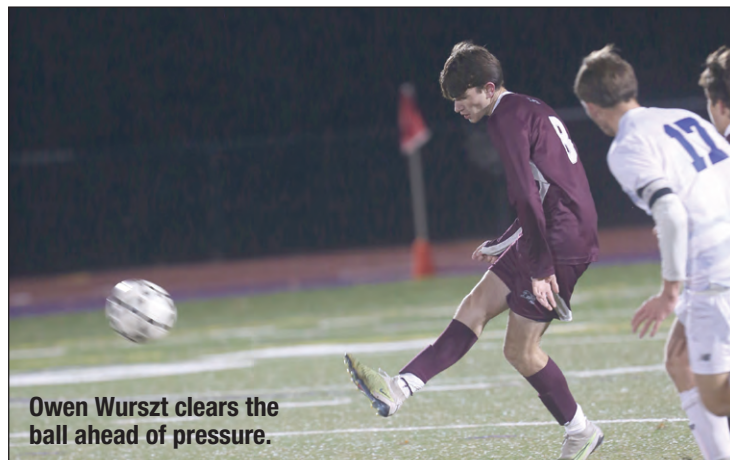


Turley photos by David Henry www.sweetdogphotos.com

Ludlow boys soccer once again captures the Western Mass. Class A Championship.



Christopher Goncalves slides a pass away.



Owen Wurszt clears the ball ahead of pressure.

Ludlow boys cross country captures Western Mass. title

LUDLOW – On Saturday, Oct. 28 at Stanley Park in Westfield, Ludlow boys cross country won the Western Mass. Championship thanks to an outstanding performance from their top runners.

Ludlow captured six of the top 16 spots to claim the victory as a team.

Leading the way was race winner Joe Keroack. He was followed by Logan Walsh in fourth place, followed by Lucas Franco in sixth, Kyle Martin in seventh, Tyler Tatro in 13th, and Eli Lipson in 16th.

According to coach Rebec-

ca Gauvin, the team achieved a goal with all finishers coming in below 25 minutes in the 5K, or 3.1-mile race.

The six Lions along with Ben Silveira advanced to participate in the state meet a week later.

Ludlow boys cross country was a perfect 7-0 in the regular season. They won their league championship, and Gauvin said the team traveled to the Great American Cross Country Festival in North Carolina and was

Please see **LUDLOW BOYS**, Page 14



Delores Calvao sets up a spike.

Lions season comes to end

LUDLOW – With just two wins in the regular season, Ludlow volleyball participated in nonplayoff action during the final week of the season. Both games resulted in wins for the Lions, with a 3-1 triumph over Monument Mountain, and a 3-2 edging of Southwick Regional. Ludlow went 4-15 on the season.



Ashley Moquin squares a bump.

Turley photos by David Henry www.sweetdogphotos.com

Owls reach conference finals

WESTFIELD – The Westfield State University men's soccer team appeared in their first conference title game since 2017, falling to top-seeded Bridgewater State 5-0 in the 2023 Massachusetts State Collegiate Athletic Conference Championship game from Mazzaferro Field in Bridgewater, Mass. on Sunday.

The Owls conclude a successful season campaign as Westfield (7-8-2) increased their season win total by four

games from last year, securing the second overall seed in the MASCAC Tournament.

The Owls run to the title game included a memorable penalty-kick shootout victory over Salem State in the league semifinals to advance to today's conference title game with a relatively short turnaround given the effort and intensity of Friday night's match.

In just his second season as

Please see **OWLS**, Page 14



Peyton Brennan gets a low hit.



Hannah Goncalves keeps the play going with a low bump.

T-Birds fall to Islanders in weekend finale

BRIDGEPORT — The Springfield Thunderbirds (6-5-0-0) could not withstand a late rally by the Bridgeport Islanders (3-5-1-0) in a 3-2 defeat on Sunday afternoon at Total Mortgage Arena.

For the first time in three games this weekend, it would be the T-Birds to get the 1-0 lead in the opening period. Operating a man down at the 8:40 mark, Nathan Walker picked up a feed from Calle Rosen and raced into the Islanders zone on a 2-on-1 with Matthew Peca. The captain served as a decoy and Walker wristed a try through the stick side of Ken Appleby, giving Springfield the 1-0 edge. The goal was Walker's seventh of the season and an AHL-best third shorthanded tally.

Walker's goal gave Springfield the lead, but the T-Birds had a difficult time generating much else in the opening 20 minutes, getting outshot 13-5 by Bridgeport in the first frame. While Springfield did successfully kill off nearly a minute of 5-on-3 Bridgeport power play time, the Islanders

were able to parlay that offensive momentum into a tying strike by ex-Providence Bruin Sam Asselin at 16:44, when he grabbed a puck neatly off the right-wing wall, spun toward the faceoff dot, and snapped a shot through Vadim Zherenko to deadlock the game, 1-1, heading into the intermission. Asselin's goal marked the third straight Islanders goal scored by the top-line winger dating back over a four-game span.

The T-Birds' power play did not get a chance until the 4:52 mark of the second period, and Springfield did not wait even 10 seconds to get a man-advantage marker for the sixth time in seven games. After Peca won a faceoff, he moved the puck to Joey Duszak at the line, and the veteran defender lifted a wrist shot toward the net. Walker found himself in the middle of the action again, as he deflected it through Appleby's equipment to restore Springfield's lead, 2-1, at the 5:00 mark of the second.

The T-Birds kept on dealing with a relentless flurry of

pressure from the Islanders, but Zherenko and the Springfield defense held the fort to take the 2-1 advantage into the third. Zherenko made 27 saves through the first two periods alone.

After a quiet first half of the third period, the T-Birds' defensive levee finally came apart at the 12:02 mark when Matthew Maggio cleaned up a rebound from a Robin Salo shot that had glanced off a T-Birds defender. Maggio tied the score at one apiece, and not even three minutes later, Salo joined the scoring fun, pumping home a rebound off a Karson Kuhlman net drive at 14:25 to give the Islanders their first lead, 3-2.

The T-Birds' offense could not find another tally before time ran out, and thus brought an end to the club's five-game win streak. Zherenko finished his night with 32 stops, while Appleby got his first win despite only needing to block 17 Springfield offerings.

Springfield returned home for the annual T-Birds School Day Game on Wednesday.

Candlepin League News

By Ryan Drago
Staff Writer
rdrago@turley.com

Monday Night Men's League

PALMER — In one match, the Pin Heads bowled against Tag Team. In game one, Pin Heads defeated Tag Team by a score of 370-353.

Dave Dutton of Pin Heads led the team by scoring 107. In game two, it was close but Pin Heads managed to win by one pin by a score of 368-367.

In game three, Pin Heads won by a score of 370-356. For total pinfall, Pin Heads were the winners by a final score of 1108-1076.

Team Yahtzee faced off against Team Boom. In game one, Boom was victorious over Yahtzee by a score of 374-358.

John Carmichael of Boom was well over average by score a 112 game against Yahtzee. In game two, Yahtzee countered with a good game of their own winning 371-331. Rick Clark of Yahtzee scored 102.

In game three, Yahtzee won by a score of 401-371. Mike Wadas of Yahtzee finished

strong by scoring 103. For total pinfall, Yahtzee won by a final score of 1130-1076.

The Juicers took on Pin Pigs for a three-game match. In game one, Juicers won by a score of 314-309.

In game two, Pin Pigs won by a score of 330-301. Mike Forgue of Pin Pigs scored 101. In game three, Pin Pigs took the last game of the night by a score of 380-311.

Forgue stayed strong finishing with a 108 final game. His teammate, Bill Kerr finished with a 110 game.

Pin Pigs won total pinfall by a final score 1019-926.

The Four Stooges bowled against the Mugwumps. In game one, the Four Stooges won by a score 358-324.

Marc Pelissier of the Stooges began with a 105 game. In game two, The Four Stooges defeated Mugwumps by a score of 331-307. Pelissier continued staying about his league average by score 102 in game two.

In game three, Four Stooges won the third and final game by a score of 352-322. Pelissier finished with his high

Please see **BOWLING**, Page 16

SOCCER from Page 12

ously the Lions j.v./ assistant coach, won the Western Mass Division 1 title the first four seasons as the Ludlow boys' varsity coach. The Lions also captured the Division 1 state title in three of those four years. They were the Western Mass. finalist in 2012.

"The members of this year's team knows the history and the tradition of our soccer program," Kolodziej said. "They just want to put their mark on it as well. It's a good group of kids and it's a cool experience for them. It feels nice to put another Western Mass. title in the history books."

The Ludlow seniors are Enzo Botta, Christian Casares, Mathis Fitzgerald, Cole Bamford, Thomas Quiterio, Anthony Shea, and Diogo Dos Santos.

"Our seniors are very good leaders on and off the field," Kolodziej said. "They're our catalysts this year. We do have some talented young players who'll be looking to fill their shoes next year."

Overall, Ludlow has won more than 30 Western Mass. titles.

After a scoreless first forty minutes of the match, the Lions scored a pair of goals during the first 20 minutes of the second half. Both were scored on set plays.

"We've been working on our set plays at practice," Kolodziej said. "We were able to score two goals on those plays in tonight's game."

West Side and Ludlow are members of the Smith Division.

The Lions, who were the league champions, won both regular season meetings against the Terriers.

"It's tough beating the same team three times in the same season," Quiterio said. "They know how we play, but we also know how they play." The Lions first goal came on a corner kick during the 54th min-



Thomas Wadas settles the ball.

ute. Junior Thomas Wadas kicked the ball from the right corner and the shot attempt by Dos Santos deflected off a West Side defender before going into the net.

"Diogo knows where to be on that play. He hasn't scored very many goals this season, but I'm sure he's happy with that one," Kolodziej said. "Thomas put the ball into the box, and it was a good goal for us."

Dos Santos, who's a first-year varsity player, scored his second goal of the season. His first goal was at Belchertown, which was a 2-0 win on October 11.

"It was a fantastic feeling when I scored that goal," Dos Santos said. "I really wasn't expecting to score a goal in tonight's game. We really wanted to win this game for coach K."

Five minutes later, the Lions took a 2-0 lead on a free kick goal.

Wadas also took the free kick from the right side line and junior Owen Wurszt scored the goal giving the Lions a 2-0 lead.

"The free kick goal gave us a little bit of a cushion," Kolodziej said. "Then West Side scored a goal against us."

Joe Bielin, who's one of the best high school soccer refer-



Daniel Pires keeps the ball out of the goal.

ees in Western Mass., gave West Side an indirect kick a foot away from the goal-line because the ball was wrapped around the legs of a Ludlow defender.

"It was a bizarre play, and it hasn't happened very often during my coaching career," Kolodziej said. "It's a tough play to score on and defend. They did find a way to score."

With a wall of Ludlow players standing in his way, West Side senior Owen Hall decided to slide the ball to the left and senior Ayaan Ahmad managed to sneak a shot into the net cutting the deficit in half.

"I've never seen that play take place in a game before," said Shea, who's the Lions' starting goalie. "I'm very glad that we were able to win it. It's just a great feeling



Lucas Alvan sends a pass away.

winning a Western Mass. title, especially being a senior. We're looking forward to the state tournament now."

West Side (11-4-4), who captured the Division 2 state title in 2021, wasn't able to get any more shots past Shea during the next ten minutes before Bielin blew his whistle for the final time.

Despite losing only one game during the regular season,

the Lions entered the Division 1 state tournament as the 20th-seed. They'll be playing all their state tournament matches on the road, which began with a 3-0 win at 13th-seeded Framingham, last Friday afternoon. They're scheduled to make another trip to the Eastern part of the state on Wednesday afternoon to battle fourth-seeded St. John's Prep of Danvers.

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COMING SOON

A FROZEN POLISH FOOD SALE (Pierogi, Golabki, Kapusta) will be held at Immaculate Conception Church Hall 25 Parker St, Indian Orchard, on Saturday, Nov. 11, from 9 a.m. to 1 p.m. and on Saturday, Nov. 18, from 9 a.m. to 1 p.m. All are welcome to come and purchase.

FIRST CHURCH IN LUDLOW - Holiday Fair Friday Nov. 17 and Saturday Nov. 18 from 9 a.m. to 3 p.m. Santa's Workshop will offer unique handcrafted items for holiday decorating and gifting. The Bake Shoppe will be filled with delicious treats for all. The Bits & Pieces room and bookstore offer something for everyone. Beautifully decorated cemetery logs will be available for sale. Fantastic theme baskets and raffles will be sure to have something for everyone.

ONGOING

JIMMY FUND WALK: Registration is now open

for the 2023 Boston Marathon Jimmy Fund Walk Scheduled for Sunday, Oct. 1. Proceeds from the event support all forms of adult and pediatric patient care and cancer research at one of the nation's premier cancer centers, Dana-Farber Cancer Institute. All four routes will culminate at the Jimmy Fund Walk Finish Line in the Fenway neighborhood. If walkers want to participate a bit closer to home, the Jimmy Fund Walk has flexible opportunities, including virtually. Register as an individual walker, team member or start a team at JimmyFundWalk.org or by calling 866-531-9255.

SENIOR BINGO: Hosted by the Indian Orchard Citizens Council 3:30-5 p.m. every Monday. Free to play with great prizes. For more information, call 413-209-8240.

THRIFT SHOP: Now open at St. Gregory Armenian Church, 135 Goodwin Street, Indian Orchard, 9:30 a.m.-12:30 p.m. every Saturday offering quality items at affordable prices. Gently-used clothing and accessories, household items, books, children's items, collectors' items and more are available. For more information, call the church office at 413-543-4763.

CHESS CLUB: Open to residents of all surrounding communities 5:30 p.m. every Tuesday at the Indian Orchard Citizens Council, 117 Main St. For more information, contact the IOCC at 413-209-8240 or indianorchardcitizenscouncil@gmail.com or stop in during operating hours. Follow the IOCC on Facebook and Instagram.

LUDLOW SENIOR CENTER 55 AND OVER

CO-ED VOLLEYBALL LEAGUE: At East Street School on Tuesdays and Thursdays from 5:30-7:30 p.m. the cost to take part is \$5 per year. For more information contact Maria Ardolino, activities director at activity@ludlow.ma.us or call 413-583-3564.

AQUACISE AT THE CLUB: The Ludlow Community Center/Randall Boys & Girls Club, at 91 Claudias Way, continues to offer Aquacise throughout the week. Aquacise is a low-impact, full-body workout performed in the water to put less stress on your joints and muscles while building strength. Classes are open to all members with pool-inclusive memberships and do not require prior registration. Classes are held 8:30-9:15 a.m., Tuesdays, Wednesdays and Thursdays. For questions, call 413-583-2072, ext. 124.

SUPPORT FOR FAMILY MEMBERS: The Michael J. Dias Support Group meets 6-7:15 p.m. on the second and fourth Tuesday of the month at Our Lady of Fatima Parish Center. Education, resources, peer support, and hope for parents and family members coping with a loved one with a substance use disorder. Anyone needing help is welcome to attend. Masks are required and we will be seated six feet apart. For more information, call Maureen at 413-563-6226.

H.O.P.E. RECOVERY GROUP: Having Our Pathways Encouraged meetings are for those who have experience with addictions, grief, anxiety and depression, (including anxiety and depression due to COVID-19) and for loved ones who might need help in their recovery. This group is also for those who can help lead others in their recovery by

example. This meeting in no way replaces professional therapies. It is a time for sharing strength, encouragement and hope. No fees. Bring your own non-alcoholic beverage. Pre-packaged snacks are available. Small group structure based on basic Christian principles, concept, purposes and confidentiality. COVID-19 guidelines are observed. Masks required. 6:30-8 p.m. every Monday at Fellowship Hall in Faith Community Chapel, 485 East Street in Ludlow. Parking lot behind Chapel. Fellowship Hall entrance at back of Chapel. Seating is limited. To reserve yours, call 413-519-4591.

QUABBIN VALLEY TWIRLERS If you missed the first lessons in the fall, now is the time to give yourself a gift of dancing enjoyment for the coming holiday time. Do you want some exercise, mental acuity, and lots of fun with great people? Try our national folk dance, square dancing with the Quabbin Valley Twirlers. They dance in Belchertown and Ludlow with Sunday and Wednesday evenings available. For more information, call Gloria or Fran at 413-467-3352.

BIBLE STUDY: A weekly Bible study led by Ludlow resident Hank Bastos takes place at 7 p.m. on Wednesdays at 485 East St., Ludlow. Call 413-348-6487 for more information.

SHARE YOUR SIGHT: Volunteer to read, shop or walk with a blind or vision impaired person in your community. Call the Massachusetts Association for the Blind and Visually Impaired at 1-888-613-2777 for details.

LUDLOW BOYS from Page 12

invited into the Race of Champions event. Gauvin also said Keroack set a school record at the Twilight Invitational with a time of 15:42.

Gauvin also said the boys defeated Amherst, a perennial cross country power, for the first time in more than 10 years.

The girls finished with a 4-3 record and finished in fifth place in the Western Mass. meet. Sophia Quiterio was Ludlow's highest finisher in 14th for the race. Gauvin said seven Lady Lions were also able to compete in the state meet.

OWLS from Page 12

Westfield's head men's soccer coach, Dr. Christopher Streeter led the Owls back to the conference championship match for the first time in six years, coaching a group that was comprised of experienced upper-classmen and impact rookies.

Bridgewater quickly opened the scoring 4:28 into the match with Nicholas Ribeiro (Bellingham, Mass.) potting his sixth goal of the season to put the Bears ahead 1-0. From that point forward, senior David Nelson (East Bridgewater, Mass.) took control of the contest, scoring the next three goals to complete the hatrick, ultimately securing the conference title for a Bears team that suffered just two regulation losses all season.

The Bears outshot the Owls 20-9 in the game as Westfield rotated all four goalkeepers into the match. Luke Theroux (Chicopee, Mass.) wrapped up an impressive first season with the Owls, starting the match and picking up one save.

Senior Drew Adams (North Attleboro, Mass.) stopped all four shots faced while first-year Berto Truiolo (Springfield, Mass.) got his first taste of post-season play, securing two saves. Senior Collin O'Brien (Windsor Lock, Conn.) also saw playing time in net for Westfield. Coleby Andrade (Falmouth, Mass.) led the Owls with two shots.

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Sacrament Meeting 10-11 A.M.
Sunday school for adults, Young single adults (18-30) and teens (11-18)- 1st & 3rd Sunday of the month from 11-12 noon
Adult Religious/Marriage and Parenting for Women- 2nd & 4th Sunday of the month from 11-12 noon
Adult Religious/Marriage and Parenting for Men- 2nd and 4th Sunday of the month from 11-12 noon
Classes for Single Adults(18-30)- 2nd & 4th Sunday of the month -11-12 noon
Classes for Young Men (11-18)- 2nd & 4th Sunday of the month 11-12 noon
Classes for Young Women (11-18)- 2nd & 4th Sunday of the month - 11-12 noon
Children's classes: Sunday school & singing time every Sunday (3-10) 11-12 noon
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Sunday Masses - 7:30 a.m.; 8:45 a.m. (Polish); 10 a.m. and 11:15 a.m.
Sunday Evening Mass - 5:30 p.m.

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Wednesday, Nov. 8, - Daily Mass - 7:30 a.m. (C), Youth Group - 3:30 p.m. (ER), Confirmation Class - 5:30 p.m. (ER), Holy Mother Choir - 6:30 p.m. (C), Parent Reconciliation Parent Meeting - 6:30 p.m.

Thursday, Nov. 9, - Daily Mass - 7:30 a.m. (C) Friday, Nov. 10, - Daily Mass - 7:30 a.m. (C), High School Service Group - 2 p.m. (JR), Marriage Ministry - 4 p.m. (FLBH)

Saturday, Nov. 11, - Confessions - 2:30 p.m. (C), Mass - 4 p.m. (C), Ladies Auxiliary of the K of C Outerwear Collection - 9 a.m. (Foyer)
Sunday, Nov. 12, - Mass - 7:30 a.m. (C), Mass - 9:15 a.m. (C), Mass - 11 a.m. (C), Mass - 5 p.m. (C), Confirmation Class - 8 a.m. (JR), Faith Formation - 10:15 a.m. (All rooms)

Monday, Nov. 13, - Daily Mass - 7:30 a.m. (C), Faith Formation - 6 p.m. (JR/ER), Bible Study - 6 p.m. (ZR)

Tuesday, Nov. 14, - Daily Mass - 7:30 a.m. (C), Spaghetti Supper - 4:30 p.m. (FLBH), Bereavement Support - 6:30 p.m. (JR), St. Rita Choir - 6:30 p.m. (C), Finance Council - 6:30 p.m. (ER)- 4p.m.

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MASS SCHEDULE
Saturday Vigil Mass: 4:15 p.m.
Sunday Mass: 8:45 a.m. (English), 10 a.m. (Polish)
Weekday Mass: Monday, Tuesday, Wednesday, Thursday - 7:45 a.m. (English)
First Friday Mass: 5:30 p.m. (Polish/English)
First Saturday Mass: 9 a.m. (Polish/English)
Confessions: Saturday - 3:15-4 p.m.

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Sunday Masses - 9 a.m. (Portuguese); 11 a.m. (English)
Monday and Wednesday Morning Masses - 8:30 a.m. (Portuguese)
Tuesday and Friday Masses - 5:30 p.m. (Portuguese)
Saturday Vigil Mass - 4 p.m. (English)
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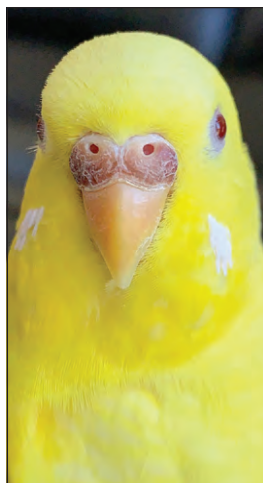
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PET OF THE MONTH Meet Maestro!!

She is a lutino budgie. Her birthday is November 13th and she is turning 6 years old. Maestro is "the little princess" of the Langlois family in Hampden. She is very energetic and hilarious to watch and play with! She has a hollowed-out coconut that she often goes into and rests in; her family says it is "her way of getting some alone time," since she lives with one other bird in her family.



PET PAGE



READERS!

Send in your pet picture for our "Pet of the Month" and receive a free weekend get-away or spa package for your pet courtesy of Porter Road Pet Care. Email your photos to: jwalker@turley.com. Please include your name and your pet's name.

Transitioning Your Pets to Winter

Winter means cold temperatures, freezing rain, and snow! As winter approaches, there are some things you should do to ensure your pet is fully prepared for the cold weather.

Ensure your pet gets plenty of exercise

Winter still offers plenty of opportunities for you and your pet to enjoy the outdoors. Take him out for a run or a hike, visit the local park together, or toss a Frisbee or ball. Increased exercise helps prevent injury. And just like us winter means adding extra layers like sweaters and coats. Small dogs and short haired dogs may need one during the colder weather.

Feed your pet more to keep him warm

As it gets colder, pets need more energy to stay warm. Food generates body heat. During winter, feed your pet more food to ensure he doesn't get cold. But also make sure he gets enough exercise, so he doesn't become overweight. You should also provide clean, fresh water for him.

Keep him away from outdoor pests

As the temperatures turn colder, some snakes prepare for hibernation. They can be very grumpy and bite any pets they come across. Learn about the snakes in your region and know where they are likely to be found so you can keep your pets from those areas. Pests like fleas and ticks can still be around even in the winter months. Continue flea and tick prevention year-round and each time your pet comes indoors, check him to ensure he isn't carrying any undesirable guests.





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SOCIAL SECURITY from Page 6

you have further questions, people may call 1-888-750-2622 or email SSAdvisor@amacfoundation.org.

The Association Mature Citizens Foundation and its staff are not affiliated with or endorsed by the Social Security Administration or any other governmental entity. This article is intended for informa-

tion purposes and does not represent legal or financial guidance. It presents the opinions and interpretations of the Association Mature Citizens Foundation's staff, trained and accredited by the National Social Security Association. To submit a question, visit amacfoundation.org/programs/social-security-advisory or email us at ssadvisor@amacfoundation.org. Russell Gloor is a Social Security advisor for AMAC.

GARDEN from Page 6

prevent legginess - consider enjoying them in your living spaces during the day, but moving them to a cooler climate at night for increased longevity.

It's about now when the garden centers begin their mark-down of spring bulbs. Try your hand at forcing once and it will become your annual ritual!

Roberta McQuaid graduated from the Stockbridge School of Agriculture at the University of Massachusetts. For 31 years she has held the position of staff horticulturist at Old Sturbridge Village. She enjoys growing food as well as flowers. Have a question for her? Email it to pouimette@turley.com with "Gardening Question" in the subject line.

BOWLING from Page 13

game of the night with a 107. Pelissier's series for the night was 314.

For total pinfall, Four Stooges won with a final score of 1041-953.

Thursday Night Mixed League

As of Oct. 26, there is a tie for first place between Team One and Team Three with 18.5 wins through round 1 of the season.

In one match, Team Two bowled against Team Four for league night. In game one, Team Four defeated Team Two by a score of 399-385.

In game two, Team Four won by a score of 404-394. Danny Fennyery of Team Two scored 103 in game two.

In game three, Team Four took all three games by winning the last one 416-407.

Team Four took total pinfall for a final score of 1219-1186.

Team Three bowled against Team Six as Team Three hopes to take over

1st place before round one ends. In game one, Team Six was victorious by a score of 401-389. In game two, Team Six stayed strong and won again by a score of 392-372. In game three, Team Six won the third and final game 418-384.

Team Six took total pinfall by a final score of 1211-1145.

The other top seed Team One bowled against Team Five. In game one, Team One was victorious over Team Five by a score of 437-420.

In game two, Team One had another good game and won by a score of 428-392. In game three, Team One took all the points by winning the final game 444-421.


Kris Rickson of Team One had a good night with all three games over 100. His scores consisted of 107, 104, and 125 for a three-game series of 336.

Total pinfall was in favor of Team One by a final score of 1309-1233.

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Eclectic vintage shop, artists studio opens

By Dallas Gagnon
Staff Writer
dgagnon@turley.com

PALMER - An eclectic, vintage shop and artists gallery opened their doors at 1500 N. Main St.

"The Victorian" will provide locals a convenient shop close to home, offering quality painter's products, painted furniture, unique gifts, candles home decor, and more.

The shop features a wide variety of Fusion Mineral Paint products, including materials to re-purpose, refurbish and re-imagine furniture.

"Fusion Mineral Paint is primarily a furniture paint," said owner Julia Dias. However, she said the paint works well on a variety of materials, such as wood, metal, glass and fabrics.

In addition to the mineral paint, The Victorian will also offer milk paint, stains, antiquing glazes, a variety of decorating waxes and both natural and synthetic paint brushes.

The shop caters to artists seeking to add a splash of color to their homes and get creative with refinishing their furniture.

"I always wanted to open my own shop," said Dias.

She holds a bachelor's degree in fine arts with a focus on interior design from UMASS Amherst.

Dias' experience allows her to provide guests with expertise and a wealth of knowledge in design as well as the Fusion Mineral Paint product line.

"I live for making what is old new again," said Dias. "It's exciting."

She added the Victorian age has always been her favorite period in time, prompting her to scout out the perfect location for her shop.

"It has always been a dream of mine to have a Victorian. The



Submitted Photos

The Victorian is located at 1500 Main St., in Palmer, in the former Moulton Insurance building.



The Victorian carries Fusion Mineral Paint for furniture re-purposing and re-finishing.



For sale are 100% soy candles made in the USA.

building is a Queen Anne with all the traditional moldings," said Dias.

The Victorian was built in 1868 and is 155 years old.

Shoppers will not only have access to a Fusion Mineral Paint carrier locally, but they will also experience the charm of the old Victorian.

The shop features an array of colors, furnishings and art;

some Victorian style, others more abstract.

Vintage style "sassy talkin' towels," are on display, adding style and humor to the main shopping area.

For those interested in purchasing, duplicates are for sale.

Additionally, vintage-style match boxes are available for purchase, delicately wrapped in wax paper and sealed with a postage stamp.



Shown is the shopping area in the building, with items in display cases, which are for sale.



The building is a Queen Anne Victorian, decorated to accentuate the charm and authenticity of the building's architecture.

The Superior Dry Good Vintage Stick matches are a perfect compliment to those interested in gifting a locally sourced, 100% soy, 1803 candle.

Dias said the shop is Victorian themed to add an element of creativity and charm to the guests' experience.

"After the first of the year, we will offer Fusion Mineral Paint workshops" said Dias.

She added services and

products available at the shop will expand within the upcoming year, including the introduction of a parlor styled tea room.

While the room is not yet ready for renting, guests will eventually have the option of renting a Victorian-themed space equipped with art, comfortable vintage furniture, tea table near a decorative fireplace and a large, antique Victrola player.

Guests interested in adding a Victorian touch to their home also have the option of purchasing from a collection of vintage glassware.

Dias thanked and credited her husband, Joao Dias, for all he has done to make her dream come true.

Dias is inviting all to stop by today for all of your unique holiday shopping needs.

Shop is open Mondays, Wednesdays and Fridays 11 am to 5 pm and Saturdays 11 am to 2 pm.

PUBLIC NOTICES

**Commonwealth of Massachusetts
The Trial Court
Hampden Probate and Family Court
50 State Street
Springfield, MA 01103
(413)748-7758
Docket No. HD23P2227EA**
Estate of:
Dolores Leary
Date of Death: 01/16/2023
CITATION ON PETITION FOR FORMAL ADJUDICATION
To all interested persons:
A Petition for **Formal Probate of Will** has been filed by **Karen J. Leary of Ludlow, MA** requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition.

The Petitioner requests that: **Karen J. Leary of Ludlow, MA** be appointed as Personal Representative(s) of said estate to serve **Without Surety** on the bond in **unsupervised administration**.
IMPORTANT NOTICE
You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: **10:00 a.m. on the return day of 11/27/2023**.
This is **NOT** a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a

timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.
UNSUPERVISED ADMINISTRATION UNDER THE MASSACHUSETTS UNIFORM PROBATE CODE (MUPC)
A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in

any matter relating to the estate, including the distribution of assets and expenses of administration.
WITNESS, Hon. **Barbara M Hyland**, First Justice of this Court.
Date: October 27, 2023
Rosemary A. Saccomani
Register of Probate
11/08/2023
Town of Ludlow Procurement Office
488 Chapin Street,
Second Floor
Ludlow, MA 01056
413-583-5600 x1298
Invitation to Bid 2023-013
Ludlow DPW Annual Bid
The Town of Ludlow DPW is seeking sealed bids for its annual bid for goods and services that include but are not limited to traffic line

and painting, paving and milling of roadways, replacement and installation of sidewalks, equipment rental, & crack sealing. The Town will award multiple contracts on an "as needed basis." Contractors must be pre-qualified with MASS DOT.
Documents will be available by email request after 10:00 AM on 11/08/23 at: lbelanger@ludlow.ma.us.
Bids will be received by the Ludlow DPW, 128 Sportsman's Road, Ludlow, MA 01056 until 12/14/23 at 10:00 AM, in which they will be opened and registered. E-Mail submissions will NOT be accepted.
The Town of Ludlow reserves the right to reject any and or all proposals.
11/08/2023

Please check the accuracy of your legal notice prior to submission (i.e., date, time, spelling). Also, be sure the requested publication date coincides with the purpose of the notice, or as the law demands. Thank you.

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9	10	11	12
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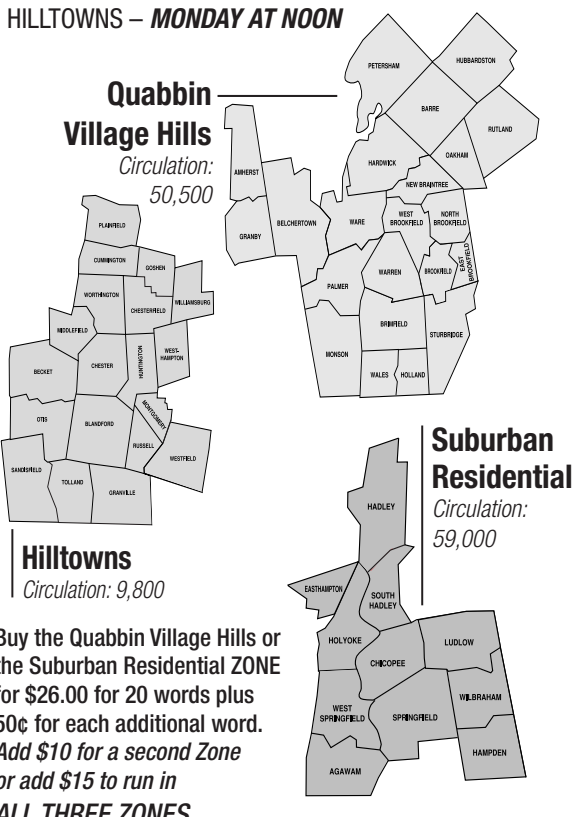
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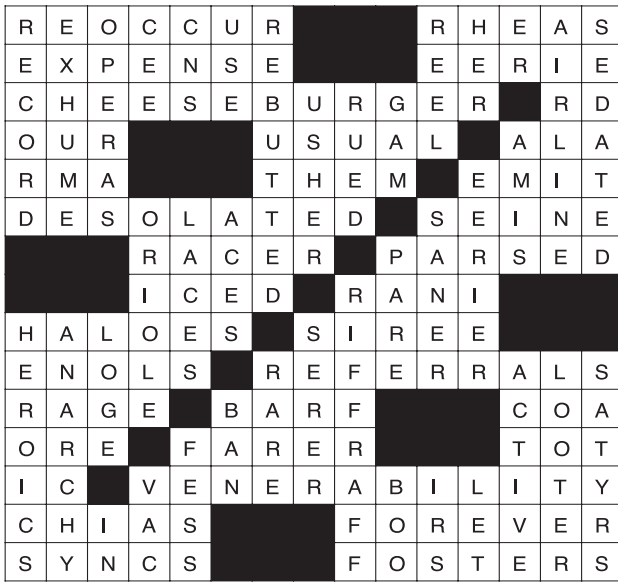
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